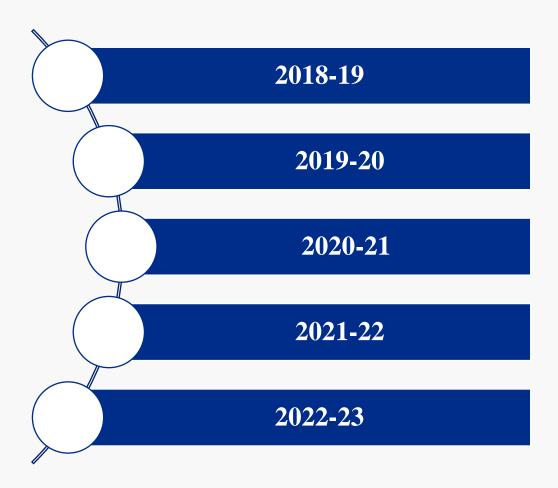


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## SEMINARS/WEBINARS/CONFERENCES/WORKSHOPS CONDUCTED BY THE COLLEGE





S.NO.	SEMINARS, WEBINARS, CONFERENCES, WORKSHOP	S 2018-19
1.	NATIONAL SEMINAR ON 'CELEBRATING INDIAN SCIENCE: FROM PAST TO FUTURE'	VIEW
2.	NATIONAL SEMINAR ON "LET'S FROLIC WITH THE TECHNOPLENUM"	VIEW
3.	TWO-DAYS INTERNATIONAL SEMINAR ON "PARTITION REVISITED"	VIEW
4.	TRAINING PROGRAM ON TALLY	VIEW
5.	WORKSHOP ON "NATIONAL SECURITIES DEPOSITORY LIMITED"	VIEW
6.	WORKSHOP ON "CAREER AND GUIDANCE COUNSELLING"	VIEW
7.	SEMINAR ON "LEADERSHIP AND MANAGEMENT SKILLS"	VIEW
8.	WORKSHOP ON "SCIENCE FOR THE PEOPLE AND PEOPLE FOR SCIENCE"	VIEW
9.	FACULTY DEVELOPMENT PROGRAMME ON "EDUCATION TRENDS VISION-2030"	VIEW
10.	'INTERNET TECHNOLOGY AND FUTURE NETWORKING'	VIEW



#### CELEBRATING INDIAN SCIENCE: FROM PAST TO FUTURE



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## CELEBRATING INDIAN SCIENCE: FROM PAST TO FUTURE

On 13th September 2018, the Physics department collaborated with the Indian Science Congress Association (ISCA) Shimla Chapter to host a one-day National Seminar titled 'Celebrating Indian Science: From Past to Future'. The Seminar was aimed at providing an opportunity for students to enjoy the wonderful world of science, satisfy their curiosity, and understand how and why certain things happen around us.

Objectives: Objectives of this event were to:

- Celebrate the block building fundamental contribution of the Indian scientists in the field of
  science and technology bringing to fore advancements and credible achievements since times
  immemorial to recorded present.
- Bring together scientists, researchers, academicians and other stakeholders to foster an immersive understanding of the diverse and enigmatic heritage of India in the field of science.
- Explore the potential of the knowledge, insights and perspectives of the contribution of the scientists in India in the past and present and tap the potential of nurturing Indian scientific temperament and the possibilities it offers to address the current world challenges.

The Seminar was attended by hundred students from various schools and colleges of Shimla along with 350 Bedeian science students who were unison in expression of their appreciation of this opportunity to exchange ideas in scientific applications.

Eminent speakers led the student diaspora by evoking keen interest and insights into the evolution of scientific temperament in India and its impact through their immersive lectures.

The students availed this rare sent opportunity to interact with the amazing experts from the science fraternity and gain a detailed perspective about different areas of science and their correlation.

The Seminar also included an exhibition featuring the departments of physics, microbiology, biotechnology, botany, and zoology. The departments showcased various experiments and medicinal plants, which helped students to learn more about the practical applications of science and its impact on society.

Outcomes: The highlights were that the participants were introduced to the historic Indian traditions, knowledge systems and innovations which were hitherto unheard of and were brought to fore for the benefit of the students through this seminar

Principal St Bede's College Shimla 171003





## **BACK**













#### ONE DAY NATIONAL SEMINAR



#### INDIAN SCIENCE FROM PAST TO FUTURE

Organized by

St. Bede's College Shimla (Science Faculty)

(NAAC Re-Accredited 'A+' College)

#### INDIAN SCIENCE CONGRESS ASSOCIATION (ISCA) SHIMLA CHAPTER

Date: 13th September, 2018 Venue& Time: College Auditorium (9:30 A.M – 3:30 P.M)

Dr. Sr. Beena John Principal, St. Bede's College Shimla

#### Convener

Dr. Sapna Sharma
Associate Professor
St. Bede's College Shimla
(Mob)9418495919 E.mail: sapnasharma228@yahoo.com

#### Co-Conveners

Dr. Shramja Munjal (Mob)94i8477011 Mr. V. K. Sanoria (Mob)9418187201

#### **Organizing Committee**

(多t. Bede's College) Dr. Sanjeev Kumar Mr. D.V. Pathania Mr. D. V. Fathania Dr. Anita Khanna Mr. Abhishek Dr. Neha Gautam Ms. Shruti Sharma

#### Convener

Dr. (Mrs.) Neeraj Sharma Professor (Retd.)Deptt. of Chemistry H.P.University Shimla (Mob)9418453504 E.mail: neerajsharma\_univ@yahoo.co.in

**Co-Conveners**Prof. P.K Ahluwalia (Mob)9805076451
Prof. A. K Bhatt (Mob)9418450009

## Organizing Committee (ISCA -SHIMLA CHAPTER)

Prof. D.D Sharma Prof. Sushma Sharma Prof. Veena Sharma Prof. Sudarshana Rana Prof. Reena Gupta Dr. Subhash Gupta

#### Target Audience for the Seminar

- XI and XII science students
- Undergraduate science students Postgraduate science students & Research scholars
- Any body who loves science

NOTE: No registration fee will be charged



#### ONE DAY NATIONAL SEMINAR ON "LET'S FROLIC WITH THE TECHNOPLENUM"



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## ONE DAY NATIONAL SEMINAR ON "LET'S FROLIC WITH THE TECHNOPLENUM"

On September 17, 2018, the Department of Computer Science at St. Bede's College Shimla organized a one-day national seminar titled "Let's Frolic with the Technoplenum." The event was well-attended by students from various schools in Shimla, along with distinguished guests and experts in the field of computer science.

Objectives: the seminar set the event with the agenda to create educational environment in latest trends in computing ad resultant career options in computer science with immersive interaction of the students

Session one had the honorable chief guest, Dr. Arvind Kalia addressing the congregation, highlighting insights into the cutting edge advancement in innovations in the field of evolving computing,

Second session was led by Dr. Akashdeep from University Institute of Information Technology, Punjab University, Chandigarh under the title "Computer Science: Learning to Program" with the primary aim to evince interest of the students with the fundamentals of programming to make them successful in this field.

Session three had the theme "Career Lanes Post 12<sup>th</sup> Standard" being addressed to by Dr. Vikram Singh, Professor, Department of Computer Science and Applications, Chaudhary Devi Lal University, Sirsa, Haryana where he introduced the children into myriad opportunities in the field of computer science as an exciting career option.

**Outcomes:** The seminar had several positive outcomes for the participants. Some of the key outcomes include: Students participated with keen interest and excitement and were better informed about the latest trends in the field of computer science, fundamentals of programming skills, coding and software development and the various career associated with it after their 12<sup>th</sup> standard which all gave them a rare sent opportunity to interact with experts and professionals in this field which fostered networking and collaboration opportunities.

St. Bede s College Computer Benartment

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#### TWO-DAYS INTERNATIONAL SEMINAR ON "PARTITION REVISITED"



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## TWO-DAYS INTERNATIONAL SEMINAR ON "PARTITION REVISITED"

The ICSSR sponsored International Seminar 'Partition Revisited' took place at St. Bede's College in Shimla on September 19-20, 2018. The event was organized by the Departments of Political Science and History under the able guidance of the Principal, Dr. (Sr.) Beena John. The conference brought together eminent scholars, including Sucheta Mahajan, Ritu Menon, Dilip Simeon, Meghna Guha Thakurta, and Debajani Sengupta, from different parts of India, Bangladesh, and Tanzania, who served as keynote speakers. More than 200 delegates attended the conference, presenting papers on various aspects of the Divide of 1947, including historical, political, social, and literary topics.

Objective: The seminar aimed to delve into the historical, political, and socio-economic impacts of the Partition of 1947. The papers presented at the event explored diverse subjects, such as the role of prominent leaders, including Jinnah, Nehru, and Gandhi, in the Partition drama; the colonial hand in partitioning the subcontinent and the resulting culpability and betrayal; the roots of communalism in undivided India and the associated alienation and conflict; the experience of women during the Partition; the burden of displacement, relocation, and rehabilitation for migrants; and the impact of Partition on the economies of India and Pakistan. Through these discussions, the seminar sought to revisit the tragic landscape of Partition and understand its consequences.

In addition to the presentations, students from various schools, including Loreto Convent Tara Hall, Sacred Heart, D.A.V. School, New Shimla, and students from different colleges and Himachal Pradesh University, presented their research papers. Furthermore, the seminar featured a film, 'The House on Gulmohar Avenue,' presented by Samina Mishra, a documentary filmmaker from New Delhi.

#### Outcome of the Seminar-

The seminar gave a platform to the students to revisit the historical, political, social and literary aspects of the partition of 1947 in the proper perspective. The root cause of communalism in undivided India and the role of the then leaders and colonial powers was also explored along with the consequential effect of the fractured economy, effect on migrants of India and Pakistan. The students learnt from the past how not to repeat the mistakes committed then.

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#### TRAINING PROGRAM ON TALLY



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#### TRAINING PROGRAM ON TALLY

On September 24, 2018, St. Bede's College organized a training program on the topic of "Tally ERP 9 Software" for the non-teaching staff members.

**Objective-** The objective of this training program was to equip the non-teaching staff with the skills to effectively use Tally ERP 9 to increase the overall efficiency of administrative processes.

The resource person for this informative session was Miss. Poonam Thakur, an expert from Sai Digitech Institute Pvt. Ltd., located in Lakkar Bazar, Shimla.

The training program commenced at 10:00 AM and saw active participation from the non-teaching staff members of the college. Miss. Poonam Thakur conducted a comprehensive overview of the Tally ERP 9 software, explaining its features, and its various modules. Some of the key areas covered during the training included:

- 1. **Installation and Configuration:** The session began with an explanation of how to install and configure Tally ERP 9 on various systems.
- 2. **Data Entry and Management:** Participants were guided through the process of data entry and management within the software.
- 3. **Generating Reports:** Tally ERP 9's reporting capabilities were showcased, demonstrating how it can be used to generate financial reports, statements, and other essential documents.
- 4. **GST (Goods and Services Tax):** Given the significance of GST in modern taxation, a dedicated portion of the training program focused on understanding how Tally ERP 9 can be used for GST compliance and reporting.

The session concluded with a fruitful discussion in which participants had the opportunity to address common issues they had encountered while using the software.

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President Shimla 1710cc



#### WORKSHOP ON "NATIONAL SECURITIES DEPOSITORY LIMITED"



## WORKSHOP ON "NATIONAL SECURITIES DEPOSITORY LIMITED"

The Departments of Economics and Commerce, in collaboration with the Securities and Exchange Board of India (SEBI), organized a workshop on 'National Securities Depository Limited' on 29th November 2018.

#### Objective-

Mr. Arun Sharma, the Deputy Company Secretary of SJVN, Shimla, Mr. Ankur Mittal, the Assistant Vice-President of NSDL, the resource persons, addressed the overwhelming congregation of enthusiastic students to give them valuable insights into various investment options available at the bourses and the effective regulation of the trade and market practices to ensure investor protection.

The congregation was introduced to a plethora of NSDL services such as dematerialization of shares, account maintenance and settlement of trades which all reduced the risk of theft, loss, or forgery of valuable investment instruments.

It was followed by a Q&A session which was suitably addressed by the distinguished guests of this session.

Outcome- SEBI in collaboration with the Departments of Economics and Commerce led the students to enhance their insight in financial literacy and to explore career option in the fields of Finance and Investment

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#### WORKSHOP ON "CAREER AND GUIDANCE COUNSELLING"



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#### WORKSHOP ON "CAREER AND GUIDANCE COUNSELLING"

The Department of Zoology organized a career and guidance counseling workshop on December 18, 2018, in collaboration with Biotech Sapiens, Chandigarh.

**Objective-** Discussion of strategic planning for life sciences for graduate and post-graduate students in competitive examinations related to their field.

Mr. Vimal Bhutani, Director, Biotech Sapiens, Chandigarh discussed with the students of B.Sc. And M.Sc., the career options available to them through competitive examinations such as CSIR-UGC NET, DBT, ARS, ICMR, ICAR, IIT-JAM in covetable careers in the field of life sciences and biotechnology.

The Q&A session and the follow up discussion gave the students an overview of the methodologies to tackle the competitive examinations in view of the latest changes and trends.

Outcome- The students came away with insights into strategies required for competitive examinations and the Department of Zoology has decided to organize more workshops at regular intervals to help students shape their careers.

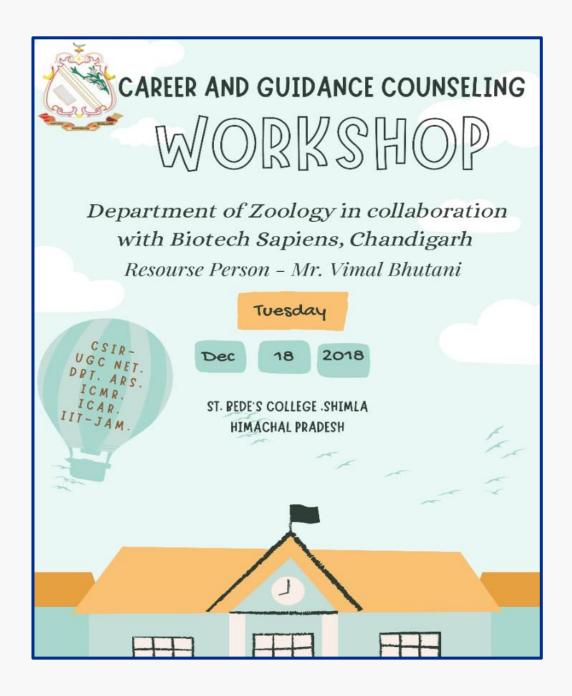
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#### SEMINAR ON "LEADERSHIP AND MANAGEMENT SKILLS"



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## SEMINAR ON "LEADERSHIP AND MANAGEMENT SKILLS"

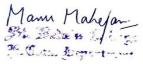
A seminar on the topic of 'Leadership and Management Skills' was organized by the Department of Commerce at St. Bede's College, Shimla on 20th December 2018. The seminar was conducted in collaboration with the Department of Commerce at Himachal Pradesh University and was intended for the benefit of the students.

Objective- Importance of development of key skills such as management and leadership in the business world.

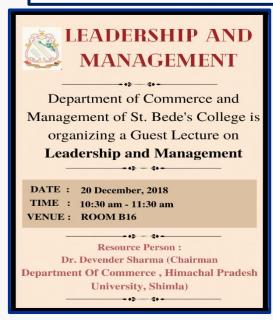
The resource person, Dr. Devender Sharma, Chairman of the Department of Commerce at Himachal Pradesh University, Shimla addressed the students about the necessity of acquiring leadership and management skills for a successful career in business environment.

He introduced the students to management models and applicable theories not only for developing their leadership and decision-making capabilities but also their personal growth. He emphasized the need for organizing teamwork so that the business objectives are achieved through effective communication, delegation, motivation and team effort.

Outcome- Students pursuing commerce and business management were better informed about how to equip themselves with extant leadership and management skills to be successful in the corporate world.











#### WORKSHOP ON "SCIENCE FOR THE PEOPLE AND PEOPLE FOR SCIENCE"



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#### WORKSHOP ON "SCIENCE FOR THE PEOPLE AND PEOPLE FOR SCIENCE"

To mark the discovery of Raman Effect for which Sir C.V. Raman was awarded the Nobel Prize in physics in 1930 and to celebrate Science Day, physics department, in collaboration with Jaypee University Waknaghat organized a one-day workshop on the theme 'Science for the people and people for science on 28th February 2019.

Objectives: The objectives of the program were to:

- Foster scientific literacy among participants by providing them with an understanding of scientific principles and concepts.
- Encourage participants to develop a curiosity-driven mindset and an eagerness to explore and investigate scientific phenomena. foster critical thinking.
- Emphasize the importance of effective science communication skills.
- Cultivate critical thinking skills among participants, enabling them to evaluate scientific information and evidence critically.
- Encourage lifelong learning and foster an appreciation for the value of science in society.
- Emphasize the importance of diversity and inclusivity in science and to create an inclusive learning environment that respects and values diverse perspectives.
- Highlight the importance of ethical and responsible scientific practices, including the responsible use of scientific knowledge, ethical considerations in research, and the responsible communication of scientific information.
- Encourage interdisciplinary thinking by highlighting the interconnectedness of different scientific disciplines and promoting an integrated approach to problem-solving.

The first technical session of the workshop started with a talk delivered by Prof Teerath Raj on Bioinformatics: Applications in Medical Science like Alzheimer disease and cancer. In the second technical session Dr. Ragini Raj Singh deliberated on 'Recent Trends in Nanotechnology'. She explained how nanotechnology is applied in all aspects of life and how the properties of a material change on changing its size to nanometer. An informative video on properties of Nanotechnology was also shown to the audience. Dr. Sanjeev Kumar Tiwari highlighted the importance of science in our daily life. In the third technical session medical, nonmedical, biotechnology and microbiology students were divided into small groups and practical demonstrations were given to them.

The topics covered were:

- i. Working of Biogas reactor its fabrication, working and utility, KOH string test
- ii.Molecular Biology: Demonstration on PCR, Restriction Enzymes, Gel electrophoresis
- iii.Plant Tissue Culture: Demonstration of techniques for carrying out micro propagation of ornamental and medicinal plants.

iv. Antigen and antibody based diagnostic techniques.

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v. Working of optical fibre, polarization phenomenon, the Michelson Morley experiment.

On this occasion essay writing, poster making, slogan writing and video making competitions on the theme were also held.

#### **Outcomes:**

The students were led into rethinking critical scientific methods in evidence-based decision making. They explored the importance of inclusivity and diversity in science and the role of science in real world issues thereby improving the lives of people.

Ethical practices in scientific research, interdisciplinary and collaborative approach in solving complex problems which require diverse expertise were also discussed.

St Wede's College Physics Bepartment

Principal St Bede's Collect Shimla 17107



#### ONE DAY WORKSHOP



#### "SCIENCE FOR THE PEOPLE AND THE PEOPLE FOR SCIENCE"

## Organized by

St. Bede's College Shimla

#### JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY, WAKNAGHAT

Date: 28th February, 2019 Time: (10 A.M -4.00 P.M)

**Patron** Dr. Sr. Beena John Principal, St. Bede's College Shimla

Convener
Dr. Shramja Munjal
Associate Professor
St. Bede's College Shimla
(Mob)9418477011
E.mail:shramja@gmail.com

Convener
Dr. Sudhir Kumar
Professor & Head - Department of
Biotechnology and Bioinformatics
UIT, and Bioinformatics
(Mob) 9805627899
E.mail : sudhir.syal@juit.ac.in

# Target Audience for the Seminar Undergraduate science students Postgraduate science students Any body who loves science

NOTE: No registration fee will be charged















 $\label{lem:decomposition} Demonstration\ of\ various\ experiments\ by\ faculty\ of\ Jaypee\ University\ of\ Information\ Technology,\\ Waknaghat$ 



#### FACULTY DEVELOPMENT PROGRAMME ON "EDUCATION TRENDS VISION-2030"



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## FACULTY DEVELOPMENT PROGRAMME ON "EDUCATION TRENDS VISION-2030"

From March 4, 2019, to March 8, 2019, a Faculty Development Programme on "Education Trends Vision-2030" was organized by the Internal Quality Assurance Cell (IQAC) in collaboration with the Economics Department at St. Bede's College, Shimla.

**Objectives**: The Faculty Development Programme aimed to familiarize the faculty with innovations in curriculum and pedagogy to promote communication skills, critical thinking, and creativity.

Day 1 - Topic: "Vision 2030 and Globalized Education" Speaker: Dr. Ravi Bhushan (IQAC Coordinator)

Summary: The inaugural day of the program featured Dr. Ravi Bhushan, IQAC Coordinator, who spoke on the alignment of Vision 2030 with educational policies. He highlighted that it is important to have a clear vision and road map for a sound education system.

Day 2 - Topic: "Emerging Trends in Higher Education" Speaker: Dr. Ravi Bhushan (IQAC Coordinator)

On the second day, Dr. Ravi Bhushan discussed emerging trends in higher education and provided information on current trends in higher education.

Days 3 and 4 - Topic: "Innovations in Pedagogy and Curriculum Design" Speaker: Prof. Ahluwalia (External Expert, IQAC, and Retired Professor, Department of Physics, Himachal Pradesh University) On third and fourth day of the program, Prof. Ahluwalia's lecture focused on innovations in pedagogy and curriculum design. He gave insights into innovative approaches to teaching and curriculum development.

Final Day - Topic: "Inter-Country Perspective on Education Trends" Speaker: Mr. Mike Ivanof (Fraser Valley University, Canada)

On the final day Mr. Mike Ivanof, provided an inter-country perspective on education trends. He emphasized the necessity of enhancing communication skills, critical thinking, creativity, and innovation in students. He discussed the role of the 5Cs – competition, co-petition, co-operation, collaboration, and co-ordination in education. His presentation concluded with the powerful message that words have the potential to change the world.

**Outcomes**: The seminar provided insights about the changing trends in educational landscape in line with the globalized world envisioned in Vision 2030.

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Principal St Bede's College Shimla 171004



ECONOMICS DEPARTMENT ST. BEDE'S COLLEGE SHIMLA

IN COLLABORATION WITH UFV CANADA

**ORGANISES** 

A FACULTY DEVELOPMENT PROGRAMME ON

EDUCATION TRENDS: VISION 2030

RESOURCE PERSON DR. MIKE IVANOF



DATE 8TH MARCH 2019
TIME 10.30 A.M
VENUE COLLEGE AUDITORIUM







#### INTERNET TECHNOLOGY AND FUTURE NETWORKING



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#### INTERNET TECHNOLOGY AND FUTURE NETWORKING

On April 2, 2019, a guest lecture titled 'Internet Technology and Future Networking' was organized for the BCA students of our institution. The esteemed resource person for the lecture was Prof. Jawahar Thakur from the Department of Computer Science at Himachal Pradesh University, Summerhill, Shimla.

**Objectives:** The guest lecture was to provide the BCA students with knowledge of razor edge internet technology and its impact on the future of networking.

Professor Jawahar Thakur elucidated the evolution of networks, development of internet as on date and traced its history detailing how devices connecting people worldwide came into being. Computer network concepts were explained and explored to give the students of BCA insight into key elements and protocols vital for establishing network connections. He evoked interest of the attendees in the working of internet, the underlying architecture, seamless data technology transfer and introduced them to the current trends in cloud computing, internet of things (IoT), artificial intelligence and its impact.

Outcomes: The seminar achieved the vital importance in understanding evolution of networks and its history, essentials of computer network concepts, architecture of internet, evolving trends in computing and the prospects in the role of network development.

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S.No.	SEMINARS, WEBINARS, CONFERENCES, WORKSHOPS 2019-20	
1.	CAMPUS WHIZZ WORKSHOP	VIEW
2.	WORKSHOP ON "THEORY AND PRACTICE OF TRANSLATION"	VIEW
3.	INTELLECTUAL PROPERTY RIGHTS AWARENESS PROGRAMME	VIEW
4.	WORKSHOP ON POLYBRICK INITIATIVE	VIEW
5.	WORKSHOP ON "START-UP PROGRAMMES AND ENTREPRENEUR DEVELOPMENT"	VIEW
6.	WORKSHOP ON ADULTERATION IN FOOD ITEMS	VIEW
7.	SEMINAR ON "PATTERNS IN NATURE AND DISCOVERIES IN SCIENCE"	VIEW
8.	SEMINAR ON "TALLY ERP"	VIEW
9.	WORKSHOP ON "CREATIVE WRITING"	VIEW
10.	WORKSHOP ON THIRD ALL INDIA TALLY COMMERCE APTITUDE TEST (TCAT)	VIEW
11.	SEMINAR ON "STRESS MANAGEMENT	VIEW
12.	SEMINAR ON "PROJECT DEVELOPMENT"	VIEW
13.	WORKSHOP ON "NEW LAYOUT OF COLLEGE WEBSITE"	VIEW
14.	NATIONAL SEMINAR ON "LANGUAGE, CULTURE AND LITERATURE"	VIEW
15.	DISASTER PREPAREDNESS AND TRAINING SESSION	VIEW
16.	SEMINAR ON "AVIATION"	VIEW

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#### CAMPUS WHIZZ WORKSHOP



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## CAMPUS WHIZZ WORKSHOP

From June 19th to June 21st, 2019, a workshop on Campus Whizz was organized for the faculty members. The workshop spanned over three days, concluding on June 21st, 2019. The training was conducted department-wise, allowing the faculty to gain valuable insights into the new uses of their internet facilities.

Objective: The primary objective of the workshop was to familiarize the teachers with E-catalogue (OPAC) and the INFLIBNET (Information Library Network). The focus of the training was to introduce the teachers to Campus Whizz, which incorporates tools that are designed to enhance the accessibility and functionality of the college's internet facilities.

The session commenced under the aegis of experienced teachers who in turn guided the teachers with hands on demonstration, interactive discussions, and practical exercises to expose them to features and functionalities of Campus Whizz.

Outcomes: Faculty members enlarged their scope and vision in imparting education through indepth research of scholarly articles in the digital library resources through E-Catalogue (OPAC) and INFLIBNET.

Professional development found new vistas of teaching methodologies and innovation in curriculum development through interactive discussions and practical exercise undertaken amongst the large congregation of attendees.

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#### WORKSHOP ON "THEORY AND PRACTICE OF TRANSLATION"



## WORKSHOP ON "THEORY AND PRACTICE OF TRANSLATION"

On August 21, 2019, a translation workshop was held in the college by the Department of English. The resource persons were Dr. Usha Bande, Retd Principal and Professor, Dept. of English; Dr. Rana Nayar Retd. Prof. Punjab University and Dr. Meenakshi Faith Paul, Principal, Dept. of Evening Studies H.P University.

**Objectives**: The main objective of the workshop was to understand the techniques of translation and consequently have a better insight into its process.

- Dr. Usha Bande ushered in the keynote of translation studies which she termed as 'Transcreation' in keeping with the effective power of translation.
- Prof. Rana Nayar laid emphasis on common mistakes, prone to translators initially, through his own personal experience. He shared his own revealing take on complexities and paradoxes of translation in different languages with divergent meanings.
- Finally, Dr. Meenakshi Faith Paul furthered the session with her valuable input on the struggles and pains of translation.

Prof. Rana Nayar gave the concluding address.

Outcomes: After this workshop the students learnt that translation is not merely changing the words from one language text into another language, but also mediating between the cultures associated with both the source language and the target language. They certainly got hands-on training and skills required for literary translation.

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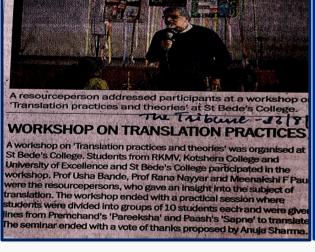
Department of English
St. Bede's College

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#### INTELLECTUAL PROPERTY RIGHTS AWARENESS PROGRAMME



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## INTELLECTUAL PROPERTY RIGHTS AWARENESS PROGRAMME

On August 31, 2019, the Department of Microbiology and Biotechnology organized an Intellectual Property Rights (IPR) Awareness Programme.

Objective-To raise awareness about IPRs, their protection, patenting procedures, trademark and copyright protection, the role of novelty and invention in academia-industry collaboration. The event was attended by students, faculty, and researchers from various departments.

Resource Person: The Head of the Department of Microbiology and Biotechnology, introduced the session with a brief overview of IPRs and their protection. The congregation was thereafter addressed by Dr. Shweta Sen Thalwal, Founder and Head of Integrum IP, Mohali, Panjab, the resource person, an expert in the field of IPR with vast experience in providing legal advice to clients on issues related to patents, trademarks, and copyrights.

She gave a graphic presentation through which she led the attendees with her overview of various aspects of IPRs, patenting procedures, patent searches, trademark and copyright protection, academia-industry collaboration, and its importance in novel inventions and most importantly ways to protect an identification of intellectual property along with the role of legal frameworks and IPR governing regulatory body.

Outcome- The target attendees under the guidance of Dr. Shweta Sen Thalwal gained insights in the knowledge of IPRs, the legal aspects of IPR and the role of the governing IPR regulatory bodies as a guiding framework of research in innovations. The emphasis of academia-industry collaboration to protect commercialization of Intellectual Property were informative and laid down the guidelines in the process of development of innovative product and technologies.

The attendees became aware of how to protect their intellectual property through a guideline on patenting procedures, patent search and trademark and copyright protection.

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St. Bede's College
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GOVERNMENT OF INDIA
MINISTRY OF COMMERCE AND INDUSTRY
DEPARTMENT FOR PROMO<mark>TION</mark> OF INDUSTRY AND INTERNAL TRADES
OFFICE OF THE CONTROLLER GEN<mark>ERAL OF PATE</mark>NTS, DESIGNS AND TRADEMARKS

in association with

# St. Bede's College Department of Microbiology'

is organizing

## IPR AWARNESS PROGRAMME

[Under the National Intellectual Property Awarness Mission]

Creative India , Innovative India

Date: 31st August, 2019







#### WORKSHOP ON POLYBRICK INITIATIVE



St. Nebe's College
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#### WORKSHOP ON POLYBRICK INITIATIVE

On September 11th, 2019, NCC cadets of 1 HP Naval Unit Bilaspur organized a workshop to promote awareness about the harmful effects of plastic disposal in the city.

Objective: The objective of the workshop conducted by NCC cadets of 1 HP Naval Unit Bilaspur was to promote awareness about the harmful effects of plastic disposal in the city and to motivate college students to collect plastic wrappers inside plastic bottles for making retaining walls. The goal was to make Shimla plastic-free, and the efforts of the cadets were acknowledged and appreciated by the Health Department and MC Shimla. The workshop also aimed to provide the cadets with new perspectives on the world of entrepreneurship and encourage them to actively take part in government initiatives.

The Health Department and MC Shimla acknowledged the efforts of the cadets and entitled them as "PIONEERS OF THIS GOVERNMENT INITIATIVE." The Chief Health Officer and the Commissioner (MC) highly appreciated the cadets and invited them on 2nd October 2019 to Ridge for felicitations. The cadets' efforts were much appreciated by the Health Department and MC Shimla, who urged them to continue for as long as possible and even published it in the press to inform students at other high schools and institutions.

The meeting's goal was to make Shimla plastic-free, and Mr. Pankaj Rai, the Shimla Commissioner, and the Chief Health Officer were both present for the workshop. The cadets were able to provide new perspectives on the world of entrepreneurship, which was an added benefit to their efforts.

The cadets received compliments from the Honourable Chief Minister of HP, Shri Jairam Thakur, for actively taking part in and volunteering for the Poly Brick Initiative of MC Shimla. Under this initiative, the public was asked to collect used plastic in plastic bottles in exchange for receiving Rs. 75 for every 1 kg.

Outcome: The cadets gained new perspectives on entrepreneurship to take action about the harmful effects of plastic and ensure its positive impact namely plastic free city

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Officiating Principal St. Bade's College Stallage

















#### WORKSHOP ON "START-UP PROGRAMMES AND ENTREPRENEUR DEVELOPMENT"



## WORKSHOP ON "START-UP PROGRAMMES AND ENTREPRENEUR DEVELOPMENT"

The Placement Cell and Department of Industries H.P. organized a workshop on "Start-up Programmes and Entrepreneur Development" on September 3, 2019, at St. Bede's College Shimla.

Objective- In the spirit of the workshop on start-up programs and entrepreneur development the students were encouraged by providing them with information and tips on start-up structures and available resources.

The Chief Guest of the event was Mr. Hans Raj Sharma (IAS), Director of Industries. He shared his insights and experiences on the importance of entrepreneurship and how start-ups can contribute to the economy. He emphasized the need for innovation and creativity in entrepreneurship and encouraged students to explore their ideas and turn them into successful businesses.

Ms Smriti Sood, a student of B.Sc. III year, presented her innovative idea for a start-up grant. Her idea was well-received by the audience and the panelists. The workshop provided an excellent platform for students to showcase their ideas and receive feedback from experienced entrepreneurs and industry experts.

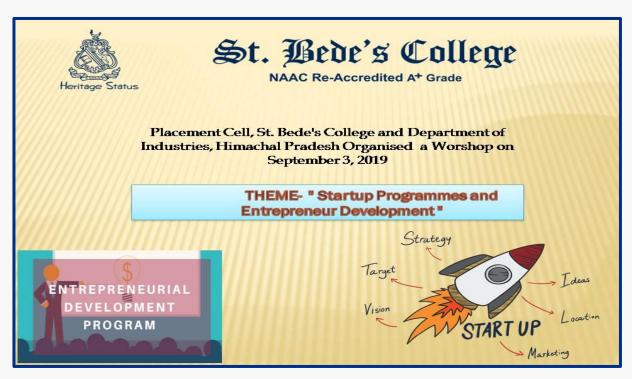
Guidance to avoid pitfalls and information made available in valuable tips where to garner resources and guidance for start-up programs were interest invoking by the successful entrepreneurs who related the issues through their stories of their own journey as successful startup businessmen.

The Q&A session had an enthusiastic student body with intrusive questions and doubt clarification.

Outcome- The workshop gave pointers to the participant attendees regarding the current scenario of the start-up ecosystem and valuable information on government initiatives and schemes to aid budding entrepreneurs. From amongst the students Ms. Smriti Sood's start-up idea was appreciated by the experts who gave her valuable tips and at the same time the other students also gave presentations about their entrepreneurial skills and innovative ideas. Students came away with valuable knowledge of procedures and business tips and information on government initiatives for setting up their own entrepreneurial start-ups.

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winner being felicitated during a workshop on the M's startup scheme at St Bede's College in Shimla

#### 890 ATTEND WORKSHOP ON STARTUP PLAN

workshop on the CM's startup scheme was organised by the Department of Industries at St Bede's College, Shimla, in which 190 students participated. Industries Director Hansraj Sharma alked about schemes, especially on women entrepreneurship. /arious stages of startup and institutions that act as incubators or these startups were also discussed. A competition was also organised in which the first three prizes were bagged by Saijal Rana, Grecy Seth and Sunidhi, respectively. 03/9/2019





#### WORKSHOP ON ADULTERATION IN FOOD ITEMS



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#### WORKSHOP ON ADULTERATION IN FOOD ITEMS

The Department of Microbiology conducted a workshop on "Adulteration in Food Items" on September 10, 2019, to educate the students on common food adulterants.

**Objectives:** The primary objective of the workshop was to make students aware of common food adulterants and various techniques to detect them.

The resource person started the session by discussing the various types of adulterants that can be found in food items, such as paraffin wax, castor oil, and hydrocarbons in fats, oils, and butter, and the mixing of brick powder in red chilli powder and pepper with dried papaya seeds.

Various techniques to detect the presence of water in milk, detergent in milk, and starch in milk were demonstrated to the students. Students were also shown how to detect potatoes in ghee and sugar in honey. The speaker encouraged students to be more vigilant when buying food items.

Outcome: Students were able to learn about various techniques to detect common food adulterants and were encouraged to be more cautious when buying food items.

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#### SEMINAR ON "PATTERNS IN NATURE AND DISCOVERIES IN SCIENCE"



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## SEMINAR ON "PATTERNS IN NATURE AND DISCOVERIES IN SCIENCE"

The Physics department hosted a one-day seminar entitled "Patterns in Nature and Discoveries in Science" on September 13, 2019 to mark the 150th Anniversary of the Periodic Table of Chemical Elements and celebrate the International Year of the Periodic Table in 2019. The seminar aimed to promote awareness of the history, development, and significance of the periodic table in the field of science.

#### Objectives:

To motivate the participants interest to pursue further study and research in the field of chemistry and related sciences and to introduce them to a comprehensive understanding of the history of periodic table, the recent advancements, future potential in the study of the periodic table, the correlation of the periodic table and properties of the natural world resources, use of periodic table in medicine, technology and industry, affecting our daily lives, The basic motive was to inculcate in the students and researchers to further the study in the wide field of period table and related topics

During the seminar, a movie based on the development of the periodic table, "Mystery of Matter: Unruly Elements," was shown to students. This was followed by an open, on-the-spot quiz on the elements of matter, allowing participants to test their knowledge and engage with the content.

Additionally, Professor P.K. Ahluwalia, a retired professor from Himachal Pradesh University, delivered a talk on the topic "From Elements to Materials: An Edifice on the Foundation of Periodic Table." The talk explored the connection between the periodic table and the development of materials, emphasizing the importance of the periodic table in scientific research and development.

The participants were engaged through immersion in the field of discoveries in science through a quiz and also learnt from the insights from Professor Ahluwalia about the impact on scientific research and development by tracing the history and significance of periodic table.

#### Outcomes:

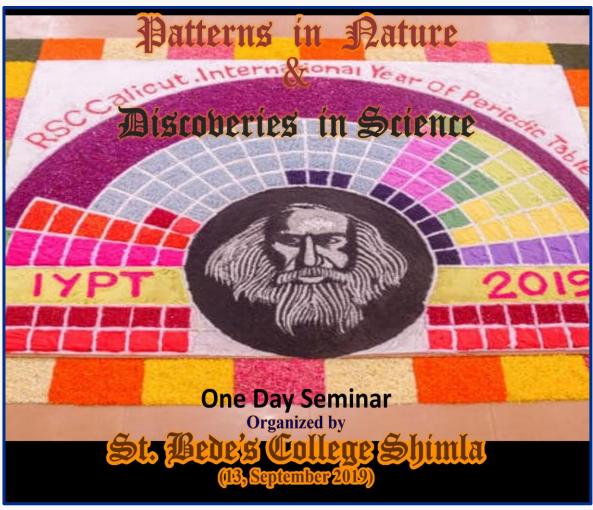
The seminar highlighted the importance of the periodic table in science education and the possibility of the use of the periodic table in various applications in chemistry, physics and engineering, revelations in the classification of periodicity of atomic radius, electronegativity, ionization energy of different elements and the grouping of their position in the periodic table.

The seminar laid emphasis on the periodic table as a fundamental tool for understanding the behavior of matter, an area which was explored by scientists such as Dmitri Mendeleev and Henry Moseley.

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St. Bede's College

















#### SCIENCE SEMINAR AT ST BEDE'S COLLEGE



Students attend a seminar on 'Patterns in Nature and Discoveries in Science' at St Bede's College in Shimla.

The science faculty of St Bede's College in Shimla to mark the 150th anniversary of the periodic table and to celebrate the International Year of Periodic Table-2019 held a one-day seminar on "Patterns in Nature and Discoveries in Science" on Friday. As many as 350 science students attended the event. In the first technical session, a movie based on the development of the periodic table — The Mystery of Matter: Unruly Elements — was shown to the students, followed by an onthe-spot quiz on elements of matter. In the second session, Prof PK Ahluwalia (retd) delivered a talk on the topic "From Elements to Materials: An Edifice on the Foundation of Periodic Table", Another talk on "Plant Diversity and its Conservation" was delivered by Prof MK Seth (retd).

## वनस्पति संरक्षण पर किया जागरूक



सेंट बीड्स कॉलेज में आवर्त सारिणी पर सेमिनार के दौरान मुख्य अतिथि व अन्य 👁 जागरा

शिमला : सेंट बीड्स कॉलेज शिमला में विज्ञान संकाय ने रासायनिक तत्वों की आवर्त सारणी की 150वी वर्षगांठ को विद्वित करने और अंतरराष्ट्रीय आवर्त सारणी 2019 का वर्ष मनाने के लिए सेमिनार आयोजित किया। इसका शीर्षक प्रकृति के स्वरूप और विज्ञान में खोज था। कॉलेज के करीब 350 विज्ञान संकाय के छात्रों ने भाग लिया। संगोध्दी के पहले तकनीकी सत्र में आवर्त सारिणी के विकास पर आघारित एक फिल्म द मिस्ट्री ऑफ मैटर छात्राओं को दिखाई गई। तत्वों पर प्रश्नोत्तरी प्रतियोगिता करवाई गई। दूसरे सत्र में हिमावल प्रदेश विश्वविद्यालय फिजिवस से सेवानिवृत प्रो. पीके आहलूवालिया ने एलीमेट्स दू मटिरियल्स विषय पर चर्चा की। विश्वविद्यालय वनस्पति विज्ञान विभाग से सेवानिवृत्त प्रो. एमके सेट ने वनस्पति विविचता और संरक्षण पर छात्राओं को जानकारी दी। जास



#### SEMINAR ON "TALLY ERP"



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## SEMINAR ON "TALLY ERP"

The Department of Commerce and Management organized a seminar on "TALLY ERP" for the students of M.Com 3rd semester on September 24, 2019. The resource person for the seminar was Ms. Poonam Thakur from Sai Digitech Institute, Lakkar Bazaar, Shimla.

Objective- The objective of the seminar on Tally ERP for M.Com 3rd semester students was to provide them with an understanding of the features and functionalities of the Tally ERP software, which is widely used for accounting and financial management. The seminar aimed to familiarize the students with the working of Tally ERP, its applications in various business scenarios, and how it can be used to simplify accounting and financial management tasks. The objective was to equip the students with practical knowledge that they can apply in their future professional endeavours.

The seminar started with an introduction to Tally ERP and its importance in the field of accounting. Ms. Thakur then explained the various features of Tally ERP such as creating company, ledger creation, voucher entry, bill-wise entry, inventory management, financial statements, banking transactions, and payroll accounting. She also demonstrated the software to the students to help them understand the functioning of Tally ERP.

The students were given practical knowledge about how to use Tally ERP and its various features. Ms. Thakur also shared tips and tricks to effectively use Tally ERP for accounting purposes. The students were encouraged to ask questions and clear their doubts during the seminar.

Outcome- The seminar was a great learning experience for the students as it provided them with an understanding of the Tally ERP software and its use in accounting. The students appreciated the efforts of the department and the resource person in organizing such an informative seminar. They expressed their gratitude to the department for providing them with the opportunity to learn about Tally ERP. The seminar was successful in achieving its objective of familiarizing the students with the Tally ERP software.

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#### WORKSHOP ON "CREATIVE WRITING"



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#### WORKSHOP ON "CREATIVE WRITING"

A workshop on creative writing was organised on September 25, 2019 by the department of English. The resource person was Ms. Sunita de Costa.

**Objective**: The objective of the workshop was to mentor the students on several aspects of creative writing, editing and publishing.

Ms. Sunita de Costa spoke at length about her recently published book, Saudade. She explained how this book unveiled layers of movement by way of migration, colonization and imperialism. She talked about the process of writing this novel and the points she kept in mind as a writer. Ms. De Costa read out some excerpts from her novel and shared her thoughts related to writing those pieces with the students.

Outcome: The students understood the importance of reading as a part of a creative writer's development. Also, they recognized how critical reading supplies inspiration and ideas.

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Department of English
St. Bede's College

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Shimla - 2





#### WORKSHOP ON THIRD ALL INDIA TALLY COMMERCE APTITUDE TEST (TCAT)



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#### WORKSHOP ON THIRD ALL INDIA TALLY COMMERCE APTITUDE TEST (TCAT)

The third All India Tally Commerce Aptitude Test (TCAT) was organized by the Department of Computer Science in collaboration with Sai Digitech Professional Institute, Shimla on September 27, 2019. The test was conducted online using the Tally application.

Objective- The students' performance in this test helped identify, recognize and acknowledge their talent.

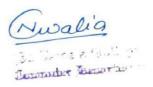
Participants: Students from various streams of the college participated in this test. A total of 296 students from the college participated and qualified for the test.

Test Format: The test was conducted online using the Tally application. The questions in the test were based on various aspects of Tally and covered topics such as accounting, inventory management, payroll management, and taxation. The test comprised of multiple-choice questions and students had to complete the test within a time frame of 1 hour.

**Evaluation:** The evaluation of the test was done by using the Tally application itself. The application provided an instant result after the completion of the test. The students who scored more than 60% in the test were qualified for the e-certificate from Tally Education Pvt, Limited, Bengaluru.

**Recognition and Certification:** The e-certificates were given to all participant students by Tally Education Pvt. Ltd. Bengaluru, which helped test and acknowledge their skills and achievements in Tally.

Outcome- E-certificates were provided to students who took the test and it also helped identify and acknowledge talented students based on their performance. Students in turn got an opportunity to showcase their skills and were encouraged to further develop them.











### St. Bede's College

NAAC Re-Accredited A+ Grade

# DEPARTMENT OF COMPUTER SCIENCE

# ORGANIZES A WORKSHOP ON

Third All India Tally
Commerce Aptitude Test
(TCAT)

DATE: 27th September, 2019

**VENUE: College Auditorium** 



#### SEMINAR ON "PROJECT DEVELOPMENT"



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#### SEMINAR ON "PROJECT DEVELOPMENT"

The Department of Computer Applications organized a seminar on "Project Development" for the BCA students on November 30, 2019. The seminar was conducted by Dr. Pratiyush Guleria, Deputy Director (Technical), NIELIT Shimla, Govt of India.

Objective- Overview of tools and techniques in the development process of software development.

Dr. Guleria started the seminar by introducing the concept of project development and explained the various stages involved in it. He discussed the requirements for developing a project, including the software and database required for it. He also emphasized the importance of project planning, which involves identifying the objectives, defining the scope, and allocating resources for the project.

The students were given practical knowledge of the process of development of software and explained its advantages and disadvantages. The importance of testing, quality assurance and methodologies of downloading and purchasing software were also highlighted by Dr. Guleria in his discourse to the students which included an intrusive Q&A session.

Outcome- The seminar concluded with the students having acquired broader perspectives and valuable insights in the process of project development under the aegis of Dr. Pratiyush Guleria. The Q&A session helped clear their doubts and queries in their academic projects and instilled ways to enhance their skills in project development and the use of software and databases as building blocks in the process of execution of a project.

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St. Bede's College

Shimla - 2



## DEPARTMENT OF COMPUTER SCIENCE ST. BEDE'S COLLEGE SHIMLA

**ORGANIZES A SEMINAR ON** 

### PROJECT DEVELOPMENT

RESOURCE PERSON: DR. PRATIYUSH GULERIA

VENUE: Computer Lab-2 Date: November 30, 2019







#### **SEMINAR ON "STRESS MANAGEMENT"**



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#### SEMINAR ON "STRESS MANAGEMENT"

The Department of Commerce & Management, in collaboration with the Geography Department, organized an inter-departmental activity on Stress Management on 4th October 2019.

Objective: The objective of this seminar was to create awareness about the causes, effects, types, impacts, and ways to manage stress.

The seminar commenced with an exalting demonstration of presentations and stories by students. The participants discussed the various causes and effects of stress on individuals. They also explained the types of stress and how stress impacts the mental and physical health of individuals. Questionnaires were given to the students to know the causes and solutions to stress. The participants also interacted with the audience and answered their queries.

Dr. Savita Rana and Dr. Pankaj espoused and directed the participants. They also conducted an interactive concourse of games and a few tongue twisters, which ignited the inquisitiveness of the participants, audience as well as the teachers. The participants presented some effective ways to manage stress, such as meditation, exercise, and time management.

Outcome: The target attendees gained insights into the importance of stress management in daily life and its collaborative effect on teamwork and interdepartmental collaboration through stress management. Discussions amongst participants helped the exchange of ideas and experiences to manage stress and the questionnaires helped identify the cause and solution relation in stress management. Games and activities helped enthusiastic participation of the audience.

St. Bede & Callege Geography Departmen St. Ballachager Shimla - 2





#### WORKSHOP ON "NEW LAYOUT OF COLLEGE WEBSITE"



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#### WORKSHOP ON "NEW LAYOUT OF COLLEGE WEBSITE"

On October 21, 2019, the computer department organized a workshop for teaching and non-teaching staff members to introduce the new layout of the college website. The resource person for the workshop was Mr. Sanjiv Rana and his team from Sai Digitech Institute, Shimla.

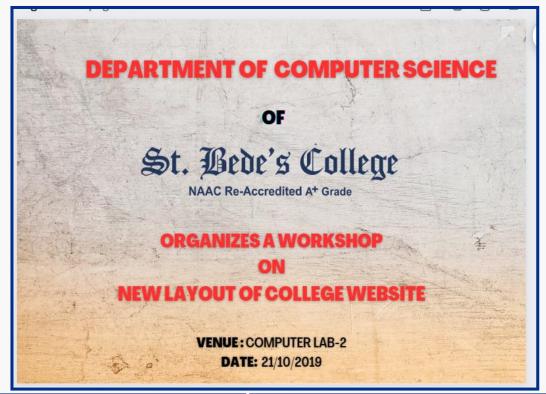
**Objectives**: The aim of the workshop was to invite suggestions for improving the layout of the new website and to make them aware of the changes and latest updates.

The resource person provided a detailed explanation of the working of the new website, ensuring that the staff had a clear understanding of the various features and functionalities. Through this workshop, the staff members were given hands on training and some of them were asked to navigate it.

**Outcomes**: The staff gave valuable suggestions and feedback to make the most of the new website for their academic and administrative needs

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#### NATIONAL SEMINAR ON" LANGUAGE, CULTURE AND LITERATURE"



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#### NATIONAL SEMINAR ON" LANGUAGE, CULTURE AND LITERATURE"

St. Bede's College, in collaboration with the English Language Teachers' Association of India (ELTAI) Shimla chapter, organized a National Conference on 'Culture, Language and Literature.' The event was a gathering of eminent personalities from the field of literature, including resource persons from overseas and different states of India.

Objectives: The conference aimed to promote literature, language and culture and a platform for the researchers to showcase their work and to discuss new strategies for enhancement of English language, keeping in view its cultural, political and economic impact in India.

The conference was held on December 4-5, 2019, at St. Bede's College, Shimla. Prof. Khalid Almashikhi from Oman, Prof. ZN Patil, Prof. Paritosh Duggar from Udaipur, Prof. Pankaj K. Singh, Prof. Girija Sharma, Prof. Praveen Kumar, Prof. Meenakshi F Paul, Dr. Suneela Sharma, and Dr. Anita Sharma were some of the notable personalities who graced the conference. More than 70 research papers were presented by scholars, researchers, and students from different colleges across India. Students from Kotshera College, Government Degree College Kandaghat, RKMV, and St. Bede's College participated in the conference. The research papers presented focused on various themes, including literature, language, culture, and education.

Two books authored by Dr. Anita Sharma and Dr. Shusheela Sharma were also released at the conference.

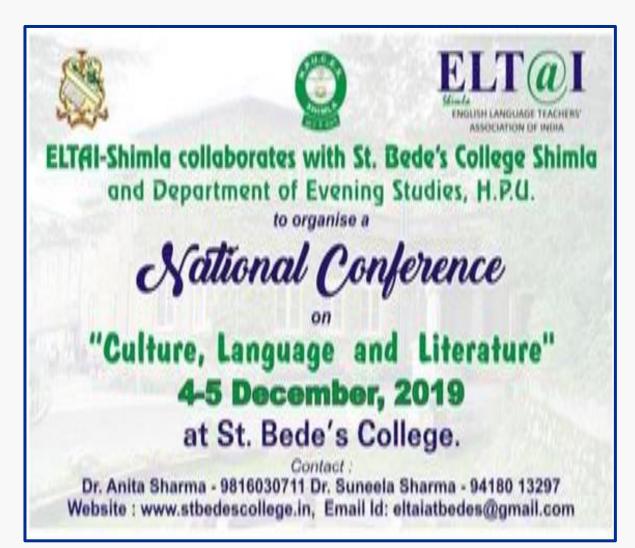
The participants and the organizers were unison in their gratitude to St. Bede's College, Shimla and ELTAI Shimla chapter for having organized this conference where the researchers and scholars got a single window platform to highlight their work, exchange ideas and collaborate with others in this field. It helped promote the study of literature language and culture and the need for research in this field.

Outcomes: The conference concluded with more than seventy research papers presented in the field of literature and into its various cultural linguistic aspects. The exchange of ideas between resource persons from overseas and other states of India ensured the development of diverse perspectives and insights in the field of literature. The students also got this platform to interact with the resource persons and were exposed to new ideas in their research work and presentation skills with the help of diverse aspects of literature, culture and language.

Librarma

Department of English
St. Bede's College



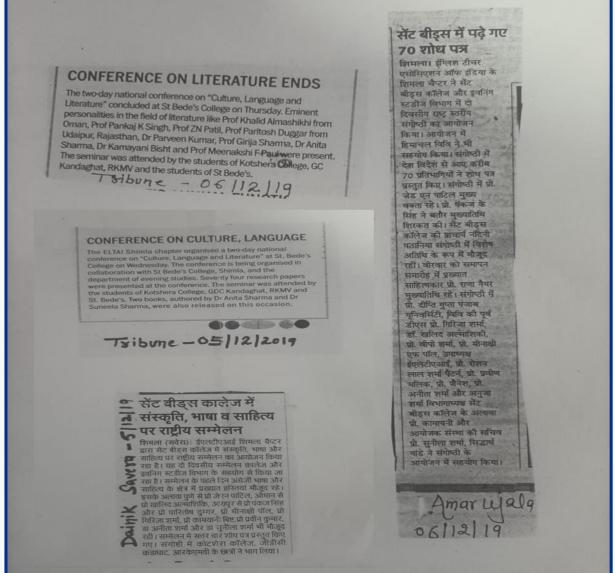














#### DISASTER PREPAREDNESS AND TRAINING SESSION



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#### DISASTER PREPAREDNESS AND TRAINING SESSION

A comprehensive Disaster Preparedness and Training Program was organized by the Disaster Management Cell of the college in collaboration with the Home Guard & Civil Defence, Central Training Institute, Sargeen, from December 7 to December 12, 2019. This program aimed to prepare both teaching and non-teaching faculty members to respond effectively during disasters, particularly in Himachal Pradesh, which is prone to various natural calamities, including earthquakes. The program also emphasized the creation of a proficient disaster relief team and the development of efficient evacuation plans. Furthermore, active involvement of students in organizing and participating in a mock drill on the final day enhanced overall preparedness.

#### Day 1: Introduction to Disaster Preparedness

On the first day, Company Commander Priyabrat Sharma provided participants with an overview of disaster preparedness. This session addressed the importance of being prepared for various emergencies and understanding the foundational principles of disaster management.

Day 2 delved into specific strategies for responding to disasters. Company Commander Priyabrat Sharma discussed the appropriate actions to take in various crisis situations, emphasizing the need for a coordinated response and quick decision-making.

The initial two days laid a strong foundation, ensuring that all participants understood the significance of disaster preparedness and gained insights into effective response strategies.

Day 3: Focused Search and Rescue Techniques Led by Senior Platoon Commander Nishant Chauhan. He explained the practical skills related to search and rescue operations. Participants learned how to conduct searches, locate victims, and safely extract them from hazardous situations.

Day 4: Senior Platoon Commander Nishant Chauhan continued the training on Day 4 by instructing participants on providing first aid in disaster scenarios. This session included guidance on administering immediate medical care to the injured.

These two days emphasized hands-on skills essential for disaster management. Participants gained valuable insights into search and rescue techniques and learned how to provide critical first aid during emergencies.

Day 5: The final day of the program involved students and was led by Platoon Commander Sunil Negi, Platoon Hawaldar Dev Anand, and Hawaldar Training Sansar. It featured a comprehensive mock drill, allowing participants to put their knowledge and skills into practice.

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Day 5 provided a practical and interactive experience for all involved. The mock drill tested the efficiency of

the disaster relief team, the effectiveness of evacuation plans, and the coordination of efforts during a simulated disaster scenario.

Outcomes: This Disaster Preparedness and Training Program yielded significant outcomes:

- Enhanced knowledge and skills among both teaching and non-teaching faculty members for effective disaster management.
- 2. Formation of a proficient disaster relief team capable of responding swiftly and efficiently during emergencies.
- 3. Development of comprehensive evacuation plans, ensuring the safety of all stakeholders.
- 4. Active participation of students in organizing and participating in the mock drill, enhancing overall preparedness.
- Increased readiness to respond proactively to potential emergencies, particularly in disasterprone Himachal Pradesh.

This program not only equipped faculty members but also actively engaged students in disaster preparedness efforts, making St. Bede's College, Shimla, a safer and more resilient educational institution in the face of disasters.













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#### DISASTER PREPAREDNESS AND MOCK DRILL

On 12th December 2019, as an integral component of the faculty development program on disaster preparedness, a comprehensive mock drill was meticulously organized for the entire college community on the culminating day of the program. The mock drill served as a handson learning experience, enabling participants to simulate real-life emergency scenarios and practice the established protocols and procedures, thus reinforcing our institution's commitment to safety and disaster resilience.

#### Objectives

- · The main objectives were:
- · To raise awareness about disaster management among students.
- · To equip the students with basic skills and knowledge required to handle different types of emergencies.
- · To create teams that can work together effectively during a disaster.
- · To conduct a mock drill to practice safety measures and evacuation protocols.

The Disaster Preparedness & Training session was conducted by experienced trainers from the Home Guard & Civil Defence, Central Training Institution, Sargin. The trainers divided the students into specialized teams, including first aid, search and rescue, evacuation, and fire safety teams. The specialized training in each team helped the students develop their skills and abilities to handle specific aspects of disaster management.

The training session covered first aid, identifying hazards, search and rescue techniques, and evacuation protocols. The first aid team learned how to provide immediate medical assistance to injured people during an emergency. The search and rescue teams were trained to identify hazards, locate and rescue trapped individuals. The evacuation team learned how to safely evacuate people from a building during an emergency. Lastly, the fire safety team learnt how to detect, prevent, and contain fires.

The Disaster Preparedness & Training session culminated in a mock drill that simulated a disaster situation. The specialized teams were tasked to work together to evacuate the building and aid injured people.

#### Outcomes

- The students became aware of disaster management techniques.
- The creation of specialized teams ensured that the students could work together effectively during a disaster.

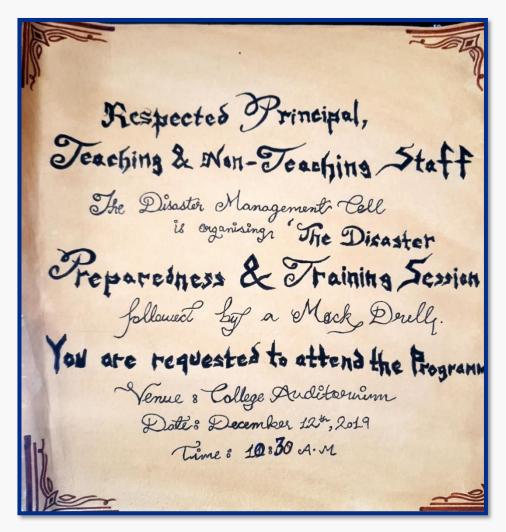
















#### **SEMINAR ON "AVIATION"**



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#### SEMINAR ON "AVIATION"

On 24th February 2020, a seminar on Aviation was conducted by Fly Your Dreams India at St. Bede's college for Commerce & Management students. The seminar was conducted by Mr. Anupam Vohra, Mr. Mani Singh (Master Trainer), and Mr. Bhumanjay Singh (Master Trainer).

Objectives: The seminar aimed to strengthen collaboration and partnership efforts with the air transportation industry to increase opportunities for undergraduate and graduate student academic success and prepare them for entry into the aviation community upon graduation. This objective was set to ensure that students are well-equipped with the necessary skills and knowledge required to thrive in the aviation industry.

The trainers introduced the students to various career opportunities available in the aviation industry and the perks accompanying such as free travel for family, attractive salaries and personal growth in communication and guest service skills.

Following the presentation, the trainers conducted a doubt session where the students had the opportunity to ask their queries regarding the job. The students showed a keen interest in the aviation industry and were enthusiastic about learning more about the career prospects available to them.

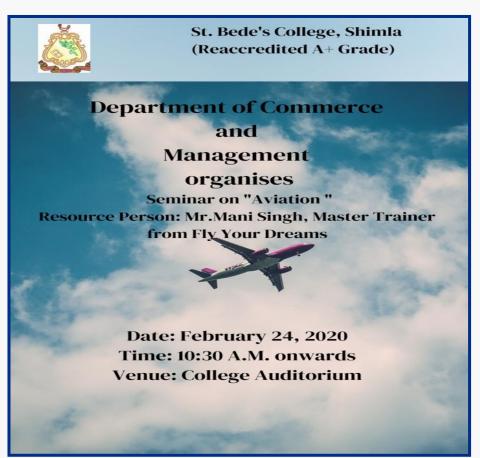
Later, the trainers conducted an interview for the recruitment of train and air hostess. During the interview, the trainers laid down certain conditions that a student must satisfy, including a minimum height of 5'2, good communication skills, and good guest service skills. The students were evaluated based on their skills, confidence, and overall presentation.

Outcomes: The seminar was very well attended with the students evincing keen interest in the aviation industry and the available opportunities. They learnt from the trainers the necessary skills like effective communication, guest service and hospitality and qualifications to excel in this industry. The students got the valuable opportunity to participate in the interview for the recruitment of the trainee hostesses conducted by the trainers.

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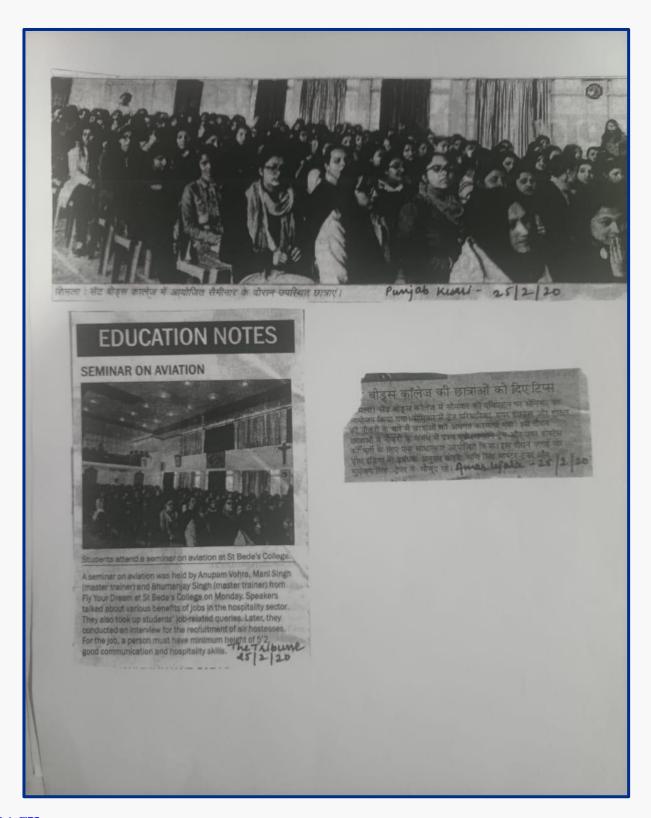
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S.No.	SEMINAR, WEBINARS, CONFERENCES, WORKSHOPS 2020-2	21
1.	FACULTY DEVELOPMENT PROGRAM ON ONLINE TEACHING TOOLS	VIEW
2.	A WEBINAR ON 'IMAGE, COMMUNICATION AND ETIQUETTE'	VIEW
3.	WEBINAR ON "CAREER OPPORTUNITIES IN TALLY AND BENEFITS OF TALLY CERTIFICATION"	VIEW
4.	WEBINAR ON "GUESSTIMATION: ART OF PROBLEM SOLVING IN PHYSICS ON THE FLY"	VIEW
5.	SEMINAR ON ERP AND INCOME TAX FOR NON-TEACHING STAFF	VIEW
6.	WEBINAR ON "EMOTIONAL INTELLIGENCE AND LEADERSHIP SKILLS"	VIEW
7.	A WEBINAR ON THE CAREER AWARENESS "CAREER IS BY CHOICE, NOT BY CHANCE"	VIEW
8.	SIX-DAY ONLINE WORKSHOP ENTITLED 'SPREADSHEETS: A TOOL FOR DEVELOPING MATHEMATICAL & COMPUTATIONAL SKILLS IN UG STUDENTS'	VIEW
9.	WEBINAR ON "DIFFERENT COURSES TO BE PURSUED AFTER UG"	VIEW
10.	ONLINE TRAINING PROGRAM ON "FINANCIAL MARKETS OVERVIEW"	VIEW
11.	ONLINE TRAINING PROGRAM ON "STOCK MARKET AND INVESTMENT OPPORTUNITIES DURING COVID-19 OVERVIEW".	VIEW
12.	WEBINAR ON "INTRODUCTION TO BHAGAVAD-GITA WITH SPECIAL REFERENCE TO CHAPTER IV"	VIEW

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#### FACULTY DEVELOPMENT PROGRAM ON ONLINE TEACHING TOOLS



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#### FACULTY DEVELOPMENT PROGRAM ON ONLINE TEACHING TOOLS

The Department of Computer Science at St. Bede's College, Shimla organized a two-day Faculty Development Program on Online Teaching Tools on August 4-5, 2020.

**Objective:** The webinar aimed to equip faculty with online teaching tools as virtual teaching was the need of the hour due to covid pandemic.

The resource person for the program was Dr. Nikhil Kumar Rajput, Assistant Professor at the Department of Computer Science at Ramanujan College in New Delhi. He began by emphasizing the significance of the virtual world in the current situation and how online teaching has become a necessity. He explained about various online tools such as Google classrooms, G-suite, open broadcast software for creating videos, and uploading videos on YouTube channels. He demonstrated the methods to create and manage Google classrooms and G-suite applications like Google docs, sheets, and slides, which can be used for collaborative teaching and learning. He explained the features of MS Teams and demonstrated how it can be used for effective online teaching. The faculty members were given handson training on how to create and manage a virtual classroom using MS Teams. He also explained how to schedule and conduct online meetings, share files and documents, and create online assignments and quizzes. The faculty members found the session on MS Teams to be particularly useful, as it provided them with a new tool to engage with their students and conduct online classes effectively.

Outcome: The program helped in building the confidence of the faculty members in using online teaching tools.

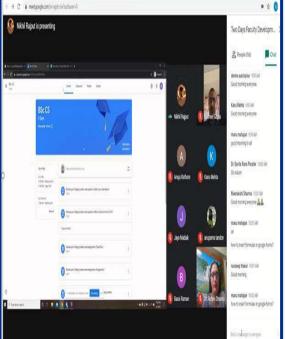
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#### A WEBINAR ON 'IMAGE, COMMUNICATION AND ETIQUETTE'



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#### A WEBINAR ON 'IMAGE, COMMUNICATION AND ETIQUETTE'

On 4<sup>th</sup> September 2020 a webinar on the topic 'Image, Communication and Etiquette' was organized in collaboration with Amity University Delhi, aimed at providing insights on social manners to the attendees. The session was conducted by Dr. Eeshani Saraswat, Deputy Director at Amity Finishing School, Delhi.

**Objective**: The main objective was to impart an introductory training session to the final year girls giving them an interactive session on image building, communication skills and etiquette.

The webinar comprised three sessions, each with a duration of 1.5 hours.

Session one had the resource person discuss different types of non-verbal communication and its impact on the audience and how to use it convey the intended message. The emphasis was on the necessity of appropriate body language, facial expressions, and communication through an effective tone of voice.

The second session had the resource person laying emphasis on the relevance of being courteous, respectful, and attentive in professional and social settings. Professional and social practices such as etiquette including dining etiquette, telephone etiquette were deliberated upon.

In the final session the attendees were provided with the skill of deciding the right attire for different occasions and the accompanying accessories which ought to be a part of one's wardrobe. Professionalism in maintaining personal hygiene, dressing appropriately which needs wardrobe management to portray the most appropriate image.

Outcomes: Post webinar, the students opted for registering themselves for a certified online program on Business Etiquette training for a month where the students underwent training in business networking skills, appropriate choice of workplace attire and professional approach in any given workplace

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### WEBINAR ON "CAREER OPPORTUNITIES IN TALLY AND BENEFITS OF TALLY CERTIFICATION"



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### WEBINAR ON "CAREER OPPORTUNITIES IN TALLY AND BENEFITS OF TALLY CERTIFICATION"

The Department of Commerce & Management and the Department of Computer Science jointly organized a webinar on September 11, 2020, in collaboration with Tally Education Private Ltd, Bengaluru and Sai Digitech Professional Institute, Shimla.

Objective-The objective of the webinar was to make students of B.Com, BBA, and BCA aware of various career opportunities available after obtaining a certificate in Tally Course.

Mr. Kaushal explained how Tally Software is widely used by businesses across various industries and helps in managing financial data. He explained that there are many career opportunities available for the students who have knowledge about Tally software. He emphasised Tally certification adds value to the student's resume and give them edge in the job market as it is recognized by all leading companies in the economy.

The session also included a Q&A session where students had the opportunity to ask questions related to Tally and available career opportunities after Tally certification. Mr. Kaushal answered all the queries in detail and provided valuable insights into the subject.

Outcome-The webinar provided a comprehensive understanding of the various career opportunities available after learning Tally.

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Click to save a picture to your desktop.

#### Career Opportunities with Tally and Benefic Certification for St Bede's College - Shimla

Organizer: Tally Education | Presenter: Tally Education

Audio: Use your microphone and speakers (VoIP) or call in using your telephone.

United States: +1 (562) 247-8422 Access Code: 637-720-382 Audio PIN: 5374





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Department of Commerce and Management and Department of Computer Science in collaboration with Tally Education private Ltd, Bengaluru and Sai Digitech Professional Institute, Shimla is organising a webinar on

Sept.11, 2020 on the topic

"Career opportunities in Tally and benefits of Tally Certification."



Time: - 10:30 A.M. - 11:30 A.M.

#### Resource Person

Mr. Gaurav Kaushal, Regional Head (North), Tally Education Pvt. Ltd

Platform: - Goto Webinar



### WEBINAR ON "GUESSTIMATION: ART OF PROBLEM-SOLVING IN PHYSICS ON THE FLY"



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### WEBINAR ON "GUESSTIMATION: ART OF PROBLEM-SOLVING IN PHYSICS ON THE FLY"

On October 19, 2020, the department of Physics organized a one-day webinar for the students to facilitate inclusive learning opportunities during the period of Covid-19 pandemic, where the teaching mode had been changed to online.

Objective: The main aims of the program were to:

- Learn the concept of guesstimation.
- Gain an understanding of the principles behind guesstimation and how it can be used as a problem-solving tool in various contexts.
- To provide participants with practical techniques and strategies to develop their guesstimation skills.
- To explore real-world scenarios where guesstimation can be applied effectively.

The speaker for the session was Prof. P.K. Ahluwalia, former Prof. in the department of physics, Himachal Pradesh University. He enlightened the students about Fermi problems and tricks to solve them by taking into consideration the underestimated and overestimated values.

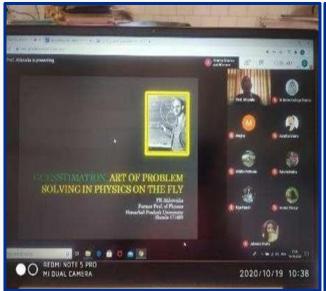
Outcomes: Learners were able to

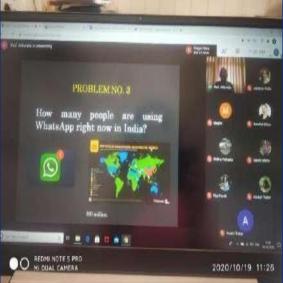
- Learn what guesstimation is and how it can be used as a problem-solving tool in various contexts, such as estimating quantities, making quick calculations, and making informed decisions.
- Learned techniques for making accurate and reasonable guesses based on limited information, using mental math, visualization.

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#### SEMINAR ON ERP AND INCOME TAX FOR NON-TEACHING STAFF



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### SEMINAR ON ERP AND INCOME TAX FOR NON-TEACHING STAFF

For the professional growth of its non-teaching staff the IQAC organised an engaging seminar on "ERP (Enterprise Resource Planning) and Income Tax" on 21<sup>st</sup> September 2020. This session was hosted on the Google Meet platform, providing easy access to all participants. The distinguished speaker for this seminar was Father Joseph Xavier, the former Principal of Loyola College.

Objectives: The objective of this seminar was to make participants aware of:

1. Enterprise Resource Planning (ERP): To provide a comprehensive understanding of ERP systems, their significance in modern organizations, and their practical applications.

2. Income Tax: To impart valuable information about income tax regulations, the importance of tax compliance.

Father Joseph Xavier's session on ERP was both informative and practical. He elucidated the concept of ERP systems, shedding light on their role in integrating various business processes, streamlining operations, and enhancing overall efficiency. He also presented real-world case studies to exemplify the tangible benefits of ERP implementation.

The session on Income Tax was equally enlightening. Father Joseph Xavier shared valuable insights into the income tax landscape, explaining the different tax brackets, deductions, and exemptions. He emphasized the importance of timely and accurate tax filing, especially for individuals with varying sources of income.

The seminar was followed by a Q&A session, during which participants seeked clarifications.

Outcomes: The participants understood the ERP systems and their potential to transform administrative processes, a clearer understanding of income tax regulations, the importance of tax compliance and the benefits of timely and accurate tax filing.

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#### WEBINAR ON "EMOTIONAL INTELLIGENCE AND LEADERSHIP SKILLS"



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WEBINAR ON "EMOTIONAL INTELLIGENCE AND LEADERSHIP SKILLS"

The Department of Commerce and Management in collaboration with NEST (Nurturing their Skills, Talent and Education), organized a webinar on the topic "Emotional Intelligence and Leadership Skills" for Commerce, Management and Psychology students on 23rd October, 2020.

Objective: The objective of the webinar was to make students understand how leadership skills depend on emotional intelligence and it is important to maintain emotional balance to achieve goals in life. The resource person for the webinar was Dr. Shama Hussain, Chairman, Muscat Head, National Institute of Skills Training. Dr. Hussain after introducing the concept of emotional intelligence and its importance in leadership, explained how emotional intelligence helps in controlling emotions thereby helping in making better decisions and strong relations in life. Discussing the five components of emotional intelligence, namely self-awareness, self-regulation, motivation, empathy, and social skills, she explained how these are interlinked.

Dr. Hussain highlighted the role of emotional intelligence in effective communication.

Outcome: The resource person provided practical tips and strategies for managing emotions, which the students found to be very useful.

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Department of Commerce & Management, St. Bede's College Shimla

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NEST (Nurturing their Skills, Talent and Education)

Organises a Webinar on the topic

"Emotional Intelligence and Leadership Skills"

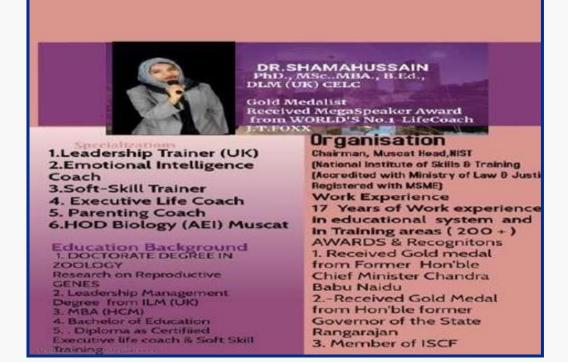
On 23rd October, 2020 at 4:00 pm on Google Meet



By Dr. Shama Hussain

For any query please contact: 9816327990

Convener: Mr. Manu Mahajan HOD, Commerce & Management Department





### A WEBINAR ON THE CAREER AWARENESS "CAREER IS BY CHOICE, NOT BY CHANCE"



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### A WEBINAR ON THE CAREER AWARENESS "CAREER IS BY CHOICE, NOT BY CHANCE"

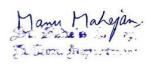
On October 28th, 2020, the Department of Commerce and Management organized a webinar titled "CAREER IS BY CHOICE, NOT BY CHANCE" for the students of B.Com and BBA.

Objective- The main objective of the webinar was to inform the students about various career prospects after graduation.

The resource person for the day was Mr. Anupam Vohra, founder of NEST (Nurturing their Skills, Talent and Education). Mr. Vohra discussed various career options available in the current market and emphasized that one should consider his/her interests and aptitude before making career choices. Mr. Vohra discussed the eligibility criteria, minimum qualifications and procedures to apply for various jobs. He highlighted that the knowledge about soft skills such as communication, teamwork, and problem-solving abilities, help in improving the job prospects.

The session was interactive, and students were encouraged to ask questions to clarify their doubts.

Outcome- The webinar helped the students to broaden their horizons and explore different career paths.







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Department of Commerce and Management in collaboration with NEST (Nurturing their Skills, Talent & Education) is organising a Webinar on Oct. 28,2020 on the topic

"Career is by Choice, not by Chance"





Time: - 4:00 P.M.. - 6:00 P.M.

Resource Person Mr. Anupam Vohra Director NEST

Platform : - Google Meet

#### **BACK**



### SIX-DAY ONLINE WORKSHOP ENTITLED 'SPREADSHEETS: A TOOL FOR DEVELOPING MATHEMATICAL & COMPUTATIONAL SKILLS IN UG STUDENTS'



## SIX-DAY ONLINE WORKSHOP ENTITLED 'SPREADSHEETS: A TOOL FOR DEVELOPING MATHEMATICAL & COMPUTATIONAL SKILLS IN UG STUDENTS'

A six-day workshop was organised from 15 February to 20 February 2021 as a structured class with exposure to problems drawn from physics, chemistry and mathematics in the form of assignments, quizzes and discussion board. Students were also sensitized towards visualisation of scientific data, computing complex problems by developing a schemata for implementing it on spreadsheets on the fly. The resource persons were Prof. P.K.Ahluwalia. (Retd.) Prof. Physics, Himachal Pradesh University, Dr. Sarmistha Sahu (Retd.) Assoc. Professor, Department of Physics, Maharani Lakshmi Ammanni College for Women, Science Post, Bangalore and Dr. Sapna Sharma, Associate Professor, Department of Physics, St. Bede's College Shimla. The workshop aimed at enabling students to make use of spreadsheets as a means of representing scientific data and computing complex and to plot various types of graphs to display data and visualize the patterns.

#### Objectives:

- To introduce students to various spreadsheet functions, formulas, and features.
- To familiarize UG students with data analysis techniques, including sorting, filtering, and pivot tables, and demonstrate how spreadsheets can be used to visualize data through charts and graphs.
- To empower students with data-driven decision-making skills and the ability to communicate complex data effectively through visual representations.
- To equip students with essential computational skills that are applicable in a wide range of disciplines and professions.
- To develop practical applications of spreadsheets in real-world scenarios
- To develop problem-solving and critical thinking skills among UG students by engaging them
  in spreadsheet-based activities that require them to analyze, interpret, and manipulate data to arrive
  at solutions.
- To build students' confidence in using spreadsheet software as a powerful tool for mathematical and computational tasks.
- To empower students to use spreadsheets independently and confidently, thus enhancing their overall technical skills and preparing them for future academic and professional endeavours.

#### Day1:

On the first day of the workshop, the keynote speaker, Prof. P.K. Ahluwalia, delivered an enlightening talk entitled "Developing Mathematical and Computational Thinking of Science Students as per the New Education Policy." Prof. Ahluwalia began by discussing the importance of mathematical and computational thinking in the current education landscape. He highlighted how these skills are essential for students pursuing science subjects, as they form the backbone of many scientific disciplines. He also emphasized that with the recent changes in education policy, it is

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crucial to re-examine the ways in which we teach these skills to students. Then he shifted his talk on the topic Spreadsheet: Overview of a Killer Application.

He highlighted how spreadsheets is a fundamental tool in today's workplace, with applications ranging from budgeting and financial analysis to project management and data analysis and have evolved into sophisticated software packages that can handle complex calculations, data manipulation, and visualizations such as charts and graphs, which can be used to present data in a meaningful way.

#### Day 2:

On the second day of the workshop, Prof. P.K. Ahluwalia delivered a talk titled "Beyond a Simple Worksheet: Macros, User-Defined Functions, and Subroutines". He highlighted the various powerful tools available in Microsoft Excel that can help automate and streamline workflows beyond the basic functions of a worksheet. By using these tools, productivity can be increased, and time can be saved. During the talk, Prof. Ahluwalia demonstrated how to create a macro using the Macro Recorder tool in Excel. This tool records the actions performed and generates a Visual Basic for Applications (VBA) code that can be replayed later. The code can also be edited to customize the macro to suit specific needs. Additionally, he explained the process of creating a Subroutine by writing VBA code. This enables users to create more complex and customized functions to perform specific tasks.

"An Undergraduate Computational Physics Course: Implementation Using Spreadsheets."

#### Day3:

Dr. Sapna Sharma discussed the implementation of an undergraduate computational physics course using spreadsheets. She emphasized the advantages of using spreadsheets in teaching fundamental concepts of computational physics, such as ease of use, versatility, and a familiar interface. By taking a hands-on approach to learning, students can gain a better understanding of the underlying physics and the practical application of numerical methods and data analysis. The topics discussed were:

- Spreadsheet & its Features
- Data entry into a spreadsheet.
- Performing basic mathematical tasks in a spreadsheet.
- Insert charts/graphs in a spreadsheet.
- Exercises in spreadsheet.

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#### Day 4:

On Day 4, Dr. Sapna Sharma gave a presentation on the importance of error analysis in laboratory work and how spreadsheets can facilitate this task. The topic was "Spreadsheet as a tool Kit for Science Laboratories: Data Handling and Error Analysis". During her talk, Dr. Sharma covered a range of topics related to error analysis, including types of errors, ways of expressing errors, propagation of errors, absolute and fractional uncertainties, and combining errors in formulas. She also provided practical examples of how spreadsheets can be used to perform error analysis, such as assigning values to variables and evaluating the uncertainty of results.

#### Day 5

On the fifth day of the event, Dr. Sarmishtha Sahu gave a presentation on the topic "Trouble Shooter of Physics: Classical and Quantum Oscillator". During her talk, she emphasized the versatility of spreadsheets as a tool for modeling, analyzing, and visualizing Classical and Quantum Oscillator systems. By utilizing spreadsheets, researchers and professionals in the field can enhance their understanding of these systems and make more precise predictions regarding their behavior. Dr. Sahu's talk shed light on the potential of utilizing spreadsheets in Physics research and provided insights into how this tool can aid in problem-solving.

#### Day 6

On the sixth day of the event, Dr. Sarmishtha Sahu presented an intriguing topic titled "Hitting the Bull's Eye: Let's Calculate Pi  $(\pi)$ Using a Monte Carlo Approach". In her presentation, she discussed a unique and engaging method of calculating the value of Pi  $(\pi)$  using statistical analysis through random sampling, also known as the Monte Carlo approach. She provided step-by-step instructions on how to use random sampling to estimate the value of Pi  $(\pi)$  through a Monte Carlo approach in a spreadsheet. Additionally, Dr. Sahu emphasized that the accuracy of the estimate of Pi  $(\pi)$  increases with the number of random points used in the calculation. Hence, individuals can achieve a more precise value of Pi  $(\pi)$  by incorporating a greater number of points in their statistical analysis. Overall, Dr. Sahu's presentation provided a unique and interactive approach to learning about the value of Pi  $(\pi)$  through statistical analysis.

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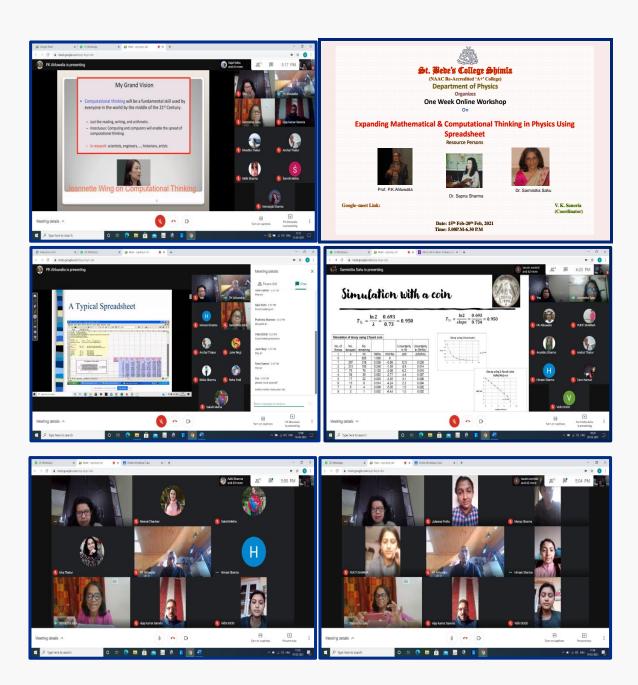
#### Outcomes:

- Students learned computational skills by using spreadsheets as a tool for solving complex problems. They learned to create and use macros, automate repetitive tasks, and apply conditional formatting to manipulate data. They also learned to analyze and interpret data using tools such as pivot tables and data validation.
- Students learned how to analyze data using spreadsheets, including sorting, filtering, and data validation techniques. They also learned how to create visually appealing charts and graphs to represent data in a meaningful and impactful way.
- During the course, students developed problem-solving skills by using spreadsheets to solve real-world problems. They also developed critical thinking skills by using spreadsheets to analyze and interpret data, and make informed decisions based on the results.

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### WEBINAR ON "DIFFERENT COURSES TO BE PURSUED AFTER UG



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### WEBINAR ON "DIFFERENT COURSES TO BE PURSUED AFTER UG

The Department of Commerce and Management organized a webinar on the topic "Different Courses to be pursued after UG" on March 18th, 2021. The resource person for the webinar was Mr. Ramanpreet Singh, Director at PIBM, Pune.

Objective- The purpose of the webinar was to enlighten the students about the courses that they can pursue after completing their undergraduate degree.

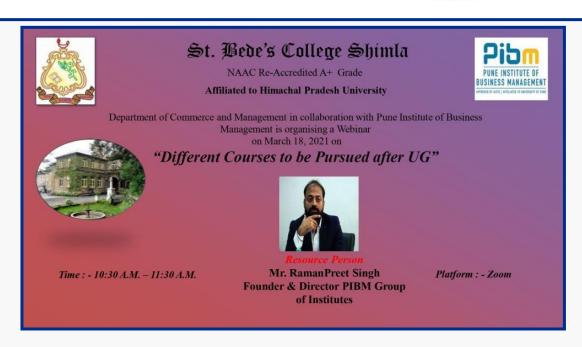
During the webinar, Mr. Singh talked about upcoming courses on finance and human resource development which students can choose after completing their undergraduate program. He explained the importance of postgraduation in these fields to enhance their skills thereby improving their career prospects. He also explained the eligibility criteria, duration and career prospects of different postgraduate courses in these fields.

The students actively participated in the session and asked questions related to the courses and career prospects.

Outcome- The webinar provided valuable information on future career options.









#### ONLINE TRAINING PROGRAM ON "FINANCIAL MARKETS OVERVIEW"



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## ONLINE TRAINING PROGRAM ON "FINANCIAL MARKETS OVERVIEW"

### Five Day Webinar On "Overview of Stock Markets" Series 1

The Department of Commerce and Management at St. Bede's College, Shimla in association with the Bombay Stock Exchange Broker's Forum conducted a 5-day webinar on the 'Overview of the Stock Market' for the students and teachers from 12th April 2021 to 16th April 2021.

The resource person for the session was Dr. V. Aditya Srinivas, Chief Operating Officer and Chief Economist at the Bombay Stock Exchange Brokers Forum.

**Objective-** The aim of the webinar was to make participants understand the basic meaning of investment and investment opportunities in the stock market.

On the first day Dr. Srinivas explained the functioning of the stock market and then discussed the importance of market analysis, industry analysis, and company analysis to make informed investment decisions.

On Day 2, Dr. Srinivas elaborated on the Indian economy and its growth prospects.

On the third day of the session Dr. Srinivas explained the procedure of opening a trading account, the different types of trading accounts, and their features.

On Day 4, Dr. Srinivas explained the technical analysis of stocks, using charts and other indicators to study the price movements of stocks.

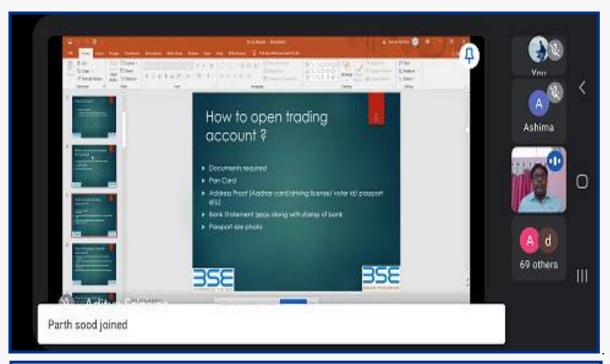
on Day 5 question and answer session was organised to clarify the doubts of the participants.

Outcome- The participants understood the functioning of the stock market.

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Department of Commerce and Management in collaboration with Bombay Stock Exchange Broker's Forum is organising a Student Development Program (Series – 1) from April 12, 2021 – April 16, 2021 on

"Overview of Stock Market"



Resource Person

Time: - 10:00 A.M. - 11:00 A.M. Dr. V. Aditya Srinivas

Platform : - Google Meet



## ONLINE TRAINING PROGRAM ON "STOCK MARKET AND INVESTMENT OPPORTUNITIES DURING COVID-19 OVERVIEW".



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## ONLINE TRAINING PROGRAM ON "STOCK MARKET AND INVESTMENT OPPORTUNITIES DURING COVID-19 OVERVIEW"

Five Day Webinar on "Overview of Stock Market and Investment Opportunities in Challenging Times" Series 2

The Department of Commerce and Management in association with the Bombay Stock Exchange Broker's Forum conducted a five-day online session on "Overview of Stock Market and Investment Opportunities in Challenging Times" Series 2 for the students and faculty from 11thMay, 2021 to 15th May 2021.

The resource person was Dr. V. Aditya Srinivas, a Chief Operating Officer and Chief Economist at the Bombay Stock Exchange Brokers Forum.

Objective: To help students and faculty understand the functioning of the stock market.

#### Day 1: May 11, 2021 - Introduction to the Stock Market and Economic Overview

The first day of the five-day online session on "Overview of Stock Market and Investment Opportunities in Challenging Times" Series 2 commenced with an insightful presentation by Dr. V. Aditya Srinivas, the Chief Operating Officer and Chief Economist at the Bombay Stock Exchange Brokers Forum. He began by introducing the stock market and its significance in the financial world. He highlighted the impact of the Covid-19 pandemic and discussed how the pandemic had severely affected economies worldwide, leading to job losses.

### Day 2: May 12, 2021 - Stock Market Fundamentals and Investment Strategies

On the second day of the session, Dr. Srinivas explained the fundamentals of the stock market. He explained concepts such as stocks, bonds, mutual funds, and how these financial instruments function.

#### Day 3: May 13, 2021 - Market Analysis and Risk Management

Day three focused on market analysis and risk management strategies. The participants gained knowledge on fundamental and technical analysis techniques used in evaluating stocks for making investment decisions.

### Day 4: May 14, 2021 - Investment Opportunities and Sector Analysis

In this session Dr. Srinivas discussed how different sectors, such as technology, healthcare, and renewable energy, were affected by the pandemic.

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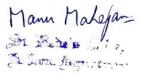
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#### Day 5: May 15, 2021 - Q&A Session and Conclusion

On the final day Q&A session was organised to clarify the doubts of the participants.

Outcome: The five-day session made students and teachers aware of the stock market, investment strategies, risk management, and the economic impact of the Covid-19 pandemic.





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Department of Commerce and Management in collaboration with Bombay Stock Exchange Broker's Forum is organising a Student Development Program (Series -2) from May 11, 2021 - May 15, 2021 on

### "Overview of Stock Market"





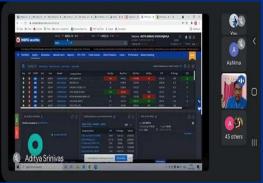
Dr. V. Aditya Srinivas



Platform : - Google Meet

Time: - 10:00 A.M. - 11:00 A.M.







## WEBINAR ON "INTRODUCTION TO BHAGAVAD-GITA WITH SPECIAL REFERENCE TO CHAPTER IV"



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# WEBINAR ON "INTRODUCTION TO BHAGAVAD-GITA WITH SPECIAL REFERENCE TO CHAPTER IV"

On April 9, 2021, an inter-disciplinary webinar titled "Introduction to Bhagavad-Gita with Special Reference to Chapter IV" was organized jointly by the departments of Hindi, History, and English. Dr. O.P Saraswat, a renowned expert in Hindi, was invited as the resource person to share his knowledge and interpretations of this sacred text.

**Objectives:** To introduce participants to the teachings and philosophical insights presented in Chapter IV of the Bhagavad-Gita.

The inter-disciplinary webinar was conducted through a virtual platform to ensure widespread accessibility and participation. The event brought together students, faculty members, scholars, and enthusiasts from the departments of Hindi, History, and English, fostering a rich academic exchange and a diverse range of perspectives. The session was conducted in a lecture-discussion format, allowing for interactive participation and the opportunity to address queries and clarifications.

Dr. Saraswat explained the concepts and philosophy presented in Chapter IV of the Bhagavad-Gita. He shed light on the significance of the chapter in the context of the overall narrative and Gita's broader teachings. He asked the participants to explore the text from various academic angles. He explained the concept of karma yoga, the importance of selfless action, and the relevance of these teachings in navigating challenges of life.

Outcome: The inter-disciplinary webinar made the participants aware of the philosophical teachings and concepts presented in the Bhagavad-Gita

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## **BACK**

S.No. SEMINARS, WEBINARS, CONFERENCES, WORKSHOPS 2021-22		
1.	DIGITIZATION DURING COVID-19 PANDEMIC: W.R.T. CYBERSECURITY	VIEW
2.	SOCIAL MEDIA QUALITY EDUCATION AND MENTAL HEALTH	VIEW
3.	WEBINAR ON "EFFECT OF NEP 2020 ON YOUTH EMPOWERMENT AND SPORTS DEVELOPMENT	VIEW
4.	WEBINAR ON GST: BASICS & ISSUES	VIEW
5.	INDEPENDENCE DAY WEBINAR	VIEW
6.	A WEBINAR- THE GREAT HEALER: LITERATURE IN THE TIMES OF THE PANDEMIC	VIEW
7.	WEBINAR ON "BAN THE USE OF PLASTIC"	VIEW
8.	A TALK ON NEW EDUCATION POLICY 2020	VIEW
9.	WEBINAR ON 'SCIENCE AND TECHNOLOGY: INDIA@ 75'	VIEW
10.	ONLINE LECTURE ON "APPROACHES TO LIFESTYLE MANAGEMENT OF PCOS"	VIEW
11.	LECTURE ON THE USE OF "TRACKER SOFTWARE"	VIEW
12.	WEBINAR ON "MENTAL HEALTH AND YOUTH-GROW, HEAL, THRIVE"	VIEW
13.	WEBINAR ON "MENTAL HEALTH IN AN UNEQUAL WORLD"	VIEW
14.	WORKSHOP ON "RESEARCH METHODOLOGY AND DATA ANALYSIS USING JAMOVI SOFTWARE"	VIEW
15.	WORKSHOP ON CREATIVE WRITING	VIEW
16.	SEMINAR ON INTELLECTUAL PROPERTY RIGHTS	VIEW
17.	SEMINAR ON NATIONAL POLLUTION PREVENTION DAY	VIEW
18.	ONLINE LECTURE ON "PERSONALITY DEVELOPMENT"	VIEW
19.	ONLINE ONE WEEK FACULTY DEVELOPMENT PROGRAM (FDP) DESIGN & DEVELOPMENT OF MOOCS	VIEW
20.	WORKSHOP ON "DIGITAL MARKETING"	VIEW



21.	WEBINAR ON "ACADEMIC EXCELLENCE THROUGH PHYSICAL ACTIVITIES: JOURNEY OR DESTINATION"	VIEW
22.	THE MUSICAL WORKSHOP	VIEW
23.	ONLINE WORKSHOP ENTITLED "PROGRAM FOR ASPIRING WOMEN SCIENTISTS (PAWS)"	VIEW
24.	FIVE DAY FDP ON "REVAMPING EMOTIONAL AND PROFESSIONAL PARADIGMS FOR AN INCLUSIVE APPROACH TO HOLISTIC EDUCATION"	VIEW
25.	LECTURE ON CONSTITUTION OF INDIA	VIEW
26.	LECTURE ON "ROLE OF NSS IN WOMEN EMPOWERMENT"	VIEW
27.	GROOMING SESSION AND GUIDANCE WORKSHOP	VIEW
28.	WORKSHOP ON HIMACHAL PRADESH INITIATIVE FOR UP SKILLING & JOB PLACEMENT DRIVE FOR STUDENTS AND COLLEGES	VIEW
29.	WEBINAR ON "HOW TO PLAN PROFESSIONAL ASPIRATIONS"	VIEW
30.	SEMINAR ON "ARTIFICIAL INTELLIGENCE"	VIEW
31.	WEBINAR ON "THE SPATIAL PATTERNS OF COVID-19 IN INDIA: ITS IMPACT ON EDUCATION, HEALTH, AND ENVIRONMENT"	VIEW
32.	DEVELOPMENT PROGRAMME FOR THE NON-TEACHING STAFF	VIEW



### DIGITIZATION DURING COVID-19 PANDEMIC: W.R.T. CYBERSECURITY



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## DIGITIZATION DURING COVID-19 PANDEMIC: W.R.T. CYBERSECURITY

The Department of Computer Science conducted a webinar titled "Digitization during Covid-19 Pandemic: w.r.t. Cybersecurity" on 30 June 2021 for BCA, B.Sc., B.A., BBA, and M.Com students using the MS-Teams platform.

Dr. Naveen Kumar, Assistant Professor at the Department of Computer Science, Himachal Pradesh University, Shimla, was the resource person for the webinar.

#### Objectives:

- 1. Understanding the Significance of Digitization for Cybersecurity During the Covid-19 Pandemic
- 2. Acquiring Cybersecurity Industry Expertise and Skills
- 3. Comprehending Cyber Frauds and Safeguarding Data

The session highlighted the significance of digitization in the context of cybersecurity during the Covid-19 pandemic. Dr. Naveen informed how the Covid-19 pandemic has led to an exponential increase in the use of digital technology, resulting in a surge in digital transactions, remote work, and virtual communication. He explained how pandemic has created new opportunities for cybercriminals and how they carry out cyberattacks. He stressed that robust cybersecurity protocols and standards can help prevent unauthorized access to sensitive information.

#### **Outcomes:**

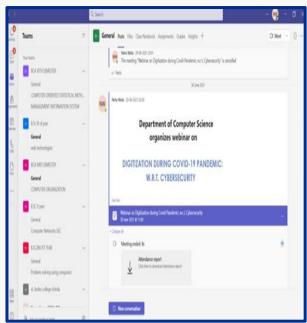
- · The students acquired in-depth knowledge and expertise in the cybersecurity industry.
- · The students understood effective strategies for securing employment in the cybersecurity field.
- · The students gained practical, hands-on experience instead of relying solely on theoretical concepts.

Principal

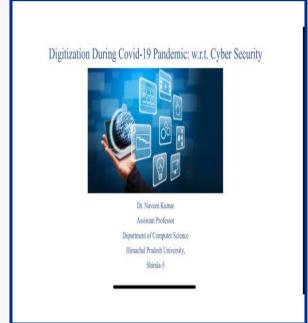
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### SOCIAL MEDIA QUALITY EDUCATION AND MENTAL HEALTH



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## SOCIAL MEDIA QUALITY EDUCATION AND MENTAL HEALTH

On July 15, 2021, three accomplished alumnae of the college Ms Astha Singhania, who works as an Educator in London, Mrs Taruna Kaushal, a Certified Counselor, and Ms. Puneet Kaur, an Event Manager - conducted a webinar to discuss how media influences our education and mental well-being.

During the session, Ms Astha used real-life examples to show how social media can affect our behaviour, emotions, and interactions with others. She also talked about addiction, cyberbullying, cybercrime and hacking.

Ms Puneet discussed the strategies to deal with these problems in a positive way. She emphasized the importance of being digitally literate.

Mrs Kaushal advised that setting limits, keeping an eye on how much time we spend online, are very important.

Throughout the webinar, the speakers engaged the audience, answered questions and offered personalized guidance.

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## WEBINAR ON "EFFECT OF NEP 2020 ON YOUTH EMPOWERMENT AND SPORTS DEVELOPMENT"



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WEBINAR ON NATIONAL EDUCATION POLICY Collaborating Agency: Ministry of Youth Affairs & Sports

No. of Participants: 56 Organizing Unit: NSS

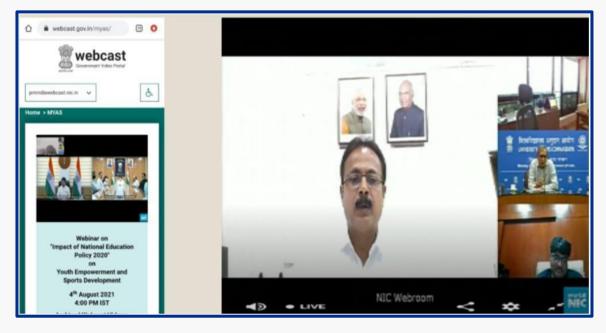
On August 4, 2021, the Ministry of Education and the Ministry of Youth Affairs & Sports conducted a webinar on National Education Policy (NEP) 2020.

**Objective**: The NSS volunteers took part in the webinar, to gain a deeper understanding of the National Education Policy 2020 (NEP 2020). It gave them an opportunity to discuss the advantages of NEP 2020 that aims to empower young people and promote sports.

Outcome: Following their participation in the webinar, the NSS volunteers took the initiative to share the knowledge and information they gained with students from the adopted schools. By doing so, they played a crucial role in spreading awareness about the NEP 2020 and its significance, particularly regarding youth empowerment and sports development.

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## WEBINAR ON GST: BASICS & ISSUES

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### WEBINAR ON GST: BASICS & ISSUES

On 10th August 2021, the department of Commerce and Management organized a Webinar on GST: Basics & Issues.

The resource person was Manoj Louis, Assistant Professor of Commerce, GFGC Kavoor, Karnataka.

Objective: The objective of the event was to make students understand the concept of Goods and Services Tax (GST) in India.

During the webinar, Prof. Manoj Louis explained the concept of GST in detail. He discussed different types of taxes that were previously levied before the introduction of GST in India. He explained how GST is different from the previous tax structure and how GST has simplified the process and has helped in checking tax evasion.

Prof. Louis also talked about the impact of GST on manufacturing, service, and retail sector. The webinar was interactive, and participants were allowed to ask questions. The webinar was recorded and uploaded on the YouTube platform for those who could not attend the live session.

Outcomes: The students understood the difference between the old and new tax systems and what is the impact of GST on various sectors of the economy.

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The IQAC of St. Bede's College in collaboration with the Department of Commerce and Management is organising a National Webinar on

"GST: Basics and Issues"

## RESOURCE PERSON



AUGUST, 10 2021 (4:00-6:00PM)

PROFESSOR MANOJ LOUIS

(GFGC KAVOOR, MANGALURU)

# Google Meet & Youtube

Link for Registerationhttps://forms.gle/kEjJNRsgKjvm6SdP6 (E-Certificates will be given)



#### INDEPENDENCE DAY WEBINAR

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#### INDEPENDENCE DAY WEBINAR

The NCC Unit at St. Bede's College, along with 7HP (I) Coy NCC, Shimla and 1HP Naval Unit NCC, Bilaspur, organized a virtual program on 14th August 2021 to commemorate India's 75 years of independence and address the challenges of modern India under the theme 'Azadi Ka Amrit Mahotsav'.

Objective: To promote a sense of unity and patriotism among participants.

The program featured Lt Col Abhilov Sharma, a Sena Medal recipient with over fifteen years of military experience, as the resource person. He spoke on India's history, the struggle for independence and the contributions of key leaders and movements. He engaged the participants in discussions about current challenges the country is facing.

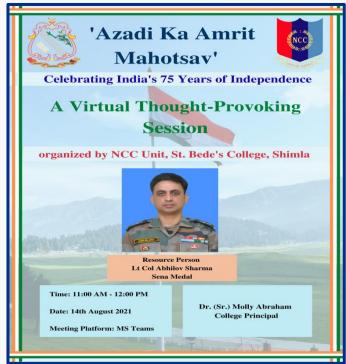
Outcome: There was a heightened sense of unity and patriotism among the participants, and they also learned about India's history, the fight for independence, and the current challenges the country is facing.

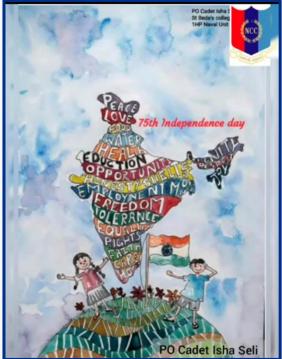
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### A WEBINAR- THE GREAT HEALER: LITERATURE IN THE TIMES OF THE PANDEMIC



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#### A WEBINAR- THE GREAT HEALER: LITERATURE IN THE TIMES OF THE PANDEMIC

A webinar on Pandemic Literature was organized on September 9, 2021. The resource persons were Prof. Praveen Kumar, the retired principal and Dr. Anupama Jaidev, Assistant Professor, Department of English, Maharaja Agrasen College, University of Delbi

**Objectives**: The main objective was to create awareness about literature written during the times of the pandemic and how it voices solidarity and binds with hope for a better future.

Prof. Praveen discussed two texts 'When the Breadth Becomes Air' by Paul Kalanithi and The Plague by Albert Camus. He delved into how the pandemic literature voices solidarity and binds us with hope for a better future. Dr. Anupama Jaidev Karir spoke on the topic 'Required writing and other imperatives: Pandemic and Poetry. She spoke about the volumes of poetry written during the times of the pandemic and brought to perspective the myriad poets who could be read for a better insight into the collective consciousness of the people in the times of crisis.

Outcomes: After the webinar the participants became aware of the literature written during the pandemic. Some books were suggested by the resource persons that the participants could read.

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## A TALK ON NEW EDUCATION POLICY 2020 AND THE DIRECTIONS OF CHANGE IN HIGHER EDUCATION



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## A TALK ON NEW EDUCATION POLICY 2020 AND THE DIRECTIONS OF CHANGE IN HIGHER EDUCATION

On 16th September 2021, the IQAC organised a webinar on "New Education Policy 2020 and the Directions of Change in Higher Education."

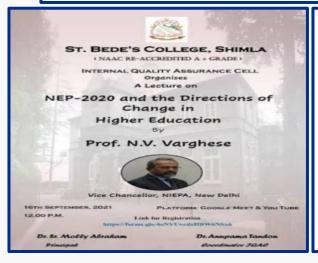
Objective: The objective of the webinar was to make the attendees aware of the National Education Policy (NEP) and its implications for the education sector in India.

The speaker of the webinar was Prof N.V. Varghese, the Vice-chancellor of NIEPA, New Delhi. Prof. Varghese emphasized the shifting paradigms of education in context with the NEP. He highlighted that the NEP aims to bring about dramatic changes in the education system, expand higher education, and promote critical thinking and practical orientation of students.

Outcomes: The attendees gained knowledge about the NEP and its focus on making educational institutes centres for upcoming operators and entrepreneurs, promoting critical thinking, and practical orientation of students. They also learned about the new National Credit Transfer System that will manage the deposit of credits.

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WEBINAR ON NEW EDUCATION POLICY

A webinar on New Education Policy-2020 and directions of change in higher education was organised by the internal quality assurance cell, St Bede's College, Shimla. Vice-Chancellor, National Institute of Educational Planning and Administration, New Delhi, NV Varghese, highlighted the main features of the NEP and explained that under it the students would be able to

pursue inter-disciplinary studies. He said that the underprivileged classes of the society and people living in remote areas should be made aware of the benefits of NEP.



### WEBINAR ON "BAN THE USE OF PLASTIC"



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#### WEBINAR ON "BAN THE USE OF PLASTIC"

On September 18, 2021, the naval cadets organized a webinar on the topic of "Ban Use of Plastic."

**Objective:** To create awareness about the environmental challenges associated with plastic pollution and encourage individuals to take proactive steps towards a more sustainable future.

During the webinar, the naval cadets effectively conveyed their message using posters and videos. These visual aids showcased the harmful effects of plastic on the environment, wildlife, and human health. The cadets highlighted the long-lasting nature of plastic waste and its detrimental impact on ecosystems.

The cadets discussed the benefits of using reusable bags, bottles, and containers, as well as the significance of recycling and proper waste management.

Outcome: By organizing this webinar, the naval cadets successfully fulfilled their objective of making people aware of the disadvantages of using plastics.

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## WEBINAR ON 'SCIENCE AND TECHNOLOGY: INDIA@ 75'



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## WEBINAR ON 'SCIENCE AND TECHNOLOGY: INDIA@ 75'

On 23rd September 2021, a webinar was organized in a hybrid mode, both online and offline, under the theme "Azadi ka Amrut Mahotsav - Science and Technology: India @75" in collaboration with the Indian Science Congress Association (ISCA) Shimla-Chapter.

**Objective:** To create awareness among the participants about the initiatives taken by the Indian government to promote scientific research and innovation.

The program started with the welcoming of all the dignitaries and participants by the principal, followed by the introduction of the webinar's Chief guest Hon'ble Vice-Chancellor Prof. Sikander Kumar (Himachal Pradesh University, Shimla) and Guest of honour Prof. K.S. Rangappa (ex Gen. President ISCA) by Prof. Neeraj Sharma convener ISCA Shimla chapter. The inauguration was done by Hon'ble Vice-Chancellor Prof. Sikander Kumar, who emphasized the role of Science and Technology in society and its growth during the past 75 years to make India healthy, shiny, and stronger. Prof. K.S. Rangappa talked about the contribution of eminent scientists in the growth and development of Scientific India.

During the webinar, the first resource person, Prof. P.K. Ahluwalia (Retd. Prof. Department of Physics, HPU Shimla), was introduced by the convener of the webinar Dr. Sapna Sharma. Prof. Ahluwalia talked about the impactful 75 years of Indian Science and technology, sharing many stories about the various innovations in the past India, beginning with "making a festival of democracy work" through the very initial invention of election ink, further leading to significant milestones in Science and Technology like Green revolution, White revolution and establishment of different research institutes like ICSIR, BARC, DRDO, etc. The second resource person, Dr. Deepak Tuli, elaborated on the Energy scenario in India - Advances in Bioenergy. He emphasized the need to harness various types of renewable and green energy sources, especially the use of biomass of agricultural waste and municipal solid waste as an alternative to traditional sources of energy.

At the end of the webinar, an offline Science Quiz competition on the topic "Science and Technology, India @75" was organized, with six competing teams named after prominent women scientists, including Mary Curie, Rosalind Franklin, Shakuntla Devi, Mc Clintock, Andrea Ghez, and Tu Youyou. Among these teams, the Mc Clintock Team (Shivani Rangta, B.Sc. III (Medical), Avantika, B.Sc.III Non-Medical, and Megha Sharma, B.Sc.III Medical) won the quiz competition. Around 250 science students from the college, other colleges from far-off places such as Recong Peo (Kinnaur), and HPTU Hamirpur, along with faculty members of other institutions, attended the webinar.

Outcome: Participants gained increased awareness and understanding of India's progress in science and technology over the past 75 years, including its achievements and challenges.

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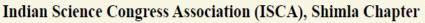
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## St. Bede's College Shimla

in collaboration with



Organises a Webinar

Azadi ka Amrut Alahotsav

Science & Technology: India @ 75

On

23rd September 2021 at 09:30 a.m.



Chief Guest Prof. Sikander Kumar Hon'ble Vice-Chancellor H.P. University, Shimla



Guest of Honour Prof. K.S Rangappa Past Gen President ISCA Kolkata



Patron
Dr. Sr. Molly Abraham
Principal
St. Bede's College



Resource Person Prof. P.K. Ahluwalia Professor, (Retd.) Dept. of Physics H.P. University, Shimla



Resource Person Dr. Deepak Tuli Advisor on Mission Innovation Clean Energy Programme

Convener: Prof. Neeraj Sharma Organizing Secretary: Dr. Sapna Sharma



For any query, please contact at 9459742576 & 7018705334



## SCIENCE AND TECHNOLOGY WEBINAR

The science faculty of St Bede's College, Shimla, in collaboration with the Indian Science Congress Association (ISCA), Shimla Chapter, organised a webinar titled 'Science and Technology: India @75' on Thursday. Principal Sister Molly Abraham welcomed the dignitaries. Prof (retd) PK Ahluwalia, convener of ISCA Shimla Chapter, delivered a talk on the "Impactful 75 years of India in the field of science and technology' while Dr Deepak Tuli, adviser on Mission Innovation Clean Energy Programme, delivered a talk on 'Energy Scenario in India — Advances in Bioenergy'. An interclass quiz on science and technology was also conducted.

Tribune - 24-09-2021













## ONLINE LECTURE ON "APPROACHES TO LIFESTYLE MANAGEMENT OF POLYCYSTIC OVARY SYNDROME (PCOS)"



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## ONLINE LECTURE ON "APPROACHES TO LIFESTYLE MANAGEMENT OF POLYCYSTIC OVARY SYNDROME (PCOS)

On September 25, 2021, NSS volunteers attended an awareness webinar on Approaches to Lifestyle Management of Polycystic Ovary Syndrome (PCOS).

Objective: The goals of the event were to increase students' awareness about lifestyle management of Polycystic Ovary Syndrome (PCOS). Students were also taught about strategies and measures to manage PCOS.

The speaker of the day was Dr Renu Sharma, BAMS who elaborated that PCOS is an endocrinological disorder with metabolic consequences that may be seen at puberty, during reproductive age or even after menopause. The spectrum of this disorder may extend from menstrual irregularity, hirsutism and acne in adolescence. This may continue in reproductive age wherein the main concern is anovulation which needs to be treated. She explained how diet, lifestyle changes, and practice of yoga can help in its management. The students actively participated in the discussion and clarified their doubts about this disease.

Outcome: The webinar helped the students to understand the methods to manage PCOS.

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### LECTURE ON THE USE OF "TRACKER SOFTWARE"



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### LECTURE ON THE USE OF "TRACKER SOFTWARE"

Eminent physicist Prof. OSKS Sastri, from the School of Physical & Material Science, Central University of Himachal Pradesh delivered a talk on the use of "tracker software" on October 1, 2021.

Objectives: Objectives of organizing this lecture on use of tracker software were to:

- Enhance conceptual understanding.
- Visualize and analyse real-world motion and experiment with various parameters, enabling them to grasp fundamental concepts more effectively.
- · Promote inquiry-based learning by empowering students to investigate and explore physical phenomena on their own.
- Develop essential data analysis skills to tackle real-world physics problems using motion analysis.
- · Allow students to learn at their own pace.

Prof. Sastri taught the students how to take a video of a moving object and track it using tracker software and check the required parameters. Around 75 physics students at the college and faculty members attended the event.

Outcomes: The use of tracker software in physics offers a range of benefits, including improved conceptual understanding, enhanced data analysis skills, active learning experiences, and the development of scientific and technological competencies.

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### WEBINAR ON "MENTAL HEALTH AND YOUTH-GROW, HEAL, THRIVE"



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## WEBINAR ON "MENTAL HEALTH AND YOUTH-GROW, HEAL, THRIVE"

On October 5, 2021, a webinar titled "Mental Health and Youth - Heal, Grow, Thrive" was conducted with two renowned clinical psychologists, Dr. Surender Kumar Dhalwal and Ms. Sunanda Rana, as speakers.

**Objectives:** The goal of the webinar was to increase the awareness of students about various mental disorders, suicide prevention and stress management.

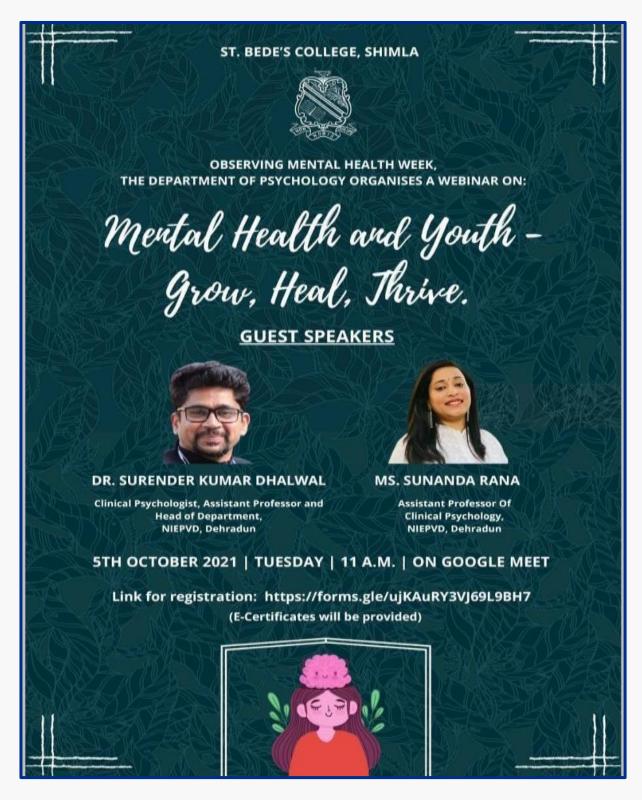
Dr. Dhalwal, the head of the Department of Clinical and Rehabilitation Psychology and Research at NIEPVD Dehradun, explained how mental problems can be identified which people face in day-to-day life. He discussed the methods to manage these types of mental problems. Dr. Dhalwal shared his vast experience and research, including the development of the Nottingham Adjustment Scale for Disability, to provide valuable insights. Ms. Sunanda Rana, an expert in Rorschach Exner Method, provided her insights on suicide prevention and stress management. She explained how empathy and active listening helps in supporting someone who is struggling with mental health issues.

Outcomes: The webinar helped the students to understand causes and symptoms of various psychological disorders such as schizophrenia, bipolar disorders, eating disorders, suicide etc.

Link: https://www.youtube.com/watch?v=j19fIT9lV58&t=4666s

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### WEBINAR ON "MENTAL HEALTH IN AN UNEQUAL WORLD"



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## WEBINAR ON "MENTAL HEALTH IN AN UNEQUAL WORLD"

The department of Psychology organised a webinar on "Mental Health in an Unequal World" on October 6, 2021, with Dr. Priyanka Kaushik a distinguished clinical psychologist as the keynote speaker.

Objective: The webinar aimed to explore disparities in the treatment of mental illnesses and explain how empathy can play a pivotal role in addressing issues related to juvenile delinquency.

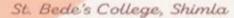
- · The students gained important insights into mental health care inequalities experienced by underprivileged people.
- · The students learned the importance of empathy in building rapport and understanding juvenile delinquency. They understood the challenges faced by marginalized communities and the importance of empathy to treat mental health care.
- · They also understood the root causes of juvenile delinquency.
- · The webinar was well-structured and well-attended, offering students practical tactics for coping with mental health difficulties.

Link: https://www.youtube.com/watch?v= d2kq66nw6c

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Shimla - 171 007







On the occasion of World Mental Health Week, The Psychology Department organizes,

A Webinar On

## Mental Health in an Unequal World



Dr. Priyanka

Senior Clinical Psychologist Juvenile Justice Board, New Delhi Founder, Psych Vigyaan

> 6th October 2021 Wednesday, 11 a.m. On Google Meet

## Register Now

Registration Link: https://forms.gle/SYhc2stVuARG97pZ6

(E-Certificates will be provided)



## WORKSHOP ON "RESEARCH METHODOLOGY AND DATA ANALYSIS USING JAMOVI SOFTWARE"



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## WORKSHOP ON "RESEARCH METHODOLOGY AND DATA ANALYSIS USING JAMOVI SOFTWARE"

The Department of Commerce & Management at St. Bede's College, Shimla, organized an online one-week workshop on "Research Methodology and Data Analysis Using JAMOVI Software" starting from October 25, 2021, in collaboration with the Internal Quality Assurance Cell (IQAC).

Objective: The workshop aimed to raise awareness about research methodology and data analysis using Jamovi software. It also aimed to provide participants with an understanding of research methodology and data analysis, with a focus on using JAMOVI software. The workshop was structured into five modules, delivered by experienced and knowledgeable faculty members.

On day one of the workshop, Professor Devender Sharma delivered a session on research methodology from a conceptual framework perspective. He talked about the meaning of research methodology, review of literature, and research design, providing the participants with an overview of the fundamental concepts of research methodology.

On day two, Dr. Devender Sharma provided a technical perspective on research methodology. He explained the procedure for research analysis, sources of data collection, and how to prepare research reports.

Day three of the workshop was focused on the concept of measurement and scales. Dr. Madhukar Dalvi discussed the basics of inferential and descriptive statistics and the types of scales, like Likert, ordinal, etc., used in research. This session was helpful for participants as it provided them with an understanding of how to measure and analyse data in research.

On day four, the participants were introduced to the Jamovi software, which is a user-friendly software for statistical analysis. Dr. Madhukar Dalvi taught the participants how to use the software in the research process and how to make hypotheses in research. This session was highly practical and provided participants with hands-on experience of using the software.

Finally, on day five of the workshop, various types of parametric and non-parametric tests and their uses in research were discussed.

**Outcome**: The participants gained a deeper understanding of research methodology, including the conceptual framework, review of literature, research design, and technical perspective.

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Affiliated To Himachal Pradesh University

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Online Workshop -: Research Methodology and Data Analysis using JAMOVI Software

Organised by

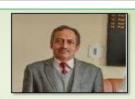
IQAC and Department of Commerce and Management

October 25th - 29th, 2021



Dr. (Sr.) Molly Abraham

Principal St. Bede's College



Resource Person

Dr. Devender Sharma Professor

Department of Commerce Himachal Pradesh University



Resource Person
Dr. Madhukar Dalvi
Assistant Professor

Mathematics and Statistics Nagindas Khandwala College (Autonomous)

#### Registration Fee

The registration fee for the workshop is to be paid through online transfer NEFT.
 Faculty Members – Rs. 500
 Research Scholar – Rs. 250

#### How to Apply?

- Step 1: Payment of registration fee
- Step 2: Filling up of registration form on or before 24th October, 2021

#### Bank Details

- Account Number: 635301007621
- Account Name : St. Bede's College
- Bank: ICICI Bank
- Address: The Mall, Shimla, Himachal Pradesh
- IFSC : ICIC0006353
- After the payment, the participants are requested to register online using Google form link given below.

Registration Link: - https://forms.gle/8aGysG9yRWkd77Ju8

#### PLATFORM

Interactive lectures, hands on practical session and discussion using Google Meet and YouTube
 Live

#### For any queries please contact: -

Mr. Ashish Kumar

Assistant Professor, Department of Commerce and Management
(Workshop Coordinator)
+91 7018334183
ashishrko851@gmail.com



### WORKSHOP ON CREATIVE WRITING

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## WORKSHOP ON CREATIVE WRITING

A workshop on creative writing was conducted on November 17, 2021 to focus on students' writing skills.

Objective: The main objective of the workshop was to nurture the students' creative talent and also to hone their writing skills.

The resource person for this was Dr. Usha Bande, a renowned writer, translator and critic. She spoke at length about different techniques of creative writing and the several creative processes involved in writing fiction. She talked of the various reading and writing strategies, adding that the only qualification to be a creative writer is infinite imagination and a desire to write.

Through personal anecdotes and short stories, she shared tips on effective writing. Dr. Bande emphasized the importance of becoming aware of one's surroundings and noting down ideas coming to the mind and analyzing and thinking deeply about them. The session was interactive, and the students had a fruitful discussion with her.

Outcome: The students were able to understand a variety of forms and structures of creative genres. They were also able to learn the techniques and devices needed for creative writing.

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#### SEMINAR ON INTELLECTUAL PROPERTY RIGHTS



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## SEMINAR ON INTELLECTUAL PROPERTY RIGHTS

On 26th November 2021, the Department of Biotechnology organized a lecture on Intellectual Property Rights.

#### Objective:

- $\cdot$  To facilitate the exchange of information and education related to intellectual property.
- · To familiarize students with the fundamentals of intellectual property rights and the process of filing patents.
- To raise awareness about filing applications for patents and other forms of intellectual property rights.
- · To provide knowledge about the various types of intellectual property protection, highlighting their key differences and similarities.

The lecture was conducted by Professor Shamsher Singh Kanwar, from the Department of Biotechnology at HP University, Shimla, with extensive experience in the field of biotechnology and patent law.

The lecture started with an introduction to Intellectual Property Rights and its significance in the field of biotechnology. Prof. Kanwar discussed different forms of intellectual property protection, patents, trademarks, copyrights, and trade secrets.

He explained the process of patent filing process and the documents needed to fill the application form.

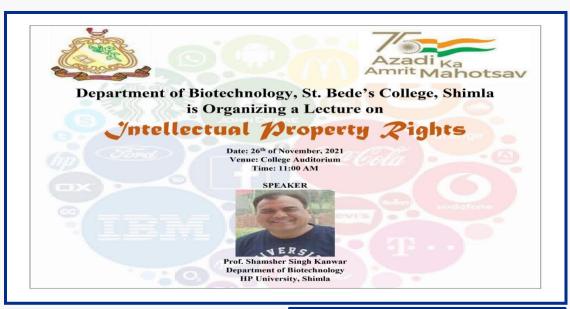
Prof. Kanwar's expertise and knowledge on the subject were evident, and the students appreciated the opportunity to learn from such an experienced resource person.

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### SEMINAR ON NATIONAL POLLUTION PREVENTION DAY



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### SEMINAR ON NATIONAL POLLUTION PREVENTION DAY

The Department of Zoology, in collaboration with the NCC Unit at St. Bede's College, observed National Pollution Prevention Day on December 2, 2021, with great enthusiasm.

**Objective:** The event aimed to raise awareness about the impact of pollution, specifically focusing on insecticide pollution.

The resource person was Dr. Pawan Rana, a renowned scientist from the Himalayan Forest Research Institute. Dr. Rana shared valuable insights on the topic of 'Insecticide Pollution,' highlighting its causes, consequences, and possible mitigation measures.

Additionally, the Zoology students delivered a presentation, further shedding light on the various aspects of insecticide pollution. Their contribution helped to enhance the attendees' understanding of the subject through a combination of research findings and real-life examples.

The NCC cadets showcased their creativity and dramatic skills through a captivating Nukkad Natak (street play) centred around the theme of pollution prevention. The play served as an effective medium to communicate the message of environmental conservation and the need to address insecticide pollution.

Outcome: The engaging talks, presentations, poetry recitation, and Nukkad Natak collectively motivated the attendees to become agents of change in preserving the environment.

Principal

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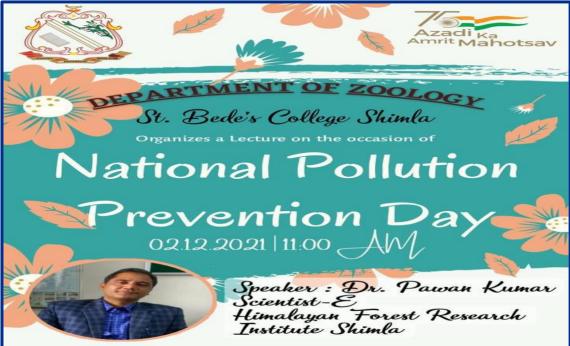
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# POLLUTION PREVENTION DAY OBSERVED

The National Pollution Prevention Day was observed at St Bede's College, Shimla, on Thursday. The event was organised by the Zoology Department, in collaboration with the NCC Unit. The speaker for the day was Dr Pawan Rana, scientist, Himalayan Forest Research Institute. He briefed students about pesticide pollution and preventive measures for the same. The students also performed a 'nukkad natak' and recited poetry on pollution.



### ONLINE LECTURE ON "PERSONALITY DEVELOPMENT"



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ONLINE LECTURE ON PERSONALITY DEVELOPMENT

Collaborating Agency: Portmore School.

No. of Participants: 2

Organizing Unit: Community Outreach Cell

On December 22, 2021, the Community Outreach Cell of St. Bede's College organized an innovative online lecture on 'Enhancing Personal Growth' exclusively for the students of Portmore School.

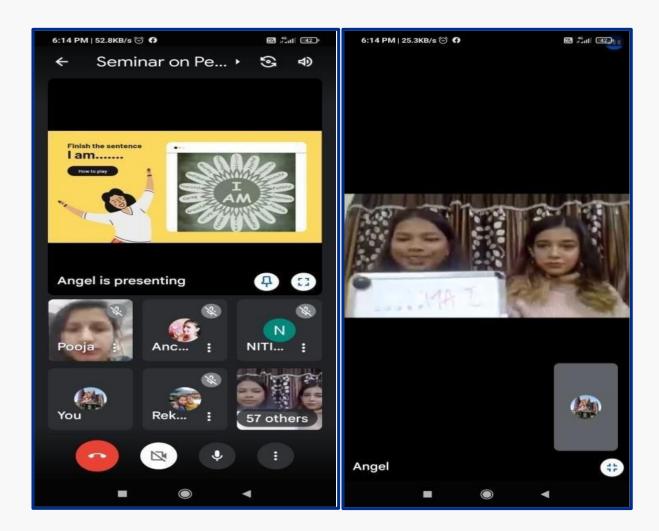
Objective: The central objective of this online session was to empower students with a versatile skill set that would facilitate their personal growth, boost self-assurance, enhance their communication proficiency, nurture interpersonal finesse, ignite motivation, and promote holistic well-being.

The session was skillfully presented by the dynamic duo of Rohita Gharu and Angel Shan, both esteemed students hailing from the prestigious St. Bede's College. Their presentation was a comprehensive exploration of crucial elements of personal development, including profound self-awareness, unwavering self-confidence, the art of persuasive communication, mastery of body language, and the nuances of impeccable personal grooming. Beyond theory, they shared invaluable practical insights and actionable techniques to catalyze self-improvement and personal development.

The lecture garnered resoundingly positive feedback from students and staff alike at Portmore School. Students lauded the profound insights and invaluable guidance bestowed upon them by the speakers. Meanwhile, the staff commended the lecture's role in nurturing vital life skills among their students.

Outcome: As a direct result of this lecture, students now possess a refined arsenal of communication skills. These encompass not only eloquent verbal and non-verbal communication but also the fine art of active listening and the prowess to deliver compelling presentations. Furthermore, they've been equipped with a treasure trove of practical strategies to embark on a transformative journey towards personal development and self-improvement.







# ONLINE ONE WEEK FACULTY DEVELOPMENT PROGRAM (FDP) DESIGN & DEVELOPMENT OF MOOCS



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## ONLINE ONE WEEK FACULTY DEVELOPMENT PROGRAM (FDP) DESIGN & DEVELOPMENT OF MOOCS

St. Bede's College, Shimla under the aegis of IQAC organized a Faculty Development Program on Design and Development of MOOCs from 1st to 7th January 2022. In this FDP Dr. Tejinder Pal Singh, an Associate Professor at the University Business School of Panjab University, Chandigarh explained various steps to design and develop a MOOC.

Objectives: The primary objectives were to:

- Introduce the participants to the concept of MOOCs, their evolution, and their impact on the education system.
- Equip the participants with the necessary skills and knowledge to design and develop MOOCs.
- Guide the participants through the planning and implementation of MOOCs.
- Help the participants in evaluating the effectiveness of MOOCs.
- Provide a platform for the participants to collaborate with peers and experts in the field of MOOCs.

He started the first day session with Introduction to Massive Open Online Courses MOOCs which give open access via Web to Anyone, Anywhere and Anytime. He focused on the fact that we need to switch to the 'Blended Learning System' where both MOOC's and Traditional Education run together and prepare our youngsters according to the current market demands. Dr. Singh also talked about the LMS- Learning Management System which can help the college to start their own e-courses.

The second day session was on "Course plan and Instructional Design for MOOCs". He explained that once the topic has been selected then a course plan should be prepared according to the following points.

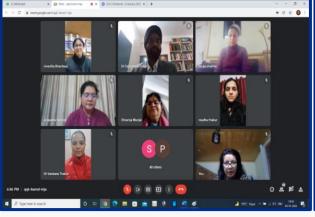
- Course outcome and Learning objectives at higher level BLOOM'S TAXONOMY
- Modules
- Activities
- Assessment

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### **WORKSHOP ON "DIGITAL MARKETING"**



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### WORKSHOP ON "DIGITAL MARKETING"

An online workshop was conducted for the students pursuing BCA, B.Sc., B.A. and B.COM courses, which focused on the topic of digital marketing. The workshop spanned over a period of three days, from January 27-29, 2022, and was facilitated by Mr. Tapan Kumar Jha, a certified digital marketer from Google (India).

### Objectives:

- 1. To recognize the significance of digital marketing in the modern era.
- 2. To comprehend the notion of websites and mobile advertisements.
- 3. To gain insight into social media optimization and search engine optimization.

During the workshop, Mr. Jha talked about the fundamentals of digital marketing, the current trends of digital marketing. He also explained the prerequisites for pursuing a career in digital marketing. He discussed the digital marketing strategies, the importance of choosing an appropriate domain name, and Google AdWords.

#### Outcomes:

- The workshop helped participants gain a better understanding of the digital marketing landscape.
- They gained a clear understanding of the basic workings of search engine and learned how to create effective ads within a limited budget. The participants also understood the ways to make money within a 3-day workshop by implementing various digital marketing techniques, such as affiliate marketing.

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### ST. BEDE'S COLLEGE SHIMLA

(NAAC Re-Accredited A+ Grade)

3-Days

### ONLINE WORKSHOP ON

### **Digital Marketing**

Theme: Learn the skills of the tuture and accelerate your career in it.

27th To 29th January 2022, @ 3:00PM

Organized by Department of Computer Science in Collaboration With MakeSkill, New Delhi

Resource Person:



Mr. Tapan Kr. Jha **Certified Digital Marketer** Google (India)



Platform: Google Meet



Coordinators

Neha Walia, HOD CS (9418903075) Sumant Tiwari, Head Coordinator, MakeSkill (9990741612)

Registration Fee: 299/- Rs.

E-Certificate Will Be Issued To All The Registered Participants

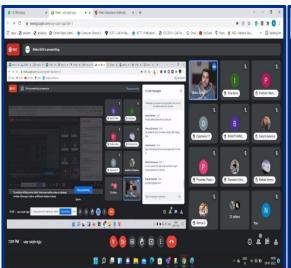
Neha Walia HOD, CS

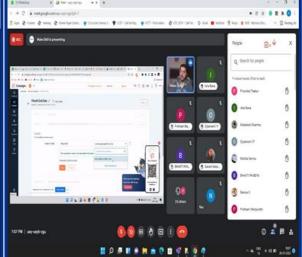
Chief Learning Officer

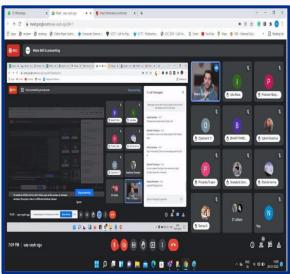
Sr. (Dr.) Molly Abrah Principal

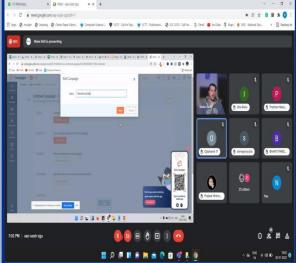


















# "ACADEMIC EXCELLENCE THROUGH PHYSICAL ACTIVITIES: JOURNEY OR DESTINATION"



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# ACADEMIC EXCELLENCE THROUGH PHYSICAL ACTIVITIES: JOURNEY OR DESTINATION

On February 25, 2022, the Department of Physical Education at St. Bede's College, in collaboration with the National Service Scheme (NSS) unit of the college, hosted an online webinar entitled "Academic Excellence through Physical Activities: Journey or Destination."

**Objectives:** The primary goal of the webinar was to enhance students' academic excellence through physical activities.

The webinar featured Dr. Anshul Singh Thapa, an Assistant Professor at P.G. College in Chandigarh, as the speaker. Dr. Thapa shared his expertise on the topic of physical activities and their impact on academic performance. He explained the importance of physical activities in promoting physical as well as mental health thereby improving academic excellence.

Dr. Thapa encouraged the students to engage in activities such as sports, yoga, and meditation. He highlighted that physical exercises and balanced diet help in leading a healthy life.

Outcome: The webinar inspired the students to incorporate physical activities in their daily lives.

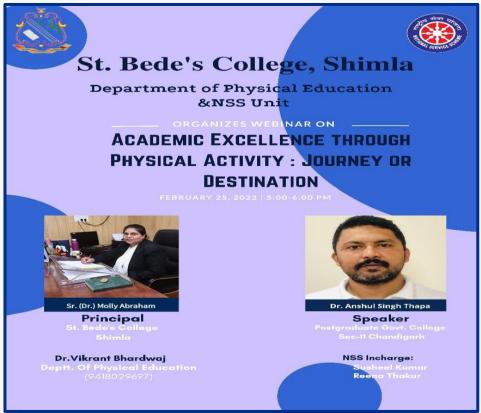
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### THE MUSICAL WORKSHOP



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#### THE MUSICAL WORKSHOP

On February 25, 2022, the Music department of St. Bede's College, Shimla organized a workshop on music. The speakers were Dr. Hemraj Chandel, Associate Professor at Rajiv Gandhi Government Degree College Kotshera, and Dr. Lal Chand, Associate Professor at Fine Arts College.

Objectives: The goals of the event were to increase students' awareness about 'Ragas', 'Thatas' and 'Thumri' and also to give them practical exposure of 'Alankaras' and 'Ragas' on harmonium and sitar.

Dr. Lal Chand led the first session of the workshop, where he discussed 'Seven Sawara' as the base of every music. He talked about the term frequency and emphasized the importance of practice (Riyaz) in music. He gave a practical demonstration of the concept of 'Alankaras' and used imagination as a crucial element used with feeling and creativity, which is indeed a never-ending process. He then presented one of the forms of Indian Classical Music - 'Thumri' in vocal.

The next session was led by Dr. Hemraj Chandel, who gave descriptive information about Indian Classical Music theory - 'Thaat Padhati, Thaat Chakra, Saptak: A natural voice, and provided a detailed explanation of the concept of Raag. He also discussed the concept of 'Tempered scale, Full-tone, half-tone, shift-note, and Shruti Sawara' Sanskara. He imparted insightful knowledge about Indian Classical Music and presented 'Raag Yaman,' which he started with 'Lakshan Geet' followed by the 'Bandish.'

### Outcomes:

- · During the session, the students learned about the 'Ragas' and 10 'Thatas' of Hindustani music. They gained knowledge that every Raga comes under these 'Thatas'.
- · The students had the opportunity for practical exposure in using 'Alankaras' on Harmonium and Sitar. They were enlightened with basic knowledge of 'Riyaaz' on 'Alankaras' in both Vocal and Instrumental music.
- The resource persons also imparted insightful knowledge about 'Lakshan Geet', which was beneficial to the students.

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### **BACK**







# ONLINE WORKSHOP ENTITLED "PROGRAM FOR ASPIRING WOMEN SCIENTISTS (PAWS)"



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## ONLINE WORKSHOP ENTITLED "PROGRAM FOR ASPIRING WOMEN SCIENTISTS (PAWS)"

On 26th February 2022 the department of Physics organized an online workshop entitled "Program for Aspiring Women Scientists (PAWS)" conducted by Homi Bhabha Centre for Science Education & IPA'S Gender in Physics Working group on 'Combating Imposter Syndrome and biases.

Eminent personalities from the field of Science and Research attended the workshop. This included Dr. Deepa Chari from Homi Bhabha Centre for Science Education, TIFR, and Professor Vandana Nanal from Tata Institute of Fundamental Research along with their team members Ms. Saurabi Huli and Ms. Bhagyashri Latad.

#### Objectives:

- · To provide a suitable learning environment to encourage women students to pursue a career in physics.
- · To combat the imposter syndrome experienced by women scientists and create a supportive environment for them to overcome self-doubt and excel in their careers.
- · To address the biases faced by women scientists in the field of physics and provide them with tools and strategies to navigate and overcome gender-based discrimination.
- The workshop was based on spreading awareness about imposter syndrome and unconscious biases and various ways to combat them. Topics like decision making, dealing with micro aggressions were also discussed. The faculty members along with students actively interacted with the team of Homi Bhabha centre for Science Education which further made the whole session more impactful. The workshop concluded with a short vote of thanks by the convener Dr. Sapna Sharma.

Outcomes: The program increased awareness among students about the phenomenon of imposter syndrome and biases, and their impact on their careers.

Networking opportunities were provided by the program for students to interact with each other and with established scientists in their fields. This helped them to build professional relationships, gain mentors, and collaborate on research projects.

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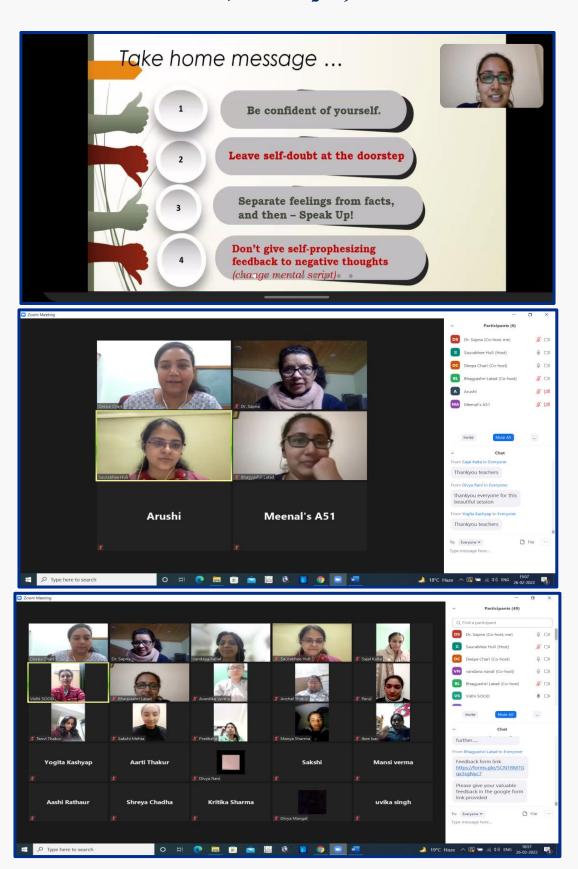






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# FIVE DAY FDP ON "REVAMPING EMOTIONAL AND PROFESSIONAL PARADIGMS FOR AN INCLUSIVE APPROACH TO HOLISTIC EDUCATION"



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### FIVE DAY FDP ON "REVAMPING EMOTIONAL AND PROFESSIONAL PARADIGMS FOR AN INCLUSIVE APPROACH TO HOLISTIC EDUCATION"

The Department of Commerce & Management collaborated with Chitkara University under the aegis of IQAC, St. Bede's College, Shimla to organize an online Faculty Development Program (FDP) on "Revamping Emotional and Professional Paradigms for an Inclusive Approach to Holistic Education" from March 3, 2022, to March 7, 2022.

**Objectives**: The main objectives of the Faculty Development Program (FDP) were to introduce an educational approach that combines humanistic education's idealistic concepts with spiritual philosophical ideas. Moreover, the FDP aimed to highlight how changing one's personal paradigm could lead to significant personal and professional growth, resulting in the creation of new opportunities.

The first day of the program focused on Holistic Intelligence, which covered IQ (Intelligence Quotient), EQ (Emotional Quotient), SQ (Spiritual Quotient), and PQ (Physical Quotient). The second day of the FDP was dedicated to Leadership & Teamwork, including Lateral Thinking which highlighted the importance of good leadership in providing a clear vision for the team. On day three, the focus shifted to Image Management, specifically the "Clothes Power" aspect, which broadly consists of appearance, behaviour, communication, and digital presence. The concept of ABCDE of image was introduced, emphasizing that clothes have the power to change attitude and increase confidence.

Day four of the program covered Training Skills, which refer to employer-provided programs that develop employee proficiencies and equip them with the knowledge and attributes necessary to perform their duties optimally. Role-playing and hackathons were cited as examples of effective training methods.

The final day of the FDP was dedicated to Atomic Habits, a comprehensive guide on creating good habits, breaking bad ones, and achieving 1% progress every day.

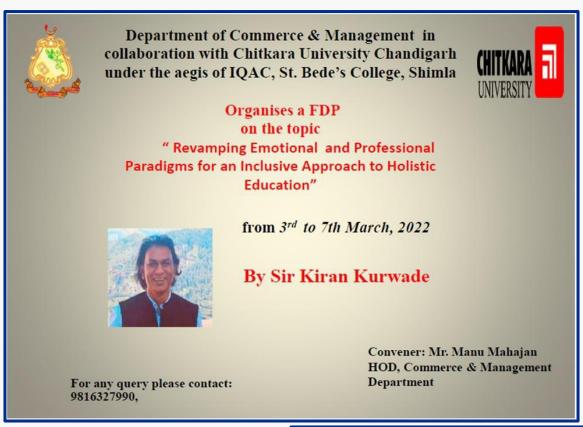
Outcomes: The participants gained a deeper understanding of Holistic Intelligence, encompassing IQ, EQ, SQ, and PQ. They learned about image management, covering appearance, behaviour, communication, digital presence, and clothing choices, enhancing their confidence and attitude. Lastly, the program provided practical guidance on improving habits and behaviour for personal and professional growth, emphasizing continuous self-improvement.

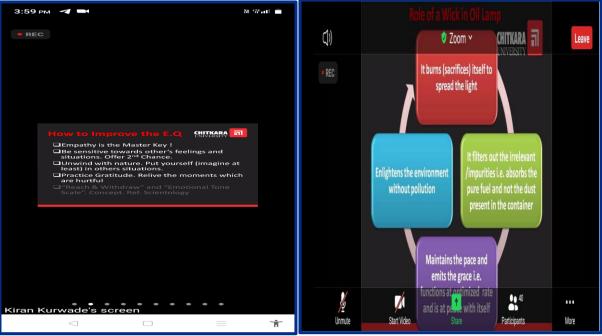
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### LECTURE ON CONSTITUTION OF INDIA



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### LECTURE ON CONSTITUTION OF INDIA

On March 8, 2022, the volunteers attended a lecture delivered by Advocate Sheetal Vyas, a social activist and a Criminal Lawyer and Practitioner at Shimla High Court (H.P.).

**Objective:** The objective of conducting the lecture was to make students aware of their rights corresponding responsibilities.

Advocate Sheetal Vyas discussed the Constitution of India, emphasizing that it not only lays out legal rules but also protects Fundamental Rights and Directive Principles. • She also spoke about issues related to women's rights and highlighted the significance of imparting knowledge to women on legal rights and social responsibilities. The lecture stimulated discussions and encouraged students to actively participate in promoting gender equality and women's empowerment.

Outcome: The students gained knowledge about their legal rights, social responsibilities, and the importance of upholding the rights of women.

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### LECTURE ON "ROLE OF NSS IN WOMEN EMPOWERMENT"



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### LECTURE ON "ROLE OF NSS IN WOMEN EMPOWERMENT"

A lecture on "Role of NSS in Women Empowerment" was organized on 8th March 2022. The resource person was Dr. Mahima Verma, Assistant Professor at the Department of Sociology, Jesus and Mary College, Delhi.

**Objective:** The objective of the webinar was to empower girl students and faculty by enhancing their understanding of women's issues and creating a safe and inclusive college campus.

Dr. Verma in her talk addressed practical concerns related to the welfare of women. She talked about equal opportunities and gender equality.

She also highlighted the significance of NSS in promoting women's empowerment and discussed the activities undertaken by NSS volunteers to ensure that women actively participate in the progress and development of society.

Outcome: The webinar helped students understand their legal rights and duties.

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### GROOMING SESSION AND GUIDANCE WORKSHOP



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### GROOMING SESSION AND GUIDANCE WORKSHOP

The Department of Commerce and Management and Placement Cell organized a grooming session and guidance workshop on 9<sup>th</sup> March 2022 to educate students about the emerging professional trends and events, job profiles, leadership roles, entrepreneurship, market needs and risks, and implementation of national socio-economic policies.

**Objective-** The objective of this workshop was to impart training in soft skills and prepare the students for the competitive professional world.

The resource persons for the workshop were Mr. Kiran Kurwade, Director-Office of Strategic Initiatives at Chitkara University, Chandigarh and Ms. Preeti Chauhan, General Manager-Office of Strategic Initiatives at Chitkara University, Chandigarh.

The workshop started with an opening speech by the Head of the Department of Commerce and Management, welcoming the resource persons and participants. The first speaker, Mr. Kiran Kurwade, delivered a lucid presentation on students' interview skills, communication skills and decision-making. He engaged the students in different games and activities and even awarded the winners with chocolates and gifts. His presentation was informative, interactive, and practical, and it helped students understand the importance of soft skills in their professional lives.

The second speaker, Ms. Preeti Chauhan, presented a video and informative presentation about Chitkara University's campus. She touched upon every aspect of the criteria with special emphasis on various MBA courses offered by Chitkara University. Her presentation was well-analyzed and enriched with facts and figures. She highlighted the benefits and opportunities that the students could avail by joining Chitkara University.

Outcome: The students appreciated the efforts of the resource persons and the college authorities in organizing such an event. The workshop helped students understand the importance of soft skills and how they could develop them to succeed in the professional world.

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Department of Commerce and Management and Placement Cell of St. Bede's College is organising a Grooming Session and Guidance Workshop

Date: March 9, 2022

WORKSHOP

Venue : Seminar Room

Time: 11.00 - 1.00 PM

### Resource Persons:

- Mr. Kiran Kurwade, Director : Office of strategic initiative at Chitkara University Chandigarh

- Ms. Preeti Chauhan







# WORKSHOP ON HIMACHAL PRADESH INITIATIVE FOR UP SKILLING & JOB PLACEMENT DRIVE FOR STUDENTS AND COLLEGES



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### WORKSHOP ON HIMACHAL PRADESH INITIATIVE FOR UP SKILLING & JOB PLACEMENT DRIVE FOR STUDENTS AND COLLEGES

On December 3, 2021, a workshop on Himachal Pradesh Initiative for upskilling and job placement drive for students and colleges was organized.

Objective: The workshop aimed to provide valuable insights and guidance to students and colleges on various aspects related to career development, goal setting, mindset for success, job opportunities, and collaborations.

The workshop commenced with Maj. Dr. Gulshan Sharma, DGICSI-International Chamber for Services Industry, serving as the moderator for the event. Maj. Dr. Gulshan Sharma provided a brief overview of youth and teaching empowerment and presented a roadmap to the education system in the context of the ongoing COVID-19 pandemic.

The workshop featured notable speakers who shared their expertise and insights on various topics. Er. M.L. Garg, a Science Communicator from Chandigarh, spoke about goal setting, emphasizing the importance of setting clear objectives and strategies to achieve them. Sh. Manoj Sharma delivered a session on career counseling, guiding participants on making informed career choices based on their interests, skills, and market demands. Dr. Jagdish Pareek, a motivational speaker, shed light on job opportunities and collaborations, particularly focusing on the Help India Online Foundation based in Jaipur. Lastly, Dr. Brijesh Singh, Principal of PG College Seema, Rohru Shimla, shared his views on earning while learning and job placement in the current situation.

The sessions were designed to be informative, engaging, and practical, allowing participants to acquire valuable knowledge and guidance to shape their career paths effectively.

Outcome: The workshop received positive feedback from the participants, including students and representatives from various colleges. The attendees appreciated the diverse range of topics covered during the workshop and found the sessions insightful and inspiring. The workshop successfully equipped the participants with a better understanding of goal setting, career counseling, mindset for success, job opportunities, and collaborations.

Mann Mahejan:

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### WEBINAR ON "HOW TO PLAN PROFESSIONAL ASPIRATIONS"



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### WEBINAR ON "HOW TO PLAN PROFESSIONAL ASPIRATIONS"

The Commerce and Management Department of St. Bede's College, Shimla, conducted an informative webinar on "How to Plan Professional Aspirations" on March 14, 2022.

**Objectives**: The objective of the session was to explain the importance of planning a career and not choosing it under peer pressure.

The webinar was conducted on Zoom Meeting App and was attended by more than 60 students from various streams of Commerce and Management. The resource person for the webinar was Dr. Fateema Abbas, an IELTS certified trainer and the HOD of Communicative Skills at PIBM Pune. She shared her experiences and insights with the students to help them plan their careers effectively. Dr. Abbas emphasized the importance of setting career goals and developing a realistic and achievable career plan. Dr. Abbas encouraged students to actively explore different career options and choose paths that align with their interests and skills. She cautioned against making career decisions solely due to peer pressure or external influence, urging students to trust their own abilities and instincts.

Dr. Abbas emphasized on effective communication, networking, and continuous learning to achieve career goals.

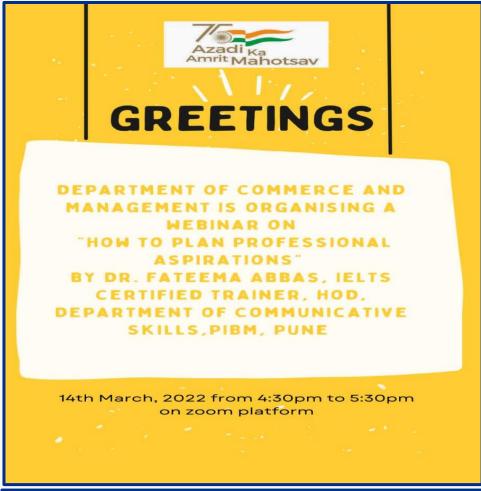
Outcome: The students gained valuable insights and strategies for effective career planning, emphasizing the importance of making informed choices based on their interests and abilities.

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Mann Mahejan









### SEMINAR ON "ARTIFICIAL INTELLIGENCE"



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### SEMINAR ON "ARTIFICIAL INTELLIGENCE"

The Department of Computer Science organized an engaging seminar on "Artificial Intelligence" for the students of Class IX to XII from Government Senior Secondary School, Chotta Shimla. The seminar took place on April 4, 2022, in the school auditorium, with the presence of Ms. Neha Walia and Ms. Nivedita Bhardwaj as accompanying faculty members.

**Objective:** The primary objective of the seminar was to make students familiar with the concepts of artificial intelligence and its applications.

The students of BCA (VIth and IVth semester) delivered a presentation on the topic of "Artificial Intelligence" and covered the past, present, and future of artificial intelligence. The students at the college also highlighted the technical courses offered at the UG level to make the school students aware of the various opportunities available to them in the realm of technology after matriculation.

The seminar witnessed active participation from both the faculty members and students of the school. The interactive session was also organised in which school students asked questions about artificial intelligence and its uses.

Outcome: The seminar helped in creating awareness about upcoming technologies and trends in the IT industry.

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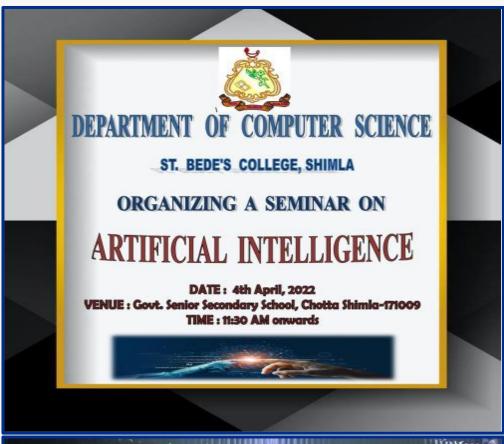
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# WEBINAR ON "THE SPATIAL PATTERNS OF COVID-19 IN INDIA: ITS IMPACT ON EDUCATION, HEALTH, AND ENVIRONMENT"



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# WEBINAR ON "THE SPATIAL PATTERNS OF COVID-19 IN INDIA: ITS IMPACT ON EDUCATION, HEALTH, AND ENVIRONMENT"

On 22nd April 2022, which is celebrated as Earth Day, the Department of Geography organized a webinar on "The Spatial Patterns of Covid-19 in India: Its Impact on Education, Health, and Environment".

Objective: The goals of the event were to increase awareness and understanding of the effects of the Covid -19 pandemic on the health and education and investigate how people's access to healthcare and education changed in different areas during the pandemic.

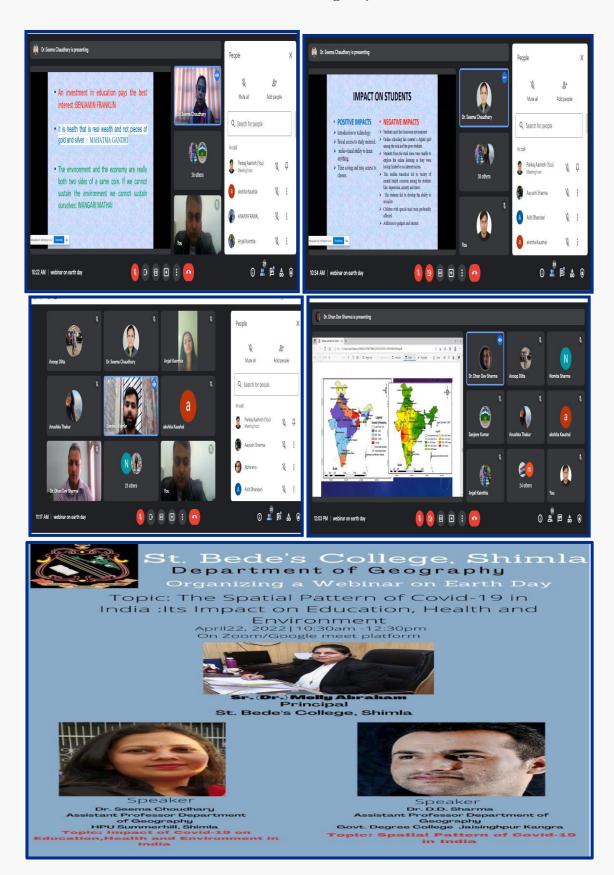
The webinar had two guest speakers who addressed more than 50 students. The first speaker, Dr. Seema Chaudhary, Assistant Professor at the Department of Geography, Himachal Pradesh University, Shimla, shared her views on "The Impact of Covid-19 on Education, Health, and Environment". The second speaker, Dr. Dhan Dev Sharma, Assistant Professor at the Department of Geography, Govt. College Jaisinghpur Kangra, delivered his lecture on the topic of "Spatial Distribution of Covid-19 in India".

Outcomes: • The webinar made students aware of the fact that it is important to understand geography and geospatial technology to examine how COVID-19 has affected health and education in different places.

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### DEVELOPMENT PROGRAMME FOR THE NON-TEACHING STAFF



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### DEVELOPMENT PROGRAMME FOR THE NON-TEACHING STAFF

The IQAC of St. Bede's College organized a development program on May 28, 2022, for its non-teaching staff. The program aimed to enhance the personal and professional skills of the participants. The resource person for the program was Mrs. Jyoti Rana, Additional Director at HIPA.

**Objective:** To help the non-teaching staff improve their personal and professional skills, for work life balance.

Mrs. Jyoti Rana shared her experience in stress management and spoke on time management, life skills, happiness quotient, ethics, and values. She made the session interactive by engaging the participants in various group activities.

**Outcomes:** The non-teaching staff learned techniques to manage their workload and time more effectively. The program helped them to develop their interpersonal and communication skills.

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S.No	SEMINARS, WEBINARS, CONFERENCES, WORKSHOPS 2022-23	
1.	NAAC SPONSORED ONE DAY WEBINAR ON "REVISED ACCREDITATION AND ASSESSMENT FRAMEWORK IN HIGHER EDUCATIONAL INSTITUTIONS"	VIEW
2.	A DISCOURSE ON: WINNER'S EDGE	VIEW
3.	AWARENESS TALK ON "MAKING A DIFFERENCE AS A TEACHER"	VIEW
4.	HEALTH AND FITNESS WORKSHOP	VIEW
5.	IPR AWARENESS PROGRAMME	VIEW
6.	ONE-DAY TRAINING PROGRAM ON "REDUCE, REUSE, RECYCLE"	VIEW
7.	WORKSHOP ON CAREER GUIDANCE AND COUNSELLING	VIEW
8.	HEALTH AWARENESS PROGRAM ON "BREAST CANCER"	VIEW
9.	MUSIC WORKSHOP ON "FOLK SONGS AND TRADITIONS OF HIMACHAL PRADESH"	VIEW
10.	WORKSHOP ON THE MLA-STYLE SHEET	VIEW
11.	HOW TO BUILD AN AMAZING RESUME/CV	VIEW
12.	MAZBOOT LOKTANTRA- SABKI BHAAGIDARI	<b>VIEW</b>
13.	BRAINSTORMING SESSION ON GST	VIEW
14.	WORKSHOP ON "HOW TO CRACK BANK EXAMS"	VIEW
15.	WEBINAR ON "ANTIMICROBIAL RESISTANCE"	VIEW
16.	TWO-DAY NATIONAL CONFERENCE TITLED 'NOVEL PROGRESSIONS IN SCIENCE AND TECHNOLOGY-2022'	VIEW
17.	SEMINAR ON "CAREER COUNSELING"	VIEW
18.	STRESS MANAGEMENT WORKSHOP	VIEW
19.	TWO-DAY PROGRAM ON "DISCOVERIES IN SCIENCE AND SUSTAINABLE DEVELOPMENT"	VIEW
20.	WEBINAR ON ENTREPRENEURSHIP	VIEW
21.	INTERNATIONAL SEMINAR ON "TRANSFORMATION OF INDIA@75"	VIEW
22.	CAREER COUNSELLING SEMINAR	<b>VIEW</b>
23.	NATIONAL SEMINAR ON "BUILDING A RESILIENT FUTURE: INTEGRATING ENVIRONMENT, ECONOMY AND TECHNOLOGY"	VIEW
24.	WEBINAR ON "ROADMAP TO RBI GRADE B OFFICER"	VIEW
25.	FACULTY DEVELOPMENT PROGRAMMEON "MOVING TOWARDS ACCREDITATION-4TH CYCLE"	VIEW
26.	DEVELOPMENT PROGRAM ON 'WORK ETHICS' FOR THE NON- TEACHING STAFF	VIEW



# NAAC SPONSORED ONE DAY WEBINAR ON REVISED ACCREDITATION AND ASSESSMENT FRAMEWORK IN HIGHER EDUCATIONAL INSTITUTIONS"



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### NAAC SPONSORED ONE DAY WEBINAR ON REVISED ACCREDITATION AND ASSESSMENT FRAMEWORK IN HIGHER EDUCATIONAL INSTITUTIONS

With the encouragement and support from the NAAC, Bengaluru, the IQAC of St. Bede's College, Shimla organised a webinar on "Revised Accreditation and Assessment Framework in Higher Educational Institutions" on 11th July 2022 to disseminate the knowledge on latest methods involved in accreditation process. Around 140 participants consisting of Principals, Professors, IQAC coordinators, assistant professors, associate professors from various universities and colleges across India Participated in the workshop through MS Teams.

The objective of the webinar was to create awareness on

- Role of IQAC in Initializing quality culture in HEI
- Preparation of SSR
- Data Validation and Verification
- Preparation of IIQA
- · Student Feedback and Peer Team Visit

### Suggestions/Recommendations:

- The IQAC should facilitate and contribute to increase the level of clarity and focus in
  institutional functioning towards quality. It should enhance and integrate various
  activities of the institution, thus institutionalizing many good practices.
- IQAC should function to explore new frontiers such as role of parent teacher association (PTA) in institutional quality enrichment, student orientation activities, employability skills, participative learning etc.
- · The practice area of leadership should be specified.
- The choices for national and international alliances and partnerships with other institutes in the form of MOUs should be made consciously, to elevate the standards of academics.
- Teachers should use various teaching methods to promote vibrancy, vitality and variety in their classrooms so as to make students good problem solvers and creative thinkers.
- Development of internal quality culture to meet the goals of having a dynamic higher education sector.

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- Faculty members should investigate the previous NAAC reports of the college in order to understand the working of IQAC and NAAC.
- Before writing the SSR one should go through the entire accreditation manual as well as already submitted SSRs of some good institutions thoroughly so as to clarify any doubts and understand the procedure for writing SSR. Institutes should be careful of not providing wrong data in the SSR.
- The Institutes should conduct a Mock NAAC visit a few days before NAAC visit which would help in resolving several last-minute issues.
- The SSR should be prepared before submitting IIQA.
- There should be two kinds of student feedback, one pertaining to the instructor and second to the course, which should be taken during the closure of the academic session.
- The significant objectives of the student's feedback should be- to develop a participative
  approach among students, to develop a greater sense of responsibility towards their
  institution, to develop a skill of critical evaluation of the curriculum, courses, and the
  weightage system and to help teachers modify and improve the teaching-learning
  process.
- Mentioning the resources used for the feedback collection, it was advised that the IP address of the institution must not be used in this activity.
- The feedback collection activity should be a transparent communication channel between the teachers, students, and the institution.
  - Feedbacks should be taken from students, faculty members, alumni, and other stakeholders of the institution. After the feedback is collected, action taken in its regard must be mentioned on the institution's website. This activity must be carried out after every semester of the academic session.
- The feedback forms must be made available to the stakeholders, after their analysis they
  must be signed by the principal after which the respective departments should prepare
  action taken reports.
- · The college administration should take steps for the welfare of staff and the students.

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#### Follow up actions:

Follow up actions the college proposes to undertake are-

- Development of system for conscious, consistent, and catalytic action for improvement of the academic and administrative performance of the institution.
- To keep the institute efficient and to conduct regular activities related to a wide range of current issues.
- To measure the outcome of academic and administrative performance of the institution.
- To generate good practices, ideas, and planning.
- Various mechanisms and procedures would be imbibed for institutionalization of quality initiatives as part of IQAC strategy. Some of them are:
- Ensuring timely, efficient, and progressive performance of academic, administrative and financial tasks.
- Adequate maintenance and functioning of support structure.
- Optimization and integration of modern methods for teaching, learning and evaluation.
- Development of internal quality culture to meet the goals of having a dynamic higher education sector.
- Exploration of new frontiers as a part of IQAC activities viz.-
  - 1. Role of parent teacher association (PTA) in institutional quality enrichment.
  - 2. Strengthening participatory learning, soft skills/employability skills, mentoring/tutorward system, student orientation activities, feedback mechanism.
  - 3. Seeking the help of the parent university in mapping the program outcomes.
  - 4. Preparing SSR before submitting IIQA.
  - 5. Departments to prepare presentations pertaining to the qualitative aspects viz. Best Practices, future plans etc.
  - 6. Interacting with students, teachers, non-teaching staff, parents, alumni regularly.

You Tube Link - https://youtu.be/DiVia-OehD0

You Tube Link- https://youtu.be/NKBg2VcHQYo

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# WEBINAR HELD AT St BEDE'S COLLEGE

Five technical sessions were held during a webinar on 'Revised Accreditation and Assessment Framework in Higher Educational Institutions'. The event was sponsored by the National Assessment and Accreditation Council and held at St Bede's College, Shimla. Keynote address was given by former Director of the Development Management Institute, Patna, Dr Hemnath Rao Hanumankar.



#### A DISCOURSE ON: WINNER'S EDGE



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# A DISCOURSE ON: WINNER'S EDGE

The Internal Quality Assurance Cell (IQAC) of St. Bede's College organized a discourse on "WINNER'S EDGE" on August 18, 2022, for the college students. Dr. Michael S. David was the resource person for the discourse.

Objective- The objective of the discourse was to make students aware of their hidden potential to find an ideal profession.

The discourse began with a fun exercise where students were asked to write down their birth date and the day they expected to die. This activity encouraged students to think about their lives and their goals. Dr. David then delivered a thought-provoking discourse on the "WINNER'S EDGE." Dr. David emphasized that perseverance, hard work, and a positive attitude are the keys to success.

The discourse also examined various aspects of career thinking, encouraging students to reflect on their career aspirations. Dr. David shared his personal experiences and insights about his journey to success, which helped students to relate to his message. He emphasized that it is important to identify one's strengths and weaknesses, and one should learn from his/her failures.

Outcome: The discourse motivated students to discover their hidden potential and they expressed their desire for more such sessions.

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# St. Bede's College

NAAC Re-Accredited A+ Grade

Department of Commerce and Management Under the aegis of IQAC organises

A Discourse on:

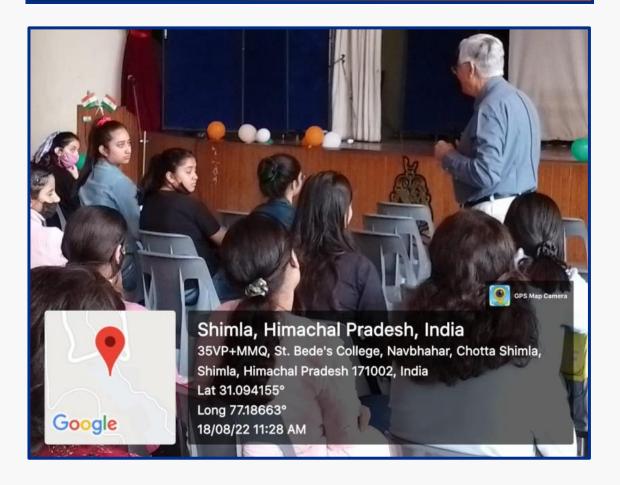
# Winner's Edge For All Students

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August 18, 2022 Time: 10: 45 A.M.

Venue : College Auditorium

Resource Person: Dr. Michael S. David
Training Partner for Grovewell, USA,
Synet Australia and Tata
Management Training Centre, Pune.





#### AWARENESS TALK ON "MAKING A DIFFERENCE AS A TEACHER"



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#### AWARENESS TALK ON "MAKING A DIFFERENCE AS A TEACHER"

An awareness talk titled "Making a Difference as a Teacher" was organized by the Department of Commerce and Management at St. Bede's College in the college auditorium on August 18, 2022, under the auspices of IQAC.

**Objective-**The talk aimed to enlighten the faculty members about the importance of various pedagogical methods that can engage students in their studies.

The resource person was Dr. Michael S. David who shared his expertise on the subject. He emphasized the significance of going beyond the traditional classroom teaching and imparting knowledge through personal experiences and successful teaching methods. Dr. David emphasised that it is important to have one to one connection with students and teachers should treat them as friends to bring positive changes in their lives.

He encouraged the faculty members to adopt innovative teaching strategies and modify them according to different situations and challenges. Dr. David emphasised that an interactive classroom environment helps the students explore their creativity and promotes collaboration.

Outcome- The awareness talk was informative and motivated the faculty members to reflect on innovative methods to engage their students.

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#### **HEALTH AND FITNESS WORKSHOP**



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HEALTH AND FITNESS WORKSHOP Collaborating Agency: Community

No. of Participants: 145

Organizing Unit: Department of Zoology

On September 23, 2022, the Departmental Club of Zoology, "Zoo Quest," organized a workshop on health and fitness with the following events: a presentation on health and fitness, a talk on the importance of vitamin D by Dr. R.K. Patial, a street play on health and fitness, and aerobic exercise session.

**Objective:** The workshop aimed to explain the importance of maintaining physical and mental fitness for a healthy lifestyle.

The students in their presentation highlighted the importance of a balanced food regimen, macroand micronutrients, and an energetic lifestyle. They emphasised that fitness encompasses physical, mental, and social nicely-being, and mentioned the need for physical activity, rest, a balanced diet, and happiness. The presentation also emphasised the significance of important nutrients including water, fat, proteins, nutrients, and minerals for maintaining good health.

Dr. R.K. Patial, a retired Professor and Head of Medicine at IGMC Shimla, stressed on the importance of vitamin D in the human body. He explained that it is an important contributor to health, survival, defense, and reproduction. The discussion concluded with an interactive Q&A session.

A street play titled "Babu Rao Ki Kahani" addressed the topic of health and fitness. It emphasised the importance of a balanced diet, regular workout, practicing yoga, and eating fruits and green vegetables for good health.

Following the Nukkad Natak, Mr. Sharik, a licensed aerobics trainer, conducted an aerobics and flexibility session. He discussed the importance of aerobic workout for physical fitness. Students and people living in the vicinity actively participated in a 30-minute aerobics exercise.

The whole health and fitness workshop was recorded, and a video of the workshop has been uploaded on YouTube for wider dissemination of the expertise and experiences shared.

Outcome: The workshop made the students aware of nutrients and vitamins and their importance in fighting various diseases. They were also made aware about the importance of having a balanced diet to maintain a healthy lifestyle.

Shuti

Principal St Bede's College Shimla 171002







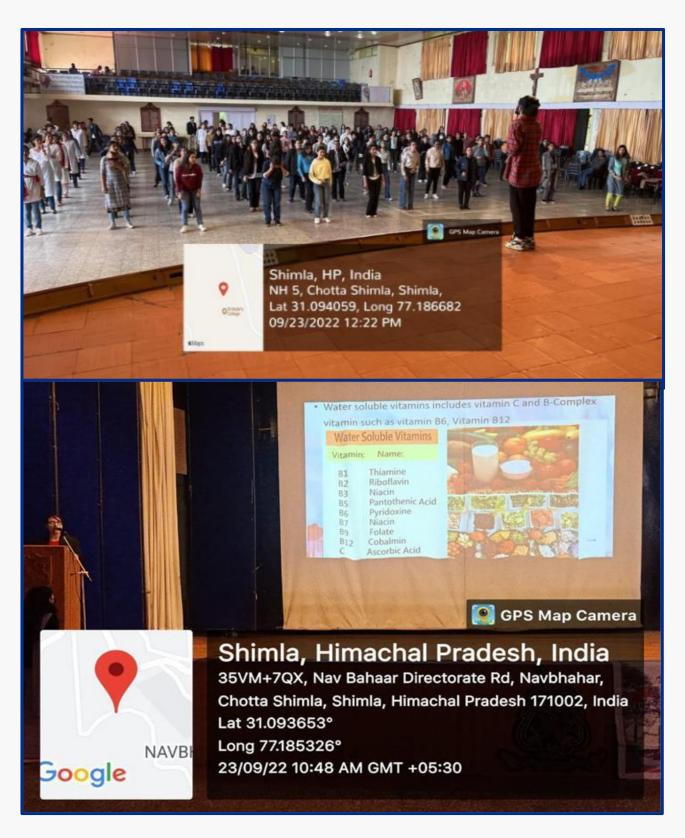














#### IPR AWARENESS PROGRAMME



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#### IPR AWARENESS PROGRAMME

The Department of Biotechnology at St. Bede's College collaborated with The Patent Office, Kolkata under the Department for Promotion of Industry & Internal Trade (DPIIT), Ministry of Commerce & Industry, to conduct an online IPR awareness program on September 23, 2022.

Objectives-The objectives of the session were:

- · To introduce the students to the basics of intellectual property rights and patent filing.
- To provide knowledge of different forms of intellectual property protection and their key differences and similarities.
- · To raise awareness about filing applications for patents and other IPR.

The faculty and students from the college, and other colleges and institutions attended the webinar.

The webinar was conducted by Shri Suman Sil, an Examiner of Patents & Designs (Gr. 'A' Gazetted) who engaged the students and faculty in an informative discussion about the importance of IPR and its various forms.

Shri Suman Sil gave an overview of Intellectual Property Rights (IPR) and explained why it is important to know about them. He explained different types of IPR like patents, trademarks, copyrights, and trade secrets, clarifying how they are similar and different.

He stressed the importance of properly documenting, filing, and maintaining IPR. He also shared examples to explain how IPR can safeguard and commercialize innovations and creative works.

Furthermore, Shri Suman Sil discussed the procedures and requirements for filing patent applications and other IPR. He provided valuable insights into the legal and regulatory aspects of IPRs.

Outcome- The online IPR awareness program received a positive response from both students and faculty. They found it to be insightful and informative, giving them a clearer grasp of IPR and its relevance in various fields. The program also helped them recognize the importance of safeguarding their intellectual property and the advantages of securing patents for their inventions.

(convenor)

Shimib - 272 602







### ONE-DAY TRAINING PROGRAM ON "REDUCE, REUSE, RECYCLE"



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# ONE-DAY TRAINING PROGRAM ON "REDUCE, REUSE, RECYCLE"

On September 24, 2022, the Department of Chemistry and the Paper Recycling Unit at St. Bede's College organized a one-day training program on "Reduce, Reuse, Recycle." The training started with an introduction on how recycling paper benefits the environment, presented by Mr. Nishant Sharma. Afterwards, Mr. Sharma demonstrated the process of paper recycling to all the participants.

**Objective:** The main aim of the activity was to make the participant aware of paper waste and its recycling process.

**Outcomes:** 15 students from the department of Chemistry and members from the Rural Development Department of the Government of Himachal Pradesh attended the training program and understood the recycling process. They also prepared the recycled paper.

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St. Device College
Shimia - 171 002





#### WORKSHOP ON CAREER GUIDANCE AND COUNSELLING



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# WORKSHOP ON CAREER GUIDANCE AND COUNSELLING

On September 28, 2022, the Placement and Career Guidance Cell of St. Bede's College, Shimla, organized a workshop on Career Guidance and Counseling. The workshop was attended by all the students at the college, and the resource persons for the day were Ms. Gursheen Kaur and Mr. Deepak Sisodia.

**Objective-** The objective of the workshop was to give information to the students about various job opportunities.

The first speaker was Ms. Gursheen Kaur, who gave a brief note on career guidance and counseling. She talked about different job opportunities available in the industry and shared useful tips to prepare for interviews.

The second speaker was Mr. Deepak Sisodia, who shared that skill-oriented courses such as data analysis, digital marketing, and project management can help students find placements.

**Interactive Session:** The students asked various questions related to career opportunities, job interviews, and the speakers answered the questions in detail.

Outcome- The event helped the students to make informed career choices.

Manu Mahejan. (Convend)

St. Bolles College









#### HEALTH AWARENESS PROGRAM ON "BREAST CANCER"



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## HEALTH AWARENESS PROGRAM ON "BREAST CANCER"

The Health Awareness Program on "Breast Cancer" was organized on September 29, 2022, in the Auditorium of the college. The program was conducted in collaboration with the Ministry of Health and Family Welfare (H.P) and the Health Club of the college. More than 200 students attended the program.

**Objectives:** The main aim of the event was to encourage students to spread awareness and support individuals affected by breast cancer.

Dr. Pratima Thakur, a Cancer Specialist from Indira Gandhi Medical College and Hospital Shimla, was invited as the guest speaker for the program. She shared insightful information about breast cancer, including its causes, risk factors, symptoms, and preventive measures. Dr. Thakur emphasized the importance of early detection through regular self-examination and mammograms.

Outcome: The program helped in increasing awareness about breast cancer and the importance of detecting the disease at an initial stage.

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## ST. BEDE'S COLLEGE SHIMLA



# **Health Club**

Ministry of Health & Family Welfare H.P. **Organises** 

A HEALTH AWARENESS PROGRAM FOR THE STUDENT'S

# "BREAST CANCER"

(29th September 2022, Thursday)

Venue: College Auditorium Time: 10:00 am-10:45 am





## MUSIC WORKSHOP ON "FOLK SONGS AND TRADITIONS OF HIMACHAL PRADESH"



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# MUSIC WORKSHOP ON "FOLK SONGS AND TRADITIONS OF HIMACHAL PRADESH"

On October 12, 2022, the Department of Music and Music Club in collaboration with the Cultural Society of St. Bede's College celebrated World Music Day by organizing a music workshop on the theme 'Folk Songs and Traditions of Himachal Pradesh" for the students of the college and Government School, Sanjauli. Sh. Anil Halta, District Language Officer, Department of Language, Art and Culture, Himachal Pradesh and Sh. Amit Sharma were the worthy speakers.

**Objectives**: The goal of the event was to enrich the students about the rich folk culture of Himachal Pradesh.

Sh. Ramesh Chand enlightened the audience with the dance forms, folk songs and rich culture of Himachal Pradesh. The programme was conducted in three phases which comprised of 'Lok Geet', Lok Naatya/Karyala and Lok Naati, performed by the local artists of the Language, Art and Culture Department, Himachal Pradesh. The President Awardee Smt. Roshni Justa also performed Naati on stage, which caught the eyes of the audience. *Mala Nritya*, a form of Naati was the highlight of the workshop.

#### **Outcomes:**

- Students got an opportunity to see rich and live events on folk music and tradition of culture of Himachal Pradesh.
- Students got a chance to imbibe the values and culture of Himachal Pradesh and a motivation to follow and spread awareness of this rich culture of the state.

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#### WORKSHOP ON THE MLA-STYLE SHEET



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## WORKSHOP ON THE MLA-STYLE SHEET

On the 14th and 15th of October 2022, the Department of English at St. Bede's College, Shimla, organised a workshop for their M.A. students on the MLA style sheet.

**Objective-**The workshop aimed to help the students understand the format and citing sources according to the MLA Handbook (9th edition). The workshop was conducted by the faculty, Ms. Annette James.

Session Overview: Ms. Annette James started the session by introducing the MLA style sheet and its importance in academic writing. She explained how the MLA Handbook, released by the Modern Language Association, helps researchers present their work in a standard and understandable design while allowing researchers to indulge in their research flexibly.

Ms. James then focused on the format of academic writing and how to cite sources according to the MLA style sheet. She shared some examples of correct citations and how to make references to avoid plagiarism. She also explained the importance of acknowledging sources and the consequences of not doing so.

The students were given handouts with tips for following the style sheet and academic writing. They were then guided step-by-step to cite sources, make references, and format their academic assignments according to the MLA style sheet. The students were encouraged to adopt the format to write their assignments to prepare them well for research writing when pursuing further studies.

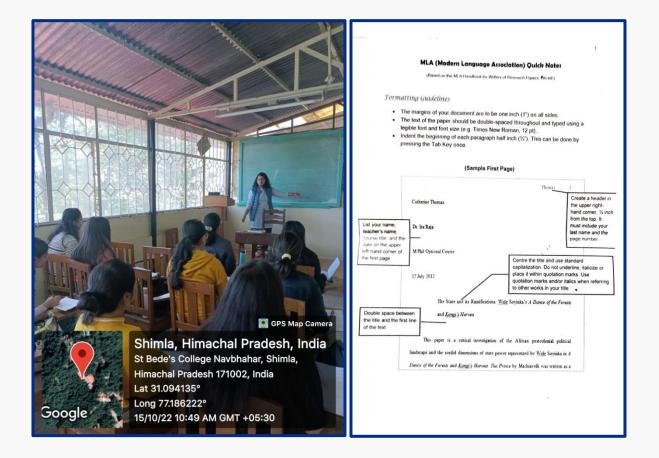
Interactive Session: After the presentation, the session was opened for an interactive discussion, where students were encouraged to ask questions and share their views. The students asked various questions related to the MLA style sheet, citing sources, and the format of academic writing. Ms. James answered the questions in detail and provided some valuable insights.

Outcome: The workshop was a great success, and the students benefited a lot from the insights shared by Ms. James. The session was informative, interactive, and provided practical tips that students can use to improve their academic writing. Such workshops help students improve their academic writing skills and prepare them for research writing when pursuing further studies.

Department of English
St. Bede's College

Principal St Bede's Collogo Shimla 1710-3







#### HOW TO BUILD AN AMAZING RESUME/CV



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#### HOW TO BUILD AN AMAZING RESUME/CV

On October 19, 2022, the Department of English at St. Bede's College organised an online presentation on "How to Build an Amazing Resume/CV". The presentation aimed to help the students understand how to create an effective Resume/Curriculum Vitae for job applications. The presentation was conducted by Dr. Deepika Pant, Assistant Professor, Department of English Kumaun University, Nainital, Uttarakhand.

Session Overview: Dr. Deepika Pant started the session by introducing the importance of a Resume/ Curriculum Vitae in job applications. She explained the significance of presenting oneself effectively on paper and how a well-crafted Resume/ CV can make all the difference in getting shortlisted for a job interview.

Dr. Pant then focused on the key elements of a Resume/ CV, such as personal details, educational qualifications, work experience, skills, achievements, and references. She shared some examples of effective Resumes/ CVs and explained how to customize them according to the requirements of different countries and job profiles.

The students were given practical tips on how to write their Resume/ CV, such as using simple language, highlighting their strengths, and tailoring their Resume/ CV to suit the job they are applying for. Dr. Pant also stressed the importance of being truthful while writing a Resume/ CV, as any false information can have serious consequences.

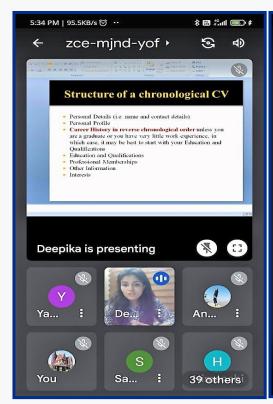
Interactive Session: After the presentation, the session was opened up for an interactive discussion, where students were encouraged to ask questions and share their views. The students asked various questions related to building an effective Resume/ CV. Dr. Pant answered the questions in detail and provided some valuable insights.

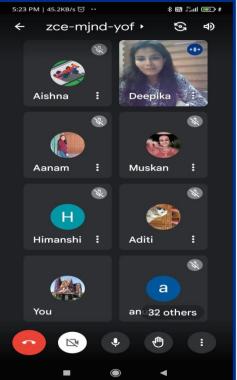
Outcome- The session was interactive, and provided practical tips that students can use to improve their Resume/ CV writing skills. The students gained a better understanding of the key elements of a Resume/ CV, such as personal details, educational qualifications, work experience, skills, achievements, and references. They are now aware of the importance of presenting themselves effectively on paper and how a well-crafted Resume/ CV can make all the difference in getting shortlisted for a job interview.

Department of English
St. Bede's College

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#### MAZBOOT LOKTANTRA- SABKI BHAAGIDARI



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# MAZBOOT LOKTANTRA- SABKI BHAAGIDARI

On November 03, 2022, the Electoral Literacy Club of St. Bede's College organized an electoral awareness session in the Seminar room with the State Nodal Officers as chief speakers.

Objective: The objective of the session was to discuss the role of young generation in transforming the political system.

The students from the department of Political Science attended the event.

The Chief Nodal officers explained that youth can transform the political system by voting mindfully. They talked about the negative impact of corruption, red-tapism, and horse trading in the country's political system. The nodal officers encouraged the students to cast vote if above 18 and asked them to motivate others to vote.

Outcome: The session was informative and ended with a pledge taken by all members to vote in the upcoming assembly elections.

St. Berles College Shimla - 171 602

**BACK** 









## शिमला के सेंट बीड्स कॉलेज में स्वीप टीम ने चलाया मतदाता जागरूकता अभियान



शिमला शिमला में इलेक्शन कमीशन की स्वीप टीम ने विधानसभा चुनाव के लिए सेंट बीड्स कॉलेज में आज मतदाता जागरूकता अभियान चलाया। जिसमें शिमला शहरी निर्वाचन क्षेत्र के नोडल अधिकारी परम देव शर्मा और डॉ. सुरेश कुमार ने निर्वाचन साक्षरता क्लब के सदस्यों और छात्रों को वोटिंग के प्रति जागरूक किया। परम देव शर्मा ने कहा कि छात्रों के जिए लोकतंत्र की मजबूती के लिए जन-जन तक संदेश भेजा जा रहा है। इस दौरान टीम ने छात्रों को स्वयं व परिवार सिहत आसपड़ोस के सभी मतदाताओं को मतदान केंद्र तक लाने की शपथ दिलाई। कहा कि कॉलेज के छात्रों ने लोकतंत्र के महापर्व में अपनी भागीदारी सुनिश्चित करने का वादा किया। वोटिंग के प्रति ज्यादम से ज्यादा लोगों को जागरूक करने की जिम्मेदारी उठाई।



#### BRAINSTORMING SESSION ON GST



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# BRAINSTORMING SESSION ON GOODS AND SERVICE TAX (GST)

On November 4, 2022, the Department of Commerce and Management organized a brainstorming session on Goods and Service Tax (GST) for the students.

The keynote speaker for the event was Dr. Punam Thakur, Assistant Commissioner of the State Taxes and Excise Department in Shimla.

Objectives: The event aimed to raise awareness and increase understanding among the students about the implications of GST.

Dr. Punam Thakur explained the basic concepts of GST, its benefits, characteristics, and various tax slabs. She explained how GST has replaced multiple taxes simplifying the taxation system in India. The presentation was highly informative, and students gained a clear understanding of the concept of GST.

Dr. Thakur made the session interesting and engaging by asking questions to the students. The students actively participated in the discussion.

Outcome: The students understood the basics of GST, various slabs and problems related in its implementation. The session also guided them to explore career prospects in the same field.

Mann Mahejan.

Principal St. Do los Collega Shimla - 171 002





BRAINSTORMING SESSION ON GST an INNOVATIVE OUTREACH PROGRAMME TAX HAAT

DEPARTMENT OF STATE TAXES & EXCISE SHIMLA HIMACHAL PRADESH

## RESOURCE PERSON

POONAM THAKUR

Assistant Commissioner

State Taxes & Excise Shimla

## St. Bede's College

Navbhahar, Chotta Shimla

Date 4th Nov,2022 Time 10.30 a.m

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AINSTORMING ON GST





#### WORKSHOP ON "HOW TO CRACK BANK EXAMS"



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# WORKSHOP ON "HOW TO CRACK BANK EXAMS"

On November 18, 2022, the Department of Commerce and Management organized a workshop for final-year students of B.Com and BBA titled "How to Crack Bank Exam."

**Objective-** The objective of the workshop was to provide guidance on how to succeed in Bank Exams.

Ms. Kanik Kothiala an alumni and Deputy Manager SBI and Mr. Rajender Singh, Manager at SBI were the resource persons.

Ms. Kanik Kothiala started the workshop by sharing her own journey of cracking the banking exam. She emphasized that the key to cracking the banking exam is perseverance, hard work, and dedication.

Ms. Kothiala also provided students with valuable guidance on how to approach the banking exam. She advised the students to focus on the basics and strengthen their fundamentals. She highlighted the importance of time management and advised students to divide their time effectively between different sections of the exam.

Mr. Rajender Singh gave the students insights into the work environment in a bank and the different career opportunities available in the banking sector. The students appreciated the workshop and found it informative and helpful.

Outcome-The workshop helped the students understand the right approach to crack bank exams.

Mann Makejan

Principal St. Derica College Shimla - 171 002

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#### WEBINAR ON "ANTIMICROBIAL RESISTANCE"



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# WEBINAR ON "ANTIMICROBIAL RESISTANCE"

On November 24, 2022, the NSS Unit of the college organized an online webinar on 'Antimicrobial Resistance Awareness' for students of Microbiology. The webinar was conducted in association with PGI, Chandigarh, and students from various universities in India and Nigeria attended the session.

**Objective:** The objective was to make students studying Microbiology aware of the rising issue of antibiotic resistance and the importance of preventing it.

The event featured two keynote speakers, Dr. V. Kumar from India and Dr. F. Okonkwo from Nigeria. Dr. Kumar talked about antimicrobial resistance in India, measures taken by the government to control it, and how to use antibiotics in a responsible manner. Dr. Okonkwo discussed the challenges Nigeria is facing and a need for a collaborative effort to combat antimicrobial resistance.

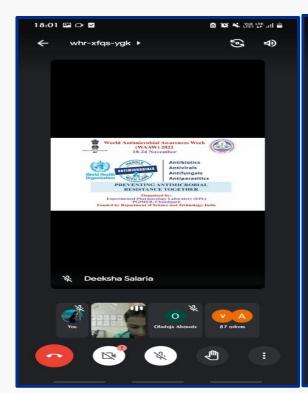
Students raised questions which were answered by both the speakers to their satisfaction.

Outcome: The webinar was successful in raising awareness about antibiotic resistance.

Principal St. Dr. 'er Collega Shimla - 171 002

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# TWO-DAY NATIONAL CONFERENCE TITLED 'NOVEL PROGRESSIONS IN SCIENCE AND TECHNOLOGY-2022'



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# TWO-DAY NATIONAL CONFERENCE TITLED 'NOVEL PROGRESSIONS IN SCIENCE AND TECHNOLOGY-2022'

On November 28th and 29th, 2022, the science department of St. Bede's College held a two-day National Conference titled 'Novel Progressions in Science and Technology-2022.'

**Objective:** The aim of the conference was to facilitate the exchange of new ideas, research experiences and applications, and foster global partnerships for future collaborations.

The conference was inaugurated by Dr. Shashikant Sharma, member of the HP Private Institutions Regulatory Commission, who also released the abstract book along with the organizing committee of the conference.

The conference had a total of five technical sessions, where five eminent speakers delivered their talks on their areas of expertise. The speakers for the sessions were Dr. Lakhveer Singh, Prof. Ashish Arora, Prof. Pradeep Kumar, Dr. Manoj Kumar Sharma, and Dr. Tarun Sharma. Each session was chaired by a different person, namely Dr. Sandeep Chauhan, Dr. Kanu Mehta, Prof. Sunil Thakur, Dr. Sunil Kumar, and Dr. Balvir Patiyal.

The conference included both oral presentations and poster sessions, and from each of these sessions, two winners were selected based on their performance.

The winners for the oral presentation were Mr. Bhagwati Prashad Sharma (first place) and Ms. Shivani Chauhan (second place). The winners for the poster presentation were Mr. Mohammad Parvez (first place) and Miss Astha Dhawan (second place).

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**BACK** 







## सेंट बीइस कॉलेज **में** संगोष्ठी का आयोजन

शिमला। सेंट बीडस कॉलेज में विज्ञान एवं तकनीक विषय पर दो संगोष्ठियों का आयोजन किया गया। इसका शुभारंभ निजी शिक्षण संस्थान नियामक आयोग के सदस्य प्रो. शंशि कांत शर्मा ने किया। सरदार पटेल विश्वविद्यालय मंडी के डॉ. लखवीर सिंह, आईके गुजराल पंजाब तकनीकी विश्वविद्यालय जालंधर के प्रो. आशीष अरोड़ा, केंद्रीय विवि धर्मशाला के डॉ. प्रदीप कुमार ने इस विषय पर व्याख्यान दिया। पहले दिन बीस शोध पत्र प्रस्तुत किए गए। आयोजन में डॉ. महेश्वर ठाकुर और प्रीति कौंडल ने सहयोग किया। ब्यूरो









#### St. Bede's College Shimla

Affiliated to Himachal Pradesh University Shimla-5 (NAAC Re-Accredited A+ Grade) Heritage Status by UGC

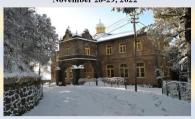


Organizing

**National Conference** 

#### Novel Progressions in Science & Technology-2022

November 28-29, 2022



About the College
St. Bede's College located at Navbahar, Shimla, Himachal
Pradesh, is a historical and educational landmark of North
India which aims primarily at providing quality higher
education and training to women. Established in 1904, the
institute was Re-Accredited with A\* grade for the third time
by NAAC in 2016. It has also been granted College with
Potential for Excellence and Heritage Status by UGC.

About the Conference
The objective of the conference is to provide a common
platform for the exchange of new ideas, applications, and
research experiences, establish business or research research experiences, establish business or research relations, and find global partners for future collaborations.

#### Sub themes of the Conference

- Advancements in Nanoscience Environment Sustainability, Biodiversity and Agricultural Science Biological techniques in Life Sciences
- Biological techniques in Life Sciences
  Bio-engineering, Bio-lineapautics and Sustainable
  Food Technology
  Development in Natural and Chemical Science
  Advances in Mathematical and Physical Sciences
  Artificial Intelligence and Computational Research
  Start-ups, Innovations & Technology

\* Start-ups, Innovations & Technology

Advancement in Nanoscience

Nanoscience is an emerging zone of science which dealt with the study of structures and the unique applications of materials on an ultra-small scale. It has the potential to reshape the world around us. It could lead to revolutionary breakthroughs in fields ranging from manufacturing to health care. The term annoscience is cross disciplinary, meaning scientists from a range of fields including chemistry, physics, biology, medicine, computing, materials science and engineering are studying it and using it to better understand our world. However, the similar term nanotechnology is the design, production and application of structures, devices and systems at the nanoscale and hence also called as molecular manufacturing. So specifically, one is dealing with the investigation of the range of nanoscale materials and their altering properties while the other is using those materials and properties to generate something new or different.

#### Environment Sustainability, Biodiversity & Agricultural

Science
Biodiversity is the variety of plant and animal life in the world, including their genetic, species and ecosystems diversity. Biodiversity is the key indicator of the health of an ecosystem. It

is essential for sustainable development and human well-being is essential for sustainable development and human well-being. It reinforces the facility of food, fibre and water and provides resilience to climate change. Biodiversity and agriculture are strongly interrelated because both contribute towards environmental sustainability. Despite these important roles in sustainable development and ecosystem services, biodiversity is lost due to over exploitation of resources, there is a risk that some thresholds will be passed; which may cause ecosystem imbalance. Hence conservation and sustainable use of biodiversity must require for mitigation and adaptation to climate change.

Biological Techniques In Life Sciences
Biological techniques are an essential part of life sciences study.
Biological techniques refer to any physical or chemical technique that is used to study biological processes. From the single cell to the most complex organs a wide variety of tools and techniques enrich our understanding of the living world. As and techniques enrich our understanding of the inving world. As the modem science progresses more and more new tools are being utilized for the same purpose. With these new advancements a plethora of information previously unknown to the scientific community is being unraveled at an astonishing pace. Immense new possibilities in the fields of medicine, agriculture and environment preservation have arisen.

pace. Immense new possibilities in the fields of medicine, agriculture and environment preservation have ansen.

Bioengineering, Bio-Therapeutics & Food Biotechnology Bioengineering is a discipline that applies engineering principles of design and analysis to biological systems and biomedical technologies. It is a relatively new discipline that combines many aspects of traditional engineering fields such as chemical, electrical and mechanical engineering. Bioengineering research include bacteria engineered to produce chemicals, new medical imaging technology, portable disease diagnostic devices, and sisue engineered organs. Bio-therapeutics are "antibody-drug cell therapy products where the active substance is extracted or produced from a biological source." These products include recombinant proteins and hormones, monoclonal antibodies (mAbs), cytokines, growth factors, gene therapy products, vaccines, cell-based products, gene-silencing/editing therapies, vaccines, cell-based products, gene-silencing/editing therapies, the composition of the products of the product of

biotechnological applications as well as food production, food processing, and food preservation.

#### Natural & Chemical Science

Natural & Chemical Science

This theme covers all field chemistry that deals with the properties, composition, and structure of substances, the transformations they undergo, and the energy that is released or absorbed during these processes. Scientists are extensively involved to develop theories of matter that satisfactorily explain involved to develop theories of matter that satisfactorily explain both permanene and change. To understand these complex behaviours, this field is divided into three parts physical, organic and inorganic chemistry. To understand deep inside the field, it is further explained through several disciplines. For example, analytical chemistry, theoretical chemistry, biochemistry, medicinal chemistry, theoretical chemistry, material chemistry, unclear chemistry, electrochemistry, astrochemistry, quantum product chemistry, organometallic chemistry, product chemistry, polymer chemistry, expression, and continuous product chemistry, synthetic chemistry, atmospheric chemistry, chemical engineering, chemical biology, chemo-informatics, environmental chemistry, generical biology, chemo-informatics, environmental chemistry, general chemistry. chemo-informatics, environmental chemistry, geochemistry, marine chemistry, pharmacology, phytochemistry, solid-state chemistry, thermochemistry, and many others.

#### Advances in Mathematical & Physical Sciences

Anounces in Mannematical & Physical Sciences
In today's era of science and technology, the role of an interdisciplinary area developed on the crossroad of many science disciplines. There are many examples of implementing numerous models discovered by physics, chemistry and mathematics for the development of science and technology. This sub-theme deals with all the domains of pure and applied Ihis sub-theme deals with all the domains of pure and applied mathematics and physics which include Algebra, Number Theory, Graph Theory, Calculus, Matrices, Topology, Discrete Mathematics, Probability, Operational research, Fluid dynamicy, Numerical analysis and computational analysis, Cryptography, Real Analysis, Materials and Photonics, Biomaterials and Real Analysis, Naterials and Protonics, Biomaterials and Biophysics, Condensed matter theory, Soft matter, Quantum Engineering and Computational condensed matter Physics, Mechanics and Mechanical engineering, Nuclear physics, Astrophysics, Plasma Physics, Optical Physics, Statistical Mechanics, Elementary Particle Theory, Gravitation and String Theory.

Artificial Intelligence & Computational Research
Artificial Intelligence and Computational Research are the
theory, design, application, and development of biologically and
linguistically notivated computational paradigms. Artificial
intelligence is more like human intelligence, thinking
strategically, abstractly, and creatively, with the ability to handle
a wide range of complex tasks. Computational research is an
evolving field which encompasses computing paradigms like

ambient intelligence, artificial life, cultural learning, artificial endocrine networks, social reasoning, and artificial hormone networks. Computational research plays a major role in developing successful intelligent systems, including games and cognitive developmental systems. Over the last few years there has been an explosion of research on deep learning, machine learning and neural networks. Novadays, deep learning and machine learning has become the core method for artificial intelligence.

Innovation, Technology & Start-Up
Nowadays, Start-ups are being widely recognised as important
engines for growth and jobs generation. Through innovation and
scalable technology, start-ups can generate impactful solutions,
and thereby act as vehicles for socio-economic development and transformation. For innovative entrepreneurs, the process of solving the customer's problems begins with observing people and keeping abreast of technological changes. The idea is not to eliminate the superfluous functions of a product or service but to tap innovative entrepreneur's in-depth knowledge of a particular subject in order to define the essence of the problem. Start-ups not just solve customer's problems but give it an innovative approach and reach to their needs through an intelligent way.

#### Abstract Submission

Abstract for the poster or oral presentation should not exceed 300 words. It should be written in TIMES NEW ROMAN and 12 font size with 1.5 spacing. Selected abstracts will be published in the form of full papers in college Journal "The Bede Athenaeum" (Peer reviewed).

#### Oral/ Poster Presentation

Oral Poster Presentation
Power point presentation for the selected abstracts should
not exceed 12 slides and must comprise methodology, results
and outcomes. Poster should be prepared in a prescribed
format i.e. height (4 feet) x breadth (3 feet).

Last date for Abstract Submission and Registration-25 October, 2022 (Extended till 6<sup>th</sup> Nov, 2022).

#### Registration fee

Registration fee
UG/PG Students-INR 400/-, Research Scholars-INR 800/-,
Faculty, Scientist & others-INR 1000/-, Registration fee
includes conference kit, lunch and tea. Participants are
requested to get registered well in time. On the spot
registration will be allowed with a late fee of INR 500/-.

**Best Oral Presentations (2)** Best Poster Presentations (2)

https://docs.google.com/forms/d/e/1FAIpQLScBqx7QNFyd5 bQeoxbwStmzPyDnptB776PYpVSNPAyQF5mJEQ/viewfor m?usp=pp\_url









Dr. Sandeep Sood N.I.T. Kurukshetra

#### Accommodation

The participants need to arrange their accommo themselves. However the list of nearby hotels and guest houses will be provided.

#### Patron: Prof. (Sr.) Molly Abraham

Convenor: Dr. Maheshwar Singh Thakur

Organising Secretary: Ms. Preeti Kaundal

National Advisory: Dr. Sunil Kumar HPU Shimla, Dr. Rakesh Kumar NIT Jalandhar, Dr. Dinesh Kumar CSIR-IHBT Palampur, Dr. Sunil Thakur CUHP Dharamshala,

Members: Dr. Sapna Sharma, Dr. Shramja Munjal, Dr. Shruti Gupta, Dr. Kusum, Dr. Shweta Thakur, Dr. Jyotika Brari., Dr. Kanu Mehta, Mr. Susheel Gupta

#### Email Id: scibedes2022@gmail.com

Contact No. 9459742576, 7018705334

Sponsored By:

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#### SEMINAR ON "CAREER COUNSELING"



\$t. Bebe's College \$hjimta-171002 (UGC-NAAC "A+" Grade Re-Accredited) College with Potential for Excellence Phone: 0177-2842304, Fax:- 0177-2842498 www.stbedescollege.in,E-mail:- bedescollege@gmail.com

#### SEMINAR ON "CAREER COUNSELING"

On February 20, 2023, Mr. Kiran Kurwade, the Director Professor of Strategic Initiatives in Chitkara University, conducted a seminar in the auditorium of St. Bede's College, Shimla. Around 200 students from B.COM, BBA, BCA, and B.A programs attended the seminar.

Objective-The objective of the seminar was to provide guidance to crack interviews.

In the ice breaking session, Mr. Kiran conducted various engaging activities and games and rewarded the winners with chocolates.

He shared various techniques to become successful in life, highlighting the importance of having a purpose, passion, and money (3P's) to move towards achieving goals. He suggested that SWOT analysis must be used to identify strengths, weaknesses, opportunities, and threats. He also provided tips on how to crack interviews and suggested the students to practice mock interviews with friends or family members and work on their body language and communication skills.

Outcome- The students gained valuable insights and guidance from Mr. Kiran, and the seminar helped them to understand the importance of having a purpose, passion, and money (3P's) to move towards achieving goals.

Mann Maheyan.

Principal
St. De les College
Stillel - 174 002













#### STRESS MANAGEMENT WORKSHOP



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College with Potential for Excellence
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#### STRESS MANAGEMENT WORKSHOP

On February 24, 2023, an insightful stress management session was conducted, featuring Mrs. Namrita Kaushal from LPU as the esteemed guest speaker. Mrs. Kaushal, drawing from her extensive travel experiences, shared valuable insights into the challenges and positive aspects of her journeys, emphasizing the importance of maintaining mental well-being.

**Objective:** The session aimed to equip students with effective strategies to manage stress and anxiety, both during exam periods and in various life situations.

The stress management session commenced with Mrs. Kaushal providing a comprehensive explanation of stress and anxiety, highlighting their distinctive characteristics and how they can act as potential roadblocks. Through relatable examples from everyday life, she illustrated that stress encompasses anything one knows, while anxiety involves the emotional aspects one feels, such as frustration, helplessness, disappointment, or irritation.

To deepen students' understanding of how the brain functions, Mrs. Kaushal engaged them in various exercises. These activities aimed to help students recognize their brain's responses to stress and equip them with practical techniques to maintain a calm state of mind in challenging situations.

Outcome: Students gained practical tools to manage stress effectively, especially during exams, through active participation in exercises and experiments led by Mrs. Kaushal.

Manu Mahejan

Principal St. Dr. or Callega Shimia - 171 002







# TWO-DAY PROGRAM ON "DISCOVERIES IN SCIENCE AND SUSTAINABLE DEVELOPMENT"



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# TWO-DAY PROGRAM ON "DISCOVERIES IN SCIENCE AND SUSTAINABLE DEVELOPMENT"

The Science Departments of St. Bede's College Shimla, in collaboration with Physics Teachers (IAPT) and Indian Science Congress Association, Shimla Chapter (ISCA), organized a two-day program called "Discoveries in Science and Sustainable Development" on the 28th of February and 1st of March 2023.

Objective-The aim of the program was to celebrate Science Day to raise awareness and promote scientific thinking among students.

The theme for the event was "Global Science for Global Well Being." The program was attended by students from various colleges in Himachal Pradesh.

Dr. R. K. Dhiman, Director of the Institute of Himalayan Bioresource Technology was the chief guest who gave a speech on the importance of science and sustainable development. Professor S. S. Kanwar, delivered a talk on the topic "Microplastics: Omnipresent Pollutant and the Health Issue" which focused on the growing concerns of microplastic pollution and its potential health impacts on humans and wildlife. He also discussed methods to reduce plastic waste and promote sustainable production and consumption patterns. The lecture was followed by the screening of the film on cyclotron and the demonstration sessions, where students had hands-on experience with various science experiments.

Inter-college science quiz competition was also organised in which six teams participated. The program also included a sky-watching session, where participants got to observe various celestial objects through telescopes. This was followed by an exhibition by science students, where they showcased their research projects and models related to sustainable development.

Outcome- Participants gained valuable insights and knowledge about science and sustainable development through various activities and talks.

Lapa

Principal V St Bede's College Shimla 171002





# विश्व विज्ञान दिवस पर सेंट बीड्स कालेज में दो दिवसीय कार्यक्रम आयोजित



सेंट बीड्स कालेज में आयोजित कार्यक्रम में उपस्थित अतिथिगण व छत्राएं।

सवेरा ब्यूरो

कालेज में इंडियन साइंस कांग्रेस एसोसिएशन शिमला चैप्टर के सहयोग से वैश्विक विज्ञान विषय पर दो दिवसीय कार्यक्र म का आयोजन किया गया। कॉलेज की कार्यवाहक प्राचार्य डा. सपना शर्मा और डा. शर्मा मुंजाल ने अतिथियों का स्वागत किया। कार्यक्र म के पहले दिन आईएपीटी के अध्यक्ष प्रो. पी.के. आहलूवालिया मुख्यातिथि रहे, जिन्होंने बिग साइंस. साइक्लोट्रॉन के स्टार परफॉर्मर पर अपनी बात रखी। इस दौरान स्वर्गीय प्रो. एच.एस. हंस की याद में बनाई गई सतत विकास की स्क्रीनिंग की गई और फिल्म पर ऑन.स्पॉट प्रश्नोत्तरी आयोजित की गई। इसके अलावा एचपीय के बायोटैक्नोलॉजी विभाग के

संयोजक आईएससी शिमला चैप्टर ने शिमला, 2 मार्च : सेंट बीड्स छात्रों और जनता के बीच वैज्ञानिक स्वभाव को बढ़ावा देने के लिए अपने विचार रखे। वहीं दूसरे दिन राजकीय डिग्री कॉलेज बिलासपुर डा. अरु ण कुमार और डा. हेमंत कुमार, सचिव आईएपीटी और प्राचार्य राजकीय महाविद्यालय सराहन ने लाइव प्रदर्शन सत्र आयोजित किया, जिसमें इंटर कालेज क्विज प्रतियोगिता आयोजित की गई जिसमें 6 कालेजों के छात्रों ने भाग लिया। समापन सत्र में प्रो. वाइस चांसलर प्रो. ज्योति प्रकाश ने बतौर मुख्य अतिथि शिरकत की। अपने संबोधन में उन्होंने कहा कि वैज्ञानिक विकास के उपयोग समाज की भलाई के लिए किया जाना चाहिए। उन्होंने प्रश्नोत्तरी प्रतियोगिता के विजेताओं को





## WEBINAR ON ENTREPRENEURSHIP



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WEBINAR ON ENTREPRENEURSHIP

Collaborating Agency: Industry

No. of Participants:80

Organizing Unit: Department of Zoology

On March 2, 2023, the Department of Zoology at St. Bede's College organized a webinar on entrepreneurship skills in insect farming and livestock management.

**Objective-** The webinar aimed to explore insect farming as a sustainable business for animal feed and food production.

The webinar was attended by approximately 80 participants, including students from various colleges and farmers. Two distinguished resource persons, Prof. V.K. Mattu (Emeritus) from Himachal Pradesh University and Dr. Moneesh Thakur, Veterinary Officer at Veterinary Hospital Harchakian Kangra, Himachal Pradesh, were the speakers at the event.

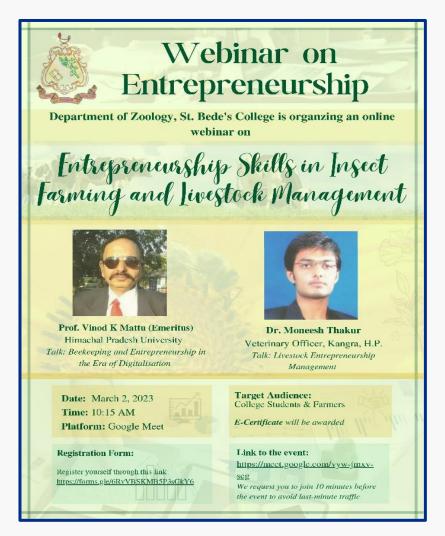
The webinar focused on the various prospects in beekeeping and livestock entrepreneurship as a cottage industry. Prof. V.K. Mattu spoke about beekeeping and entrepreneurship in the era of digitalization, while Dr. Moneesh shared insights on livestock entrepreneurship management. The panelists shared their experiences and insights on the best practices, techniques, and strategies that can be adopted to succeed in this field.

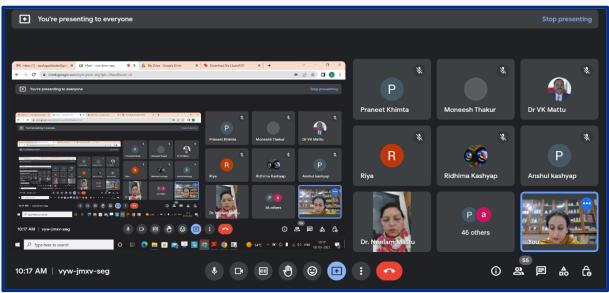
Outcome: The webinar provided participants with a comprehensive understanding of insect farming, its potential benefits for animal feed and food, and various aspects like insect types, production, processing, market potential, sustainability, regulations, and public perception challenges.

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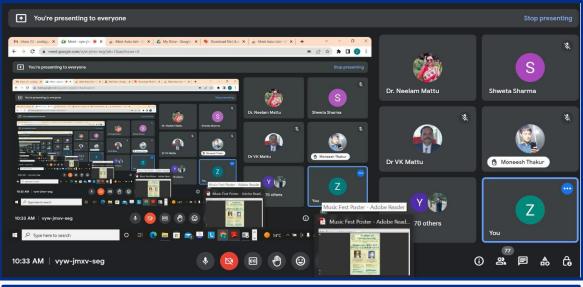
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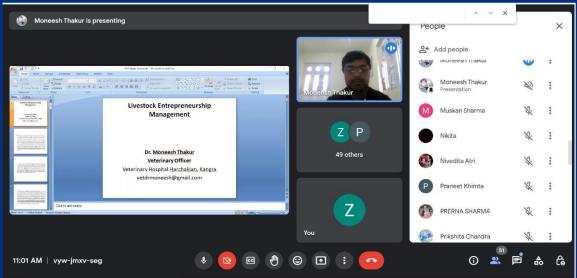


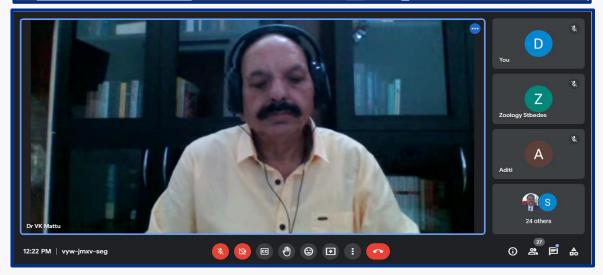




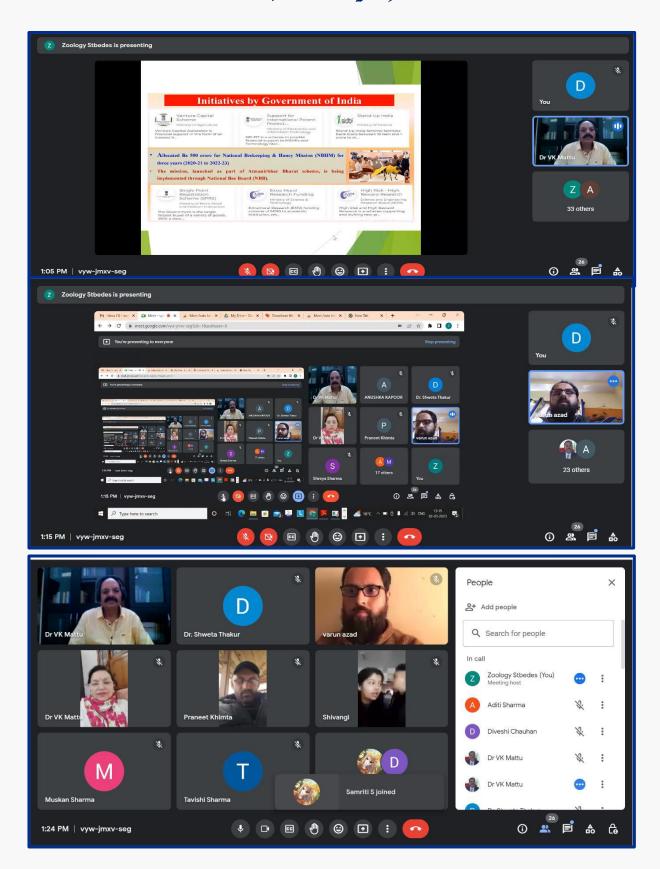














# INTERNATIONAL SEMINAR ON "TRANSFORMATION OF INDIA@75"



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## INTERNATIONAL SEMINAR ON TRANSFORMATION OF INDIA @ 75

On March 3rd and 4th, 2023, the Department of Economics and Commerce and Management at St. Bede's College in Shimla hosted an International Seminar on the "Transformation of India @ 75." This significant event was sponsored by the Indian Council of Social Science Research (ICSSR) as part of the Azadi Ka Amrut Mahotsav initiative.

**Objective:** The primary aim was to provide a platform for experts to engage in discussions about the challenges and opportunities facing India.

The inaugural session on the first day was graced by the presence of the Hon'ble Education Minister, Sh. Rohit Thakur, the chief guest of the event. He lauded the college for hosting this platform that encourages active engagement in thought-provoking conversations and constructive idea exchanges. Dr. Anupama Tandon Tomar, the seminar's convener, underscored the conference's significance in expediting sectoral development and finding resolutions to cross-sectoral issues.

The seminar featured distinguished keynote speakers, Professor Aoulad Hosen and Professor Anoop Saxena, who delivered insightful talks on role of innovation, sustainable development, and the challenges that developing nations encounter while striving for economic growth. Additionally, the seminar included panel discussions where experts like Prof. Ashok Aima, Professor Kate Nickelchok, Dr. Aparna Negi, Prof. Meenakshi F. Paul, and Prof. N.S. Bist shared their invaluable insights on the sub-themes of the seminar.

On the second day, Dr. Yash Chawla delivered a keynote speech and talked about global challenges, including climate change and poverty. Dr. Chawla highlighted the need to embrace emerging technologies like AI and discussed the transformative impact of digitalization on innovation and research. He introduced the concept of the "five Cs of innovation" and underscored the importance of nurturing deep tech talents. Real-world examples of AI-based companies were cited to illustrate the potential for innovation. Dr. Chawla also stressed the significance of identifying pertinent problems and using innovative approaches to solve them. The technical sessions on both days included presentations and discussions on both days included presentations and discussions.

The technical sessions on both days included presentations and discussions on impact of technology on job opportunities, the role of education, challenges faced by small and medium-sized enterprises in India and so on.

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The Valedictory Ceremony marked the culmination of this enlightening three-day seminar on India's transformation. The seminar report summarized the key takeaways and emphasized the importance of such events in shaping India's future. Awards were presented to recognize outstanding papers, and Dr. Hosen, the chief guest, reiterated the need for sustained efforts in areas such as education, health, and infrastructure. The ceremony concluded with a heartfelt vote of thanks expressed by the organizing committee to the chief guest, ICRRR, resource persons, keynote speakers, and participants for their invaluable contributions.

Outcome: The seminar allowed exchange of ideas and knowledge, leading to a better understanding of India's journey towards progress.

 $\underline{https://www.stbedescollege.in/wp-content/uploads/2023/03/Proccedings-of-the-international-seminar-for-website.pdf}$ 

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शिमला। राजधानी शिमला के सेंट बीइस कॉलेज में शुक्रवार को ट्रांसफोर्मेशन ऑफ इंडिया @75 अंतरराष्ट्रीय सेमीनार शुरू हो गया। इसका शुभारंभ शिक्षा मंत्री रोहित ठाकुर ने किया। उन्होंने इस दौरान कॉलेज और आयोजकों को इस इस आयोजन के लिए बधाई।

सेमीनार की समन्वयक डॉ. अनुपमा टंडन ने सेमीनार के उदेश्य के बारे में जानकारी दी। मुख्य वक्ता प्रो. औलोद होसन और प्रो. अनूप सक्सेना ने भारत को विकास की राह पर लेकर जाने पर विचार रखे। इस मौके पर प्रो. अशोक आइमा, प्रो. कार्त निकेलचॉक, डॉ. अपर्णा नेगी, प्रो. मीनाक्षी फेथपॉल और प्रो. एनएस बिष्ट मौजूद रहे। ब्यूरी

# **BACK**



#### Call for Papers

Papers on the following sub-themes are invited.

#### Sub Themes

- 1. National Security
- 2. Innovation, Peace and Unity
- 3. Justice, Equity and Liberty
- 4. Institutional Change and Transformation
- 5. E -Commerce
- 6. Artificial Intelligence and HRM
- 7. Crypto Currency, Block Chain and Supply Chain Management
- 9. Sustainable Finance
- 10. Smart City and Urban planning
- 11. Balanced Regional Development
- 12. Poverty Alleviation and Sustainable Development
- 13. Food Security and Right to Food
- 14. Agriculture, Science and Technology
- 15. Aatma Nirbhar Bharat
- 16. Skill India
- 17 NEP
- 18. GST
- 19. Digital India
- 20. Culture, Language and Literature
- 21. Industry, Commerce and Economy
- 22. Education Transformation
- 23. Environmental Issues and Sustainable Development
- 24. Foreign Policies and Trade
- 25. Social Security and Health
- 26. Women empowerment and Inclusive Growth

Note: The above themes are indicative in nature. Authors are free to bring in their own perspectives, reviews and experiences.

Last Date of Submission of Abtract along with Registration Fee January 31,

2023

Notification of Acceptance Rejection of Abstract February 10,

Last Date of Submission of the full paper February 28,

#### Registration Fee and Process

All the participants are requested to fill the registration form and upload the proof of payment (screenshot etc. clearly indicating the transaction reference number) through the link given below. All the co-authors are also required to register separately.

Registration Form Link	https://forms.gle/YMSC7FuMesVwKmNd7	
	For paper presenters January 31, 2023	
	For attendee/ Non paper presenters February 28, 2023	

Registration Fee Details Delegates	Categories	On or Before January 31, 2023	After January 31, 2023/ On Spot
Indian	Research Scholars Academicians, Faculty Members	500 INR 1000 INR	700 INR 1200 INR
Foreign	Research Scholars	15 \$	20 \$
(Online presentations are allowed	Academicians, Faculty Members	20 \$	25 \$

Registration Fee Details for Attendee/ Non-Paper Presenter			
Delegates	Categories	On or Before	After
		February 28, 2023	February 28, 2023
		-	/ On Spot
Indian	Research Scholars	400 INR	600 INR
	Academicians,	800 INR	1000 INR
	Faculty Members		
Foreign	Research Scholars	12 \$	15 \$
(Online presentations	Academicians,	15 \$	20 \$
are allowed)	Faculty Members		

The registration fee covers admission to all academic sessions, conference kit, tea/coffee and lunch during the designated breaks

#### Mode of Payment

v be paid through RTGS/NEFT/UPI in the account mentioned below

The second secon		
Bank Details	ank Details	
Account Number 635301007621		
	(Six Three Five Three Zero One Zero Zero Seven Six Two One)	
Account Name	St. Bede's College	
Bank Name	ICICI Bank	
Branch Name	The Mall Shimla, Himachal Pradesh	
IFSC	ICIC0006353	

ted to submit their abstracts using the following link

Farticipants are requested to submit their abstracts using the following link:		
Abstract Submission	https://forms.gle/gR3zipTV9ikrS3om8	1
Link (as per the	or	ı
guidelines given below)	Email: bedecominternationalconf@gmail.com	ı
	Last Data Con Abstracts January 21, 2022	1

Submission Guidelines

**Full Paper** 

Submission Guidelines

- The participants must submit the abstract of the paper not exceeding the limit of 300 words in Microsc word document, Fort size -12, Times New Roman, single line spacing, and four keywords.
  The abstract must indicate the objectives, methodology, significant results, implications, and critical
- \* The abstract must include the author's name (s), affiliation (s), full postal address, email ID, mobile n and the paper's title on the front page.

#### The authors are requested to take care of the following guidelines before submitting their research paper

- diagram/graphs/figures/sketches etc.

   Tables: Properly fiscus and cited in the tests with table numbers and labels at the top of the 
   The fratual information adopted from any published documents must be cited with the sour 
  referred to in detail to the reference list.

   The rame of the countribute (s), designation, institutional affiliation, mobile number, and on 
  perfectfully on the first sheet of the proper.

   Copyright issues must be taken core off. The manuscript must be free from plaginism.

Last date of submission of full paper	February 28, 2023
Full Paper	https://forms.gle/xh2mEQeVkEyjkr95A
SubmissionLink (as	or
per the guidelines	Email: bedecominternationalconf@gmail.com
given above)	

- wards & Certificates

  Best Five papers will be awarded with the "Certificate of Research Excellence".

  Selected papers will be published in an edited book volume with ISBN number (to be notified later).

  The abstracts will be published in the Souvenir.

  All presenters will be awarded certificate of presentation.

  All non-presenters/audiences/participants will be awarded certificate of participation.



## $\mathscr{D}$ **Contact Details** Ms. Shree - 6387632976 Ms. Kartika Sam - 988837865 Ms. Rhythm Sood - 9817887565 Ms. Riyla Thakur - 8894319285 Ms. Nikita Chaulan - 6278891608 Ms. Miskaan Sood - 981,6122922 Ms. Arushi Awasthi - 9015107433 Dr. Anupama Tandon - 9816028058 Mr. Ashish Kumar - 7018334183 Ms. Swati Kapil - 7807379361 For Accomodation Assistance Please Co Mr. Manu Mahajan - 9816327990 For any query please e-mail: bedecominternationalconf@gmail.com

# Venue of Conference

St. Bede's College









## CAREER COUNSELLING SEMINAR



\$t. Bebe's College \$\frac{\pminta-171002}{\text{(UGC-NAAC "A+" Grade Re-Accredited)}}\$ College with Potential for Excellence Phone: 0177-2842304, Fax: 0177-2842498 www.stbedescollege.in,E-mail: bedescollege@gmail.com

## CAREER COUNSELLING SESSION

On March 13, 2023, St. Bede's College in Shimla hosted a Career Guidance session, which was organized by the Placement and Career Guidance cell in collaboration with ICA Education Pvt. Ltd. based in Chandigarh.

**Objective:** The primary objective of the session was to underscore the significance of practical knowledge and to enlighten students on how they can acquire it through a variety of available resources.

The resource person Ms. Aditi Thakur, an educator at ICA provided insights into numerous career prospects within the field of commerce. Their insights shed light on the various paths one can take to build a successful career in commerce, from finance and accounting to marketing and business management. This knowledge was invaluable for those looking to embark on a career journey in this field.

Outcome: The outcome of the session was highly positive, characterized by informative and interactive discussions between the speaker and the students. As a result, students gained a comprehensive understanding of the diverse career opportunities that lie ahead in their future endeavours.

Mann Mahejan.

Principal
St. Bede's College
Shimla







# TWO-DAY NATIONAL SEMINAR ON "BUILDING A RESILIENT FUTURE: INTEGRATING ENVIRONMENT, ECONOMY, AND TECHNOLOGY"



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# TWO-DAY NATIONAL SEMINAR ON "BUILDING A RESILIENT FUTURE: INTEGRATING ENVIRONMENT, ECONOMY, AND TECHNOLOGY"

The department of Geography organized a two-day national seminar on "Building a Resilient Future: Integrating Environment, Economy, and Technology" on March 24-25, 2023.

**Objective:** To combine the three pillars of sustainable development - Economy, Environment, and Society (Technology).

The event featured the Chief Guest, Shri Harish Janartha, Honourable Member of the Legislative Assembly Shimla Urban, and two keynote speakers: Dr. Sanjeev Sharma and Dr. Amrita Bajaj, who presented on mountain environmental sustainability and sustainable smart cities, respectively. The seminar included technical sessions, where researchers and students presented their research on various themes related to sustainable development. The experts and delegates gathered to discuss and present on the latest developments in environmental protection and sustainable development.

Outcomes: The seminar raised awareness about close connectivity between urban development and environmental sustainability.

https://www.stbedescollege.in/wp-content/uploads/2023/05/PROCEEDINGS-OF-NATIONAL-SEMINAR-ON-BUILDING-A-RESILIENT-FUTURE-24-25-March-2023-Geog.pdf













# सेंट बीड्स कॉलेज में संगोष्ठी का आयोजन

शिमला। राजधानी के सेंट बीड्स कॉलेज के भूगोल विभाग ने कॉलेज में राष्ट्रीय संगोष्ठी का आयोजन किया। एक लचीले भविष्य का निर्माण : पर्यावरण, अर्थव्यवस्था और प्रौद्योगिकी को एकीकृत करना इसका विषय रहा। इसका शुभारंभ विधायक हरीश जनारथा ने किया। कॉलेज प्राचार्य सिस्टर मौली अब्राहम ने अतिथियों और मुख्य वक्ता का स्वागत किया। इसमें डॉ. संजीव शर्मा, डॉ. अमृता बजाज और प्रोफेसर मीरा ने अपने विचार व्यक्त किए। संगोष्ठी के संयोजक डॉ. पंकज आशीष ने संगोष्ठी की अवधारणा से अवगत करवाया। ब्यूरों



(Principal)



#### **Department of Geography**

St. Bede's College, Shimla (NAAC Re-Accredited A+ Grade)

organizing

### **Multidisciplinary National Seminar**

on

### **Building a Resilient Future: Integrating Environment, Economy and Technology**

(March 24 & 25, 2023)

#### Sponsored by



**Gramin Bank** Shimla, Himachal Pradesh : Prof. Sr. Molly Abraham

Convenor : Dr. Pankai Aashish

: Mr. Anoop Dilta Organising Secretary : Dr. Sr. P. Mary Santhi Co-organising Secretary : Mr. Sanjeev Kumar

#### Team of Organisers:

#### Advisors:

- 2. Dr. Seema Chaudhary (Assistant Professor H.P.U. Shimla)
- 3. Dr. Ram Lal (Assistant Professor H.P.U. Shimla)

#### Screening and Publication

- Dr. Pankaj Aashish Mr. Sanjeev Kumar
- Mr. Anoop Dilta
- 4. Dr. Sr. P. Mary Santhi

#### Brochure, Certificates, Invitation and Banner:

- Mr. Sanjeev Kumar
- Dr. Pankaj Aashish
- Ms. Harichandana
- Ms. Ananya Rawal Ms. Sonal Denthi
- Ms. Shruti Thakur

#### Media, Publication & Photography:

- Mr. Anoop Dilta
- Ms. Ananya Garg
- 4 Ms Darshleen Kaur Ms. Nikita Verma
- Ms. Harichandna

Mr. Anoop Dilta (9418790421) Mr. Sanjeev Kumar

St. Bede's College, Shimla, established in 1904 is a landmark educational institution in Northern India dedicated to provide quality education to the young women of the country. The college has a mission to work for the holistic development of the women so that they contribute their best to society. The college is working in the direction of its monto 'Non-Nobis Solum' meaning "not for ourselves alone'. St. Bede's College is the only college of Himachal Pradesh to have A+ accreditation from National Assessment Accreditation Council (NAAC). Pradesh to have A+ accredit Accreditation Council (NAAC).

The Department of Geography was established in July 1973. The journey began with BA in Geography and with the passage of time Department introduced Geography Honours in 1981. Subsequently, Department introduced decography monours in 1911, Subsequently, M.Sc. course has been introduced successfully in 2017. The field knowledge is very important in the real world and it is well said by renowned Professor James Fairgrieve that "Geography comes through the soles of one's shoes". The department aims to retain excellence in the field of academics in future.

### Aim of the Seminar:

The Department of Geography is organising a two day National Seminar on "Building a Resilient Future: Integrating Environment, Economy and Technology". The aim of the Seminar is to bring together experts, researchers and practitioners from various fields to discuss the challenges and opportunities and will explore the interdependence of environment protection, sustainable development and technology in creating a more resilient and sustainable future.

We hope to see you on March 24th and 25th, 2023.

- To explore the interlinkages between the environment, economy and technology and how they can be integrated to build a more resilient future.
- To raise awareness of the importance of environmental sustainability and the role of technology in achieving it.
- To identify and discuss the latest trends, innovations and solutions in sustainable technology and their potential for creating a more resilient future.
- To encourage the adoption of sustainable practices in various sectors, including agriculture, energy, transportation and
- To support the development of policies and regulations those promote sustainable development and resilient futures.

- Climate Change: Vulnerability and Adaptation
- Response and Mitigation to Disasters
- Urbanization, Resources and Sustainable Development Goals
- Mountain Landscape and Sustainable Livelihood
- Globalization and Sustainable Rural and Regional
- Urban-planning and Ecological Footprint
- Atma Nirbhar Bharat through Skill India Mission • New Education Policy & Education Transformation
- Environmental Protection and Sustainable Development
- COVID-19 Pandemic and its Impact on Livelihood Options
- Geography of Integrated Risk Governance
- Humanities and Biodiversity Conservation
- Heritage, Power, Culture and Economy
- · People, Poverty, Geopolitics, Peace and Prosperity

We invite teachers, researchers, academicians, research scholars, students and representatives of the civil society to submit their abstract and full length research papers, articles and case studies in English and Hindi on the theme and sub-themes of the seminar.

### Guidelines for Abstracts and Papers:

The abstracts should be limited to a maximum of 300 words (accompanied by 5 key words). The full length papers, based on original research, should be between 3000-4000 words. The abstracts and full-length research papers should be submitted in MS-Word (Times New Roman, font size 12 and Line Spacing of 1.5) at geographybedes:2033@gmail.com

The title on the cover page should be in font size 16 bearing the author's name, email and mobile number.

#### Important Dates:

- Last date for the submission of abstracts: 20 March, 2023.
- Last date for the submission of full paper: 22 March, 2023.

#### Registration Com

- Mr. Anoop Dilta
- Ms. Jvoti Kumari
- Ms. Priyanshi Sharma Ms. Astha Negi
- Ms. Megha Chibber
- Ms. Diya Ramaik

#### Finance Committee:

- Dr. Pankaj Aashish
- Dr. Sr. P. Mary Santhi
- Mr. Sanjeev Kumar

#### Venue Management & Decoration:

- Dr. Sr. P. Mary Santhi
- Ms. Pooja Kumari
- Ms. Abhirami Biju
- Ms. Tashika Chauhan
- Ms. Devyanshi
- Ms. Parul

### Refreshment Committee

- Mr. Anoop Dilta
- Mr. Sanjeev Kumar Dr. Sr. P. Mary Santhi
- Ms. Ishita Modi
- Ms. Kajal Rana
- Ms. Tamanna Sharma
- Ms. Tashika Chauhan Ms. Pooja Kumari
- 10. Ms. Surbhi Rajput

#### Correspondence:

1. Dr. Pankaj Aashish (9817051965) (9110845740) 2. Dr. Sr. P. Mary Santhi

Accommodation will be provided to the interested participants on payment basis and it is subjected to availability. No TA/DA is admissible.

• Bank Name

Payment should be made online through NEFT/RTGS/IMPS at:

• Account Number : 635301007621

• Branch Name : The Mall Shimla, Himachal Pradesh

 IFSC Code : ICICI0006353 The transaction number along with the fee slip must be uploaded on

: ICICI Bank

the given link:

#### https://forms.gle/xNmyeLiLarZFC5Bo6

Registration Fee:			
Categories	Before 20th March, 2023	On the spot	
Faculty/Teachers	1000/-	1100/-	
Research Scholars	800/-	900/-	
Students	500/-	600/-	

### Link for Registration:

https://forms.gle/xNmveLiLarZFC5Bo6



### WEBINAR ON "ROADMAP TO RBI GRADE B OFFICER"



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### WEBINAR ON "ROADMAP TO RBI GRADE B OFFICER"

On 25 March 2023, the Vedanta Institute organized a webinar titled "Roadmap to RBI Grade B" to provide information and education to students about one of the yearly examinations held by the Reserve Bank of India for the managerial level post by the name RBI Grade B.

**Objective**: The goal was to provide guidance in improving the answer writing skills for essays and explain strategies to solve multiple-choice questions.

The spokesperson for the webinar was Mr. Ankit Dev, who gave valuable insights about the exam pattern and syllabus, eligibility and age criteria, and other government exams that are covered under the same syllabus.

During the webinar, Mr. Dev explained the significance of preparing for the RBI Grade B exam and the career progression opportunities for the candidates. The webinar covered a variety of topics, including how to start preparation, reference books, time management, and the importance of newspapers and current affairs.

Mr. Dev also discussed the other government exams that are covered under the same syllabus as the RBI Grade B exam and how students can prepare for them simultaneously. He emphasized the importance of time management and encouraged the participants to allocate their time efficiently to each section to maximize their performance.

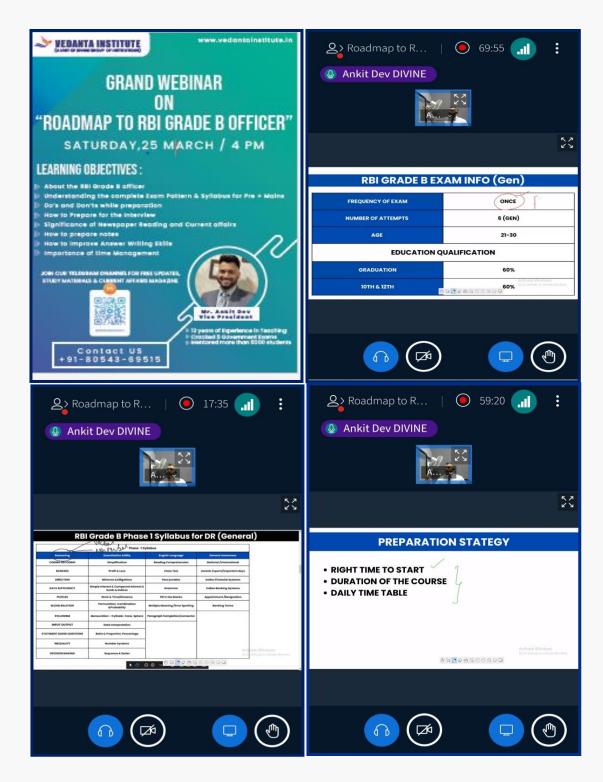
Additionally, the webinar highlighted the importance of staying up to date with current affairs and reading newspapers to score well in the examination. Mr. Dev shared tips and tricks on how to improve answer writing skills and how to prepare notes.

Outcome: The webinar provided valuable insights into the career progression of an RBI Grade B officer, helping participants make informed decisions about their future and motivating them to prepare effectively for the exam.

Manu Malejan.

Principal St Bede's College Shimla 171002







# FACULTY DEVELOPMENT PROGRAMMEON "MOVING TOWARDS ACCREDITATION-4TH CYCLE"



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# FACULTY DEVELOPMENT PROGRAMME ON "MOVING TOWARDS ACCREDITATION- 4TH CYCLE."

On May 10, 2023, the IQAC of St Bede's College in Shimla organized a one-day Faculty Development Programme centered on the theme of "Moving Towards Accreditation- 4th Cycle." The event was held at Dina Hall, with Dr. Anupama Tomar, Head of the Department of Economics, delivering the welcome address. The program's resource person was Prof. (Fr.) George Thandathil, Principal of Salesian College in Darjeeling.

Prof. Thandathil is a distinguished scholar and academician with a doctorate from the School of Religion and Philosophy at the University of Madras. He has studied the Sri Narayan Guru Movement in Kerala and has been a NAAC assessor since 2012. In recognition of his contributions to the field, he was awarded the Silver Medal by the International Association of Facilitators in 2019.

The morning session began with reflective meditation aimed at helping the participants connect with their inner selves. Prof. Thandathil, an expert in philosophy and education, emphasized the importance of learning together to achieve institutional goals, which would ultimately benefit the upcoming college accreditation. He focused on Outcome-Based Teaching Learning (OBTL) and stressed the need for providing quality education to students to enhance their capabilities.

Prof. Thandathil advised that institutions must assess their strengths, weaknesses, and opportunities through an informed review process to prepare for future challenges. To deal with adverse situations and hurdles, he recommended practicing pranayama.

The session was divided into two activities. The first activity was a self-assessment and review in which the staff was divided into seven groups. Each group showcased their creativity with pictorial presentations highlighting their achievements, failures, fears, hurdles, and positive approach towards institutional goals. The second activity focused on the criteria for self-assessment for the upcoming NAAC. Each criterion highlighted their progress and future plans along with their challenges.

Prof. Thandathil emphasized the importance of meeting deadlines and balancing time management, discipline, and hard work. The program was intellectually stimulating and enriching for the participating faculty. The session concluded at 1:45 pm, followed by lunch.

During the Evening Session of this FDP, the faculty members were divided into three broad department-wise groups – the School of Sciences, the School of Social Sciences and Humanities, and the Commerce, Management, and Economics Departments. They assessed themselves based on qualitative and quantitative parameters, which involved the self-satisfaction of doing meaningful work purposefully and tracing student progression, teaching modules, best practices, etc.

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Principal St Bede's College Shimla 171002





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Each group had a brainstorming session, and their ideas were put down in charts, following which they made school-wise presentations. The mutual points discussed across departments included the introduction of MoUs with coaching institutions or introducing coaching classes for competitive exams, better social media outreach with handles managed by the students for the students, the need for common research/instrumental resources for students and faculty, department-wise newsletters/magazines, more ICT enabled classrooms and labs, more industrial/field trips, more hands-on training through skill-based workshops, certificate courses, and internships, more inter-college fests, cultural exchange programs and community outreach, better placement scenarios, and the need for better student-teacher engagements.

Overall, the programme was a success, and the faculty members found it refreshing and eyeopening. They expressed a renewed zeal to work towards achieving their goals. The faculty members acknowledged that there was a sense of satisfaction in their work, and they were excited about the energy that vibrated within the faculty groups. The closing session ended with a meditation session of 10 minutes.

Dar

Principal
St Bede's College
Shimla 171002



## DEVELOPMENT PROGRAM ON 'WORK ETHICS' FOR THE NON-TEACHING STAFF



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# DEVELOPMENT PROGRAM ON 'WORK ETHICS' FOR THE NON-TEACHING STAFF

On May 11th, 2023, the Internal Quality Assurance Cell (IQAC) organized a development program on "Work Ethics" for the Non-teaching Staff at Bede's College. The program was conducted by Prof. Fr. George Thadathil, who served as the resource person for the day.

Objective- Self-awareness and growth

The program commenced with a warm introduction of Father George, setting a positive and welcoming tone. To create a peaceful ambiance, the session began with a meditation exercise that had a profound impact on all the participants, promoting a sense of calm and focus. Following the meditation, everyone had the opportunity to introduce themselves to Father George, creating a conducive environment for open communication.

To encourage teamwork and collaboration, the non-teaching staff was divided into three teams, with six members in each team. Each team was assigned the task of discussing and documenting their perspectives on past experiences working with the management at Bede's, as well as their current work dynamics. The teams were also encouraged to suggest steps for improving the overall working environment. A representative from each team presented and explained the contents written on the chart paper, facilitating further discussion among team members.

To enhance group dynamics and address department-specific concerns, the participants were then divided into two teams based on their respective departments. One team consisted of office and library staff, while the other team comprised lab assistants. Each team was tasked with identifying three positive aspects that contribute to Bede's being a great place to work, as well as three areas where improvements could be made in the future. The points generated by each team were shared and discussed among the team members, fostering a sense of shared responsibility and collective problem-solving.

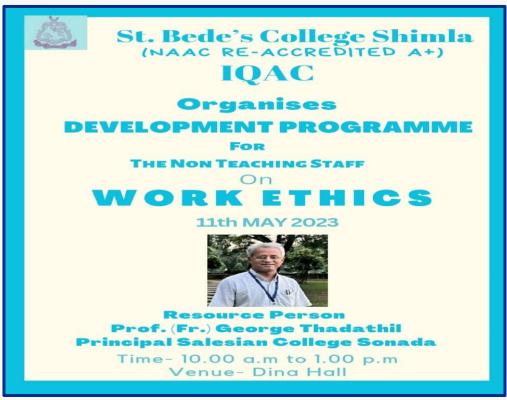
The program concluded with a period of silent reflection, allowing participants to internalize the learnings and experiences from the day. This reflection period encouraged self-awareness and personal growth. Following this, lunch was provided for all participants, providing an opportunity for informal networking, and fostering camaraderie among the non-teaching staff.

Outcome- The program provided a platform for self-reflection, teamwork, and the identification of areas for improvement.

Principal
St. Bede's Colle
Shimla

Das







Brochure and group picture of the development programme

**BACK**