

SUPPORTING DOCUMENTS

6.5.1

INTERNAL QUALITY ASSURANCE CELL (IQAC) HAS CONTRIBUTED SIGNIFICANTLY FOR INSTITUTIONALIZING THE QUALITY ASSURANCE STRATEGIES AND PROCESSES



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THREE-DAY NATIONAL WORKSHOP ON INTERNATIONAL YOGA DAY

Department of Physical Education and Physical Education Foundation of India jointly organized a Three-day National Workshop on "Yoga for a Healthy Lifestyle" from June, 19-21, 2023. The workshop was organized under the aegis of G20 & Azadi ka Amrit Mahotsav, to commemorate International Yoga Day on the theme "Yoga for Humanity". Many eminent speakers of the country were invited to grace the occasion and Dr. Ashwani Kumar was the convener of this workshop. The principal of the college Prof. (Sr.) Molly Abraham addressed the gathering and highlighted the importance of harmony between body, mind and soul which could be attained by regular practice of yoga. The chief guests appreciated the memorandum of understanding (MoU) signed between the College and Physical Education Foundation of India. More than 100 students and delegates participated in this online and offline session and **the schedule of the Workshop (June, 19-21, 2023) was as follows:**

Speaker: Dr. Kavita Kholgade, Director of Physical Education, SMRK, Women College, Nashik, (M.S).

- Topic: "Yoga for Well -being and Happiness"
- Moderator: Yogacharya Sh. Raman Kumar, Organizing Secretary of Asian Yoga Federation.

June 19, 2023 (10.00 a.m. to11.30.a.m.)

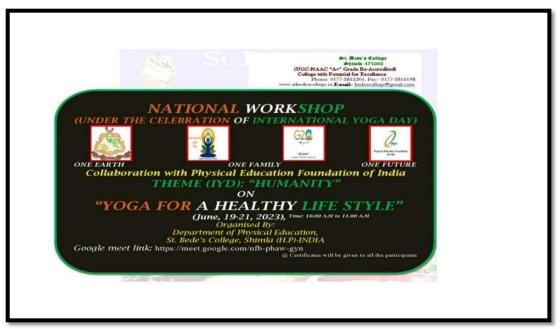
- Speaker: Dr. Chander Shekhar, Department of Physical Education, Premanand College, Mukerian, Hoshiyarpur, (Punjab).
- Topic: "Anstanga Yoga and their Benefits to the Society"
- Moderator: Yogacharya Sh. Raman Kumar, Organizing Secretary of Asian Yoga Federation.

June 21, 2023, (10.00 a.m. to12.30 p.m.)

- **Speaker:** Dr. Laxmi Narayan Joshi, Dean of Students Welfare & Head Department of Yogic Sciences, Uttarakhand Sanskrit University, Haridwar, Uttarakhand.
- Topic: "Nadi Vigyan and Aayurveda"



- Moderator: Dr. Piyush Jain, National Secretary Physical Education Foundation of India.
- Workshop Moderator (June, 19 to 21, 2023): Dr. Vinod Kumar, Department of Physical Education, Government College, Jukhala, Bilaspur, (Himachal Pradesh).



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Three-day National Workshop on International Yoga Day (June 19, 2023)



Three-day National Workshop on International Yoga Day (June 19, 2023)



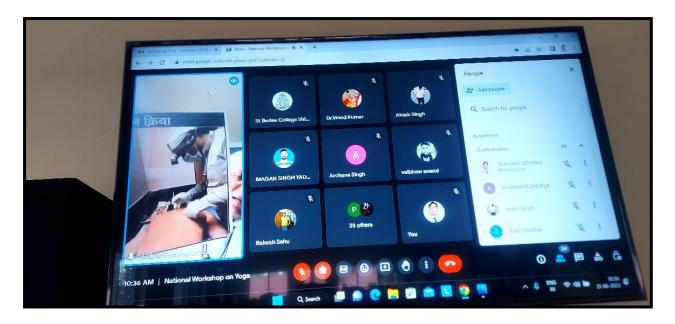


Three-day National Workshop on International Yoga Day (June 20, 2023)



Three-day National Workshop on International Yoga Day (June 20, 2023)





Three-day National Workshop on International Yoga Day (June 21, 2023)



Three-day National Workshop on the Celebration of International Yoga Day



INTERNATIONAL WORKSHOP ON INTERNATIONAL OLYMPIC DAY

The Department of Physical Education, organized an International Workshop to commemorate International Olympic Day through online mode on the topic- "Let's Move: For Daily Physical Activity" on June 26, 2023. Speakers of the international repute delivered lectures to the participants on their respective topics and more than 50 participants were connected through online and offline mode in the workshop. Dr. Ashwani Kumar was the workshop convener and the college Principal Prof. (Sr.) Molly Abraham welcomed the speakers and moderator of the workshop. After both the sessions, the moderator concluded the session and the vote of thanks was proposed.

International Speakers:

Session-1:

1. Prof. Marlene Orfecio, Department of Physical Education, Sports and Recreation, University of Southern Mindano, Kabacan, Cotabato- Philippines

Topic: "Let's Move: Physical Educators Empowerment for a Lifestyle of Active Living"

Session-II:

 Dr. A. K. Shiotriya, Department of Physical Education, School of Education, National Fiji University, Fiji Islands.

Topic: "Physical Activity: A Booster Dose for Healthy Life"

Workshop Moderator: Dr. Deny Borah, Department of Physical Education, Dhemaji-Assam.





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International Workshop on International Olympic Day (June 26, 2023)



International Workshop on International Olympic Day (June 26, 2023)

INTERNATIONAL WEBINAR ON COMPLETE WELL-BEING PHYSICAL MENTAL HEALTH THROUGH TRADITIONAL MEDICINE AND YOGA

The Health Club of St. Bede's College, Shimla, organized an International Webinar on September 9, 2023, in collaboration with Ministry of Youth Affairs and Sports on "Complete well-being Physical Mental Health through Traditional Medicine and Yoga", under the theme



of "Y20 Yuvamanthan Model G20". Professor Yvone Paul from South Africa and Professor Jerome Porto from Philippines were the international speakers for the webinar. The moderator of the webinar was Professor Rajkumar Malipatil from Karnataka. The first speaker delivered a talk on the topic 'Exercise is Medicine' highlighting the role of exercise as medicine. The second session was presented by Professor Jerome Porto on the topic of Smart fitness. He significantly emphasized on the importance of health and fitness and its benefits in the present time. The College Principal Professor (Sr.) Molly Abraham also discussed the importance of health for everyone and motivated the organisers to conduct such health related webinars and activities to create awareness among students and public as well. More than 70 participants from India and abroad participated in the webinar.



International Webinar on Complete well-being Physical Mental Health through Traditional Medicine and Yoga (September 9, 2023)



International Webinar on Complete well-being Physical Mental Health through Traditional Medicine and Yoga (September 9, 2023)



STUDENT EXCHANGE PROGRAM WITH SOPHIA GIRLS COLLEGE (AUTONOMOUS), AJMER

On October 19 and 20, a student exchange program was organized between the Department of Geography, St. Bede's College, Shimla, and Sophia Girls' College, Ajmer. During this program, students from the Department of Geography, St. Bede's College, visited Ajmer to explore and study the region's geographic diversity, environmental concerns, and cultural heritage. Following the visit, the students prepared and submitted detailed research reports, reflecting their observations and analyses of the Ajmer region's unique geographic and cultural characteristics.



Student Exchange Program

Day 1: October 19, 2023

Student Exchange Program Activities at Sophia Girls' College, Ajmer

The Student Exchange Program embarked at Sophia Girls' College, Ajmer, marking the beginning of a collaborative and enriching academic experience.

The program opened with welcome address by Principal Prof. Sr. Pearl, who emphasized the importance of academic collaboration and cultural exchange in fostering holistic education.



Following the welcome address, Dr. Monika Kannan, introduced the exchange program. She provided an insightful overview of the objectives, activities, and intended outcomes of the program. Dr. Kannan also shared a detailed introduction to the Department of Geography at Sophia Girls' College, highlighting its vision, achievements, and academic endeavors.

Adding to the formal proceedings, Dr. Kannan delivered an additional introductory speech, underlining the significance of geography as a discipline and its relevance in addressing contemporary challenges. Her words set a motivating tone for the sessions ahead.

To offer the attendees a glimpse into the visiting institution, Dr. Sr. P. Mary Santhi presented a short documentary about St. Bede's College, Shimla. The documentary highlighted the rich legacy, academic achievements, and vibrant campus life of St. Bede's College, fostering a sense of connection between the two institutions.

As a thoughtful gesture to familiarize the visitors with Sophia Girls' College, the session concluded with a virtual tour of the college campus. This immersive experience allowed the students to explore the infrastructure, academic facilities, and the vibrant learning environment that Sophia Girls' College proudly offers.

The first day of the exchange program laid the foundation for meaningful interactions and academic collaboration, setting the stage for the activities to follow. The atmosphere of warmth, knowledge-sharing, and mutual respect made it a memorable and enriching experience for all participants.



Dr. Sr. P.Mary Santhi Presenting Documentary (October19, 2023)



The faculty of St. Bede's College was warmly felicitated by the faculty members of Sophia Girls' College, symbolizing the spirit of collaboration and mutual respect between the two institutions.

As part of the academic exchange, Mrs. Shilpi Yadev and Mr. Kumar Gaurav from Sophia Girls' College delivered an engaging session on *"How to Prepare DEM-G.I.S Practical."* The talk provided valuable insights into Digital Elevation Models (DEMs) and GIS techniques, offering students from St. Bede's College a practical learning experience that enriched their understanding of geographic data analysis.

In a reciprocal knowledge-sharing initiative, Mr. Anoop Dilta, Assistant Professor at St. Bede's College, presented a lecture on *"Periglacial Landforms"* to the students of Sophia Girls' College. His comprehensive presentation on the dynamics and significance of periglacial landscapes was well-received and contributed to broadening the students' geographical knowledge.

The day also featured interactive activities where students from both colleges engaged in lively discussions, exchanged experiences, and built connections. These interactions fostered camaraderie and highlighted the importance of collaborative learning.

The evening culminated in a vibrant celebration with the students of St. Bede's College performing traditional *folk dances* and *folk music* during the "*Dandiya Night*" organized by Sophia Girls' College. This cultural exchange infused the evening with joy and energy, allowing students to bond over shared festivities. It was a memorable and thoroughly enjoyable experience for everyone, blending academic enrichment with cultural celebration.



Faculty of St. Bede's College and Sophia Girl's College (October19, 2023)



Day 2 – October 20, 2023

Visit to Tilonia Barefoot Village

On the second day of the exchange program, students visited the Tilonia Barefoot Village in Ajmer. The village is also the base for eShala.org, an online educational portal co-founded by Kartar Jat.

The village is known as an education hub, producing meritorious students who excel in institutions such as Navodaya Vidyalaya and the local village school.

During their visit, students had the opportunity to interact with the local community and workers at Barefoot College, gaining valuable insights into the educational and social development initiatives.

As part of the field survey, students used both questionnaire and observation methods. The group was divided into five teams: one team visited Patil Village in Ajmer to gather data on "Livelihood Diversification in Rural Areas", while the other four teams conducted surveys in the market area of Ajmer city.

In their surveys, the students utilized various tools such as GPS devices, hygrometers, anemometers, and compasses, providing them with hands-on experience in data collection and geographical analysis. This visit not only offered practical exposure to fieldwork but also highlighted the innovative approaches to rural development that are being implemented in Tilonia.



Students of St. Bede's College and Sophia Girls' College Exploring Barefoot College at Tilonia



Day 3: Field Visit to Pushkar City, Brahma Temple, and Ajmer Sharif Dargah

On October 21, 2023, the students embarked on a field visit to Pushkar as part of their research activities. The day began with students collecting data by filling out questionnaires in Pushkar city. The visit included an exploration of the iconic Brahma Temple, where teachers shared insights into the temple's rich cultural and historical significance. Students further deepened their understanding by interviewing temple workers and nearby locals, gaining firsthand knowledge of the heritage and traditions associated with this sacred site. The experience highlighted the cultural richness of Pushkar, which is renowned for its deeprooted heritage.

In the evening, the group visited the Ajmer Sharif Dargah, a revered Sufi shrine and one of Rajasthan's holiest sites. Students learned about the history and spiritual significance of the dargah, gaining a deeper appreciation of Islamic culture. They also utilized their time by interacting with locals, enhancing their knowledge of Khwaja Moinuddin Chishti's legacy, and gathering insights through additional questionnaires. The visit to these culturally and spiritually significant sites provided the students with a profound understanding of the diverse traditions of the region.

Day 4: Field Visit to Jaipur – City Palace, Jantar Mantar, and Hawa Mahal

On October 22, 2023, the students and faculty visited Jaipur, popularly known as '*The Pink City*'. The group explored three iconic landmarks—City Palace, Jantar Mantar, and Hawa Mahal—each offering unique insights into Rajasthan's rich history and architectural brilliance.

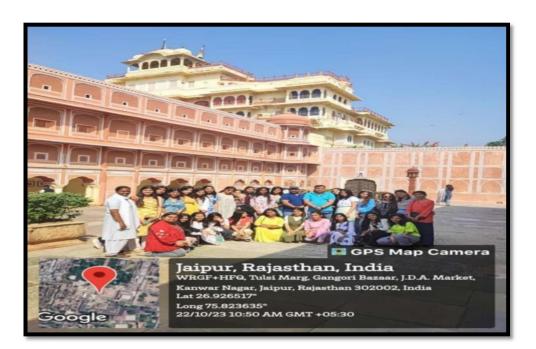
The day began with a tour of the City Palace, built by Maharaja Sawai Jai Singh II in the 18th century. Students delved into the historical and cultural aspects of Jaipur while exploring the palace's intricate architecture and fascinating exhibits. They also conducted interviews with locals working near the site, analyzing the cultural differences and unique traditions that define Jaipur.

Next, the group visited the Jantar Mantar, a UNESCO World Heritage Site known for its advanced astronomical instruments. This visit offered students an opportunity to learn about the scientific ingenuity of ancient India.

The field trip concluded with a visit to the Hawa Mahal, an architectural marvel celebrated for its distinctive facade and historical importance. This immersive experience enabled students to gain a comprehensive understanding of Jaipur's legacy, blending historical exploration with cultural analysis.



Through these field visits, students not only enriched their knowledge of Rajasthan's cultural diversity but also honed their research skills by engaging directly with the local communities.



Field visit to City Palace

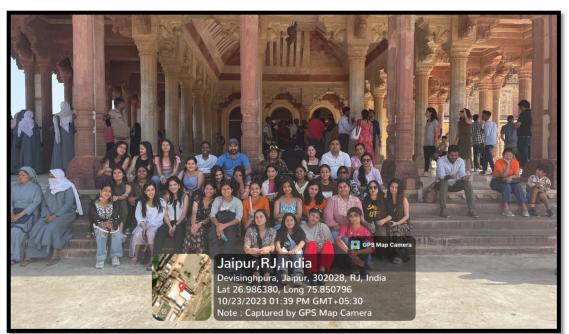
Day 5: Visit to Amer Village and Fort

On October 23, 2023, the studentsvisited Amer Fort and the surrounding village in Jaipur. The visit provided an opportunity to explore the village's cultural and historical significance while delving into the architectural splendor of the fort.

During their visit, students explored key sections of the fort, including:

- Diwan-e-Aam (Hall of Public Audience): A space where the maharajas addressed their subjects.
- Diwan-e-Khas (Hall of Private Audience): Used for confidential discussions and meetings.
- Sheesh Mahal (Mirror Palace): Known for its intricate mirror work and stunning design.
- Jai Mandir: A temple showcasing artistic brilliance.





Visit to Amer Fort

designed for comfort, incorporating unique cooling systems.

Detailed Report on the Project: Community Resilience to Disaster – A Case Study of Ajmer City

• The students compiled a comprehensive project report titled "*Community Resilience* to Disaster: A Case Study of Ajmer City." This study aimed to explore and analyze the city's capacity to withstand, adapt, and recover from disasters, emphasizing the role of community engagement and awareness.

Key Aspects of the Report

• **Demographic Profile of the Study Area:** The report began by providing a detailed demographic overview of Ajmer city. This section outlined the population distribution, socioeconomic status, education levels, and other relevant factors that influence the community's preparedness and resilience to disasters.



Awareness of Government Initiatives

Through data analysis, the report assessed the community's awareness of government initiatives related to disaster preparedness, mitigation, and recovery. This included an evaluation of policies, programs, and campaigns designed to reduce vulnerability and enhance resilience at the local level.

Communication Channels and Effectiveness

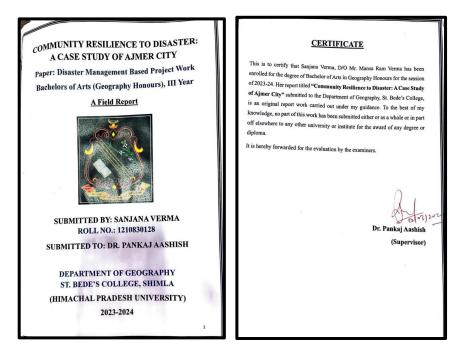
The study emphasized the importance of effective communication between authorities and the community in disaster scenarios. It analyzed existing channels, such as public announcements, media outreach, and grassroots campaigns, while suggesting improvements to ensure timely dissemination of critical information.

• Community Involvement in Disaster Management

The report highlighted the pivotal role of community involvement in disaster preparedness and response. It explored ways to foster collaboration between citizens, local governments, and non-governmental organizations to build a more resilient society.

• Case Studies and Observations

The project incorporated case studies from Ajmer city to illustrate practical examples of community resilience during past disasters. These examples shed light on successful strategies, gaps in execution, and lessons learned.



Research Project: Community Resilience to Disaster – A Case Study of Ajmer City



INTER-SCHOOL DECLAMATION COMPETITION ON 'YOUTH IN LEGISLATURE, POLICY MAKING, AND GOVERNANCE'

The Community Outreach Cell organized an impactful and thought-provoking, Inter-School Declamation Competition on September 27, 2023. The theme for the event was "Youth in Legislature, Policy Making, and Governance (Y20)".

The event attracted participation from five schools of Shimla i.e. GSSS Portmore, DAV Lakkar Bazar School, Convent of Jesus and Mary School, Aukland House School and GSSS, Sanjauli. Their participation reflected their commitment to addressing and understanding complex issues related to governance and policy-making. The event created a platform for them to articulate their thoughts and ideas effectively. Each participant exhibited their eagerness and preparation as they eloquently presented their views on the theme of youth involvement in legislative processes, policy formulation, and governance. After a fierce competition, Convent of Jesus and Mary (Sneha Sharma, Class XII) emerged as the winner, securing the coveted first position. DAV Lakkar Bazar (Alaina Khan, Class-X) and Auckland House School (Tanisha Singh, Class-XI) displayed remarkable performances as well, clinching the second and third positions, respectively.



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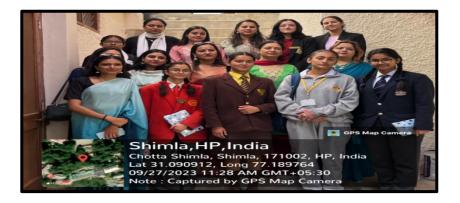




Inter-School Declamation Competition on 'Youth in Legislature, Policy Making, and Governance' (September 27, 2023)



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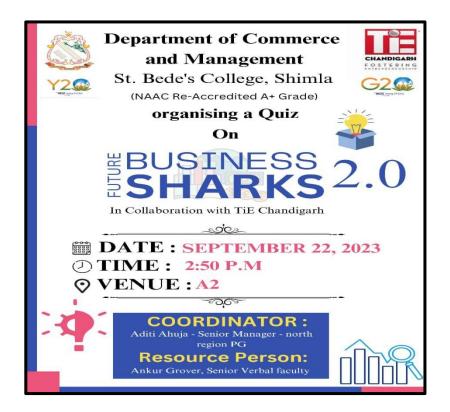


Inter-School Declamation Competition on 'Youth in Legislature, Policy Making, and Governance' (September 27, 2023)



QUIZ ON FUTURE BUSINESS SHARKS 2.0

On September 22, 2023, Department of Commerce and Management organised a quiz on **"Future Business Sharks 2.0".** The resource person for the session was Mr. Ankur Grover, Senior Verbal Faculty from Bulls Eye, Chandigarh. Mr. Grover emphasized that having innovative ideas is a fundamental aspect of the entrepreneurial journey and discussed how one can bring these ideas to life. It was a very interactive session where students answered the questions and gave their innovative ideas. It was followed by a quiz in which some basic general knowledge questions were asked. Prizes were given to the students who answered correctly and showed keenness. To enhance the engagement, a scanner was provided to the students, allowing them to answer questions on a digital platform within a 30-minute time frame. The questions served as a means to test students' aptitude, successfully leaving students with valuable insights into entrepreneurship and idea generation.



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Quiz on Future Business Sharks 2.0 (September 22, 2023)



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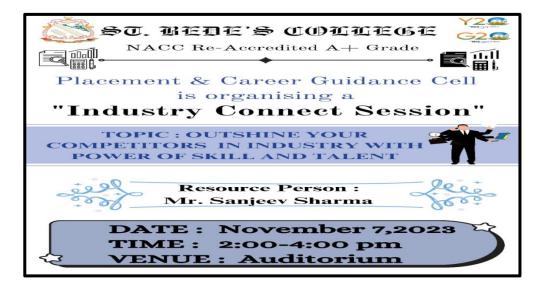
Quiz on "Future Business Sharks 2.0 (September 22, 2023)



INDUSTRY CONNECT SESSION

The Placement and Career Guidance cell of St. Bede's College organized an Industry connect session for all the students of the college. The resource person for the day was Mr. Sanjeev Sharma. He was a highly intellectual personality who aimed at providing valuable knowledge to the students through the session.

The session began at 2.00 p.m. and the topic of the session was "How to Outshine your Competitors in Industry with power of skill and talent." He explained the need of acquiring skills in the current scenario. It was quite an interactive session where students interacted and asked questions from the resource person. He explained that talent development refers to the efforts to build upon persons existing skills while identifying new skills and opportunities to help achieve goals. He also mentioned that building skills like communication, planning, problem-solving, conflict resolution, empathy, compassion, encouraging long-term behaviour change, and helping people build genuine connections are very important in dealing with the competitors in Industry. The session was a great success as all students gave very positive feedback about the session. It was attended by the students of the college from all the departments.



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Industry Connect Session (November 7, 2023)

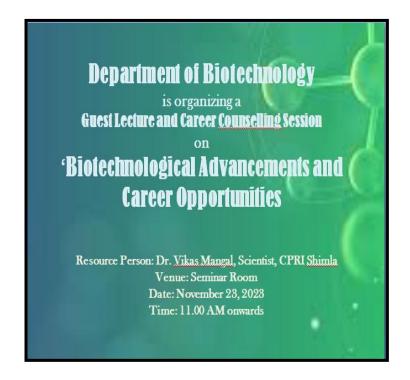


Industry Connect Session (November 7, 2023)



CAREER COUNSELLING SESSION AND GUEST LECTURE ON BIOTECHNOLOGICAL ADVANCEMENTS AND CAREER OPPORTUNITIES

A career counselling session and guest lecture was organized by the Department of Biotechnology on November 23, 2023. The resource person was Dr. Vikas Mangal, Scientist, CPRI Shimla, who enlightened the students on the recent developments in the field of molecular breeding and genetic engineering and their benefits to the society. He furthered conducted a career counseling session and motivated the students to work towards their goal with full potential as well as made them aware about the various career options in the field of biotechnology. He also educated the students about different competitive examinations and online courses that can help them build a bright future.



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Career counseling session and guest lecture on Biotechnological advancements and career opportunities (November 23, 2023)



Career counseling session and guest lecture on Biotechnological advancements and career opportunities (November 23, 2023)



CAMPUS INTERNSHIP AND PLACEMENT DRIVE

On March 14, 2024, Arvind Fashions organized a placement drive specifically targeting candidates for the ASM Trainee position. **Ms. Garima Thakur** and **Ms. Simardeep Kaur** represented the company during the recruitment process. The event commenced with an introductory session where Arvind Fashions' representatives provided insight into the ASM Trainee role and the company's operations. Following this, a group discussion was conducted to evaluate candidates' communication and teamwork skills. Subsequently, personal interviews were held to assess candidates' suitability for the ASM Trainee position.

- The ASM Trainee placement drive conducted by Arvind Fashions provided students with valuable insights into the fashion industry and career opportunities within the company.
- Students actively participated in the event, showcasing their enthusiasm and eagerness to explore career prospects for them.
- A group of talented individuals were shortlisted for either placement or internship opportunities. For placement, Himanshi Kundal (M.Com.), Sana Sardana (B.Com.), Medhavi (B.Com.), Ananaya (BBA), and Bhawna (B.Com.) were identified as promising candidates. Meanwhile, Sizzel (BBA 2nd year), Suhana (B.Com. 1st year), and Anshul (B.Com. 1st yaer), were selected for internship positions.



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Campus Internship and Placement Drive (March 14, 2024)

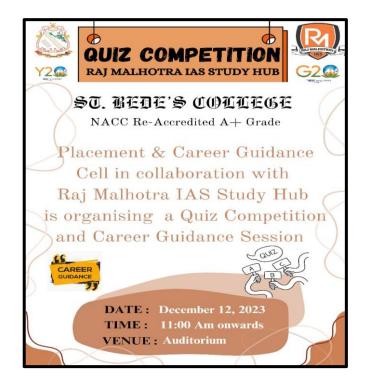


Campus Internship and Placement Drive (March 14, 2024)



QUIZ COMPETITION & CAREER GUIDANCE SESSION

On December 12, 2023 the Placement and Career Guidance Cell in collaboration with Raj Malhotra IAS Study Hub organized a Quiz competition and Career guidance session. The resource person, Mr. Harshit Bahmani, began the session with a PowerPoint presentation on Earth's geographic features, issues such as global warming and climate change. After the presentation, an IAS aspirant - Mr. Sumit interacted with the students and guided them regarding the Civil Service examination. He talked about the exam pattern, syllabus, optional subject, etc. and instilled students with great enthusiasm and motivation. Lastly, a quiz competition was conducted by Mr. Ravi Aryan and students were given prizes for every correct answer. It was a very engrossing and knowledgeable session as students learnt many new things. The session was attended by 118 students from different streams. It was a successful event and students gave very positive feedback about the session.



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Career Guidance Session & Quiz Competition (December 12, 2023)

IBSAT MOCK TEST

On December 5, 2023 the Department of Commerce & Management in collaboration with the IBS, Hyderabad organized a Mock test for competitive examination aspirants. The quiz was conducted by Mr. Ajinkiya, Branch Manager, IBS Information Office and Mr. Rohit, Assistant Manager, IBS Information Office. The IBSAT Mock test was an hour offline test for third year students. The question paper consisted of reading comprehensions, data interpretation, quantitative aptitude and verbal ability. The students with the help of this test analyzed their performance and will take necessary steps to avoid the same mistakes in the actual examination.



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IBSAT Mock Test (December 5, 2023)



IBSAT Mock Test (December 5, 2023)



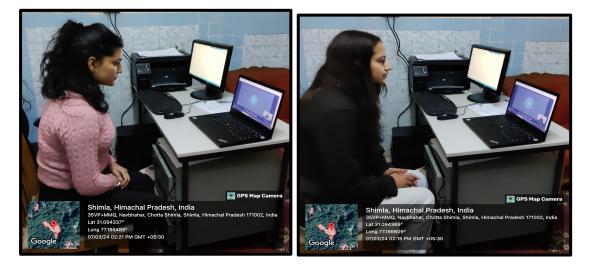
ONLINE PLACEMENT DRIVE

On March 7, 2024 the Placement and Career Guidance Cell of the college in collaboration with the Technoledge Eduresearch Pvt. Ltd. conducted an online placement drive for the 'Make Visions Outsourcing Pvt. Ltd.' company. 15 Students of different streams have applied for this placement drive and 9 candidates have appeared for the interview for post of HR. Candidates was assessed based on their communication and add on skills.

Overall experience and feedback of the recruitment team was very positive as the need of their organization to search the right talent to drive its business objectives were fulfilled by the students and the Campus Recruitment Drive conducted by the Placement cell.



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Online Placement Drive





Online Placement Drive



Online Placement Drive



CAREER CARNIVAL-2024

On March 19, 2024 the Placement and Career Guidance Cell of St. Bede's College Shimla organized a state level career carnival-2024 inviting aspiring students from all over Himachal Pradesh. The event commenced with a welcome speech and felicitation of the delegates of the various companies by the college principal.

The registration of the students was started by 9:00 am. A list of companies and their requirements was displayed on the help desk so that candidates could identify their choices of company and proceed accordingly. A total of eight companies participated in this carnival to conducted interviews for the students. The reputed companies which were invited to the fair included Collabera, Adamant HR Solutions, Just Dial, Fast Credit, Affinity Education Pvt ltd, Maxnova Healthcare, Adrem Technologies and DD Infosoft. The event witnessed 147 interviews from the students of various colleges.

The event turned out to be a great success for the college, which took a great initiative in bridging the gap between the employees and employers and providing a platform for valuable career opportunities and professional growth. The day's event was organized under the guidance of College Principal Prof. Sr. Molly Abraham.



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Career Carnival (March 19, 2024)



Career Carnival (March 19, 2024)





Career Carnival (March 19, 2024)

AWARENESS TALK ON "CYBER SECURITY AND AWARENESS"

Department of Computer Science organised an awareness talk on "**Cyber Security and Awareness**" on February 23, 2024, in the college auditorium. Mr. Mohit Chawla, DIG, Cyber Crime (CID), HP, Shimla, was the esteemed speaker. He was accompanied by his team Mr. Yashwant Thakur, Inspector, Ms. Manu Sharma, Ms. Diksha Sharma and Mr. Kamlesh. The talk emphasised on the new risks and vulnerabilities, particularly in the realm of cyber security. 369 students of the college attended the awareness talk.

strong passwords, using two-factor authentication, and avoiding suspicious links and the importance of data privacy, including how personal and sensitive information can be protected online. These objectives aim to provide a comprehensive understanding of



cybersecurity, equipping participants with the knowledge and skills they need to protect themselves and others in an increasingly digital world.



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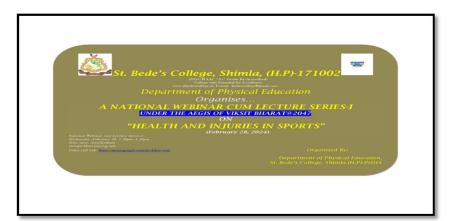


Awareness Talk On "Cyber Security And Awareness" (February 23, 2024)

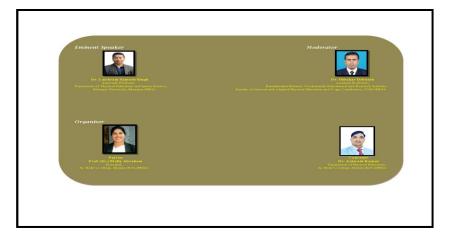


NATIONAL WEBINAR CUM LECTURE SERIES-I UNDER THE AEGIS OF 'VIKSIT BHARAT@2047'

The Department of Physical Education, organized a National Webinar cum Lecture Series-I, under the aegis of 'VIKSIT BHARAT@2047' on "Health and Injuries in Sports" on February, 28, 2024. On the occasion of this event a session was conduct by eminent speaker Dr. L. Santosh from Manipur University, Manipur. Dr. Dibakar Debnath from Ramkrishan Institute of Research and Training, Coimbatore, Tamilnadu was the moderator of the webinar. The speaker provided information about the importance of exercise and health benefits to the society. Dr. Ashwani Kumar was the convener of this workshop. Principal Prof. (Sr.) Molly Abraham highlighted the importance of harmony between body, mind and soul which could be attained by regular practice of yogic and physical activities. Speaker, moderator, college Principal, workshop convener and participants from different parts of India were present in the webinar.



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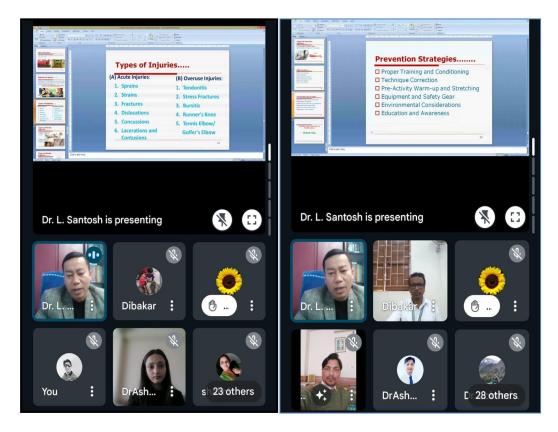


Brochure





National Webinar Cum Lecture Series-I Under The Aegis Of 'Viksit Bharat@2047'



National Webinar Cum Lecture Series-I Under The Aegis Of 'Viksit Bharat@2047'



INTERNATIONAL WOMEN'S DAY CELEBRATION

Session I- International Webinar on "Contribution of Women in STEM Fields"

On 11, March, 2024, Department of Botany (CURIE Grant (DST)) St. Bede's College celebrated International Women's Day to recognize the importance of women in STEM Fields. The theme for the event was "Invest in Women: Accelerate Progress". The department organized an International Webinar on "Contribution of Women in STEM Fields" for Post Graduate students in the seminar hall. Dr. Oliver B Villaflores, University of Santo Tomas, Philippines and Dr. Satish Sharma, Professor and Head of Department of Electronics and Computer Science; RTM Nagpur University were the resource persons for the event. They discussed the contribution of women scientists in modern science and technology. He discussed recent women scientists and their technological achievements. He also informed the students about various biological techniques used to extract bioactive compounds from plants and their medicinal uses to mankind.

Session II- Presentation on "An Ode to Unsung Heroes"

In celebration of International Women's Day, Dr Sapna Sharma, Department of Physics, St. Bede's College delivered a presentation on "An Ode to Unsung Heroes". This initiative aimed to enhance the awareness about the contribution of women scientists in designing the periodic table. The contribution of Marie Curie, Lise Meitner, Ida Noddak, Margaret Todd, Marguerite Perey and Darleane Hoffman was remembered. Their inventions and innovations have enriched the mind of students.

Session III- Panel-Discussion on "Contribution of Women in STEM Fields"

On the occasion of International Women's day, there was a panel discussion in which, Dr. Neha Katoch (RGGDC, Chaura Maidan, Shimla), Dr. Sapna Sharma, Dr. Shweta Thakur, Ms Neha Walia, Dr. Kusum, Dr. Preeti Kaundal, Ms. Titiksha, Dr. Sangeeta Sharma of St. Bede's college discussed their journey into science and various challenges that women faces while building their carrier. They also discussed the differences in education sector pertaining



to females. They discussed the changes need to include in scientific system to make it more inclusive for females in science. They advised the students about various career options available in science. Post graduate students actively participated in the panel discussion.

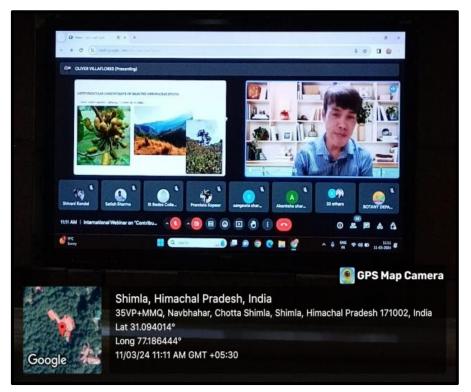


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International Webinar on "Contribution of Women in STEM Fields" (11, March, 2024)



International Webinar on "Contribution of Women in STEM Fields" (11, March, 2024)





Presentation on an "An Ode to Unsung Heroes" (11, March, 2024)



Panel Discussion on "Contribution of Women in STEM Fields" (11, March, 2024)



FINE ARTS EXHIBITION

The Fine Arts Society of St. Bede's College, organized an 'Art Exhibition' on 22nd February, 2024. The exhibition was organized in the college courtyard. The exhibition was divided into three sections, viz. display section, selling section, and recycle waste activity section.

The selling section of the exhibition was the space for the students to sell or retail their handmade goods. This was an initiative to encourage and facilitate entrepreneurship skill. The items sold by students included canvas paintings, candles, fridge magnets, origami, bookmarks, stickers, beaded bracelets, dream catchers and self- embroidered handkerchiefs.

The display section was a space where students got a chance to showcase their talents. The display section included many different forms of canvas paintings, mandala designs, craft items made with mirror and newspapers, paper weights, and sketches made with charcoal and oil pastels. The exhibition also included a recycle paper activity section. The members of the society have been constantly utilizing the recycled paper, which is manufactured in the Paper Recycling Unit in the college itself. The different items which were made out of recycled paper by the students included, mandala art, origami animals, dairies, paintings, bookmarks, and origami flowers. This section provided students with an opportunity to promote usage of recycled paper and in what all different ways this paper can be utilized. Along with these craft items, the recycled paper was also used to make many different invitations for many college events, a glimpse which was also showcased during the exhibition.







Brochure





Art Exhibition-Selling Section (22 February, 2024)



Art Exhibition- Display Section (22 February, 2024)

FIVE DAYS FACULTY DEVELOPMENT PROGRAMME ON ACADEMIC WRITING AND RESEARCH METHODOLOGY: MULTIDISCIPLINARY

Department of computer science organized Five Day Faculty Development Programme on "Academic Writing and Research Methodology: Multidisciplinary" from December 26-30, 2023 in the seminar room from 10:00 AM – 4:00 PM.



The primary objective of the Faculty Development Programme was to provide a platform for the faculty to have deeper understanding of research and data analysis using various online open-source tools and its visualization which will help them in their research work. It typically aimed to enhance the skills and knowledge of faculty members across various disciplines.

Learning outcomes: Faculty members were equipped with the skills and knowledge needed to engage in high-quality multidisciplinary academic research and effective academic writing. They also understood the use of various open source softwares such as google colab, jupyter notebook, anaconda to name a few for data analysis and data visualization. The outcomes aimed to enhance the overall research productivity and impact of the participating faculty members.





Five days faculty development programme on Academic writing and research methodology: Multidisciplinary (December 26-30, 2023)

GOVERNMENT GRANTS

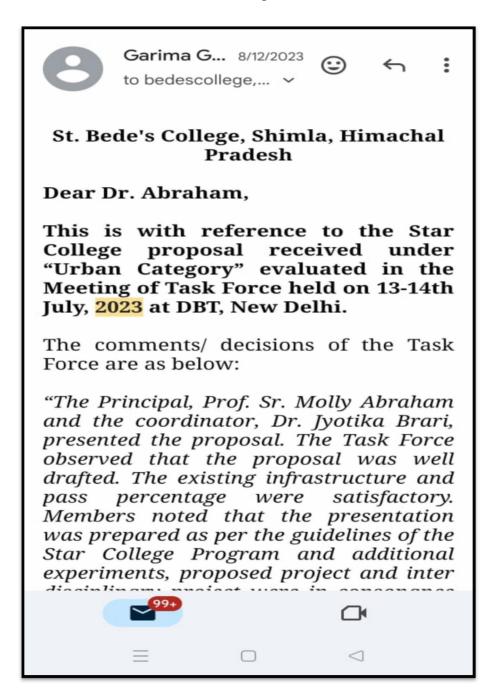
CURIE Core Grant for Women PG Colleges

Officer-in-charge	GOVERNMENT OF INDIA MINISTRY OF SCIENCE & TECHNOLOG
CURIE Programme	Department of Science & Technology
Phone: 011-26590273	
E-mail: pawan.kumar@	Pnic.in New Delhi-110016
File No.: DST/CURIE-PG/2023/31	18,10,2023
Sub: "CURIE Core Grant for Women P	
Dear Ms. Preeti Kaundal,	O Conteges
and the second	
	entation made in the Programme Advisory Committee (PAC) meeting of nnovation and Excellence (CURIE)' Programme.
	AC has recommended your proposal for 3 years' support under CURIE of rended components by PAC are mentioned below:
Recurring:	
Human Resource:	Project Assistant @Rs.22,000/pm (consolidated)
Infrastructure Facilities:	Rs. 5.00 lakh (including one smart class)
Consumables	Rs. 6.50 lakh
Contingencies: Travel:	Rs. 2.00 lakh
SSR activities:	Rs. 1.00 lakh (including travel of Expert-Mentor) Rs. 2.00 lakh
Networking Computational Facilities:	Rs. 10.00 lakh
meter, Herbarium press, Herbarium she	croscope with camera, Centrifuge, BOD incubator, Binocular microscope, pH ets, Autoclave, Microtome, Micropipettes, Electrophoresis Unit (21.00 Lakhs) use for issue of financial sanction, you are requested to submit the following
	of the Institution where the said project will be implemented (in attached
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CURIE Core Grant for Women PG Colleges



STAR College- DBT



STAR College- DBT



Decision: The Task Force recommended financial support for two departments: 1. Biotechnology, Botany, Zoology and Microbiology (clubbed as one); and 2. Chemistry and Physics (Clubbed as one)."

In view of the above, the following documents are required for the further processing of the project:

 Checklist along with documents mentioned therein as per attached format.

2. ZBSA account with ICICI Bank for the projects supported under Biotechnology Research & Development Scheme (0150) and share details of same in attached Annexure-I, II. In checklist provide only ZBSA account details.

3. Quotations for equipment costing more than Rs. 1.00 lakh; only one equipment is allowed per department costing more than Rs. 1.00 lakh within ceiling of Rs. 5.00 lakh.

4. As per the guidelines/Terms & Conditions of Star College Program items like Laptop, Air conditioner, and

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STAR College- DBT