

NCC ACTIVITIES 2022-23 2022-23

NCC UNIT, ST. BEDE'S COLLEGE UNDER 7HP (I) COY NCC, SHIMLA

FELICITATION OF CADETS QUALIFIED TO APPEAR FOR SSB INTERVIEW

An event was organized by the NCC Unit of St. Bede's College Shimla on June 4, 2022, to acknowledge and appreciate the cadets who successfully qualified to appear for the SSB Interview. The selected cadets were SUO Rutuja Kulkarni and Cadet Anjali Kainthla from 7HP(I) Coy, NCC Shimla, along with Captain Cadet Chavi Tewari and PO Cadet Arundhati Chandel from 1HP Naval Unit NCC Bilaspur. The principal felicitated the cadets during the event.



Felicitation of Cadets





Brochure and Newspaper Clippings

INTERNATIONAL DAY OF YOGA

The NCC Unit of St. Bede's College celebrated the International Day of Yoga on June 21, 2022, with great enthusiasm and participation. The event aimed to promote awareness and emphasize the importance of yoga in enhancing physical and mental well-being. Through various activities, the cadets aimed to introduce people to the practice of yoga and encourage its adoption as a lifestyle.

Objective: The objective of the Yoga Day celebration was to raise awareness about the benefits of yoga and meditation. The event aimed to familiarize individuals with the art of meditation, which serves as a means to channelize the energies of the body and mind. By highlighting the significance of yoga, the cadets intended to inspire more people to incorporate yoga into their daily lives and experience the positive impact it can have on their overall well-being.

As part of the celebration, a group of 25 cadets, accompanied by cadets from other institutions under 7HP(I)COY NCC Shimla, visited St. Edward's School Shimla. Together with the other cadets, they participated in a yoga session, engaging in various poses and breathing exercises under the guidance of experienced yoga instructors. The session aimed to provide hands-on experience and enable the cadets to deepen their understanding of yoga's benefits.

Additionally, the cadets actively raised awareness about the International Day of Yoga through online platforms. They shared their experiences and insights from the event, including videos of the yoga session, on social media. The videos garnered significant attention, with over 1,200 views on Instagram. Through their online presence, the cadets aimed to spread the message of yoga and its role in supporting sustainable development and environmental protection.

Outcome: The celebration of the International Day of Yoga successfully brought communities together and provided them with an opportunity to prioritize their health amidst their busy schedules. By engaging in yoga activities and sharing their experiences online, the cadets played a crucial role in raising awareness and promoting the practice of yoga among a wider



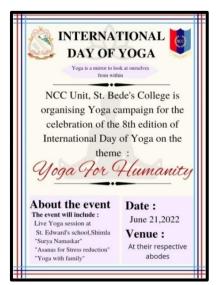
audience. The event highlighted the significance of yoga in achieving physical and mental well-being, encouraging individuals to adopt yoga as a lifestyle choice.

Furthermore, the cadets' efforts to spread awareness through social media platforms contributed to a greater understanding of the benefits of yoga and its potential impact on sustainable development and environmental conservation. The International Day of Yoga celebration served as a platform for fostering unity, holistic well-being, and a deeper appreciation for the practice of yoga.

Link for YouTube: https://youtube.com/watch?v=oXFNXkwj6-0&feature=share

Link for Instagram:

https://www.instagram.com/reel/CfD7Ta5u4T0/?igshid=NTc4MTIwNjQ2YQ==









International Day of Yoga at St. Edward's School Shimla



COMBINED ANNUAL TRAINING CAMP

A Combined Annual Training Camp (CATC) was organized by the 7HP (I) Coy NCC Shimla at Karsog, district Mandi, in two phases: CATC-224 and CATC-225. The camp spanned from July 1 to July 21, 2022, and aimed to enhance the institutional training of NCC cadets while fostering qualities of patriotism, discipline, and service.

Objective: The primary objective of the CATC was to provide comprehensive training to NCC cadets and prepare them for higher-level camps, including Centrally Organized Camps (COC) and Republic Day Camp (RDC). Additionally, the CATC aimed to instill a sense of patriotism, discipline, and service among the participating cadets.

The CATC was conducted in two phases, with the first phase taking place from July 1 to July 10, 2022, and the second phase from July 12 to July 21, 2022. A total of 46 cadets actively participated in the camps. In the first phase, the cadets showcased their talent and skills by securing the first position in Group Dance, the second position in Group Singing, and the second position in the Line Area competition. Building on their initial success, the cadets continued to excel in the second phase, achieving first positions in Drill, Group Singing, Group Dance, Firing, Rifle Kholna Jodna, volleyball match, and the second position in Line Area.

Outcome: The CATC proved to be a transformative experience for the participating cadets. It provided them with a platform to engage in various activities such as drill, weapon training, firing, map reading, first aid, adventure sports, cultural programs, and social service. By immersing themselves in a regimented way of life during the camp, the cadets developed camaraderie, teamwork, leadership qualities, self-confidence, self-reliance, and a strong work ethic.

Moreover, the CATC empowered the cadets to become more confident and independent individuals. The skills and values they acquired during the camp will make them valuable assets to society, as they are equipped with the necessary tools to contribute positively to their communities.



CATC-224 and CATC-225 at Karsog, Mandi



EBSB CAMP

Cadet Manisha Sharma had the privilege of being selected to attend the 'Ek Bharat Sreshtha Bharat' Camp, which took place from June 4 to June 14, 2022. This camp was organized in collaboration with the Bihar and Jharkhand Directorate and held in Malout, Punjab.

Objective: The primary objective of the camp was to foster a sense of unity, nationalism, and cultural exchange among the participating NCC cadets. It also aimed to enhance their institutional training and prepare them for higher-level camps such as Centrally Organized Camps (COC) and Republic Day Camp (RDC).

During the camp, a wide range of activities were conducted to achieve these objectives. Cadet Manisha Sharma actively participated in group singing, dance performances, debates, recitation, as well as games like kho-kho and tug-of-war. The camp also featured EXPA (Extension Programme for Alumni) training, where NCC alumni shared their experiences and expertise with the cadets. Manisha's remarkable performance and dedication were duly recognized, and she was honored with the prestigious title of Best Cadet from the Shimla Group.

Outcome: Participating in the 'Ek Bharat Sreshtha Bharat' Camp provided Cadet Manisha with a unique opportunity to immerse herself in the diverse cultural heritage of India. Interacting with cadets from different states and regions allowed her to learn about their customs, traditions, and perspectives, fostering a sense of unity and appreciation for the nation's diversity. The camp also provided her with thrilling experiences in adventure sports and outdoor activities, further enriching her overall learning and personal growth.

Upon returning from the camp, Cadet Manisha shared her rich experiences and newfound knowledge with her fellow cadets, family members, and friends. Her participation in the camp not only enriched her own understanding and perspective but also served as an inspiration for others to embrace unity, cultural exchange, and national pride.



Ek Bharat Sreshtha Bharat' Camp at Malout, Punjab



THAL SAINIK CAMP

26th July to 2nd August 2022

Cadet Angelina Tej actively participated in the Thal Sainik Camp (TSC) held at Rainbow International School, Nagrota, Kangra.

Objective: The primary objective of TSC was to enhance the physical fitness and shooting skills of the cadets, as well as prepare them for their future roles in defense of the nation. The camp encompassed a wide range of activities, including drill, map reading, health and hygiene, field craft and battle craft, obstacle course, and firing.

During the camp, Cadet Angelina had the opportunity to learn and hone various skills. She received training in map reading, shooting, and obstacle course techniques. These activities not only helped improve her physical fitness but also enhanced her proficiency in drill, map reading, and other field craft and battle craft knowledge. Through the camp, Cadet Angelina also had the chance to develop her personality, build confidence, and strengthen her leadership and teamwork abilities.

Outcome: Upon returning from the camp, Cadet Angelina shared her valuable experience with her fellow cadets. She generously imparted the skills and knowledge she acquired during the camp, contributing to the overall growth and development of her peers. Her participation in the Thal Sainik Camp not only enhanced her own capabilities but also allowed her to make a positive impact on the cadet community by sharing her newfound expertise and fostering a spirit of teamwork and camaraderie.





LCpl Angelina During Obstacle Training

LCpl Angelina during the Camp

RECOGNITION RALLY ON THE BATTLE OF TIGER HILL

The cadets of St. Bede's College, Shimla organized a recognition rally on July 31, 2022, commemorating the Battle of Tiger Hill with the theme "Chotiyon ke Baaz" (The Falcons of Tiger Hill).



Objective: The primary objective of this rally was to honour and celebrate the bravery and sacrifice of the soldiers who fought in the Battle of Tiger Hill during the Kargil War in 1999. It aimed to raise awareness and foster respect for the defence forces among the general public, while also inspiring young individuals to consider a career in the army.

A total of 28 cadets from St. Bede's College actively participated in the rally, carrying banners showcasing the theme and message of the campaign. The rally commenced from St. Bede's College, Shimla and proceeded towards The Army Heritage Museum, Annadale. In addition to the rally, the day also included a painting and slogan-writing competition, which added an artistic element to the event.

Outcome: The recognition rally and accompanying competitions had significant outcomes. Firstly, it served as a source of motivation for people by raising awareness about the achievements of the soldiers and the challenges they encountered during the Battle of Tiger Hill. This knowledge inspired individuals to work harder and to appreciate the sacrifices made by the armed forces in defending the nation. Secondly, the rally instilled a sense of patriotism and pride not only among the participating cadets but also among the wider community. By sharing the video of their rally on various social media platforms, the cadets effectively spread awareness and promoted the significance of such initiatives to a larger audience.

Link for Instagram:

https://www.instagram.com/reel/CgrZIwru6Zm/?igshid=NTc4MTIwNjO2YO==





Brochure

Recognition Rally





एनसीसी कैडेटों ने करगिल शहीदों की याद में निकाली रैली

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सेवन एचपी आई कंपनी राष्ट्रीय कैंडेट कोर एनसीमी जिसला के तहत रविवार को स्थानीय सेंट बेह्स कॉलेज जिसला की एनसीसी यूनिट की ओर से "चोटियों के बात" विषय के तहत जानककता रेली निकारण। यह रेली एनसीमी प्रभागी य अधिकारी डॉ. स्थेता टाकुर को अगुआई में निकारले गई। करमिल यद में भारत की विजय और भारतीय

सेना के अदाय साहस्तर चीरता और जहाँचें के सम्मान में सेंट बेह्स कॉलेन जिमला को एनसीसी कैडेटों ने जागरूकता रैली निकालकर लोगों को देशभीका, राष्ट्र प्रेम और भारतीय सेना के प्रति सम्मान का सरेश दिया। इस रैली में 30 से अधिक कैडेटों ने भाग लिया और अपने नेनों के साथ नवकहार से अनाडेल तक मार्च किया। बाद में कैडेटों ने शैक्षणिक यात्रा के रूप में अनाडेल स्थित सेना संग्रहालय का भी दौरा

किया। इस दीयन आयोजित पेस्टर मेकिन प्रतियोगिता में केंद्रेट आर्राष्ट्र अवस्थी ने पहला और केंद्रेट नीदनी शर्मा ने दूसरा स्थान हासिल किया। नशा लेखन में केंद्रेट काजल राणा ने पहला और केंद्रेट कहानी मेपावत ने दूसरा स्थान हासिल किया। सेंट एडवर्ड्स स्कूल शिमला को और से आर्ट व कास्ट शिक्का टीपिका केंद्र और एनसीसी प्रभारी व अधिकारी सतीश चंद्र बतौर प्रतियोगिता में जन रहे।



Coverage of the Rally in Newspapers

ELIXIR OF ENERGY OF INDEPENDENCE

The NCC Unit of St. Bede's College Shimla, in collaboration with the Heritage club "MIRAASA," successfully organized an event titled "Elixir of Energy of Independence" on August 6, 2022.

Objective: The primary objective of this event was to provide an opportunity for students to visit the State Museum and explore the rich cultural heritage and traditions of Himachal Pradesh, including its folk dances, music, festivals, crafts, and cuisine.

The event was organized as part of the "Azadi Ka Amrit Mahotsav" campaign, which celebrated India's 75 years of independence. The specific theme for the event was "Har Ghar Tiranga," with a focus on the "History of Independence." Approximately 40 students actively participated in the event, where they had the privilege to visit the State Museum. During their visit, they had the opportunity to immerse themselves in the vibrant and diverse cultural heritage of Himachal Pradesh and learn about the contributions of unsung heroes of India's freedom struggle.

Outcome: The outcome of the event was highly beneficial for the participating students. They gained a deeper understanding of the state's history and culture, fostering a greater appreciation for the richness and diversity of the Himalayan landscape and wildlife. Moreover, the event served as a platform for students to develop a profound admiration and respect for the artistic



and creative achievements of Himachali artists and craftsmen. The experience left the students inspired and curious to further explore the Himalayan region and its natural and cultural wonders. To share their memorable experience with others and promote the significance of cultural heritage, the cadets took to social media platforms. By sharing their experiences and insights, they successfully spread awareness among their peers and the wider community, encouraging others to appreciate and preserve the cultural heritage of Himachal Pradesh.

Link for Instagram:

https://www.instagram.com/reel/ChhZIxBjt3d/?igshid=NTc4MTIwNjQ2YQ==



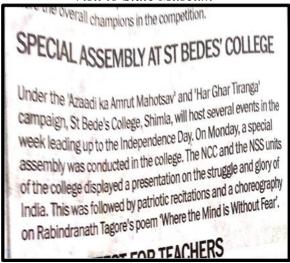


Brochure



Historic Remains

Visit to State Museum



Newspaper Clipping

DISTRICT LEVEL INDEPENDENCE DAY CELEBRATION

On August 15, 2022, 14 cadets from St. Bede's College, Shimla, actively participated in the District-Level Independence Day celebrations.

Objective: The objective of celebrating Independence Day was to commemorate the birth of a new nation after gaining freedom from British colonial rule. It is a day to remember the freedom



activists who fought for the independence of the nation and to honour their sacrifices. Independence Day is also a day to celebrate the nationhood, history, uniqueness, and patriotic duties of India.

These cadets formed part of the NCC SW contingent that marched on The Ridge in Shimla. The event was graced by the presence of Mr. Suresh Bhardwaj, Minister of Urban Development, Himachal Pradesh, who served as the Chief Guest for the occasion. Notably, Cadet Angelina Tej from St. Bede's College was appointed as the Commander of the NCC SW Contingent for the event.

Outcome: The outcome of the participation in the Independence Day celebrations had a profound impact on the cadets. It instilled in them a sense of confidence, self-esteem, and perseverance. The experience nurtured their love for the nation and patriotism, deepening their appreciation for the freedom fighters and their sacrifices. By actively participating in the parade, the cadets also acquired valuable leadership skills, as well as discipline and coordination abilities. The participation of the cadets also served as a source of inspiration for their peers and other students, encouraging them to aim for greatness.



Cadet Angelina Tej Commanding the SW Contingent



The SW Contingent on The Ridge, Shimla

BASIC LEADERSHIP CAMP

Cadet Ivy Bhettan, representing the Shimla group, had the opportunity to attend the Basic Leadership Camp (BLC) held in Malout, Punjab from August 19, 2022, to August 26, 2022. She was the only SW cadet from the 7HP (I) Coy, NCC Shimla, and she actively participated in the camp to develop her leadership skills.

Objective: The objective of the Basic Leadership Camp (BLC) was to develop leadership qualities, self-confidence, and self-reliance among the cadets. The camp involved various



activities such as drill practice, weapon handling, shooting, obstacle courses, and cultural programs.

Through engaging activities such as debates and critical thinking exercises, Cadet Ivy honed her leadership abilities. Her dedication and exceptional performance earned her four medals in the camp. She secured the first position in the Group Singing Competition, the second position in the Skit Competition, and the third position in both the Debates and Dance Competitions. Furthermore, her outstanding performance in the camp qualified her for the Advance Leadership Camp.

Outcome: The outcome of Cadet Ivy's participation in the Basic Leadership Camp was remarkable. She developed various qualities, including leadership, self-confidence, and self-reliance. The camp provided her with valuable insights into a regimented way of life, teamwork, the dignity of labour, and the cultural diversity of India. Upon her return, Cadet Ivy shared her experiences and the knowledge she gained with her fellow cadets, enabling them to learn new things and broaden their understanding.





Basic Leadership Camp



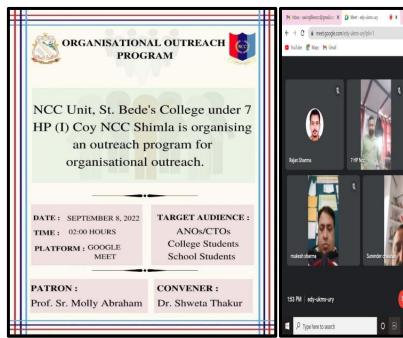
ORGANIZATIONAL OUTREACH PROGRAMME

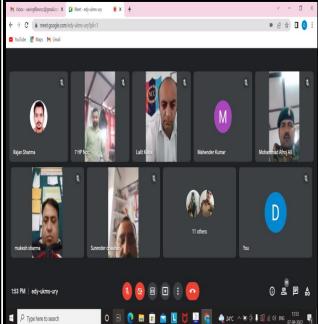
A Virtual Organizational Outreach Program was successfully conducted by the NCC Unit of St. Bede's College under 7 HP(I) Coy, NCC Shimla on September 7, 2022.

Objective: The objective of the program was to provide information and insights related to NCC enrollment work and specific topics of interest. It aimed to foster relationships and connections with individuals and organizations who may have an interest in supporting or collaborating with the organization in the future.

The program focused on familiarizing the ANOs/CTOs (Associate NCC Officers/Contingent Training Officers) and cadets with the NCC e-Enrollment process. Cadets actively participated and guided the attendees through the step-by-step process of e-Enrollment. Additionally, a comprehensive presentation was shared with the ANOs/CTOs, providing an overview of all the steps involved in the enrollment procedure.

Outcome: By engaging with the wider community, the program aimed to promote a sense of belonging and involvement among the target audience. Through the sharing of valuable information, the program contributed to knowledge dissemination and potentially influenced the understanding and perspectives of individuals on relevant issues. The program's impact is expected to extend beyond the event itself, fostering relationships and potentially leading to future collaborations and support for the organization.

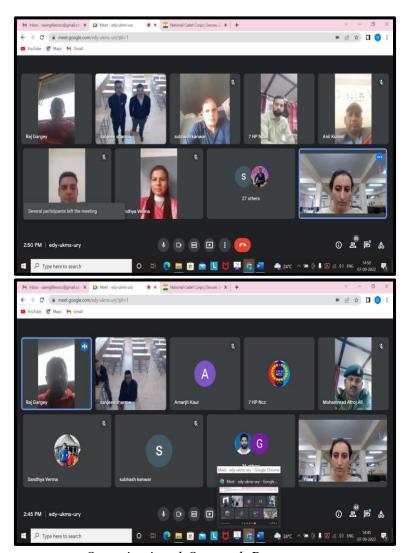




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Screenshot from the Google Meet





Organisational Outreach Programme

VOLUNTARY BLOOD DONATION INITIATIVE ON INTERNATIONAL DAY OF CHARITY

A voluntary blood donation drive was successfully organized by the NCC unit of St. Bede's College, Shimla, in collaboration with the Zoology Department, on September 12, 2022, under the 7HP(I)Coy NCC Shimla, in commemoration of the International Day of Charity.

Objective: The primary objective of the blood donation initiative was to save the lives of individuals in need of blood transfusions due to accidents, diseases, or surgeries. Additionally, the initiative aimed to promote a culture of altruism and volunteering, which can benefit the donors' emotional and physical health.

During the event, a total of 11 individuals stepped forward and donated blood in response to emergency calls at IGMC and KNH. The cadets actively emphasized the importance of charity and presented a PowerPoint presentation on humanitarianism, showcasing their past experiences of donating masks during the COVID-19 pandemic and teaching women



handicraft skills. The blood donors were felicitated and acknowledged for their noble cause and selfless act of donating blood.

Outcome: The 11 donors contributed to helping patients in need of blood transfusions, potentially saving lives and providing necessary medical support. Furthermore, the event served as an opportunity for the cadets to raise awareness among their fellow students about the importance of blood donation and the impact it can have on individuals and society as a whole. The donors also shared information about the precautions and procedures involved in the blood donation process, encouraging others to consider this selfless act. The event helped the cadets develop a sense of responsibility towards society and recognize their role as compassionate human beings.





Brochure

Voluntary Blood Donation Initiative











Certificates of Blood Donation Received by the Blood Donors

GROUP COMMANDER'S VISIT AND MOTIVATIONAL TALK

Brig Rohit Dutta, the Group Commander of Shimla Group, accompanied by Col DR Gargey, Commanding Officer, 7HP(I) Coy, NCC Shimla, visited St. Bede's College on September 15, 2022. Addressing the 40 cadets present, Brig Rohit Dutta shared his experiences about life in the armed forces and motivated the young women to join as officers. He also informed them about various entry schemes available. Later, Col DR Gargey inspected the NCC room and its documents.







Brig. Rohit Dutta Motivating the Cadets





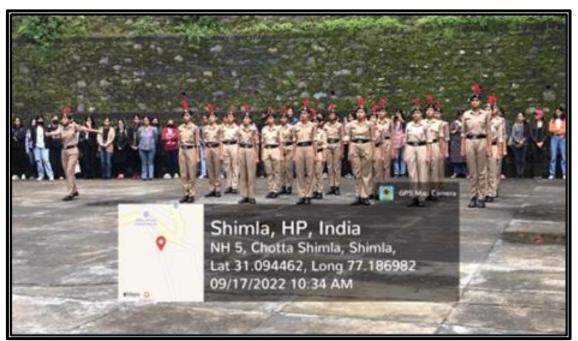


Newspaper Clippings

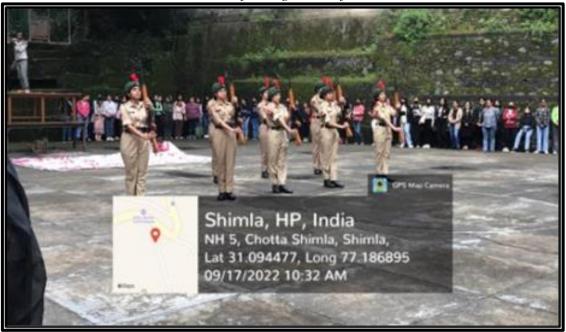
NCC ORIENTATION PROGRAMME

An Orientation Programme was organized by the NCC unit of St. Bede's College, Shimla on September 17, 2022, under 7HP(I) Coy, NCC Shimla. The programme was specifically for the first-year students who were acquainted with the importance of NCC by SUO Maanika Sethi, UO Ananya Singh, and Cadet Angelina Tej. They also answered the queries regarding NCC and its enrolment process. The event witnessed a Guard of Honor and a drill performed by the cadets.





Cadets Performing Guard of Honor



Cadets Performing Drill















NCC Orientation





NCC Enrollment Brochure

NCC Orientation Programme Brochure

ADVANCE LEADERSHIP CAMP

Cadet Ivy Bhettan showcased her exceptional leadership skills and attended the Advance Leadership Camp (ALC) held in Malout, Punjab from September 7 to September 18, 2022. **Objective:** The primary objective of the camp was to develop leadership traits in cadets and boost their confidence. A total of 1,350 cadets attended the camp, which focused on personality development, leadership skills, and orientation for induction into the Armed Forces.



Cadet Ivy Bhettan excelled during the camp and was recognized as the overall SW Senior, highlighting her exemplary leadership abilities. Throughout the duration of the camp, she received training in drill and acquired the necessary skills to become an effective leader. In addition to fulfilling her responsibilities as the SW Senior, Cadet Ivy Bhettan actively participated in various activities, including sports and the cultural program.

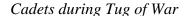
Her efforts and dedication paid off as she achieved remarkable results. She secured three gold medals, one for standing first in the relay race, another for tug of war, and a third for her role as the SW Senior. These achievements demonstrate her physical prowess, leadership capabilities, and commitment to the camp's objectives.

Outcome: The camp provided her with the opportunity to interact with cadets from different states and regions, exposing her to diverse cultures and traditions. Recognizing the value of her experience, she made sure to share the knowledge and skills she acquired during the camp with her fellow cadets and friends in her neighbourhood, serving as a source of motivation for others.



Advance Leadership Camp at Malout







Cadets performing Drill



EBSB CAMP

Cadet Anika had the opportunity to participate in the EBSB-II Camp held at JNV Piprakothi, Bihar in October 2022.

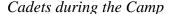
Objective: The main objective of the camp was to instill a sense of unity and nationalism among NCC cadets and familiarize them with the diverse cultures and traditions of different regions and states across India. Additionally, the camp aimed to enhance the institutional training of NCC cadets and prepare them for higher-level camps such as Centrally Organized Camps (COC) and Republic Day Camp (RDC).

The national-level camp spanned over ten days, from October 10 to October 19, and involved cadets from two directorates: Punjab, Haryana, Himachal Pradesh, and Chandigarh Dte, and Bihar and Jharkhand Dte. During the camp, Cadet Anika received EXPA Training, which likely included workshops and sessions to develop her skills and knowledge.

Furthermore, the camp provided an opportunity for Cadet Anika to visit historical sites, allowing her to explore the rich heritage and cultural significance of the region.

Outcome: As an outcome of participating in the EBSB camp, Cadet Anika gained valuable insights into the culture and traditions of various states and regions of India. Interacting with cadets from different backgrounds fostered a sense of unity and nationalism within her. Following the camp, she shared her learnings with fellow cadets and her siblings, thereby promoting a sense of patriotism and appreciation for the country's cultural tapestry.







Cdt Anika during the Cultural Event



AZAD HIND DIWAS

The NCC cadets organized a lecture series on the Life Lessons of Subhash Chandra Bose in several schools, including Government Sr. Sec. School, Rajhana, Government Sr. Sec. School, Phagli, and Government Sr. Sec. School, Dhalli from October 28 to October 31, 2022. Along with the lectures, a short quiz and a movie screening on Subhash Chandra Bose were also organized.

Objective: The objective of celebrating this day was to honour the significant contributions of Netaji Subhash Chandra Bose and his Indian National Army (INA), also known as Azad Hind Fauj, in the freedom struggle against British rule. The aim was to increase awareness and appreciation of Netaji's role in the Indian freedom struggle among students.

Outcome: As an outcome of these activities, the cadets were successful in raising awareness among students about the sacrifices made by Netaji in the freedom struggle. The lecture series prompted students to question their attitudes and beliefs, encouraging them to explore different perspectives and sources of information about Bose and his legacy. The activities also demonstrated academic skills, methods, and dispositions relevant for studying history, such as critical thinking, evidence-based reasoning, historical empathy, and ethical awareness among the participating cadets.

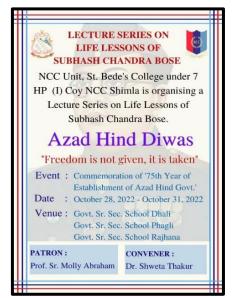


Cadets delivering a lecture at GSSS Phagli



Movie Screened at GSSS Rajhana

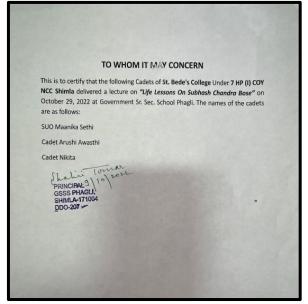






Brochure for the Event

Cadets with the staff of GSSS Dhalli



Letter from the School Principal, GSSS Phagli

NATIONAL UNITY DAY

On October 31, 2022, the cadets of St. Bede's College under 7HP (I) Coy NCC, Shimla, organized a 'Unity Run' to celebrate National Unity Day, which commemorates the birth anniversary of Sardar Vallabhbhai Patel.

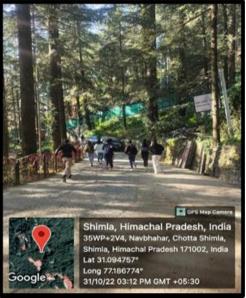
Objective: The objective of the event was to uplift the nation's unity and create awareness about the significant contributions of Vallabhbhai Patel.

A group of 25 cadets participated in the run, where they ran together while holding hands, symbolizing unity and solidarity. The act of running together with joined hands served as a powerful visual representation of people from diverse backgrounds coming together for a common purpose.



Outcome: The Unity Run served as an educational opportunity for the cadets and the broader public. It helped raise awareness about the importance of unity in a diverse society and promoted understanding and empathy among individuals. The run highlighted the value of coming together, despite differences, for the betterment of the nation.







Cadets running during the Freedom Run



VOTING AWARENESS CAMPAIGN

On November 5, 2022, the NCC Cadets of St. Bede's College, Shimla organized a Mass Awareness Programme in Khanlag Village, Distt. Solan, HP.

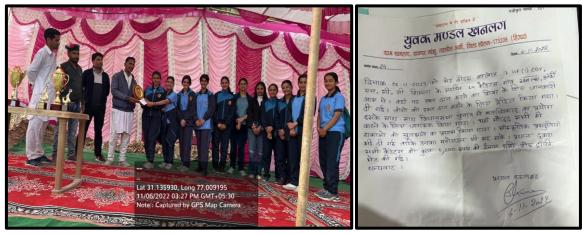
Objective: The objective of the program was to help people understand the importance of voting, national integration, and blood donation.

The cadets recognized that many people desire to vote but lack awareness about the voting process. Similarly, there is a willingness to donate blood among the population, but lack of awareness about the procedures involved. The aim of the program was to educate the villagers about these important topics and provide them with the necessary information.

A team of fourteen cadets was formed to conduct the event in the village. Their efforts were appreciated by the Sarpanch of the village, who felicitated them with a letter of appreciation, a trophy, and a sum of 5,100 rupees. The event successfully spread awareness about the importance of voting, national integration, and blood donation among the villagers.

Outcome: The outcome of the Mass Awareness Programme was twofold. Firstly, the cadets were provided with a platform to create awareness and educate the villagers about the significance of voting, national integration, and blood donation. By interacting with the people, the cadets also developed important social skills such as communication, empathy, and leadership.

Secondly, the program empowered the villagers by equipping them with knowledge and information about these important topics. The awareness created through the event would enable the villagers to make informed decisions and actively participate in the democratic process through voting. It also encouraged them to consider blood donation as a noble act of saving lives and fostered a sense of national integration by promoting unity and harmony among diverse communities.



Cadets receiving trophy from the Sarpanch

Letter of Appreciation from the Sarpanch





Cadets Raising Awareness on Voting and Elections



Brochure for the Event

Cadets performing Folk Songs of Himachal

COMBINED ANNUAL TRAINING CAMP

Indus International University, Una hosted the CATC from 5th November to 12th November, where three cadets from St. Bede's College, namely SUO Maanika Sethi, Cadet Ivy Bhettan, and Cadet Angelina Tej, participated. These cadets demonstrated their skills and performed well during the camp, leading to their selection for further camps.

Objective: The Combined Annual Training Camps (CATC) Pre RDC was conducted with the objective of training cadets in basic survival skills and emergency preparedness. Additionally, the camp aimed to identify cadets who excel in parade and cultural activities.

Outcome: The camp provided a platform for the cadets to showcase their talents in various fields, including parade and cultural activities. These cadets became a source of motivation and



inspiration for their fellow cadets. They shared their experiences and encouraged their peers to strive for excellence in every task they undertake.



Cadets during the Cultural Event

239 TRANSIT CAMP

Three cadets, SUO Maanika Sethi, Cadet Ivy Bhettan, and Cadet Angelina Tej, participated in the 239 Transit Camp held at Pandoh, Mandi from November 13 to November 19, and they were selected for the camp.

Objective: The camp provided an opportunity to further develop skills, undergo specialized training, and interact with cadets from other units and regions.

Outcome: Participating in such camps not only enhanced the cadets' knowledge and skills but also boosted their confidence and self-esteem. It allowed them to broaden their perspectives and gain a deeper understanding of military life and discipline.

DCATC/IGC-129

In November 22-29, 2022, the DCATC/IGC-129 was conducted in Rupnagar, Punjab, providing a platform for cadets from St. Bede's College to showcase their skills and talents. SUO Maanika Sethi, LCpl Ivy Bhettan, and LCpl Angelina Tej represented their college and participated in various inter-group activities.

Objective: This camp aimed to provide practical training in cultural activities, drill, weapon training, and more, with the objective of developing leadership, discipline, teamwork, and an adventurous spirit among the cadets.

During the DCATC/IGC-129, SUO Maanika Sethi, LCpl Ivy Bhettan, and LCpl Angelina Tej, representing St. Bede's College, actively participated in a series of inter-group activities. These activities included group singing, group dance, ballet, and NIAP (National Integration



Awareness Program). LCpl Angelina Tej notably represented the Shimla Group in the Best Cadet Competition, demonstrating her dedication and abilities.

Throughout the camp, the cadets received practical training and guidance in cultural activities, drill exercises, weapon training, and other relevant areas. They actively engaged in the various activities, showcasing their skills, teamwork, and discipline. The camp provided them with a platform to learn and improve their abilities while fostering a spirit of adventure and camaraderie among the participants.

Outcome: The cadets were able to enhance their leadership qualities, develop a sense of discipline, foster teamwork, and nurture an adventurous spirit. The training and experiences gained during the camp contributed significantly to their personal growth and preparedness for future challenges.



LCpl Ivy Bhettan during the Camp

NCC CARNIVAL

The cadets took the initiative to set up the NCC Day Carnival, on November 28, 2022.

Objective: The objective of the NCC Day Carnival, organized by the NCC Unit of St. Bede's College under 7 HP (I) Coy, NCC Shimla, was to facilitate the holistic development of the cadets. The carnival aimed to provide a platform for the cadets to showcase their talents, nurture their creativity, and foster independence. Additionally, the carnival aimed to generate profits to support the financial needs of the cadets in the future.



The carnival featured various food stalls, offering a wide range of delicious treats. The cadets put in their efforts to organize the event, ensuring its success and providing an enjoyable experience for all attendees.

As the NCC Unit is self-financed, the profits generated from the carnival were directed towards supporting the financial requirements of the cadets. This initiative aimed to empower the cadets by making them self-sufficient and teaching them important skills related to entrepreneurship, finance management, and event organization.

Outcome: By actively participating in the organization and execution of the carnival, the cadets widened their horizons and gained valuable practical experience. The efforts of the cadets in setting up the carnival served as an inspiring example for the entire college community. Their dedication, creativity, and teamwork were evident in the success of the event. Additionally, the cadets took the initiative to upload videos and share highlights of the carnival on various social media platforms, spreading awareness and garnering support.

Link for Instagram:

https://www.instagram.com/reel/Col6IYitiGn/?igshid=NTc4MTIwNjQ2YQ==







NCC Carnival



कैडेट्स ने फूड कार्निवाल का किया आयोजन

शिमला : नवंबर के आखिरी सप्ताह में देश-प्रदेश में एनसीसी दिवस मनाया जा रहा है। सोमवार को एनसीसी प्रभारी डा . श्वेता ठाक्र की अगुवाई में सेंट बीड़स कालेज शिमला में 7 एचपी (आइ) कंपनी एनसीसी शिमला के तहत कालेज की एनसीसी यूनिट ने एनसीसी दिवस के अवसर पर फूड कार्निवाल का आयोजन किया। कैडेट्स ने कालेज परिसर में विभिन्न फुड और अन्य स्टाल सभी को स्वादिष्ट व्यंजनों का स्वाद चखने के लिए लालायित कर गए। यह फूड कार्निवाल सभी कैडेट्स के लिए प्रतिभा, रचनात्मक पक्ष को प्रदर्शित करने का शानदार अवसर रहा और अपने उद्यमिता

कौशल व प्रतिभा को दिखाने के लिए एक बेहतरीन मंच था। कैडेटस द्वारा यह पहल प्रत्येक व्यक्ति को आत्मनिर्भर वनने के लिए प्रेरित करती है। यही देशभर में मनाया जा रहा आजादी का अमृत महोत्सव का संदेश भी है कि प्रत्येक नागरिक हर क्षेत्र में अपना व्यावहारिक ज्ञान और स्किल्स को विकसित कर आत्मनिर्भर बनने की ओर अग्रसर हों तभी विकसित और सशक्त राष्ट्र का निर्माण होगा। इस फुड कार्निवाल के सफल आयोजन के लिए सेंट बीडस कालेज की प्राचार्या प्रो. सीनियर मौली अब्राहम के सहयोग के लिए सभी एनसीसी कैडेट्स ने आभार व्यक्त किया।(जासं)



Newspaper Clippings

Brochure

CATC-130-PRE RDC-1

November 30 – December 7, 2022

On November 30, 2022, the CATC-130 PRE RDC-1 camp took place at the NCC Academy in Rupnagar, Punjab.

Objective: The main objective of the CATC-130 PRE RDC-1 camp was to provide training to cadets in basic survival skills and emergency response. The camp also aimed to identify cadets who excel in parade and cultural activities.



Two cadets from St. Bede's College, Cadet Ivy Bhettan and SUO Maanika Sethi, actively participated in the camp. The camp focused on imparting essential skills related to survival and emergencies, equipping the cadets with knowledge and practical training in these areas. Additionally, the camp provided opportunities for the cadets to showcase their talents in parade and cultural activities, highlighting their abilities in these domains.

Outcome: The participation of the cadets in the CATC-130 PRE RDC-1 camp proved to be highly beneficial. They had the opportunity to learn and develop a wide range of skills throughout the camp. Their exemplary performance and dedication led to their selection for the next camp, indicating their proficiency and potential in the areas of parade and cultural activities.

The achievements of Cadet Ivy Bhettan and SUO Maanika Sethi were widely celebrated and shared on social media platforms. This recognition and appreciation served as motivation not only for the cadets themselves but also for the youth across the country.



SUO Maanika Sethi and LCpl Ivy in group photograph

RANK CEREMONY

On 29th November 2022, a rank ceremony was conducted by 7 HP (I) Coy, NCC Shimla to award deserving cadets of the second year. Cadet Arushi Awasthi was promoted to the rank of Corporal, while Cadet Angelina Tej and Cadet Ivy Bhettan were promoted to the rank of Lance Corporal. The Commanding Officer, Col Gargey, congratulated the cadets for their exceptional performance and commended their efforts in the academic year 2022-23. He motivated them to continue working hard and exhibit their leadership skills.







Cdt Arushi Awasthi being to the rank of Corporal

—— News coverage online

यन्यानस स्पेड दनसासा कडेट्स

शिमला : 7 एचपी (आई) कंपनी एनसीसी शिमला की ओर से रैंक अवार्ड समारोह का आयोजन किया गया। इसकी अध्यक्षता एनसीसी कार्यालय शिमला परिसर में कमांडिंग आफिसर कर्नल डीआर गार्गी ने की। समारोह में कैडेट्स को डीआर गार्गी ने रैंक से अलंकृत किया। छह को कैंप से लौटने के बाद रैंक से अलंकृत किया जाएगा। कैडेट कामिनी (गवर्नमेंट कालेज सुन्नी) को कैडेट अंडर आफिसर, जबिंक कैडेट संतोषी को कार्योरल रैंक, साक्षी टाकुर को लांस कार्योरल रैंक, कैंडेट दीपक (गवर्नमेंट कालेज टियोग) को कार्योरल, कैंडेट अक्षिता को लांस कार्योरल रैंक, कैंडेट शरवजीत (कालेज से संजौली) को कार्योरल रैंक, कैंडेट सोनिका को लांस कार्योरल रैंक और कैंडेट एंजेलिना तेज (सेंट बेंड्स कालेज शिमला) को लांस कार्योरल रैंक, कैंडेट इवी को लांस कार्योरल रैंक से अलंकृत किया गया।(जासं)

Newspaper clipping

REMEMBRANCE OF 26/11 MUMBAI ATTACKS

On 6th December 2022, the cadets from 7HP (I) Coy, NCC Shimla, representing St. Bede's College, visited Government Sr. Sec. School Dhalli to deliver a lecture on the remembrance of the 26/11 Mumbai Attack.

Objective: The objective of the cadets' visit to Government Sr. Sec. School Dhalli was to commemorate the day of remembrance of the 26/11 Mumbai Attack under Azaadi Ka Amrit Mahotsav. The main goals were to pay tribute to the victims and survivors of the attack, educate students about the events that occurred during the attack, create awareness about the importance of national security, and emphasize the need for collective efforts to prevent such attacks in the future.

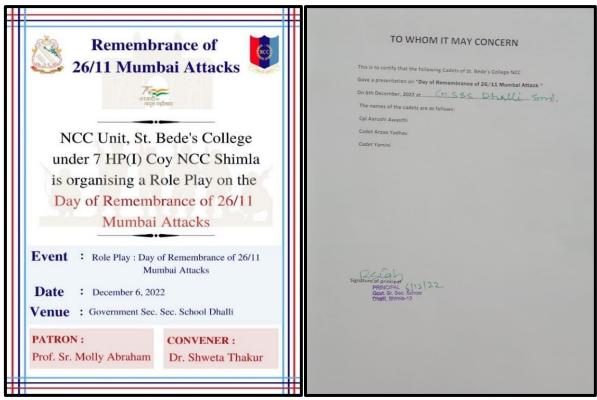
The lecture focused on Major Sandeep Unnikrishnan, a brave soldier who lost his life during the attack. To engage the students and create a deeper impact, the cadets performed a role play, effectively portraying the events and showcasing the courage and sacrifice of our soldiers.



Furthermore, a quiz was conducted to test the students' knowledge about the attack and its significance.

Outcome: The visit of the cadets to Government Sr. Sec. School Dhalli was successful in achieving its intended outcomes. The students were made aware of the bravery and sacrifices of our soldiers, particularly exemplified by Major Sandeep Unnikrishnan. Through the lecture and role play, the cadets effectively educated the students about the events that unfolded during the 26/11 Mumbai Attack, helping them gain a deeper understanding of the significance of national security.

The appreciation received in the form of a letter from the school principal signifies the positive impact made by the cadets' efforts. The visit not only served as a meaningful educational experience for the students but also strengthened the bond between St. Bede's College and Government Sr. Sec. School Dhalli, fostering a sense of unity and collaboration in promoting national security and remembrance.



Brochure

Letter from the Principal, GSSS Dhalli







Role-play on Major Sandeep Unnikrishnan

ROLE-PLAY ON BRAVE WARRIORS

On 9th December 2022, the cadets from St. Bede's College, under 7HP (I) Coy, NCC Shimla, visited Government Sr. Sec. School Dhalli to perform a role play on Rani Laxmibai.

Objective: The objective of the NCC cadets' visit to Government Sr. Sec. School Dhalli was to present a role play on Rani Laxmibai as a part of the Azadi Ka Amrit Mahotsav celebrations. The main goals were to showcase the life of Rani Lakshmi Bai, her immense contributions to India's freedom struggle, and to create awareness among the students about the bravery and sacrifices of our freedom fighters.

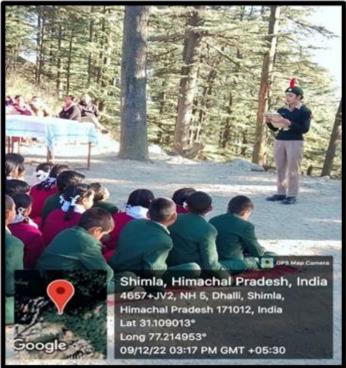
With great enthusiasm and dedication, the cadets depicted the life and struggles of the brave warrior, showcasing her relentless fight against the British rule and her pivotal role in India's independence movement. Through their performance, the cadets aimed to educate and inspire the students about the courage and determination of Rani Lakshmi Bai.

The role play served as a platform for the cadets to display their creative talents and theatrical skills. The cadets put in significant effort to accurately portray the historical events and bring the character of Rani Laxmibai to life. Their performance not only entertained the audience but also imparted valuable knowledge about an important chapter in Indian history.

Outcome: Through the performance, the students were made aware of the remarkable freedom struggle of Rani Lakshmi Bai and her significant contributions to the fight for independence. The story inspired the students, enhancing their knowledge and instilling a sense of pride in their national heritage. The students and teachers appreciated the efforts put in by the cadets, recognizing their commitment to promoting awareness about the bravery and sacrifices of our freedom fighters.









Brochure for the event and Cadets giving a lecture and performing a roleplay on Rani Lakshmi Bai



CATC-131 PRE RDC-2

From December 15th to December 22nd, the CATC-131 PRE RDC-2 camp was conducted at the NCC Academy in Rupnagar, Punjab.

Objective: The camp aimed to train cadets in basic survival and emergency skills while also selecting the best cadets in parade and cultural activities.

During the camp, the cadets had the opportunity to learn and develop various skills relevant to their training. They received training in survival techniques and emergency preparedness, equipping them with essential knowledge and abilities to handle challenging situations. Additionally, the camp provided a platform for the cadets to showcase their talents in parade and cultural activities, allowing them to demonstrate their discipline, teamwork, and artistic skills.

Outcome: The outcome of the camp was highly positive, with the cadets benefiting from the training and showcasing exemplary performance. Their dedication and hard work during the camp resulted in their selection for the next phase or camp, further recognizing their abilities and potential. The camp provided a valuable learning experience for the cadets, fostering their personal growth, leadership skills, and overall development.



LCpl Ivy during cultural event



CATC-132 PRE RDC-3

From December 23rd to December 30th, the CATC-132 PRE RDC-3 camp was conducted at the NCC Academy in Rupnagar, Punjab.

Objective: The camp aimed to train cadets in basic survival and emergency skills while also selecting the best cadets in parade and cultural activities.

During the camp, the cadets had the opportunity to acquire and enhance various skills relevant to their training. They received comprehensive training in survival techniques and emergency preparedness, equipping them with essential knowledge and capabilities to effectively handle challenging situations. Additionally, the camp provided a platform for the cadets to demonstrate their proficiency in parade and cultural activities, showcasing their discipline, coordination, and cultural awareness.

Outcome: The outcome of the camp was highly rewarding, as two cadets, SUO Maanika Sethi and LCpl Ivy Bhettan, demonstrated exceptional performance and were selected for the prestigious Republic Day camp in Delhi. Their remarkable skills and dedication throughout the camp played a significant role in their selection for the next phase.

The camp provided a valuable platform for the cadets to enhance their skills, showcase their abilities, and pave the way for further opportunities such as the Republic Day camp. It serves as a testament to the cadets' growth, potential, and readiness to contribute to the NCC's mission and national service.



SUO Maanika Sethi and LCpl Ivy in group photograph



REPUBLIC DAY CAMP

Cadet from 7HP (I) Coy NCC Shimla participated in the Republic Day camp held at the DGNCC Campus in Delhi from January 1st, 2023, to January 30th, 2023.

Objective: The main objective was to prepare cadets for the Republic Day Parade and to enhance their self-confidence, discipline, patriotism, leadership, and cultural awareness. The camp also provided an opportunity for cadets to interact with their counterparts from other states and union territories and participate in various competitions to showcase their talents.

Among the participants, SUO Maanika Sethi from 7HP (I) Coy NCC Shimla demonstrated exceptional skills and performance during the camp. Her outstanding abilities as a Master of Ceremony were recognized, and she was awarded the DGNCC's Commendation Card for being the All India second-best in this role. In addition, she was honored with the title of Best SUO of 7HP (I) Coy NCC Shimla, a recognition of her leadership and dedication.

Outcome: Participating in the Republic Day camp provided SUO Maanika Sethi with a significant platform to exhibit her talent and skills at a higher level and in front of esteemed dignitaries. The recognition she received for her role as a Master of Ceremony and her overall performance in the camp speaks to her exceptional abilities and commitment to excellence. Her achievements not only bring honor to herself but also serve as an inspiration for her fellow cadets.

After returning from the camp, SUO Maanika Sethi took the opportunity to share her experiences and the training she underwent with her juniors and fellow cadets. Her instructions and guidance would undoubtedly contribute to the overall growth and development of her peers, inspiring them to strive for excellence and carry forward the lessons learned during the Republic Day camp.



SUO Maanika Sethi received DGNCC's commendation card



REPUBLIC DAY CAMP

LCpl Ivy Bhettan participated in the Republic Day camp held at the DGNCC Campus in Delhi from January 1st, 2023, to January 30th, 2023.

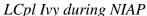
Objective: The main objective was to teach cadets various skills such as self-confidence, discipline, patriotism, leadership, and cultural awareness. Additionally, the National Integration Awareness Programme (NIAP) aimed to promote national integration and cultural diversity among the cadets.

LCpl Ivy Bhettan actively participated in several activities during the camp, including NIAP, group singing competition, and ballet. She also had the opportunity to be a part of the All India SW (South West) marching contingent at the Prime Minister's Rally.

Outcome: Participating in the camp had a positive impact on LCpl Ivy's personal growth and development. She was able to enhance her self-confidence, discipline, patriotism, leadership skills, and cultural awareness through the various training and activities conducted during the camp. The exposure to different competitions, such as dance, music, drama, quiz, debate, etc., allowed her to showcase her talents and abilities in front of a wider audience.

Upon returning from the camp, LCpl Ivy Bhettan shared her valuable experiences and learnings with her fellow cadets. She imparted the skills and knowledge she acquired during the camp, thus contributing to the growth and development of her peers. By teaching her fellow cadets, she played an important role in fostering a culture of continuous learning and skill development within her unit.







LCpl Ivy during cultural event



ARMY ATTACHMENT CAMP

Cadet Priyamvada Thakur had the opportunity to participate in the Army Attachment Camp for SWs conducted by the 14th Rajputana Rifles from January 27th, 2023, to February 7th, 2023.

Objective: The main objective of this camp was to provide cadets with exposure to the life and functioning of Army units, motivating them to consider a career in the Armed Forces. The camp aimed to train cadets in various military tactics, including day/night warfare, and familiarize them with weaponry.

During the camp, Cadet Priyamvada Thakur actively engaged in various activities and learned valuable skills. She received training in shooting, map reading, and obstacle training, which enhanced her overall understanding of military tactics and techniques.

Outcome: Participating in the Army Attachment Camp allowed Cadet Priyamvada Thakur to gain firsthand experience of the discipline, leadership, teamwork, and camaraderie exhibited by Army personnel. The challenging nature of the camp provided her with an opportunity to test her physical and mental capabilities, fostering personal growth and development.

Upon returning from the camp, Cadet Priyamvada Thakur shared her enriching experiences with her fellow cadets. She conveyed the knowledge and skills she acquired during the camp, thereby contributing to the overall development of her peers. By sharing her experiences and highlighting the importance of discipline, leadership, teamwork, and camaraderie, she motivated her fellow cadets to consider the Armed Forces as a potential career option.



Cdt Priyamvada during obstacle training



Cdt. Priyamvada during group photograph

DE-KITTING CAMP

A De-Kitting camp was held at the NCC Academy in Rupnagar from January 31st to February 3rd, 2023.

Objective: The objective of this camp was to ensure the proper inventory and maintenance of NCC equipment and clothing and to prepare the cadets for their next level of training after their



participation in the Republic Day Camp (RDC). Additionally, the camp provided an opportunity for the cadets to share their experiences and feedback from the RDC, and they were honored for their remarkable achievements during the event.

During the De-Kitting camp, LCpl Ivy Bhettan actively participated and learned the importance of properly inventorying and maintaining NCC equipment and clothing. This knowledge was crucial for ensuring that the NCC's resources are in good condition for future use and training activities.

LCpl Ivy Bhettan, along with her fellow cadets, received recognition and appreciation from Maj Gen K Vinod Kumar, ADG, PHHP&C DTE, for their outstanding performance and representation at the RDC. The honors bestowed upon them served as a testament to their hard work and dedication.

Outcome: After the RDC, LCpl Ivy Bhettan shared her experiences and provided valuable feedback to her fellow cadets and officers. This exchange of information allowed the entire NCC unit to benefit from her insights and observations, ultimately contributing to the continuous improvement and development of the cadets' training programs.

The De-Kitting camp marked the final stage of the RDC cycle for the cadets who represented their respective states and union territories. Through their participation and achievements, LCpl Ivy Bhettan and her fellow cadets demonstrated their commitment to the NCC and their readiness to take on future challenges and opportunities.



LCpl Ivy felicitated during the camp

FELICITATION OF RDC HOLDERS

On February 14, 2023, SUO Maanika Sethi and LCpl Ivy Bhettan were honored in the college for their participation in the Republic Day Camp, Delhi. During the felicitation ceremony, they shared their experiences and the valuable lessons they learned during the camp.



Felicitation of RDC Holders

NCC RAISING DAY

On March 10, 2023, the NCC Unit at St. Bede's College, under 7HP (I) Coy NCC Shimla, organized a special event to celebrate its 3rd NCC Raising Day.

Objective: The objective of this event was to raise awareness about the NCC among students, educational institutions, and the wider community. It aimed to inform the youth about the mission, activities, and benefits of joining the NCC while fostering a sense of patriotism and national pride.

The event was graced by the presence of the Commanding Officer, Col. Desh Raj Gargey, who served as the chief guest for the day. Cadets and ANO/CTO from St. Edward's School and APG Shimla University also attended the event, making it a collaborative and inclusive gathering.



The event commenced with an impressive drill performed by the cadets, showcasing their discipline and precision. This was followed by a captivating role-play on the life of Rani Lakshmi Bai, with the theme "Main Apni Jhansi Kisi Ko Nahi Doongi" (I won't surrender my Jhansi to anyone). The role-play aimed to highlight the bravery and sacrifices of Rani Lakshmi Bai in the Indian independence struggle.

Chief Guest Col. D.R. Gargey felicitated the cadets for their outstanding achievements during the NCC session 2022-23. Certificates and mementos were presented to the deserving cadets, recognizing their dedication and hard work. The event also witnessed the participation of students from various colleges in and around Shimla, creating a vibrant and diverse atmosphere.

Outcome: This gathering provided an opportunity for the exchange of ideas, experiences, and perspectives among the students. By coming together for the NCC Raising Day, students had a platform to learn from one another, share their insights, and develop a broader understanding of the NCC and its significance.

Link for Instagram:

https://www.instagram.com/reel/Cpu77DpPonf/?igshid=MzRlODBiNWFlZA==



Role-play



Drill Inspection



Cultural Event













Newspaper Clippings