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**ACTIVITIES ORGANISED BY THE INSTITUTION TO SENSITIZE STUDENTS AND  
EMPLOYEES TO CONSTITUTIONAL OBLIGATIONS VALUES, RIGHTS, DUTIES  
AND RESPONSIBILITIES OF CITIZENS**



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## SOCIETY AND CLUB ACTIVITIES

### RALLY ON DRUG ABUSE

On June 19, 2023, the NCC cadets of St. Bede's College under 7 HP (I) COY NCC SHIMLA conducted a Rally on Drug Abuse from St. Bede's College, Navbahar to Sanjauli. It aimed to educate the community, promote prevention efforts, and encourage support for individuals struggling with substance abuse issues. The cadets participated very enthusiastically in the rally and motivated the people to quit drugs. A total of 13 cadets participated in the rally. They also interacted with the people and made them aware of the drug abuse. The cadets made slogans and posters on drug abuse. The basic objective of the rally was to create awareness among the youth. The entire event was conducted under the Nasha Mukt Himachal. The rally catalyzed community engagement and collaboration to address and combat drug abuse issues.



*Rally on Drug Abuse (June 19, 2023)*

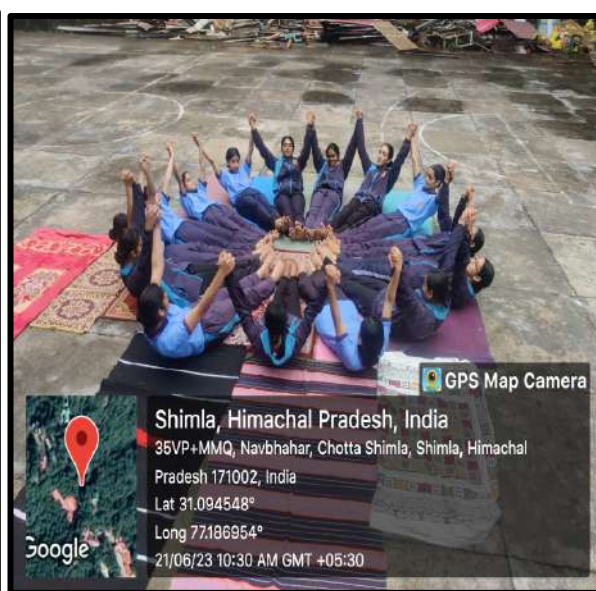


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## INTERNATIONAL DAY OF YOGA

On June 21, 2023, the NCC Unit at St. Bede's College under 7HP (I) Coy NCC Shimla celebrated International Yoga Day. The program raises awareness about the ancient practice and celebrates the physical and spiritual prowess that yoga has brought to the world. A total of 43 cadets participated and performed yoga with full enthusiasm and determination. The cadets also raised awareness online by sharing their experience of the day on Instagram with the **हर आंगन योग**. The program aimed to educate the community, promote prevention efforts and encourage support for individuals struggling with substance abuse issues.



*International Yoga Day (June 21, 2023)*



*International Yoga Day (June 21, 2023)*

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## MITIGATING DISASTER RISK

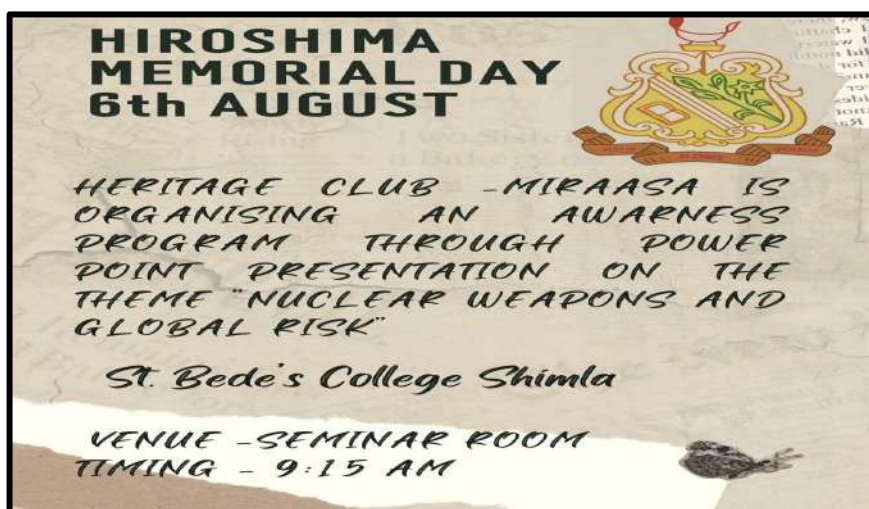
On August 05, 2023, the Disaster Management Cell organized a Mock Drill on Mitigating Disaster Risk under the theme “YUVA MANTHAN MODEL G20.” The objectives of a disaster safety mock drill are to ensure the preparedness, response, and coordination of students, staff, and faculty in the event of a real disaster. The drill raises awareness about potential disaster scenarios and appropriate actions to take.



*Mock Drill on Mitigating Disaster Risk on August 05, 2023*

## HIROSHIMA DAY

On 7<sup>th</sup> August 2023 as part of Hiroshima Remembrance Day, Miraasa the Heritage Club organised a PowerPoint presentation based on the theme “Nuclear Weapons and Global Risks.” The program aimed to raise awareness about the humanitarian and environmental impact of nuclear weapons thereby educating students about the long-lasting effects of nuclear explosions and the importance of disarmament. Students gained a deeper understanding of the historical events surrounding the atomic bombings of Hiroshima and Nagasaki. They became more aware of the impact of nuclear weapons on humans and the environment.



*Brochure*



*PowerPoint presentation on “Nuclear Weapons and Global Risks”*

## TREE PLANTATION DRIVE

The volunteers of the NSS Unit of St. Bede's College conducted a Tree Plantation Drive on August 9, 2023, in the surrounding areas in Navbahar and the college campus. The activity helped students connect with nature and promote ecological balance. It aimed to combat deforestation by planting a diverse range of native trees, enhancing biodiversity, and mitigating the impacts of climate change. The outcomes of the NSS tree plantation drive extend beyond the physical act of planting trees, influencing the community, raising environmental awareness, and contributing to the broader goals of sustainability and ecological well-being.





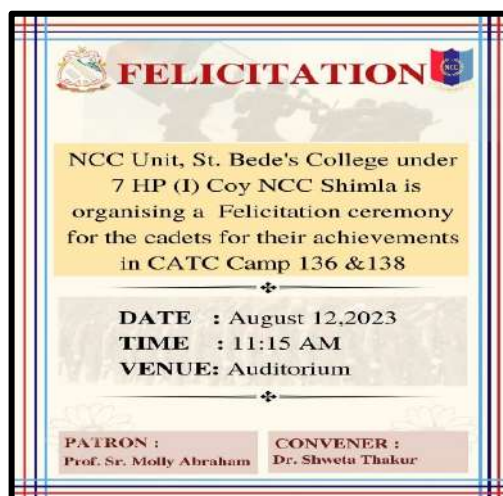
*Tree Plantation Drive August 9, 2023*

## **NCC FELICITATION CEREMONY**

On August 12, 2023, the NCC Unit, St. Bede's College Shimla organized an event to recognize the exemplary performance and outstanding achievements of cadets during the CATC Camp. The primary objective of the felicitation ceremony was to acknowledge the hard work and dedication of the NCC cadets who participated in the camp. This ceremony aimed to appreciate their accomplishments, boost their morale and motivate them to continue their journey in the NCC with passion and determination.



*Felicitation Ceremony August 12, 2023*

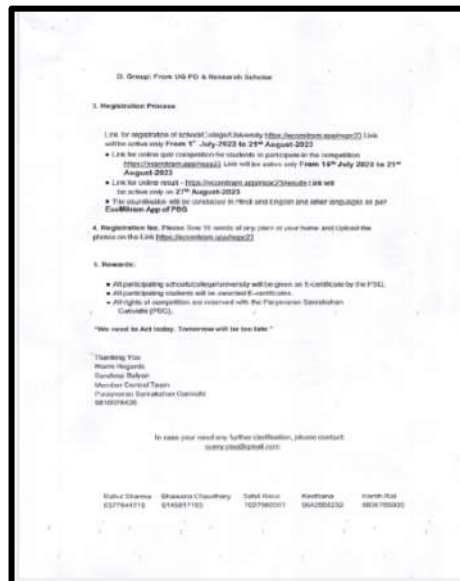


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## **NATIONAL STUDENTS PARYAVARAN COMPETITION, *EKPEDDESHKENAAM***

On 18<sup>th</sup> August 2023 St. Bede's College Shimla, Himachal Pradesh, took part in various activities mentioned under the Government of India initiative, "National Students Paryavaran competition, *Ek Ped Desh Ke Naam*. The initiative aimed to sensitize the students regarding contemporary environmental problems and their remedial measures. The objective of the event was to sensitize students regarding various environmental problems through the online quiz and create awareness among the students regarding the value of tree plantation.





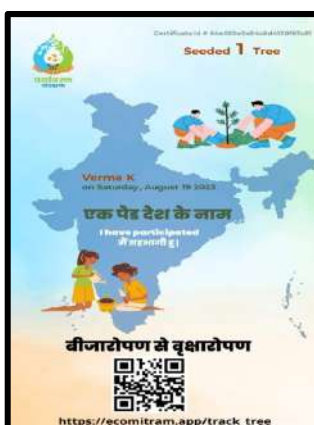
## Letter from the Central Government



## Certificates for the Participation



*Students Planting Various Plants at Their Homes*



*The certificates for the Students for Planting Trees*





## **RBIPOLICYCHALLENGE2023**

On August 25<sup>th</sup>, 2023, the college received a letter from the RBI inviting a team of 3-4 students to write an essay on the topic "*Deglobalisation: Challenges and Opportunities for India.*" The submission deadline was set for 3<sup>rd</sup> October 2023. This competition was held at the regional level, with colleges from across Himachal Pradesh participating. This challenge aimed to compel students to think creatively about contemporary issues in the Indian economy and propose original solutions to address them. This event provided immense exposure to the students and proved to be a valuable learning experience. It instilled in them a spirit of critical and creative thinking towards real-life problems. Researching for the essay and preparing the presentation enhanced their knowledge. They developed a sense of sportsmanship and gained valuable insights from their competitors.



***RBIPolicyChallenge2023 August 25, 2023***



भारतीय रिज़र्व बैंक  
RESERVE BANK OF INDIA



**The RBI Policy Challenge  
Regional Round  
Results**

To  
The Principal  
St. Bede College

**Thank you for participating in The RBI Policy Challenge – 2023.**

2. We are pleased to announce that the entry forwarded by the team from your institution comprising Ms. Harshita Thakur, Ms. Diksha Uniyal, Ms. Manya Pandey and Ms. Nikita Thakur, and guided by faculty adviser Ms. Charu Mukherjee has been adjudged as the **Best Entry** from this region. Accordingly, the team has qualified for the Zonal Round of the competition to be held at New Delhi on December 06, 2023.

3. In the Zonal Round, each participating team would have to make a presentation of 15 minutes before a panel of experts on any one of the topics from amongst those indicated in the Annex. The presentation would be followed by a Question and Answer session (15 minutes).

The criteria for assessing the presentations would be as under:

- (a) Approach to the topic: 40 marks
- (b) Contents of the presentation: 25 marks
- (c) Group dynamics: 20 marks
- (d) Style of presentation: 15 marks

4. We request you to kindly forward us the travel plans of the winning team and faculty adviser for participating in the Zonal Round latest by 11.00 am of November 17, 2023 by an email addressed to **Shri Akash Chaudhary** [REDACTED]

This would enable us to make the necessary bookings and forward details thereof, to your hosts for the Zonal Round. Please note that the team may endeavour to reach the venue for

मानव संसाधन प्रबंध विभाग, भारतीय रिज़र्व बैंक, किराला, मुख्य बाजार, कसुमपली, शिमला - 171009 टेली - 0177-2629481, 2629482; फ़ैक्स 2629728  
Human Resource Management Department, Reserve Bank of India, Shimla, Main Market, Kasumptli, Shimla-171009 Tel:0177-2629481, 2629482

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भारतीय रिज़र्व बैंक  
RESERVE BANK OF INDIA



the Zonal Round earliest by evening of December 05, 2023 and leave in the morning of December 07, 2023.

5. Details regarding stay and other arrangements made for the Zonal Round at New Delhi would be communicated by us shortly.

6. Winners of the Zonal Round would participate in the National Round to be held at **RBI Central Office, Mumbai**. Schedule for the same shall be intimated in due course to the Zonal Round winning team.

Congratulations and all the best!

Yours faithfully,

**Result for the Regional Round**



## “CELEBRATION OF NATIONAL SPORTS DAY”

The National Sports Organization (NSO), St. Bede's College Shimla, celebrated National Sports Day on 29<sup>th</sup> August 2023 to commemorate the birth anniversary of legendary hockey player Major Dhyan Chand Ji, who had earned the moniker ‘The Wizard’. The college thus organized various sports activities on 28<sup>th</sup> August 2023 such as -Table tennis, Badminton, Yoga, Skipping, Running and Basketball. It brings together people from all walks of life, transcending boundaries of age, gender, and background, to collectively celebrate the incredible feats of athletes who represent the nation on various platforms. The main objective of the National Sports Day was to promote awareness about the significance of sports and being physically active in the day to day life.



*National Sports Day on 29<sup>th</sup> August, 2023*

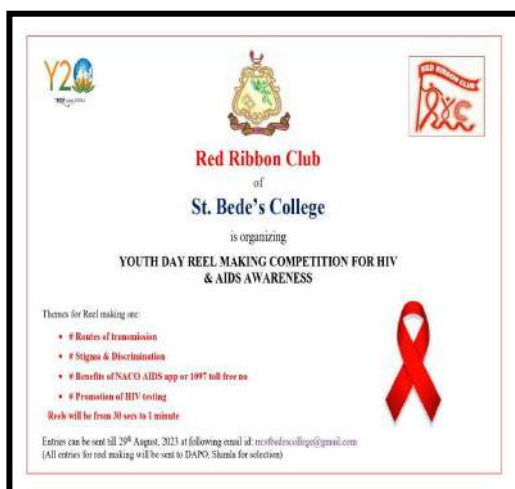




### *National Sports Day on 29<sup>th</sup> August, 2023*

## **YOUTH DAY: REEL MAKING COMPETITION FOR HIV& AIDS AWARENESS (ROCK THE RIBBON)**

The Youth Day Reel making competition was organized by DAPO, Shimla from August 30, 2023. The themes for Red Ribbon Reels were (a) Routes of Transmission (b) Stigma & Discrimination (c) Benefits of NACO AIDS app or 1097 toll-free no (d) Promotion of HIV Testing. This event helped in spreading awareness about the importance of HIV& AIDS testing among Youth and also talked about fighting stigma and discrimination associated with HIV/AIDS.



*Brochure*



*Reel on AIDS Awareness*



Winners Of Reel Making Competition on the occasion of International youth Day (Rock The Ribbon)				
S No.	Name Of College	Name Of Student	Position	Prize
1	GDC Koti	Sachin Sharma	1 <sup>st</sup>	1500/-
2	HPCE Tutu	Kriti and Group	2 <sup>nd</sup>	1000/-
3	Beads College	Astha	3 <sup>rd</sup>	500/-

*[Signature]*  
District AIDS Programme Officer  
Shimla Distt. Shimla

### *Third Prize Secured by Astha in Reel Making Competition August 30, 2023*

## CLEANLINESSDRIVE

On September 1<sup>st</sup>, 2023, the NSS unit organized a cleanliness drive in the surrounding areas of Navbahar and the college campus to foster a sense of civic responsibility and environmental stewardship in the community. It makes a meaningful and lasting impact on the cleanliness and hygiene standards of the community and also promotes a culture of responsibility and care for the environment. This activity improved and helped to create a clean and green environment, fostering a sense of responsibility towards cleanliness among students.



*Cleanliness Drive in the Surrounding Areas in Navbahar and the College Campus*





## INTERNATIONAL WEBINAR ON HEALTH UNDER THE THEME OF “Y20 YUVAMANTHAN MODEL G20”

The Health Club of St. Bede's College, Shimla, Organized an International Webinar on September 9, 2023, in collaboration with the Ministry of Youth Affairs and Sports on “Complete well-being Physical Mental Health through Traditional Medicine and Yoga”, under the theme of “Y20 Yuvamanthan Model G20”. Professor Yvonne Paul from South Africa and Professor Jerome Porto from the Philippines were the international speakers for the webinar. *The webinar aimed to build self-awareness through youth leadership programs and create a platform for young people to discuss global issues. The program develops the ability to comprehend the interrelated elements of physical, mental, and emotional well-being will be improved in participants.*



*International Webinar on September 9, 2023*

## INTER-COLLEGE DECLAMATION CONTEST

On 12<sup>th</sup> September 2023, an Inter-College G20 Declamation Contest was organized by *Akashvani* and *Doordarshan* at Rajiv Gandhi Government Degree College, Kotshera. The event aimed to provide a platform for students from various colleges to hone their oratory skills, including public speaking, articulation, and effective communication. The competition encouraged participants to explore and present their perspectives on diverse topics, thereby fostering critical thinking and analytical abilities. It helped to boost confidence and self-expression among participants. It also



facilitated a cultural exchange among colleagues, creating an environment of networking, collaboration, and mutual understanding.



*Inter-College G20 Declamation Contest, September 12, 2023*



*Inter-College G20 Declamation Contest, September 12, 2023*



## SWACHHTA HI SEVA CAMPAIGN

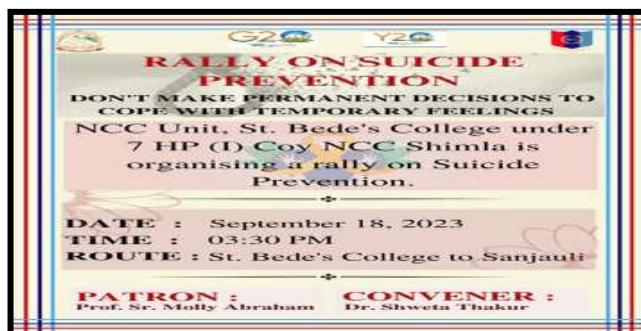
The volunteers of the NSS Unit of St. Bede's College started the Swachhta hi Seva campaign from September 15 to October 2, 2023. The 'Swachhta Hi Seva' campaign, initiated by the Government of India, aims to promote cleanliness and sanitation across the nation. The primary objectives of the campaign include promoting cleanliness awareness, community participation and waste management. This activity enhanced community hygiene, awareness, and civic responsibility.



*Swachhta Hi Seva Campaign from September 15 to October 2, 2023*

## RALLY ON SUICIDE PREVENTION

On September 18, 2023, the NCC Cadets of St. Bede's College under 7HP (I) Coy NCC Shimla conducted a rally on 'Suicide Prevention' from St. Bede's College, Navbahar to Sanjauli. The primary objective of the rally on suicide prevention was to raise awareness about the importance of mental health, promote understanding of the signs of suicide, and encourage support for individuals struggling with mental health issues. The basic objective of the rally was to tell people "To not make Suicide a Permanent Decision to Cope with Temporary Feelings". The rally contributed to creating a more empathetic and supportive environment for individuals facing mental health challenges.



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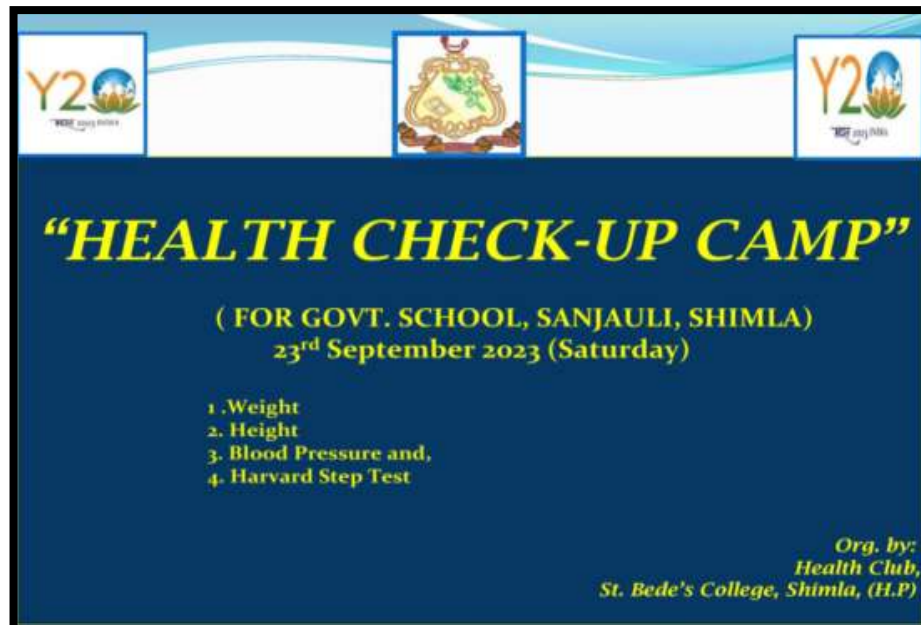




*Rally on 'Suicide Prevention' (September 18, 2023)*

## HEALTH CHECK-UP CAMP FOR GOVT. SCHOOL CHILDREN

On September 23, 2023, the Health Club of St. Bede's College organized a Health Check-up for School children. The check-up was done for the students of Govt. Primary School, Sanjauli, Shimla. The check-up made the students aware of their health and the importance of routine check-ups to improve health, attention should be paid to a balanced diet along with daily health check-ups.



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*Health Check-Up Camp for Govt. School Children, September 23, 2023*



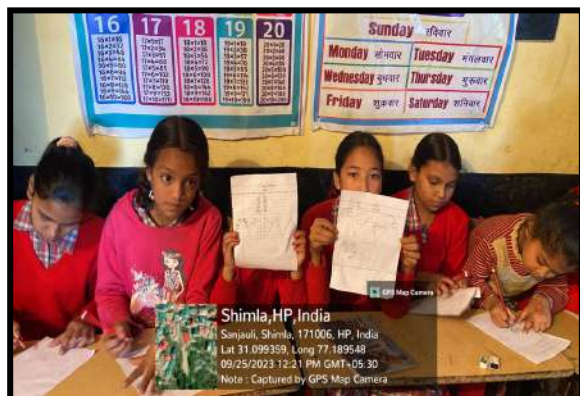


## WORLD RIVER DAY

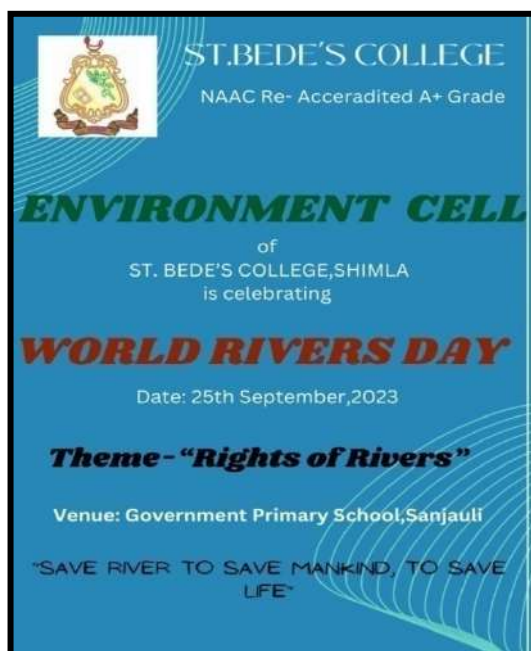
An awareness program was organized by the Environment Awareness Cell under the theme of *Nanhe Sanrakshak* on the occasion of World River's Day which was on 25<sup>th</sup> September 2023. The students and convener of Environment Cell visited nearby Government Primary School in Sanjauli, Shimla and made the students aware of the river and environmental pollution through various activities. The Activity was aimed to interact with the school students and share with them the knowledge regarding river water pollution and its harmful impacts.



*World River's Day celebration at Government Primary School in Sanjauli, Shimla, 25 September 2023*



*World River's Day celebration at Government Primary School in Sanjauli, Shimla, 25 September 2023*



*Brochure*

## NSS DAY CELEBRATIONS

NSS Unit of St. Bede's College celebrated NSS Day on September 26, 2023, to commemorate the founding of the NSS and to highlight the significance of community service, social responsibility, and volunteerism. Students presented their PowerPoint presentations by explaining the importance and significance of NSS Day. NSS Day celebrations serve as an annual opportunity to reiterate the commitment to social service and community development, fostering a sense of responsibility and active citizenship among the youth. NSS Day celebration led to heightened community awareness increased volunteer engagement in social initiatives, and strengthened bonds between NSS members and the local community, fostering a spirit of active citizenship.





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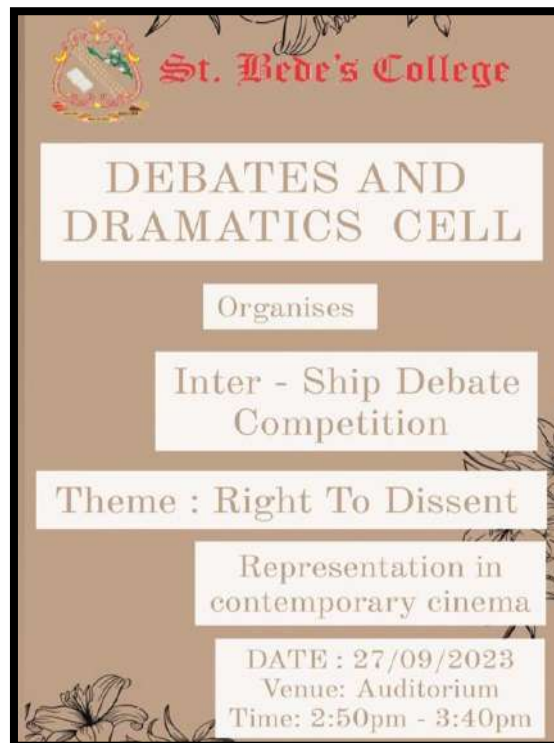


*NSS Day Celebrations on September 26, 2023*

## INTER-SHIP DEBATE COMPETITION

On 27 September 2023, an Inter-ship Debate competition was organized by the Debates and Dramatics Cell in the auditorium at 2:50 P.M. This Inter-ship Debate Competition fosters critical thinking, articulation of ideas, and expression among participants.

The objective was to provide a platform for representatives from different ships to engage in a structured debate, showcasing their perspectives and arguments for and against the motion. The competition created an environment for intellectual exchange and constructive discourse, facilitated by competent adjudicators, to determine a deserving winner among the participating ships. The competition also encouraged audience engagement and appreciation for diverse viewpoints.



*Brochure*



*Inter-Ship Debate Competition September 27, 2023*



*Team INS Vikas*



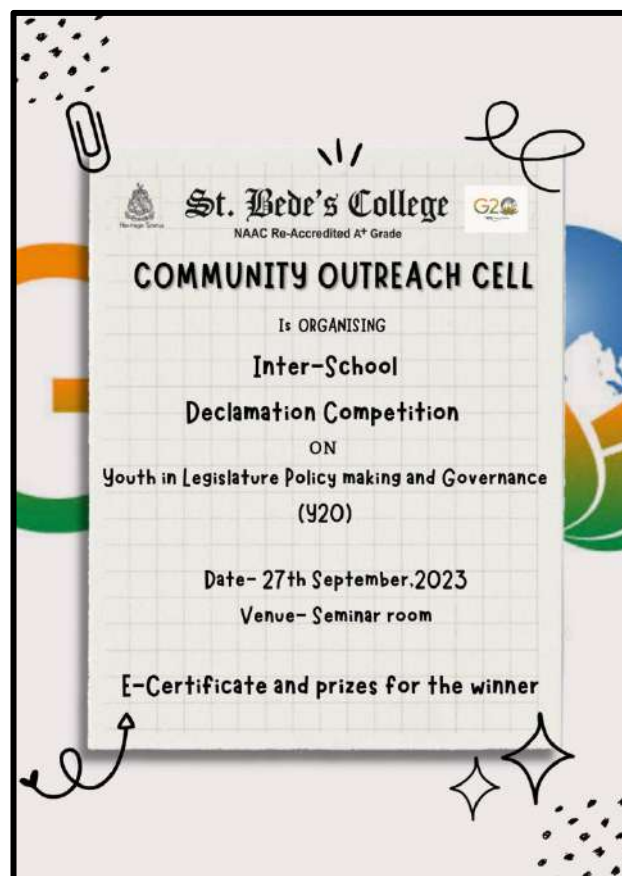
*Team INS Himmat*





## **INTER-SCHOOL DECLAMATION COMPETITION ON 'YOUTH IN LEGISLATURE, POLICY MAKING, AND GOVERNANCE'**

The Community Outreach Cell organized an impactful and thought-provoking, Inter-School Declamation Competition on September 27, 2023. The theme for the event was "Youth in Legislature, Policy Making, and Governance (Y20)". The primary objective of this competition was to promote the speaking and competitive skills of young students from various schools while providing them with a platform to express their perspectives and talents. The event aimed to nurture public speaking abilities, critical thinking, and awareness of governance-related issues among the youth. This event celebrated youth engagement and expression, nurtured intellectual growth, and reinforced the significance of informed and active citizenship. It was a valuable learning experience that empowered students to engage in discussions about governance, policy-making, and their role in shaping the future. This event exemplified the commitment of St. Bede's College to nurture the talents and potential of young minds in the region.



*Brochure*





*Inter-School Declamation Competition September 27, 2023*



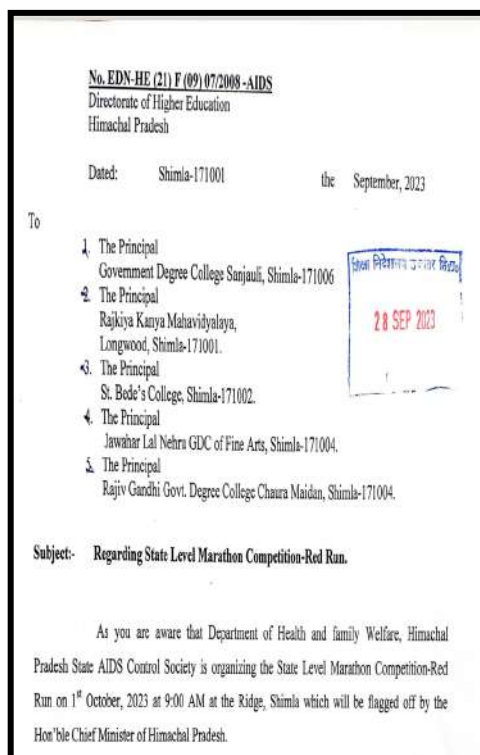
*Inter-School Declamation Competition September 27, 2023*



### *Newspaper Clippings of Inter-School Declamation Competition September 27, 2023*

## RED RUN MARATHON

The Red Run Marathon was organized by the Himachal Pradesh State AIDS Control Society (HPSACS) at Ridge, Shimla on October 1, 2023. The students of St Bede's College performed a skit to create awareness about HIV & AIDS on this occasion. This event helped in spreading awareness about the importance of HIV& AIDS and also talked about fighting stigma and discrimination associated with HIV&AIDS.



*Brochure*

*Red Run Marathon*





*Red Run Marathon Competition, October 1, 2023*

## CLEANLINESS DRIVE UNDER THE THEME “GARBAGE FREE INDIA: SWACHHTA HI SEWA

On October 1, 2023, the NCC cadets of St. Bede’s College, Shimla and GDC Kotshera under 7HP (1) COY NCC, Shimla conducted a cleanliness drive under the theme “Garbage free India: Swachhta hi Sewa” in Khalini. The main purpose of the drive was to create awareness among the students and society regarding cleanliness and its benefits. The Cleanliness drive yielded several positive outcomes, the efforts of cadets resulted in a noticeable improvement in the cleanliness. The event served as a practical and valuable lesson in civic responsibility and environmental stewardship responsibility and environmental stewardship.



*Cleanliness Drive at Rani Jhansi Park and Navbahar (October 1, 2023)*



*Brochure*

*Cleanliness Drive at Khalini Forest Area (October 1, 2023)*

## KHADIMAHOTSAV

On 2<sup>nd</sup> October 2023, the volunteers of the NSS unit of St. Bede's College took a pledge on my govt.com portal to contribute to the promotion and revival of Khadi, aligning with the principles of self-reliance, sustainability, and cultural pride. The participation of NSS volunteers in Khadi Mahotsav successfully promoted sustainable practices and empowered local artisans, contributing to a heightened awareness and appreciation for Khadi within the community. The event resulted in increased patronage for Khadi products, fostering economic growth and preserving traditional craftsmanship.



*E-pledge Portal, 2<sup>nd</sup> October, 2023*





## KALASH YATRA: MERI MATTI MERA DESH

On October 7, 2023, the NSS Unit of St. Bede's College in collaboration with Heritage Club and the NCC unit organized a program under the theme 'Meri Maati, Mera Desh' to inculcate community service, cultural appreciation, and holistic development among the volunteers. In this program rice and soil were collected in the Kalash. The volunteers also participated in the rally which was conducted on the college campus. The NSS Kalash Yatra successfully promoted cultural reverence, community integration, and environmental awareness.



*Kalas Team INS Vikas Yatra: Meri Matti Mera Desh October 7, 2023*

## DECLAMATION COMPETITION

The Electoral Literacy Club organized an insightful event within the college on the 7th of October, 2023. This intellectually stimulating activity explored the contemporary discourse about how to equip educators to address the pressing issue of unethical approaches being used by different agencies, political parties and individuals for their self-interests. The approach encompassed strategies for discerning fake news (i.e., news literacy) and critically analysing media content. The students ventured into more profound perspectives by examining media engagement within the broader framework of media ecology. The event concluded on a positive note, leaving everyone with a deep appreciation for the thought-



provoking discourse and the importance of content analysis before trusting and spreading any fake news.



***Declamation Competition on Fake News and its Impact on Elections: A Call for Media Literacy on October 7, 2023***

## **FOLK SINGING COMPETITION**

On October 12, 2023, Miraasa the Heritage Club in collaboration with the Music department of St. Bede's College, Shimla organised a solo folk song competition based on the theme "Dharohar: Reviving Himachali Folklore through Folk Songs". The event contributed greatly towards the personal, cultural, and artistic development of the students. Students gained a deeper appreciation for their cultural roots and traditions. The competition served as a platform for preserving and promoting cultural heritage. Participants and members of the audience become more aware of the rich diversity of folk music.



### *Brochure*



### *Folk Song Competition, October 12, 2023*

## **DISASTER RISK REDUCTION DAY**

On October 13<sup>th</sup>, 2023 poster poster-making competition and rally was conducted by the Disaster Management Cell on the occasion of International Disaster Risk Reduction Day under the theme “FIGHTING INEQUALITY FOR A RESILIENT FUTURE”. The objective of organizing an awareness rally and poster-making competition on Disaster Risk Reduction Day was to promote a culture of safety, resilience and proactive action in the face of disaster. The awareness rally and poster-making competition on Disaster Risk Reduction Day brought several positive outcomes as they contributed to increasing awareness among participants and the wider range of the community about the importance of Disaster Risk Reduction Day.





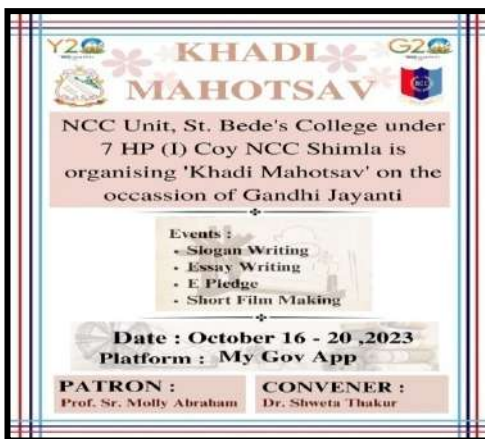
*Awareness rally along with posters concluded at Directorate of Horticulture, October 13, 2023*





## KHADI MAHOTSAV BY NCC CADETS

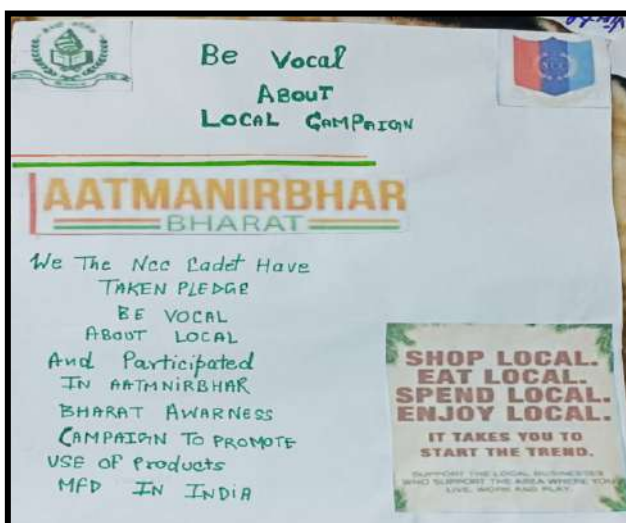
On October 16, 2023, the NCC Cadets of St. Bede's College under 7 HP (I) COY NCC Shimla organised 'Khadi Mahotsav' on the occasion of Gandhi Jayanti. The activities included Slogan Writing, Essay Writing, Short Film Making and E-Pledge. Khadi Mahotsav promoted and showcased the significance of khadi, a handspun and handwoven fabric, in preserving traditional craftsmanship, supporting rural livelihoods, and fostering sustainable development. The primary objective of the Cadets was to promote and showcase the indigenous handloom and handicraft products of India, particularly those made from Khadi. The Cadets aimed to promote the rich cultural heritage of the country and provide a platform for artisans and weavers to exhibit their skills and products to a wider audience. The celebration contributed to the preservation of traditional skills and promoted a sense of pride in the cultural heritage associated with khadi.



*Brochure*



*Khadi Mahotsav (October 16, 2023)*



*Slogan Writing on Khadi Mahotsav (October 16, 2023)*

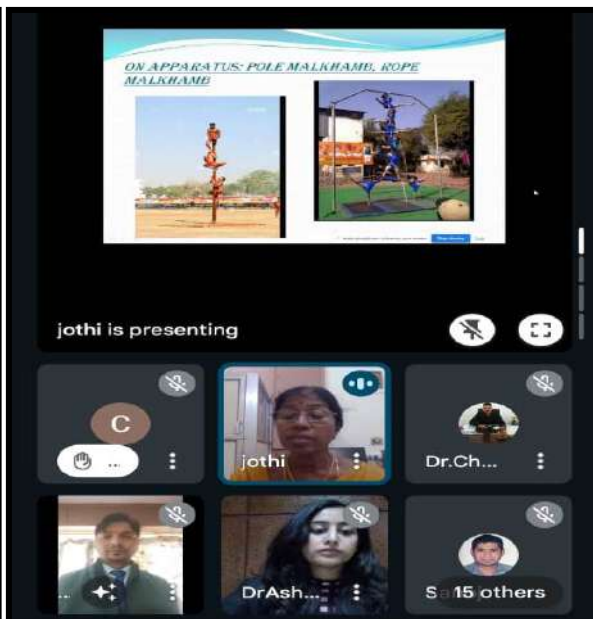


## “NATIONAL WEBINAR ON “PROMOTION OF INDIGENOUS SPORTS” UNDER THE THEME OF “Y20 YUVAMANTHAN MODEL G20”

The National Sports Organization (NSO) of St. Bede's College, Shimla organized a National Webinar on “Promotion of Indigenous Sports” under the theme of “Y20 Yuvamanthan Model G20” on October 20, 2023. The participants were acquainted with the benefits of sports on daily life routines and work potential. It also proved useful in promoting traditional games which hold the capacity to attract tourists to explore our Indian culture.

### Brochure

### National Webinar on “Promotion of Indigenous Sports” October 20, 2023



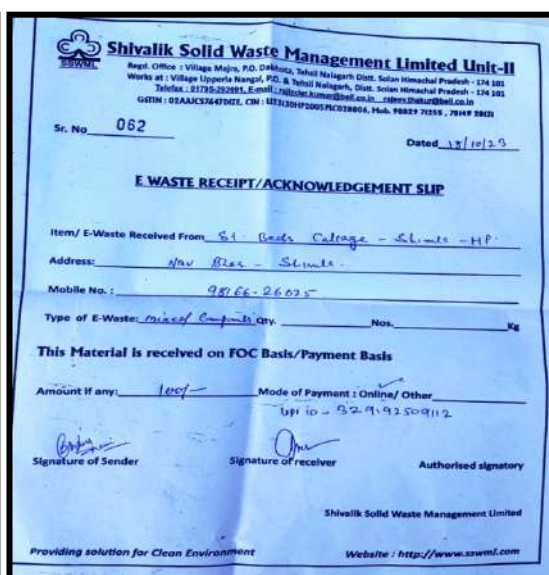
### *National Webinar on “Promotion of Indigenous Sports” October 20, 2023*

### **E-WASTE COLLECTION DRIVE**

The State Pollution Control Board organized an e-waste cum awareness drive from 16<sup>th</sup> to 21<sup>st</sup> October 2023 to encourage students and the common people regarding the scientific management of e-waste. Thus to contribute our part to this noble cause the Environment cell of St. Bede’s College, Shimla organized an E-Waste Collection Drive from 14<sup>th</sup> -18<sup>th</sup> October, 2023. The drive succeeded in spreading the message of proper management of electronic waste among the students.



*Brochure*



*Certificate for E-waste Disposal*

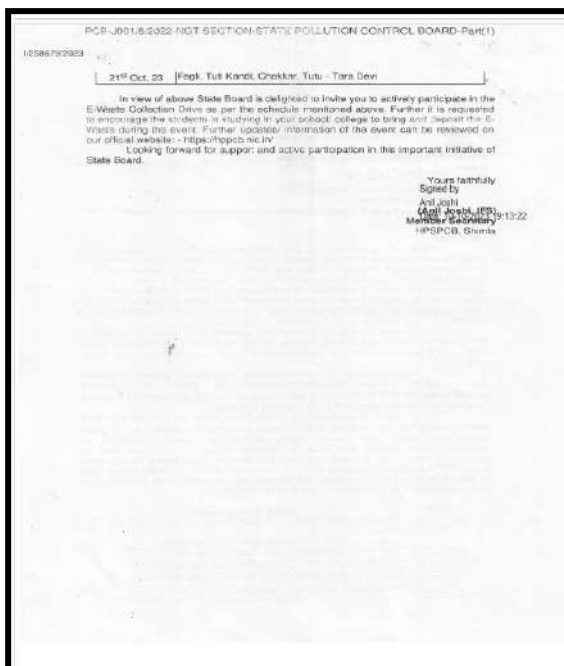
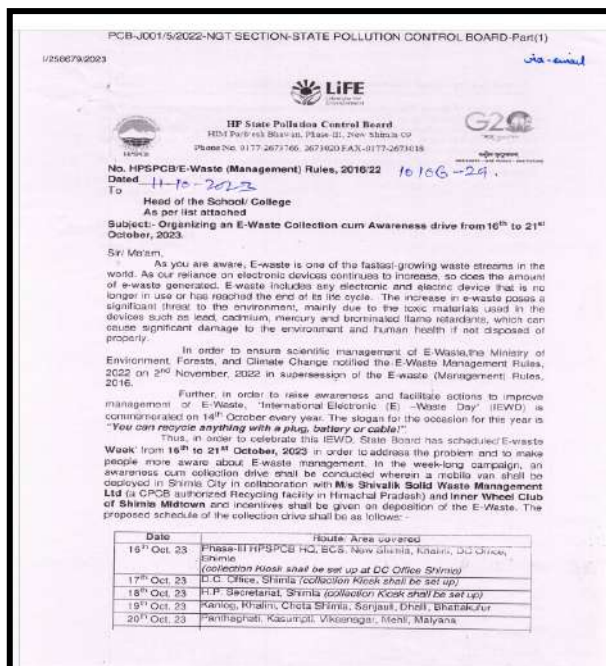




*Pictures of the event*



*Pictures of the Event E-Waste Collection Drive, 14th -18th October 2023*



### Letter from the Government

## FIRST AID TRAINING

NSS Unit of St. Bede's College in collaboration with the Red Cross Society organized Basic First Aid (Life Saving) Training on October 21, 2023, in the college auditorium to equip volunteers with the necessary knowledge and skills to provide immediate and effective assistance in emergencies. NSS first aid training enhanced the volunteers' ability to provide immediate and effective assistance in emergencies.



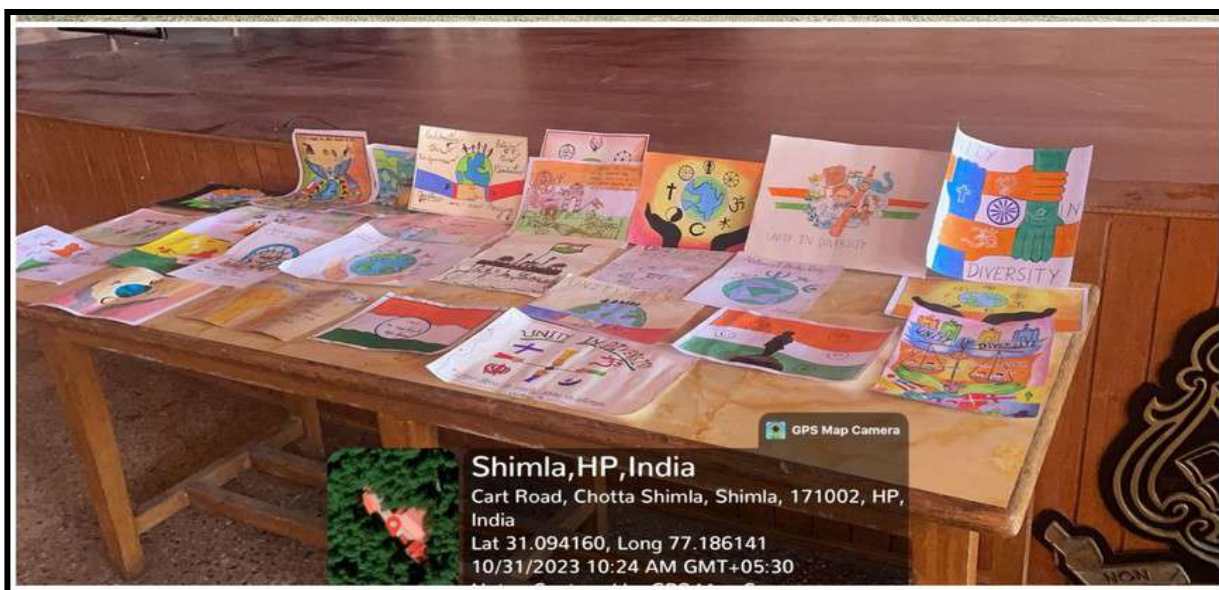
### Basic First Aid (Life Saving) Training, October 21, 2023





## UNITY DAY CELEBRATION

On the occasion of National Unity on October 31, 2023, the volunteers participated in a rally conducted on the college campus. A poster-making competition was also organized on this day and volunteers participated enthusiastically. NSS Unity Day celebration strengthened community bonds, fostering a sense of harmony and diversity appreciation. Volunteers actively engaged in cultural exchange, promoting unity in the spirit of India's rich pluralism. The event successfully instilled values of tolerance and civic responsibility among participants.



*Poster made by the Volunteers to Celebrate National Unity Day on October 31, 2023*





## **NATIONAL STATEHOOD DAY IN RAJBHAWAN, SHIMLA**

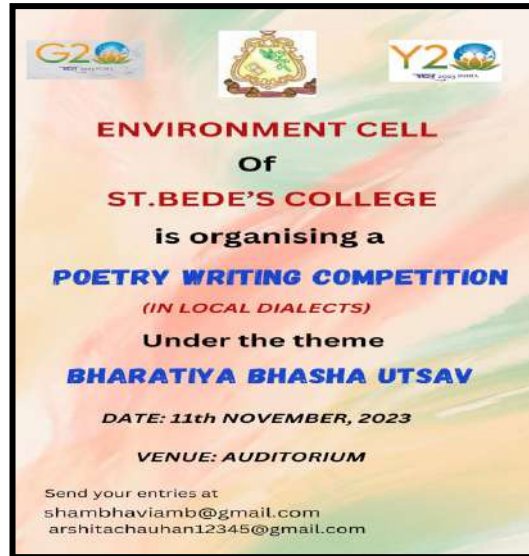
On 1<sup>st</sup> November 2023, third-year students of the college enthusiastically participated in a cultural event organised at Raj Bhawan under the supervision of the Governor of Himachal Pradesh. This event allowed our students to perform at Raj Bhawan and to learn about the eight states that attained their statehood on 1<sup>st</sup> November. The event was hosted at the Governor House, The Raj Bhavan, Shimla to celebrate and honour the statehood of 8 states i.e. Andhra Pradesh, Haryana, Karnataka, Kerala, Madhya Pradesh, Chhattisgarh, Tamil Nadu and Punjab. Through this event, they were able to interact with the governor and the students from various other schools and colleges.



*National Statehood Day in Rajbhawan, Shimla, 1<sup>st</sup> November 2023*

## **BHARTIYABHASHAUTSAV**

On November 11, 2023, the Environment Cell of St Bede's College organized a poetry writing competition on the occasion of *Bhartiya Bhasha Utsav*. The students were required to write a poem on any topic in their mother tongue. The objective of the activity was to create awareness among the students regarding the importance and relevance of one's mother tongue.



*Brochure*

**बिखरदे रिश्तो री काणि**

कड़ी देखदे ई बीतो स्यो पल  
जेबे माय-बाओ रा लाल  
सबी री आखिया रा तारा  
देशो रे नाम मातृ भूमिया खे समर्पित उई जाओ।।

क्या बीतो तीना रे अंदर  
ज्यो एतने लाड-प्यारो साथी  
आपने बचया खे बड़ा करो  
पर सेयो ई गर्व बि करो  
आपने बच्चे पांदे जीने देशो री माटी  
आपनी सांसा ते बि ज्यादा कीमती समजी।।

रोंगटे खड़े उई जाओ जेबे  
हिंद-पाको रे विभाजनों रा पल याद करूं  
पर आसे तो बस सोचूं ई  
जो प्रत्यक्ष सेने लगी रे थे  
तीना री पिड़ कोई नी जानी सकदा।।

अर साल आसे आजादिया रा दिन तो भले ई मनाऊं,  
पर कदी सोचया तेस परिवारा रा  
जो मिली बांटी खे रओ था,  
तेबे 'धर्म' लड़ना नी  
मिली-बरती खे रणा ओ था,  
पर ए खुशी-प्यार ज्यादा नी टिफ़ी सकया  
टूटी गा, रिश्ता भी, बिछड़ीगे लोग भी,  
हिंदुस्तान बि तेबे अथूरा उई गया।।

महात्मा रा सपना, सपना ई रयी गया,  
पूरा उया तो बस- से सपना  
जेती एक दुजे रे खुनो रे प्यासे बनीगे सब,  
प्यार तो दुरो री गले  
आखिया मिलाने खे भी कतराने लगीगे लोक।।

12:20 58%

Poem for bhartiya bhasha diwas

Inbox

Alish Chauhan 10:30 to me

Better than Heaven or Arcadia  
I love thee, O my India!  
And thy love I shall give  
To every brother nation that lives.  
God made the Earth;  
Man made confining countries  
And their fancy-frozen boundaries.  
But with unfound boundless love  
I behold the borderland of my India  
Expanding into the World.  
Hail, mother of religions, lotus, scenic beauty, and sages!  
Thy wide doors are open,  
Welcoming God's true sons through all ages.  
Where Ganges, woods, Himalayan caves, and  
men dream God -  
I am hallowed, my body touched that sod

Reply Reply all Forward

*Entries for Poetry writing on November 11, 2023*

## WORLD HERITAGE WEEK

From November 19-25, 2023 Miraasa-the Heritage club organized a remarkable World Heritage Week, celebrating the rich cultural and historical treasures that contribute to our global heritage. World Heritage Week is celebrated to raise awareness about the significance of preserving and protecting cultural and natural heritage sites globally. Students gained a



deeper understanding and appreciation for the diversity of cultures represented by World Heritage sites. The celebration provided opportunities for educational enrichment, exposing students to historical, architectural, and environmental aspects of World Heritage sites. It enhanced their knowledge beyond textbooks, contributing to more holistic education.

**ST. BEDE'S COLLEGE SHIMLA**  
**MIRAASA - THE HERITAGE CLUB**  
**IS CELEBRATING**

**WORLD HERITAGE WEEK**  
**ON THE**  
**THEME : LIVING HERITAGE**

**DATES**  
19TH NOVEMBER , TIME 11A.M  
ONLINE QUIZ  
20TH NOVEMBER , TIME 3:00PM  
PHOTOGRAPHY COMPETITION  
21ST NOVEMBER , TIME 1:20 PM  
TIME CAPSULE  
(STUDENTS CREATE A TIME CAPSULE FILLED WITH ITEMS REPRESENTING THEIR  
CURRENT ERA TO GIVE FUTURE GENERATIONS A GLIMPSE OF THE PRESENT)  
22ND NOVEMBER , TIME 2:50 P.M , VENUE SEMINAR ROOM  
DOCUMENTARY VIEWING  
(WATCH HISTORICALLY ACCURATE DOCUMENTARIES THAT PROVIDE VISUAL  
CONTEXT AND ADDITIONAL INFORMATION.)  
23RD NOVEMBER , TIME TILL 2:50 P.M  
STORY WRITING  
(SHARE CAPTIVATING TALES ABOUT THE COMMUNITY'S PAST. )  
24TH NOVEMBER , TIME TILL 2:50 P.M  
POSTER MAKING COMPETITION ON THEME LIVING HERITAGE  
25TH NOVEMBER :- NUKKAD NATAK

*Brochure*



*Screening of Documentary*





***Nukkad Natak Performance to Celebrate World Heritage Week  
from November 19-25, 2023***

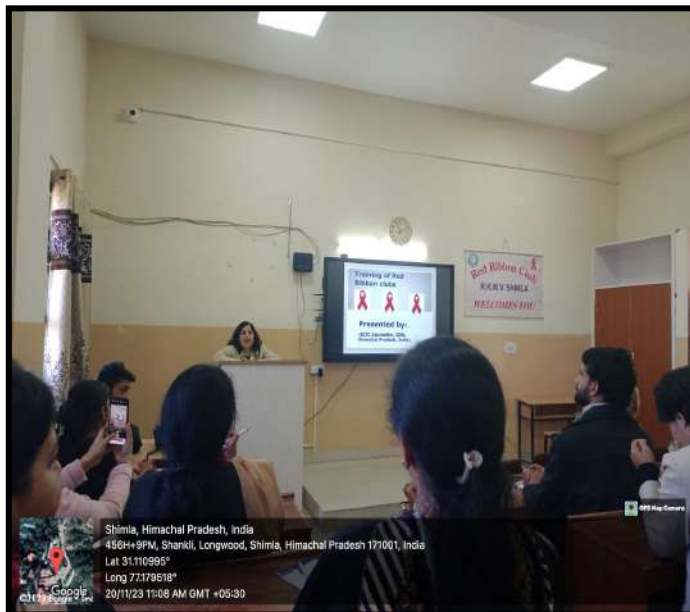
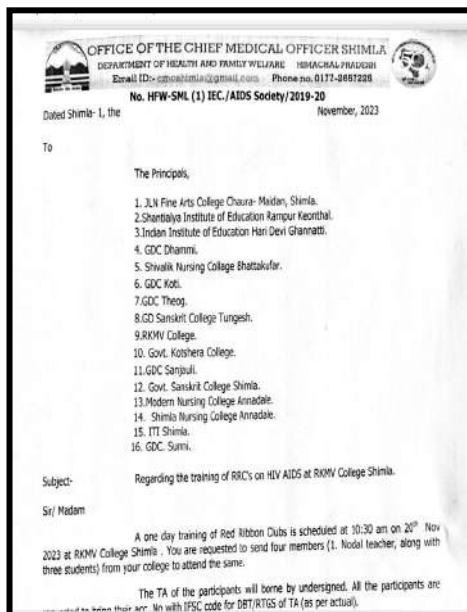


***Time Capsule***



## ONE-DAY TRAINING PROGRAM OF RRC'S AT RKMV, SHIMLA

On November 20<sup>th</sup>, 2023 the members of the Red Ribbon Club participated in a one-day training program for RRCs of the Shimla district at RKMV, College. The members of the club had an insight into issues about HIV and AIDS among youth and also learned about documentation related to the activities of the club.



### *Invitation Letter from HFW, SHIMLA*



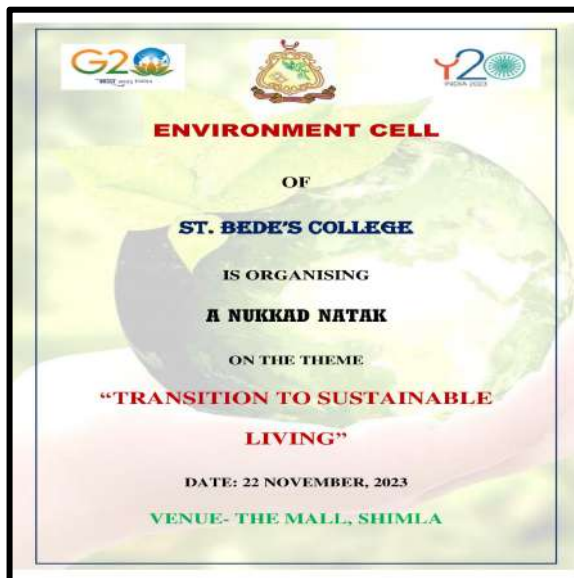
*One Day training program of RRC's at RKMV, Shimla(November 20, 2023)*





## NUKKAD NATAK: TRANSITION TO SUSTAINABLE LIVING

On November 22, 2023, the Environment Cell of St. Bede's College organized a Nukkad Natak on the theme, '*TRANSITION TO SUSTAINABLE LIVING*' to raise awareness among the people about the importance of sustainability and its advantages to future generations. The Nukkad Natak emphasized the concept of the 3R's of Sustainable Development that is Reduce, Reuse and Recycle. Environment Protection is the need of the hour and this is only possible when everyone follows an eco-friendly lifestyle, a lifestyle that reduces its ecological footprint to a minimum. The students through the nukkad natak tried to spread the message of environment protection through proper treatment of household garbage, through the use of public transport and by saving other natural resources. We have one earth, one future and it's our responsibility to save it.



RECEIPT		
GAIETY DRAMATIC SOCIETY GAIETY HERITAGE CULTURAL COMPLEX, THE MALL, SHIMLA-1 (H.P.)		
R.NO.GDS-	2402	DATED 22.11.2023
Received with Thanks Total sum of ₹ 300/- from Sh. St. Bede's College, Shimla, J.P. on account of Hiring charges/Maintenance charges of Old Theatre/Multipurpose Hall/Seminar (Conference Hall) / Tavern Hall / Amphitheatre/ Rehearsal Area with detail as under:-		
No.	Charges	Amount
1.	Hiring Charges/Maintenance Charges	300/-
2.	Retention Charges	
3.	Stage Rehearsal Charges	
4.	Rehearsal Area Charges	
5.	Damage Charges	
6.	Penal Charges/Security Charges	
7.	Other Charges	
For the period Dated 22.11.2023 to Dated 22.11.2023		
Amount ₹ Three Hundred Rupees Only.		
VIDE CASH/CHEQUE NO. Cash		
Secretary, Gaiety Dramatic Society, Gaiety Heritage Cultural Complex, The Mall, Shimla-1 (H.P.)		

### *Brochure Fee receipt from the Gaiety Theatre*



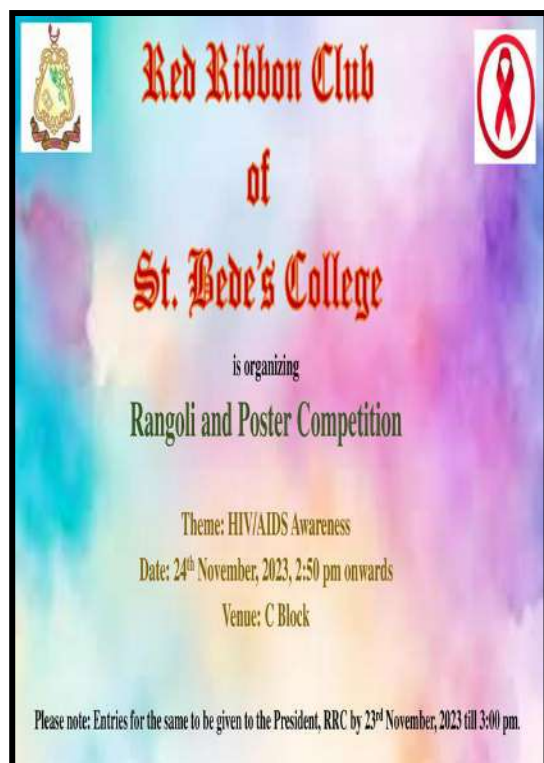
### *Nukkad Natak: Transition To Sustainable Living performed on November 22, 2023*





## RANGOLI COMPETITION ON HIV& AIDS

The Red Ribbon Club of St. Bede's College organized a spot Rangoli competition on November 24, 2023, to create awareness about HIV/AIDS on the theme for the year 2023 "Let Communities Lead" and subthemes: promotion of HIV testing, No stigma & discrimination, Routes of transmission and Anti-Retroviral Therapy (ART). The event was sponsored by the State AIDS Control Society (HPSACS). Six students participated actively in Rangoli making. The event was engaging and the two best Rangoli arts were given first and second prizes. This event helped in spreading awareness about the importance of Communities in leading the way in ending HIV& AIDS.



*Brochure*



*Rangoli Competition (November 24, 2023)*

## CONSTITUTION DAY CELEBRATION

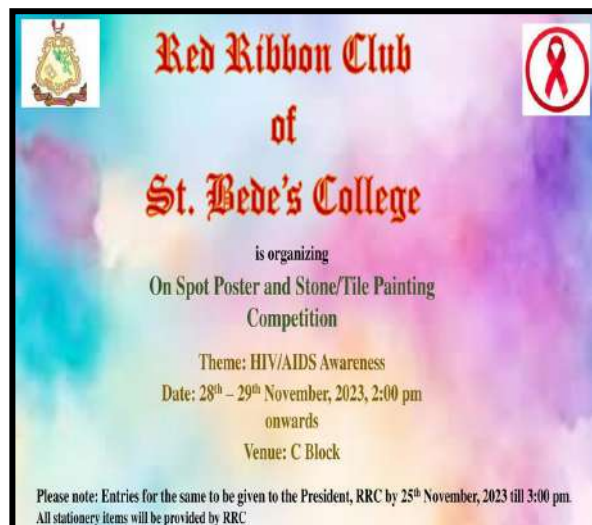
On November 26, 2023, the occasion of Constitution Day students visited the Government's official portal and read the preamble of the Constitution to celebrate the spirit of democracy and constitutional governance, emphasizing the role of every citizen in upholding the ideals of the Constitution. The event promoted unity and democratic engagement, inspiring NSS participants to actively contribute to a just and inclusive society. Overall, the celebration strengthened the commitment to upholding the principles laid out in the constitution for a better community.



### Constitution Day Celebration on November 26, 2023

## ON-THE-SPOT POSTER-MAKING COMPETITION ON HIV& AIDS AWARENESS AT ST. BEDE'S COLLEGE

The Red Ribbon Club of St. Bede's College organized on spot poster-making competition on November 28-29, 2023, to create awareness about HIV/AIDS on the theme for the year 2023 "Let Communities Lead", promotion of HIV testing, No stigma & discrimination, Routes of transmission and Anti-Retroviral Therapy (ART). The program creates awareness about the influence of Communities on the HIV& AIDS response. The event helped in spreading awareness about the importance of Communities is leading the way in ending HIV& AIDS.



### Brochure



### ***On Spot Tile Painting Competition on HIV& AIDS Awareness (November 28-29, 2023)***

### **INTER-SHIP DANCE COMPETITION**

On 30th November, 2023 an Inter-ship Dance Competition was organised by the Dance Society of St. Bede's College on the theme "Women Empowerment". The competition was held under two categories- Solo Dance and Group Dance. Through these dance performances, the audience was made aware of various social justice against women, stories of acid attack survivors and rape victims. This event brought the students together to celebrate women-hood. The students learnt choreographic principles to express feelings and thoughts through dance.





*Students Performing Various Dances on the theme of Women Empowerment*

*30th November, 2023*

## **WORLD AIDS DAY FUNCTION AT HOTEL PETERHOFF, SHIMLA**

On December 1, 2023, the Red Ribbon Club of St. Bede's collaborated with NSS and NCC units of the college for State Level World AIDS DAY function at Hotel PeterHoff, Shimla. The students of the club participated enthusiastically in State Level Function. This event helped in spreading awareness about the importance of Communities in leading the way in ending HIV& AIDS.



*Invitation letter*

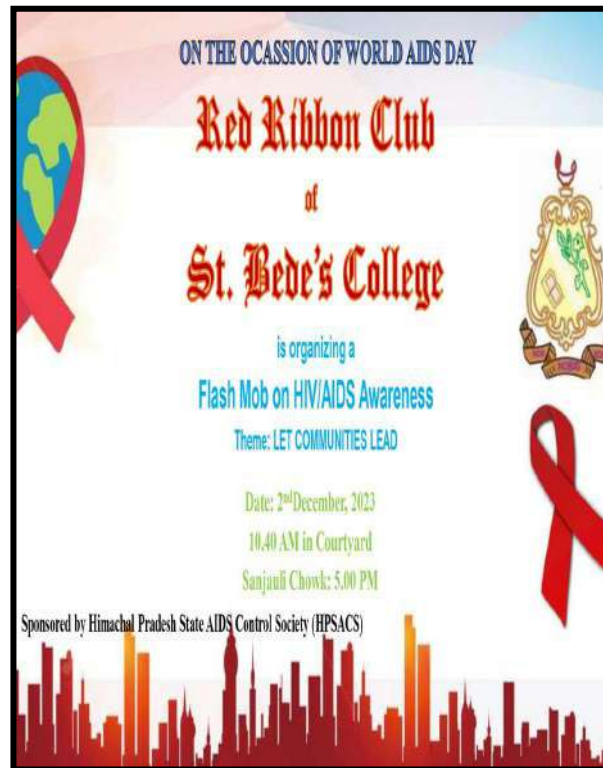


*Felicitatation of RRC of St Bede's College on World AIDS DAY Function at Hotel Peterhoff (December 1, 2023)*

## FLASH MOB ON AIDS AWARENESS AT SANJAULI CHOWK AND ST. BEDE'S COLLEGE COURTYARD

The Red Ribbon Club and Dance Society of St. Bede's College collaborated with the Himachal Pradesh State AIDS Control Society (HPSACS) to organize Flash Mob for AIDS awareness. On December 2, 2023 flash mob was organized in College Courtyard and at Sanjauli Chowk, Shimla to create awareness about HIV/AIDS. Twenty-one Students performed in the Flash Mob Awareness Program on the Theme "Let Communities Lead".





*Brochure*



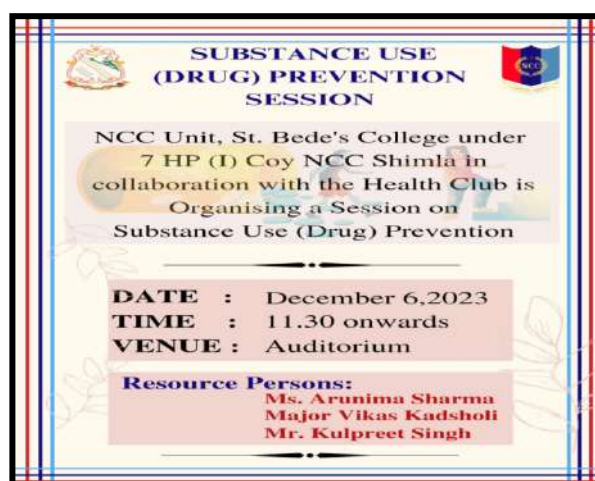
*Flash Mob performance in College Courtyard (December 2, 2023)*



*Flash Mob performance at Sanjauli Chowk (December 2, 2023)*

## WORKSHOP ON SUBSTANCE USE (DRUG) PREVENTION

On December 6, 2023, the Health Club, St. Bede's College in collaboration with the NCC Unit organized a workshop on Substance Use (Drug) Prevention. The session emphasized the importance of fostering a supportive environment to prevent and combat drug abuse. The students actively participated in the discussions, raising questions and engaging in conversations about the role of education, community, and mental health support to combat the issue of drugs. The event not only provided valuable information but also encouraged an open dialogue among students, faculty, and staff. Students were awakened about physical and mental health and emphasis was laid on not consuming drugs.



*Brochure*





### *Workshop on Substance Use (Drug) Prevention on December 6, 2023*

## **CELEBRATION OF ESTABLISHMENT DAY OF THE NATIONAL DISASTER MANAGEMENT AUTHORITY OF INDIA (NDMA)**

On December 9, 2023, The Disaster Management Cell of St. Bede's College organized an interactive session for the students to discuss the "Structure and Functioning of NDMA" and to increase awareness amongst the students regarding the apex body responsible for regulating and managing disasters. The basic objective of organizing the session on the Structure and Functioning of the National Disaster Management Authority of India was to create alertness and understanding among the students about the main functioning body of disaster management control. The session helped students a lot by answering their problems and queries regarding law and policy making, procedure, structure and functioning.



### *Presentation by the Vice-President of the Cell*



*Awareness speech delivered by the Cell Convenor*

### **“ONE DAY WORKSHOP ON “SAWASTHYAKAMAHATAV” UNDER THE THEME OF “BHARTIYABHASHADIWAS”**

The Health Club of St. Bede's College organized a one-day workshop on “Sawasthya Ka Mahatav” under the theme of “Bhartiya Bhasha Diwas” on December 11, 2023. Some health-related activities (Weight and Height Measurement, Sit-ups, Skipping Exercise, and Vital Capacity Measurement) were also conducted to make the students aware of their health. The activity emphasized the importance of health and made students conscious about their health. This activity contributed to increasing cultural awareness and encouraged language preservation among students.





*Health Related Activities, December 11, 2023*





*Health Related Activities, December 11, 2023*





## **BHARATIYA BHASHA DIVAS**

On 11<sup>th</sup> December 2023 Bharatiya Bhasha Divas was celebrated at St. Bede's College to celebrate the culture, regionalism and linguistic diversity of India. The event was concluded with a dance performance which was a perfect blend of various dances from different regions of India like Gujarat, Maharashtra and Punjab. Encourage the students to celebrate diversity in culture and arts.



*Classical Dance*



*Garba and Lavani Performance to Celebrate Bharatiya Bhasha Divason December 11, 2023*



### **FUN ACTIVITY UNDER THE THEME “BHARTIYABHASHADIWAS”**

The NSO of St. Bede's College organized a fun activity under the theme of “Bhartiya Bhasha Diwas” on December 11, 2023. These activities were organized for students to indulge them in extra-curricular activities giving impetus to happiness for a healthy lifestyle. The main objective of the activity was to know the value of our culture. This activity contributed to increasing cultural awareness and encouraged language preservation among students.



*Glimpses of Bhartiya Bhasha Diwas*





## BHARATIYA BHASHA DIWAS EXTRA VAGANZA BY ST. BEDE'S COLLEGE

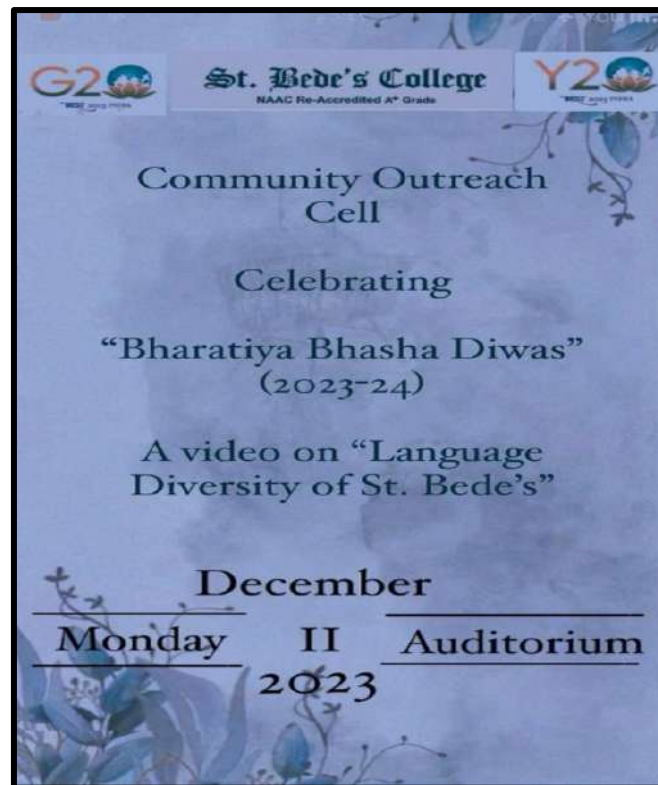
St. Bede's College illuminated the spirit of linguistic diversity on December 11, 2023, through a splendid celebration of Bharatiya Bhasha Diwas. This vibrant event, or chest rated by the Electoral Literacy Club (ELC), unfolded as a captivating spectacle, emphasizing the beauty and significance of India's myriad languages and cultures.



### *Artful Dialogues: Exploring Language through Art, Bhartiya Bhasha Diwas*

## VIDEO ON “LANGUAGE DIVERSITY OF ST. BEDE’S”

On December 15, 2023, on the occasion of Bharatiya Bhasha Diwas, the community outreach Cell of St. Bede’s showcased the language diversity of the college via a small documentary presenting the indigenous languages spoken by students of the college belonging to different states and districts of Himachal Pradesh. This event contributed to increasing cultural awareness and encouraged language preservation among students.



*Brochure*



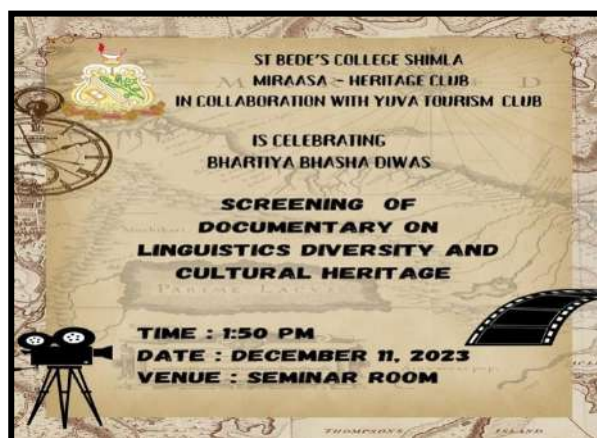
*Video on "Language Diversity of St. Bede's" December 15, 2023*



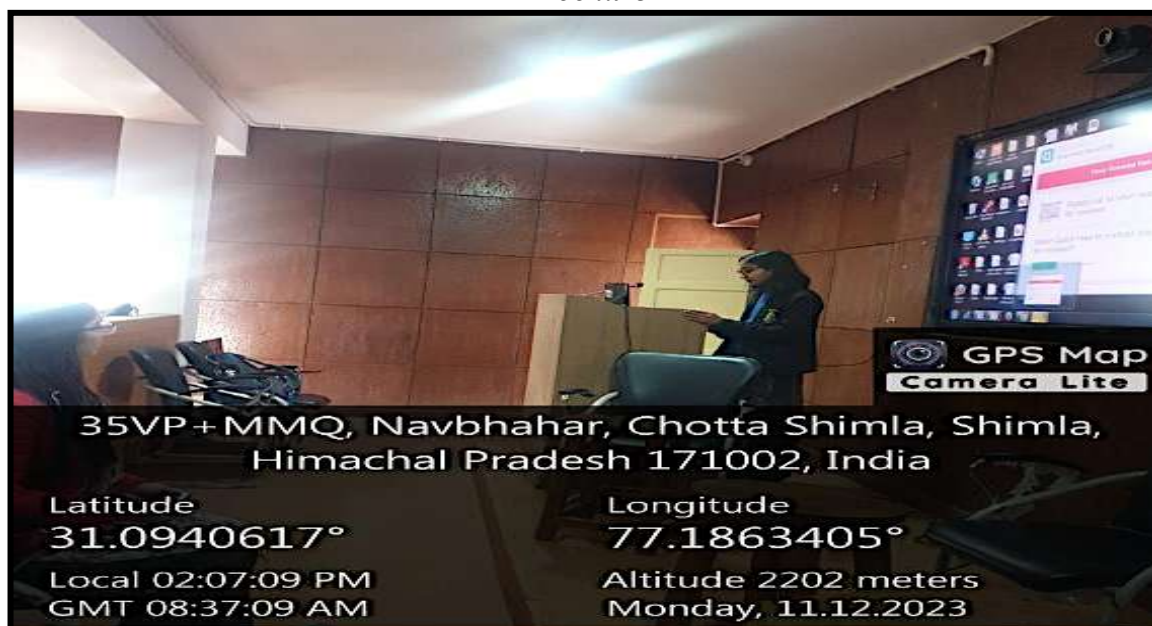


## BHARTIYA BHASHA UTSAV

On December 11, 2023, Miraasa the heritage club in collaboration with Yuva Tourism Club celebrated Bhartiya Bhasha Utsav to spark and encourage an enthusiasm for learning Indian Languages. A screening of a documentary based on Linguistics Diversity and Cultural Heritage was organized for the students and the staff members. Manoeuvring that India has a rich linguistic heritage and visualizing Indian Languages as a great tool for national unity, students and staff members were encouraged to learn about the importance of Indian languages. The celebrations during the 'Bhartiya Bhasha Utsav' defined the social fabric of our country, 'Diversity in Unity'. Students developed an awareness of the linguistic diversity present in India and enhanced their appreciation for the cultural diversity associated with each language including traditional practices, rituals, festivals, and folklore.



*Brochure*



*Screening of a documentary on linguistic diversity and cultural heritage, Bhartiya Bhasha Utsav, December 11, 2023*



## EXHIBITION ON TRADITIONAL FERMENTED FOODS OF INDIA ON THE OCCASION OF 'BHARTIYA BHASHA DIWAS.

On the occasion of 'Bhartiya Bhasha Divas, the Red Ribbon Club of St. Bede's College organized an exhibition on December 11, 2023, showcasing the diversity of traditional fermented foods of India. Various traditional fermented foods were displayed, and the students of the Red Ribbon Club actively participated in the event with enthusiasm.



*Brochure*



*Exhibition*



*Exhibition of Traditional Fermented Foods of India by RRC members (December 11, 2023)*





## ANECDOTE NARRATION COMPETITION

On 16<sup>th</sup> December 2023 to amplify democratic awareness, the Electoral Literacy Club of St. Bede's College orchestrated a remarkable event titled "Electoral Echoes: Stories That Count" providing a platform for participants to share their insights on electoral experiences and methods to register in electoral rolls. The event concluded with a renewed sense of purpose, a promise to carry these "Electoral Echoes" beyond the walls of St. Bede's, ensuring that every vote counts, every story matters, and every voice finds its echo in a vibrant, participatory democracy.

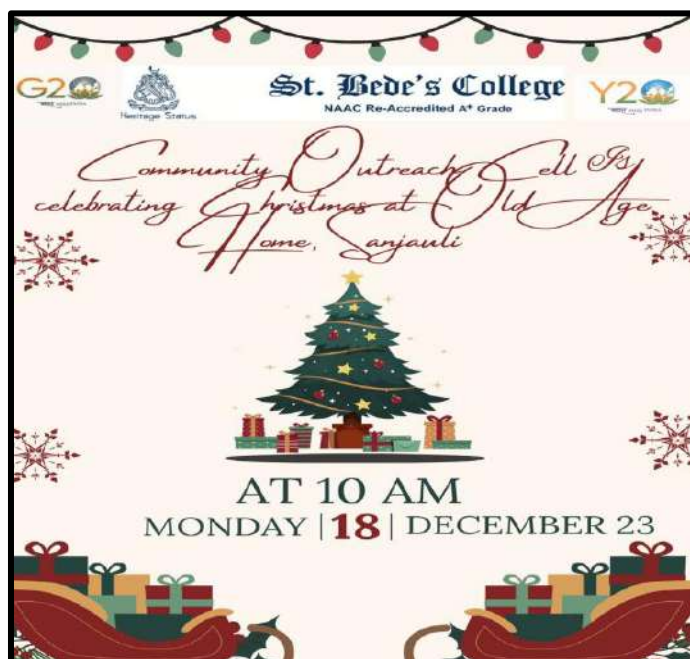


*An Anecdote Narration on "Electoral Echoes: Stories that Count" held on December 16, 2023*



## CHRISTMAS CELEBRATION AT OLD AGE HOME, SANJAULI

On December 18, 2023, the Community Outreach Cell organized a heart-warming Christmas celebration at the Namgyal Monastery Old Age Home, Sanjauli. The main aim of organizing this event was to bring joy, warmth, and festive spirit to the elderly. The event served the immediate objective of bringing joy to the elderly residents and also fostered a sense of community service and building connections, among students.



*Brochure*



*Christmas Celebration at Old Age Home, Sanjauli, December 18, 2023*





*Christmas Celebration at Old Age Home, Sanjauli, December 18, 2023*

## CHRISTMAS CHARITY

On December 24, 2023, to commemorate the occasion of Christmas, St. Bede's College donated to the Almighty Blessings, a selfless service that provides free food to patients and their visitors. The students of St. Bede's College visited the IGMC Hospital, Shimla and offered their helping hand in serving free langar to the attendants of cancer patients. Overall, involving students in Christmas charity activities not only benefits those in need but also provides valuable opportunities for children to learn, grow, and develop important life skills and values.

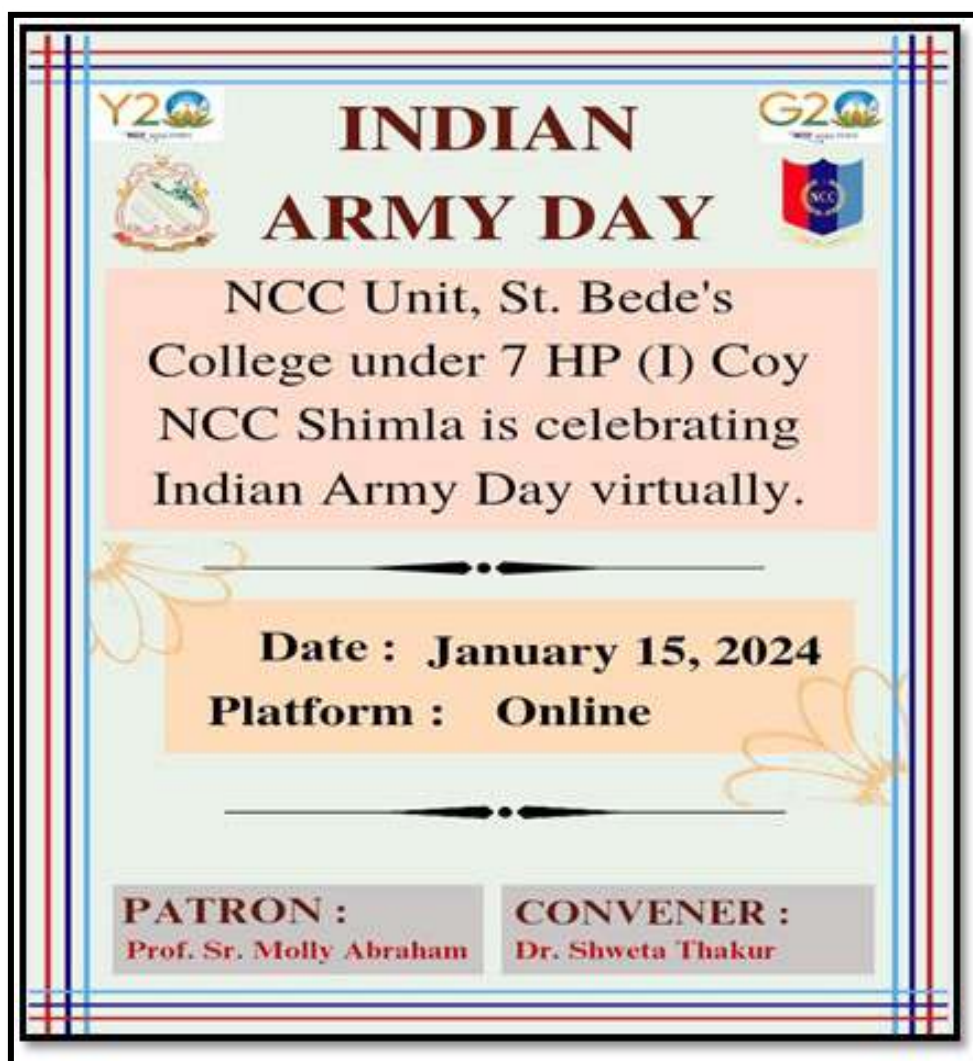


*Christmas Charity, December 24, 2023*



## INDIAN ARMY DAY CELEBRATION

On January 15, 2024, the cadets of the NCC unit, St. Bede's College, Shimla commemorated Indian Army Day through a virtual celebration. The primary objective of the Indian Army celebration was to encourage cadets to engage in creative activities such as poster-making and video production, enhancing their artistic and technical skills. The virtual celebration of Indian Army Day successfully met its objectives by honouring the Indian Army, fostering creativity and innovation among the cadets, promoting digital engagement and increasing awareness about patriotism.



*Brochure (January 15, 2024)*





## REPUBLIC DAY CELEBRATION

On January 26, 2024, a group of 13 cadets came together to create a video commemorating India's Republic Day. The primary objective was to instill patriotic sentiments and a sense of national pride among the cadets and citizens. It aimed to highlight India's rich cultural heritage. The creation and dissemination of the Republic Day video resulted in fostering a sense of pride and patriotism among the cadets and viewers.

Links to the video: YouTube - <https://youtu.be/sGFxKVC37Po?si=iDaPjXdtsEUgoksg>

Instagram

<https://www.instagram.com/reel/C2jCoM7PDpV/?igsh=MWFrcndzNHhwazE2aQ==>



*Posters made by the Cadets (January 26, 2024)*



*Brochure for Republic Day Celebration*

## CATC 150

The CATC 150 camp, organized by 7HP (I) COY NCC Shimla, took place at Mount Shivalik's School, Jubbarhatti, Dist. Shimla, spanning from January 18 to January 26, 2024. The camp was enriched by the enthusiastic participation of students from St. Bede's College, resulting in a memorable and enriching experience for all involved. CATC 150 camp helped in promoting physical and mental development, fostering cultural exchange, developing leadership and communication skills, encouraging teamwork and enhancing NCC training amongst cadets.



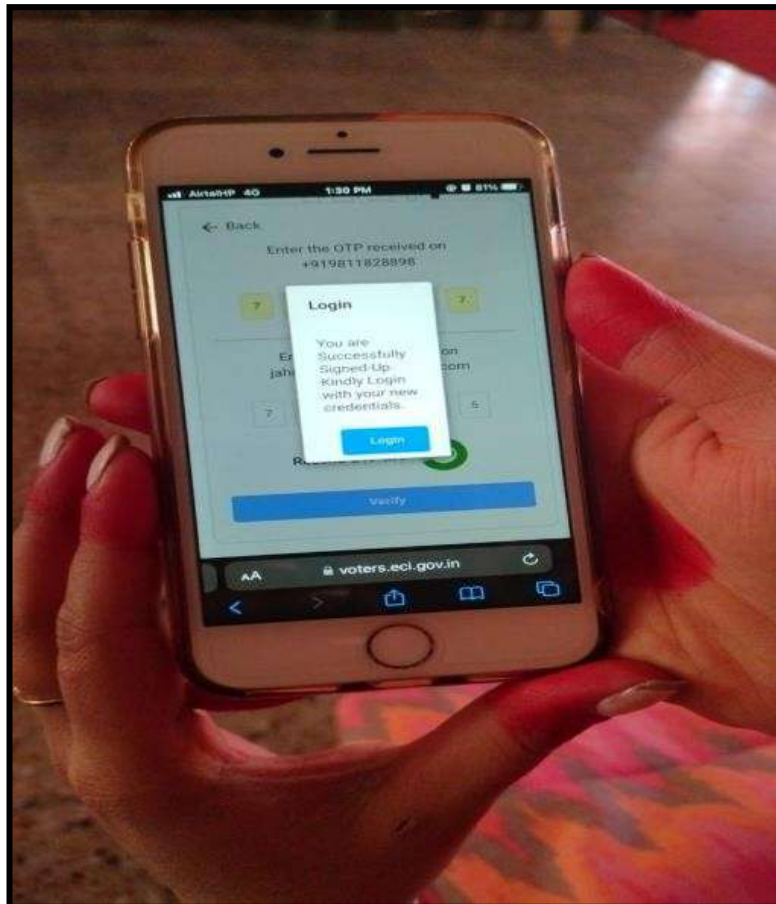
*Group Photo with the PI Staff (January 18 to January 26, 2024)*





## ELECTORAL ENROLMENT CAMP

On March 16, 2024, the Electoral Literacy Club of St. Bede's College organized a special campaign on "Greater Participation for a Stronger Democracy" in collaboration with the Department of Political Science to motivate our students (who have attained the age of 18 years) to enrol themselves in the electoral rolls. More than fifteen students registered themselves there and then whereas many others were asked to register themselves further. The program ended on a successful note complying with the directions from the State Election Commission, Himachal Pradesh.



*Electoral Enrolment Camp on March 16, 2024*



*Electoral Enrolment Camp on March 16, 2024*





## **ELECTORAL LITERACY FOR STRONGER DEMOCRACY**

On March 21, 2024, six cadets of the NCC unit, St. Bede's College showcased their creativity and civic engagement by participating in a Slogan Writing Competition. Simultaneously, four cadets demonstrated their storytelling skills in a video-making competition. The objective was to foster the active participation of cadets in democratic processes by enhancing their understanding of electoral systems, rights, and responsibilities organised by the Department of Art, Language, and Culture, Shimla. Both competitions focused on promoting electoral literacy for a stronger democracy. The cadets will be able to have detailed information about electoral systems and issues, enabling them to make informed decisions when casting their votes.



*Felicitatation at Department of Art, Language and Culture (March 21, 2024)*

## **NSS ANNUAL CAMP (MARCH 23 TO MARCH 29, 2024)**

The NSS annual camp was organised from March 23rd to March 29th, 2024. The inaugural day of the 7-day NSS Camp commenced with an assembly where prayers were offered, followed by updates on current affairs and a motivational thought for the day. The day's activities began with a session of 'hurtfulness' meditation session, followed by yoga asana. NSS volunteers were engaged in organizing the archives section of the library, demonstrating their commitment to community services during seven-day camp. The camp provides valuable opportunities for children to learn, grow, and develop important life skills and values. It also inspires NSS participants to actively contribute to the society.



*NSS Annual Camp (March 23 to March 29, 2024)*





## DEPARTMENTS

### THREE-DAY NATIONAL WORKSHOP ON THE CELEBRATION OF INTERNATIONAL YOGA DAY

The Department of Physical Education and Physical Education Foundation of India jointly organized a three-day national Workshop on “Yoga for a Healthy Lifestyle” from June, 19 to 21, 2023. The workshop was organized under the aegis of G20, International Yoga Day and Azadika Amrit Mahotsav. The theme of International Yoga Day this year was “Yoga for Humanity”. On this occasion, National Workshop sessions were conducted by eminent speakers of the country. The students experienced that the practice of yoga is known to bring about a perfect harmony between mind and body and this unity plays a great role in the overall stability.

**St. Bede's College**  
Shimla-171002  
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College with Potential for Excellence  
Phone: 0177-2842304, Fax:- 0177-2842198  
www.stbedescollege.in, Email:- bedescollege@gmail.com

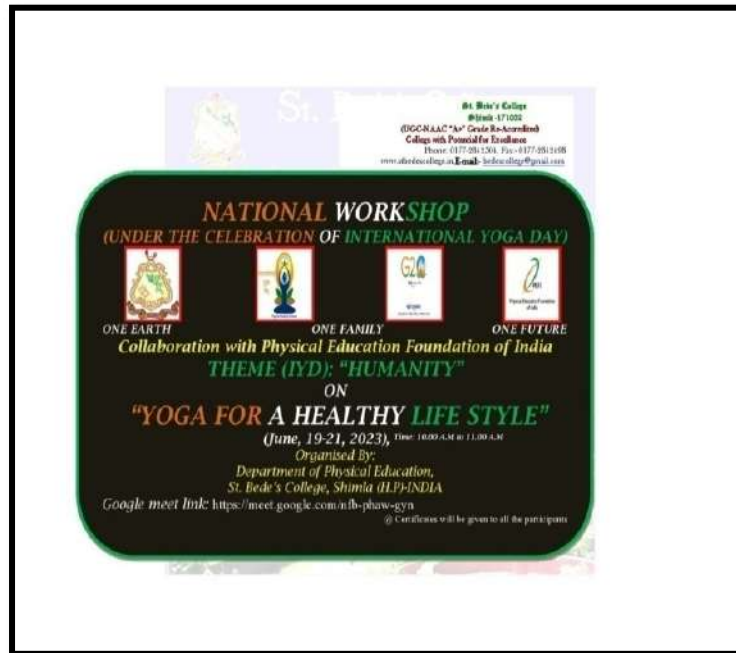
**Eminent Speakers and Chief Guests:**

 <b>Dr. Kavita Kholgade</b> <sup>20/06/23</sup> Director of Physical Education, SMERU-BK-AK, Women College, Nashik, (M.S.)-INDIA	 <b>Dr. Chander Shekhar</b> <sup>20/06/23</sup> Department of Physical Education, Swami Premchand College, Mukteswar, Haridwar (P.B.)-INDIA	 <b>Yogacharya Raman Kumar</b> <sup>20/06/23</sup> Organising Secretary Asian Yoga Federation, Director Haridwar Yoga, H.P. Yoga Association, Nalgazak, (H.P.)-INDIA
 <b>Dr. Laxmi Narayan Joshi</b> <sup>21/06/23</sup> Head and Dean Student Welfare, Uttarakhand Sanskrit University, Haridwar, (U.K.)-INDIA	 <b>Dr. Piyush Jais</b> <sup>20/06/23</sup> National Secretary, Physical Education Foundation of India, New Delhi-INDIA	 <b>Dr. Vinod Kumar</b> <sup>21/06/23</sup> Department of Physical Education, Govt. P.G. College, Jakhala, Bilaspur, (H.P.)-INDIA

**Organiser's:**

 <b>Patron</b> <b>Prof. (Sr.) Molly Abraham</b> Principal, St. Bede's College, Shimla (H.P.)	 <b>Convener</b> <b>Dr. Ashwani Kumar</b> Department of Physical Education, St. Bede's College, Shimla (H.P.)
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*Brochure*








*National Workshop on 'The Celebration of International Yoga Day' June, 19 to 21, 2023*

## **INTERNATIONAL WORKSHOP ON THE CELEBRATION OF INTERNATIONAL OLYMPIC DAY**

The Department of Physical Education organized an International Workshop on the theme of International Olympic Day “Let’s Move: For Daily Physical Activity” on June 26, 2023. The workshop was organized on the Google Meet platform. International speakers provided information to the participants on their respective topics. This activity aimed to make the students aware that the goal of celebrating International Olympic Day is to spread sports across the globe regardless of age, gender or athletic ability. Through this activity, students get motivated to participate and encourage people of all ages, genders, colours, castes etc. to participate in athletic events all over the world.






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 www.stbedescollege.in **Email:** [stbedescollege@gmail.com](mailto:stbedescollege@gmail.com)



## INTERNATIONAL WORKSHOP

### THE CELEBRATION OF INTERNATIONAL OLYMPIC DAY: 2023


**ONE EARTH      ONE FAMILY      ONE FUTURE**  
**THEME (IOD): "LET'S MOVE": "For daily physical activity"**  
 Citius, Altius, Fortius      June, 20, 2023  
 (Under the aegis of G20 & Indian Olympic Association)

Organised By:  
 Department of Physical Education,  
 St. Bede's College, Shimla (H.P.) INDIA


Link: <https://international-workshop-on-olympic-day-2023>  
 Monday, June 20, 11:00am - 12:30pm  
 Time zone: Asia/Kolkata (IST+5:30)  
 Google Meet Joining info:  
 Link: <https://meet.google.com/etef-qjta-tpi>

### *Brochure*


2023-24-25-26  
 2023-24-25-26  
 2023-24-25-26  
 2023-24-25-26  
 2023-24-25-26  
 2023-24-25-26




**Dr. J. A. Singh**  
 Director of Physical Education  
 St. Bede's College, Shimla  
 171002




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### *Brochure*

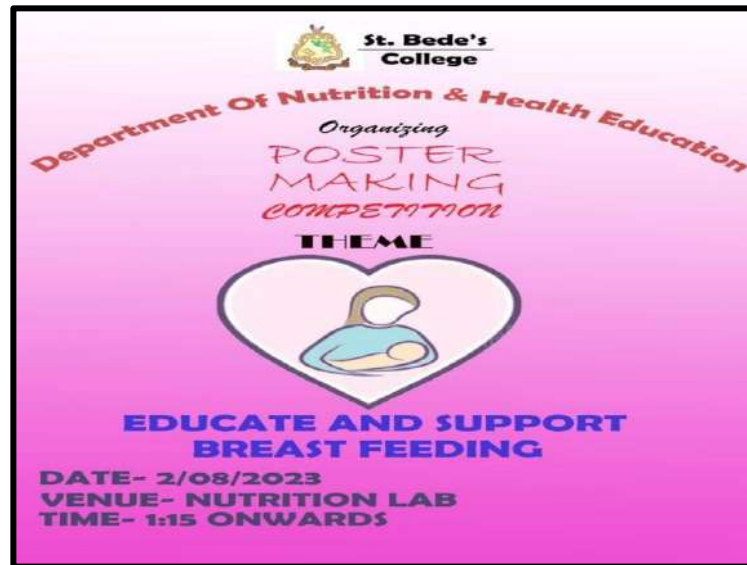




*Glimpse of the Celebration of International Olympic Day, June 26, 2023*

## **CELEBRATION OF WORLD BREASTFEEDING WEEK**

The Department of Nutrition and Health Education celebrated 'World Breastfeeding Week' with various activities conducted from 1<sup>st</sup> to 7<sup>th</sup> August 2023. The activities are as follows: a poster competition and an awareness program for pregnant and lactating women which were conducted in the Kamla Nehru Hospital, Shimla. The objective of the celebration is to raise awareness about breastfeeding. To understand the role of nutrition for pregnant women and lactating mothers. To assess the nutritional status of the lactating women. By the end of the week, the students successfully achieved the desired outcomes. They developed a comprehensive understanding of the role of a dietician in a hospital setting and the significance of nutrition for pregnant and lactating women. They acquired the knowledge and skills required to plan a well-balanced diet that meets the unique nutritional needs of expectant and new mothers. The participants clarified their doubts and were well appreciated. The students also got information on the Care Companion Program (CCP).



*Brochure*



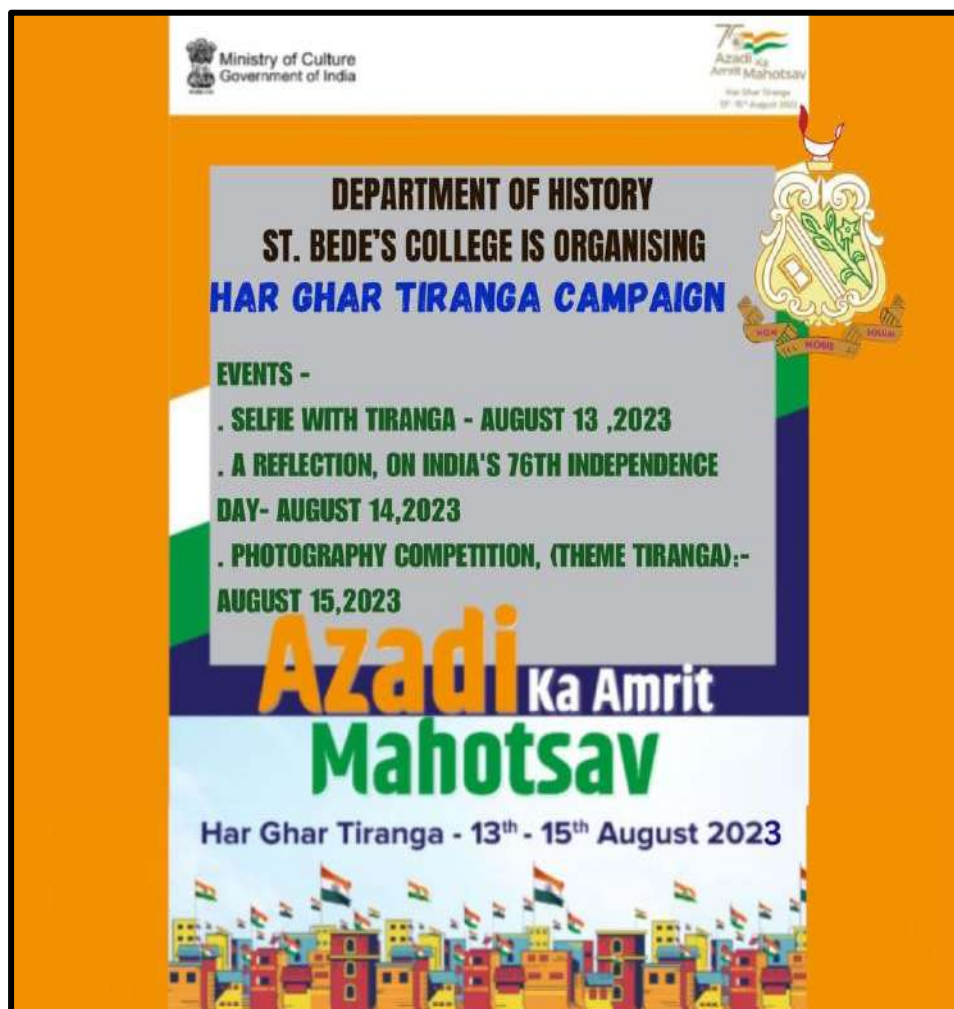
*Celebration of World Breast Feeding Week, 1<sup>st</sup> to 7<sup>th</sup> August 2023*





## HAR GHAR TRIANGA

The Department of History organized a plethora of events to celebrate the Har Ghar Trianga Campaign under the aegis of “Azadi ka Amrit Mahotsav” from August 13 to 15, 2023. The main objective of this campaign was to encourage more people to bring the Tiranga home and to hoist it to mark the 76<sup>th</sup> year of India’s independence. The initiative by the Department of History during the "Azadi Ka Amrit Mahotsav" celebration at St. Bede's College, Shimla, was met with immense enthusiasm and active participation by the students. These events not only celebrated India's 76th Independence Day but also fostered a deeper understanding of history, heritage, and the values that bind our nation together.



*Brochure*



*Har Ghar Trianga August 13 to 15, 2023*





## VISIT TO ARCHIVE SECTION OF THE COLLEGE LIBRARY

On August 29, 2023, students from the Department of Physics visited the archive section of the college library. The activity aimed to enhance students' understanding of historical and academic resources, fostering a deeper appreciation for the institution's rich heritage and intellectual evolution. During the immersive exploration of the Archive and ancient book section, students found themselves transported into a realm of historical knowledge and literary wonders. The visit underscored the importance of preserving our literary heritage and emphasized the value of tangible artefacts in an increasingly digital world.

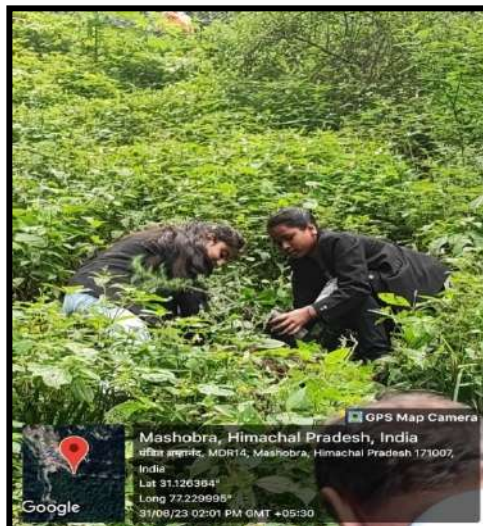


*Visit To Archive Section of College Library, August 29, 2023*



## TREE PLANTATION DRIVE IN COLLABORATION WITH MUNICIPAL COOPERATION SHIMLA

On August 31, 2023, a tree plantation drive took place in Municipal Ward 21 Dhalli Mashobra "Under the theme "Ek Buta Desh ke Naam". The initiative was jointly organized by the Geography Department of St. Bede's College Shimla and the Municipal Corporation Shimla. To enhance green cover, promote environmental consciousness, and foster community engagement in sustainable practices. The event witnessed the active participation of esteemed dignitaries. This event not only added 150 trees to the urban landscape but also raised awareness about the importance of trees and environmental stewardship among the citizens. It served as an example of how partnerships between educational institutions and local authorities can lead to positive change.



### Brochure



### Media Coverage of Tree Plantation Drive, August 31, 2023





### *Tree Plantation Drive, August 31, 2023*

## **FUEL FOR THE FUTURE**

The cooking competition was conducted on September 6, 2023, by the Department of Nutrition & Health Education in collaboration with the Commerce and Management Department. Keeping in mind the theme 'fuel for the future' students executed it by cooking healthy and interesting recipes on millets.



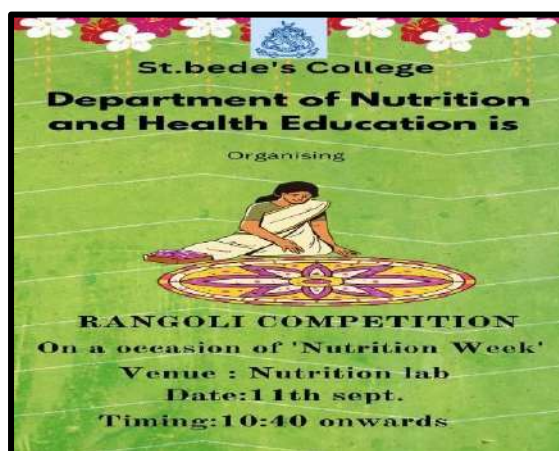
### *Brochure*



*Fuel for Future, September 6, 2023*

## RANGOLI COMPETITION

A Rangoli competition was held on 7<sup>th</sup> September, 2023 in the Department of Nutrition & Health Education. The students of Nutrition participated in the event and expressed their artistic talents by interacting beautiful designs of Rangoli. There was an interest and thinking created amongst students regarding (Entrepreneurial skills). This allows the students to express themselves and learn the cultural significance of Rangoli as a traditional Indian art form. Engaging in the competition allowed students to express their talents in cooking, artistic ability and creativity.



*Brochure*

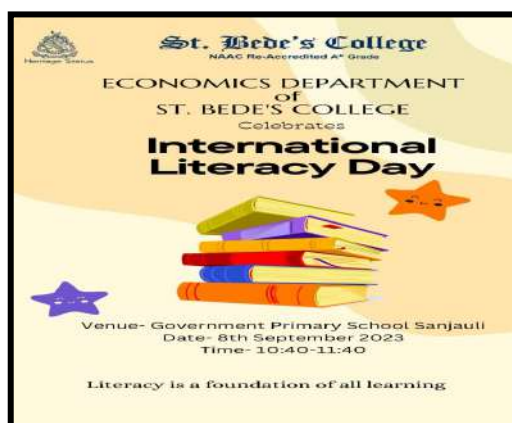




*Rangoli competition, 7<sup>th</sup> September, 2023*

## **WORLD LITERACY DAY**

On September 8, 2023, Celebration of World Literacy Day, the Economics Department at St. Bede's College Shimla orchestrated a meaningful excursion to kindle a passion for literacy and education among young learners. This collaborative initiative involved both faculty and students, converging at the Government School in Sanjauli, Himachal Pradesh, to create a lasting impact on students from LKG to 5th class. The primary objectives of this excursion were to promote literacy and educational awareness, emphasizing the importance of learning in personal and societal development. The excursion on World Literacy Day at the Government School in Sanjauli surpassed expectations, achieving its primary goal of promoting literacy and education awareness. Students, spanning from LKG to 5th class, not only gained insights into the significance of learning but also left with beaming smiles and newfound enthusiasm for education.



*Brochure*



*World Literacy Day on September 8, 2023*



*Celebration of World Literacy Day at the Government School in Sanjauli, September 8, 2023*





***Celebration of World Literacy Day at the Government School in Sanjauli, September 8, 2023***

**हिन्दी सप्ताह 2023 का आयोजन**

सेंट बीड्स महाविद्यालय के हिंदी विभाग ने हिंदी दिवस के अवसर पर हिंदी सप्ताह का आयोजन किया। 08 सितम्बर 2023 को छात्राओं को हिन्दी भाषा की महिमा को रेखांकित करने वाले पोस्टर बनाने के लिए प्रोत्साहित किया गया। छात्राओं को अपने सर्जनात्मक कौशल को विकसित करने की प्रेरणा देना। पोस्टरों में छात्राओं के रचनात्मक और बौद्धिक कौशल प्रदर्शित हुए।



छात्राओं द्वारा निर्मित हिंदी भाषा के महत्व को रेखांकित करता पोस्टर, 08 सितम्बर 2023

**हिंदी कथा लेखन और पर्यावरण संरक्षण: विचार एवं प्रक्रिया"** ('जी 20' और 'युवा मंथन 20' के तहत आयोजित

11 सितंबर 2023 को महाविद्यालय के संगोष्ठी कक्ष में हिंदी विभाग द्वारा **"हिंदी कथा लेखन और पर्यावरण संरक्षण: विचार एवं प्रक्रिया"** विषय पर एक अतिथि व्याख्यान महाविद्यालय की प्राचार्या, प्रो. सिस्टर मौली अब्राहम की उपस्थिति में आयोजित किया गया। छात्राओं ने अपने पर्यावरण को संरक्षित करने और सतत विकास के लिए विभिन्न समाधान तलाशने की उभरती आवश्यकता को समझा। छात्राओं ने हिंदी साहित्य के महत्व एवं प्रासंगिकता को रेखांकित किया। छात्राओं ने हिंदी में रचनात्मक लेखन में रुचि दिखाई और प्रख्यात लेखक से इस पर सलाह मांगी।





**"हिंदी कथा लेखन और पर्यावरण संरक्षण: विचारएवप्रक्रिया" 11 सितंबर 2023**

**विषय : "पर्यावरण एवं विकास एक दूसरे से परस्पर जुड़े हैं " एवं "शांति एवं सद्भावना देश के विकास के लिए ज़रूरी है"**

13 सितंबर, 2023 को हिंदी विभाग द्वारा "पर्यावरण एवं विकास एक दूसरे से परस्पर जुड़े हैं" विषय पर एक अन्तर्विद्यालय निबंध लेखन प्रतियोगिता और "शांति एवं सद्भावना देश के विकास के लिए ज़रूरी है" विषय पर एक अंतरयाननिबंध लेखन प्रतियोगिता का भी आयोजन किया। निबंध हिन्दी में लिखे गये थे। दोनों विषय युवामंथन 20 थीम के अंतर्गत दिए गए थे। प्रतिभागियों ने दिए गए विषयों पर गहन शोध के बाद अपने निबंध लिखे। इस प्रकार उन्होंने दोनों अवधारणाओं को विस्तार से समझा। छात्रों ने अपना निबंध हिंदी में लिखा और समसामयिक मुद्दों पर अपनी चिंता व्यक्त की। इस प्रकार, उन्होंने हमारे दैनिक जीवन को प्रभावित करने वाले विभिन्न मुद्दों को व्यक्त करने में सक्षम एक माध्यम भाषा के रूप में हिंदी के मूल्य को समझा।



अंतर्विद्यालय निबंध लेखन प्रतियोगिता के प्रतिभागी, 13 सितंबर, 2023



मीडिया की रिपोर्ट

ब्रोशर हिंदी सप्ताह 2023





## हिन्दी दिवस 2023 का आयोजन

14 सितंबर, 2023 को सेंट बीड्स महाविद्यालय, शिमला के हिंदी विभाग द्वारा हिंदी दिवस का भव्य आयोजन किया गया। समारोह में समूचे महाविद्यालय के प्राध्यापकगण, गैर शिक्षण अधिकारी तथा छात्राओं ने उत्साह पूर्वक भाग लिया। हिंदी दिवस समारोह G20 और Y20 2023 के उपलक्ष्य में "राष्ट्रीय एकीकरण और हिंदी" विषय के तहत मनाया गया, जिसके बीच आयोजित विभिन्न गतिविधियों में बी.ए, बीकॉम तथा डी.एल.एड.की छात्राओं ने बड़-चढ़कर भाग लिया। उन्होंने समारोह के सूत्रधार के रूप में, भाषण, प्रख्यात हिंदी कवि और स्वतंत्रता सेनानी 'अज्ञेय' पर पीपीटी, राष्ट्रीय एकता और हिंदी पर समूह नृत्य आदि प्रस्तुत किये। विभिन्न गतिविधियों के माध्यम से छात्राओं को हिंदी में खुदको अभिव्यक्त करने का एकमंच मिला। उन्होंने भारतीय संस्कृति की विरासत के रूप में हिंदी भाषा का प्रचार-प्रसार किया। छात्राओं ने अपने देश और विदेश में हिंदी के महत्त्व और उसकी महिमा को समझा।



राष्ट्रीय एकीकरण और हिंदी" थीम पर छात्राओं की नृत्य / भाषण प्रस्तुति

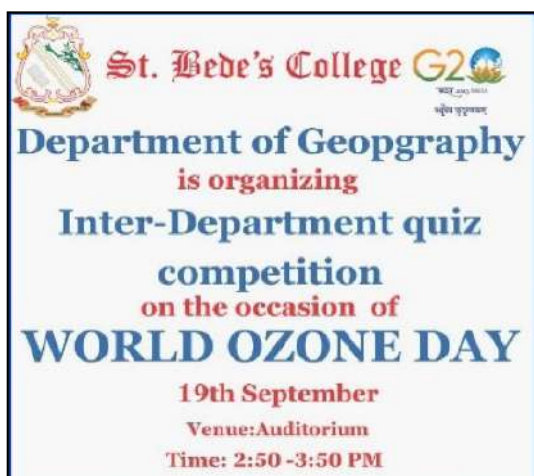


ब्रोशर हिंदी दिवस, 14 सितंबर, 2023



## QUIZ COMPETITION, OCCASION: WORLD OZONE DAY

On the occasion of World Ozone Day September 19, 2023, the Department of Geography organized an inter-departmental quiz competition under the theme “*Fixing the Ozone Layer and Climate Change*”. To sensitize the students about the importance of the ozone layer in the atmosphere and its negative impact on climate. The event concluded with a clear understanding of ozone layer depletion phenomena and other environmental concepts among the students. It was very informative not only for the participants but also to the general audience.



*Brochure and Quiz Competition, Occasion: World Ozone Day World Ozone Day September 19, 2023*

## INTER-INSTITUTE RESEARCH AND POWER-POINT COMPETITION

The Department of Geography, Centre of Excellence Govt. Degree College Sanjauli organised an inter-institute research and PowerPoint competition on September 20, 2023, on the theme “*Disaster in Himalayas: a call for introspection*”. The objective of this activity was to harness the collective expertise and creativity of participants to advance knowledge, raise awareness, and contribute to the development of effective strategies for mitigating the impacts of disasters in the Himalayas.

The competition served as a platform for knowledge sharing and collaboration among students, researchers, and professionals interested in understanding and mitigating the impacts of disasters in the fragile Himalayan ecosystem. Participants exchanged ideas, methodologies, and best practices, contributing to the collective effort to build resilience in the region.





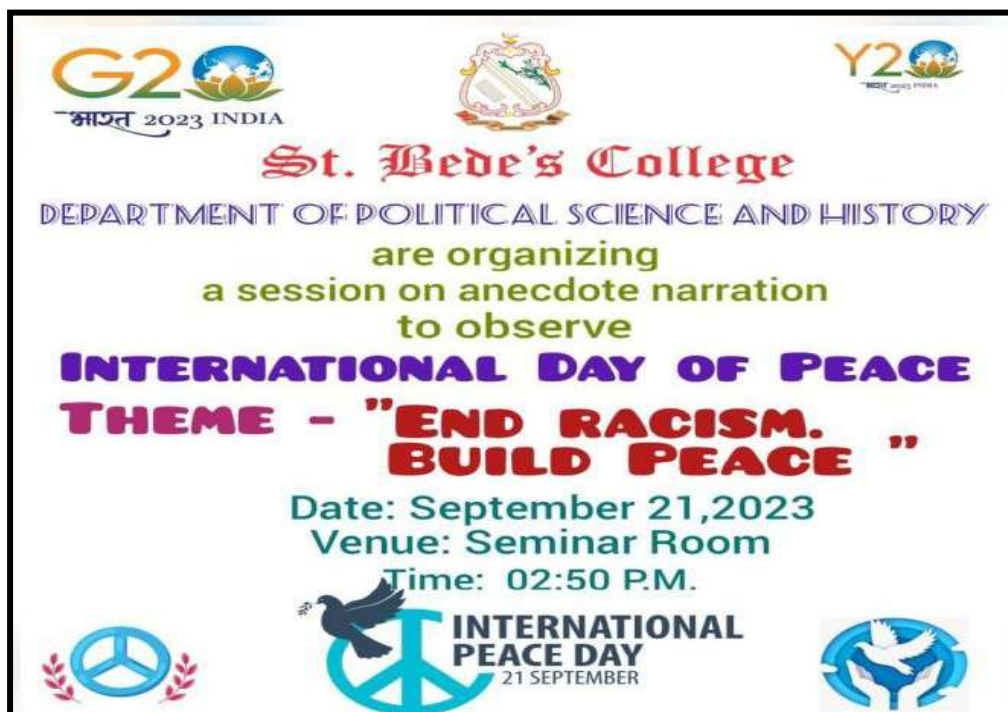
*Inter-Institute Research and Power-Point Competition, September 20, 2023*

**INTERNATIONAL DAY OF PEACE**

On September 21, 2023, the Department of History and Political Science organized a session on “Anecdote Narration” to observe the International Day of Peace based on the theme End Racism Build Peace”. The session aimed to harness the power of personal anecdotes to illuminate the impact of racism on individuals and communities while emphasizing the role each person plays in creating a more harmonious world. On September 22, 2023, the students and faculty participated in the Peace Rally, organized as a part of the celebration of the International Day of Peace from Sanjauli to Navbahar Chowk.



*Session on Anecdote narration, September 21, 2023*



*Brochure*



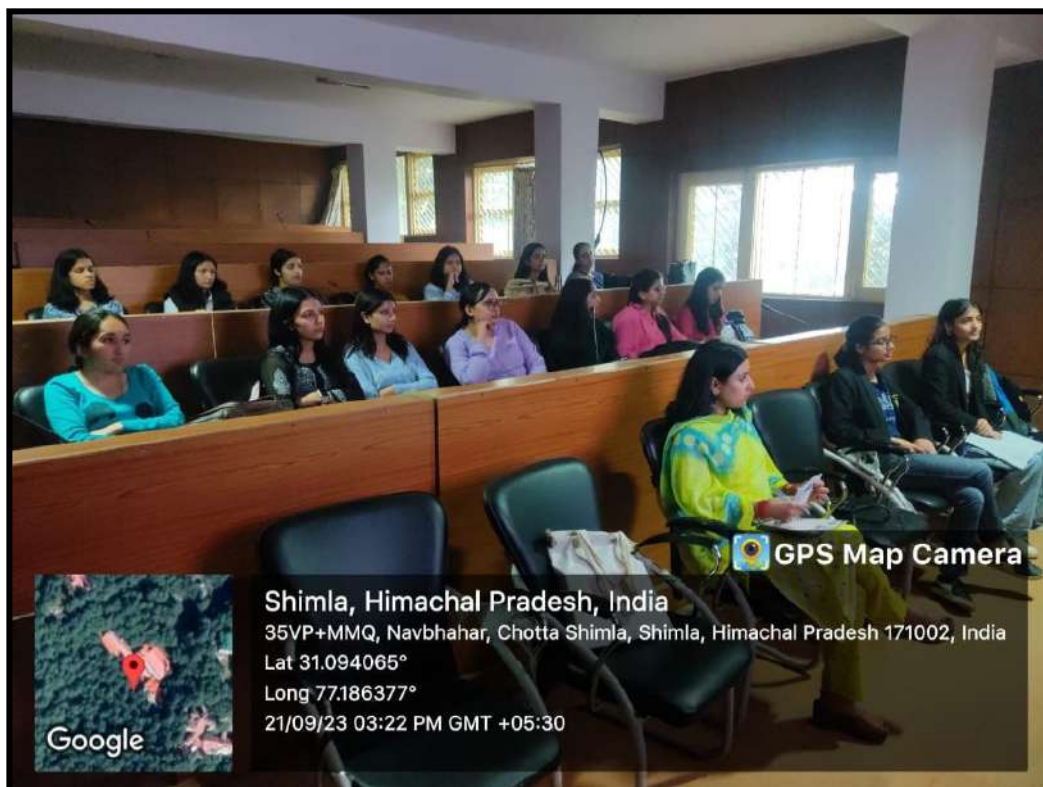


*Peace Rally from Sanjauli to Navbahar Chowk, September 22, 2023*



### **ANECDOTE NARRATION & RALLY TO OBSERVE “INTERNATIONAL DAY OF PEACE”**

The Department of Political Science and History organized a session on anecdote narration to observe “International Day of Peace”. It aimed to create awareness among the youth about the importance of peace and ways to avoid local, national international conflicts. On September 22, 2023, a rally was organized by the department which started from Sanjauli Chowk to Navbahar. The effort to sensitize and spread the message of harmony and peace was remarkable and the event ended on a successful note giving a message of peace and non-violence. It further emphasized the roles which different individuals, communities; institutions can play to create a harmonious world.



*International Day of Peace, September 22, 2023*

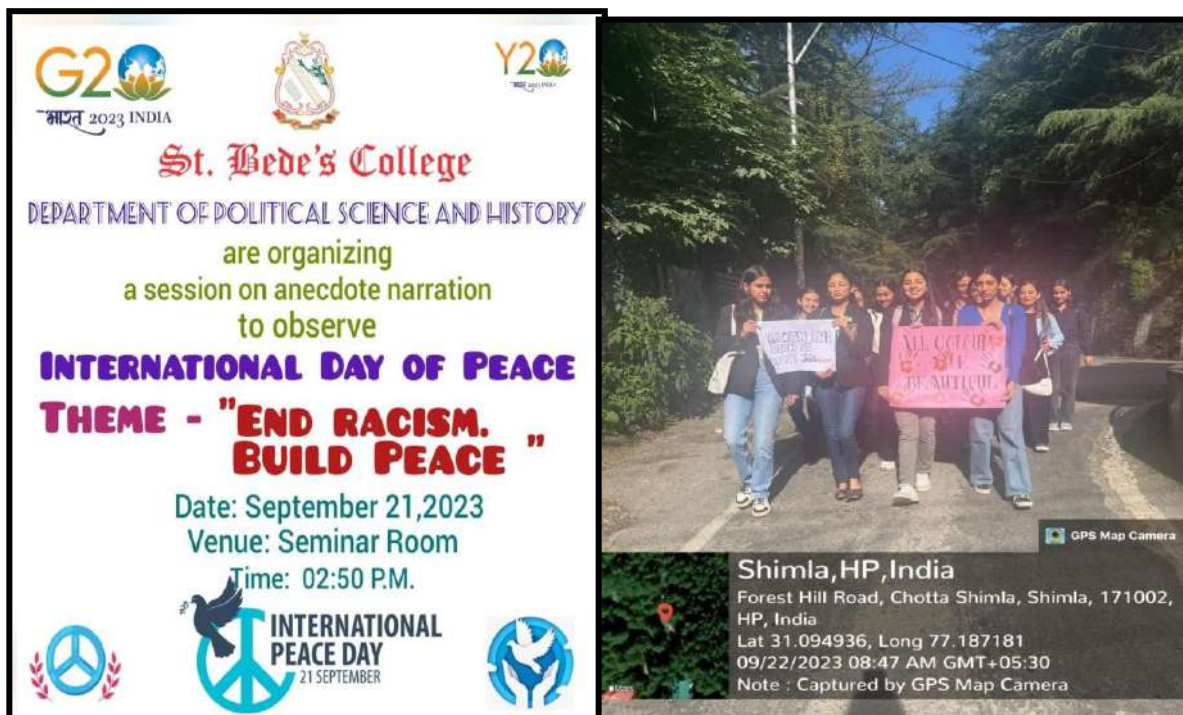
### **NATIONAL SEMINAR AT HIMACHAL STATE MUSEUM SHIMLA.**

On September 26, 2023, fifteen girls from the Department of History attended the National Seminar on “Tribal, Linguistic Landscape and their Traditional Knowledge System”, at Himachal State Museum, Shimla. It was truly an enriching and valuable experience for students. The students were encouraged to submit research papers that contribute to the academic discourse on tribal studies and linguistic diversity.





*Students of the History Department attended the National Seminar at Himachal State Museum September 26, 2023*



*International Peace Day Celebration, September 22, 2023*



## INTER COLLEGE POSTER MAKING COMPETITION RASHTRIYA POSHAN MAAH/ NATIONAL NUTRITION WEEK

On the occasion of Rashtriya Poshan Maah, the Department of Zoology RKMV Shimla organised an online inter-college poster-making competition on 27<sup>th</sup> September 2023. The theme for the competition was 'JUNK THE JUNK FOOD'. It allows participants to learn, develop their skills and share their talents with other students. Students can improve their talents and become more skilled in their chosen areas of interest via preparation, practice, and competition.



*Inter College Poster Making Competition Rashtriya Poshan Maah/ National Nutrition Week held  
on 27th September 2023*





*Rashtriya Poshan Maah, 27<sup>th</sup> September 2023*



## HEALTH AND PERSONALITY DEVELOPMENT CLASSES FOR SCHOOL CHILDREN

The College structured a development program on 'Health and Personality Development', for the students of Government Primary School, Sanjauli from September 29, 2023 (onwards) on Tuesday and Friday every week. The classes were organized to raise confidence, and strength and to build an optimistic personality of young children. The interaction also eliminates negative behaviour that hinders the growth and success of the students. These classes also created general awareness about health amongst the students of the school. The students were guided to develop good study habits and strengthen their interpersonal skills. They were also made aware of the importance of health and hygiene. As quality education is an important part of any student's life, these classes played a vital role in the overall development of school children.



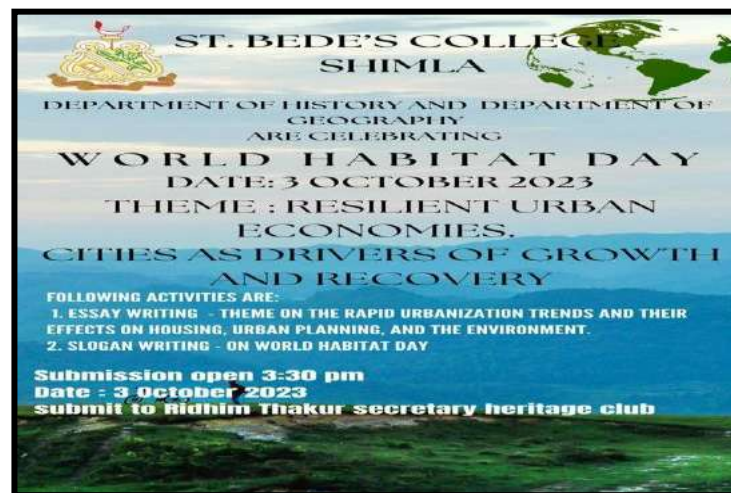
*Classes for School Children, September 29, 2023*



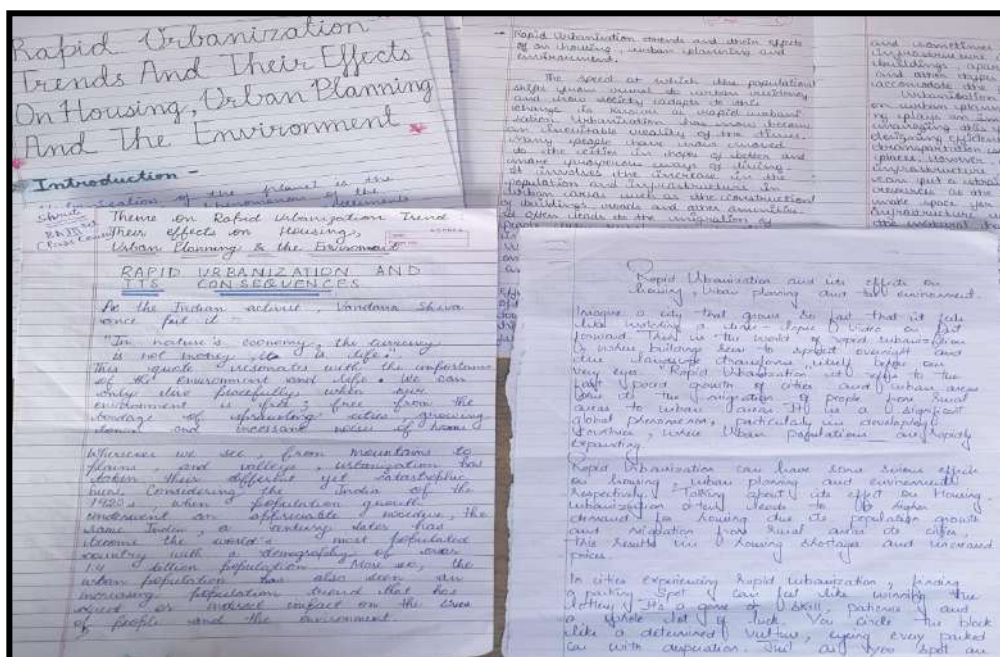


## WORLD HABITAT DAY

The Department of History in collaboration with the Department of Geography observed the World Habitat Day, on October 3, 2023, under the theme “Resilient Urban Economies-Cities as drivers of growth and recovery”. Essay and slogan writing competitions were organized. The primary objective of celebrating World Habitat Day was to raise awareness among students about the importance of adequate housing and sustainable urban development. It increased awareness of sustainable practices in housing and urban development among the students, leading to a more environmentally conscious mindset among students.



### Brochure

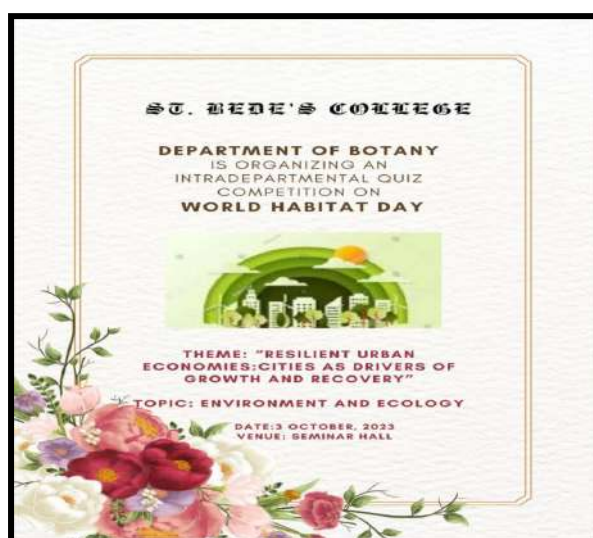


### Essay Writing Competition October 3, 2023

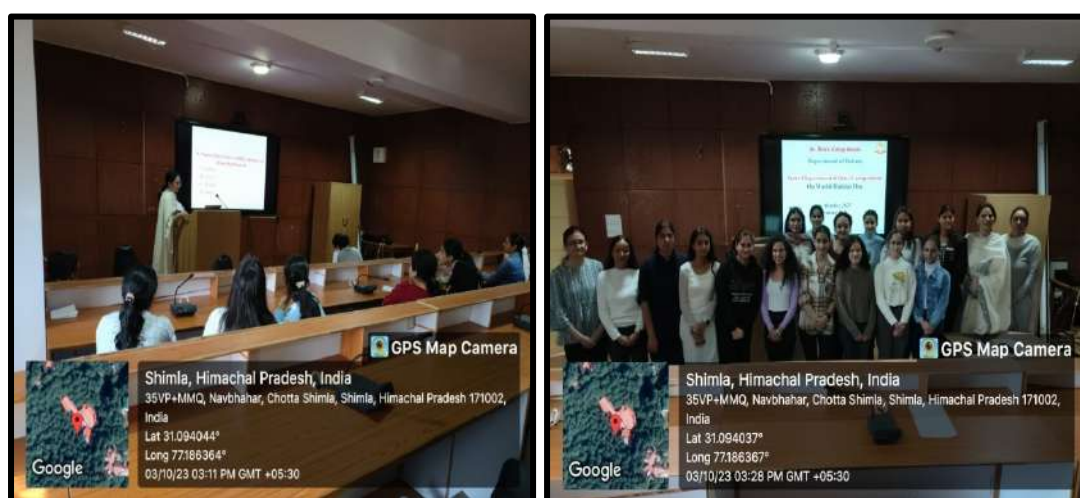


## INTRA-DEPARTMENT QUIZ COMPETITION ON WORLD HABITAT DAY

To celebrate World Habitat Day, on October 3, 2023, the Department of Botany at St. Bede's College organized an intra-department quiz competition focusing on the topic 'Ecology and Environment'. This initiative aimed to enhance the understanding of our environment and its significance in the context of sustainable habitat. Participants and attendees gained a deeper understanding of the global challenges related to habitat conservation and sustainable development. The quiz competition also encouraged participants to think critically and creatively about environmental issues.



*Brochure*



*Intradepartmental Quiz on World Habitat Day, October 3, 2023*





## **AWARENESS TALK ON PSYCHOLOGICAL DISORDERS**

An extension activity on psychological disorders was conducted on October 6, 2023, at Government Senior Secondary School, Shimla. An awareness talk was conducted by the final year psychology honours students, on topics such as bullying, exam anxiety, depression and drug and substance abuse. A few relaxation techniques were also taught by Cherie Sharma. The motive of the awareness talk was to make the students understand various signs and symptoms of different disorders and to empower them, to deal with psychological disorders effectively. Students gained a comprehensive understanding of various psychological disorders, including their symptoms, causes, and impact. This increased knowledge helps in recognizing mental health issues within themselves and others.

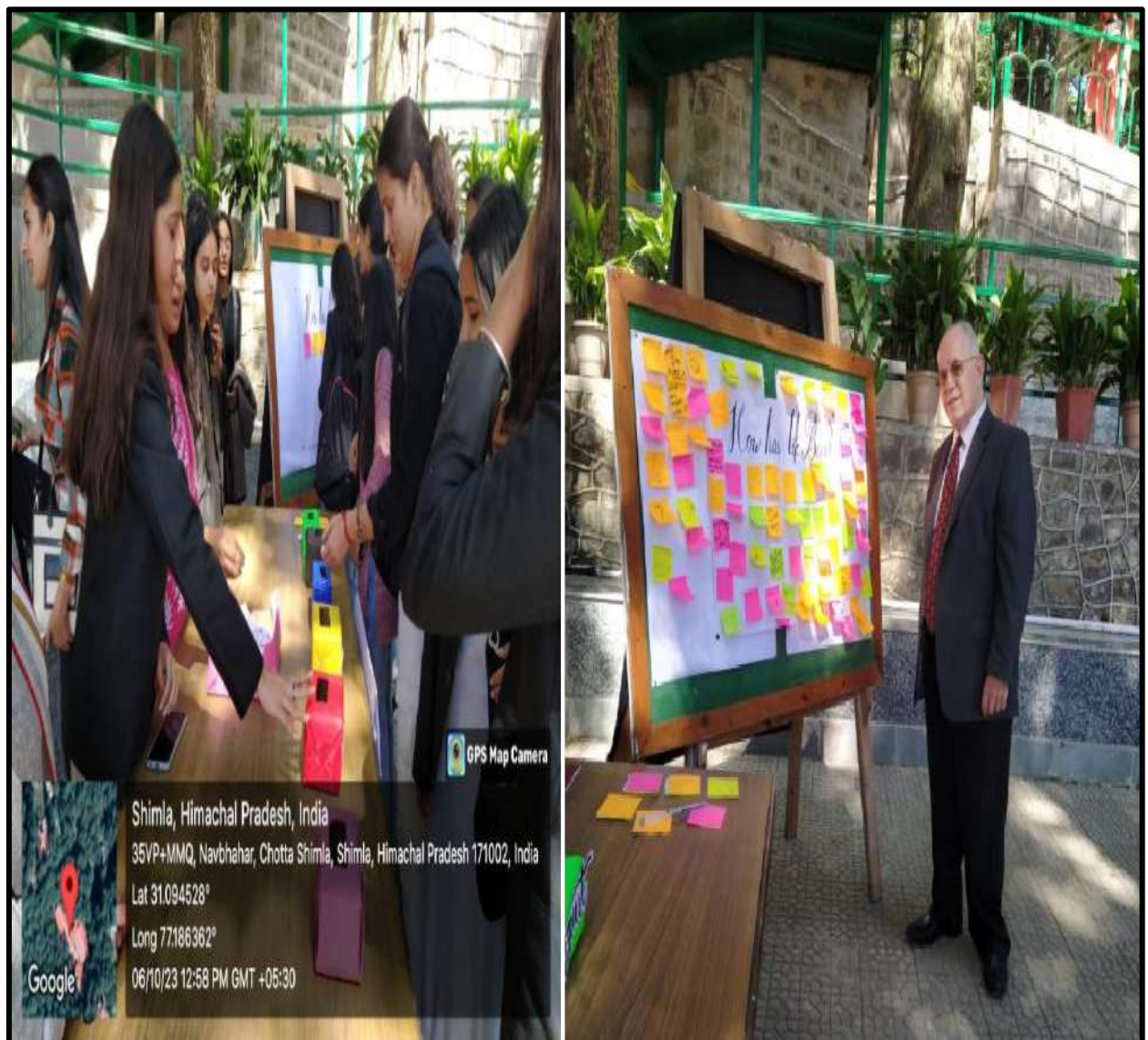


***Talk on Bullying, Exam Anxiety, Drug and Substance Abuse, October 6, 2023***



### **“EXPRESSION OF EMOTIONS” SURVEY:**

To examine the different types of emotions experienced by college students and teachers and to spread awareness about the importance of understanding one’s own emotions. On the occasion of World Mental Health Day, the Department of Psychology organized a survey on October 6, 2023. The students and teachers of college were the subjects for this study. Six basic emotions given by Psychologist, Paul Ekman, i.e. fear, anger, happiness, sadness, disgust, and surprise, were used as the base for the survey. Participants gained a deeper understanding of the range of emotions they experience, including joy, anger, sadness, fear, and surprise. This increased awareness helps individuals recognize and name their emotions accurately.



*Students and Teachers Participating in the Survey, October 6, 2023*





## WORLD MENTAL HEALTH DAY CELEBRATION

The Department of Psychology celebrated 'World Mental Health Day' on October 10, 2023. The theme of the year was 'Mental Health as a Universal Human Right'. The objective was to celebrate World Mental Health Day and to spread awareness on the theme, 'Mental Health as a Universal Human Right'. The entire event was a fruitful result of the consistent efforts put in by the students of the department in planning and executing various segments of



the event.

*'World Mental Health Day' Celebration, October 10, 2023*



## THOUGHT-PROVOKING SESSION ON 'INTERNATIONAL DAY OF GIRL CHILD'

The Department of Biotechnology of St. Bede's College organized a thought-provoking session was organized on the 'International Day of Girl Child' on October 11, 2023. The theme for the session was 'Invest in Girls' Rights: Our Leadership, Our Well-being'. Students from B.Sc. (Hons). Biotechnology shared their views on the range of movements and actions to curtail girls and women's rights and roll back progress on gender equality. The session instilled values and helped the students to become responsible human beings. It encouraged students to imbibe the qualities of self-acceptance as well as self-worth.



### Brochure



### Glimpse: International Day of Girl Child, October 11, 2023





## POSTER MAKING AND AWARENESS RALLY

On October 13, 2023 an awareness rally and poster-making competition on disaster risk reduction was organized. The objective of organizing an awareness rally and poster-making competition on 'Disaster Risk Reduction Day' was to promote a culture of safety, resilience and proactive action in the face of disaster. The outcome is to contribute to increasing awareness among participants and the wider range of the community about the importance of Disaster Risk Reduction Day.



*Awareness rally with posters at the main gate of the college, October 13, 2023*



सेंट बीड्स कॉलेज में आपदा पर करवाई पोस्टर स्पर्धा  
शिमला। राजधानी के सेंट बीड्स कॉलेज के भूगोल विभाग ने अंतरराष्ट्रीय  
आपदा जोखिम न्यूनिकरण दिवस के मौके पर प्रदेश के आपदा प्रबंधन  
प्राधिकरण के सहयोग से पोस्टर मेकिंग प्रतियोगिता का आयोजन किया। इसमें  
कॉलेज की छात्राओं ने भाग लिया। छात्राओं ने अपने चित्रों के माध्यम से आपदा  
को कम करने के तरीके सुझाए, जिसमें सुरक्षित भवन निर्माण, अवैध खनन  
को रोकने और पर्यावरण को बचोते हुए विकास की राह पर आगे बढ़ने का  
संदेश दिया। छात्राओं ने नवब्रह्म में जागरूकता रैली निकाली। ब्यूरो

*Media coverage of the event, October 13, 2023*

### **"BRUSHING COLORS ON POVERTY: A CREATIVE ODYSSEY FOR AWARENESS"**

In line with the mission to foster awareness about poverty, the Economics Department organized a Poster/Sketching/Cartoon Making Competition on October 14th, 2023. This dynamic activity aimed to challenge students to blend creativity and skills, transforming their artwork into a compelling and imperative message on poverty. The active participation of students was instrumental in the success of this impactful event. The primary objective of the competition was to create awareness about poverty among college students, prompting them to use their artistic talents to convey a poignant message. The theme, "Dignity for all in practice," was chosen to align with International Poverty Eradication Day, 2023. The active participation of students demonstrated their commitment to addressing social issues through creative expression. By challenging participants to infuse their artwork with a meaningful message, the competition successfully engaged students in the broader conversation about poverty awareness. The event, aligned with International Poverty Eradication Day, provided a unique opportunity for students to contribute to a cause greater than themselves.





*Brochure*



*International Poverty Eradication Day, October 14th, 2023.*

## **"EMPOWERING MINDS: PUBLIC SENSITIZATION ON POVERTY ALLEVIATION INITIATIVES"**

On October 15, 2023, in a proactive initiative, students of the Department undertook the responsibility of sensitizing the general public about the diverse poverty alleviation schemes launched by the Government of India. With the overarching objective of creating awareness about the distressing state of our nation in terms of the percentage of the population living below the poverty line, this activity aimed to bridge the information gap and cultivate a collective understanding of poverty-related challenges. The primary objectives were to assess the public's knowledge about poverty and government alleviation programs, provide information in a comprehensible manner, and instill empathy by elucidating the root causes and consequences of poverty. The engagement involved elucidating the root causes and consequences of poverty, fostering a deeper understanding among the public. Various poverty alleviation schemes were highlighted, including MGNREGA, Integrated Rural Development



Program, Pradhan Mantri Jan Dhan Yojana, National Food for Work Programme, Pradhan Mantri Gramin Awas Yojana, etc. The activity proved to be a major success, attributed to the enthusiasm and dedication displayed by both the students and the public. By conveying information in a relatable manner, the initiative not only increased awareness about poverty alleviation schemes but also empowered individuals with insights into the challenges faced by their less fortunate counterparts.



***Empowering Minds: Public Sensitization on Poverty Alleviation Initiatives on October 15, 2023***

**COLLECTION AND DISPOSAL OF FOOD WASTE THROUGH COMPOSTING ON 'WORLD FOOD DAY'**

On October 16, 2023, on the occasion of World Food Day the students of the Department of Biotechnology of St. Bede's College collected food waste and other organic waste from the college canteen and disposed them off in the composting site of the college. Recycling food and other organic waste into compost provides a range of environmental benefits, including improving soil health, reducing greenhouse gas emissions, recycling nutrients, and mitigating the impact of droughts.





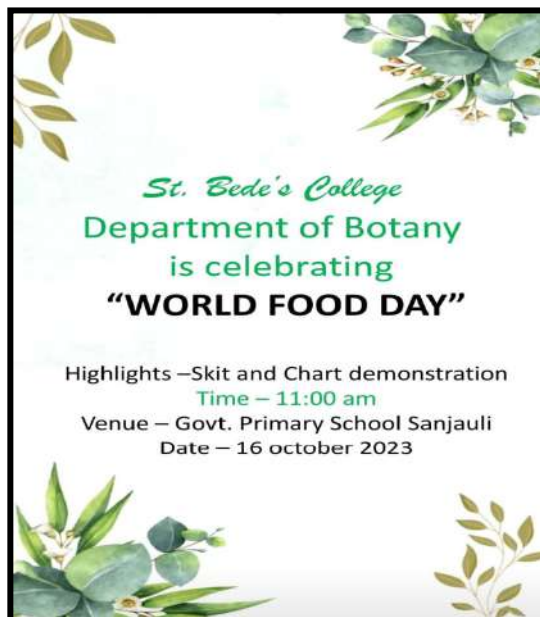
### *Brochure*



### *World Food Day Celebration, 16 October 2023*

## **WORLD FOOD DAY CELEBRATION**

The students of M.Sc.-Botany of St Bede's College went to the Government primary school Sanjauli on 16 October 2023 to celebrate World Food Day. The theme for World Food Day 2023 was 'Water is life, water is food'. Leave no one behind." This theme emphasized the crucial role of water in sustaining life on Earth and its connection to food sources. The activity motivates schoolchildren to eat healthy food and spread awareness about water conservation.



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*News Cutting*



*World food day celebration, 16 October 2023*

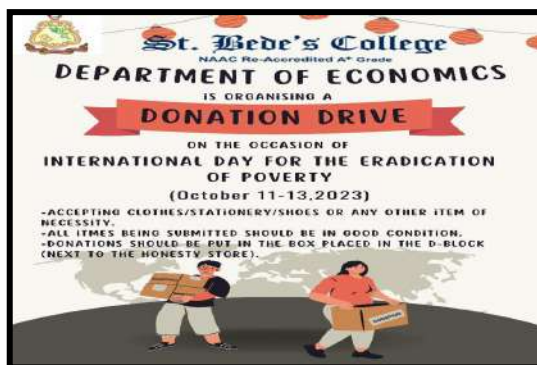
## "GIFTS OF COMPASSION: ST. BEDE'S COLLEGE ECONOMICS DEPARTMENT DONATION DRIVE"

On October 16th, 2023, the Economics Department embarked on a heartwarming journey through a donation drive, encouraging students to contribute essential items between October 11-13th for the benefit of the less fortunate. This extension activity aimed not only to provide support to those in need but also to instil in students the virtue of giving, fostering a sense of community and empathy for the underprivileged. The primary objectives were to cater to the





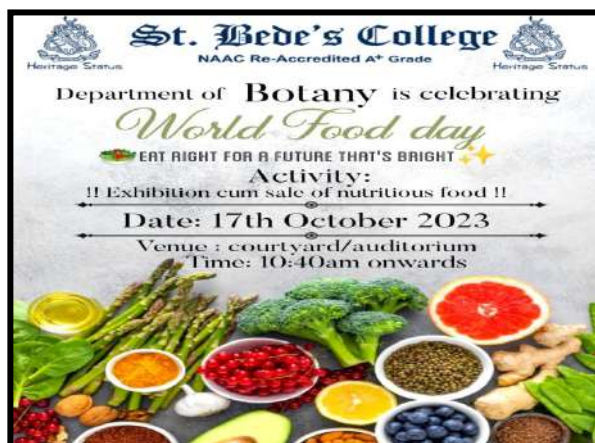
needs of the less fortunate by collecting and distributing essential items and to cultivate a spirit of generosity and community service among the students. This unique opportunity for students to volunteer and engage in community service left a lasting impact. It provided them with a renewed perspective on life, fostering gratitude for their blessings and reinforcing the value of compassion.



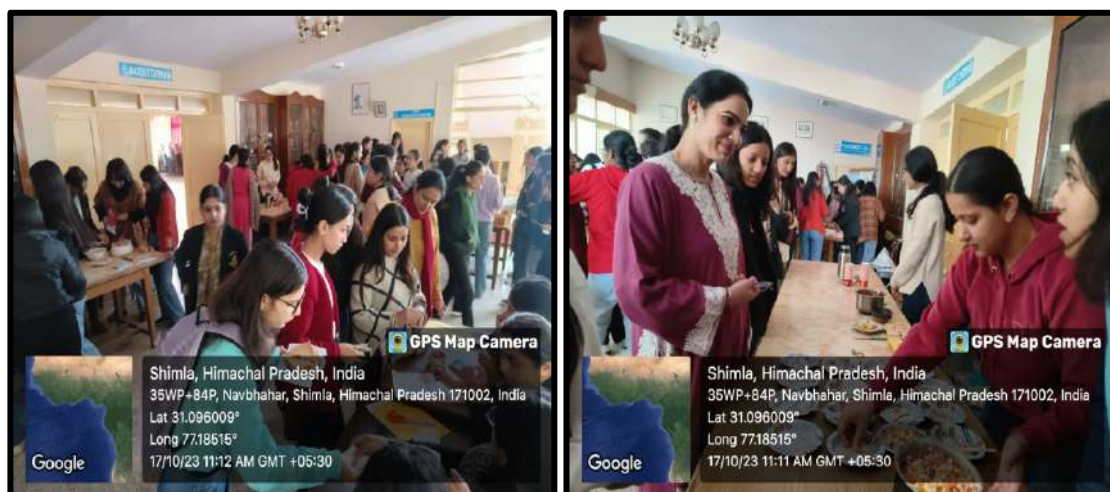
*"Gifts of Compassion: St. Bede's College Economics Department Donation Drive"*  
*October 16, 2023*

### **EXHIBITION CUM SALE OF NUTRITIOUS FOOD (WORLD FOOD DAY CELEBRATIONS)**

On the occasion of World Food Day, on October 17, 2023 students of B.Sc. Botany organized an Exhibition Cum Sale of Nutritious Food to raise awareness about the importance of nutritious and healthy food. The theme for the event was "Eat Right for a Future Bright" which focused on promoting the importance of dietary choices on health and overall well-being. Food items like Protein Salad, Channa Chaat, Brown Bread Sandwiches, Ginger tea etc. were sold by the students. The event raised awareness about nutritious food and provided a platform for understanding how dietary choices can impact the future of an individual. Students of B.Sc. Botany gained hands-on experience and knowledge of healthy food preparation.



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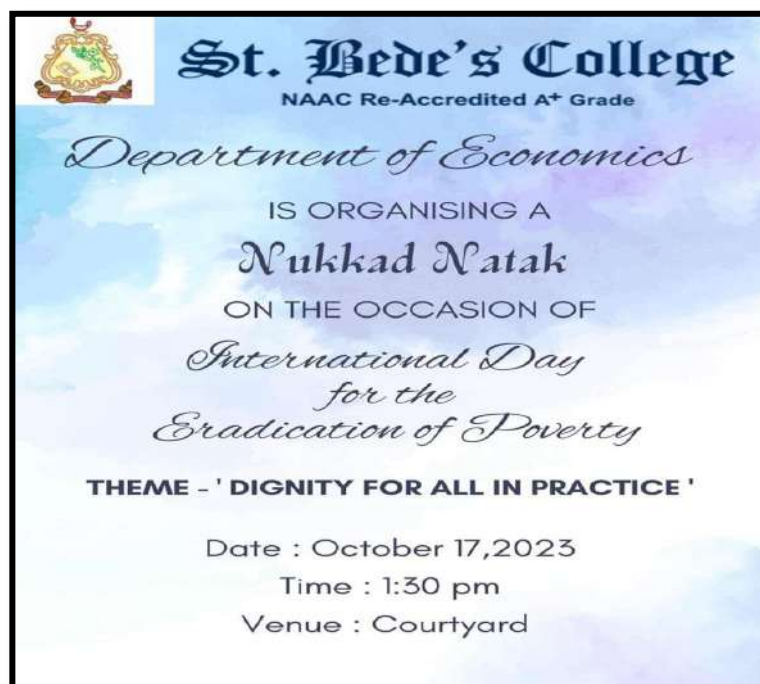


*World Food Day Celebration, October 17, 2023*

## "BEYOND THE PPT: A DYNAMIC SHOWCASE FOR POVERTY ERADICATION WEEK"

On October 17, 2023, the students of the Economics Department showcased their commitment to addressing poverty during the 'Poverty Eradication Week' through a multi-faceted approach. The day featured a PowerPoint Presentation, offering valuable insights into the complex concepts of poverty, and a captivating Nukkad Natak (street play) at 1:30 pm in the college courtyard. These activities aimed to raise awareness and provoke thought on the pressing issue of poverty. The primary objectives were to provide students with a comprehensive understanding of poverty-related concepts through the PowerPoint Presentation and to engage the public in a thought-provoking dialogue on poverty through the Nukkad Natak. The dynamic showcase achieved its objectives by providing students with a holistic understanding of poverty-related concepts and engaging the public in a powerful dialogue through the Nukkad Natak. The audience was not only entertained but also inspired to consider their responsibilities toward combating poverty.





### *Brochure*



***"Beyond The PPT: A Dynamic Showcase For Poverty Eradication Week" On October 17, 2023***



## SESSION ON THE IMPORTANCE OF GUIDANCE AND COUNSELLING IN STUDENT'S LIFE

The Department of Psychology organized a brief session on October 19, 2023, with the counsellor of the institution, Dr. Taruna Kaushal. The objective of this session was to explain how guidance and counselling can be important and helpful in a student's life. Participants gained a clear understanding of how counselling can help with various personal, academic, and career-related issues. This includes managing stress, dealing with personal problems, improving study habits, and making informed career choices.



*Brochure and Power Point Presentation by the Counsellor, October 19, 2023*

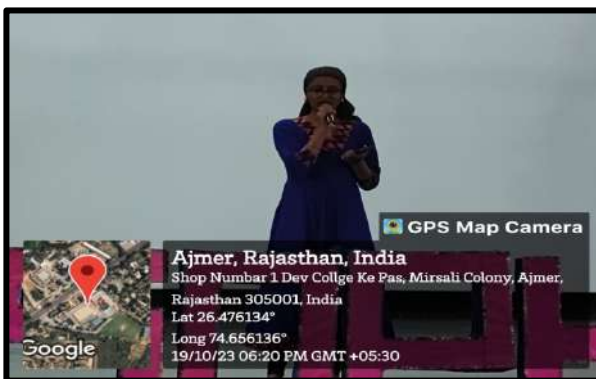
## FIELD SURVEY (2023-24)

On October 19-23<sup>rd</sup> October 2023, a student exchange program between the Department of Geography St. Bede's College, Shimla and Sophia Girls' College, Ajmer was organized. Students from the Department of Geography of St. Bede's College, Shimla went to Ajmer for the student exchange program.



*Faculty of St. Bede's College and Sophia Girl's College, October 19, 2023*





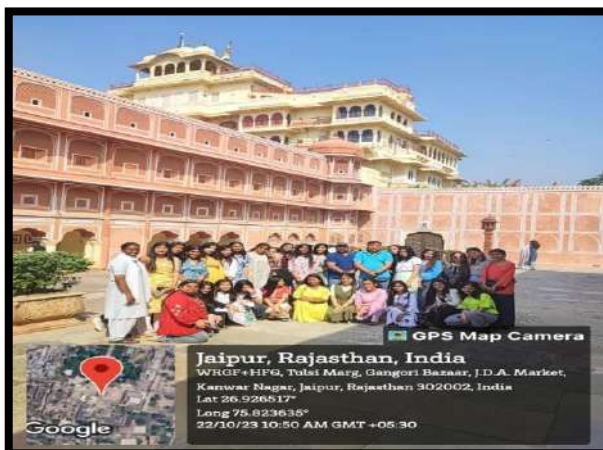
*Students while performing a folk dance of Himachal Pradesh October 19, 2023*



*Students of St. Bede's College and Sophia Girls' exploring Barefoot College at Tilonia October 20, 2023*



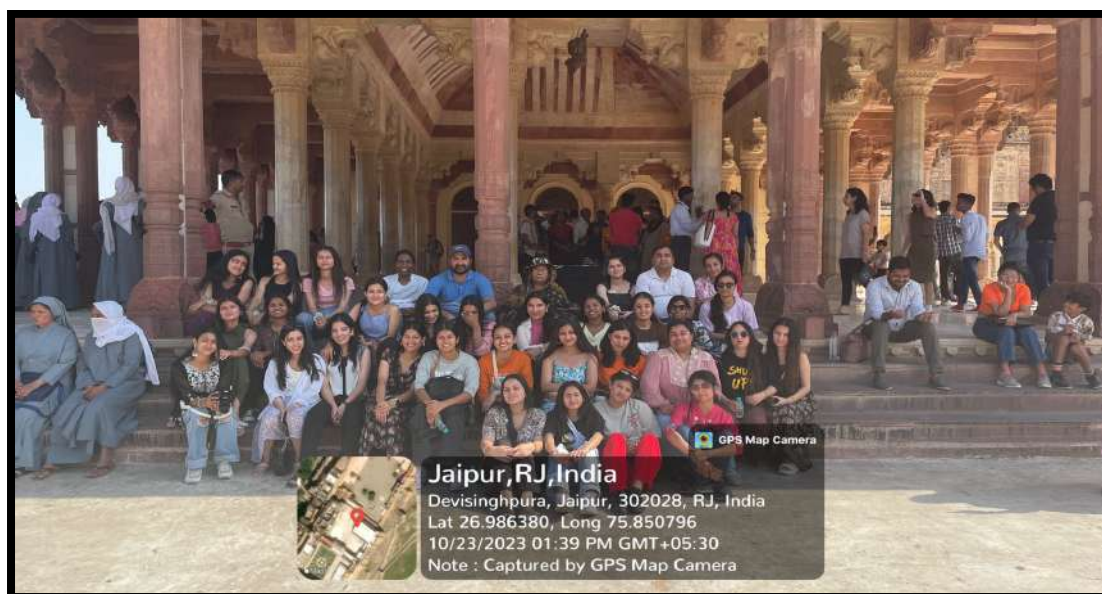
*Students while taking survey from the locals, October 20, 2023*



*Field visit to City Palace, 22nd October, 2023*



*Instrument Jai Prakasha Yantra used for observing the position of the sun, ascendants and other heavenly bodies, 22nd October, 2023*



*Visit to Amer Fort, 23rd October, 2023*





## "FORTIFYING FUTURES: SAVINGS DAY CELEBRATION AT ST BEDE'S COLLEGE"

On October 30, 2023, the Economics Department celebrated Savings Day. With a focus on cultivating financial prudence and philanthropy, the event aimed to instil an understanding of the importance of saving money among students. This day served as a beacon of financial enlightenment, encouraging students to adopt prudent financial habits and contribute to noble causes through savings. The primary objective was to impart knowledge about the significance of saving money, instil prudent financial habits, and highlight the role of savings in personal finance management, investments, and charitable giving. The Savings Day celebration proved to be an overwhelming success, marked by its educational value and inspirational impact on the participating students.



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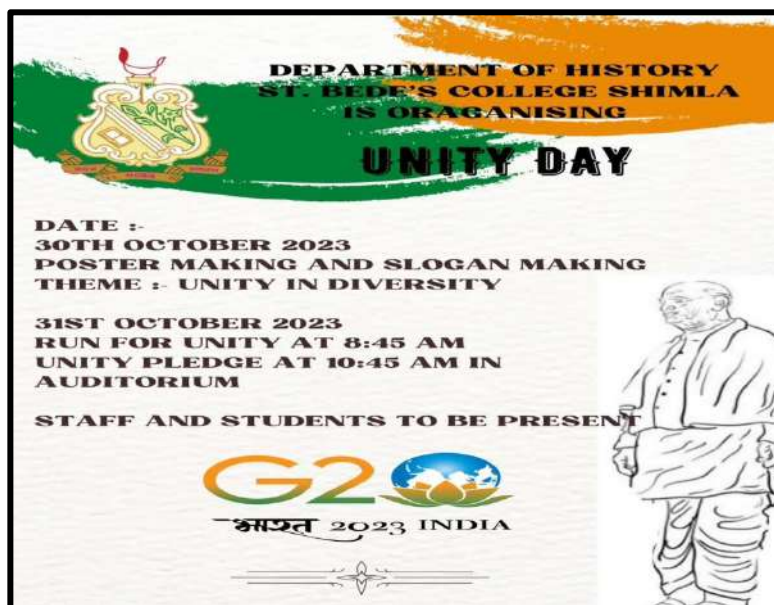


*"Fortifying Futures: Savings Day Celebration at St Bede's College" October 30, 2023*



## NATIONAL UNITY DAY

On October 31, 2023, History Department celebrated the National Unity Day with great zeal to commemorate the birth anniversary of Sardar Vallabh bhai Patel. The main objective of the celebrations of National Unity Day was to boost National Unity and spread awareness about Sardar Vallabh Bhai Patel's contribution to the country. The celebrations emphasize the importance of unity in diversity. Students gain insights into the historical context and significance of National Unity Day



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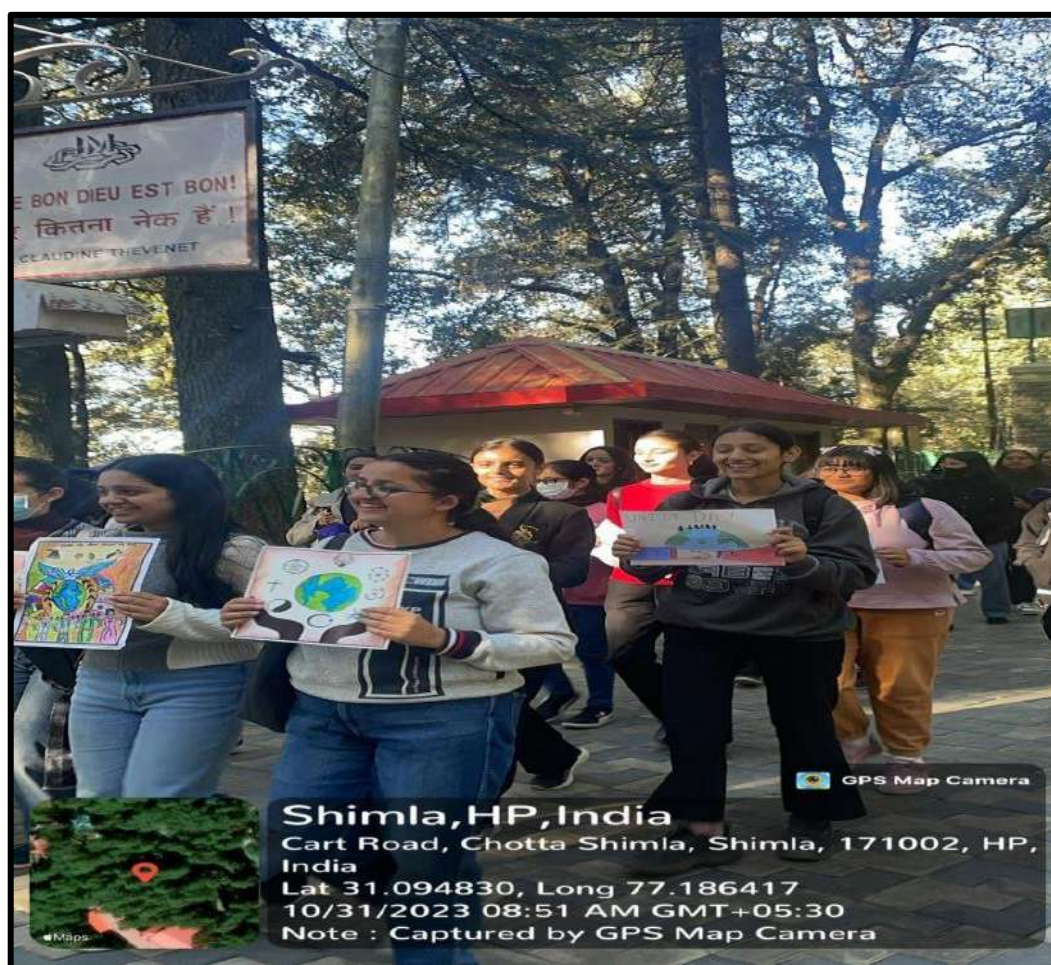


*Unity Pledge*





*Poster & Slogan Writing Competition*



*Unity Run, October 31, 2023*



### EXTENSION ACTIVITY: “NURTURING THE ABANDONED: SPREADING SMILES”

The Department of Political Science organised an extension activity on November 04, 2023, under which, the students visited Namgyal Monastery, an Old Age Home situated at Sanjauli. The purpose of this activity was to promote social responsibility among students and create a sense of empathy towards the elderly members of our society who are abandoned by their children and families. The initiative also aimed to offer companionship to the elderly people and foster an inter-generational understanding thus creating a positive impact on the lives of elderly residents



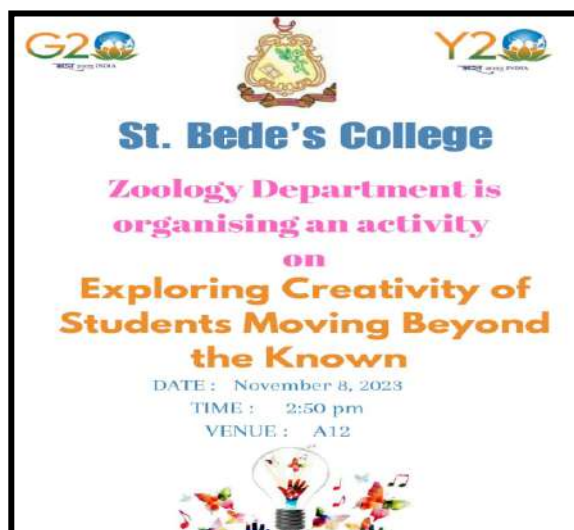
*Extension Activity “Nurturing the Abandoned: Spreading Smiles”*



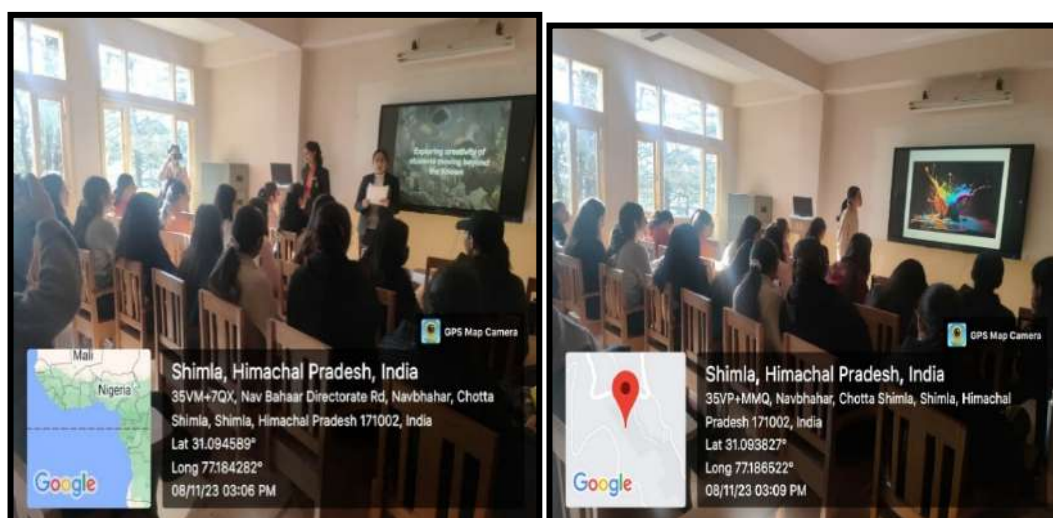


## EXPLORING CREATIVITY OF STUDENTS: MOVING BEYOND THE KNOWN

The Department of Zoology organised an event on November 8, 2023, with a theme, “Exploring Creativity of Students: Moving Beyond the Known”. It focused on fostering students' creativity and improvisational skills. The goal was to encourage spontaneous thinking and boost confidence in expressing ideas on the spot. The session began with a discussion on the importance of spontaneity and creativity in effective communication. The event showcased diverse viewpoints and innovative interpretations, highlighting the students' varied ways of thinking.



*Brochure*



*Exploring Creativity of Students (November 8, 2023)*



## DIWALI CELEBRATIONS WITH DIFFERENTLY-ABLED STUDENTS

Students of the Department of Computer Science visit Udaan school for differently abled students on November 9, 2023, for Diwali celebrations. Students had an interactive session with school students on day-to-day activities. Students interacted with the students through games and charts that helped school children to understand daily activities more efficiently. Students distributed sweets and gifts to school children. The objective of the tour was to provide our students an insight into the unique educational environment of the school and interact with the students and teachers. It was an attempt to inculcate a sense of responsibility among the college students. The enthusiasm and determination of the specially-abled students was a source of inspiration for the college students



*Brochure*

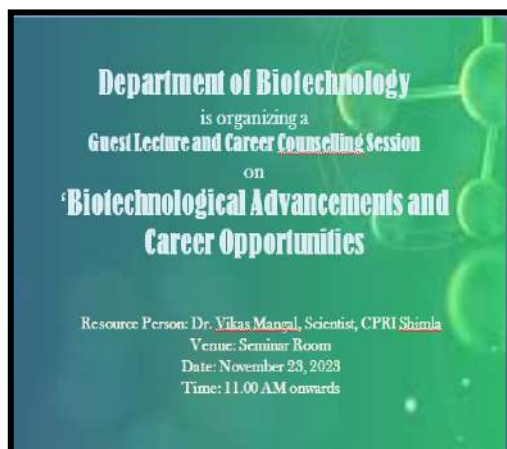


*Diwali Celebrations, November 9, 2023*

## CAREER COUNSELING SESSION AND GUEST LECTURE ON 'BIOTECHNOLOGICAL ADVANCEMENTS AND CAREER OPPORTUNITIES

A career counselling session and a guest lecture were organised by the Department of Biotechnology on November 23, 2023. The resource person was Dr. Vikas Mangal, Scientist, CPRI Shimla. Dr. Vikas Mangal enlightened the students on the recent developments in the field of molecular breeding and genetic engineering and their benefits to society. Through this activity, students were made aware of the various career options after graduation in biotechnology. The students learnt the various concepts of genetic engineering and molecular breeding



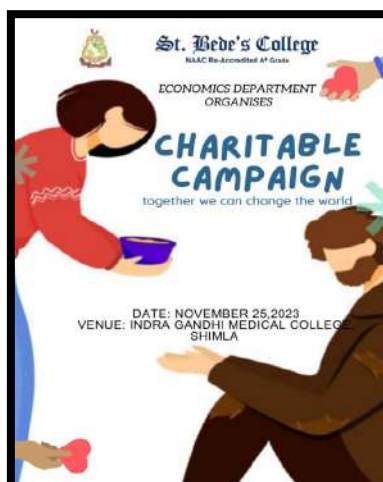


*Brochure*

*A Career Counseling Session, November 23, 2023*

## "SEEDS OF CHANGE: A CHARITABLE OUTREACH BY THE ECONOMICS DEPARTMENT"

On November 24, 2023, the Economics Department demonstrated its commitment to social responsibility by conducting a community outreach activity at Indira Gandhi Medical College, Shimla. This benevolent initiative, conducted under the banner of "Seeds of Change," aimed to make a meaningful impact on the lives of individuals at the Cancer Hospital, IGMC. To engage in social service by contributing essential grocery items and serving langar at the Cancer Hospital, IGMC. Also to instill empathy, compassion, and a sense of gratitude among students through direct involvement in community service. The "Seeds of Change" community outreach activity at the langar service, IGMC Shimla, was a resounding success. The event not only achieved its primary objectives of social service but also left a lasting impact on the participating students. The engagement fostered a sense of responsibility and ignited a fiery zeal among students to contribute towards humanitarian aid.



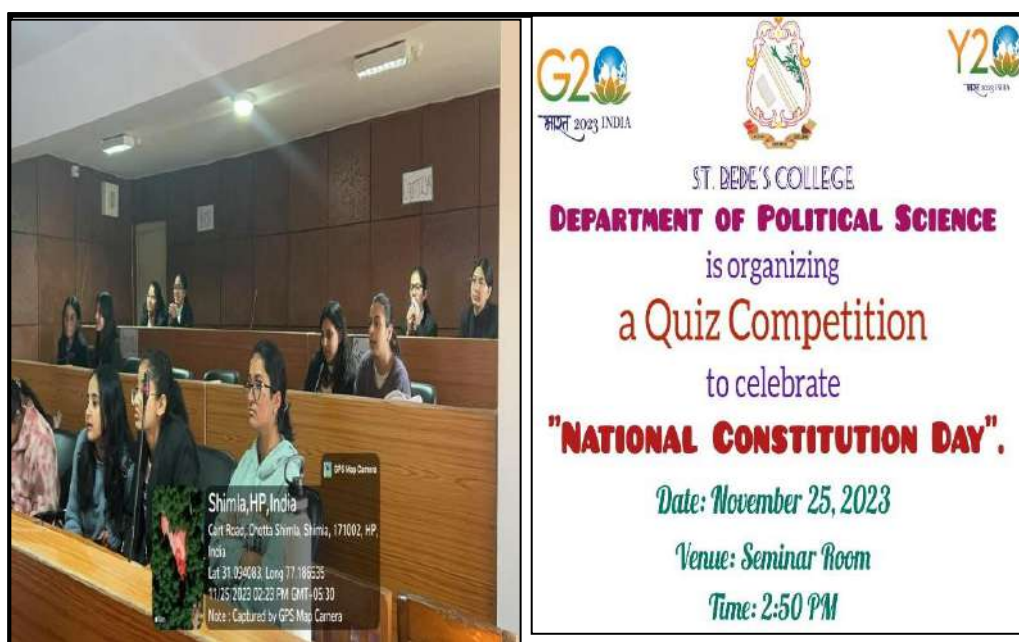
*Brochure*

*Seeds of Change: A Charitable Outreach November 24, 2023*



## NATIONAL CONSTITUTION DAY

To sensitize students about their constitutional obligations and integration into the country, a Quiz Competition was organized by the Department of Political Science on November 25, 2023. It further aimed to an electoral awareness among students. The event organised by the Political Science Department to celebrate “National Constitution Day” turned out very productive and knowledgeable. It spread the message to reinforce civic values, educate the citizens about their constitutional rights and promote a deeper understanding of the democratic principles that guide the nation.



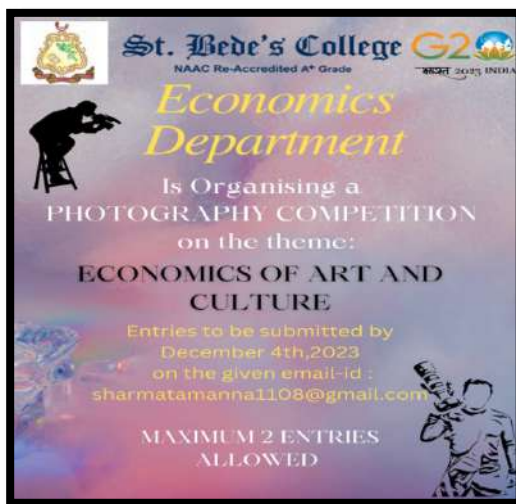
*National Constitution Day, November 25, 2023*





## "SHUTTERED PERSPECTIVES: CAPTURING THE ECONOMICS OF ART AND CULTURE"

On December 4, 2023, the Economics Department organized a captivating photography competition themed "Economics of Art and Culture." The competition aimed to foster a deeper appreciation for the economic significance of India's cultural richness while providing a creative outlet for students to showcase their photographic talents. To promote the economic aspects of Indian art and culture. The competition successfully achieved its objectives by combining artistic expression with an understanding of the economic value inherent in our cultural wealth.



*Brochure*

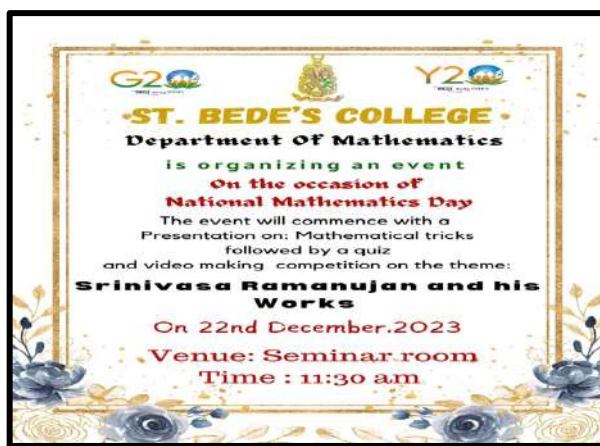


*"Economics of Art and Culture" December 4, 2023*



## NATIONAL MATHEMATICS DAY

To celebrate National Mathematics Day on 22<sup>nd</sup> December 2023 Mathematics department organized a presentation session and a quiz to promote Mathematical awareness among students, to develop critical, logical and problem-solving skills and to encourage them to engage towards discoveries in the field of Mathematics. It helped the students to develop and enhance their critical thinking skills, which are valuable not only in Mathematics but in various aspects of life. It also encouraged students to approach problems in novel ways, fostering a spirit of creativity and innovation among them. It also created awareness of the discoveries in the field of mathematics.



*Brochure*



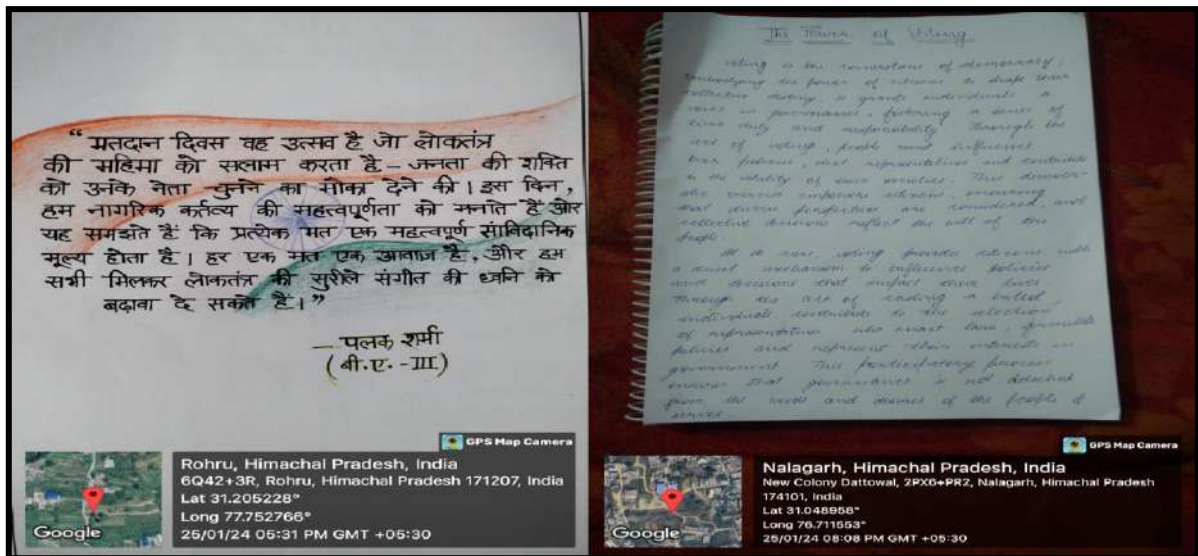
*National Mathematics Day (December 22, 2023)*





## NATIONAL VOTER'S DAY "NOTHING LIKE VOTING, I VOTE FOR SURE."

On January 25, 2024, to celebrate and sensitize students and society, the Department of Political Science organized multifarious activities on National Voters' Day. The objective for celebrating this day was to ensure that students understand their rights as voters and exercise those rights with full knowledge and responsibility. Students participated in these activities with great enthusiasm and reached out to the general public through the means of social media platforms such as Instagram. This activity encouraged the students to take part in the electoral process and sensitize their communities while balancing the rights and responsibilities of aware citizens.



*Celebration of National Voters' Day January 25, 2024*



पञ्चरत्न ब्रह्म विभाग  
कार्यालय प्रवर अधीक्षक डाकघर, विमला मण्डल, विमला 171001

सद्वे, गुरुनारायण/प्रधानमंत्री  
Sr. Cadet College.

समांक: एल - 35 / विल / 2021 अंशर / 2023-24 दिनांक शिमला 10.08.2023.

विषय: राष्ट्रीय स्तर पर हाई आक्षर पर लेखन प्रतियोगिता [वर्ग 1]

महोदय/महोदय,

आम विभाग द्वारा आक्षर / पर लेखन अभियान के अंतर्गत राष्ट्रीय स्तर पर पर लेखन प्रतियोगिता प्रस्ताव रहा है। यह लेखन प्रतियोगिता का यह अभियान 01.08.2023 को शुरू हो चुका है और 31.10.2023 तक चल रहा है। अधीक्षक / शिक्षक, पञ्चरत्न ब्रह्म में जिसे यह स्तर पर **मुकाम पोस्टमैन/अक्षर** जगह पर **वि. परिषद/प्रवर विमला 171001** का पत्र लिखकर जगह की डाकघर की रूप में भेजी है। यह विभाग 10/08/2023 तक प्रस्ताव का समाप्त है। इसके पश्चात यह क्षेत्र में अपने तान पत्रों को अधिकतर भेजें किताबें बचाना।

1. विषय: हाई आक्षर पर लेखन प्रतियोगिता का विषय "डिजिटल इंडिया" "Digital India for New India" है। ये पत्र अधीक्षक / शिक्षक/प्रवर/विभाग भाग में लिखें जा सकते हैं। इस प्रतियोगिता को सीमित निम्नप्रकार होनी।

(क) आयु वर्ग - 18 वर्ष तक।

- अन्तर्देशीय स्तर के लिए (1500 शब्द)
- विश्वभारतीय स्तर के लिए (1000 शब्द)

(ख) आयु वर्ग - 18 वर्ष से ऊपर :-

- अन्तर्देशीय स्तर के लिए (500 शब्द)
- विश्वभारतीय स्तर के लिए (1500 शब्द)

II. आयु का प्रमाण: प्रतियोगिता को अपने पत्र में आयु का प्रमाण प्रदान देना होगा, किन्तु यह सिद्ध होना चाहिए कि ये पत्र प्रमाणित करता है कि 1/5/2023 को पत्र आयु 18 वर्ष के कम / अधिक हो।

परिषद/प्रवर स्तर से प्रत्येक क्षेत्रीय के सर्वोच्च स्तर में पत्रों को आम विभाग/प्रवर विभाग द्वारा भेजा जाएगा। यह 1000 शब्द के साथ आयु वर्ग पर लिख जाएगा, जिसमें चारों पक्षों में लिखना होगा और प्रमाणित करने के लिए अधीक्षक/प्रवर विभाग में भेजा जाएगा। इस प्रतियोगिता में आम लेखन के लिए अधीक्षक/प्रवर विभाग को लिखकर आम अन्तर्देशीय स्तर को आम विभाग/प्रवर विभाग जा सकता है।

III. चयन - प्रत्येक परिषद/प्रवर द्वारा सर्वोच्च स्तर के अंतर्गत सर्वोच्च स्तर पत्रों को चुना जाएगा और परिषद/प्रवर स्तर पर इन प्रतियोगिता को प्रमुखता किया जाएगा। परिषद/प्रवर स्तर पर चुने गए पत्रों को परिषद/प्रवर पोस्टमैन द्वारा चयन, जहाँ प्रत्येक क्षेत्रीय के अंतर्गत दूसरा राष्ट्रीय स्तर पर मुख्यता किया जाएगा।

IV. मुख्यकार: इस प्रतियोगिता में प्रत्येक क्षेत्रीय के अंतर्गत परिषद/प्रवर स्तर तथा राष्ट्रीय स्तर के विभागों को प्रदान की जाने वाली मुख्यकार राशि निम्नप्रकार है:-

परिषद/प्रवर स्तर पर प्रत्येक क्षेत्रीय के अंतर्गत विभागों को दी जाने वाली मुख्यकार राशि:-

मुख्यकार की राशि	मुख्यकार की राशि
प्रदेशीय स्तर के अंतर्गत प्रवर मुख्यकार	25000/- रुपये (पचास हजार रुपये)
प्रदेशीय स्तर के अंतर्गत शिक्षक मुख्यकार	30000/- रुपये (तीस हजार रुपये)
प्रदेशीय स्तर के अंतर्गत शिक्षक मुख्यकार	50000/- रुपये (पाँच हजार रुपये)
राष्ट्रीय स्तर पर प्रत्येक क्षेत्रीय के अंतर्गत विभागों को दी जाने वाली मुख्यकार राशि:-	

मुख्यकार की राशि	मुख्यकार की राशि
प्रदेशीय स्तर के अंतर्गत प्रवर मुख्यकार	50000/- रुपये (पाँच हजार रुपये)
प्रदेशीय स्तर के अंतर्गत शिक्षक मुख्यकार	75000/- रुपये (तीस हजार रुपये)
प्रदेशीय स्तर के अंतर्गत शिक्षक मुख्यकार	100000/- रुपये (दस हजार रुपये)

अब, आयु अधीक्षक है कि परिषद/प्रवर पर लेखन प्रतियोगिता का अपने खुलने के साथ बंधन में प्रमाण प्रदान करें ताकि अधिक से अधिक तान दूसरे दिशा में चले जायें तथा विभाग की स्तर प्रमाणित हो सके। प्रमाणित प्राप्त होके इस प्रतियोगिता कि प्रमुख अंतर्गत प्रमाणित हो। इस प्रमाण में किसी भी तरह की जानकारी के लिए प्रमाण द्वारा प्रमाण 01.07.255177, 2052425 पर प्रमाणित हो।

संलग्न - चारोंपक्ष।

अधीक्षक, पञ्चरत्न  
पर अधीक्षक/प्रवर  
विमला मण्डल, विमला 171001







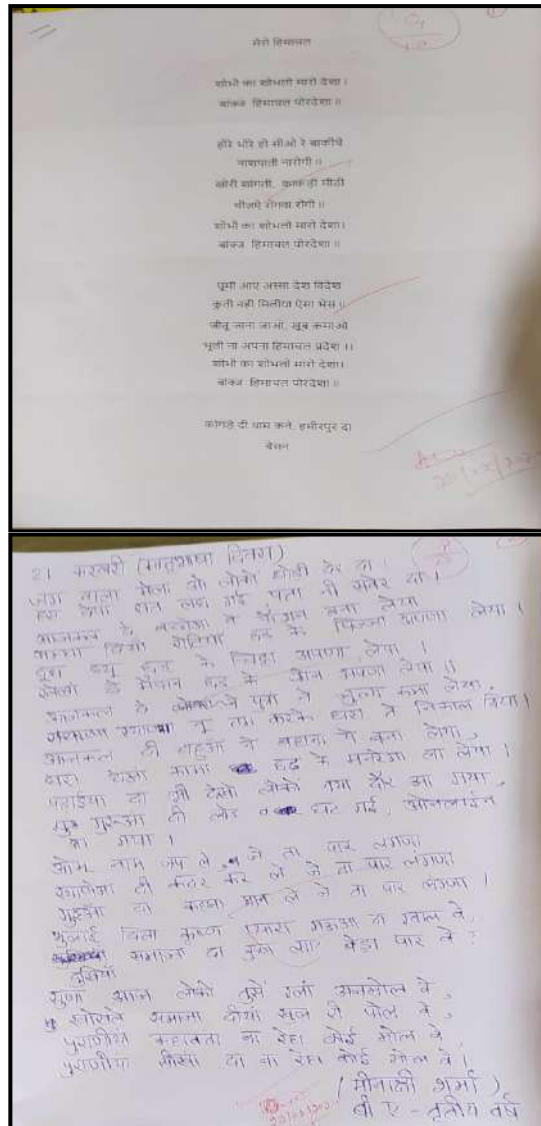
*Ayushi from M.A. English receiving her certificate, 12<sup>th</sup> February, 2024*

## अंतर राष्ट्रीय मातृ भाषा दिवस 2024

21 फ़रवरी 2024 को सेंट बीड्स महाविद्यालय के हिंदी विभाग द्वारा अंतरराष्ट्रीय मातृभाषा दिवस 2024 मनाया गया। हर वर्ष की तरह इस वर्ष भी विभाग द्वारा यह प्रयास किया गया कि महाविद्यालय की छात्राएँ अपनी मातृभाषा के महत्त्व को समझें और उसका प्रयोग अपने दैनंदिन जीवन में करते हुए उसे गति देती रहें। इस उपलक्ष्य में विभाग द्वारा **“मेरी मातृ भाषा मेरी पहचान”** पर एक कविता लेखन प्रतियोगिता का आयोजन किया गया। छात्राओं को अपनी क्षेत्रीय बोलियों में निहित सांस्कृतिक धरोहर को बनाए रखने की प्रेरणा मिली। छात्राओं में हिंदी और अंग्रेज़ी से इतर क्षेत्रीय दैनिक बोलियों में स्वयं को अभिव्यक्त करने का आत्म-विश्वास बढ़ा।



*अंतरराष्ट्रीयमातृभाषादिवस, 21 फ़रवरी 2024*



अंतरराष्ट्रीयमातृभाषादिवस, 21 फ़रवरी 2024

## INTER COLLEGE NATIONAL SCIENCE WEEK CELEBRATION ATGOVT. COLLEGE SANJAULI

St. Bede's College students enthusiastically engaged in a range of activities during National Science Week, themed "Indigenous Technologies for Viksit Bharat," hosted by the Centre of Excellence at Govt. College Sanjauli from February 22 to 28, 2024. Demonstrating their skills, students presented a captivating Science Drama aimed at promoting scientific awareness, garnering praise from the audience and fellow institutions alike. The event helped emphasize the importance and relevance of indigenous technologies in modern science and development, aligning with the goal of self-reliant India. The competitions boosted the student's morale and confidence, motivating them to continue pursuing excellence in the field of science.

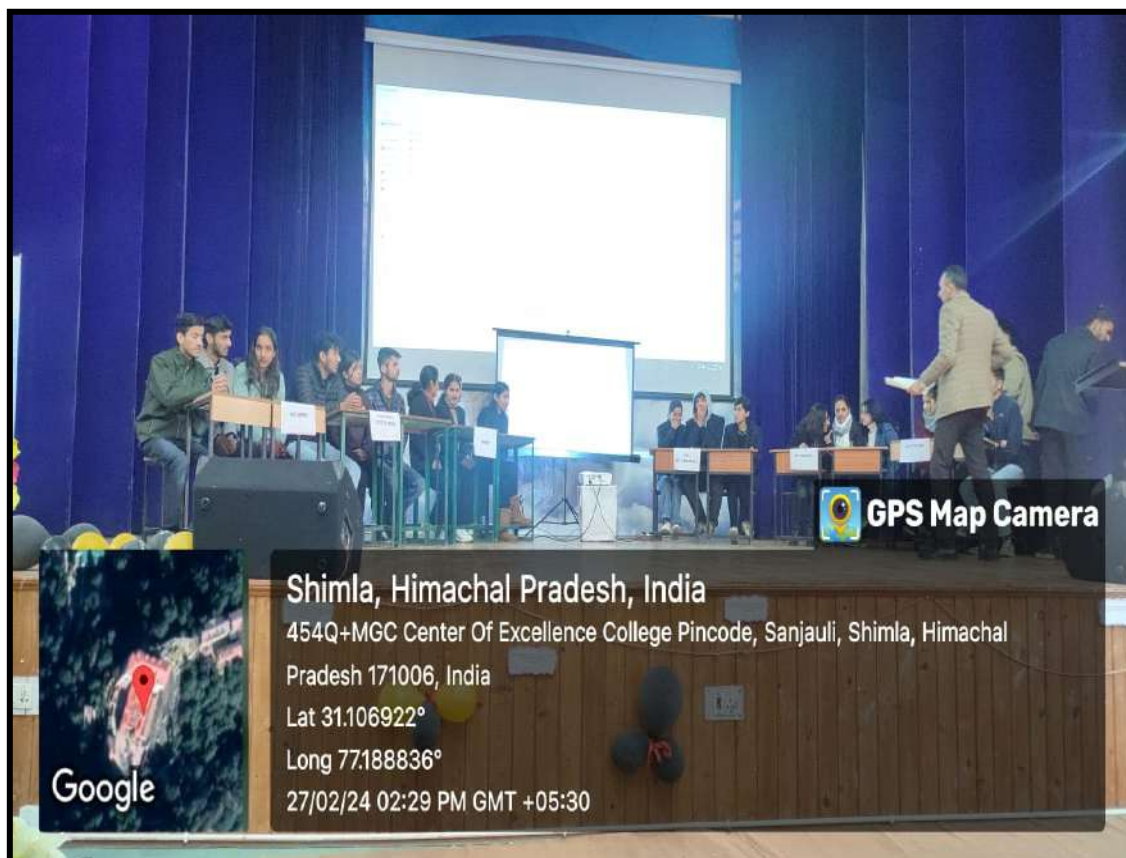




*Science Models Demonstration, February 22, 2024*



*Science Drama Presentation at COE Sanjauli (February 22-28, 2024)*

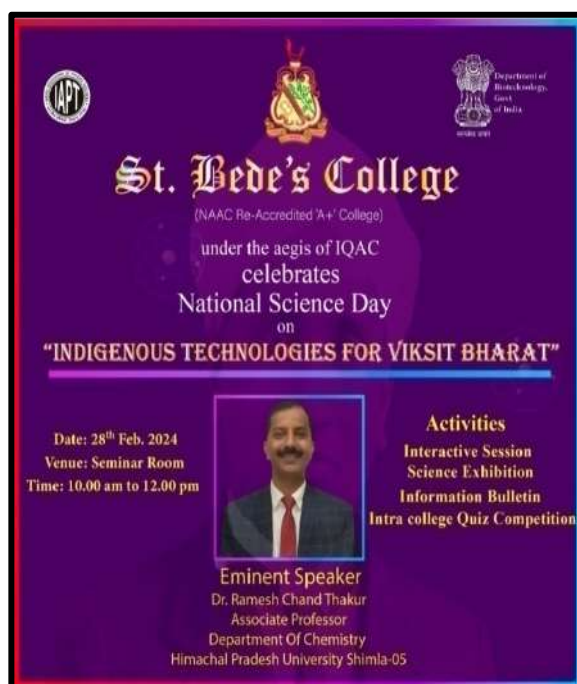


*Inter College Science Quiz Competition, 27 February, 2024*

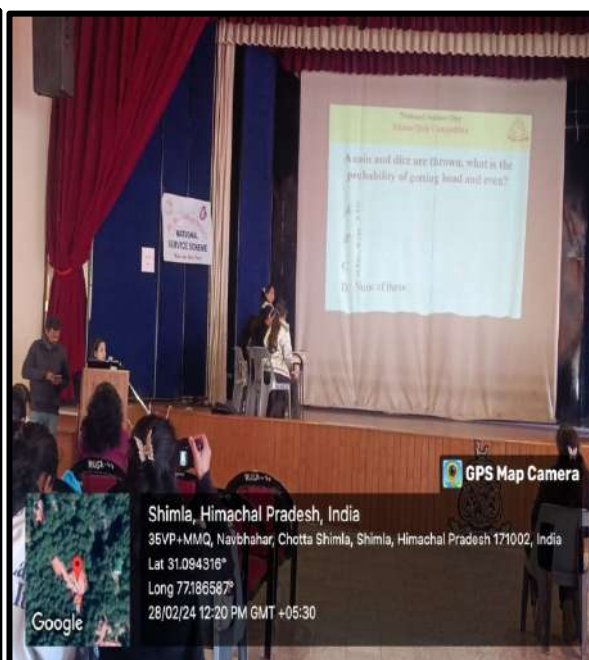
## **NATIONAL SCIENCE DAY**

On 28, February 2024, Science Stream of St. Bede's College celebrated National Science Day. The theme for the event was "Indigenous Technologies for Viksit Bharat". Science departments also participated in the science model exhibition. The event increased students' knowledge of scientific inquiry and promoted a positive attitude towards science. It broadened the technological literacy both individually and collectively. To spread the message of the importance of science and its applications in daily life and to engage the youth in research activities. Also to encourage healthy competition and teamwork among the participants.





### *Brochure*

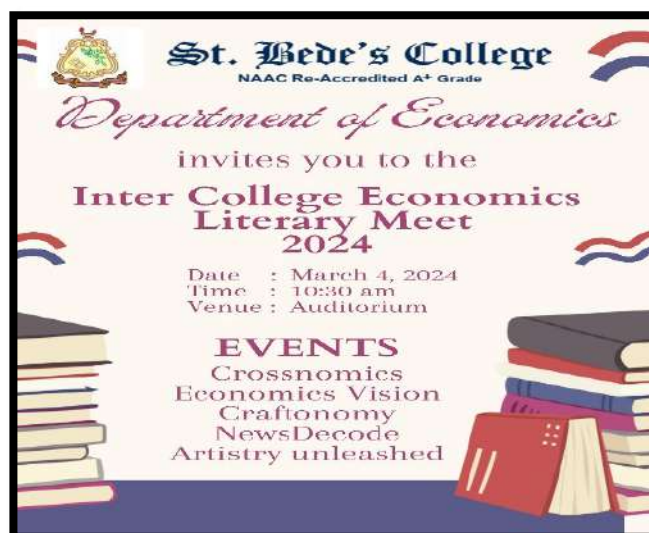


### *National Science Day (February 28, 2023)*



## INTER-COLLEGE ECONOMICS LITERARY MEET

On March 4, 2024, the Department of Economics at St. Bede's College, Shimla, organized an Inter-College Economics Literary Meet. The event drew enthusiastic participation from students from the government colleges of Shimla. The primary objective of the event was to provide a platform for aspiring economists to exchange ideas and opinions while showcasing their creativity. Various competitions were designed to merge literary and creative aspects with practical applications of economic concepts, fostering innovation and learning among participants. The Inter-College Economics Literary Meet successfully promoted creativity and critical thinking among participants through engaging discussions and presentations. Judges commended the participants for their attention to detail and cohesive presentations. The event provided an inclusive and supportive environment for knowledge exchange and skill development, contributing to the enrichment of students' understanding of economics.



### *Inter-College Economics Literary Meet, March 4, 2024*

## INTERNATIONAL WOMEN'S DAY CELEBRATION: International Webinar on "Contribution of Women in STEM Fields"

On 11, March 2024, the Department of Botany (CURIE Grant (DST) St. Bede's College celebrated International Women's Day to recognize the importance of women in STEM Fields. The theme for the event was "Invest in Women: Accelerate Progress kind. An international speaker interacted with the students and gave his view about the contribution of women in STEM fields. A Presentation on "An Ode to Unsung Heroes" was also given. A panel discussion on "Contribution of Women in STEM Fields" was also held to commemorate the day. All the activities were aimed at promoting public awareness and appreciation of women scientists recognising the challenges and fostering a sense of gender equality. In conclusion, the lecture contributed to the overall educational and intellectual development of our students.





**ST. BEDE'S COLLEGE**  
NAAC RE ACCREDITED WITH A- GRADE

**DEPARTMENT OF BOTANY**  
(CURIE GRANT-DST)

ON OCCASION OF  
INTERNATIONAL WOMEN'S DAY 2024  
IS ORGANIZING

**INTERNATIONAL WEBINAR AND PANEL  
DISCUSSION ON  
"CONTRIBUTION OF WOMEN IN STEM FIELDS"**

**EVENTS:**

- 1) International Webinar on "Contribution of Women in STEM fields"  
(Resource Person : Dr. Oliver B Villaflores, University of Santo Tomas Philippines)
- 2) Presentation on "An Ode To Unsung Heroes "  
By Dr. Sapna Sharma
- 3) Panel Discussion on "Contribution of Women in STEM fields"  
Resource Persons:

- Dr. Sapna Sharma ( Associate Professor, Dept. of Physics, St. Bede's College)
- Dr. Neha Katoch ( Assistant Professor, Dept. of Physics, RGGDC, Chaura Maidan)
- Dr. Shweta Thakur ( Assistant Professor, Dept. of Zoology, St. Bede's College)
- Ms. Neha Walia ( Assistant Professor, Dept. of Comp. Science, St. Bede's College)

Date: March 11, 2024  
Time: 10:30 a.m. onwards  
Venue: Seminar Room

Dr. Oliver B Villaflores

11:08 AM | International Webinar on "Contribution of Women in STEM fields"

GPS Map Camera

Shimla, Himachal Pradesh, India  
35VP+MMQ, Navbahar, Chotta Shimla, Shimla, Himachal Pradesh 171002, India  
Lat 31.094014°  
Long 77.186444°  
11/03/24 11:11 AM GMT +05:30

### *Brochure of Webinar/Activities*

GPS Map Camera

Shimla, Himachal Pradesh, India  
35VP+MMQ, Navbahar, Chotta Shimla, Shimla, Himachal Pradesh 171002, India  
Lat 31.093945°  
Long 77.186515°  
11/03/24 11:52 AM GMT +05:30

### *Presentation on an "An Ode to Unsung Heroes"*



### *Panel Discussion on “Contribution of Women in STEM Fields”*

हिंदी विभाग और डिबेट्स एंड ड्रामेटिक्स सोसाइटी की सहभागिता में आयोजित नुक्कड़ नाटक 11 मार्च, 2024 को सेंट बीड्स महाविद्यालय के हिंदी विभाग और डिबेट्स एंड ड्रामेटिक्स सोसाइटी की सहभागिता में अंतरराष्ट्रीय महिला दिवस 2024 के अवसर पर एक नुक्कड़ नाटक का आयोजन किया गया। नुक्कड़ नाटक का विषय था "मुझे काटो मत, मुझे रो को मत"। महाविद्यालय की बी.ए., बीकॉम और अर्थशास्त्र की छात्राओं ने नुक्कड़ नाटक का मंच न एम्फीथिएटर, रिज, शिमला में आम जनता के बीच उत्साहपूर्वक किया, जिसमें महिलाओं के सशक्तीकरण के साथ ही 'चिपको' और 'नर्मदा बचाओ' आंदोलनों के विशेष संदर्भ में प्रकृति संरक्षण में उनकी महत्वपूर्ण भूमिका को भी रेखांकित किया गया। यह नुक्कड़ नाटक मूलतः इकोफेमिनिज़्म की विचारधारा को प्रदर्शित करने के लिए मंचित किया गया।



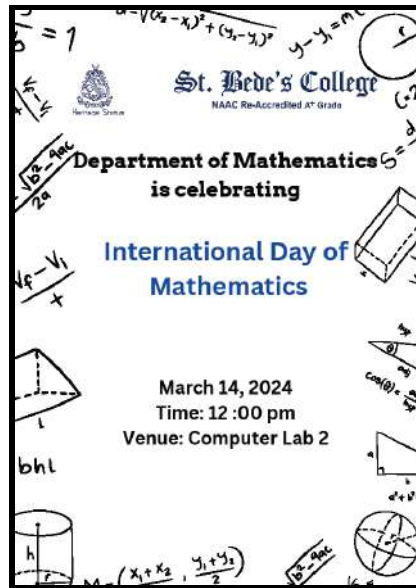




एम्फीथियेटर रिज पर छात्राओं द्वारा नुक्कड़ नाटक का मंचन, 11 मार्च, 2024

## INTERNATIONAL DAY OF MATHEMATICS

International Day of Mathematics also known as 'Pi Day' was celebrated on March 14<sup>th</sup>, 2024 in the computer lab of St. Bede's College through power point presentation on mathematics and science. This activity increased the awareness of mathematics among the students in various disciplines, such as science, engineering, finance, and technology. It also develops a positive perception of mathematics among the students.



*Brochure*

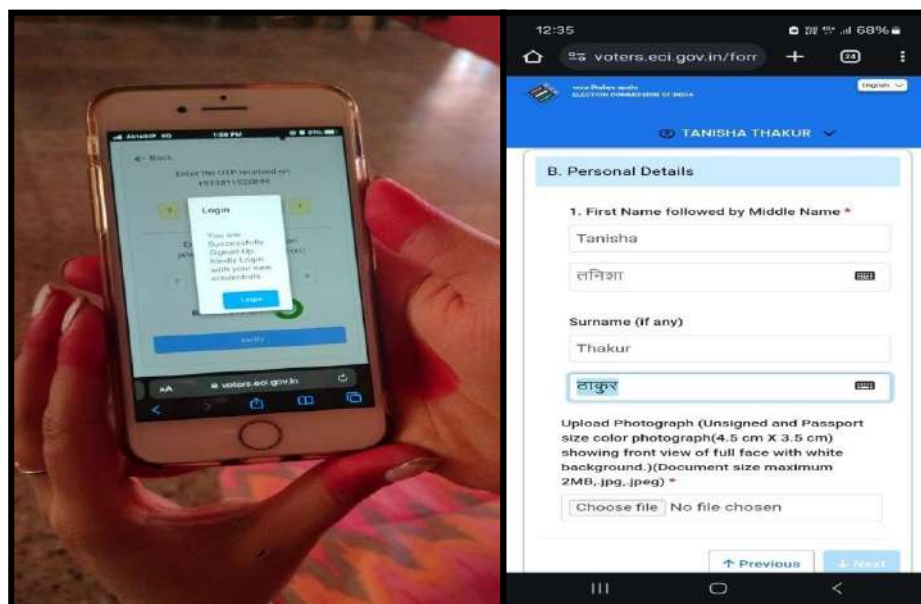


*International Day of Mathematics (March 14, 2024)*

## ELECTORALENROLMENTCAMP

On March 16, 2024, the Department of Political Science organized a special electoral enrolment component theme “Greater Stronger Democracy” in collaboration with the Electoral Literacy Club, St. Bede’s College to motivate our students (who have attained the age of 18 years) to enroll themselves in the electoral rolls. The program ended on a successful note complying with the directions from the State Election Commission, Himachal Pradesh.





*Electoral Enrolment Camp, On March 16, 2024*



13:25 0.00 KB/s 4G

 **भारत निर्वाचन आयोग**  
**Election Commission of India**

← Back

**First Name \***

Shreya

**Last Name**

Thakur

**Password \***

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Atleast one uppercase required

**Confirm Password \***

..... ✓



*Electoral Enrolment Camp, March 16,2024*