

### Extension Activities 2023-2024

Anecdote Narration & Rally to observe "International Day of Peace"

Date: September 21-22, 2023

Theme: End Racism and Build Peace

Objective: The Department of Political Science and History organized a session on anecdote narration to observe "International Day of Peace". It aimed to create an awareness among the youth about the importance of peace and ways to avoid local, national and international conflicts.

Description: The event began by underlining the importance of global peace and harmony. It featured three compelling anecdotal narratives from participants. These participants were from BA III Year who narrated the stories of racism which were prevalent in the societies of USA, Australia and South Africa. They also suggested the ways and means through which harmony is to maintained in the world highlighting important roles of international non-state actors. These anecdote narrations were followed by a lecture which emphasized on social cleavages created through racism, casteism, gender biasness and need to reduce such practices. On September 22, 2023 a rally was organized by the department which started from Sanjauli Chowk to Navbahar. The effort to sensitize and spread message of harmony and peace was remarkable and the event ended on a successful note giving message of peace and non-violence.

Outcome: The event ended on a successful note by sensitizing students about the impact of conflict on general lives and methods to prevent them. These methods include use of different tracks of diplomacy, ending arms race, cutting down usage and production of Weapons of Mass Destruction. It further emphasised on the roles which different individuals, communities, institutions can play to create a harmonious world.













International Peace Day Celebration



EXTENSION ACTIVITY: "Nurturing the Abandoned: Spreading Smiles"

Date: November 04, 2023

Venue: Namgyal Monastery, Sanjauli, Shimla, HP

#### **Objective:**

The Department of Political Scienceorganized an extension activity on November 04, 2023, under which, the students visited Namgyal Monastery, Old Age Home situated at Sanjauli. The purpose of this activity was to promote social responsibility among students and create a sense of empathy towards the elderly members of our society who are abandoned by their own children and families. The initiative also aimed to offer companionship to the elderly people and foster an inter-generational understanding thus creating a positive impact on the lives of elderly residents.

<u>Description:</u> The students visited an Old Age Home situated at Sanjauli to reach out to the most vulnerable section of our society under the theme "Nurturing the Abandoned: Spreading Smiles". Therefore, they organized numerous recreational activities such as games, skit, singing competition to bring striking smiles on all faces. The students got an exceptional experience after interacting with the aged people and knowing about their real life stories. They also distributed fruits, sweets and promised to offer all kind of support whenever needed. The residents appreciated the companionship and efforts made by the students and making them feel valued and cherished.

<u>Impact and Outcomes:</u> - The students gained valuable life lessons and a practical understanding of the challenges faced by the elderly, enhancing their empathy and compassion for the bigger cause. The visit also created a positive atmosphere at the old age home. Moreover, the outreach enhanced the spirits and enthusiasm of the residents and staff. This outreach activity overall fostered a sense of social responsibility and community engagement among the participants.

















ST. BEDE'S COLLEGE

Department of Political Science is organizing an extention activity on the theme :

"NURTURING THE ABANDONED-SPREADING SMILES"

Date: November 4, 2023

Location: Namgyal Monastery Old Age Home, Sanjauli.





Extension Activity "Nurturing the Abandoned: Spreading Smiles"

