

Art Therapy with Psychology Principles

Syllabus

Art Therapy with Psychology Principles syllabus

Unit 1: What is Art Therapy; Art therapy for self healing, colour wheel; psychology of colours; self body state using water colours; how to use self body state using water colours.

Unit 2: Zentangle; how to use Zentangle, Mandala; how to use Mandala; A grateful mandala, Zendallas; creating zendallas; Doodle art; creating doodle art, letter to younger self and colour of your younger self; colour of your present self, scribble art.

Unit 3: Maslow hierarchy of need; creating emotions wheel, paint your emotion, gratitude jar.


Principal
St Bede's College
Shimla 171002

Timetable (2022-2023)

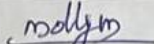
ST. BEDE'S COLLEGE- SHIMLA

TIME-TABLE FOR CERTIFICATE COURSE THIRD YEAR

2022-2023

DATE: AUGUST 08, 2022

COURSE NAME	DAY	TIME	ROOM
Art Therapy with Psychology Principles	MONDAY	2:30-3:45	C-7
	SATURDAY	11:30-12:15	C-7


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Date sheet (2022-2023)

ST. BEDE'S COLLEGE- SHIMLA
DATE-SHEET FOR CERTIFICATE COURSE THIRD YEAR
DEPARTMENT OF PSYCHOLOGY
2022-2023

COURSE NAME	CLASS	TIME	ROOM
Art Therapy with Psychology Principles	Third Year	April 22, 2023 9:00-9:45 AM	C-7


PRINCIPAL

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Shimla-171002

Certificate (2022-2023)



St. Bede's College, Shimla

NAAC Re-accredited 'A+' Grade

**Department of Psychology
CERTIFICATE**

This is to certify that

Vasundara Sapehia

*has successfully completed a Course in Art Therapy with Psychology
Principles w.e.f. 8th August 2022 to 13th March 2023
and her performance has been graded Outstanding*

A handwritten signature in blue ink that reads "molly m".

Prof. Sr. Molly Abraham

Principal