

Department of Physical Education. St. Bede's College, Shimla (H.P)

Minutes of the Meeting

A meeting of the Physical Education Department was held on 18th June, 2023 at 1.30 p.m. to oraganise "National Workshop on Yoga for Healthy Life Style", 19th-21st June, 2023.

1) Prof. Sr. Molly Abraham Mollym
2) Dr. Ashwani Kumar Amusika



Department of Physical Education, St. Bede's College, Shimla (4.P)

Minutes of the Meeting

A meeting of Physical Education Department was held on 24th June, 2023 at 1.30 p.m. to oraganise "International Workshop on International Olympic Day", 26th June, 2023.

1) Prof. Sr. Molly Abraham rollym
2) Dr. Ashwani Kumar Juli