



*Anti-Ragging Cell
St. Bede's College, Shimla*

Anti- Ragging Awareness Programme- Report

Ragging is defined as any behaviour that weakens a student's mental well-being and self-esteem. It is done with the intention of indulging in sadistic pleasure. On September 20, 2021, St. Bede's College organized an anti-ragging awareness programme to educate the students about the dangers of ragging. The College has an anti-ragging cell where staff and students collaborate to create ideas and an action plan. The Program started with an Anti-Ragging Pledge administered by the Admiral of St. Bede's College, Smriti Thakur, in the college auditorium. The students solemnly vowed to abstain from all forms of ragging and to keep the institute ragging-free.

For the sake of fostering a healthy and secure atmosphere, the students also signed an anti-ragging poster outside the auditorium.

