



Activities for the session 2021-22

VISIT TO KAMLA NEHRU HOSPITAL

On February 28, 2022 the students of B.A. III, visited Kamla Nehru Hospital, Shimla for nutritional survey of a pregnant lady. Nutritional assessment was done by taking anthropometric measurements and twenty-four hour dietary recall.





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VISIT TO ANGANWADI

On March 10, 2022 students of B.A. III visited Anganwadi kendra Vihar, Sanjauli Shimla, to assess the nutritional status of pre-school children





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AZADI KA AMRIT MAHOTSAV CELEBRATIONS

On March 15, 2022 an Inter-class quiz competition was held between the classes of B.A. I,II and III students of Nutrition and Health Education, to celebrate the “AZADI KA AMRIT MAHOTSAV”. The result of the quiz was :

1st position: B.A. 1st year (Fiza & Neha)

2nd position: B.A. 2nd year (Sapna & Gorisha)





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INTERDEPARTMENT ACTIVITY

An event was organised by Nutrition & Health Education Department with collaboration with Health Club Society on theme “TRADITIONAL FOOD AND THEIR HEALTH BENEFITS”. The students of geography and nutrition department participated in this event. The food was cooked by the students of geography department and calculation of the nutrients was done by the nutrition students. In the end best recipe was awarded.

1st prize: Ananya Garg

2nd prize: Harichandna

3rd prize: Darshleen Kaur





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