

Nutrition and Health
Education
St. Bedes college Shimla

MINUTES OF THE MEETING

Date: 18th July, 2022

Venue: Food and Nutrition Lab

Time: 10:30 AM

A departmental meeting was held with Mr. Reggi Pappy (Lab Assistant) on the following points:

- To look into the requirements of the Lab.
- Conducting of the practical's for the session.
- Planning of the cafeteria in the Nutrition Lab for celebration of the Nutrition Week in the month of September.

Ms. Jaivanti Chauhan Assistant Professor Department of Nutrition & Health Education

Mr. Reggi Pappy (Lab Assistant)



Nutrition and Health Education St. Bedes college Shimla

MINUTES OF THE MEETING

Date: 12th September, 2022

Venue: Department of Mathematics

Time: 1:30 PM

A meeting was held with Mr. Susheel Kumar and Ms. Reena Thakur Conveners of the NSS Unit regarding celebration of **Poshan Maah**. The following were the key points discussed.

- Department of Nutrition will be presenting presentation on Obesity Management.
- Evaluation of Body Mass Index of NSS students will be done by students of Nutrition.

Ms. Jaivanti Chauhan

Ms. Susheel Kumar

Ms. Reena Thakur

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Nutrition and Health Education St. Bedes college Shimla

MINUTES OF THE MEETING

Date: 18th November, 2022

Venue: Food and Nutrition Lab

Time: 1:30 PM

A meeting was held with Ms. Reena Thakur (Department of Microbiology) related to delivering of talk. The points discussed were as follows:

- To speak on Body Mass Index to the students of Microbiology.
- The event was to held on 23rd November in Nutrition Lab.

Ms. Jaivanti Chauhan

Ms. Reena Thakur

Mhauhan