



COMMUNITY OUTREACH CELL ACTIVITIES- 2017-2023

SESSION 2017-18

“SAVE HONEYBEES”: A PRESENTATION AT THEOG SCHOOL

On August 22, 2017, students from St. Bede's College Shimla delivered a presentation on "Save the Honeybee" to the children of Government Senior Secondary School, Theog.

Objective: The objective of the presentation was to raise awareness, educate, inspire action, promote environmental stewardship, and foster collaboration and partnerships for honeybee conservation.

During the presentation, the college students emphasized the importance of providing a safe habitat for bees and the benefits of adopting chemical-free practices. They highlighted the significance of planting more trees and plants to support the survival of bees. Through an interactive session, the students engaged the children by asking them questions about nesting materials and food sources for bees in their locality. They also discussed easy ways to save the bees.

To enhance their understanding, a short documentary on bees was shown to the children, providing visual insights into the life of bees and their vital role in the ecosystem.

Outcome: The session had a positive impact on the children, equipping them with knowledge and encouraging them to become environmental advocates. Through their engagement and participation, the children developed a deeper understanding of the importance of creating a favorable environment for bees and the role they can play in supporting bee conservation.





TEACHING ASSIGNMENTS AT MUNSELLING SCHOOL, KAZA

From May 13th to 17th, 2018, St. Bede's College, Shimla extended its Community Outreach program to Spiti in Kaza, Himachal Pradesh. Three staff members, Ms. Anuja Sharma, Ms. Nandini Pathania, and Dr. Anupama Tandon volunteered at Munselling School in Spiti, taking up various teaching assignments.

Objective: The objectives of this outreach program were to facilitate skill development, personal growth, artistic expression, holistic development, empowerment, community engagement, inspiration, and have a long-term impact on the students' lives.

During their time at Munselling School, the volunteers taught various topics to the children. They conducted classes on Communication Skills, Personality Development, Pidilite Creative Art, Data Collection and Analysis, and SWOT Analysis. These topics were carefully chosen to provide the students with valuable skills and knowledge that would contribute to their overall development.

Outcome: The impact of this outreach program went beyond the classroom. It fostered a sense of community engagement and inspired the students to strive for personal growth and holistic development. The program successfully achieved its objectives of facilitating skill development, personal growth, artistic expression, holistic development, empowerment, community engagement, and inspiration.





SESSION 2018-19

INTERACTION WITH STUDENTS AT THEOG SCHOOL

On 18th December 2018, as a part of the Community Outreach program, the students of St. Bede's College, along with a few staff members, visited Government Senior Secondary School in Theog.

Objective: The objective of this visit was to promote engagement, build relationships, encourage teamwork and communication, provide a fun and enjoyable experience, build confidence, and establish long-lasting connections among the students.

The students and teachers of the school warmly welcomed the students and teachers from St. Bede's College. To break the ice and create a friendly atmosphere, a game of 'Dog and the Bone' was played, with both students and teachers participating enthusiastically. The game helped everyone to get to know each other better and build rapport.

Following the ice-breaking session, the school children were divided into groups, and the college students organized races for them. The races were planned in a way that encouraged teamwork and healthy competition among the students. One of the highlights was the keenly contested game of Musical Chairs between the students and teachers, with a student from Theog school emerging as the winner. Throughout the day, the generosity and hospitality of the village school were evident, creating a positive and welcoming environment.

Outcome: Interacting with students at the school led to increased socialization and improved communication skills for both groups. The activities organized during the visit promoted teamwork and collaboration among the students, fostering a sense of unity and cooperation. The visit also provided a break from the routine for both the college students and the school children, offering a refreshing and enjoyable experience. The exchange of cultural experiences and perspectives between the college students and the school children enriched their understanding of different backgrounds and fostered a sense of inclusion and belonging.



SESSION- 2019-2020

NUKKAD NATAK ON CLEANLINESS AND PERSONAL HYGIENE

On September 2, 2019, the staff and students of the Community Outreach Cell visited Government Primary School in Sanjauli.

Objective: The objective of this visit was to raise awareness, promote positive behaviors, educate the audience, and create a sustainable impact in improving cleanliness and personal hygiene practices.

Recognizing the deteriorating state of cleanliness in the city, the college students organized a Nukkad Natak (street play) to sensitize the children about the importance of cleanliness and personal hygiene. The Nukkad Natak was an interesting and interactive session where the children actively participated and learned from the college students. The session aimed to make a lasting impact on the students' understanding and practice of cleanliness and personal hygiene. To conclude the program, refreshments were provided to the students, fostering a sense of appreciation and encouragement.

Outcome: By raising awareness and promoting positive behaviors related to cleanliness and personal hygiene, the program aimed to instill long-lasting habits and attitudes among the children. The visit provided an opportunity for the college students to actively engage in community service and make a positive impact on the lives of the school children.





SESSION- 2020-2021

ONLINE POSTER MAKING COMPETITION ON “CORONA VIRUS”

The Community Outreach Cell organized an online Poster Making competition on the theme of Corona Virus on October 10, 2020.

Objective: The competition aimed to create awareness, engage the community, promote creativity, and encourage responsible behavior during the COVID-19 pandemic.

The students of Government Senior Secondary School in Theog, Shimla participated in the competition by creating posters and submitting pictures of their artwork. The entries were judged by Ms. Anuja Sharma, President of the Community Outreach Cell.

Outcome: The competition provided participants with an opportunity to gather information about the virus, its transmission, and preventive measures. By conducting research and utilizing their creativity, participants were able to learn and understand key aspects of the pandemic, which they could then share with others. The competition also encouraged participants to express their ideas, thoughts, and emotions creatively through their poster designs.



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ONLINE DEEPAVALI CELEBRATIONS WITH A VIDEO MADE BY STUDENTS

Diwali, the festival of lights, was celebrated at St. Bede's College on October 13, 2020, with a short video made by the students of the Community Outreach Cell.

Objective: The main objectives of creating the video were to celebrate culture, engage the college community, encourage creativity and collaboration, promote cross-cultural understanding, spread joy and positivity, and reinforce the college's values.



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In the video, students representing different regions of India showcased the diverse cultural traditions associated with Diwali. They were dressed in various state dresses and wished everyone a happy and safe Diwali in the local languages of their respective states. This cultural representation helped in preserving and appreciating the rich heritage of different regions of India.

Outcome: By creating and sharing this video, the Community Outreach Cell successfully brought together students from different backgrounds to celebrate Diwali and promote cultural harmony. The video served as a reminder of the importance of cultural diversity and fostered a sense of unity among the college community.



SESSION- 2021-2022

TREE PLANTATION

On July 26, 2021, several staff members of St. Bede's College Shimla participated in a tree plantation activity in Theog.

Objective: The objective of this initiative was to promote environmental conservation, raise awareness about the importance of trees, create sustainable landscapes, reduce the carbon footprint, monitor and care for the planted trees, and provide skill development opportunities for the participants.

The tree plantation took place at the Sacred Grove near the Govt. Middle School, Bagaghat, Theog, Shimla. This location was chosen as it is a collaborative site for Community Outreach activities between the college and the school. A total of 210 tree saplings were planted during the event. The saplings were procured from the Government nursery at Sainj, Theog.

Outcome: By planting trees and raising awareness about their importance, the initiative contributed to a greener and more sustainable campus and community. It also fostered a sense



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of environmental responsibility among the participants and promoted the conservation of natural resources for the benefit of present and future generations.



INDEPENDENCE DAY CELEBRATIONS

Despite the closure of the Govt. Middle School Bagaghat, Theog, due to the ongoing pandemic, a small celebration was organized on August 15, 2021, to commemorate and honor India's independence.

Objective: The objective of the celebration was to foster patriotism, cultural integration, community engagement, and artistic expression among the students.

The activity took place in an open space in the forest, where a hand-made National Flag was displayed as a symbol of national pride. The students of the school, specifically two girls, showcased their talent and patriotism through a Natti performance, a traditional Himachali folk dance, and recited self-composed poems about India.



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The celebration served as a platform for the students to express their love for the country and to showcase their artistic skills. By actively participating in the event, the students developed a deeper sense of patriotism, historical awareness, and cultural appreciation. The activity also encouraged community engagement as it involved the collaboration between the college's Community Outreach Cell and the students of the Govt. Middle School Bagaghat.

Outcome: The Independence Day celebration contributed to nurturing a sense of national pride, cultural integration, and community engagement among the students. Despite the challenges posed by the pandemic, the event provided an opportunity for the students to come together and honor the nation's independence in a meaningful and memorable way.





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Nukkad Nattak on 'Disaster Management'

The students of the Community Outreach Cell at St. Bede's College performed a Nukkad Natak on 'Disaster Management' on November 12, 2021, at Government Model Girls Senior Secondary School Portmore.

Objective: The objectives of the performance were to raise awareness about disaster management, promote safety and resilience, encourage behavior change, empower the audience, engage the community, facilitate communication and outreach, promote government initiatives, and advocate for social change.

During the Nukkad Natak, the students portrayed various scenarios related to disaster management, showcasing effective ways to handle different types of disasters. They highlighted the importance of preparedness, early warning systems, evacuation plans, and community cooperation in mitigating the impact of disasters.

The performance also provided an opportunity for the students of St. Bede's College to interact with the students of the school and offer support in their studies and skill development. This interaction fostered a sense of community and solidarity between the college and the school.

Outcome: performance aimed to inspire the students and the community to take proactive measures to reduce vulnerabilities and build resilience in the face of potential disasters. By organizing such initiatives, the Community Outreach Cell of St. Bede's College demonstrated its commitment to community engagement, social responsibility, and promoting a culture of safety and preparedness in the face of disasters.





ONLINE LECTURE ON PERSONALITY DEVELOPMENT

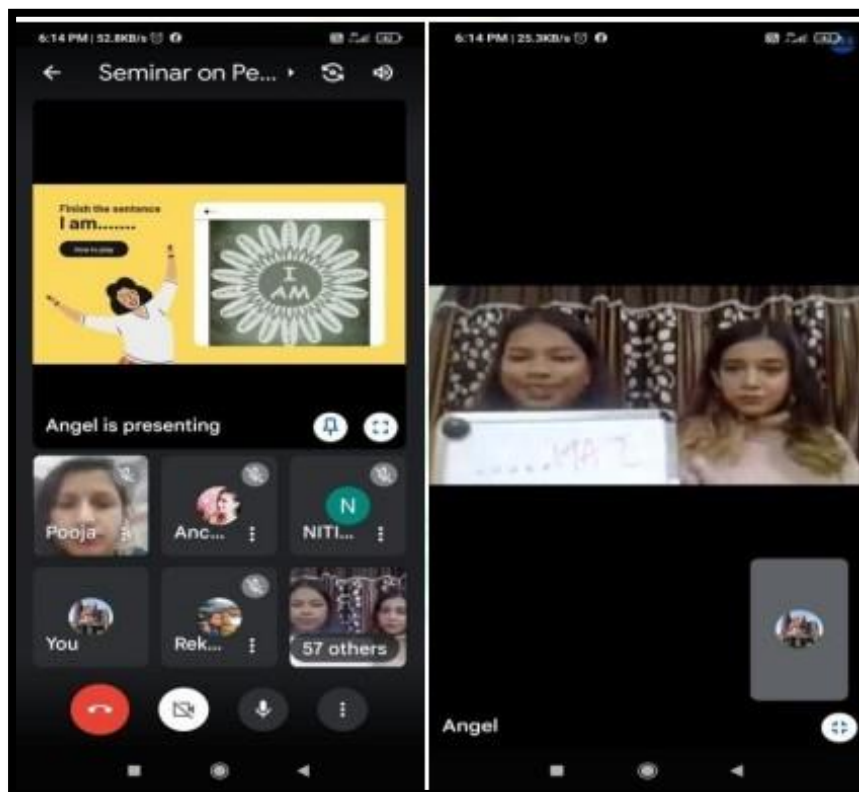
On December 22, 2021, the Community Outreach Cell of St. Bede's College organized an online lecture on 'Personality Development' for the students of Portmore School.

Objective: The objective of the online lecture was to empower students with the knowledge, skills, and mindset necessary for personal growth, self-confidence, effective communication, interpersonal skills, motivation, and personal well-being.

The speakers for the lecture were Rohita Gharu and Angel Shan, students of St. Bede's College. They delivered an informative presentation that covered various aspects of a good personality, including self-awareness, self-confidence, communication skills, body language, and personal grooming. They also shared practical tips and techniques for self-improvement and personal growth.

The lecture received positive feedback from both the students and staff of Portmore School. The students appreciated the insights and guidance provided by the speakers, and the staff acknowledged the value of the lecture in helping students develop important life skills.

Outcome: The lecture equipped students with effective communication skills, including verbal and non-verbal communication, active listening, and presentation skills. It also provided them with practical strategies for personal development and self-improvement.



ONLINE CAREER COUNSELLING SESSION

On March 11, 2022, the Community Outreach Cell organized an online 'Career Counselling' session for the students of Portmore School.

Objective: The objective of the session was to provide students with guidance, support, and information to explore career options and set goals. The session aimed to help students make informed decisions about their future careers by providing them with insights into various career paths and the necessary steps to pursue them.

The speakers for the session were Shruti Chauhan and Sara, BSc-III students of St. Bede's College. They delivered an informative and detailed presentation on the different career options available to students after class XII. They discussed various fields of study, professional courses, and potential career paths associated with each discipline. The speakers also shared personal experiences and insights to provide a practical understanding of different career choices.

The session concluded with a vote of thanks proposed by Nitika Verma, Vice President of the Community Outreach Cell. The students of Portmore School expressed their appreciation for the session and found the information shared to be valuable and helpful in shaping their career aspirations.



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Outcome: The session provided students with a broader perspective on various career options, enabling them to explore their interests, aptitudes, and future goals. By gaining insights into different career paths, students are better equipped to make well-informed decisions about their educational and professional journeys.

SESSION- 2022-2023

SILENT MARCH AGAINST EVE TEASING

The Community Outreach Cell of St. Bede's College, Shimla, organized a silent march against eve teasing on 21st November 2022.

Objectives: Raising awareness, advocating for stricter laws and policies, challenging social norms and inspiring behavior change were the main objectives of the event.

The Deputy Commissioner of Shimla, Mr. Aditya Negi, granted the necessary permission for the event. St. Bede's College took a strong stand against this social evil by silently marching from Navbahar to Chotta Shimla. During the march, students held placards with slogans such as "Street Harassment is a Crime", "Stop Staring", "My Space, My Right" and "Stop Eve Teasing". The students were accompanied by two lady constables and faculty members.

Outcomes: The march led to increased awareness about the issue of eve-teasing among the college community and the general public. It can help in creating a supportive environment for promoting respect and safety. By raising awareness and promoting a culture of respect and gender equality, it can contribute to a positive shift in attitudes and actions, leading to a decrease in incidents of eve-teasing. It can also lead to increased utilization of counseling services, legal assistance, and support networks, ensuring that survivors receive the help they need to cope with their experiences.



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CHRISTMAS CELEBRATIONS WITH SCHOOL CHILDREN

On 22nd December, 2022 St. Bede's College Community Outreach cell organized a Christmas celebration event for the students of Govt. Primary School Sanjauli.

Objectives: The event was organized with the aim of spreading joy and happiness, promoting inclusivity and diversity, spreading the spirit of giving and kindness and enhancing cultural understanding among students.

The event commenced with a warm welcome and a lively choir group singing carols related to the birth of Christ. The students were encouraged to sing along with the choir. To make the event more exciting, Santa Claus made a special appearance and distributed gifts to all the students, bringing big smiles to their faces. The members of the Community Outreach cell also provided refreshments and chocolates to the students, adding to the festive atmosphere. The success of the event was evident from the happiness it brought to the students, and it helped strengthen the bond between the two institutions.

Outcomes: The event encouraged cultural exchange, allowing school children to learn about the customs, traditions, and significance of Christmas. Engaging in fun activities, receiving gifts, and participating in festive events can create lasting memories and positive associations with the college and its volunteers. The celebrations instilled the values of giving and kindness in the school children.



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EXHIBITION-CUM-SALE OF PRODUCTS MADE BY INMATES OF HIMACHAL PRADESH PRISONS

On 17th and 18th October 2022, the Department of Prisons & Correctional Services of Himachal Pradesh organized an exhibition-cum-sale of products made by inmates of Himachal Pradesh prisons at St. Bede's College.

Objectives: The primary objective of this event was to showcase the artistic and creative talent of the inmates and provide them with a platform to earn a livelihood.

The event was held in the courtyard. The exhibition-cum-sale featured a range of beautiful and unique products made by inmates of Himachal Pradesh prisons. The products on display included wooden chairs and benches, decorative metal stands for flowerpots, exquisite shawls, caps, and bags with the stunning Himachali print, wooden pen holders, and peg tables. Each product was crafted with great care and skill, showcasing the immense talent and creativity of the inmates. The exhibition was set up in the courtyard of St. Bede's College, and students and staff alike were invited to attend and browse the products on display. The inmates who had made the products were also present at the event and were available to answer any questions from customers and explain the process behind the creation of their products.

Outcomes: The exhibition-cum-sale of products made by inmates of Himachal Pradesh prisons can contribute to the rehabilitation and skill development of inmates, empower them economically and emotionally, raise awareness and foster acceptance in the community, promote partnerships and collaborations, and contribute to the personal growth and transformation of the inmates involved.





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