



Department of Physical Education, St. Bede's College Shimla (H.P)

Time Table for the session of 2024-2025

Day	9.00 to 9.50	9.50 to 10.40	11.00 to 11.50	11.50 to 12.40	12.40 to 1.30	2.20 to 3.10	3.10 to 4.50
Monday		III Methods of Teaching		I Intro. Phy. Edu.	III Gen. I	II Human Anatomy & Physiology	Activity Period
Tuesday		III Gen. I	III Recreation	II Psychology	I Oly. Movement		
Wednesday		I Intro. Phy. Edu.	Value Education	III Methods of Teaching	B.A II Human Anatomy & Physiology	III Gen. II	
Thursday		I Oly. Movement	I Intro. Phy. Edu.	II Psychology	I Intro. Phy. Edu. ...		
Friday			III Methods of Teaching		II Human Anatomy & Physiology	I Intro. Phy. Edu.	
Saturday	P.G (M.Sc.) Research & Statistics	B.A III Recreation	II Sec	II Psychology	III Gen. I	I Oly. Movement ...	

Class: Common Room & A-10

Principal

Deptt. Phy. Edu.

Date: