



Event: A lecture and poster-making competition on the topic **Understanding the Geography of Disaster Management And Preparedness In North Western Himalayas**

Date: October 16, 2024

Objective: To raise awareness about the unique geographical challenges and risks associated with disaster management in the Northwestern Himalayas and to provide a platform for participants to express their understanding creatively through posters, enhancing engagement and retention of information.

On October 16, 2024, the Department of Geography in collaboration with the Disaster Management Cell conducted a successful lecture and poster-making competition focusing on "Understanding the Geography of Disaster Management and Preparedness in Northwestern Himalayas." The event aimed to raise awareness about the unique geographical challenges in the region and promote effective disaster management strategies. The lecture was addressed by Dr. Khayal Chand, Assistant Professor, Department of Geography, Centre of Excellence Government College, Sanjauli. He emphasized the importance of understanding geography in disaster management and highlighted the significance of the Northwestern Himalayas as a region vulnerable to various natural disasters. The event included interactive sessions where participants shared experiences related to disaster management. This fostered a collaborative atmosphere for exchanging ideas.

The session was headed by Dr Pankaj Aashish (HOD Department of Geography), Convenor of the cell- Dr Vishal Chauhan, Co-convenor – Ms Pratiksha Tomar and the participation of other teachers including Ms Tanika Thakur.

POSTER MAKING COMPETITION: Participants showcased their research through a variety of posters under the theme: **Understanding the Geography of Disaster Management and Preparedness In North Western Himalayas.**

Each poster was evaluated by a panel of judges which consisted of Mr. Anoop Diltia and Mr. Sanjeev Kumar. The competition concluded with recognizing the top three posters. The winners were:

- **First Place:** Aashna Mehta
- **Second Place:** Rozali Thapa
- **Third Place:** Sunidhi Paul

Outcome: The lecture and poster-making competition on disaster management in the Northwestern Himalayas was a significant step toward enhancing awareness and preparedness in the region. Participants demonstrated a strong understanding of the geographical challenges and proposed innovative solutions. The event not only fostered learning and creativity but also strengthened the community's commitment to disaster resilience.



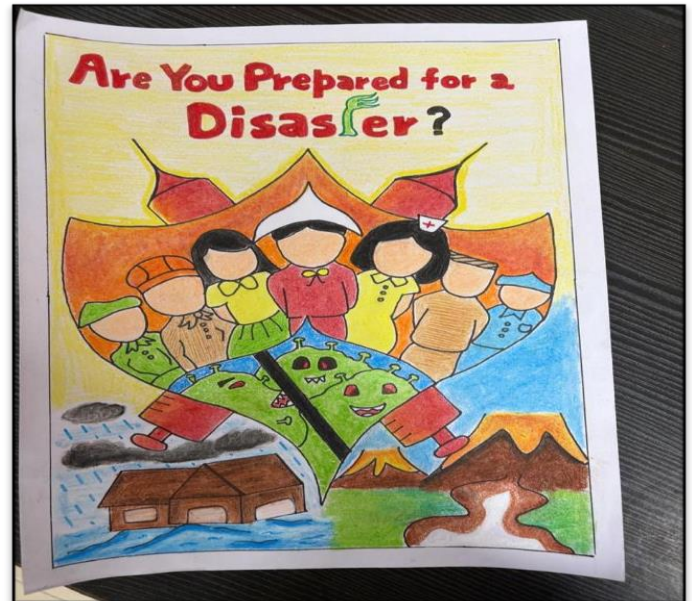
Disaster Management Cell St. Bede's College, Shimla

A lecture on the topic Understanding The Geography Of Disaster Management And Preparedness In North Westren Himalayas





A Poster-Making Competition On The Topic Understanding The Geography Of Disaster Management And Preparedness In Northwestern Himalayas





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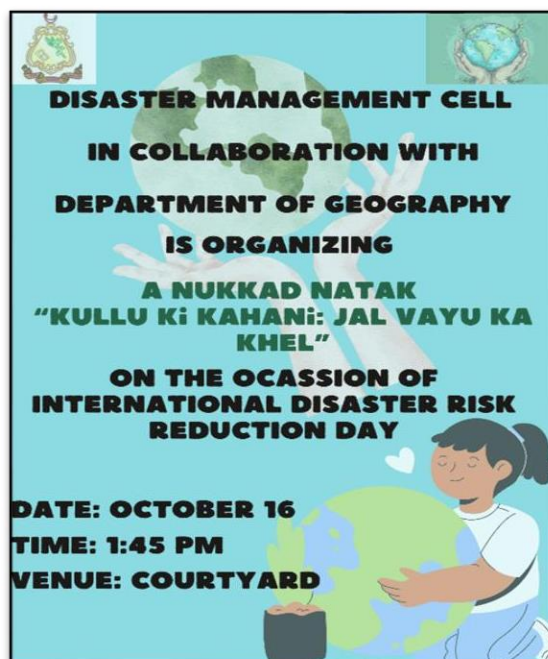
Event: A Nukad Natak based on the theme “**Kullu Ki Kahani: Jal Vayu Ka Khel**”.

Date: October 16, 2024

Objective: To raise awareness about climate change and its impacts on society through the medium of Nukad Natak which helps to engage the audience in a dialogue about environmental issues, emphasizing the urgency of addressing climate change and encouraging community action.

On October 16, 2024 the Disaster Management Cell in collaboration with the Department of Geography conducted a Nukad Natak titled "Kullu Ki Kahani - Jal Vayu Ka Khel," aiming to raise awareness about climate change and its effects on the Kullu Valley and Himachal Pradesh as a whole. This performance conveyed a critical environmental message of climate change in Himachal Pradesh resulting in flash floods, landslides, and cloudbursts. The event took place in the college courtyard, attracting a diverse audience, including students and teachers. The performance was structured to be both entertaining and educational, ensuring that the message resonated with everyone present. The characters interacted in a way that highlighted both the beauty of Kullu's nature and the urgent need for its conservation. The performance was headed by the convenor of the cell- Dr. Vishal Chauhan and the participation of other teachers including, Dr. Pankaj Aashish (HOD Department of Geography), Mr. Sanjeev Kumar and Ms. Tanika Thakur and Dr. Anupama Tomar Tandon (HOD Department of Economics).

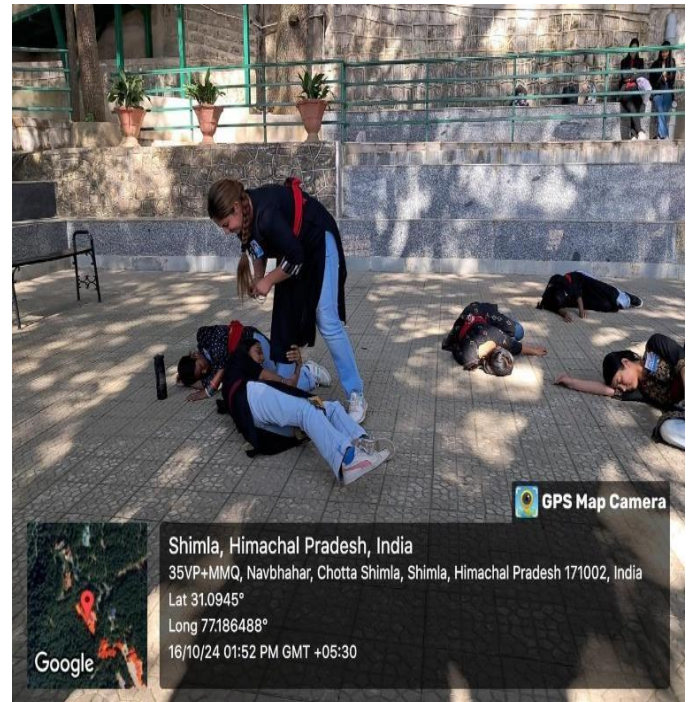
Outcome: The Nukad Natak "Kullu Ki Kahani - Jal Vayu Ka Khel" was a successful initiative that not only entertained but also educated the students about the pressing issue of climate change. By leveraging the power of storytelling and local culture, the performance fostered awareness and encouraged proactive steps toward environmental stewardship. The insights gained from this performance can guide future initiatives aimed at building a more sustainable and environmentally conscious community.





Disaster Management Cell St. Bede's College, Shimla

Students Actively Taking Part in Nukad Natak





Event: Training cum Mock exercise on **Search and Rescue, Basic Healthcare and Disaster awareness by the SDRF team.**

Date: October 22, 2024

Objective: To equip participants with essential search and rescue skills, ensuring they are prepared to respond effectively in disaster situations, to provide training in basic healthcare and first aid, enabling participants to address medical emergencies during disasters and to boost participants' confidence in their ability to handle emergencies, contributing to a culture of preparedness in the community.

On October 22, Disaster Management Cell organized a comprehensive Training cum Mock Exercise focusing on Search and Rescue, Basic Healthcare, and Disaster Awareness which was conducted by the State Disaster Response Force (SDRF). The event aimed to enhance the preparedness and response capabilities of participants in the face of various disasters. The event commenced with an opening address by the President of the cell Ms. Parul Mehta, emphasizing the importance of preparedness in disaster management. Special recognition was given to **DSP Gulshan Negi** and **SI Naseem Khan** for their exemplary leadership and dedication in facilitating the training. Their efforts were instrumental in ensuring the smooth execution of the exercise and providing valuable insights to participants. After this, SI Naseem Khan and his dedicated team conducted sessions on various topics, including:

- **Search and Rescue Techniques:** Participants learned about essential strategies for locating and assisting victims during disasters.
- **Basic Healthcare:** Training on first aid, CPR, and trauma care was provided, empowering participants to manage medical emergencies effectively.
- **Disaster Awareness:** Discussions focused on identifying risks, understanding disaster response plans, and community preparedness.

The session was concluded by the address speech of DSP SDRF team Smt. Gulshan Negi. Also, the SDRF team held a fruitful interaction with the students, fostering a collaborative environment for discussion and learning about disaster response and preparedness. The Disaster Management Cell extends its gratitude to all the students, trainers, and support staff for their contributions to the event's success. Special thanks to **DSP Smt. Gulshan Negi** and **SI Naseem Khan** for their exceptional leadership and commitment to disaster preparedness.

Outcome: The Training cum Mock Exercise on Search and Rescue, Basic Healthcare, and Disaster Awareness was a significant step toward enhancing community resilience and preparedness. The students as well as the faculty members gained valuable skills and knowledge that will enable them to respond effectively during emergencies. This event has laid the groundwork for ongoing training and awareness initiatives, reinforcing the importance of collective effort in disaster management.



Disaster Management Cell St. Bede's College, Shimla

St. Bede's College
NAAC RE-ACCREDITED A GRADE

DISASTER MANAGEMENT CELL

IS ORGANISING A

TRAINING CUM MOCK EXERCISE ON SEARCH AND RESCUE, BASIC HEALTHCARE AND DISASTER AWARENESS

BY HP-SDRF TEAM

OCTOBER 22, 2024
11:00 - 12:00
AUDITORIUM

LEARN HOW TO ACT IN CASE OF AN EMERGENCY





Event: SWABHAV SWACHHATA SANSKAAR SWACHHATA

Date: October 22, 2024

Objective: To promote hygiene and cleanliness in the community as they affect our health and environment and therefore develop a sustainable society.

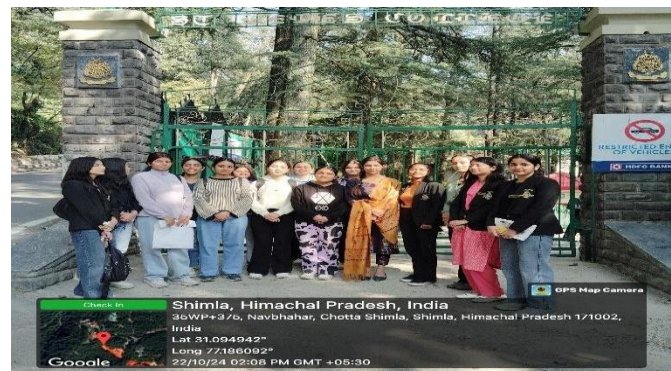
On October 22, 2024, under the Aegis of Special Campaign 4.0 for Swachhata and Minimizing Pendency the Swachhata Campaign drive with the Disaster Management cell was successfully conducted outside the college and Navbahar Chok to Forest Road. This joint effort aimed to not only promote cleanliness but also educate the community on the importance of hygiene. The campaign saw active participation from 15 volunteers, who worked diligently to pick up plastic waste and promote a cleaner, safer environment. The initiative aimed to enhance the environment and spread awareness about the negative impacts of pollution. Before the campaign, organizers surveyed to understand the extent of waste accumulation. Volunteers were equipped with garbage bags and cleaning tools with colour-coded bags used to separate waste types. Participants were divided into teams to cover specific 1 km sections of the road. Each group collected and sorted waste. The campaign successfully cleaned the targeted road section and educated participants on waste segregation. For future campaigns, regular clean-ups, educational workshops, and better public engagement through special media are recommended to sustain the momentum and widen the initiative's impact.

Outcome: The event was very informative and eye-opening to all the participants, revealing how small plastic packets thrown by individuals can create major environmental issues therefore is a learning lesson for all the students to follow environmental ethics.





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