



**Department of Physical Education,  
St. Bede's College, Shimla (H. P)**

**SESSION: 2024-2025**

| <b>Sr. No.</b> | <b>Departmental Activity/ Event</b>  | <b>Date &amp; Year</b>  |
|----------------|--|---|
| <b>1.</b>      | <b>YOGA CAMP AND NATIONAL WEBINAR</b> will be organise under the celebration of <b>INTERNATIONAL YOGA DAY</b>                    | June 13 <sup>th</sup> -14 <sup>th</sup> , & 21 <sup>st</sup> , 2024 |
| <b>2.</b>      | <b>HIMACHAL PRADESH UNIVERSITY TABLE TENNIS (W) Inter College Championship (18<sup>th</sup> to 19<sup>th</sup> October 2024)</b> | October 18 <sup>th</sup> -19 <sup>th</sup> , 2024                   |
| <b>3.</b>      | National Webinar will be organise on <b>“Role of Psychological factors in Personality Development”</b>                           | October 26 <sup>th</sup> , 2024                                     |
| <b>4.</b>      | <b>THREE DAYS INTERNATIONAL WORKSHOP</b> will be organise on Research Methodology (Online)                                       | March 7-9, 2025   |

**Department of Physical Education**

**Date: 13/09/2024**



**NSO,  
St. Bede's College, Shimla (H. P)**

**National Sports Organization (NSO) activities for the session of 2024-2025:**

| <b>Sr. No.</b> | <b>SCHEDULE OF THE PROGRAMME</b>   |
|----------------|--|
| <b>1.</b>      | <b>“NATIONAL SPORTS DAY CELEBRATION”</b> will be organise in August 24 <sup>th</sup> to September 03 <sup>rd</sup> , 2024.   |
| <b>2.</b>      | <b>Intercollege Basketball Tournament</b> RKMV V/S St. Bede's College will be organise in September, 21 <sup>st</sup> , 2024.  |
| <b>3.</b>      | <b>Intercollege Volleyball Tournament</b> RKMV V/S St. Bede's College will be organise in October 8 <sup>th</sup> , 2024.  |
| <b>4.</b>      | <b>HPU Intercollege (Women) Table Tennis Championship</b> will be organise in October 18 <sup>th</sup> -19 <sup>th</sup> , 2024.   |
| <b>5.</b>      | <b>Fit India Week</b> will be organise in December 6 <sup>th</sup> - 12 <sup>th</sup> 2024.  |
| <b>6..</b>     | International Seminar (Online) on <b>“PEACE BUILDING THROUGH SPORTS”</b> will be organise in collaboration with Physical Education Foundation of India: Ministry of Youth Affairs and Sports, March 29 <sup>th</sup> 2025. |

**NSO**

**Date: 13/09/2024**