



ANNUAL REPORT SESSION 2022-23



CELEBRATION OF WORLD BICYCLE DAY

June 3, 2022

On World Bicycle Day, held on June 3, 2022, a Cycle Rally was organized in the college campus under the banner of "Azadi Ka Amrut Mahotsav". The Principal, Prof. Sr. Molly Abraham inaugurated the event.



FELICITATION OF CADETS QUALIFIED TO APPEAR FOR SSB INTERVIEW

June 4, 2022

An event was organized by the NCC Unit of St. Bede's College Shimla on June 4, 2022, to acknowledge and appreciate the cadets who successfully qualified to appear for the SSB Interview. The selected cadets were SUO Rutuja Kulkarni and Cadet Anjali Kainthla from 7HP(I) Coy, NCC Shimla, along with Captain Cadet Chavi Tewari and PO Cadet Arundhati Chandel from 1HP Naval Unit NCC Bilaspur. The principal felicitated the cadets during the event.





EBSB CAMP JUNE 4 - 14, 2022

Cadet Manisha Sharma was selected to attend the 'Ek Bharat Sreshtha Bharat' Camp, held from June 4 - 14, 2022 in collaboration with the Bihar and Jharkhand Directorate in Malout, Punjab. During the camp, various activities were conducted, including group singing, dance, debates, recitation, and games like kho-kho and tug-of-war. The camp also featured EXPA training by NCC alumni. Cadet Manisha Sharma was recognized for her outstanding performance and awarded the Best Cadet from the Shimla Group.

CELEBRATION OF ENVIRONMENT DAY June 5, 2022

On June 5, 2022 the Ex- Bedeian Association, St.Bede's College organized the "Cleaning of the Himalayas Campaign" under the aegis of Earth Day. The students of M.Sc. Botany Semester IV, under the banner of the Green India mission, participated in a cleanliness drive at Naldehra Heights. The students of the college accompanied the principal and teachers to Naldehra Heights and cleaned the mountain along with SAGES Club, Rotary Club, and the forest department. The event aimed to promote the mission of a cleaner and greener India.





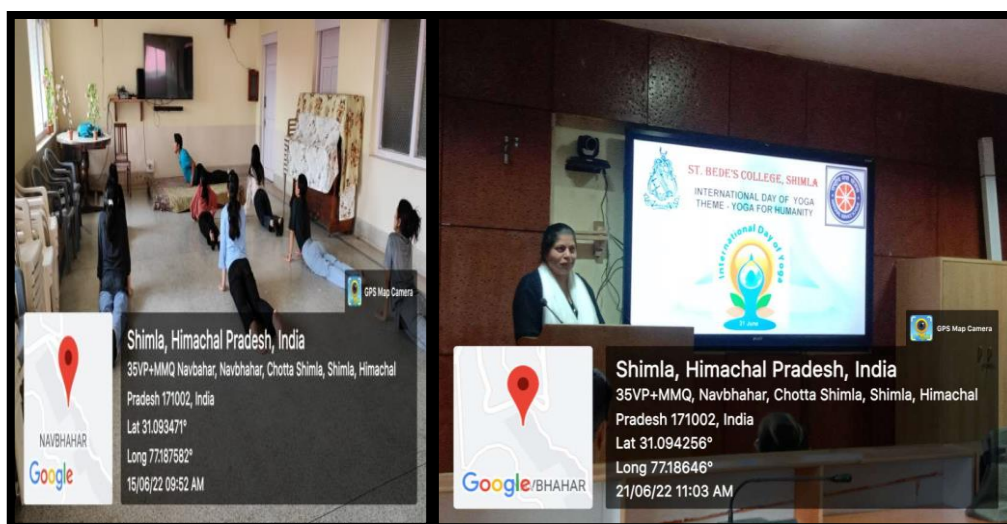
INTERNATIONAL DAY OF YOGA

June 21, 2022.

Under the aegis of the Ministry of Aayush and Azadi ka Amrit Mahotsav, the Department of Physical Education and NSS Unit of St. Bede's College, Shimla celebrated International Yoga Day on June 21, 2022, with the theme "Yoga for Humanity." To further celebrate the 8th International Day of Yoga 2022, a week-long yoga camp was organized from June 15 to June 21, 2022, under the guidance of Dr. Ashwani Kumar from the Department of Physical Education.

The NCC Unit of St. Bede's College celebrated the International Day of Yoga on June 21, 2022. As part of the celebration, 25 cadets visited St. Edward's School Shimla along with cadets from other institutions under 7HP(I)COY NCC Shimla. The cadets participated in a yoga session together with many other cadets. The cadets also raised awareness online by sharing their experience of the day, and the video has received over 1,200 views on Instagram.

Finally, a rally was conducted to raise awareness about the Importance of Yoga, which was flagged off by the Principal, Prof. (Sr.) Molly Abraham.





COMBINED ANNUAL TRAINING CAMP July 1- 10, 2022 and July 12- 21, 2022

A CATC (Combined Annual Training Camp) was organized by the 7HP (I) Coy NCC Shimla at Karsog, district Mandi in two phases- CATC-224 and CATC-225. The first phase was held from July 1 to July 10, 2022, while the second phase was from July 12 to July 21, 2022. A total of 46 cadets participated in these camps. In the first phase, the cadets won first position in Group Dance, second position in Group Singing, and second position in Line area competition. The cadets continued to perform well in the second phase. They secured first position in drill, group singing; group dance, firing, rifle *kholna jodna*, volleyball match and second position in line area.

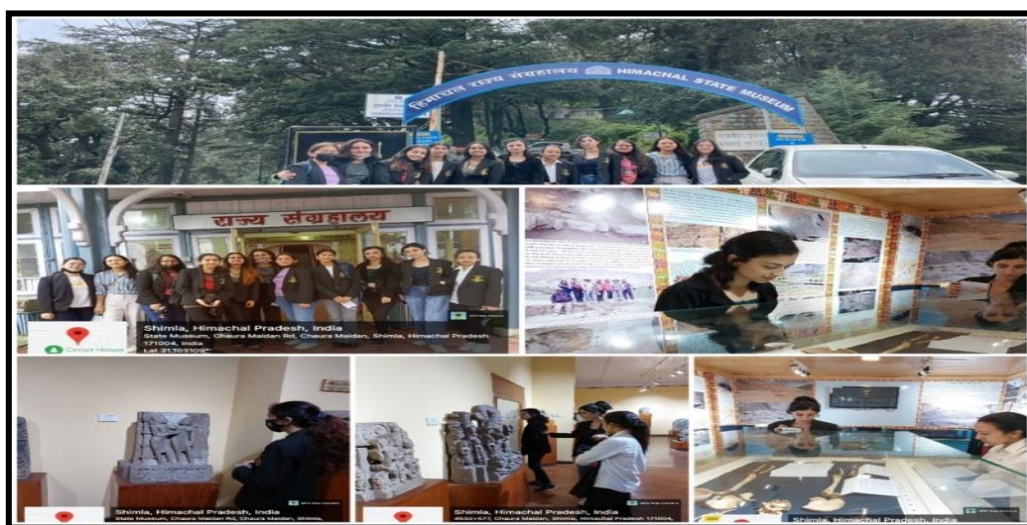




VISIT TO THE STATE MUSEUM

August 6, 2022

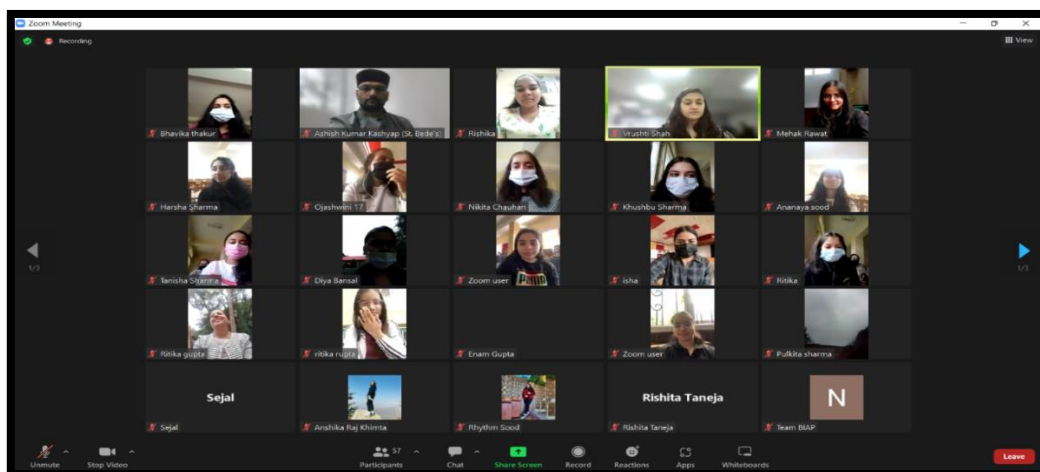
The Department of History, in partnership with the NCC unit of St Bede's College, arranged a field trip to the State Museum in Shimla as part of the Azadi ka Amrut Mahaotsav celebrations on August 6, 2022. This visit provided students with a comprehensive learning experience, enabling them to gain a deeper understanding of the cultural, artistic, and historical values associated with our country and state.



ONLINE INTERCOLLEGIATE COMPETITION FIN MAHOTSAV

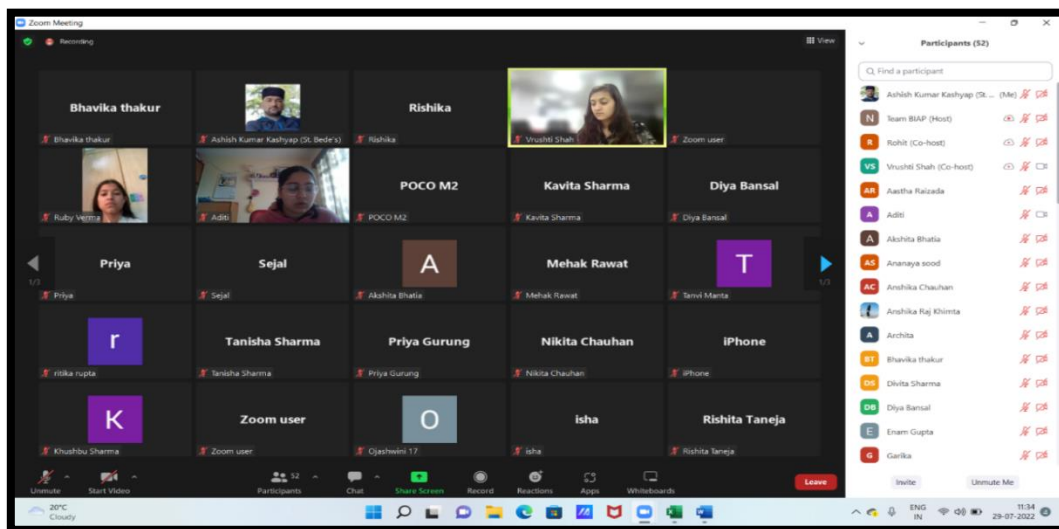
July 29-30, 2022

The Board of Industry-Academia Partnership (BIAP), in collaboration with the National Stock Exchange (NSE) and the Department of Commerce and Management, organized an online intercollegiate competition called Fin Mahotsav on July 29-30, 2022.





ANNUAL REPORT

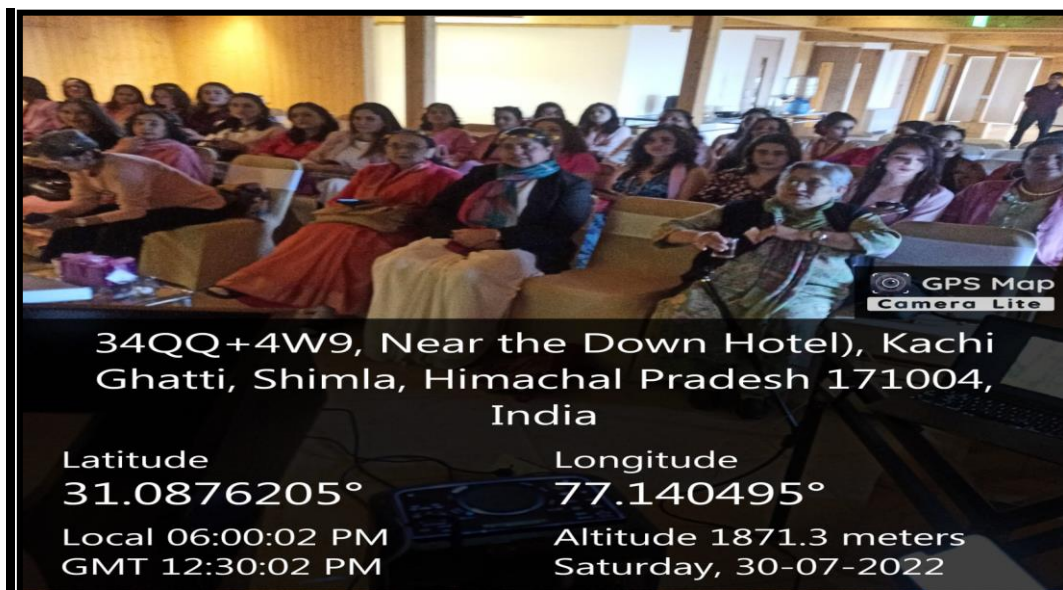


EX- BEDEIAN MEET

July 30, 2022

The Vision Statement of the EBA is: “St. Bede’s Alumni Association seeks to converge, connect and catalyze student alumni interface on the edifice of past and present goodwill for creating a social capital as assets to contemporary society”. The vision to converge was evident in the scintillating, zest filled alumni dinner meet held in Zion hotel, Shimla aptly titled “It’s Yesterday Once More”. Bedeians enthusiastically converged from Chandigarh, Panchkula, Gurgaon, and Ludhiana to reconnect with old friends.





RECOGNITION RALLY ON THE BATTLE OF TIGER HILL

July 31, 2022

The cadets of St. Bede's College, Shimla conducted a recognition rally on the Battle of Tiger Hill with the theme "ChotiyonkeBaaz" on July 31, 2022. A total of 28 cadets participated in the rally, carrying banners for the campaign from St. Bede's College, Shimla to The Army Heritage Museum, Annadale. The day also included a painting and slogan-writing competition, which was judged by Ms. Preeti Jishtu, Ms. Deepika Kanwar, and Mr. Satish Chander from the teaching staff of St. Edward's School, Shimla. Cadet Arushi Awasthi secured the first position in the painting competition, while Cadet Nandini Sharma secured the second position. In the Slogan-Writing competition, Cadet Kajal Rana and Cadet RuhaniMepawat secured the first and second positions, respectively.

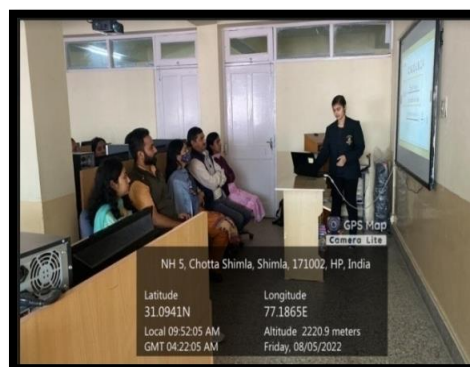




INTERDEPARTMENTAL ACTIVITY

August 5-6, 2022

A two-day interdepartmental activity was organized by Mathematics department on August 5-6, 2022 in Computer Lab-II at St. Bede's College Shimla. The activity was aimed at creating awareness among the students about the relevance of mathematics and computing and emphasizing the practical applications of mathematical theories through programming.



MEGA VACCINATION DRIVE

August 6, 2022

The Health Club of St. Bede's College organized a mega vaccination drive on 6th August 2022, under "Azadi ka Amrut Mahotsav". The medical team from DDU Hospital, Shimla, conducted the camp. More than 300 beneficiaries, including students, faculty, and individuals from outside the college, received the booster dose during the vaccination drive.





HIROSHIMA DAY

August 6, 2022

Miraasa, the Heritage Club of the Department of History, marked the 77th anniversary of Hiroshima Day on August 6, 2022. The club organized an educational program that included a PowerPoint presentation and a documentary centred around the theme of "Hiroshima Day - Promoting Peace Politics Against War". The program aimed to raise awareness among students and emphasize the importance of responsibilities held by a superpower possessing nuclear weapons. It was a successful effort in sensitizing students towards the significance of promoting peaceful policies over war.



ELIXIR OF ENERGY OF INDEPENDENCE

August 6, 2022

The NCC Unit of St. Bede's College Shimla, in collaboration with the Heritage club "MIRAASA," organized an event called "Elixir of Energy of Independence" on August 6, 2022. The event was part of the "Azadi Ka Amrit Mahotsav" campaign under the theme "Har Ghar Tiranga," with a focus on the "History of Independence." Around 40 students participated in the event, where they visited the State Museum to learn about the rich cultural heritage and traditions of Himachal Pradesh, and to learn about the unsung heroes of India's freedom struggle.

PHOTOGRAPHY CONTEST ON TECHNOLOGY@75

August 10, 2020

Photography Club of St. Bede's College Shimla organized "Photography Contest on Technology@75" on August 10, 2022. Six participants from different departments participated in the competition. The first position was shared by Neha Patel and Mehak, while second position was shared by Priyanshu and Shweta Chauhan.



UMBRELLA PAINTING

August 10 –12, 2022

A state level function was organized by the H.P State AIDS Control Society and DTE, Health and Family Welfare, Shimla. On this occasion the Red Ribbon Club volunteers, of St. Bede's College participated in Umbrella painting based on the topics – “Promoting HIV testing, Toll Free Number 1097, NACO App and Stigma and Discrimination”, at JLN Fine Arts College Chaura Maidan. The volunteers also performed a skit on the topic- HIV Prevention Campaign at Hotel Holiday Home, Shimla. Honorable Health Minister Dr. Rajeev Saizal addressed the gathering and appreciated the efforts of students of the college for their performance.

INTERNATIONAL YOUTH DAY

August 12, 2022

On the occasion of International Youth Day August 12,2022 Miraasa: the Heritage Club of St Bede's College, organised online Inter-College essay writing competition based on the theme “Love your folks-Importance of Intergenerational relationships”.



CELEBRATION OF “HAR GHAR TIRANGA CAMPAIGN” AND “INDEPENDENCE DAY” UNDER THE AEGIS OF “75TH AZADI KA AMRIT MAHOTSAV”

August 13- 15, 2022

The Har Ghar Tiranga Campaign and Independence Day Celebrations were organized by the Cultural Society of St. Bede's college from 13th to 15th August, 2022 in the college campus under the aegis of “75th Azadi ka Amrit Mahotsav”.



AWARENESS PROGRAM

August 13, 2022

The Department of History students conducted an awareness program by approaching and interviewing members of the general public, asking them questions pertaining to India's 75th anniversary.





'हर घर तिरंगा'
August 13, 2022

दिनांक 13 अगस्त, 2022 को सेंट बीड्स महाविद्यालय के कल्चरल सोसाइटी एवं हिंदी विभाग की सहभागिता में 'आज़ादी का अमृत महोत्सव' तथा 'हर घर तिरंगा' के तहत भारत के 75 वें स्वतंत्रता दिवस के अवसर पर कविता पाठ प्रस्तुति की गयी। इसमें बी ए, बीकॉम द्वितीय वर्ष तथा बी.ए तृतीय वर्ष की छात्राओं ने भाग लिया।



CELEBRATION OF INDEPENDENCE DAY
August 15, 2022

On August 15, 2022, St. Bede's College Shimla celebrated India's 75th Independence Day. The event commenced with a recorded speech in Hindi by the Principal Prof. Sr. Molly Abraham. In her speech, she paid homage to the sacrifices made by the freedom fighters for our nation's independence and emphasized the significance of the "Har Ghar Tiranga" campaign launched by the Government of India. The cultural program that followed included a patriotic poem recitation, a musical performance on the song "Yeh Jo Desh Hai Tera," and a group song by the students of D. El. Ed. The event fostered a sense of patriotism by acknowledging the country's cultural heritage and unity.



DISTRICT LEVEL INDEPENDENCE DAY CELEBRATION

August 15, 2022

14 cadets from St. Bede's College, Shimla took part in the District-Level Independence Day celebrations on August 15, 2022. These cadets were part of the NCC SW contingent that marched on The Ridge, Shimla. Mr. Suresh Bhardwaj, Minister of Urban Development, Himachal Pradesh, was the Chief Guest for the event. Cadet Angelina Tej from St. Bede's College was appointed as the Commander of the NCC SW Contingent for the occasion.





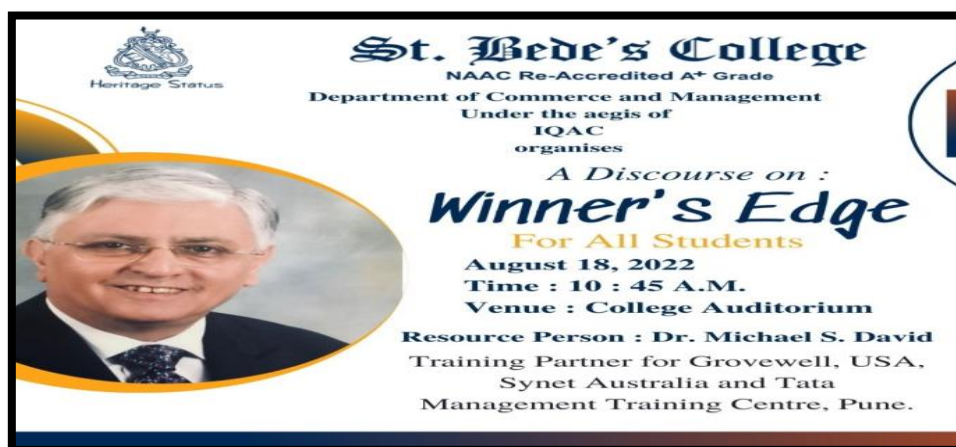
WORLD ELEPHANT DAY (“Haathi Hamare Saathi”) August 16, 2022

World Elephant Day, observed on August 12, 2022 is one way of recognizing the importance of elephants. The day also focuses on the protection of these giant beings. The day is observed with an aim to reach out to people and educate them on the plight of elephants.



A DISCOURSE ON: WINNER’S EDGE August 18, 2022

On August 18, 2022, the Department of Commerce and Management at St. Bede's College, under the auspices of IQAC, organized an awareness talk for the faculty members in the college auditorium. Dr. Michael S. David was the resource person for this discourse, and the topic of the discussion was "Making a Difference as a Teacher."





TREE PLANTATION WITHIN THE CAMPUS “LETS PLANT HOPE”

August 18, 2022

On August 18, 2022, the Department of Geography organized a Tree Plantation drive with the theme "Let's Plant Hope" to raise awareness among students about the significance of plants and forests on our planet. The event saw enthusiastic participation from the department's teachers, non-teaching staff, and students. A total of twelve saplings of various species, including Cedar Deodars, Oaks, Chestnuts, and Poplar, were planted in an open area located near the college's main gate.



BASIC LEADERSHIP CAMP

August 19 - 26, 2022

Cadet Ivy Bhattan, representing the Shimla group, attended the Basic Leadership Camp (BLC) held in Malout, Punjab from August 19, 2022 to August 26, 2022. She was the only SW cadet from 7HP (I) Coy, NCC Shimla, and was trained to develop her leadership skills through various activities such as debates and critical thinking. Cadet Ivy actively participated in the camp and won four medals. She secured first position in the Group Singing Competition and second position in the Skit Competition. Additionally, she bagged third position in Debates as well.





VISIT: CENTRAL POTATO RESEARCH INSTITUTE

August 25, 2022

On August 25th, 2022, B.Sc. III year students visited the Indian Council of Agricultural Research (ICAR) Central Potato Research Institute (CPRI) in Shimla. Established in 1956, the CPRI facilitates hybridization work in potato breeding and maintains seed potato health. The students were educated about various techniques such as Plant Tissue Culture, Aeroponics, Hydroponics, and Seed Technology.

The purpose of the visit was to show the students the electron microscope and other machines used in the institute, and to brief them about the history, working, and achievements of the CPRI.





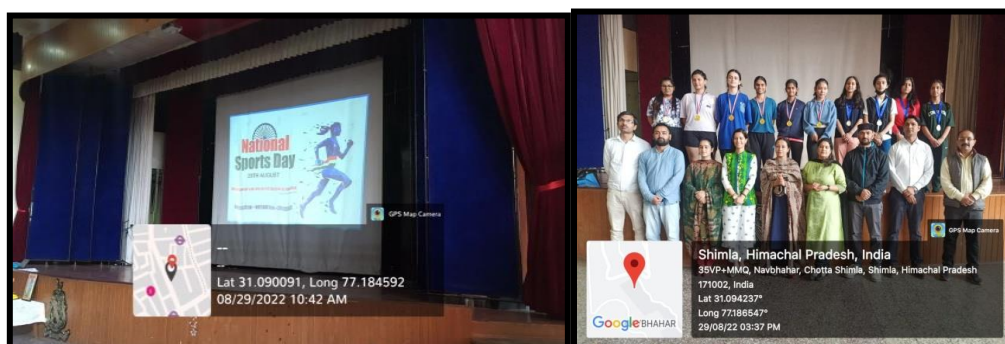
HIV PREVENTION AND AWARENESS CAMPAIGN August 26, 2022

Red Ribbon Club organized an Intra-college activity for, “HIV Prevention and Awareness Campaign” to celebrate International Youth Day from August 12-31, 2022 on the theme “Intergenerational Solidarity: Creating a world of all ages”. The campaign’s slogan was ‘HIV Ke Samne – Hum Jhukenge Nahi.’

NATIONAL SPORTS DAY August 29, 2022

The Department of Physical Education and NSO organized National Sports Day on August 29, 2022, under the banner of NSO. The event was held to commemorate the birth anniversary of hockey legend Major Dhyan Chand.

Various sports tournaments were held on the campus, such as yoga, ping pong, badminton and basketball

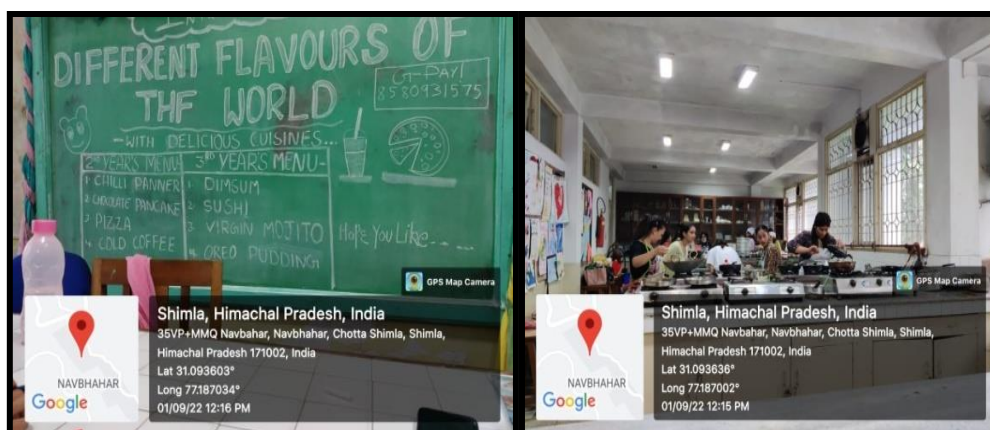




NUTRITION WEEK

September 1, 2022

On September 1st, 2022, a cafeteria themed "Flavours of the World" was arranged to commemorate Nutrition Week. The purpose of this event was to educate BA 2nd and 3rd year students on the fundamentals of food service management and entrepreneurship. The students enjoyed nutritious and diverse cuisine from various cultures and learned about food production control.



ISSUES OF DOMESTIC VIOLENCE AGAINST WOMEN

September 3, 2022

An interactive meeting on "Issues of Domestic Violence Against Women" and gender sensitization was organized by the HP State Commission for Women on September 3, 2022, at D C Office, Bachat Bhawan, Shimla. The event was graced by Dr. Daisy Thakur, Chairperson of HP State Commission for Women, as the chief guest. The meeting also saw the presence of other important guests, including Law Officer HPSCW Adv. Anuj Verma, Prof. Meenakshi F. Paul, and Prof. Shiv Nath Ghosh. During the meeting, an awareness questionnaire was introduced for college students regarding the issue of domestic violence against women.



NUTRITIONAL ASSESSMENT OF PREGNANT AND LACTATING WOMEN September 7, 2022

On September 7th, 2022, a group of BA 3rd year students went on an educational trip to Kamala Nehru Hospital. The purpose of the trip was to educate pregnant and lactating women and to gain practical knowledge in the field of dietetics. During the visit, the students gave a presentation on the topic of nutritional needs during pregnancy and lactation.





ANNUAL REPORT



हिंदी सप्ताह का आयोजन September 7, 2022

हिंदी दिवस के उपलक्ष्य में महाविद्यालय के हिंदी विभाग द्वारा 7 सितम्बर 2022 से हिंदी सप्ताह भी मनाया गया। हिंदी सप्ताह का प्रारम्भ 'मेरी भाषा मेरी शान' विषय पर पोस्टर तथा नारालेखन से हुआ।-

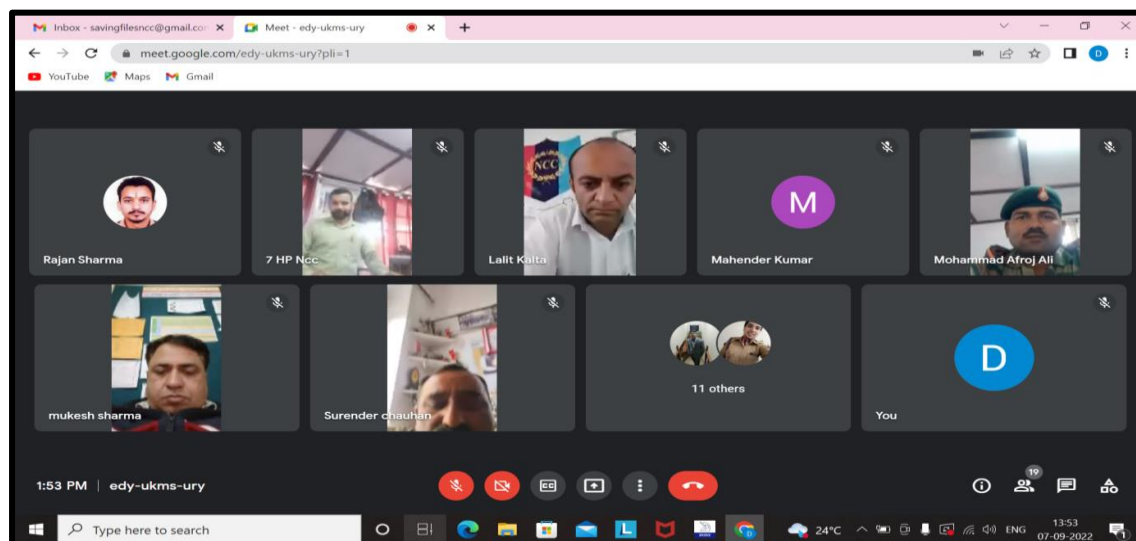


ORGANIZATIONAL OUTREACH PROGRAMME September 7, 2022

A Virtual Organisational Outreach Programme was organized by NCC Unit, St. Bede's College under 7 HP(I) Coy, NCC Shimla on September 7, 2022. The programme aimed to familiarize the ANOs/CTOs and cadets with the NCC e-Enrolment process. The cadets explained the step-by-step process of e-Enrolment, and a presentation was shared with the ANOs/CTOs, which provided an overview of all the steps involved in the procedure.



ANNUAL REPORT



ADVANCE LEADERSHIP CAMP

September 7- 18, 2022

Cadet Ivy Bhattan demonstrated her leadership skills as she attended the Advance Leadership Camp (ALC) held in Malout, Punjab from September 7- 18. Her outstanding performance earned her the title of overall SW Senior for the camp. She was awarded three gold medals for standing first in the relay race and tug of war, as well as for her role as the SW Senior.



AUDITIONS FOR SELECTION OF YOUTH FESTIVAL REPRESENTATIVES

September 8, 2022

On September 8th, 2022, auditions were held in the auditorium of St. Bede's College to select representatives for the upcoming Youth Festival. Participants from various activities



ANNUAL REPORT

showcased their talents and the selection process was deemed fair. The judges responsible for selecting the representatives were: Ms. Jagriti, Ms. Akshita, and Ms. Tititksha



PROMOTING LITERACY AND EDUCATION

September 8, 2022

On September 8, 2022, the Department of Economics organised an extension activity at Government Primary School, Sanjauli, on the occasion of World Literacy Day. The primary objective of this activity was to promote literacy and education among the children and to highlight the power and importance that education holds.





PARTICIPATION IN A WORKSHOP

September 9, 2022

The Microbiology, Biotechnology and Botany department students participated in a two-day workshop on 'Frontier Areas in Material Science' on September 9, 2022. The workshop provided students with the opportunity to interact with various experts and gain valuable insights.



BEAUTY PAGEANTS- A GATEWAY TO SUCCESS AND GLORY!

September 9, 2022

On September 9, 2022, Amar Ujala and GOYAL Motors Pvt Ltd sponsored the registrations for the popular beauty pageant "Miss Himachal Princess" at St. Bede's College, Shimla. The event was organized by the convener of Women Cell, Dr Vandana Thakur, who encouraged and guided students to participate in the contest to showcase their talents and boost their confidence and personality. Over 60 students registered themselves for the pageant, which offers various career options and opportunities, and a cash prize of one lakh rupees and a one-year modeling contract for the winner.



INVESTITURE CEREMONY

September 10, 2022

On September 10, Investiture Ceremony was organized to administer the oath of office to the newly elected Student Council 2022-23, followed by an orientation program for the Parents/guardians of the first-year students of the academic session 2022-23. Smt. Satwal Atwal Trivedi, ADGP graced the occasion as the chief guest and addressed the audience.

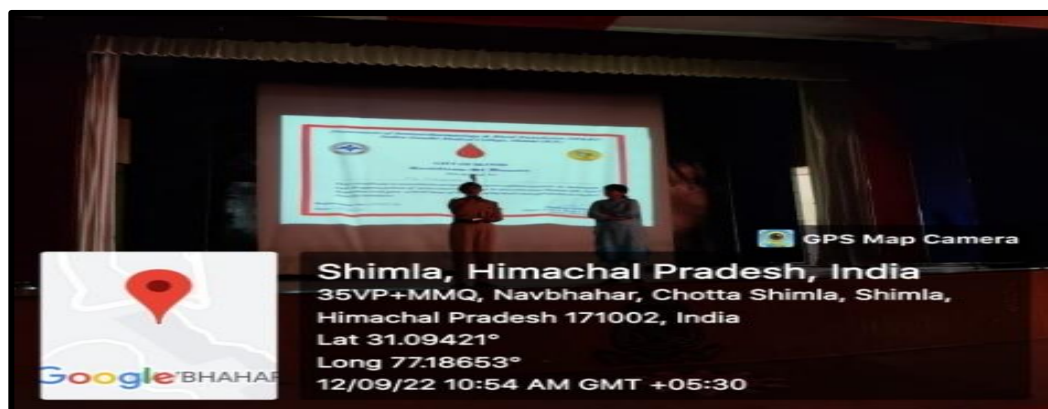




VOLUNTARY BLOOD DONATION INITIATIVE ON INTERNATIONAL DAY OF CHARITY

September 12, 2022

The NCC unit of St. Bede's College, Shimla, in collaboration with the Zoology Department, initiated a voluntary blood donation drive on September 12, 2022, under the 7HP(I)Coy NCC Shimla. The cadets emphasized the importance of charity during the event and presented a PowerPoint presentation on humanitarianism. They also shared their experiences of donating masks during the COVID-19 pandemic and teaching women handicraft skills.



VISIT TO HIMALAYAN FOREST RESEARCH INSTITUTE PANTHAGHATI SHIMLA

September 13, 2022

On September 13, 2022, a group of B.Sc. - III students from the Department of Zoology at St. Bede's College went on a field trip to the Himalayan Forest Research Institute in Panthaghathi Shimla. During the visit, the students were given the opportunity to explore the Forest Protection Division, which was equipped with advanced tools and equipment for research purposes.



हिंदी दिवस समारोह का आयोजन September 14, 2022

14 सितम्बर 2022 को सेंट बीड्स महाविद्यालय, शिमला के सभागार में हिंदी दिवस के अवसर पर हिंदी विभाग द्वारा भव्य समारोह का आयोजन किया गया। इस अवसर पर महाविद्यालय के प्राध्यापकगण-, गैरशिक्षण अधिकारी-, कर्मचारी एवं छात्राओं ने उत्साहपूर्वक अपनी उपस्थिति दी। महाविद्यालय की प्राचार्या, प्रोफ़. सिस्टर मॉली अब्राहम के सन्देश के बाद महाविद्यालय की छात्राओं ने हिंदी भाषा के महत्त्व तथा हिंदी दिवस मनाने की प्रासंगिकता पर बल देते हुए अनेकानेक कलात्मक एवं रचनात्मक प्रस्तुतियाँ दीं, यथा कविता पाठ -, भाषण, नाट्यप्रस्तुति-, डाक्यूमेंट्री प्रदर्शन, गायन प्रस्तुति आदि। इस आयोजन को सफल बनाने में संगीत विभाग के साथसाथ डी-. एल.एड तथा म्यूज़िक सोसायटी की छात्राओं का भी योगदान रहा।

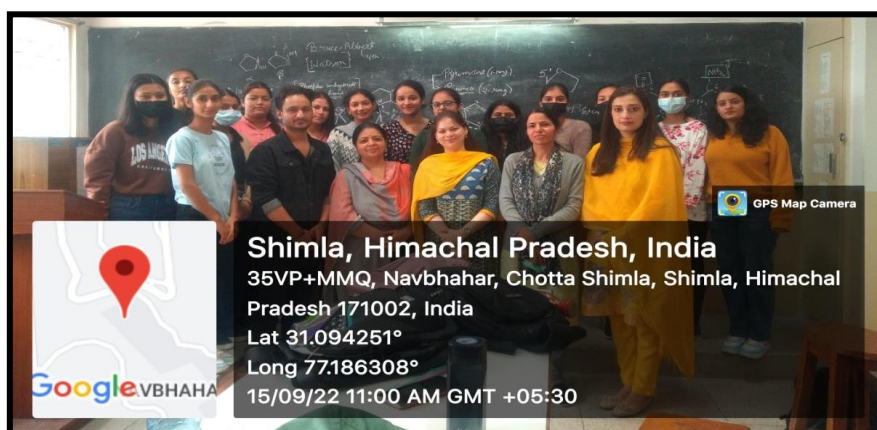




STUDENT ORIENTATION

September 15, 2022

The Department of Biotechnology and Microbiology held an orientation program on September 15, 2022, for the newly enrolled 1st year students of B.Sc. (Hons.) Biotechnology. The program aimed to acquaint the students with the academic curriculum of the course and familiarize them with the college's rules and regulations.



GROUP COMMANDER'S VISIT AND MOTIVATIONAL TALK

September 15, 2022

Brig Rohit Dutta, the Group Commander of Shimla Group, accompanied by Col DR Gargey, Commanding Officer, 7HP(I) Coy, NCC Shimla, visited St. Bede's College on September 15, 2022. Addressing the 40 cadets present, Brig Rohit Dutta shared his experiences about life in the armed forces and motivated the young women to join as officers. He also informed them about various entry schemes available. Later, Col DR Gargey inspected the NCC room and its documents.





BOOK REVIEW COMPETITION

September 15, 2022

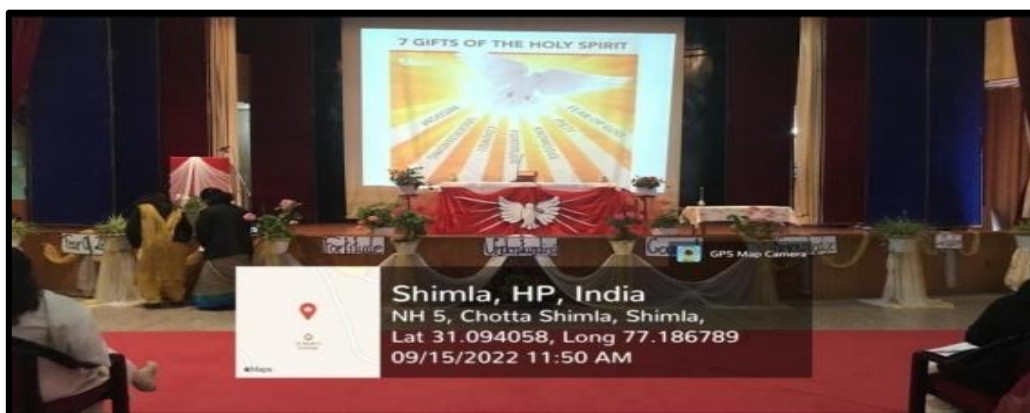
A book review competition was organized by the Book Club in collaboration with the Library Department on September 15th, 2022, in the college library. The competition aimed to test the students' ability to critically analyze and eloquently present the book's content. Arshya Roach came first, followed by Shree in second place, and Chandan Bharti and Shubhangi Chopra jointly shared the third position.



MASS OF THE HOLY SPIRIT

September 15, 2022

A Mass of the Holy Spirit for the new academic session 2022-2023, was organised to seek the Lord's blessings for the new academic session. Fr. Anil, Principal St. Edwards School, was the main celebrant.





WORLD OZONE DAY September 16, 2022

To commemorate World Ozone Day, the Department of Geography organized an Intercollege Quiz Competition. Four colleges, namely Government College Dhambi, Government College Sanjauli, Government College RKMV, and Government College Theog, participated by sending their teams for the competition. GC Sanjauli secured the first position, St. Bede's College came second, and GC Dhambi secured the third position.

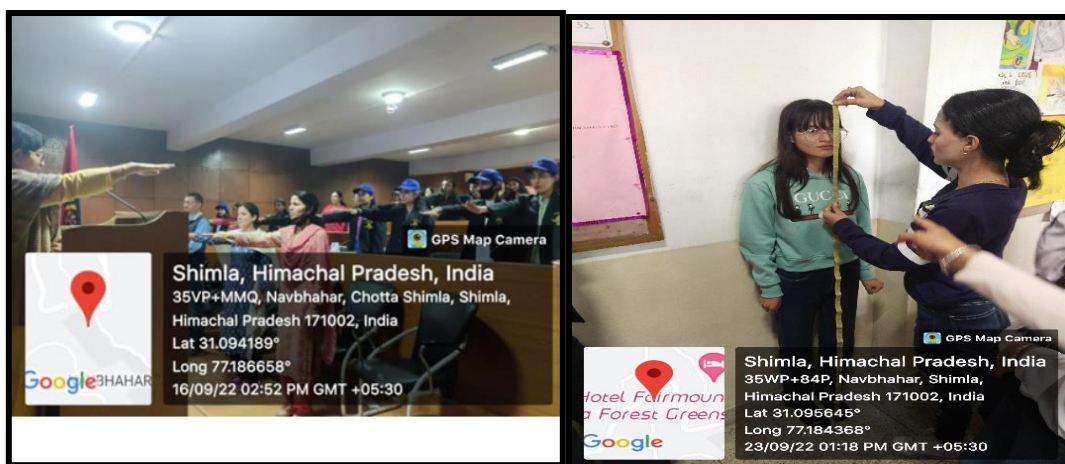




PRESENTATION ON OBESITY MANAGEMENT

September 17, 2022

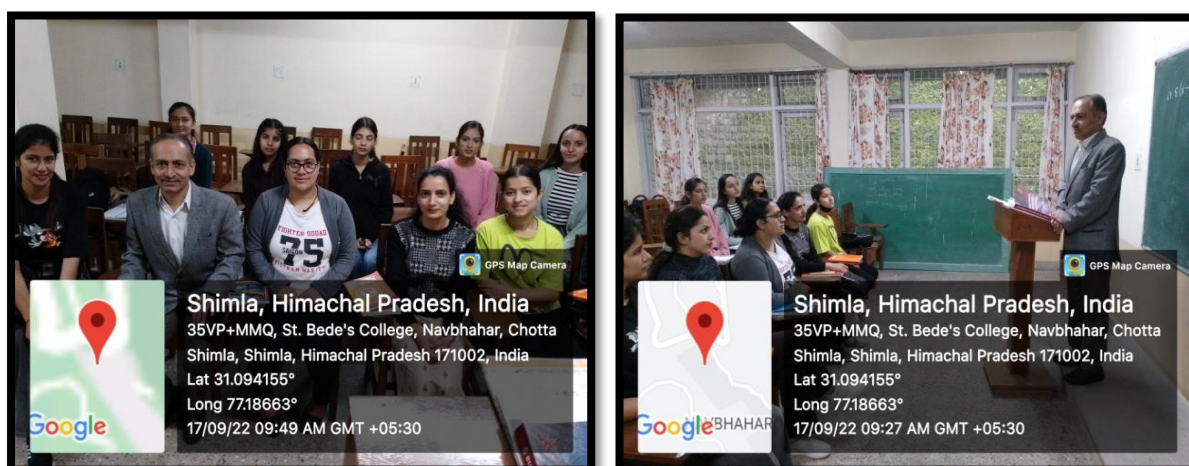
On 17th September 2022, a presentation on obesity management was given to the NSS students. The purpose of the presentation was to educate the students about the nutritional requirements and the importance of exercise during overweight and obesity.



GUEST LECTURE ON RESEARCH METHODOLOGY

September 17, 2022

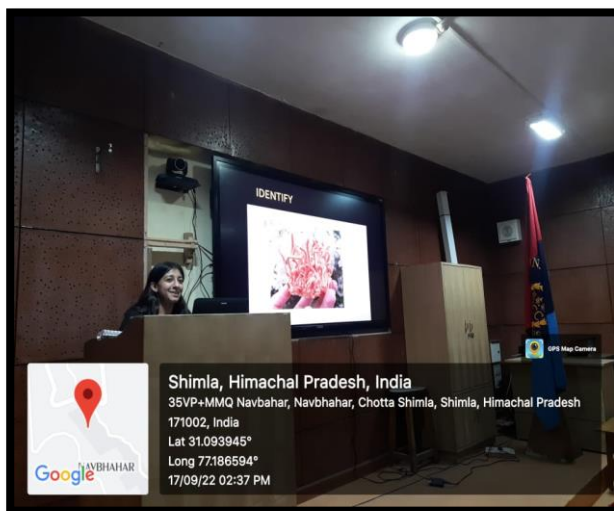
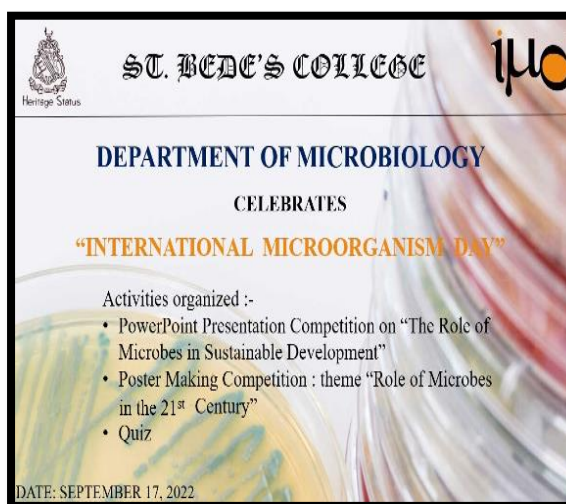
On September 17, 2022, a guest lecture was arranged for M. Com students on the subject of "Research Methodology". Dr. Devender Sharma from the Commerce Department of HPU delivered the lecture, providing an overview of the fundamental concepts of research methodology, hypothesis testing, the importance of literature review, research objectives, and report writing.





INTERNATIONAL MICRO ORGANISM DAY September 17, 2022

On September 17, 2022, the Department of Microbiology commemorated International Microorganism Day by organizing several interdepartmental competitions. The aim was to increase awareness of the crucial role that microorganisms play in our daily lives.



PHYSICAL FITNESS TEST September 17, 2022

On September 17, 2022, the NSO and Health Club conducted a Physical Fitness Test in the college campus. The test had 42 student participants and included various items such as Sit-ups, Standing Broad Jump, Shuttle Run, Medicine Ball Throw and 600 Meter Run.





NCC ORIENTATION PROGRAMME

September 17, 2022

An Orientation Programme was organized by the NCC unit of St. Bede's College, Shimla on September 17, 2022, under 7HP(I) Coy, NCC Shimla. The programme was specifically for the first-year students who were acquainted with the importance of NCC by SUO Maanika Sethi, UO Ananya Singh, and Cadet Angelina Tej. They also answered the queries regarding NCC and its enrolment process. The event witnessed a Guard of Honor and a drill performed by the cadets.

YOUTH FESTIVAL

September 19- 21, 2022

The Himachal Pradesh University's Youth Festival for the year 2021-22 commenced at Rajkiya Kanya Mahavidyalaya, Longwood, Shimla. The festival was inaugurated by the Vice-Chancellor of Himachal Pradesh Central University, Dharamshala, Sh. SP Bansal. A total of 422 participants from 53 colleges were registered for Group 1, which focused on 'Creativity'. St. Bede's College was among the participating institutions. Picksy Janghu, a second-year Psychology Honours student, took part in the Cartoon making competition.



UTILITY OF NATIONAL EDUCATION POLICY

September 19-20, 2022

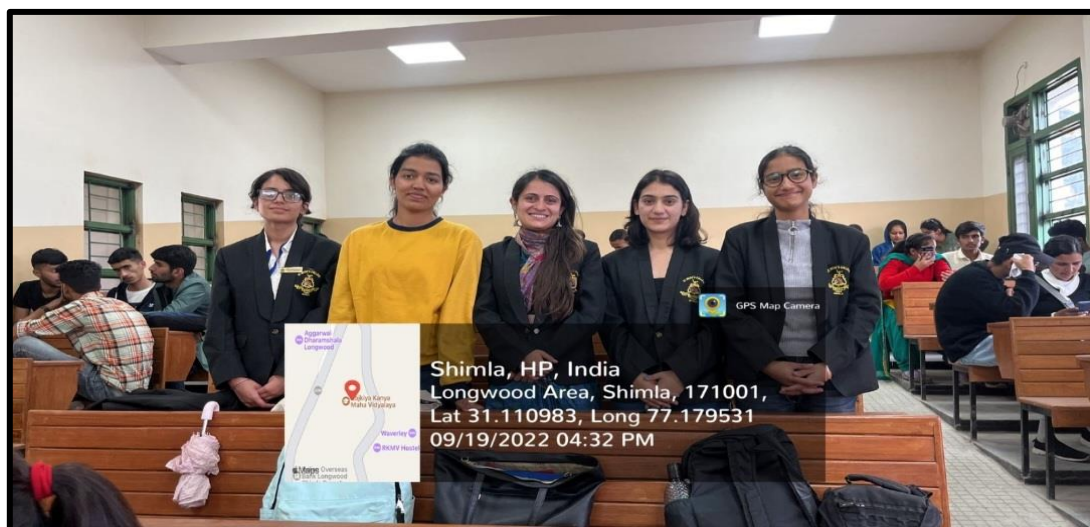
In September 2022, RKMV College hosted the H.P.U Youth Fest from September 19, to September 20, 2022. On September 19, an Elocution Competition was held among the various other contests. The topics for the competition were '*Utility of National Education*



ANNUAL REPORT

Policy' with context to Nationality and '*Azadi ka Amrit Mahotsav: 75 Years of Independence*'.

Among the 43 students from various colleges, Shruti from B.A. Pass Course (2nd year) represented the Poetry Society from St. Bede's College. She recited a self-written poem on the topic, Azadi ka Amrit Mahotsav: 75 years of Independence, titled '*भारतबढ़ाएविश्वकीशान*'.



7-DAY ORIENTATION PROGRAM September 19-26, 2022

The Department of Mathematics, St. Bede's College Shimla organized a 7-day orientation program from 19th to 26th September 2022, titled "Real world applications on table of numbers or data". Students from B Sc. (non-medical), BA, B Com, and BCA participated in the program.





CHHATRA SAMVAAD

September 20, 2022

St. Bede's College Shimla organized "Chhatra Samvaad" on National Education Policy-2020. Hon'ble Union Development, Law & Parliamentary Affairs Minister Sh. Suresh Bhardwaj, graced the occasion as chief guest. The keynote speaker was Prof. Sunil Kumar Gupta, Chairman, and H.P. Higher Education Council & Former V.C. H.P University Shimla.



PRESENTATION FOR SCHOOL STUDENTS ON "COMPUTER AWARENESS"

September 22, 2022

On September 22, 2022, the Department of Computer Science and Mathematics recently hosted a PowerPoint presentation session at Govt. Model Girls Senior Secondary School in Portmore, Shimla.

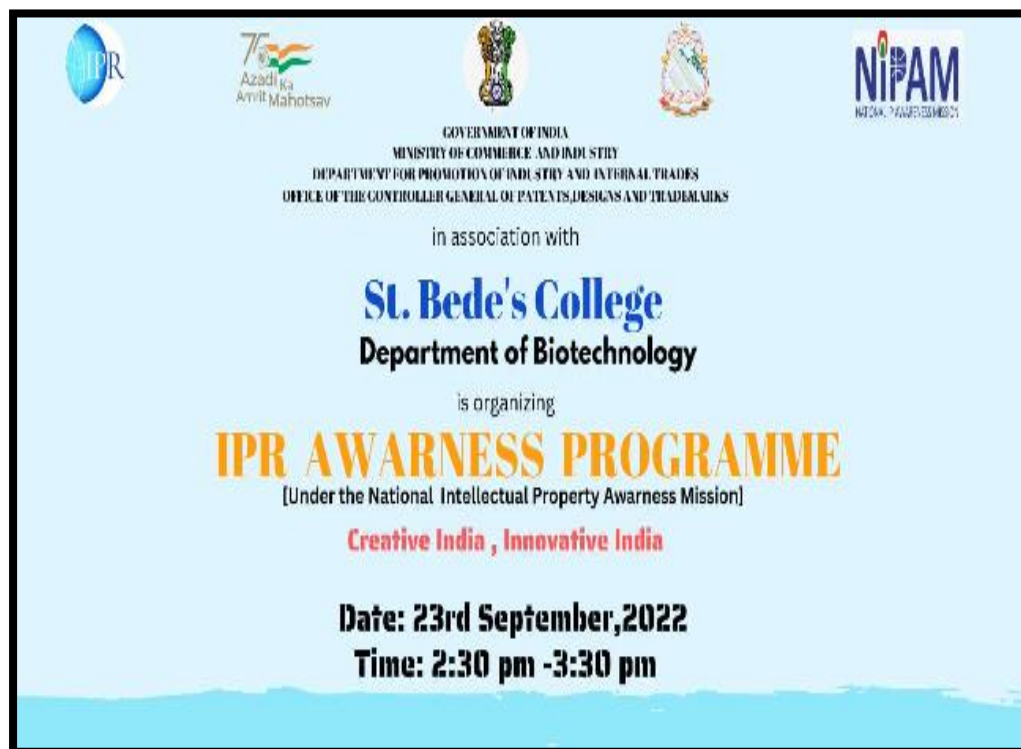
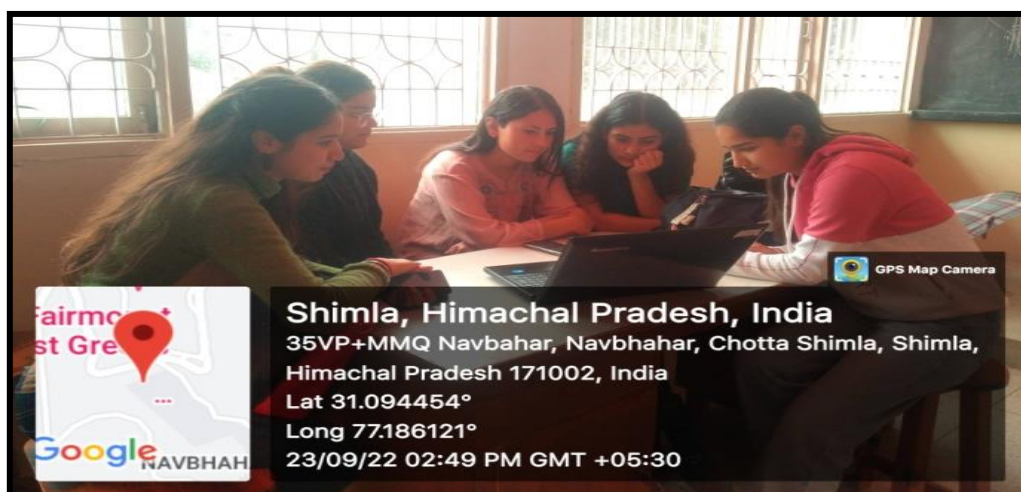




IPR AWARENESS PROGRAMME

September 23, 2022

The faculty members and students participated in an online Intellectual Property Rights (IPR) awareness program on September 23, 2022. The program was conducted by the Department of Biotechnology at St. Bede's College, in association with The Patent Office, Kolkata, under the Department for Promotion of Industry & Internal Trade (DPIIT), Ministry of Commerce & Industry.





HEALTH AND FITNESS WORKSHOP September 23, 2022

The Departmental Club of Zoology, "Zoo Quest" organized a workshop on health and fitness on September 23, 2022. The event was aimed at promoting awareness among the students and the local community about the importance of maintaining good health and fitness.

ELECTORAL LITERACY AND AWARENESS CAMPAIGN September 24, 2022

The students of Department of Political Science and Electoral Literacy Club, with the nodal officer Ms. Komal Sharma participated in an event organized by State Election Commission, Himachal Pradesh in the Gaiety Theatre, Shimla on September 24, 2022. Chief Election Commissioner of India Sh. Rajeev Kumar was the chief guest, and he inaugurated an exhibition and an election song composed by State Police band 'Harmony of Pines'.





REDUCE, REUSE, RECYCLE **September 24, 2022**

On September 24, 2022, the Department of Chemistry and the Paper Recycling Unit at St. Bede's College organized a one-day training program on "Reduce, Reuse, Recycle." The training started with an introduction on how recycling paper benefits the environment, presented by Mr. Nishant Sharma. Afterwards, Mr. Sharma demonstrated the process of paper recycling to all the participants.

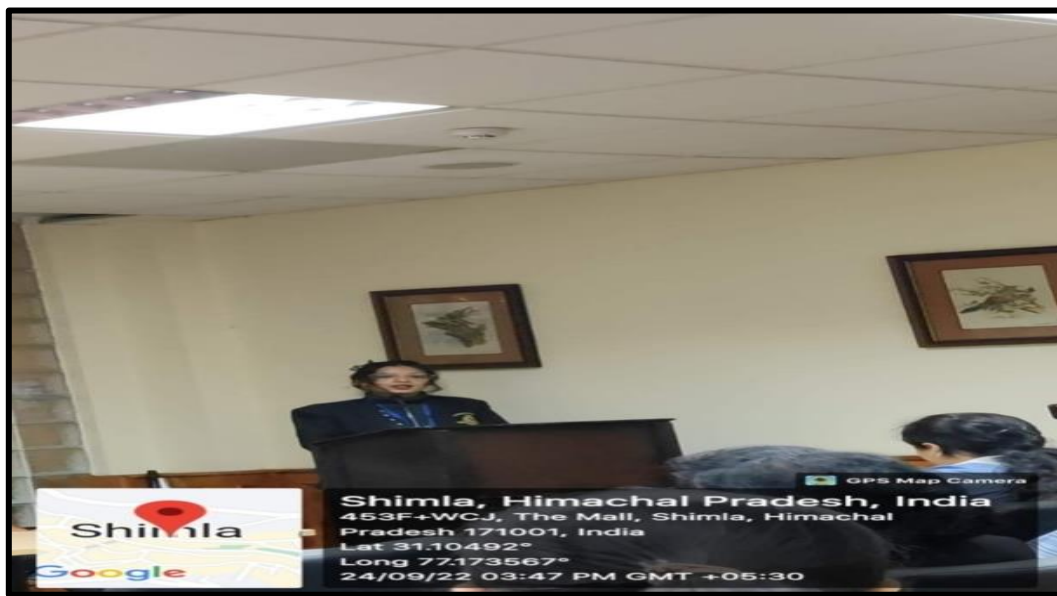


LITERATURE WITH NATURE **September 24, 2022**

Keekli Charitable Trust and Kavi Kumbh organized a poetic symposium for various belts and dialects of Himachal in the month of September. The gathering with the theme '*Literature*



with Nature' was organised at the Gaiety Heritage Cultural Complex in Shimla on the 24th of September 2022, which attracted the attention of more than 100 poets, including college students. Five students of St. Bede's College attended the event and were recognised with certificates of appreciation for their flawless poems that captured the attention of the audience present.



HEALTH AWARENESS PROGRAM ON "BREAST CANCER" September 29, 2022

On September 29, 2022, a Health Awareness Program on "Breast Cancer" was organized for the students of the college in the Auditorium. The program was conducted under the aegis of Ministry of Health and Family Welfare (H.P) and Health Club and was attended by more than 200 students.

Dr. Pratima Thakur, a Cancer Specialist from Indira Gandhi Medical College and Hospital Shimla, was invited as a guest speaker for the program. She shared various facts and information related to breast cancer with the students to make them aware of the disease. The Head of the Department of Botany, Dr. Sharmja Munjal, felicitated the speaker during the program.



FRESHERS' WELCOME

October 1, 2022

St. Bede's College organized the Freshers' Welcome "Masquerade Party- Querencia" to give a warm welcome to the newly admitted first year students. All the newcomers participated in various talent rounds before making it to the finals. The talent rounds were for singing, dancing, poster making, creative writing, poetry recitation, debates, dramatics, etc. The top scorers in these rounds competed for the coveted title of Ms. Fresher. Through this event the newcomers were given an opportunity to showcase their talent and skills. The Chief Guest for the event was a distinguished alumnus of the college, Mrs. Geeta Kapoor, Director (Personnel), SJVN Limited. Sharrin Verma won the 'Miss Fresher' title, the first runner-up was Akshita Chauhan, Mehak Chauhan bagged the title of the second runner-up.

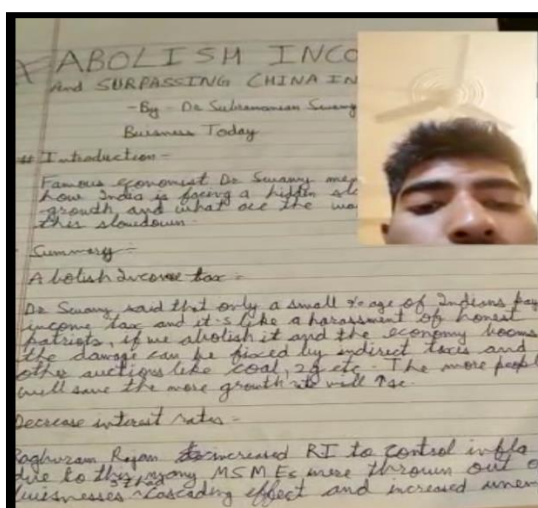




INTER- COLLEGE COMPETITION

October 1-9, 2022

The Department of Economics, St. Bede's College, organized an Inter-College Online competition that was held from 1st October 2022 to 9th October 2022. The competition witnessed an overwhelming participation from students of different colleges, who exhibited great enthusiasm and fervor. The competition was designed to be engaging and informative, and featured various activities that tested the student's creativity and knowledge.

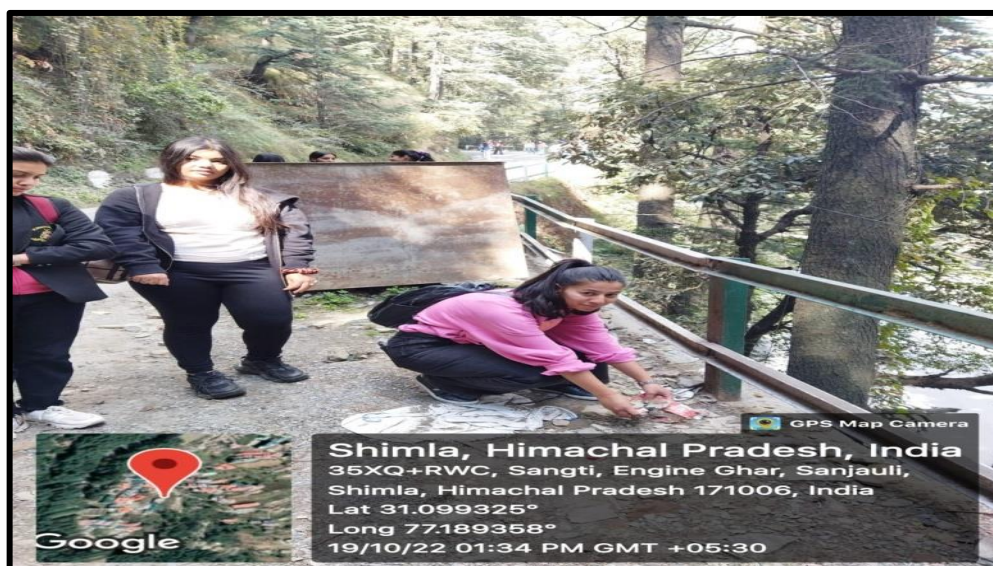




CLEAN INDIA CAMPAIGN October 1-31, 2022

During the entire month of October, the college actively participated in the Clean India Campaign to spread awareness about maintaining a clean and green environment. The NSS volunteers conducted a cleanliness drive in and around the college campus to encourage everyone to keep their surroundings clean. The campaign aimed to instill a sense of responsibility and make a promise to prioritize environmental cleanliness for a better future.





GANDHI JAYANTI CELEBRATION IN ADOPTED VILLAGE

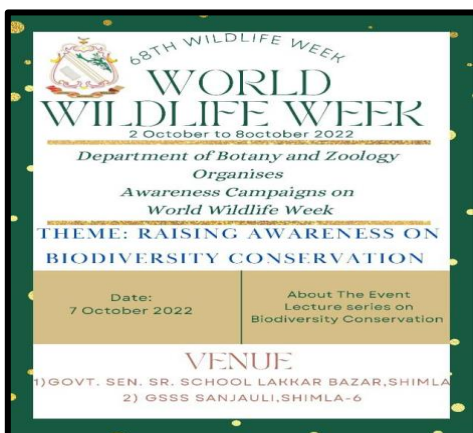
October 2, 2022

On Gandhi Jayanti, a group of NSS Volunteers visited the adopted village in Dhalli to serve the community. Following the NSS motto, "Not Me But You," the volunteers organized a small yet significant event. They provided a brief introduction about Gandhi's life, his achievements, and his contribution to India's struggle for Independence. A Nukkad Natak and dance performance were also presented. Finally, everyone, including the villagers, came together for a cleanliness drive.



WILDLIFE WEEK CELEBRATION October 2-8, 2022

Under the 'Azadi Ka Amrut Mahotsav initiative,' the Department of Zoology and Botany celebrated Wildlife Week from October 2-8, 2022. The aim was to raise awareness about the conservation of biodiversity and to encourage people to contribute to its protection.





DRIVE

October 4, 2022

A street play or Nukkad Natak was performed by the students of the college on October 4, 2022 at Ridge Mall Road in Shimla to raise awareness among locals about the harmful effects of plastic. The performance took place at an open theatre on the Ridge with the permission of the college principal and DC Shimla. The students did a remarkable job and attracted a large crowd, who not only enjoyed the act but also gained knowledge about the dangers and diseases caused by plastic.



WILDLIFE WEEK

NUKKAR NATAK ON “SAY NO TO PLASTIC”

October 4, 2022

On 4th October, 2022, the Environment Cell and Disaster Management Cell of St. Bede's College Shimla collaborated to raise awareness about environmental protection by organizing a Nukkad Natak at the amphitheater of Gaiety Theatre on the Mall Road in Shimla. The theme of the Nukkad Natak was "Say No to Plastic". The students presented the play to spread awareness about the harmful effects of plastic on the environment. They explained how our unintentional actions are causing irreparable damage to nature. Plastic bags, empty chip packets, and soft drink bottles are all contributing to the accumulation of garbage in the environment, which is causing various problems.



ANNUAL REPORT



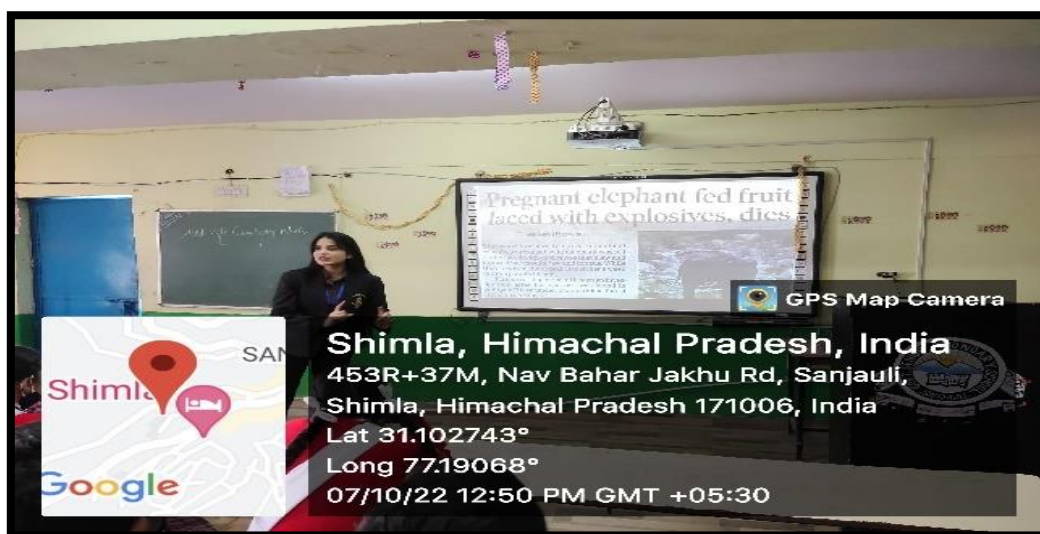


WILDLIFE WEEK CELEBRATIONS

October 7, 2022

Theme: Raising awareness on Biodiversity Conservation

On October 7, 2022, as a part of wildlife week celebrations, B.Sc. III Medical students visited two schools, namely Govt. Sr. Sec. School, Sanjauli and Govt. Sr. Sec. School, Lakkar Bazar, to conduct a PowerPoint presentation on the topic of Wildlife Conservation and its importance.





CLEANLINESS DRIVE“SAF HO SUNDAR HO, AISA MERA BHARAT HO” October 7, 2022

A cleanliness drive was organized on October 7, 2022 by the Disaster Management and Environment Cells of St. Bede's College, in collaboration with the Nagar Nigam Shimla. The drive took place from College (Navbahar) to Secretariat (Chotta Shimla), with more than 100 students from both cells participating with great enthusiasm. The students worked alongside the Nagar Nigam Shimla to clean the roads, collect plastic and non-degradable waste. In total, around 50 large bags of plastic and non-degradable waste were collected during the drive. The social initiative received recognition and appreciation from many, including our principal, faculty members, and students.



SOCIAL RESPONSIBILITY

October 10, 2022

The Department of Biotechnology took the initiative to spread happiness among the underprivileged community by organizing a Diwali celebration on October 10, 2022. The students of the department collected books, toys, clothing, and sweets and distributed them to the children of laborers in the Chotta Shimla area.



WORLD MENTAL HEALTH DAY

October 10, 2022

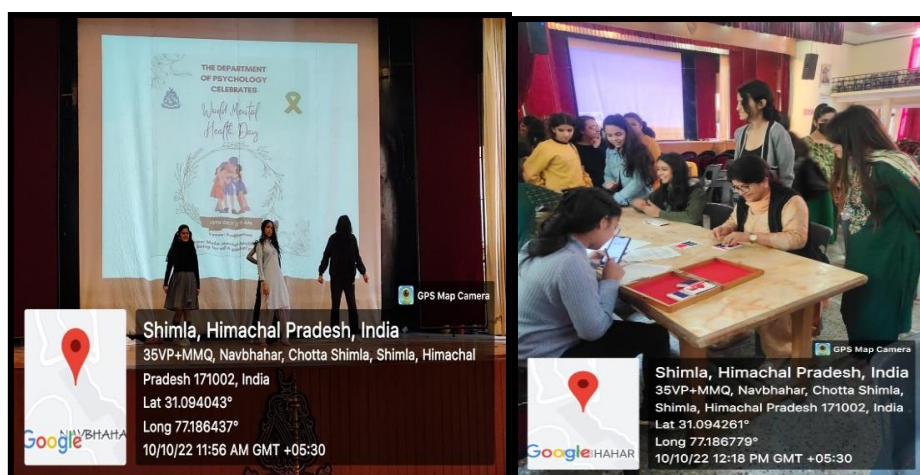
On October 10, 2022, The Department of Psychology, St. Bede's College organized the World Mental Health Day, which focused on the mental well-being of everyone. The event



ANNUAL REPORT

also spread awareness about various mental health conditions and how to cope with them. The event included several activities conducted by the students of the department such as skit, quiz, dance drama, motivational group song and exhibition.

The Music Club, on this occasion performed a medley of five songs ranging from Kesha's 'Rainbow' to Rachel Platten's 'Fight Song' which speak about picking oneself up even from the direst situations.



EBSB Camp

October 10-19, 2022

During October 2022, Cadet Anika participated in the EBSB-II Camp held at JNV Piprakothi, Bihar. The national-level camp took place for ten days from October 10 to October 19 and was conducted between two directorates: Punjab, Haryana, Himachal Pradesh



ANNUAL REPORT

and Chandigarh Dte, and Bihar and Jharkhand Dte. Cadet Anika received EXPA Training during the camp and also visited historical sites.



INTERNATIONAL DAY OF GIRL CHILD (STREET PLAY)

October 11, 2022

St. Bede's College, Shimla's Economics Department celebrated International Day of Girl Child in a unique and impactful way by presenting a Street Play on 11th October at Navbahar Chowk, Shimla. The Street Play was a powerful representation of the struggles that women face in society, including domestic violence, eve teasing, gender inequality, and stereotypes against women.



WORLD MUSIC DAY

October 12, 2022

The Department of Music and Music Club in collaboration with the Cultural Society of St. Bede's College celebrated World Music Day by organizing a music workshop on the theme 'Folk Songs and Traditions of Himachal Pradesh' for the students of the college and Government School, Sanjauli. Sh. Anil Halta, District Language Officer, Department of Language, Art and Culture, Himachal Pradesh and Sh. Amit Sharma were the worthy guests



ANNUAL REPORT

of honour. Sh. Ramesh Chand enlightened the audience with the dance forms, folk songs, and rich culture of Himachal Pradesh.



INTERNATIONAL PEACE DAY October 12, 2022

To observe the International Day for Peace on September 21, 2022, the Department of Political Science at St. Bede's College organized a PowerPoint presentation competition for its students. The theme for the competition was "End Conflict, Build Peace". Since its declaration by the United Nations in 1981, this day has been observed to promote the ideals of peace worldwide. The purpose of this activity was to encourage students to promote these ideals by presenting the general impacts of war and human rights violations around the world.

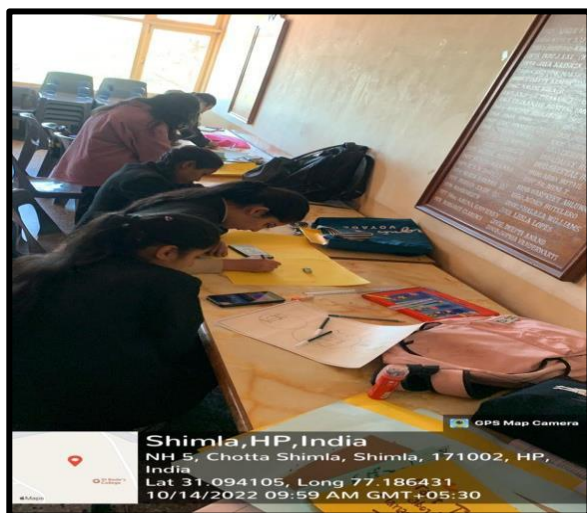




DISASTER RISK REDUCTION DAY October 14, 2022

A Poster Making Competition and Rally were organized by the Disaster Management Cell in collaboration with The Department of Geography on the occasion of Disaster Risk Reduction Day on 14th October 2022. Students from different departments participated enthusiastically in the competition, creating impressive and meaningful paintings. The students conveyed messages of awareness about disaster risk reduction through their paintings and sketches.

After the poster making competition, the students carried out a rally from the college gate to the horticulture department at Navbahar, holding posters and chanting slogans to spread awareness about disaster management and risk reduction.





TO THE THEATRE! - *DOCTOR FAUSTUS* AT GAIETY THEATRE October 16, 2022

On 16th October 2022, the students and teachers from the Department of English, St. Bede's College, Shimla, visited the historic Gaiety Theatre to watch an adapted production of *Doctor Faustus* by the Gaiety Theatre Repertory. This tragic play, written by the Renaissance playwright Christopher Marlowe, was translated into Hindi by Late Sh. Badri Singh Bhatt, and adapted onto the stage by the Gaiety Dramatic Society under the direction of Kedar Thakur.



WORLD FOOD DAY CELEBRATION October 16, 2022

On October 16, International World Food Day is celebrated worldwide in honor of the founding of the Food and Agriculture Organization of the United Nations in 1945. To mark the occasion, students of BSc. II celebrated World Food Day in their own unique way. They visited the Govt. Primary School in Sanjauli to raise awareness among young children about the importance of a healthy and balanced diet in our daily lives through street plays, rhymes, and games.



"BEYOND ECONOMICS: CELEBRATING FESTIVALS WITH CREATIVITY AND JOY" October 19, 2022

In addition to their regular economic activities, the Economics Department of the college also organized various cultural events to celebrate festivals. For instance, to celebrate Karwa Chauth, they organized a Mehndi competition in which students showcased their mehndi designing skills. The department also put-up hand-painted Diya stalls in the college courtyard during Diwali. The students, along with the teachers, came together and showcased their painting skills and creativity, which resulted in the sale of 220 hand painted Diyas on the campus itself. These events added a touch of diversity and fun to the usual academic activities of the department and helped to foster a sense of community among the students and faculty.





ANNUAL REPORT



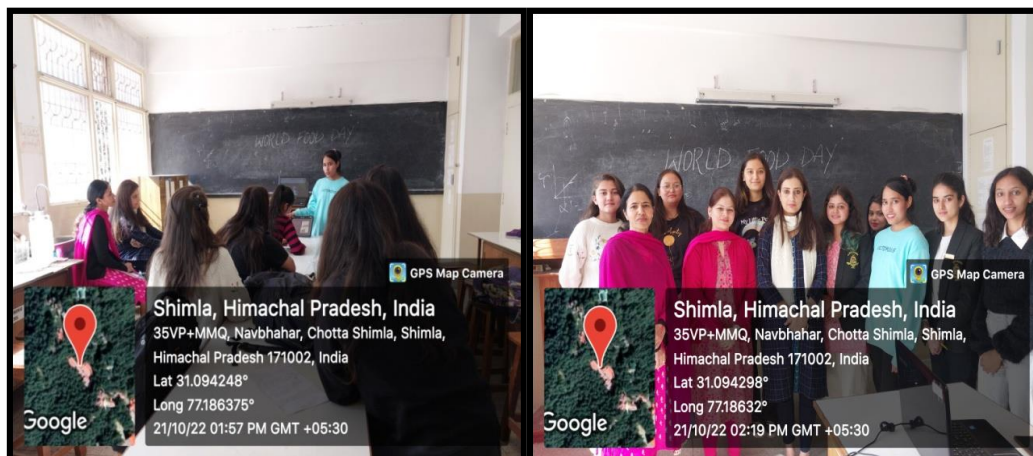
FIELD VISIT TO WESTERN HIMALAYAN TEMPERATE ARBORETUM, POTTER'S HILL October 20, 2022

On October 20, 2022 a field trip to Potters Hill Nature Park was arranged for M Sc.- I & III semester students. The group of 35 students had a goal to discover the Western Himalayan flora. The purpose of the trip was to gain knowledge about various flora present in Himachal Pradesh, their cultivation techniques, and uses.



WORLD FOOD DAY October 21, 2022

The Department of Biotechnology of St. Bede's College organized an Intra-department Ideathon Competition on the occasion of World Food Day. The theme for the occasion was "Leave No One Behind". The students participated enthusiastically and shared their ideas on how biotechnology can guarantee food security for all.



WOMEN ATTIRE- EXPRESSION OR REPRESSION October 14, 2022

The society organized an Internship Debate competition, which saw enthusiastic participation from the students and turned out to be a big success. At the beginning of the competition, the President welcomed the judges, introduced the contestants, and explained the ground rules through a speech. In the competition, participants had to express their opinions in two rounds, with the second round being the rebuttal round. The quality of the participants' arguments and their presentation skills were evaluated for the competition.



SLOGAN WRITING COMPETITION October 15, 2022

Electoral Literacy Club of St. Bede's College organized a Slogan Writing competition for the students on October 15, 2022. The students were asked to make creative slogans to spread



The competition was organized under the direction of Himachal Pradesh State Election Commission. The students left no stone unturned to spread electoral awareness right before the Legislative Assembly elections, 2022. The awareness campaign was carried out to inculcate constitutional values in the students and their peers.



An awareness program on October 15, 2022 was organized for the stitching lab and college students by the Financial Lab Cum Incubation Centre to impart knowledge about entrepreneurship and employability opportunities. Dr. Himesh Sharma, CEO Skill Labs, interacted with the students and made them aware of the financial assistance that his organization can provide them for innovative ideas and projects. He also bought some of the products made by the students and motivated them to become entrepreneurs.



CHARU CASTLE FOUNDATION PAINTING COMPETITION October 18, 2022

The Charu Castle Foundation recently held an 'International Painting Competition' with the theme of "Sanskriti ke Rang" (The Colours of Culture). Students from across the college submitted creative entries on various topics, including Monuments and Heritage structures, Religious Places, wildlife, festivals such as Holi and Dussehra, portraits of freedom fighters such as Bhagat Singh, as well as other socially thought-provoking topics such as women empowerment.

The students' paintings were ethereal and beautiful, worthy of prizes. The depictions of festival scenes in the paintings were particularly stunning, showcasing the beauty of these



ANNUAL REPORT

events. On October 18th, 2022, the paintings were posted from the college, and the students' entries received high praise for their creativity and skill.



FINANCIAL LAB CUM INCUBATION CENTRE EXHIBITION-I October 19, 2022

An exhibition was organized by the Financial Lab cum Incubation Centre on October 19, 2022 in the courtyard of the college. The students of the college showed extreme enthusiasm and came forward to show interest in the products displayed.

The exhibition showcased some of the things handmade by the students of the financial lab, which included creatively handmade bookmarks, crocheted keychains, scented candles, satin scrunches, rings etc. Two of the college's students, who are also small business owners, showcased their products as well. Alisha Butail, of B.A. III (Psychology Honours) presented scented candles, bath and body wash products along with lip products from her online shop *Wabi Sabi*. Along with Alisha, Harshita Sharma of B.A. III (Psychology Honours) also exhibited her beautiful and diverse collection of hand-made rings and scented candles, which were from her small business named *Eunoia*.



ANNUAL REPORT

The college provided seed money of rupees 3,000 to the students of FLIC for making the products. The students earned a profit that was double the amount received for the raw material. Along with many students, teachers showed immense interest in the products made by students and encouraged them by buying and appreciating the work. The main objective of the exhibition, which was to inspire and support the entrepreneurial spirit of the students, was successfully accomplished.

AZAD HIND DIWAS October 28-31, 2022

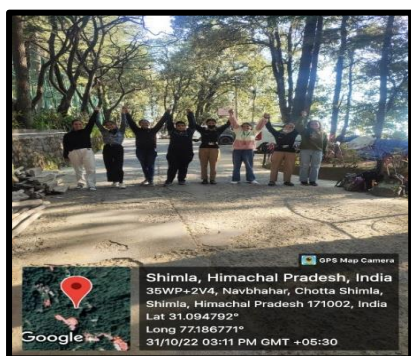
The NCC cadets conducted a lecture series on the Life Lessons of Subhash Chandra Bose in several schools including Government Sr. Sec. School, Rajhana, Government Sr. Sec. School, Phagli, and Government Sr. Sec. School, Dhali. The lectures were accompanied by a short quiz and a movie screening on Subhash Chandra Bose.





NATIONAL UNITY DAY October 31, 2022

The cadets of St. Bede's College under 7HP (I) Coy NCC, Shimla, organized a 'Unity Run' to celebrate National Unity Day, which is observed annually to mark the birth anniversary of Sardar Vallabhbhai Patel. The run was participated by a group of 25 cadets who ran together holding hands to spread the message of unity.



CLOTHES DONATION DRIVE October 30, 2022

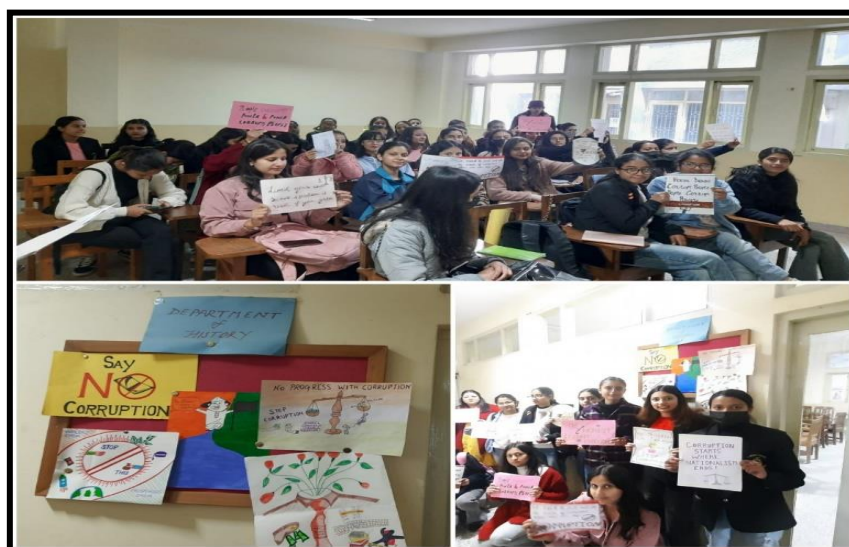
The Department of Political Science in collaboration with the Rotaract Club, Shimla organized a 'Clothes Donation Drive' in Bangla Colony, Sanjauli on October 30, 2022. The students gathered the wearable winter clothes from volunteer donors with the sole motive of community service, in the simplest way possible.





AWARENESS WEEK October 31 - November 6, 2022

From October 31 to November 6, 2022, the Department of History observed "Vigilance Awareness Week" with the theme "Corruption-free India for a Developed Nation." The students and staff were sensitized to the harmful effects of corrupt practices, and the importance of being vigilant was emphasized. Posters were displayed at various locations within the college to raise awareness on the topic. The main objective of the initiative was to promote integrity in public life, achieve a corruption-free India, and encourage students to become responsible citizens.





NUKKAD NATAK ON IMPORTANCE OF ELECTIONS November 2, 2022

The NSS volunteers performed a Nukkad Natak on 2nd November 2022 to raise awareness about the significance of elections and to educate people about their rights and responsibilities.





LOKTANTRA- SABKI BHAAGIDARI November 3, 2022

On November 03, 2022, the Electoral Literacy Club of St. Bede's College organized an electoral awareness session in the Seminar room with the State Nodal Officers as chief speakers. During the session, the Chief Nodal Officers engaged in a discussion with the students from the Department of Political Science, focusing on the youth's role in transforming the political system. The students actively participated in the discussion, shedding light on the negative impact of corruption, red-tapism, and horse trading in the country's political system. They also expressed their eagerness to exercise their voting rights in the upcoming legislative assembly elections. The nodal officers encouraged the students to raise awareness and motivate people to vote, emphasizing the importance of becoming active citizens of the country. The session was highly informative and ended with a pledge taken by all members to vote in the upcoming Assembly elections.





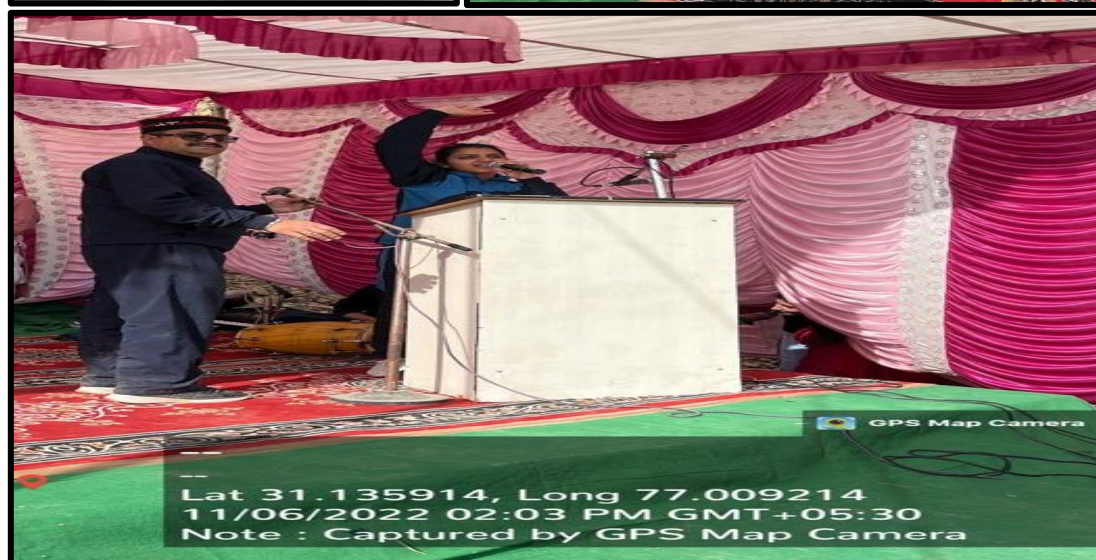
BRAINSTORMING SESSION ON GST AND INNOVATIVE OUTREACH PROGRAM TAX HAAT November 4, 2022

The Placement and Career guidance cell of St. Bede's College, Shimla organized a brainstorming session on GST (Goods and Service Tax) and Innovative Outreach Program Tax HAAT on November 4, 2022. The main speaker at the event was Ms. Poonam Thakur, Assistant Commissioner, State Taxes and Excise Shimla. It was a very informative session in which the speaker gave the students the basic idea of GST, its advantages, features, and various slabs of tax.



VOTING AWARENESS CAMPAIGN November 5, 2022

On November 5, 2022, the NCC Cadets of St. Bede's College, Shimla organized a Mass Awareness Programme in Khanlag Village, Distt. Solan, HP. The programme was aimed at creating awareness about three important topics, namely Blood Donation, Elections, and National Integration. Fourteen cadets formed a team and went to the village to conduct the event. The Sarpanch of the village appreciated their efforts and felicitated them with a letter of appreciation, a trophy, and a sum of 5,100 rupees. The event was successful in spreading awareness about the important topics among the people of the village.



VOTING AWARENESS CAMPAIGN

सत्यमेव जयते
Satyameva Jayate

NCC Unit, St. Bede's College under 7 HP (I) Coy NCC Shimla is organising a Voting Awareness Campaign

Events :

- Nukkad Natak
- Folk Dances and Songs of Indian Culture

Date : November 5, 2022

Venue : Village Khanlag, District Solan
Tehsil Arki, Himachal Pradesh

PATRON :
Prof. Sr. Molly Abraham

CONVENER :
Dr. Shweta Thakur





COMBINED ANNUAL TRAINING CAMP November 5-12, 2022

Indus International University, Una hosted the CATC (Combined Annual Training Camp) from 5th November to 12th November. Three cadets from St. Bede's College, namely SUO Maanika Sethi, Cadet Ivy Bhattan and Cadet Angelina Tej participated in the camp. They performed well in the camp and were selected for further camps.



STUDENT INTERACTION WITH HARRISBURG UNIVERSITY OF SCIENCE AND TECHNOLOGY November 9, 2022

On November 9, 2022, the Department of Biotechnology at St. Bede's College arranged a student interaction session with Prof. Robert Furey, Professor Integrated Sciences/Associate Provost of International Relations and Field Studies at Harrisburg University of Science and Technology. During the session, Prof. Furey discussed the Memorandum of Understanding (MoU) between the two institutions and the advantages of pursuing a master's in Biotechnology at Harrisburg University.





PARTICIPATION IN ENVISION- HPU FEST November 9-11, 2022

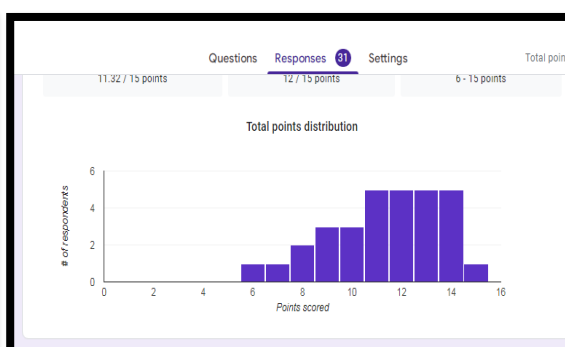
The University Institute of Legal Studies organized the 'Envision' Legal cum Cultural Fest from November 9- 11 at the HPU Auditorium. The presence of various dignitaries like Mr. Naresh Thakur (Advocate HP High Court), Mr. H.R. Jhingta (Dean, School of Law, Bahra University), and other dignitaries from all over Himachal Pradesh at the fest made it even more special. The students of St. Bede's College actively participated in various cultural and artistic events at the fest and brought laurels to the college by winning several awards.



QUIZ ON TRANSPORTATION AND GAME THEORY November 10, 2022

On November 10th, 2022, the Mathematics department of St. Bede's College Shimla hosted a Quiz on transportation and game theory. The competition was open to students majoring in Mathematics and Management, and a total of 31 female students participated.

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harshasharma225@gmail.com	13	Nov 10 12:36 PM
sameerabatra756@gmail.com	8	Nov 10 12:38 PM
simranbansal5347@gmail.com	6	Nov 10 12:41 PM
parul14052003@gmail.com	11	Nov 10 12:54 PM
aashirathaur02@gmail.com	11	Nov 10 12:54 PM
navu0109@gmail.com	14	Nov 10 12:56 PM
rajni28kapoor2002@gmail.com	13	Nov 10 12:57 PM
manishathakur39954@gmail.com	13	Nov 10 12:57 PM





DIWALI CELEBRATION WITH UNDERPRIVILEGED CHILDREN

November 10, 2022

On November 10, 2022 B.Sc. (Hons.) Biotechnology students engaged in a social outreach activity by collecting and distributing toys, clothes, and stationery items to underprivileged students in Chotta Shimla.



239 TRANSIT CAMP

November 13-19, 2022

Three of our cadets, SUO Maanika Sethi, Cadet Ivy Bhattan, and Cadet Angelina Tej, participated in the 239 Transit Camp held at Pandoh, Mandi from November 13 to November 19.

INTERNATIONAL YEAR OF GLASS

November 16, 2022

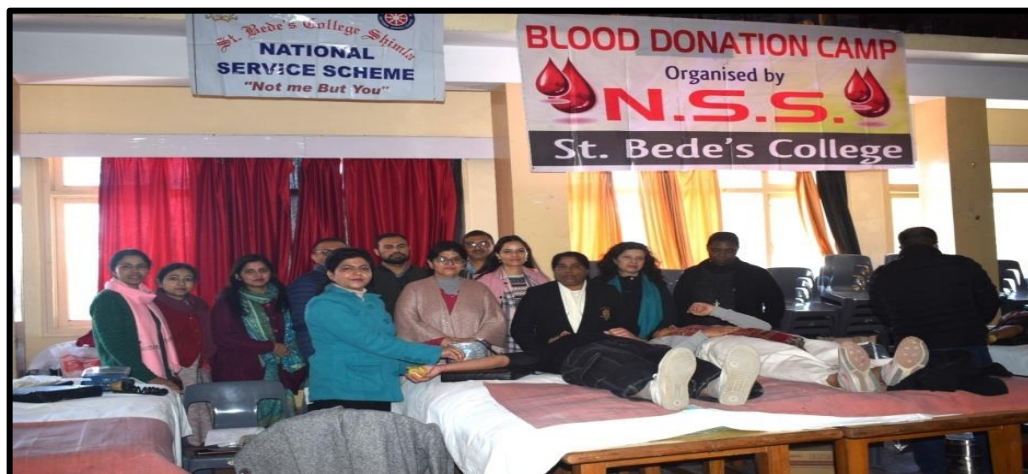
On November 16th, 2022, the Department of Physics held a talk in celebration of the "International Year of Glass (IYoG-2022)." The talk was titled "Fiber Optics: Backbone of Present and Future Communications," and the speaker was Dr. Tarun Sharma, Assistant Professor of Electronics and Communication Engineering at the University Institute of Technology (UIT) Shimla, Himachal Pradesh University.



BLOOD DONATION CAMP November 17-18, 2022

A Nukkad Natak highlighting the importance of blood donation was performed by some NSS volunteers on November 17, 2022 to encourage students to donate blood. The NSS unit of St. Bede's College then organized a Blood Donation Camp on November 18, 2022. The camp was coordinated by a team led by Dr. Apoorva Mehta from Indira Gandhi Medical College.





WORKSHOP ON HOW TO CRACK BANKING EXAMS

November 18, 2022

On November 18, 2022 the Placement and Career guidance cell of St. Bede's College, Shimla organized a workshop on 'How to crack the Banking Exam' for the students of B.Com. The guest speaker of the day was Ms. Kanik Kuthiala, Dy. Manager (Ex-Bedian) and Mr. Rajender Singh, Messenger SBI. Ms. Kanik motivated the students and explained the procedure for cracking the Bank Exams.



ANNUAL REPORT



Ex- BEDEIAN MEET November 19-20, 2022

St. Bede's College in collaboration with Ex-Bedeian Association organized an Alumni Meet "Mash- up Catch- up". In this two day event the Ex- Bedeians had a get together, followed by a walk on the Mall road, a dance and dinner at Hotel Marina. On day two, there was a cultural event by the college students, a carnival where many Bedeians and Ex- Bedeians showcased and sold their handmade products and delicious food items. The students of the college interacted with the alumni to make it a memorable experience.



HERITAGE WEEK November 19-25, 2022

Mirrasa, the Heritage Club of St. Bede's College, celebrated World Heritage Week Miraasa, to celebrate the rich heritage of our Nation, a series of activities were organised— Heritage Pledge, Heritage Walk, Painting Competition (Theme: Indian Folk Art) Heritage Quiz, Inter College Photography Competition (Theme: Natural Heritage or Built Heritage) and Inter - College Essay Writing Competition.



ANNUAL REPORT





EXHIBITION-II November 20, 2022

The students of the Financial Lab cum Incubation Centre exhibited an array of items at the 'Alumni Meet' which was organized by the college on November 20, 2022. The stall was bursting with creativity, entrepreneurship, and innovation. This time the target audiences were not only the college students but also the Ex-Bedeians. The bookmarks, candles and beautiful handmade rings were among the items that were displayed at the stall. These items were praised by the Ex-Bedeian family. The entrepreneurial spirit of the members was highlighted at the event. This event marked the second successful exhibition of the Financial Lab Cum Incubation Centre.



SILENT MARCH AGAINST EVE TEASING November 21, 2022

The Community Outreach Cell of St. Bede's College, Shimla, organized a silent march against eve teasing on November 21, 2022. The Deputy Commissioner of Shimla, Mr. Aditya Negi, granted the necessary permission for the event. St. Bede's College took a strong stand against this social evil by silently marching from Navbahar to Chotta Shimla. The main objective of this march was to raise awareness against eve teasing and empower girls and women to speak up against such incidents.

During the march, students held placards with slogans such as "Street Harassment is a Crime", "Stop Staring", "My Space, My Right" and "Stop Eve Teasing". The students were accompanied by two lady constables and faculty members.



VISIT TO ANGANWADI

November 21, 2022

On November 21, 2022, third-year BA students visited the Anganwadi Kendra Vihar Sanjauli Shimla to evaluate the nutritional status of preschoolers. The students measured the anthropometry of the children and calculated their BMI. They also took information about the dietary intake of the children from their mothers and provided them with counseling regarding their food intake. During the visit, the students were educated about the Midday Meal and ICDS programmes that are being implemented in the country.





DCATC/IGC-129

November 22-29, 2022

In November 22-29, 2022, the DCATC/IGC-129 was held in Rupnagar, Punjab, where three cadets from St. Bede's College participated. SUO Maanika Sethi, LCpl Ivy Bhattan, and LCpl Angelina Tej took part in various inter-group activities, including group singing, group dance, ballet, and NIAP. LCpl Angelina Tej represented the Shimla Group in the Best Cadet Competition.



INTER DEPARTMENTAL ACTIVITY

November 23, 2022

On November 23, 2023, an interdepartmental activity was organized between the Department of Microbiology and the Department of Nutrition on the topic of 'Calculation of BMI'. Ms. Jaivanti from the Department of Nutrition gave a demonstration on the body mass index (BMI), its calculation, and importance.



EXCHANGE PROGRAM- PRESENTATION ON TYPES OF NUTRIENTS COMPONENTS

November 24, 2022

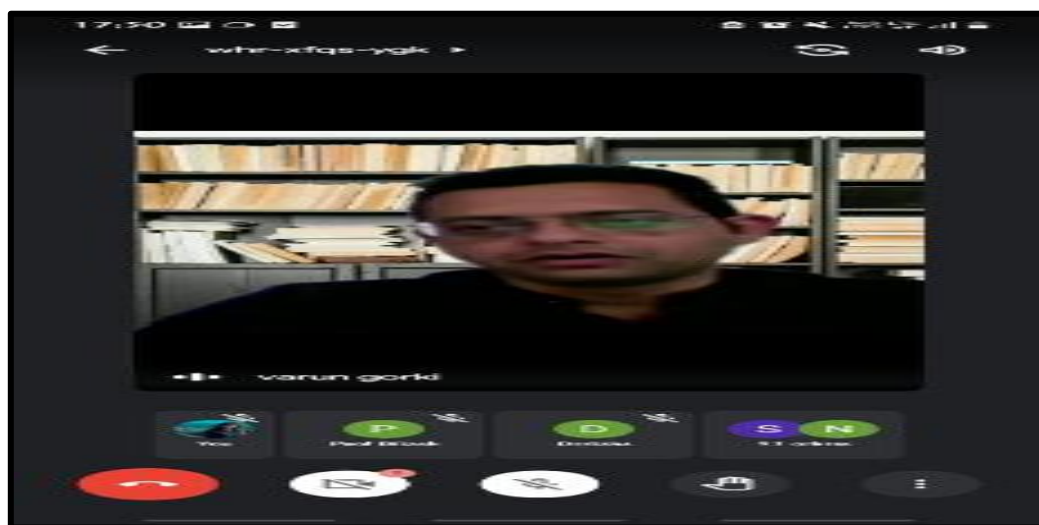
On November 24th, 2022, a group of interns and a professor from the Nutrition and Dietetics department at Seattle Pacific University visited the Nutrition Department. During their visit, Neha Thakur, a student in her second year of B.A. gave a presentation on nutrient components which was highly appreciated. The visitors also had the opportunity to visit the library and were very grateful for the experience.





A VIRTUAL SESSION ON ANTIMICROBIAL RESISTANCE AWARENESS November 24, 2022

A webinar was organized by the NSS Unit of the college in association with PGI, Chandigarh. The NSS Unit and the students of Microbiology participated in an online webinar on the last day of Antimicrobial Resistance Awareness week, which was held on 24th November 2022. The webinar was attended by students from India and Nigeria, and featured speakers from both countries who provided valuable insights on the topic. The session proved to be informative and interesting for all those who participated.





HIMACHAL PRADESH UNIVERSITY INTER COLLEGE BASKETBALL WOMEN CHAMPIONSHIP

November 24-26, 2022

Under the banner of the Physical Education Department, the Himachal Pradesh University Basketball (W) Inter College Championship took place from the 24th to the 26th of November 2022. The Chief Guest at the Inaugural Function (24th Nov. 2022) was Prof. Kulbhushan Chandel, the Dean of Studies at Himachal Pradesh University, Shimla. 15 different colleges participated in this championship, along with contingent in-charges. The H.P University appointed 02 observers and 06 officials for the successful organization of the championship, and over 200 participants took part.

At the prize distribution and valedictory function, Prof. Hari Singh, the Director of Youth and Physical Education Program, H.P University, Shimla, was the Chief Guest. College manager Sister Reena Kurian felicitated the chief guests.



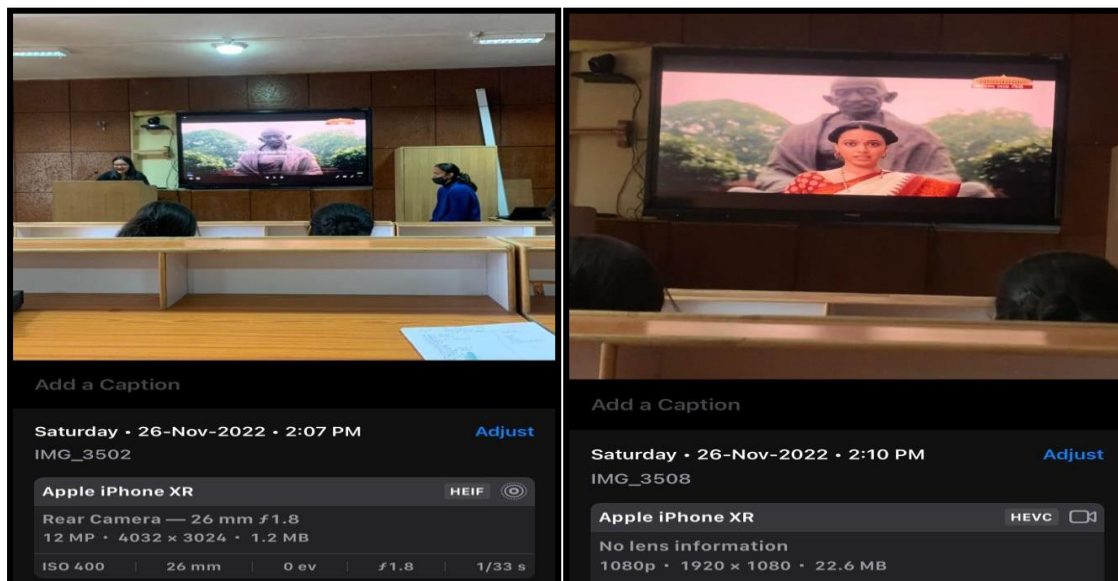


REEL THE VERSE 'NATIONAL CONSTITUTION DAY'

November 26, 2022

To commemorate the making of gigantic Indian Constitution on November 26, 2022 the Department of Political Science in collaboration with 'After Thoughts' Club screened a documentary on 'Making of Indian Constitution'. The short movie was based on constitutional debates which were carried out when the constitution was being framed.

The theme of the day was 'Samvidhaan aur Hum' which manifested the value of constitutional provisions for any Indian citizen.



COLLABORATION BETWEEN ST. BEDE'S COLLEGE AND NEWLIMITS LEARNING, INDIA

November 28, 2022

The English Department of St. Bede's College took the initiative in collaborating with Newlimits Learning to offer English language training to its students in order to improve their English proficiency. Newlimits Learning represents LSI Portsmouth which is an English language school for adults above 18 years of age. On November 28, 2022, Mr. Gagan Aggarwal, India Associate, NPTC Group of Colleges, and Mr. James Llewellyn, Head of International Operations, NPTC Group of Colleges, interacted with our first year and final year students. They talked about the various courses offered by LSI to suit their abilities, needs and ambitions. As many as 69 students of St. Bede's College enrolled in an online English language course with LSI and its Online English Training Provider Partner, Sensations English





NATIONAL CONFERENCE ON 'NOVEL PROGRESSIONS IN SCIENCE AND TECHNOLOGY'

November 28-29, 2022

On November 28th and 29th, 2022, the Department of Science, of St. Bede's College held a two-day National Conference titled 'Novel Progressions in Science and Technology-2022'. The aim of the conference was to facilitate the exchange of new ideas, research experiences and applications, and foster global partnerships for future collaborations. The event featured talks by renowned speakers on various topics related to Science and Technology. In addition, researchers from across the country presented 20 oral research papers and 15 poster presentations during the conference.



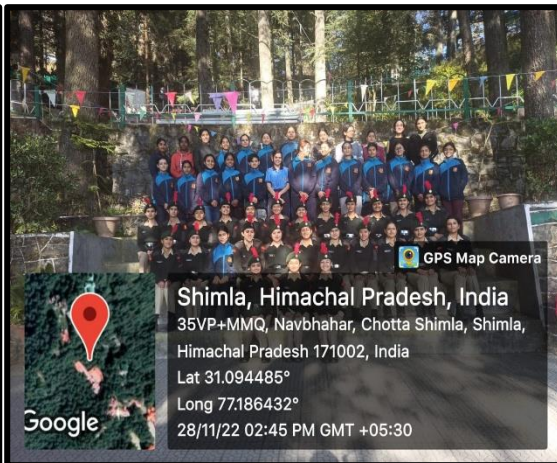


ANNUAL REPORT



NCC CARNIVAL November 28, 2022

To celebrate the NCC Day, the NCC Unit of St. Bede's College under 7 HP (I) Coy, NCC Shimla organized a fun-filled Carnival. The Cadets themselves set up the Carnival, which featured various food stalls. Since the NCC Unit is self-financed, the profits generated from the Carnival were used to support the Cadets financially.





कैडेट्स ने फूड कार्निवाल का किया आयोजन

शिमला : नवंबर के आखिरी सप्ताह में देश-प्रदेश में एनसीसी दिवस मनाया जा रहा है। सोमवार को एनसीसी प्रभारी डा. श्वेता ठाकुर की अगुवाई में सेंट वीडुस कालेज शिमला में 7 एचपी (आई) कंपनी एनसीसी शिमला के तहत कालेज की एनसीसी यूनिट ने एनसीसी दिवस के अवसर पर फूड कार्निवाल का आयोजन किया। कैडेट्स ने कालेज परिसर में विभिन्न फूड और अन्य स्टाल सभी को स्वादिष्ट व्यंजनों का स्वाद चखने के लिए लालायित कर गए। यह फूड कार्निवाल सभी कैडेट्स के लिए प्रतिभा, रचनात्मक पक्ष को प्रदर्शित करने का शानदार अवसर रहा और अपने उद्यमिता

कौशल व प्रतिभा को दिखाने के लिए एक बेहतरीन मंच था। कैडेट्स द्वारा यह पहल प्रत्येक व्यक्ति को आत्मनिर्भर बनने के लिए प्रेरित करती है। यही देशभर में मनाया जा रहा आजादी का अमृत महोत्सव का संदेश भी है कि प्रत्येक नागरिक हर क्षेत्र में अपना व्यावहारिक ज्ञान और स्किल्स को विकसित कर आत्मनिर्भर बनने की ओर अग्रसर हो तभी विकसित और सशक्त राष्ट्र का निर्माण होगा। इस फूड कार्निवाल के सफल आयोजन के लिए सेंट वीडुस कालेज की प्राचार्या प्रो. सीनियर मौली अब्राहम के सहयोग के लिए सभी एनसीसी कैडेट्स ने आभार व्यक्त किया। (जास)

RANK CEREMONY

November 29, 2022

A rank ceremony was conducted by 7 HP (I) Coy, NCC Shimla to award deserving cadets of the second year on November 29, 2022. Cadet Arushi Awasthi was promoted to the rank of Corporal, while Cadet Angelina Tej and Cadet Ivy Bhattan were promoted to the rank of Lance Corporal. The Commanding Officer, Col Gargey, congratulated the cadets for their exceptional performance and commended their efforts in the academic year 2022-23. He motivated them to continue working hard and exhibit their leadership skills.



सम्मानित किए एनसीसी कैडेट्स

शिमला : 7 एचपी (आई) कंपनी एनसीसी शिमला की ओर से रैंक अवार्ड समारोह का आयोजन किया गया। इसकी अध्यक्षता एनसीसी कार्यालय शिमला परिसर में कमांडिंग ऑफिसर कर्नल डीआर गार्गी ने की। समारोह में कैडेट्स को डीआर गार्गी ने रैंक से अलंकृत किया। छह को कैप से लौटने के बाद रैंक से अलंकृत किया जाएगा। कैडेट कामिनी (गवर्नमेंट कालेज सुन्नी) को कैडेट अंडर ऑफिसर, जबकि कैडेट

संतोषी को कार्पोरल रैंक, साक्षी ठाकुर को लांस कार्पोरल रैंक, कैडेट दीपक (गवर्नमेंट कालेज टियोग) को कार्पोरल, कैडेट अक्षिता को लांस कार्पोरल रैंक, कैडेट शरवजीत (कालेज से संजीली) को कार्पोरल रैंक, कैडेट सोनिका को लांस कार्पोरल रैंक और कैडेट एंजेलिना तेज (सेंट वीडुस कालेज शिमला) को लांस कार्पोरल रैंक, कैडेट इवी को लांस कार्पोरल रैंक से अलंकृत किया गया। (जास)



US TALK RESEARCH! – AT THE INDIAN INSTITUTE OF ADVANCED STUDY November 30, 2022

On November 30, 2022, the Department of English, St. Bede's College, Shimla, ventured into the historical site of the Indian Institute of Advanced Study to meet with Dr. Siddharth Satpathy. Dr. Satpathy is an Assistant Professor at the University of Hyderabad and is currently a Fellow at the Indian Institute of Advanced Study. The session, led by Dr. Satpathy, highlighted the need for research, providing the students with various tips and guidance on beginning their research quest. He spoke about the Odia autobiographies he is currently working on and encouraged the students to find their niches while balancing with the current trends in literature.





CATC-130-PRE RDC-1

November 30 – December 7, 2022

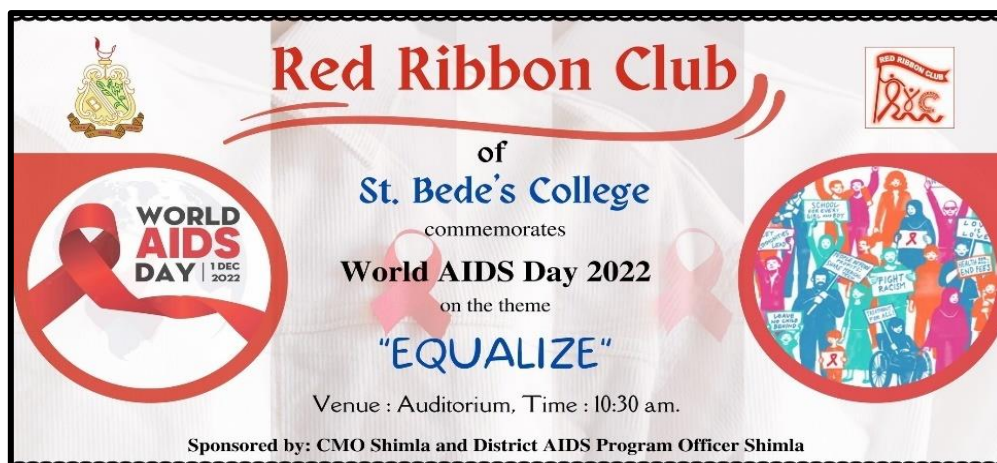
On November 30, 2022, the CATC-130 PRE RDC-1 camp was conducted at the NCC Academy in Rupnagar, Punjab, and two cadets, Cadet Ivy Bhattan and SUO Maanika Sethi, participated in the camp.



WORLD AIDS DAY

December 1, 2022

December 1, 2022, Red Ribbon Club of St. Bede's College commemorated World AIDS Day in the college auditorium on the theme "EQUALIZE". Red ribbon club volunteers guided the gathering on the topics of HIV/AIDS, securing the rights of people living with HIV, and fighting HIV stigma and discrimination. An educational video on HIV/AIDS was also played. The event was sponsored by CMO Shimla and District AIDS Programme Officer Shimla. The chief guest for the event was Dr. Chitwan, Drug Addiction Program Officer Shimla.





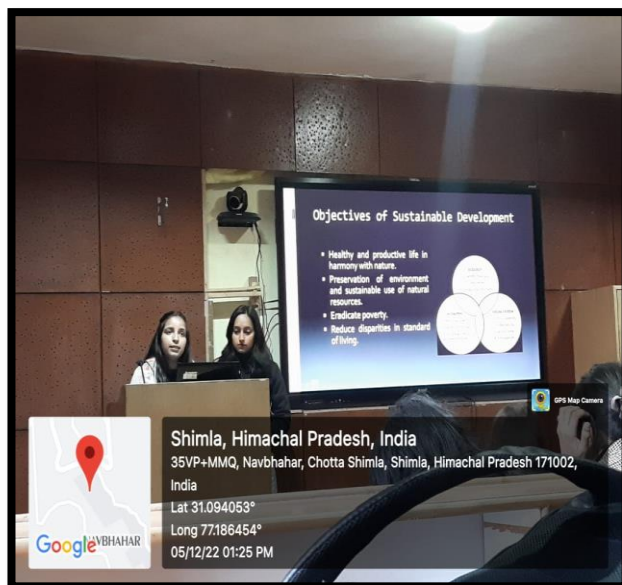
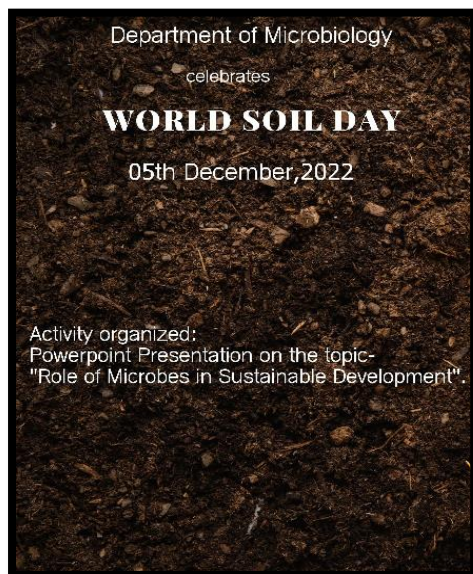
TECHNOLOGY WEEK December 1-5, 2022

From December 1-5, 2022 the Department of Computer Science organized technology week celebration. The week-long event featured a variety of activities, including a screening of the movie "Black Panther" produced by Marvel Scientific Studios. Additionally, the department held several competitions, including essay writing, photography, typing, and slogan writing.



WORLD SOIL DAY December 5, 2022

On December 5, 2022, the Department of Microbiology observed World Soil Day, by organizing an event, where a power point presentation was made to highlight the value of healthy soil and promote the sustainable management of soil resources.



INTER-COLLEGE DECLAMATION COMPETITION UNDER “AZAADI KA AMRIT MOHOTSAV ON THE THEME “SAVE SOIL” December 5, 2022

On December 5, 2022 the Department of Geography organized an Inter-College competition on the theme "Save Soil." The competition saw participation from two local colleges, GDC Dhami and GDC Kotshera. The competition aimed to raise awareness about the importance of preserving soil and its impact on the environment.

CAMPUS INTERNSHIP DRIVE December 5, 2022

On December 5, 2022, an Orientation cum Campus Internship Drive was held at the St. Bede's College Auditorium, Shimla, in collaboration with the Psychology Department. The event was conducted by Mr. Satinder Sehrawat, the founder of 'Mindful Souls'.





MASS AWARENESS RALLY AGAINST FEMALE FOETICIDE

December 8, 2022

On December 8, 2022, Zoo Quest, the Department of Zoology at St. Bede's College Shimla, organized a mass awareness program on the theme "Female Foeticide in India - A Bitter Truth of Society." A rally was conducted from Navbahar Chowk to Sanjauli Chowk to raise awareness against female foeticide.






REMEMBRANCE OF 26/11 MUMBAI ATTACKS

December 6, 2022

The cadets of 7HP (I) Coy, NCC Shimla from St. Bede's College visited Government Sr. Sec. School Dhalli to commemorate the day of remembrance of 26/11 Mumbai Attack under Azaadi Ka Amrit Mahotsav. They delivered a lecture on Major Sandeep Unnikrishnan and performed a role play. In addition, a quiz was conducted, and the cadets received appreciation in the form of a letter from the school principal



ANNUAL REPORT

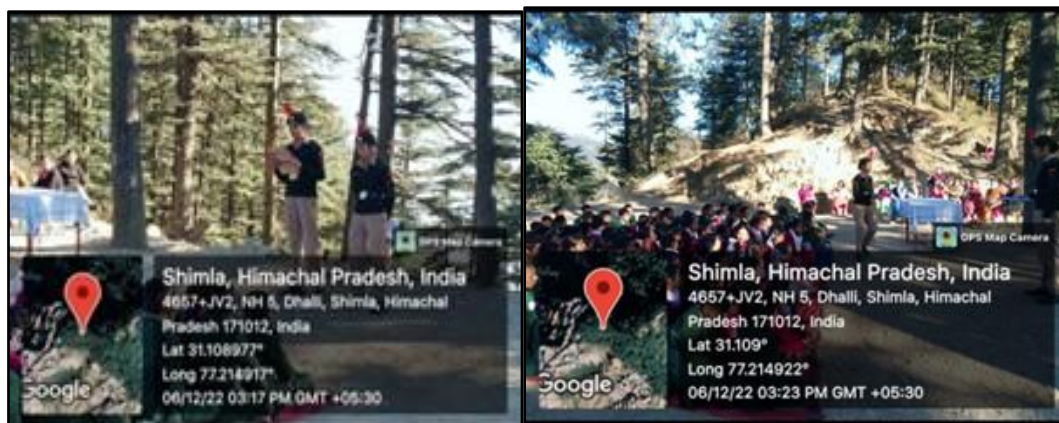
**Remembrance of
26/11 Mumbai Attacks**

**NCC Unit, St. Bede's College
under 7 HP(I) Coy NCC Shimla
is organising a Role Play on the
Day of Remembrance of 26/11
Mumbai Attacks**

Event : Role Play : Day of Remembrance of 26/11
Mumbai Attacks
Date : December 6, 2022
Venue : Government Sec. Sec. School Dhalli
PATRON : Prof. Sr. Molly Abraham
CONVENER : Dr. Shweta Thakur

TO WHOM IT MAY CONCERN

This is to certify that the following Cadets of St. Bede's College NCC
Gave a presentation on "Day of Remembrance of 26/11 Mumbai Attack"
On 6th December, 2022 at Govt. Sec. Dhalli Smtl.
The names of the cadets are as follows:
Cadet Arushi Awasthi
Cadet Arjun Yadhav
Cadet Yamini

Pr. Sah
Signature of principal
PRINCIPAL
Govt. Sec. School
Dhali, Shimla-12
6/12/22



ROLE-PLAY ON BRAVE WARRIORS

December 9, 2022

The NCC cadets of St. Bede's College, under 7HP (I) Coy, NCC Shimla, visited Government Sr. Sec. School Dhalli to present a role play on Rani Laxmibai as a part of the Azadi Ka Amrit Mahotsav celebrations. The cadets performed the role play with great enthusiasm and dedication, educating the students about the brave warrior and her contribution to the Indian independence struggle. The students were inspired by the performance and appreciated the effort put in by the cadets.



WORLD MOUNTAIN DAY“PAHAD HAMARE GHAR”

December 10, 2022

On December 10, 2022, the Environment Cell, organized a slogan and poetry writing competition on the occasion of International Mountain Day. The theme for the event was "पहाड़ हमारे घर". Many talented girls participated and submitted their slogans and poems. Shivangi Premi, a third-year student of Psychology Honours, won the first position in the poetry writing competition, while Shruti secured the second position. Shivangi Premi also bagged the third position in the slogan writing competition.



THEATRE SHORTS! – THE ONLINE INTER-COLLEGE MONOLOGUE COMPETITION

December 12, 2022

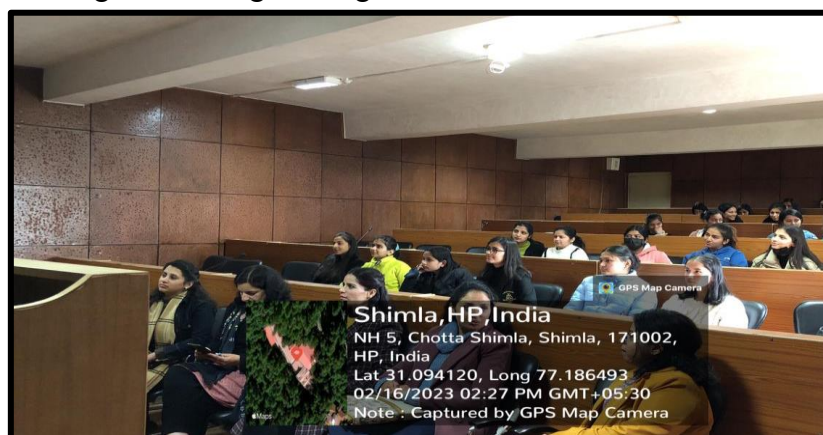
On 12th December 2022, The Theatre Club, St. Bede's College, in collaboration with the Department of English, invited colleges across Himachal Pradesh to send entries for an Online Inter-College Monologue Competition – Theatre Shorts! The entries were welcomed throughout the winter break as students from across colleges sent 3-5 minutes video entries reciting a monologue from any English Drama.

First Prize: Nikita Thakur, St. Bede's College, Shimla.

Second Prize: Pranshu Aaditya, College of Excellence, Sanjauli.

Third Prize: Shefali Rapta, St. Bede's College, Shimla.

The winners were given certificates and medals. The winning entries were also uploaded to the Department of English's Instagram Page.





CATC-131 PRE RDC-2

December 15-22, 2022

From December 15 – 22, CATC-131 PRE RDC-2 camp was conducted at NCC academy, Rupnagar, Punjab.



PLACEMENT CUM INTERNSHIP DRIVE BY TOMMY HILFIGER

December 21, 2022

On December 21, 2022, St. Bede's College, hosted a Placement cum Internship drive by Tommy Hilfiger and US Polo in the college auditorium from 11 a.m. onwards. The college's placement and career guidance cell organized the event, which attracted around 100 interested students. Twenty students were shortlisted for the interview. After the personal interviews, the girls were selected for internships with the brand. This was a great opportunity for the students.



ANNUAL REPORT



CHRISTMAS CELEBRATIONS WITH SCHOOL CHILDREN

December 22, 2022

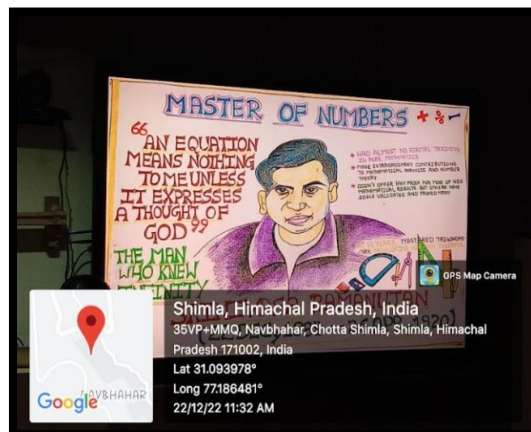
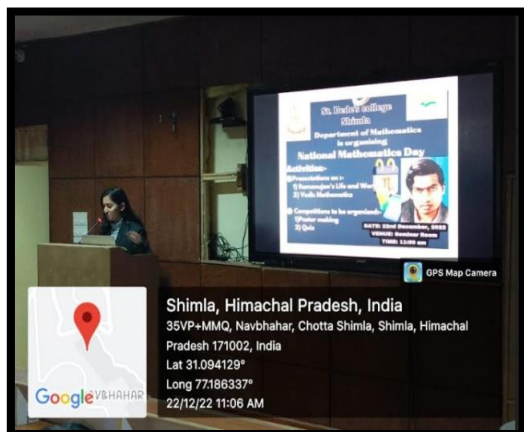
On 22nd December, 2022 St. Bede's College Community Outreach cell organized a Christmas celebration event for the students of Govt. Primary School Sanjauli with the aim of spreading joy and happiness among them and promoting the spirit of Christmas - togetherness and brotherhood. The event commenced with a warm welcome and a lively choir group singing carols related to the birth of Christ. The students were encouraged to sing along with the choir.

To make the event more exciting, Santa Claus made a special appearance and distributed gifts to all the students, bringing big smiles to their faces. The members of the Community Outreach cell also provided refreshments and chocolates to the students, adding to the festive atmosphere. The success of the event was evident from the happiness it brought to the students, and it helped strengthen the bond between the two institutions.



NATIONAL MATHEMATICS DAY December 22, 2022

On December 22, 2022, St. Bede's College celebrated National Mathematics Day in honour of Indian Mathematician Srinivasa Ramanujan's birth anniversary. The seminar room was filled with various activities and competitions, including presentations on Ramanujan and Vedic Maths.



LOCAL FIELD VISIT TO DIRECTORATE OF HORTICULTURE December 22, 2022

The Department of Botany organized a field trip on December 22nd, 2022 for both PG and UG students to visit the Department of Horticulture in Navbahar, Shimla. The objective of the trip was to observe various species of flowering plants and to learn about their value-added products.



ANNUAL REPORT



CATC-132 PRE RDC-3 December 23-30, 2022

During the period of 23rd December to 30th December, CATC-132 PRE RDC-3 camp was conducted at NCC Academy, Rupnagar, Punjab. Among the participating cadets, two cadets, SUO Maanika Sethi and LCpl Ivy Bhattan, were selected for the Republic Day camp 2023 in Delhi.



CHRISTMAS CELEBRATION AT LANGER HALL NEAR IGMC SHIMLA December 24, 2022

The NSS Unit celebrated Christmas on 24th December 2022 at Langer Hall near IGMC Shimla. As a Christmas gift, the college donated food grains to ALMIGHTY BLESSINGS NGO. The volunteers interacted with the founder of the NGO, Mr. Sarbjeet Singh Bobby, patients, and their attendees. The teachers and volunteers selflessly served food to the people.



REPUBLIC DAY CAMP January 1-30, 2023

During the Republic Day camp held at the DGNCC Campus, Delhi from 1st January 2023 to 30th January 2023, SUO Maanika Sethi of 7HP (I) Coy NCC Shimla was recognized as the All-India second-best Master of Ceremony and was awarded the DGNCC's Commendation Card. Her exceptional performance also earned her the title of Best SUO of 7HP (I) Coy NCC Shimla, for which she was felicitated by Col DR Gargey.





ANNUAL REPORT

REPUBLIC DAY CAMP

January 1-30, 2023

LCpl Ivy Bhattan participated in various activities such as NIAP, group singing competition, and ballet during the Republic Day camp held at the DGNCC Campus, Delhi from 1st January 2023 to 30th January 2023. She was also a part of the All-India SW marching contingent at the Prime Minister's Rally.



NATIONAL YOUTH DAY

January 12, 2023

On the occasion of National Youth Day on January 12, 2023 the NSS unit organized an online Photography and Video Making Competition on the topic "The Place I Call Home". The volunteers displayed their creativity and came up with innovative ideas.



ANNUAL REPORT



NATIONAL VOTER'S DAY **January 25, 2023**

The NSS unit of St. Bede's College organized a virtual meeting on 25th January, which marks National Voters Day. The theme for the 13th National Voters Day was "Nothing like voting, I vote for sure." During the meeting NSS Secretary Neesa Negi provided a brief introduction to this significant day. An essay writing competition was also conducted. The celebration ended with the pledge taken by NSS volunteers.



ARMY ATTACHMENT CAMP

January 27-February 7, 2023

Cadet Priyamvada Thakur got selected for the Army Attachment Camp for SWs which was conducted by 14th Rajputana Rifles from January 27, 2023 to February 7, 2023. During the camp, she learned various skills such as shooting, map reading, and obstacle training.



DE-KITTING CAMP

January 31-February 3, 2023

A De-Kitting camp was organized at NCC Academy, Rupnagar from January 31 to February 3, 2023. The cadets were honored by Maj Gen K Vinod Kumar, ADG, PHHP&C DTE for their remarkable achievements at RDC 2023.



FELICITATION OF RDC HOLDERS

February 14, 2023

On February 14, 2023 SUO Maanika Sethi and LCpl Ivy Bhattan were honoured in the college for their participation in the Republic Day Camp, Delhi. During the felicitation ceremony, they shared their experiences and the valuable lessons they learned during the camp.



DONATION DRIVE

February 15-16, 2023

A donation drive was conducted by the Disaster Management cell on February 15 and 16, 2023 for the Turkey Disaster relief efforts, following a severe earthquake of 7.8 magnitudes that hit Turkey on February 6, 2023. The entire college community donated generously for the cause. A sum of Rs. 4,330 was collected through the drive. The Disaster Management Cell ensured that the donations were handled responsibly and reached the intended beneficiaries.





CAREER COUNSELLING

February 20, 2023

Mr. Kiran Kurdwade, the Director Professor of Strategic Initiatives in Chitkara University, conducted a seminar on February 20, 2023, in the college auditorium. Over 200 students from various courses, including B.COM, BBA, BCA, and B.A., attended the seminar. Mr. Kiran shared various techniques to become successful in life and provided tips on how to crack interviews. To keep the students engaged, he conducted different activities and games and rewarded them with chocolates. He highlighted the importance of having a purpose, passion,



and money (3P's) to achieve one's goals.

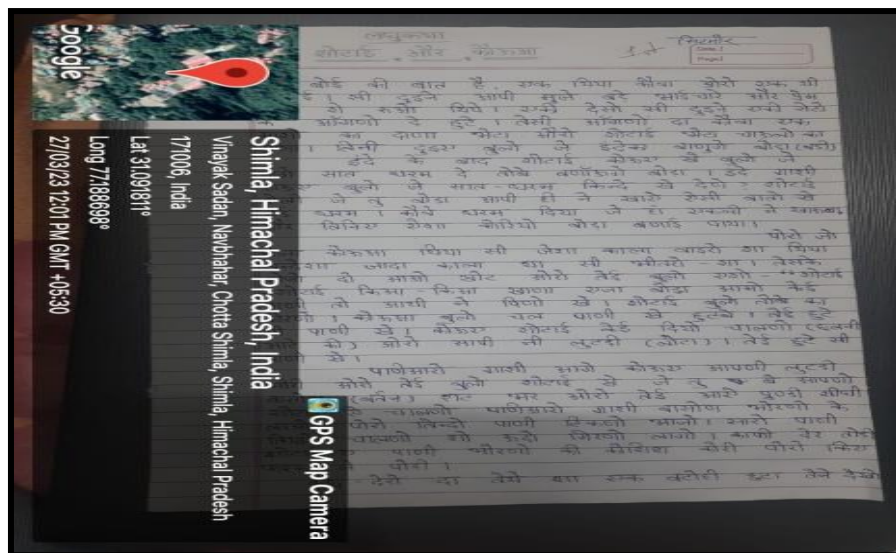
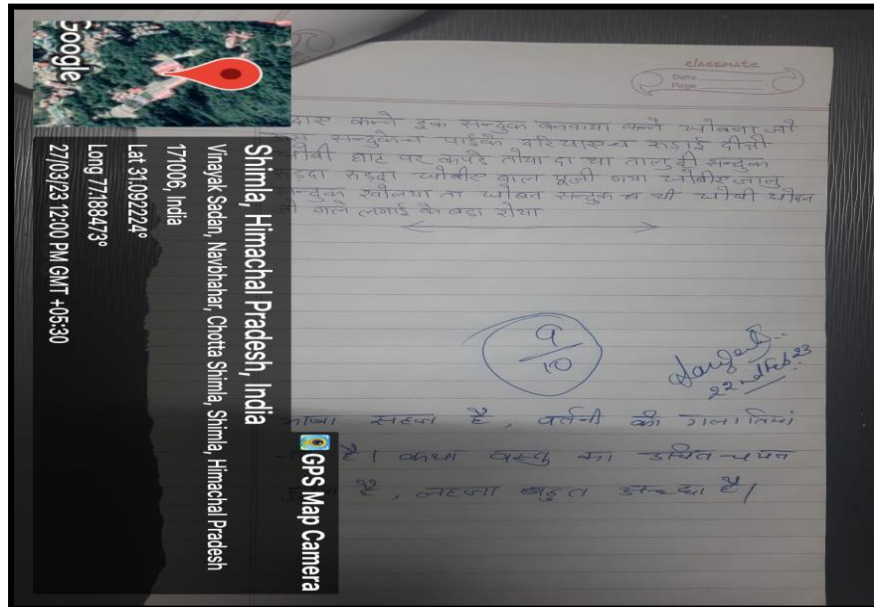
अंतरराष्ट्रीय मातृ भाषा दिवस का आयोजन

February 21, 2022

दिनांक 21 फ़रवरी 2023 को सेंट बीड्स महाविद्यालय के हिंदी विभाग की ओर से अंतरराष्ट्रीय मातृभाषा दिवस मनाया गया। इस अवसर पर 'बहुभाषी शिक्षा शिक्षा को बदलने की आवश्यकता -' थीम के आधार पर कॉलेज की बी. ए तथा बीकॉम प्रथम एवं द्वितीय वर्ष की छात्राओं को अपनी - अपनी क्षेत्रीय बोलियों में एक लघु-कथा लेखन प्रतियोगिता में भाग लेने का प्रोत्साहन दिया गया। छात्राओं ने हिंदी, पंजाबी, कांगड़ी, चम्बियाली, सिरमौरी, भरमौरी आदि पहाड़ी बोलियों में विभिन्न विषयों पर लघुकी रचना की -



ANNUAL REPORT



SPECIAL ANNUAL CAMP

February 21-27, 2023

The NSS Unit held the annual NSS Camp for seven days, with 55 final-year student participants. The event started with a welcome dance, followed by the presentation of the annual activities report by NSS President Sakshi. Dr. Hari Singh, the coordinator of NSS and



ANNUAL REPORT

director, was the chief guest for the day. Mr. Sanjeev Harnot conducted an Art of Living session on 'Youth Empowerment and Skills Development'. Several activities were held during the seven day camp, such as Art of Living sessions, cleanliness drives, maintenance of the college library and computer lab, yoga sessions, nature walk, serving food at langar hall at IGMC and guest lectures.





STRESS MANAGEMENT PROGRAMME

February 24, 2022

On February 24, 2023 the Placement and Career Guidance cell of St. Bede's College, in collaboration with the NSS unit, organized a stress management program. The theme of the program was "Goals of Developed India," and the chief guest for the event was Ms. Namratta Kaushal, a post-graduate from New York University in Human Behavior and psycho analysis.

Ms. Kaushal began the session by briefing the audience on the basics of stress management and how to cope with day-to-day stress. She also engaged the students in brainstorming games, making the session interactive and enjoyable.



INTER-SHIP SINGING COMPETITION February 24, 2022

On 24th February 2023, the Music Club, organised an Inter-ship Singing Competition. Students from each ship, INS Vikrant, INS Vikas, INS Chirag and INS Himmat, participated in four categories – Solo Singing (Western), Solo Singing (Indian), Western Duet and Indian Duet.

The esteemed judges for this competition were Dr Deepti Pajni, Dr Anupama Tomar and Ms Akshita Dhiman. The students enthusiastically participated, showcasing various singing talents across genres and ranges. The contestants took to the stage with great gusto as their friends and fellow shipmates cheered them on.





NATIONAL SCIENCE DAY February 28- March 1, 2023

To celebrate National Science Day with the theme of 'Global Science for Global Wellbeing,' the Science faculty of the college in collaboration with the Indian Association of Physics Teachers and Indian Science Congress Association, Shimla Chapter, organized a two-day program on February 28, and March 1, 2023. The program commenced with an Inaugural Address by the Chief Guest, Prof. P.K. Ahluwalia, who shared his research experiences and motivated the students to pursue research for the betterment of society. A movie on Cyclotron was also shown to the students in honour of Prof. H.S. Hans on his centenary celebrations. The students participated in quiz competitions and also created models on the theme "Role of Biotechnology in the Management of Covid-19".





MOCK INDIAN PARLIAMENT SESSION

March 02, 2023

Model United Nations society in collaboration with the Department of Political Science organized a Mock Indian Parliament session on March 02, 2023. The participants represented the leading and the opposition party. The topic for the mock session was “Citizenship Amendment Bill” on which the discussion was held by the students while representing different political characters such as Chamcha Banerjee, Sachin Rickshaw wala, Sassy Tharoor, etc.

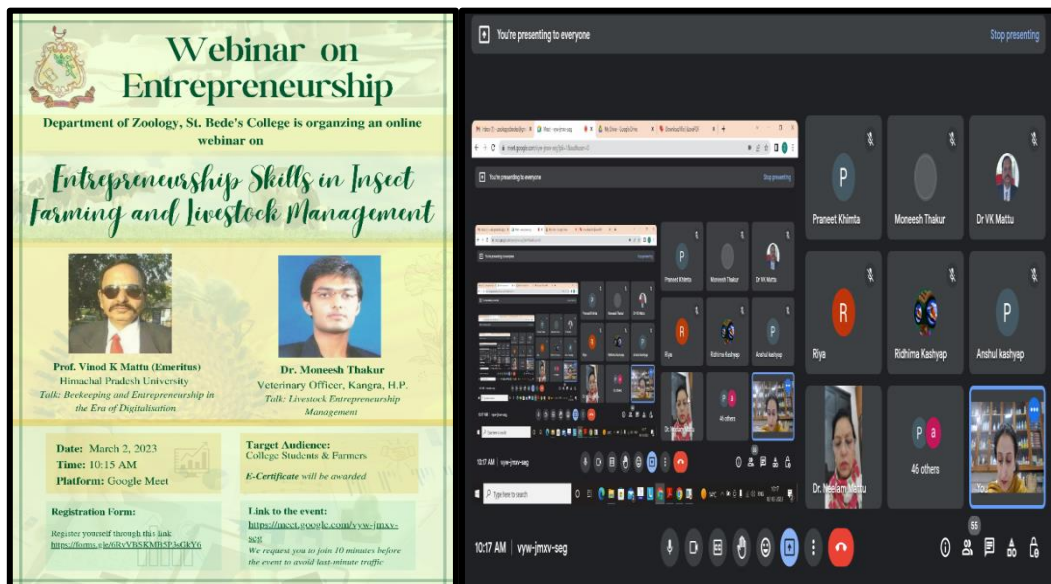
All the students participated enthusiastically and did justice to their characters. In the end, Samridhi Mall of B.A. III and Dipti Sood of B.A. II were given the award for best speakers.



WEBINAR ON ENTREPRENEURSHIP

March 2, 2023

The Department of Zoology, organized a webinar on March 2, 2023, focusing on entrepreneurship skills in insect farming and livestock management. The webinar was conducted by two distinguished resource persons, Prof. V.K. Mattu (Emeritus) from Himachal Pradesh University and Dr. Moneesh Thakur, Veterinary Officer at Veterinary Hospital Harchakian Kangra, Himachal Pradesh. The main objective of the webinar was to educate farmers and students about entrepreneurship and employment opportunities in beekeeping and livestock management.



INTERNATIONAL WOMENS' DAY CELEBRATION 2023

March 03, 2023

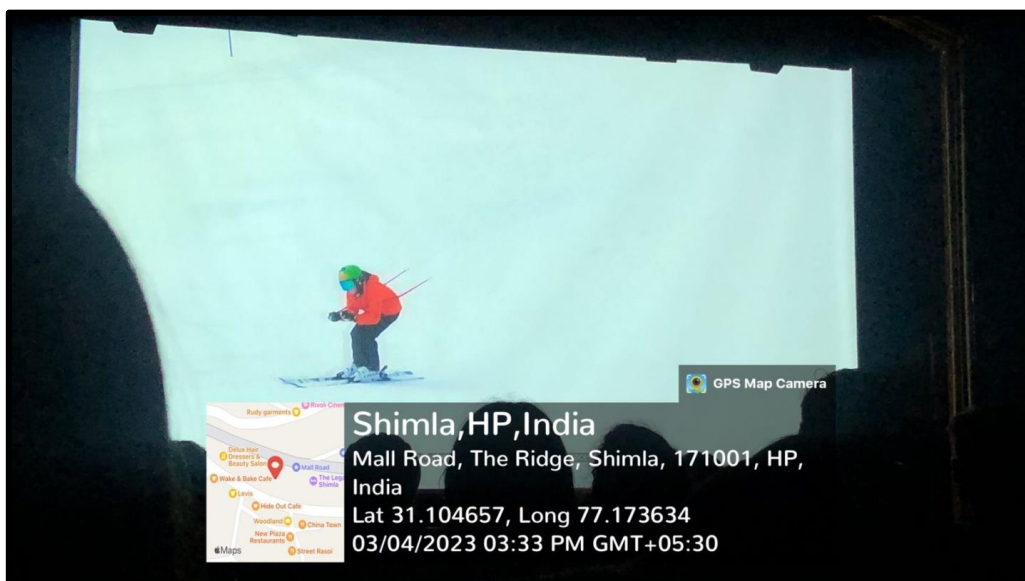
A group of sixty students from St. Bede's College attended the International Women's Day celebration at Gaiety Theatre, organized by the Directorate of Women and Child Development, H.P on March 3, 2023. The event showcased two documentaries, "No Woman's Land" and "Breaking the Ice", which highlighted the challenges women face in their quest for equality. These documentaries were directed by Dr. Devkanya Thakur, who shared her experiences and creative inspirations with the students and guided them through the filmmaking process.





ANNUAL REPORT





ICSSR SPONSORED INTERNATIONAL SEMINAR ON "TRANSFORMATION OF INDIA @75"

March 3-4, 2022

On 3rd and 4th March 2023, the Department of Economics, in collaboration with the Department of Commerce and Management, hosted an International Seminar on the theme of "Transformation of India @75" under the aegis of Azadi Ka Amrit Mahotsav. The seminar was sponsored by the Indian Council of Social Science Research (ICSSR). The event was graced by the Honourable Education Minister, Shri Rohit Thakur, as the chief guest and was convened by Dr. Anupama Tandon.

The two-day conclave provided a platform for academicians, foreign dignitaries, scholars, professors, and students to engage in enriching discussions and paper presentations on critical inflection points in the Indian economy. The symposium was a great success and was appreciated by all the participants.





MEDICINAL PLANTS AND THEIR USES

March 3, 2023

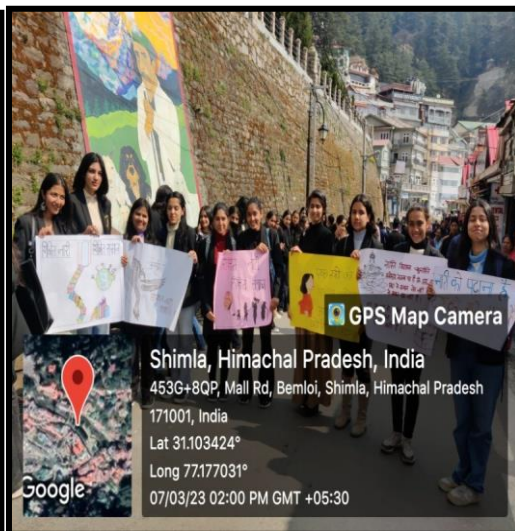
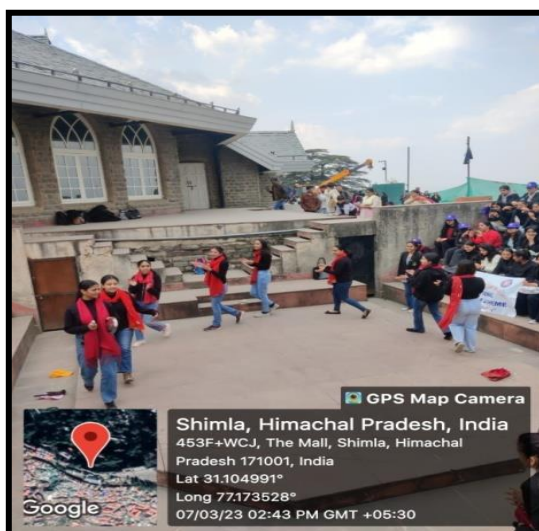
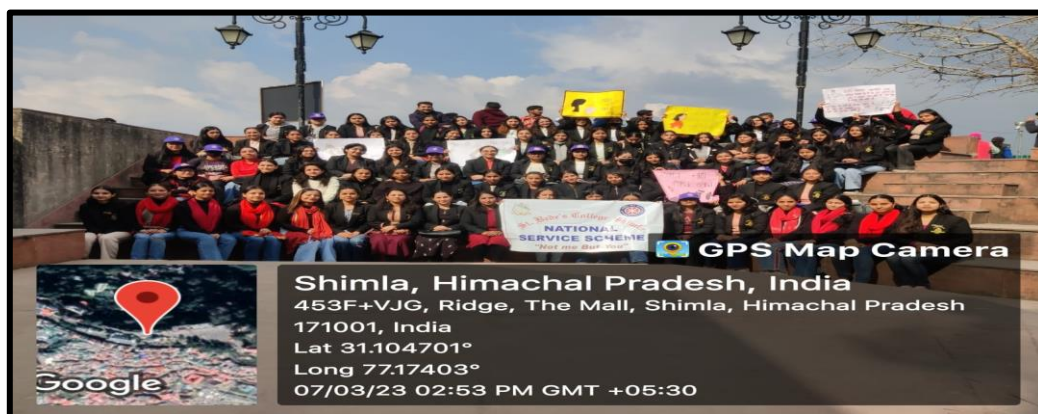
On March 3rd, 2023, an interactive session was organized by the Botany Department in collaboration with the History Department for the third-year B.Sc and B.A students. The session included a PowerPoint presentation on "Medicinal Plants and Their Uses," which highlighted the importance of Indian medicinal plants in combating various diseases.





SHIKSHIT NARI, SHIKSHIT SAMAJ
March 07, 2023

Debates and Dramatics society in collaboration with the Department of Hindi of St Bede's College and organized a Nukkad Natak, which turned out to be a huge success. The event was held on Women's Day, and a rally from Sher-e-Punjab to the amphitheatre was organized as a part of it. The Nukkad Natak was the main attraction of the event, and it effectively drew the attention of the audience. The Nukkad Natak's main objective was to raise awareness about the discrimination that women face, not only at home but also when they are assaulted by the rest of the world. The play also highlighted the issue of delayed justice for rape victims, and the need for authorities to take action. Overall, the activity was insightful and well-received by the audience.





HOLI CELEBRATION

March 7, 2023

On 7th March 2023, the Department of Computer Science celebrated the festival of Holi with great enthusiasm. The celebration was a fun-filled and joyous event. It provided an opportunity for students to come together, bond, and enjoy the spirit of the festival.



CELEBRATION OF INTERNATIONAL WOMENS' DAY 2023

March 09, 2023

On March 9, 2023, St. Bede's College's Women Cell commemorated International Women's Day. The United Nations theme for this year's Women's Day was DigitALL: Innovation and Technology for Gender Equality, which emphasized the importance of technology in raising awareness of gender issues. The institute's students exhibited their talents and confidence through a Nukkad Natak, followed by an interactive session with the guest speaker, Professor Neelima Kanwar, the current Dean of the Faculty of Languages at Himachal Pradesh University. Dr. Kanwar engaged the students in a discussion on various issues faced by women in today's world, and the students shared their experiences and concerns. As part of the celebration, a rally was organized to promote women's empowerment and raise awareness of gender issues, which was successful.



ANNUAL REPORT





शिमला। सेंट बीड्स महाविद्यालय के महिला प्रकोष्ठ द्वारा अंतरराष्ट्रीय महिला दिवस के अवसर पर महाविद्यालय के सभागार में एक संवादात्मक सत्र आयोजन किया गया। इस कार्यक्रम में मुख्य वक्ता के रूप में हिमाचल प्रदेश विश्वविद्यालय के अंग्रेजी विभाग में वतीर प्रोफेसर डॉ. नीलिमा कंवर रही। अपने वक्तव्य के माध्यम से उन्होंने महाविद्यालय की छात्राओं को वर्तमान समय में महिलाओं के सामने आने वाली विभिन्न समस्याओं को लेकर जागरूक किया, साथ ही महिला सशक्तिकरण पर विस्तृत चर्चा की और अपने वक्तव्य द्वारा पूरे महाविद्यालय को सार्थक किया। इसके बाद छात्राओं द्वारा वक्तव्य से संबंधित प्रश्न पूछे गए तथा अपने अनुभवों और विचारों को साझा किया। महाविद्यालय की छात्राओं ने नुकड़ नाटक तथा रैली के माध्यम से दर्शकों को जागरूक करने का प्रयास किया और इसके साथ ही कार्यक्रम का समापन हुआ। कार्यक्रम का आयोजन डॉ. वंदना ठाकुर तथा प्रियंका मेहता द्वारा किया गया। *Divya Himachal 10/3/23*

सेंट बीड्स में संवाद सत्र का आयोजन

शिमला। अंतरराष्ट्रीय महिला दिवस पर सेंट बीड्स कॉलेज सभागार में वीरवार को खुला संवाद सत्र का आयोजन किया गया। इसका विषय नवाचार और प्रौद्योगिकी रखा था। कार्यक्रम में मुख्य वक्ता हिमाचल प्रदेश विश्वविद्यालय के अंग्रेजी विभाग की प्रो. डॉ. नीलिमा कंवर रही। उन्होंने कॉलेज की छात्राओं को वर्तमान समय में महिलाओं को पेश आने वाली विभिन्न समस्याओं से अवगत करवाया। इस सत्र के आयोजन में डॉ. वंदना ठाकुर और प्रियंका मेहता ने अहम योगदान दिया। *ब्यूरो*





INTER-SHIP POETRY WRITING COMPETITION

March 09, 2023

On March 9, 2023 an inter-ship poetry writing competition was organized by the Poetry Society on the occasion of International Women's Day. The theme for the competition was 'Sisterhood and a Sustainable Society'. Yati Sharma from B.Sc. Biotech 3rd year submitted her views in the form of poem and bagged 2nd position.

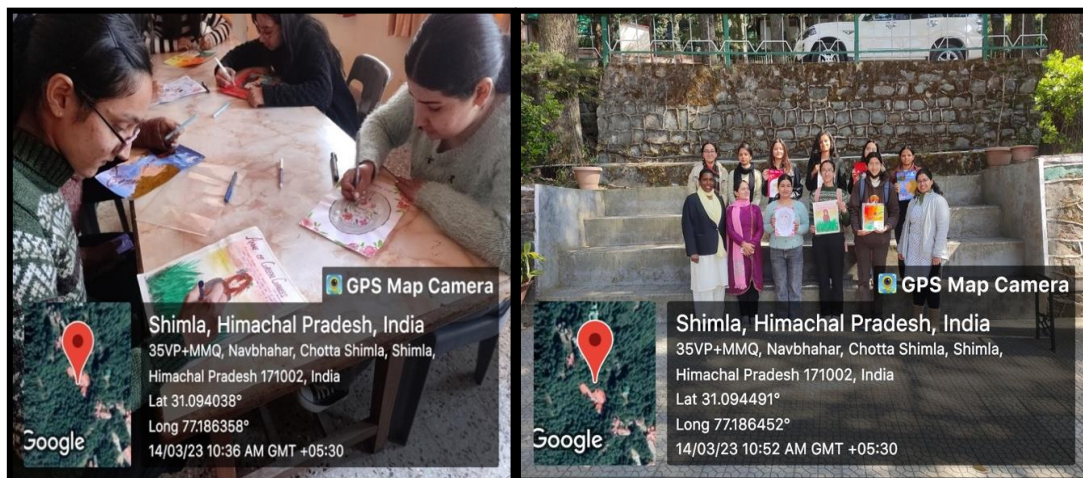
BOOK COVER PAINTING COMPETITION ON WOMEN'S WRITING

March 9, 2022

A Book Cover Painting Competition was organized by the Fine Arts Society in collaboration with the English Department on 9th of March 2023 on the occasion of International Women's Day. The competition was held in the college auditorium and the participants made paintings with great enthusiasm and creativity. Each painting depicted a Book Cover or a scene from an English novel/poem. The students made beautiful paintings which held a lot of meaning.

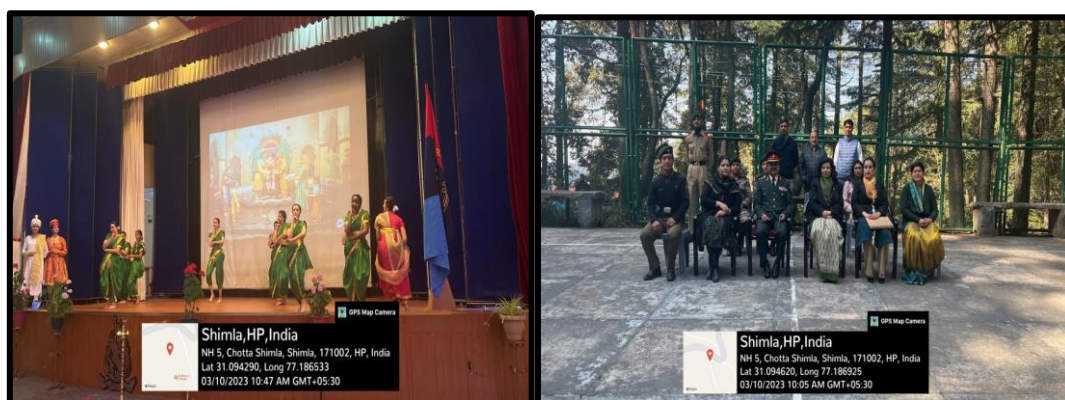


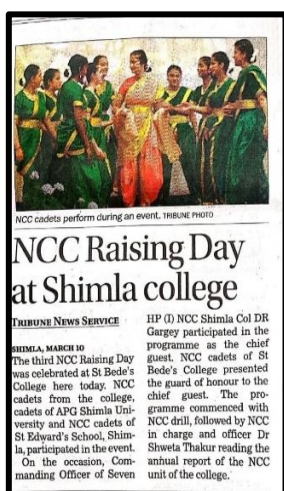
ANNUAL REPORT



NCC RAISING DAY March 10, 2023

To celebrate its 3rd NCC Raising Day, the NCC Unit at St. Bede's College, under 7HP (I) Coy NCC Shimla, organized an event. The Commanding Officer, Col. Desh Raj Gargey, was the chief guest of the day. Cadets and ANO/CTO from St. Edward's School and APG Shimla University also attended the event. The event began with a drill by the cadets, followed by a role-play on Rani Lakshmi Bai, with the theme 'Main Apni Jhansi Kisi Ko Nahi Doongi.' Chief Guest Col. D.R. Gargey felicitated the cadets by presenting certificates and mementos to them for their achievements during the NCC session 2022-23.





As responsible citizens of society the students and teachers of computer science department went to IGMCC to serve langar to cancer patients and their attendants. Over 1000 people were served in the entire day. The students also made chapattis for the patients.



ANNUAL REPORT



PARENT TEACHER MEETING

March 11, 2023

A meeting of the Parents and Teachers (PTM) was held in the college auditorium, to discuss the progress of the students with their respective teachers. The teachers discussed the student/wards minor test marks, attendance as well as the student's participation in co-curricular activities.





INTRAMURAL SPORTS COMPETITIONS

March 11, 2023

On March 11, 2023, the Department of Physical Education and NSO at St. Bede's College Shimla organized intramural competitions in Table Tennis, Badminton, and Basketball, under the guidance of Dr. Ashwani Kumar. The objective of these competitions was to offer students an opportunity to engage in competitive and non-competitive recreational sports activities as part of their educational pursuits. A total of 34 students participated in their respective competitions and reported at the designated sports arena of the college at 1:30 PM. Dr. Anupama Tandon, Head of the Department of Economics, presented trophies to the winners. Mr. Nishant Sharma, Mr. Bihari Lal Thakur, and Miss Ananya Thakur, President of NSO, played an active role in ensuring the success of the competition.





ANNUAL REPORT





ANNUAL REPORT





CAREER COUNSELLING SEMINAR

March 13, 2023

On March 13, 2023, the Placement and Career Guidance cell of St. Bede's College, Shimla, organized a Career Guidance seminar conducted by ICA Education Pvt. Ltd., Chandigarh. The seminar was interactive, with the speaker emphasizing the importance of practical knowledge and guiding the students on how to acquire it through various available platforms. The session also covered various career options in the field of commerce. The college principal, Prof. Sr. Molly Abraham, and Mr. Manu Mahajan, Convener of the Career Guidance and Counselling cell, supervised and guided the session.



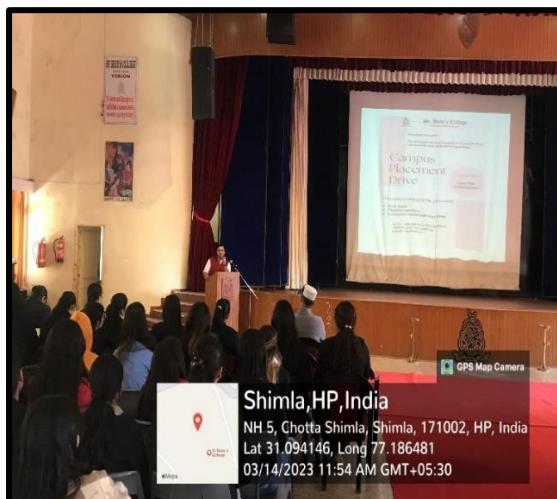


CAMPUS PLACEMENT DRIVE

March 14, 2023

The Financial Lab cum Incubation Centre (FLIC) of the college in collaboration with SkillLabs organised a campus placement drive on March 14, 2023 for the B.A., B.Com., B.B.A. and B.C.A. students of III year and graduated students of 2022. The HRs of the following companies were present for the drive:

1. Teleperformance
2. HDFC Bank
3. I-Process-Hiring for ICICI Bank

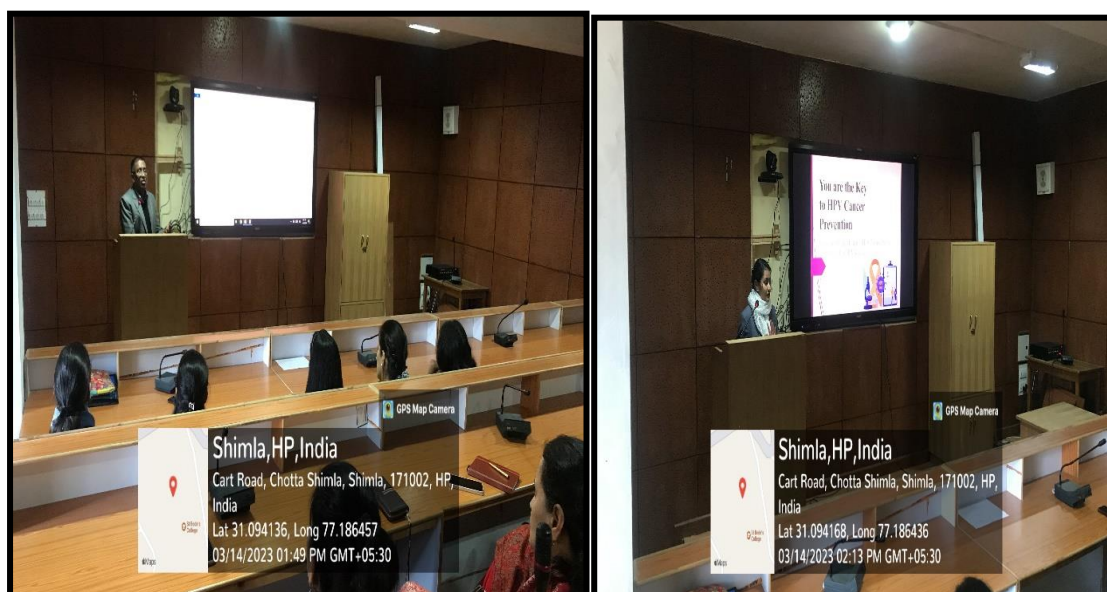




AWARENESS TALK ON CERVICAL CANCER

March 14, 2022

On 14th March 2023, an awareness talk on cervical cancer was organized by the Department of Psychology, St. Bede's College, in collaboration with the Department of Psychology, H.P. University, Summerhill. Dr. (Prof.) S.N. Ghosh was the guest speaker for the occasion, who interacted with a group of teachers of the college and informed them about the transmission of Human Papiloma Virus (HPV) and the cause of Cervical Cancer.



INTERNATIONAL DAY OF MATHEMATICS

March 14, 2023

On March 14, 2023, the International Day of Mathematics, also known as 'Pi Day,' was celebrated in Computer Lab II at St. Bede's College. The students of B.Sc. 1st year gave a presentation using PowerPoint to explain why March 14 is celebrated as Pi Day and highlighted the crucial role of mathematics in science and technology. The event was attended by students of B.Sc. non-medical.



WALK FOR HEALTH March 18, 2023

On March 18, 2023, the Health Club of St. Bede's College Shimla organized a "WALK FOR HEALTH" activity. The aim of the activity was to raise awareness about the health benefits of walking and staying active. The teachers in charge briefed the volunteers about the significance of the activity and the advantages of walking, such as improving balance, blood circulation, limiting sickness, and building bone mass, etc. The forest road was chosen as the route for the walk as it provided the students with an opportunity to enjoy the beauty of nature. Dr. Kusum Sharma informed the students about various medicinal plants and their usage. The two-hour-long physical activity proved to be helpful in demonstrating the practical health benefits of walking. The volunteers expressed their gratitude to the accompanying teachers and resolved to make such healthy walks a part of their daily life.





PARTICIPATION IN AN INTERNATIONAL SEMINAR ON HIMALAYAN HISTORY, ART, CULTURE, ARCHAEOLOGY, PALEOENVIRONMENT

March 18, 2023

The Department of History's students attended an International Seminar on Himalayan History, Art, Culture, Archaeology, and Paleoenvironment, held at the State Museum, Shimla on March 18, 2023. The event proved to be an enriching experience for the students, providing them with the opportunity to interact with renowned scholars in their respective fields.

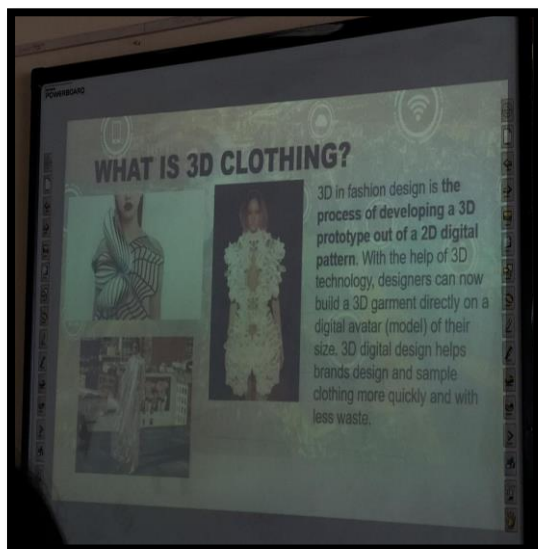




ANNUAL REPORT

NATIONAL 3D DAY March 21, 2023

On March 21st, 2023, the Department of Computer Science celebrated National 3D Day for IT students of the college. The event featured a presentation by students of the BCA 4th semester, who gave a detailed explanation of 3D technology and its applications in the modern world.



Annual Prize Distribution and Office Laying Down Ceremony March 22, 2023

Annual Prize distribution function and Office Laying Down Ceremony were organized to recognize the student achievers for the academic session 2022-23. The Principal, St. Bede's College, Prof. Sr. Molly Abraham presented the College Annual Report – 2022-23. Academic, non-academic, PTA awards as well as scholarships and other awards were presented by the Chief Guest, Maj Gen, Atul Kaushik. The PTA awards were given away by the PTA President, Ms. Chetna Sharma.





INTER COLLEGE ECONOMICS LITERARY MEET March 23, 2023

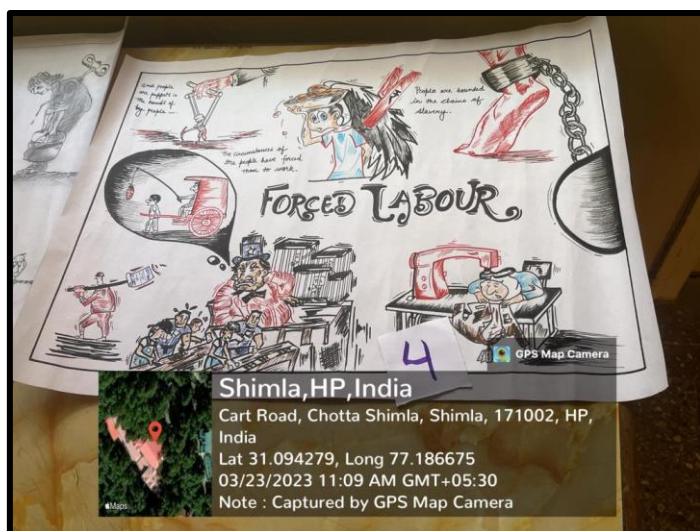
The Department of Economics at St. Bede's College in Shimla organized an Inter-college Economics Literary Meet, which was a grand success. The event saw the participation of approximately 80 Economics students from various colleges in and around Shimla, who were excited to showcase their skills and knowledge of economics.

The main objective of the meet was to provide a platform for Economics students to exchange new ideas and techniques. The event successfully facilitated discussions on various topics in the field of Economics, promoting intellectual growth and development among the students. The students appreciated the opportunity to learn from their peers, and the event helped them broaden their knowledge of the subject while also honing their skills in different areas of economics.





ANNUAL REPORT



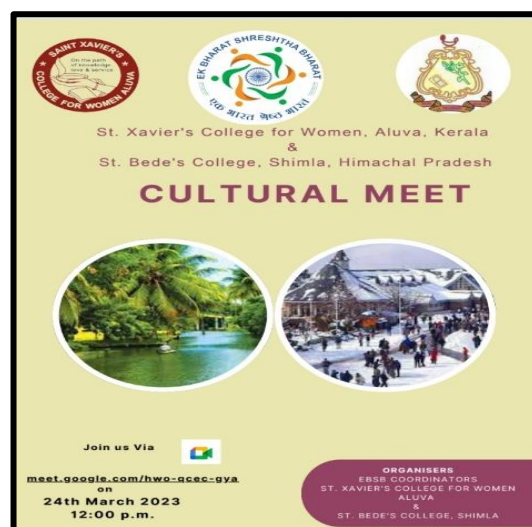


ANNUAL REPORT

CULTURAL MEET

March 24, 2023

On March 24, 2023, students from St. Bede's College in Shimla and St. Xavier's College for Women in Aluva, Kerala came together under the EBSB program to host an online Cultural Meet. The event was guided by Mr. Manu Mahajan, Convener EBSB, and Ms. Swati Kapil, Member, EBSB, who worked with the St. Bede's College students to create a presentation highlighting the beauty and culture of Himachal Pradesh. The presentation covered various aspects, including the districts, languages, scenic beauty, and rich culture of the state. Meanwhile, the students from St. Xavier's College for Women shared their own diverse culture and taught some Malayali words to their counterparts from St. Bede's College, including Vendam (yes), Venda (no), and Vellam (water). In return, the St Bede's College students taught some Himachali words, including Chish (water) and Minju (I).



NATIONAL SEMINAR ON “BUILDING A RESILIENT FUTURE: INTEGRATING ENVIRONMENT, ECONOMY AND TECHNOLOGY”

March 24-25, 2022

The Department of Geography at St. Bede's College, Shimla organized a two-day national seminar on the 24th and 25th of March, 2023. The seminar's theme was "Building a Resilient Future: Integrating Environment, Economy, and Technology," which emphasized the need to combine the three pillars of sustainable development - Economy, Environment, and Society (Technology). The seminar was inaugurated by the Chief Guest, Shri Harish Janartha, Honourable Member of the Legislative Assembly Shimla Urban. The chief guest for the valedictory session was Flt. Lt. Anuj Tomar, Deputy Commandant General, Department of Home Guards, Civil Defense, and Fire Services, Himachal Pradesh.

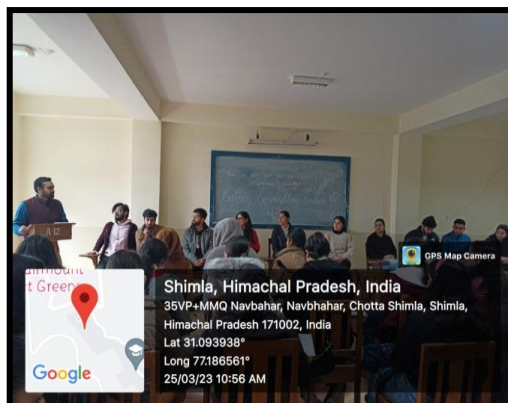
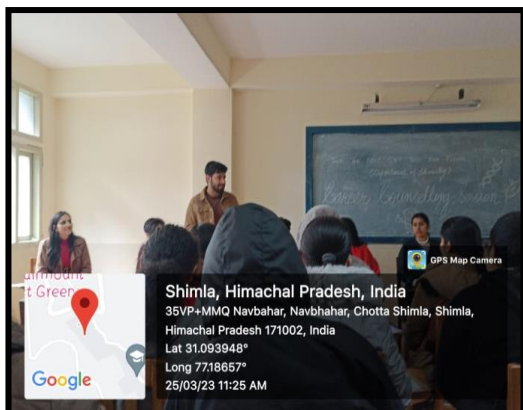


CAREER COUNSELLING SESSION FOR SCIENCE STUDENTS

March 25, 2023

On March 25, 2023, a career counseling session was held for the students of B.Sc. and Bio-Technology final year. The session was organized by the Department of Chemistry with the aim of providing guidance on entrance exams and career opportunities. The session featured 11 distinguished speakers who have excelled in their respective fields and are pursuing M.Sc. or Ph.D from different universities.

The students gained valuable insights into the different entrance exams and the opportunities available in their respective fields. They also learned about entrepreneurship and how to start a successful business. The experiences and insights of speakers were highly motivating and informative for the students.



WEBINAR ON “ROADMAP TO RBI GRADE B OFFICER”

March 25, 2023

On March 25, 2023, the Vedanta Institute conducted a webinar titled "Roadmap to RBI Grade B." The spokesperson for the webinar was Mr. Ankit Dev, who aimed to inform and educate students about the annual examination held by the Reserve Bank of India for the managerial level post known as RBI Grade B.

The webinar covered several essential topics, including an introduction to the RBI Grade B Exam, eligibility criteria, age limits, exam patterns and syllabus, other government exams that have the same syllabus, and how to start exam preparation.



ANNUAL REPORT

Roadmap to R... | 17:35

Ankit Dev DIVINE

A...

RBI Grade B Phase I Syllabus for DR (General)

Reasoning	Quantitative Ability	English Language	General Awareness
CODING DECODING	Simplification	Reading Comprehension	National /International
RANKING	Profit & Loss	Cloze Test	Awards /sports/important days
DIRECTION	Mixtures &Alligations	Para Jumbles	Indian Financial Systems
DATA SUFFICIENCY	Simple Interest & Compound Interest & Surds & Indices	Grammar	Indian Banking Systems
PUZZLES	Work & Time/Distance	Fill in the blanks	Appointment /Resignation
BLOOD RELATION	Permutation, Combination & Probability	Multiple Meaning /Error Spotting	Banking Terms
SYLLOGISM	Mensuration – Cylinder, Cone, Sphere	Paragraph Completion/connecter	
INPUT OUTPUT	Data Interpretation		
STATEMENT BASED QUESTIONS	Ratio & Proportion, Percentage		
INEQUALITY	Number Systems		
DECISION MAKING	Sequence & Series		

Activate Windows: Go to Settings to activate Windows.

Roadmap to R... | 59:20

Ankit Dev DIVINE

A...

PREPARATION STRATEGY

- RIGHT TIME TO START ✓
- DURATION OF THE COURSE }
- DAILY TIME TABLE }

Activate Windows: Go to Settings to activate Windows.



INTERDEPARTMENTAL ACTIVITY ON "JAGO GRAHAK JAGO"-CONSUMER AWARENESS AND "CHILD MARRIAGE" AWARENESS

March 27, 2023

The Department of Economics at St. Bede's College Shimla organized an interdepartmental activity in collaboration with the departments of BBA, BCA, and B.Com. The theme of the activity was "Jago Grahak Jago" i.e. Consumer Awareness. The event began with a PowerPoint presentation by the first-year Economics Honours students, who elaborated on the topic of consumer exploitation and the Consumer Movement. Following the presentation, a skit cum advertisement was performed by the students, which focused on the theme. The students of BBA presented a skit on the topic of child marriage, with a focus on bringing to light issues such as male chauvinism, family court, and the dowry system. They presented several statistics, which showed India having the highest percentage of child marriage. The presentation was thought-provoking and generated a lot of discussion and debate among the attendees. The interdepartmental collaboration added a unique dimension to the event, providing an opportunity for students from different fields to share their perspectives and insights.





MINOR PROJECT

March 27, 2023

Ms Reena Thakur guided the students of B.Sc (Hons) Microbiology 2nd year in completing a Minor Project titled 'A Survey on Common Food Preservatives Added to Packaged Foods'. As part of the project, the students visited various food stores and malls to gather information about the types of food items available and the additives added to them.



ENGLISH LITERARY MEET

March 28, 2022

The Department of English, St. Bede's College, organized an English Literary Meet on March 28, 2023 where students from St. Bede's College and the College of Excellence, Sanjauli, interacted with each other. The discussion centered on the intersections between society and philosophy. Philosophers ranging from Rousseau to Alan Walker were discussed.





GRADS' NITE

March 29, 2023

St. Bede's College organised the Grads' Nite, on the theme, "1904-A Ballroom" to bid farewell to the final year students. The Education Secretary, Dr. Abhishekh Jain, honoured the occasion by presiding over as the Chief Guest. The highlight of the event was the beautiful cultural presentations by the students of first year and second year. The judges for the pageant were, Dr. Shamja Munjal and Ms. Anuja Sharma. Samridhi Mall was crowned as Miss Bede's 2023, Smriti Thakur and Archana Mullick were crowned as the, First and Second Runner up respectively.





A WORKSHOP ON MODERN EUROPEAN DRAMA **April 14-15,2023**

The Department of English, St. Bede's College, Shimla, organised a two day workshop on Modern European Drama for our second-year PG students. The resource person for the event was Mr Jobin Thomas, an Assistant Professor in the Department of English at Jesus and Mary College, University of Delhi.





A WORKSHOP ON THE STRUCTURE OF LANGUAGE

April 14-15, 2023

The Department of English, St. Bede's College, Shimla, organised a two day workshop on the Structure of Language for the first-year PG students. The resource person was Dr Paroma Sanyal, an Associate Professor of Linguistics at the Department of Humanities and Social Sciences at the Indian Institute of Technology, Delhi. The workshop focused on the basics of linguistics, which included phonetics and morphology.



INDUSTRIAL VISIT TO THE DIRECTORATE OF HORTICULTURE

April 28, 2023

The Department of Commerce and Management went for an industrial visit to the Directorate of Horticulture Navbahar, Shimla with the aim of imparting the students with practical knowledge of food product processing, packing, and marketing activities in an industrial setting. The visit began with an orientation session by Mr. Kuldeep, who provided insight into the history and main products of the company, including squashes, jams, pickles, and chutney. The students were then guided to the manufacturing unit, where they observed the production process of squash, demonstrated by Dr. Nardev Thakur, a food technologist.



ONE-DAY FACULTY DEVELOPMENT PROGRAMME ON “MOVING TOWARDS ACCREDITATION-4TH CYCLE”

May 10, 2023

The IQAC of St Bede's College in Shimla organized a one-day Faculty Development Programme centered on the theme of "Moving Towards Accreditation- 4th Cycle." The event was held at Dina Hall, with Dr. Anupama Tandon Tomar, NAAC coordinator and Head of the Department of Economics, delivering the welcome address. The program's resource person was Prof. (Fr.) George Thandathil, Principal of Salesian College in Darjeeling.

The program's resource person Prof. (Fr.) George Thandathil conducted several activities on the preparation for the Self Study Report, and the NAAC visit. After attending the Faculty Development Programme, the faculty of St. Bede's College were inspired to put together an action plan aimed at moving towards the fourth cycle of accreditation. Prof. (Fr.) George Thandathil, instilled in the faculty members the importance of quality education and the need for institutions to identify their strengths, weaknesses, and opportunities to prepare for future challenges.





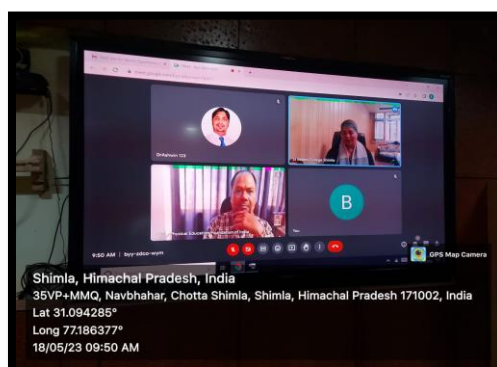
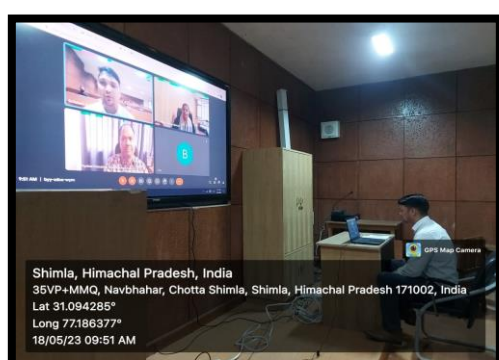
DEVELOPMENT PROGRAM ON 'WORK ETHICS' FOR THE NON-TEACHING STAFF May 11, 2023

The Internal Quality Assurance Cell (IQAC) organized a development program on 'Work Ethics' for the Non-teaching Staff at St. Bede's College. The program was conducted by Prof. Fr. George Thadathil, who served as the resource person for the day. The 'Work Ethics' program facilitated by Prof. Fr. George Thadathil provided a platform for self-reflection, teamwork, and the identification of areas for improvement. By fostering a positive work environment and encouraging a collective commitment to strong work ethics, the program contributed to the continued growth and success of St. Bede's College.



WORLD HYPERTENSION DAY: A HEALTH AWARENESS TALK May 18, 2023

The Department of Physical Education of the St. Bede's College and Physical Education Foundation of India, New Delhi jointly organized a health awareness program on May 18, 2023. The program was organized under the banner of, "World Hypertension Day- Health Awareness Talk". The resource person was Dr. Piyush Jain, National Secretary; Physical Education Foundation of India who graced the occasion with his presence.



COMPOST SALE ORGANIZED BY DEPARTMENT OF BIOTECHNOLOGY AND MICROBIOLOGY May 20, 2023

The Department of Biotechnology and Microbiology of St. Bede's College, Shimla, organized a sale of compost on May 20, 2023. The compost was prepared in the composting unit of the college using the food waste material collected from the college mess and canteen. The idea is to promote proper waste collection and its disposal. Composting recycles organic



ANNUAL REPORT

matter, such as leaves and food scraps, into a valuable fertilizer that can enrich soil and plants. The compost was sold under the brand name of Bede's Biocom. The Principal of the college, Prof. (Sr.) Molly Abraham inaugurated the sale. The faculty and students of the college bought the product.



CONVOCATION CEREMONY CONDUCTED BY THE FINANCIAL LAB CUM INCUBATION CENTRE

May 30, 2023

The Financial Lab cum Incubation Centre (FLIC) of St. Bede's College, Shimla, conducted a Convocation Ceremony to celebrate the remarkable achievement of the "Entrepreneurship Development Program" initiated with a joint collaboration of Skill Labs and the college along with the support of SIDBI.

Mr. Udyan Dua, Regional Manager, SIDBI, Dr. Himesh Sharma, CEO, Skill Labs, and Ms. Jyoti Sharma, Director, Skill Labs were the esteemed guests for the event and felicitated fourteen students of the college on completion of the course conducted under the program. They also provided the students with valuable guidance and insight on entrepreneurship and startup and encouraged them to make use of different online platforms, such as Amazon and Flipkart to sell their products.



ANNUAL REPORT





ANNUAL REPORT

FACULTY ACHIEVEMENTS



Dr. Anupama Tandon Tomar
Associate Professor & Head
Department of Economics

Was a Convenor of :-

- NAAC sponsored one day webinar organised by IQAC on “Revised Accreditation and Assessment Framework in Higher Educational Institutions” on 11th July 2022
- A two day ICSSR sponsored International Seminar on ‘Transformation of India @ 75’ organised by the department of Economics and Commerce under the aegis of Azadi Ka Amrut Mahotsav from 3 March to 4th March 2023 in which more than 200 delegates participated.

Achievements:

- Authored a book on International Economics for Orissa University published by Kalyani publishers.
- Has been awarded a major research project titled “Addressing Violence Against Women: Measuring Efficiency and Effectiveness of All Women Police Stations in Himachal Pradesh.” by the Indian Council of Social Science Research, Ministry of Education, Government of India.
- Successfully completed UGC approved short term professional development programme under Pandit Madan Mohan Malaviya Mission on ‘Implementation of NEP 2020’ held from 21st December to 31st December 2022 and obtained A+ Grade.
- Participated in the Pre-Budget Survey on Union Budget 2023 conducted by Department of Economics, Kristu Jayanti College, Bengaluru.
- Invited as a keynote speaker in one day workshop on Indian Economy on 3rd December 2022 organised by Centre of Excellence Government College Sanjauli.

Dr. Devina Auchoybur
Assistant Professor
Department of Hindi

- Authored a Book e titled ‘ Aapravasi Sahitya aur Abhimanyu Unut’
- Presented a paper on State level literary seminar ‘Ek Sparsh Ehsas Bhar- ek ‘amanchiya’ kavi ki Jubani’.



ANNUAL REPORT

Ms. Snigdha Bhatt
Assistant Professor
Department of English
Publications

- Published a paper on “Sustainability of Folk Literature” in. Conifres Call: Shimla Journal of Poetry and Criticism (an International Peer reviewed biannual journal) ISSN 0975-5365 (Vol.12 No 2. And Vol.13 No.1)
- Published a paper on “Marginalised and the Modern Indian Literature” in Himachal Pradesh University Journal (Humanities and Social Sciences) ISSN 2277-1425 (Vol 10 No.2 December 2022)

Paper Presentation

- Presented a paper titled ‘Relevance of Folklores in Contemporary Times’ in National Conference on ‘ Building a Resilient Future: Integrating Environment, Economy and Technology’, on March 24-25,2023.

Participation in Conferences

- Attended a National Conference on “Gender and Ethnicity in Literature”, organized by English Teachers’ Forum(etf), Himachal Pradesh on 5-6 May 2022 at Govt. College Dhami (at 16 Miles).
- Attended the Som P Ranchan Lecture, organized by English Teachers’ Forum(etf), Himachal Pradesh on 28 February, 2022 at H.P.University.

Dr Vandana Thakur
Assistant Professor
Department of English

Paper Publications

- Published a paper on “Sustainability of Folk Literature” in Conifers Call: Shimla Journal of Poetry and Criticism (An International Peer reviewed Biannual Journal) ISSN 0975-5365 (Vol.12 No 2. And Vol.13, No.1).



ANNUAL REPORT

- Published a paper on “Role of Literature, Language, Traditions and Society” in Himachal Pradesh University Journal (Humanities and Social Sciences) ISSN 2277-1425 (Vol 10, No.2. December 2022).

Paper Presentation

- Presented a paper in National Conference on ‘Mountains in Literature, Cinema and Visual Arts’, on May 12-13, 2023, organised by English Teachers’ Forum, Himachal Pradesh and Govt. College Dhami (At 16 Miles), Shimla (H.P.)
- Presented a paper titled ‘The Role of Literature , Diaspora, and Education in Strengthening the Values of Multiculturalism’ and Chaired a session in National Conference on ‘ Building a Resilient Future: Integrating Environment, Economy and Technology’, on March 24-25,2023.

Participation in Conferences

- Attended a National Conference on *Gender and Ethnicity in Literature*, organized by English Teachers’ Forum (etf), Himachal Pradesh on May 5-6, 2022 at Govt. College Dhami (at 16 Miles).
- Attended the Som P Ranchan Lecture, organized by English Teachers’ Forum (etf), Himachal Pradesh on February 28, 2022 at H.P. University.

Achievements

- Acted in the Film *Keel* which won the Best Film Award in the International Film Festival 2022.
- Invited as a Judge for Management Cum Cultural Fest at Himachal Pradesh University Business Studies, Shimla on December 3, 2022.



Ms. Raman Bassi
Assistant Professor
Department of Commerce and Management

Paper Publications

- Published a research paper on the topic “Reasons For Non-Performing Assets In Himachal Pradesh State Co-Operative Bank: An Empirical Evidence” in “Journal of The Asiatic Society of Mumbai” under ISSN: 0972-0766, vol. 96, No. 10(I) October 2022.
- Published a research paper on the topic “A Study of Non-Performing Assets of H.P. State Co-Operative Bank Ltd.” in “International Journal of Advanced Research and Development” under ISSN no. 2455-4030, volume 7, Issue 4, 4th August, 2022.

Paper Presentations

- Presented a paper on “Non-Performing Assets And Profitability Of H.P. State Co-Operative Bank Ltd.: An Empirical Analysis” sponsored by ICSSR Two days International Seminar on Transformation of India @ 75 organised by Department of Economics, Commerce and Management, St. Bede's College, Shimla on 3rd - 4th March, 2023.

Anjana Devi
Assistant Professor
Department of Hindi

- Presented a paper on State level literary seminar “Aapravasi sahitya aur Abhimanyu Anat : Aupniveshik Kaleen Itihas ka Marmik Sakshya”
- Presented a research paper “Himachal Pradesh Mein Dev Sanskriti” at a National Seminar organized by Govt.Degree College Sanjauli, Shimla on 15 March 2023.

Ms. Priyanka Mehta
Assistant Professor
Department of Commerce and Management

Paper Presentations

- Presented a paper on “Flexibility in Work Arrangements: Work Flexibility and Work-Related Well Being” sponsored by ICSSR Two days International Seminar on



ANNUAL REPORT

Transformation of India @ 75 organised by Department of Economics, Commerce and Management, St. Bede's College, Shimla on 3rd - 4th March, 2023.

Ms. Komal Sharma
Assistant Professor
Department of Political Science

- Published an article “Had Gandhi Survived in times of Pandemic in Twenty first Century” published in the book “Individual, Society and State: Understanding the Gandhian Perspective.”
- Presented a paper “Locating India’s internal security situation amid rising voices of dissent” in ICSSR sponsored two-day National Seminar organized by Department of Defense Studies, Himachal Pradesh University, September 3-4, 2022.
- Participated in a NAAC sponsored webinar on “Revised Accreditation and Assessment Framework in Higher Educational Institutions” organized by IQAC, St. Bede’s on July 11, 2022.

Mr. Ashish Kumar
Assistant Professor
Department of Commerce and Management

- Participated in UGC Supported Webinar on “NEP 2020: Technology Use & Integration”, organised by UGC – HRDC, JNV University, Jodhpur, on 27th January 2023
- Participated in UGC Supported Webinar on “NEP 2020: Motivated, Energized and Capable Faculty”, organised by UGC – HRDC, JNV University, Jodhpur, on 19th January 2023
- Participated in NAAC Sponsored Webinar on “Revised Accreditation and Assessment Framework in Higher Educational Institutions” organised by IQAC, St. Bede’s College, Shimla on 11th July 2022.



Dr. Ashwani
Assistant Professor
Department of Physical Education

Publications

- “Comparison of Aerobic and Anaerobic capacity among the junior’s Football and Hockey Players” published in International Journal of Physiology, Nutrition and Physical Education, Peer Reviewed, Vol: VII, Issue: I, 2022, p.p.420-422.JIF: 5.48.
<https://www.journalofsports.com/pdf/2022/vol7issue1/PartG/7-1-74-971.pdf>
- “Attitude towards physical education and sports of higher secondary school students of Maharashtra state” published in International Journal of Physical Education, Sports and Health, Peer Reviewed, Vol: IX, Issue: I, 2022, p.p-407- 411, JIF: 5.38.
<https://www.kheljournal.com/archives/?year=2022&vol=9&issue=1&part=G&ArticleId=2402>
- “A study of Academic Achievements of Higher Secondary School Students of Uttar Pradesh” published in International Journal of Multidisciplinary Educational Research, Scopus, Web of Science and Peer Reviewed, Vol:11, Issue: 7, 2022, p.p-33-35,JIF:7.816.[http://s3-ap-southeast-1.amazonaws.com/ijmer/pdf/volume11/volume11-issue7\(3\)/8.pdf](http://s3-ap-southeast-1.amazonaws.com/ijmer/pdf/volume11/volume11-issue7(3)/8.pdf)
- . “Effect of four week yoga practices on selected fitness parameters of D. EL. Ed. Trainees” published in International Journal of Research and Analytical Reviews, Peer Reviewed, UGC Approved, Vol: 9, Issue: 4, Oct. 2022, JIF: 7.17., p.p-630- 632.
https://ijrar.org/viewfull.php?&_id=IJRAR22D1556
- “Religious prayers, meditation and mindfulness: A study during Covid 19 in India” published in Journal of Positive School Psychology, Peer Reviewed, SCOPUS Indexed (Q2), UGC Care listed, Vol: 6, Issue: 9, Oct. 2022, p.p-5173- 5176.
<https://www.journalppw.com/index.php/jpsp/article/view/13587>

Contribution to Professional Society:

- Appointed as “State Coordinator” for Physical Education Foundation of India (PEFI): Himachal Pradesh Chapter, National Sports Promotion Organization, Ministry of Youth Affairs and Sports (Govt. of India).
- Nominated “Member of Board of Studies (BOS) for Physical Education”, Maharaja Agrasen Himalayan Garhwal, University, Uttarakhand.



ANNUAL REPORT

Refresher Course:

- Participated in 78th Refresher Course on Physical Education and Yoga, 20/02/2023 to 05/03/2023, UGC Human Resource Development Centre, Sardar Patel University, Vallabh Vidyanagar, Gujarat

Mohit Jangaan
Assistant Professor
Department of Psychology

- Presented a paper on “An Eye for an I: A comparative study of self-consciousness among male and female adolescents” in the ICSSR sponsored International Seminar on Transformation of India @ 75.