

# parakrāṇ

 *Remembering the Journey of the Past Year*



## SUO'S ADDRESS

Our CTO, Dr. Shweta Thakur, one day saw me struggling with my heels and saree. It was the Investiture ceremony and I had become the Vice admiral of the college. Ma'am asked me "Why are you struggling with your heels?" I told ma'am how I was never comfortable with this footwear and how a saree always makes me look clumsy while walking. What ma'am said after this was "don't worry! An officer doesn't have to struggle with these things! You will be better suited in boots and uniform". These words have been imprinted on my heart and with every passing day, these words make me chase my aim more vigorously.

From being a cadet to a cadet sergeant and then a cadet Senior Under Officer has not been a walk in the park but because of support and immense love, these three years have helped me grow.

There have been times when the situations were unsupportive and there have been issues with major differences in opinions but at the end it's the "we" and "us" which has always come to rescue.

For me, NCC is so much more than just an extracurricular activity. To me, it's an organization which has given me friends, who are like a whole new family, an organization which has given me memories for a lifetime.

Leaving college does not make me emotional but leaving NCC does.

I'm a proud senior because I have wonderful juniors who have smiled through every pain, punishment and adversity, who have never failed to surprise me with whatever new they've done and who have proved the fact that "challenges are what make life interesting and overcoming them is what makes it meaningful", right, as a team.

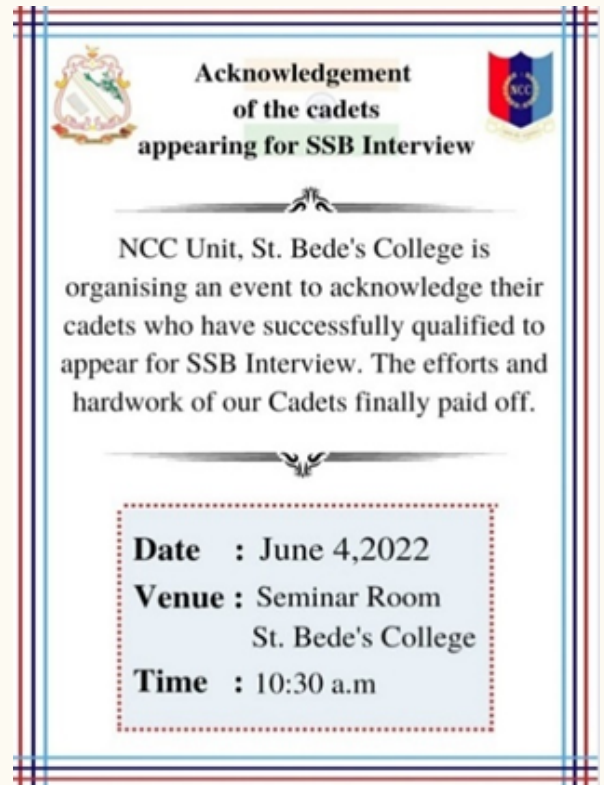
I am proud of all that you have done and all that you will do as this beautiful team. May you shine the brightest.



# FELICITATION OF CADETS

**June 4, 2022**

An event was organized by the NCC Unit of St. Bede's College Shimla to acknowledge and appreciate the cadets who successfully qualified to appear for the SSB Interview. The selected cadets were SUO Rutuja Kulkarni and Cadet Anjali Kainthla from 7HP(I) Coy, NCC Shimla, along with Captain Cadet Chavi Tewari and PO Cadet Arundhati Chandel from 1HP Naval Unit NCC Bilaspur. The principal felicitated the cadets during the event.



*Brochure for the Event*



*Newspaper clipping*



*Group Photograph*

# EBSB CAMP

**July 4-14, 2022**

Cadet Manisha Sharma was selected to attend the 'Ek Bharat Sreshtha Bharat' Camp, held from June 4 to June 14, 2022, in collaboration with the Bihar and Jharkhand Directorate in Malout, Punjab. During the camp, various activities were conducted, including group singing, dance, debates, recitation, and games like kho-kho and tug-of-war. The camp also featured EXPA training by NCC alumni. Cadet Manisha Sharma actively participated in these activities, showcasing her skills and talents. She was recognized for her outstanding performance and awarded the Best Cadet from the Shimla Group.



*Felicitation by Commanding  
Officer Col DR Gargey*



*Cultural Programme*



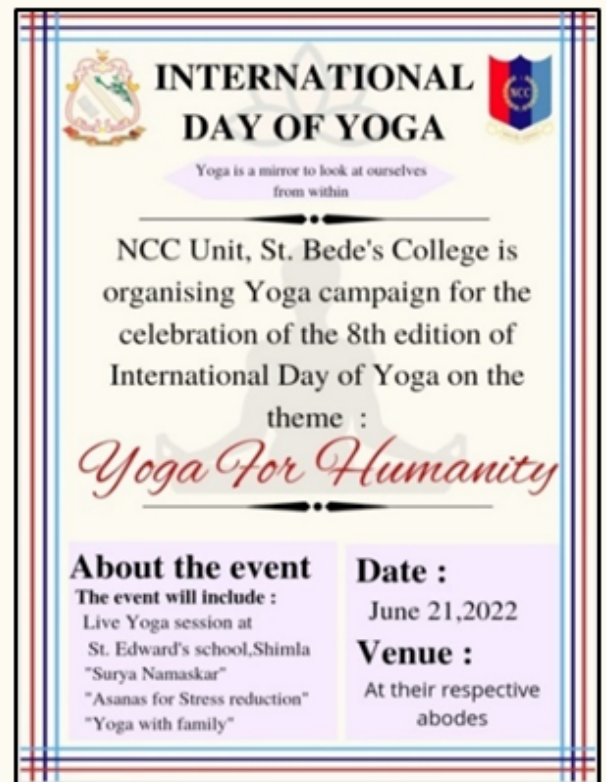
*Group Photograph*



# INTERNATIONAL DAY OF YOGA

**June 21, 2022**

The NCC Unit of St. Bede's College celebrated the International Day of Yoga on June 21, 2022. As part of the celebration, 25 cadets visited St. Edward's School Shimla along with cadets from other institutions under 7HP(I)COY NCC Shimla. The cadets participated in a yoga session together with many other cadets. The cadets also raised awareness online by sharing their experience of the day, and the video has received over 1,200 views on Instagram.



*Brochure for the Event*



*Celebration at St. Edward's School, Shimla*



*Spreading Awareness Online (Instagram)*

# COMBINED ANNUAL TRAINING CAMP

**July 1-21, 2022**

A CATC (Combined Annual Training Camp) was organized by the 7HP (I) Coy NCC Shimla at Karsog, district Mandi in two phases- CATC-224 and CATC-225. The first phase was held from July 1 to July 10, 2023, while the second phase was from July 12 to July 21, 2023. A total of 46 cadets participated in these camps. In the first phase, the cadets won first position in Group Dance, second position in Group Singing, and second position in Line area competition. The cadets continued to perform well in the second phase. They secured first position in Drill, Group Singing, Group Dance, Firing, Rifle Kholna Jodna, volleyball match and second position in Line Area.



*Weapon Training*



*Cultural Programme*



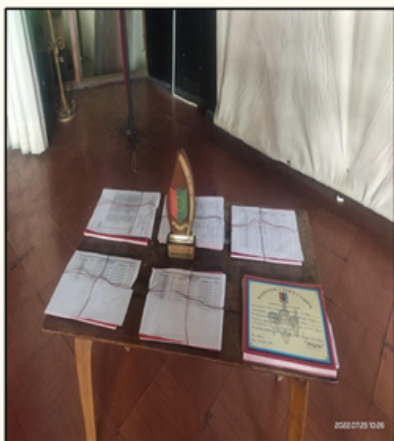
*Group Photograph with Commanding Officer  
Col Dr Gargey*



# FELICITATION OF CADETS

**July 25, 2022**

A special assembly was convened at St. Bede's College to acknowledge and appreciate the outstanding achievements of the cadets during the Combined Annual Training Camps- 224 and 225. The assembly was attended by 46 cadets. The principal and the entire college community lauded and praised the cadets for their unwavering commitment and hard work.



*Certificates and Trophy won by the cadets*



*Cadets performing the Group Song*



*Coverage in Newspaper*

## THAL SAINIK CAMP

**July 26-August 5, 2022**

In July, Cadet Angelina Tej participated in the Thal Sainik Camp held at Rainbow International School, Nagrota, Kangra. During the camp, she was able to learn various skills such as map reading, shooting, and obstacle training.



*Group Photograph from the Camp*

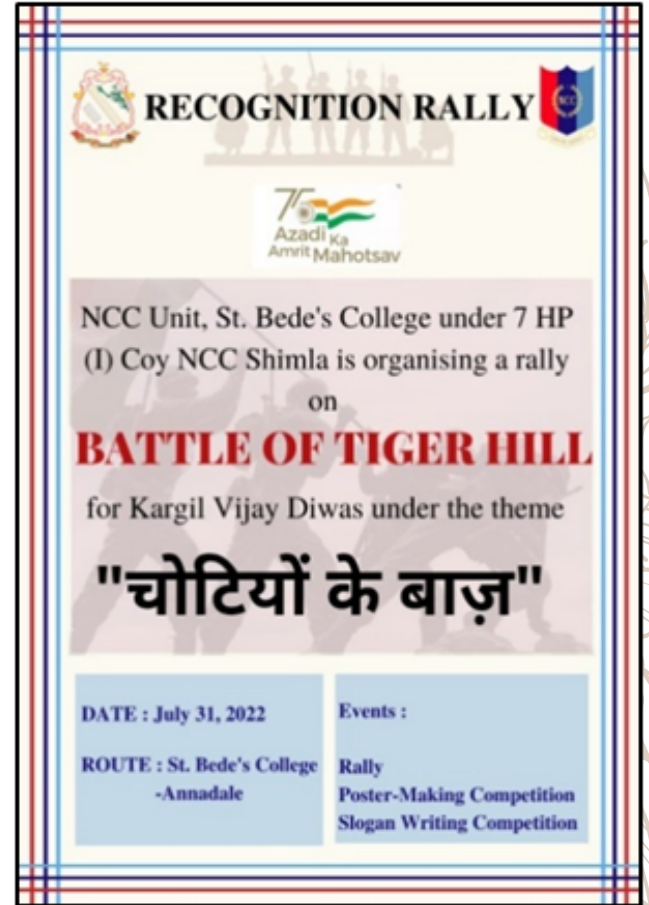


*Cdt Angelina Tej during Obstacle Training*

# RECOGNITION RALLY ON THE BATTLE OF TIGER HILL

July 31, 2022

The cadets of St. Bede's College, Shimla conducted a recognition rally on the Battle of Tiger Hill with the theme "Chotiyan ke Baaz". A total of 28 cadets participated in the rally, carrying banners for the campaign from St. Bede's College, Shimla to The Army Heritage Museum, Annadale. The day also included a painting and slogan-writing competition, which was judged by Ms. Preeti Jishtu, Ms. Deepika Kanwar, and Mr. Satish Chander from the teaching staff of St. Edward's School, Shimla. Cadet Arushi Awasthi secured the first position in the painting competition, while Cadet Nandini Sharma secured the second position. In the Slogan-Writing competition, Cadet Kajal Rana and Cadet Ruhani Mepawat secured the first and second positions, respectively.



Brochure for the Event



## एनसीसी कैडेटों ने करगिल शहीदों की याद में निकाली रैली

सिटी रिपोर्टर ■ शिमला

सेबन एचपी आई कंपनी राष्ट्रीय कैडेट कोर एनसीसी शिमला के तहत स्थानीय सेंट बीड्स कॉलेज शिमला की एनसीसी यूनिट की ओर से चोटियों के बाज़ विषय के तहत जागरूकता रैली निकाली। एनसीसी प्रभारी व अधिकारी डा. श्वेता ठाकुर की अगुवाई में सेंट बीड्स कॉलेज

शिमला के एनसीसी कैडेटों ने जागरूकता रैली निकालकर लोगों को देश-भक्ति, राष्ट्र-प्रेम और भारतीय सेना के प्रति सम्मान का संदेश दिया। एनसीसी कैडेट ने हाथ में बैनर लेकर नवबहार से अनाडोल तक मार्च किया। इसके बाद अनाडोल स्थित सेना संग्रहालय गए। (अब)

इस रैली में 30 से अधिक कैडेटों ने भाग लिया और अपने बैनरों के साथ नवबहार से अनाडोल तक मार्च किया। बाद में कैडेटों ने शहीदों की याद में अनाडोल स्थित सेना संग्रहालय का भी दौरा

किया। इस दौरान आयोजित पोस्टर मेकिंग प्रतियोगिता में कैडेट अरुषि अवस्थी ने पहला और कैडेट नंदिनी शर्मा ने दूसरा स्थान हासिल किया। नारा लेखन में कैडेट काजल राना ने पहला और कैडेट रुहानी मेपावत ने दूसरा स्थान हासिल किया। सेंट एडवर्ड्स स्कूल शिमला की ओर से अर्द्ध व क्राफ्ट शिक्षिका दीपिका कंवर और एनसीसी प्रभारी व अधिकारी सतीश चंदर बतौर प्रतिनिधित्व में जा रहे।



Coverage of Rally in Newspapers

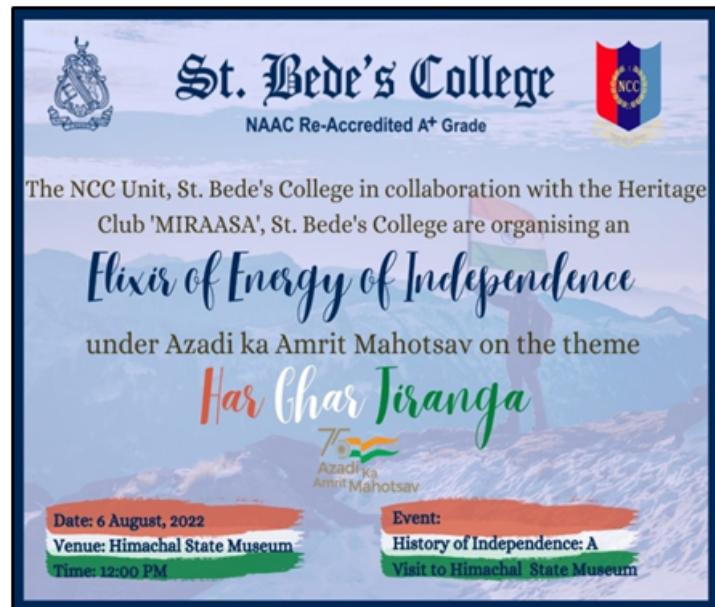
Cadets during the Rally



# ELIXIR OF ENERGY OF INDEPENDENCE

**August 6, 2022**

The NCC Unit of St. Bede's College Shimla, in collaboration with the Heritage club "MIRAASA," organized an event called "Elixir of Energy of Independence". The event was part of the "Azadi Ka Amrit Mahotsav" campaign under the theme "Har Ghar Tiranga," with a focus on the "History of Independence." Around 40 students participated in the event, where they visited the State Museum to learn about the rich cultural heritage and traditions of Himachal Pradesh and to learn about the unsung heroes of India's freedom struggle.



*Brochure for the Event*



*A visit to the State Museum*

# DISTRICT LEVEL INDEPENDENCE DAY CELEBRATION

**August 15, 2022**

14 cadets from St. Bede's College, Shimla took part in the District-Level Independence Day celebrations on August 15, 2022. These cadets were part of the NCC SW contingent that marched on The Ridge, Shimla. Mr. Suresh Bhardwaj, Minister of Urban Development, Himachal Pradesh, was the Chief Guest for the event. Cadet Angelina Tej from St. Bede's College was appointed as the Commander of the NCC SW Contingent for the occasion.



*Cdt Angelina Tej as the Commander saluting Mr. Suresh Bhardwaj, Minister of Urban Development, HP.*



*The Participating Cadets from St. Bede's College*



*The Final Contingent*



# BASIC LEADERSHIP CAMP

**August 19-26, 2022**

Cadet Ivy Bhattan, representing the Shimla group, attended the Basic Leadership Camp (BLC) held in Malout, Punjab. She was the only SW cadet from 7HP (I) Coy, NCC Shimla, and was trained to develop her leadership skills through various activities such as debates and critical thinking. Cadet Ivy actively participated in the camp and won four medals. She secured first position in the Group Singing Competition and second position in the Skit Competition. Additionally, she bagged the third position in Debates as well as the Dance Competition. Due to her exceptional performance, she qualified for the Advance Leadership Camp.



*Group Photograph from the Camp*

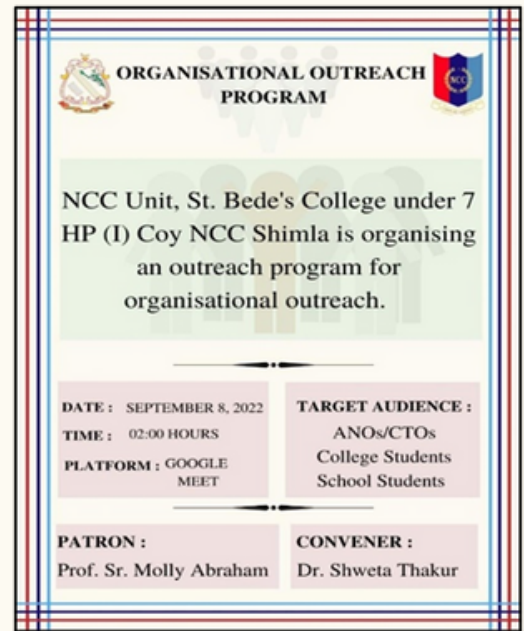


*Cadet Ivy receiving medal during the Prize Distribution*

# ORGANIZATIONAL OUTREACH PROGRAMME

**September 7, 2022**

A Virtual Organisational Outreach Programme was organized by NCC Unit, St. Bede's College under 7 HP(I) Coy, NCC Shimla. The programme aimed to familiarize the ANOs/CTOs and cadets with the NCC e-Enrolment process. The cadets explained the step-by-step process of e-Enrolment, and a presentation was shared with the ANOs/CTOs, which provided an overview of all the steps involved in the procedure.



*Brochure for the Event*

## ADVANCE LEADERSHIP CAMP

**September 7-18, 2022**

Cadet Ivy Bhattan demonstrated her leadership skills as she attended the Advance Leadership Camp (ALC) held in Malout, Punjab from September 7 to September 18. Her outstanding performance earned her the title of overall SW Senior for the camp. Throughout the duration of the camp, she was trained in drill and equipped with the necessary skills to become an effective leader. In addition to shouldering her responsibilities as the SW Senior, Cadet Ivy Bhattan also actively participated in various activities including sports and the cultural programme. Her efforts paid off as she brought back three gold medals for standing first in the relay race and tug of war, as well as for her role as the SW Senior.



*Cadets during Tug-of-War*



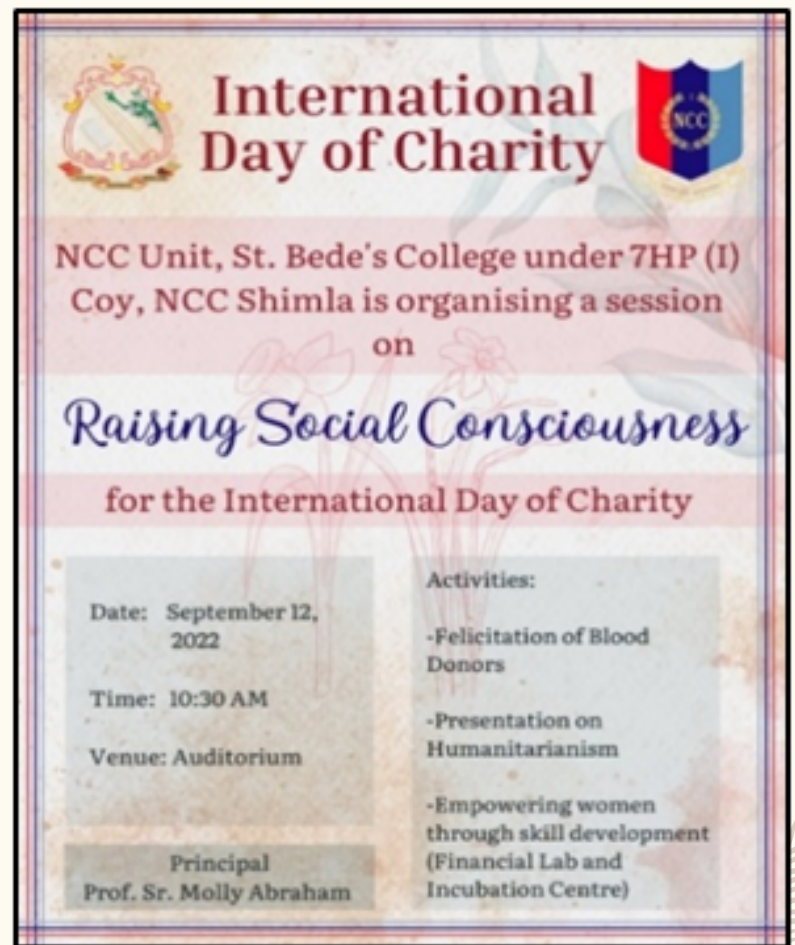
*Group Photograph from the Camp*



# INTERNATIONAL DAY OF CHARITY

**September 12, 2022**

The NCC unit of St. Bede's College, Shimla, under the 7HP(I) Coy NCC Shimla in collaboration with the Zoology Department, initiated a voluntary blood donation drive. So far, 11 individuals have donated blood in response to emergency calls at IGMC and KNH. The cadets emphasized the importance of charity during the event and presented a PowerPoint presentation on humanitarianism. They also shared their experiences of donating masks during the COVID-19 pandemic and teaching women handicraft skills. The blood donors were felicitated for their noble cause.



*Brochure for the Event*



*Certificates of Blood Donation Received by the Blood Donors*

# GROUP COMMANDER'S VISIT AND MOTIVATIONAL TALK

**September 15, 2022**

Brig Rohit Dutta, the Group Commander of Shimla Group, accompanied by Col DR Gargey, Commanding Officer, 7HP(I) Coy, NCC Shimla, visited St. Bede's College. Addressing the 40 cadets present, Brig Rohit Dutta shared his experiences about life in the armed forces and motivated the young women to join as officers. He also informed them about various entry schemes available. Later, Col DR Gargey inspected the NCC room and its documents.



*Cadets piloting Group Commander Brig Rohit Dutta*



*Brig Rohit Dutta motivating the Cadets*



*Newspaper Clippings covering the Event*



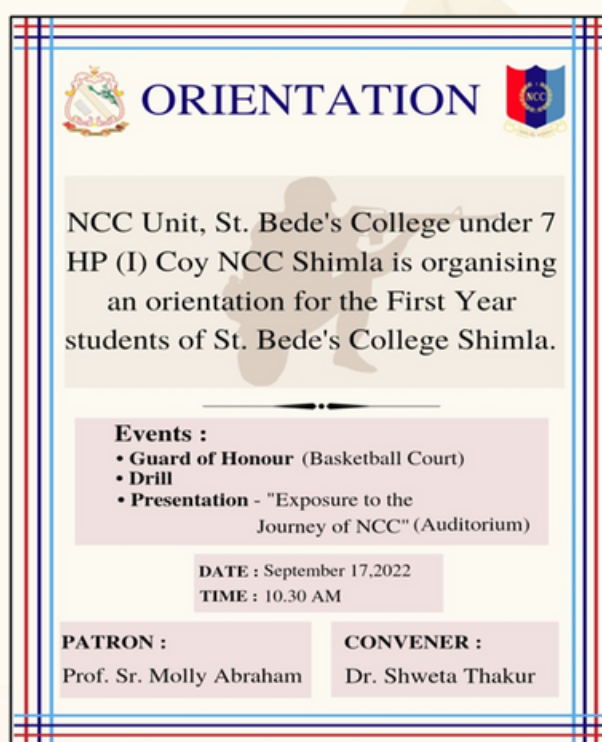
# NCC ORIENTATION PROGRAMME

**September 17, 2022**

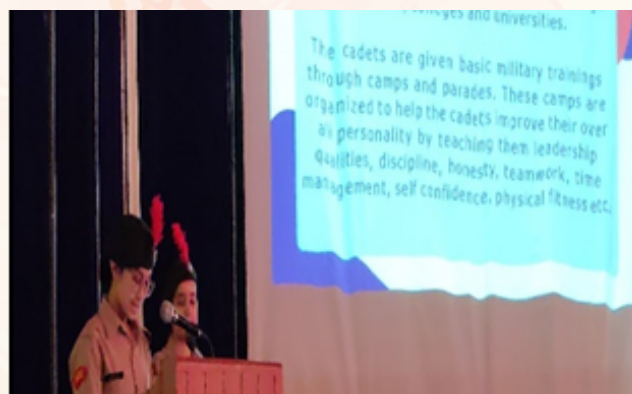
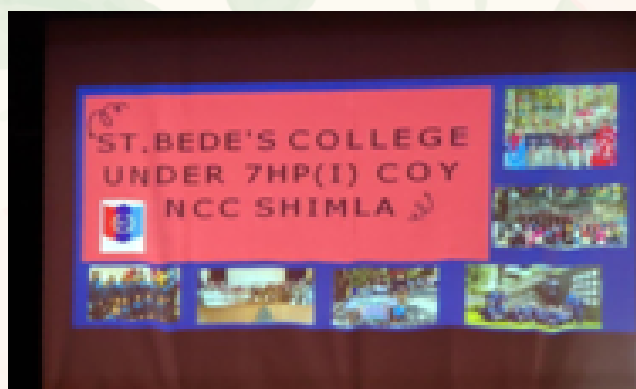
An Orientation Programme was organized by the NCC unit of St. Bede's College, Shimla under 7HP(I) Coy, NCC Shimla. The programme was specifically for the first-year students who were acquainted with the importance of NCC by SUO Maanika Sethi, UO Ananya Singh, and Cadet Angelina Tej. They also answered the queries regarding NCC and its enrolment process. The event witnessed a Guard of Honor and a drill performed by the cadets.



*Brochure for NCC Enrollment*



*Brochure for NCC Orientation*



*Presentation in the Auditorium during the Orientation*

# EBSB CAMP

**October 10-19, 2022**

During October 2022, Cadet Anika participated in the EBSB-II Camp held at JNV Piprakothi, Bihar. The national-level camp took place for ten days from October 10 to October 19 and was conducted between two directorates: Punjab, Haryana, Himachal Pradesh and Chandigarh Dte, and Bihar and Jharkhand Dte. Cadet Anika received EXPA Training during the camp and also visited historical sites.



*Cadets during the Camp*

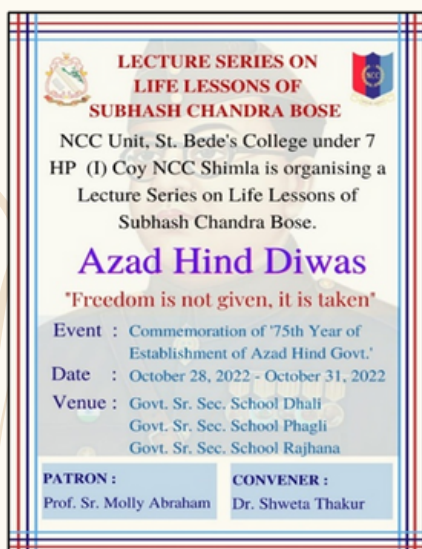


*Cdt Anika during the Cultural Event*

## AZAD HIND DIWAS

**October 28-31, 2022**

The NCC cadets conducted a lecture series on the Life Lessons of Subhash Chandra Bose in several schools including Government Sr. Sec. School, Rajhana, Government Sr. Sec. School, Phagli, and Government Sr. Sec. School, Dhali. The lectures were accompanied by a short quiz and a movie screening on Subhash Chandra Bose.



*Brochure for the Event*



*Cadets in various schools*



# NATIONAL UNITY DAY

**October 31, 2022**

The cadets of St. Bede's College under 7HP (I) Coy NCC, Shimla, organized a 'Unity Run' to celebrate National Unity Day, which is observed annually to mark the birth anniversary of Sardar Vallabhbhai Patel. The run was participated by a group of 25 cadets who ran together holding hands to spread the message of unity.



*Cadets during the Unity Run*

## VOTING AWARENESS CAMPAIGN

**November 5, 2022**

The NCC Cadets of St. Bede's College, Shimla organized a Mass Awareness Programme in Khanlag Village, Distt. Solan, HP. The programme was aimed at creating awareness about three important topics, namely Blood Donation, Elections, and National Integration. Fourteen cadets formed a team and went to the village to conduct the event. The Sarpanch of the village appreciated their efforts and felicitated them with a letter of appreciation, a trophy, and a sum of 5,100 rupees. The event was successful in spreading awareness about the important topics among the people of the village.



*Brochure for the Event*



*Cadets receiving Trophy and Letter of Appreciation from the Sarpanch*

# COMBINED ANNUAL TRAINING CAMP

**November 5-12, 2022**

Indus International University, Una hosted the CATC (Combined Annual Training Camp). Three cadets from St. Bede's College, namely SUO Maanika Sethi, Cadet Ivy Bhattan, and Cadet Angelina Tej participated in the camp. They performed well in the camp and were selected for further camps.



*Group Photograph of the cadets*

## 239 TRANSIT CAMP

**November 13-19, 2022**

Three of our cadets, SUO Maanika Sethi, Cadet Ivy Bhattan, and Cadet Angelina Tej, participated in the 239 Transit Camp held at Pandoh, Mandi. They were also selected for the next camp.



*Cadets during the Camp*

## DCATC/IGC-129

**November 22-29, 2022**

The DCATC/IGC-129 was held in Rupnagar, Punjab, where three cadets from St. Bede's College participated. SUO Maanika Sethi, LCpl Ivy Bhattan, and LCpl Angelina Tej took part in various inter-group activities, including group singing, group dance, ballet, and NIAP. LCpl Angelina Tej represented the Shimla Group in the Best Cadet Competition.



*Group Photograph of the Cultural Team*



# NCC CARNIVAL

**November 28, 2022**

To celebrate the NCC Day, the NCC Unit of St. Bede's College under 7 HP (I) Coy, NCC Shimla organized a fun-filled Carnival. The Cadets themselves set up the Carnival, which featured various food stalls. Since the NCC Unit is self-financed, the profits generated from the Carnival were used to support the Cadets financially.



*Brochure for the Event*



*NCC Carnival in College Courtyard*



*Group Photograph*

**कैडेट्स ने फूड कार्निवाल का किया आयोजन**  
शिमला : नवंबर के आखिरी सप्ताह में देश-प्रदेश में एनसीसी दिवस मनाया जा रहा है। सोमवार को एनसीसी प्रभारी डा. रवेला ठाकुर की अगुवाई में सेट वीडुस कालेज शिमला में 7 एचपी (आई) कंपनी एनसीसी शिमला के तहत कालेज की एनसीसी यूनिट ने एनसीसी दिवस के अवसर पर फूड कार्निवाल का आयोजन किया। कैडेट्स ने कालेज परिसर में विभिन्न फूड और अन्य स्टाल समी को स्टाफ्ट व्यंजनों का स्वाद रखने के लिए तैयार कर गए। वह फूड कार्निवाल समी कैडेट्स के लिए प्रतिभा, रचनात्मक धक को प्रदर्शित करने का शानदार अवसर रहा और अपने उत्कृष्ट कौशल व प्रतिभा को दिखाने के लिए एक बेहतरीन मौका था। कैडेट्स द्वारा यह फूड प्रत्येक व्यक्ति को आत्मनिर्भर बनने के लिए प्रेरित करती है। वही देशभर में मनाया जा रहा आजादी का अमृत महोत्सव का संदेश भी है कि प्रत्येक नागरिक हर क्षेत्र में अपना व्यावहारिक ज्ञान और स्किल्स को विकसित कर आत्मनिर्भर बनने की ओर अग्रसर हो तभी विकसित और सशक्त राष्ट्र का निर्माण होगा। इस फूड कार्निवाल के सफल आयोजन के लिए सेट वीडुस कालेज की प्राचार्या प्रो. सोनियार मौली अग्रहम के सहयोग के लिए सभी एनसीसी कैडेट्स ने आभार व्यक्त किया।



*The Carnival's coverage in Newspapers*



# RANK CEREMONY

**November 29, 2022**

A rank ceremony was conducted by 7 HP (I) Coy, NCC Shimla to award deserving cadets of the second year. Cadet Arushi Awasthi was promoted to the rank of Corporal, while Cadet Angelina Tej and Cadet Ivy Bhattan were promoted to the rank of Lance Corporal. The Commanding Officer, Col Gargey, congratulated the cadets for their exceptional performance and commended their efforts in the academic year 2022-23. He motivated them to continue working hard and exhibit their leadership skills



*Cdt Arushi Awasthi being promoted to the rank of Corporal*

## CATC-130-PRE RDC-1

**November 30, 2022**

On November 30, 2022, the CATC-130 PRE RDC-1 camp was conducted at the NCC Academy in Rupnagar, Punjab, and two cadets, Cadet Ivy Bhattan and SUO Maanika Sethi, participated in the camp.



*SUO Maanika Sethi and LCpl Ivy in group photograph*



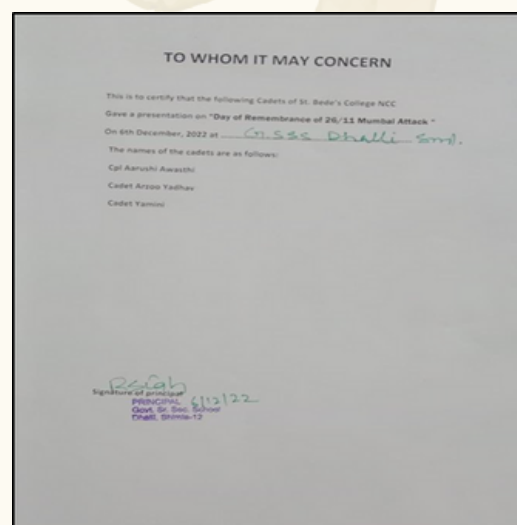
# REMEMBRANCE OF 26/11 MUMBAI ATTACKS

**December 6, 2022**

The cadets of 7HP (I) Coy, NCC Shimla from St. Bede's College visited Government Sr. Sec. School Dhalli to commemorate the day of remembrance of 26/11 Mumbai Attack under Azaadi Ka Amrit Mahotsav. They delivered a lecture on Major Sandeep Unnikrishnan and performed a role play. In addition, a quiz was conducted, and the cadets received appreciation in the form of a letter from the school principal



*Brochure for the Event*



*Letter from the Principal, GSSS Dhalli*



*Role-play on Major Sandeep Unnikrishnan*

# ROLEPLAY ON BRAVE WARRIORS

**December 9, 2022**

The NCC cadets of St. Bede's College, under 7HP (I) Coy, NCC Shimla, visited Government Sr. Sec. School Dhalli to present a role play on Rani Laxmibai as a part of the Azadi Ka Amrit Mahotsav celebrations. The cadets performed the role play with great enthusiasm and dedication, educating the students about the brave warrior and her contribution to the Indian independence struggle. The students were inspired by the performance and appreciated the effort put in by the cadets.



*Brochure for the Event*



*Cadets giving a lecture and performing a roleplay on Rani Lakshmi Bai*

## CATC-131 PRE RDC-2

**December 15-22, 2022**

CATC-131 PRE RDC-2 camp was conducted at NCC academy, Rupnagar, Punjab. SUO Maanika Sethi and LCpl Ivy Bhattan were a part of this camp.



*Cadets during Cultural Practice*

## CATC-132 PRE RDC-3

**December 23-30, 2022**

CATC-132 PRE RDC-3 camp was conducted at NCC Academy, Rupnagar, Punjab. Among the participating cadets, two cadets, SUO Maanika Sethi and LCpl Ivy Bhattan, were selected for the Republic Day camp 2023 in Delhi.



*Group Photograph*



# REPUBLIC DAY CAMP

**January 1-30, 2023**

During the Republic Day camp held at the DGNCC Campus, Delhi from 1st January 2023 to 30th January 2023, SUO Maanika Sethi of 7HP (I) Coy NCC Shimla was recognized as the All India second-best Master of Ceremony and was awarded the DGNCC's Commendation Card. Her exceptional performance also earned her the title of Best SUO of 7HP (I) Coy NCC Shimla, for which she was felicitated by Col DR Gargey.



*SUO Maanika Sethi*



*LCpl Ivy Bhattan*

LCpl Ivy Bhattan participated in various activities such as NIAP, group singing competition, and ballet during the Republic Day camp held at the DGNCC Campus, Delhi from 1st January 2023 to 30th January 2023. She was also a part of the All India SW marching contingent at the Prime Minister's Rally.



*LCpl Ivy Bhattan during Cultural Event*



*SUO Maanika Sethi received DGNCC's commendation card*

## January 20-27, 2023

Cdt Manisha Sharma and Cdt Ayushi attended the camp at Bahra University. The camp was named the State Republic Day Camp and CATC 243. Various activities were conducted during the camp where Cadet Manisha stood in the 2nd position in Firing and was the main MC for the cultural program along with this she was selected for the Republic Day Parade. Cadets from different units attended this camp and participated in various activities during the camp.



*Cdt Manisha Sharma on The Ridge, Shimla during the Camp*

## ARMY ATTACHMENT CAMP

### January 27- 7 February , 2023

Cadet Priyamvada Thakur got selected for the Army Attachment Camp for SWs which was conducted by 14th Rajputana Rifles from 27th January 2023 to 7th February 2023. During the camp, she learned various skills such as shooting, map reading, and obstacle training.



*Cdt Priyamvada during obstacle training*



*Cdt Priyamvada during group photograph*



# DE-KITTING CAMP

**January 31-February 3, 2023**

A De-Kitting camp was organized at NCC Academy, Rupnagar from 31st January to 3rd February, 2023. The cadets were honored by Maj Gen K Vinod Kumar, ADG, PHHP&C DTE for their remarkable achievements at RDC 2023.



*LCpl Ivy being felicitated during the camp*

## FELICITATION OF RDC HOLDERS

**February 14, 2023**

SUO Maanika Sethi and LCpl Ivy Bhattan were honored in the college for their participation in the Republic Day Camp, Delhi. During the felicitation ceremony, they shared their experiences and the valuable lessons they learned during the camp.



*SUO Maanika speaking about her Experience*



*Group Photograph*



# RAISING DAY

**March 10, 2022**

To celebrate its 3rd NCC Raising Day, the NCC Unit at St. Bede's College, under 7HP (I) Coy NCC Shimla, organized an event. The Commanding Officer, Col. Desh Raj Gargey, was the chief guest of the day. Cadets and ANO/CTO from St. Edward's School and APG Shimla University also attended the event. The event began with a drill by the cadets, followed by a role-play on Rani Lakshmi Bai, with the theme 'Main Apni Jhansi Kisi Ko Nahi Doongi.' Chief Guest Col. D.R. Gargey felicitated the cadets by presenting certificates and mementos to them for their achievements during the NCC session 2022-23.



Brochure for the Event



Group Photograph of the Chief Guests



Cadets performing their play on Rani of Jhansi





# BEE CERTIFICATE EXAMINATION

**February 12, 2023**

On 12th February, 2023, the BEE certificate examination (a promotional exam) was conducted all across the country for the cadets in their 2nd year of NCC training. 19 cadets from St. Bede's College, Shimla under 7HP(I) Coy NCC Shimla, appeared for the same at St. Edward's School, Shimla.



*Group Photograph from the Day*

# CEE CERTIFICATE EXAMINATION

**February 19, 2023**

On 19th February, 2023, the CEE certificate examination, was conducted all across the country for the cadets in their 3rd and final year of NCC training. 24 cadets from St. Bede's College, Shimla under 7HP(I) Coy, NCC Shimla, appeared for the same at Gurukul School and MRA DAV School, Solan



*Cadets at the examination venue*

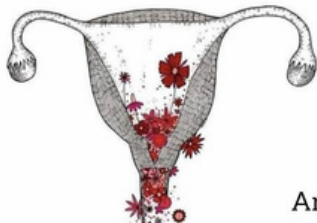
# POETRY BY THE CADETS

## STAIN

She carries me with herself  
And sheds me every month.  
I give her so much pain,  
Sometimes leave a stain.  
But still she embraces me  
And waits till I come again.

I might leave her in pain  
But she knows it'll be worth it,  
And not go in vain.  
I have known her since  
She was a girl  
Tolerated me with all her guts  
Distracting the pain with  
chocolates,  
sometimes some nuts.

I am the only blood  
Which brings happiness to the  
world.  
But I am always being judged.  
I wish, people started embracing  
me..  
like She does!!



Arushi Awasthi

*Poem by Cpl Arushi Awasthi*

## Don't look

I hear you  
Running through the rain  
Gasping and panting  
Your screams and pain  
Scary and haunting.

I see you  
Your eyes are red  
Overflowing with tears  
You mourn the dead?  
Or their dears.

I feel you  
Drenched in rain or is it the fear?  
Your stillness is lost, they're coming  
Restless as never  
They're near.

*Poem by Cdt Anushka Kalanta*

## Time

What is time?  
Has it got any wings?  
If not, how does it fly away  
Blink your eyes and it's gone  
Where does it go and hide away?  
I've heard time is a great destroyer  
Takes everything with it  
The moments of joy, the minutes of sorrow

They call it it's beauty  
Leaving nothing behind it passes  
Time is a miracle  
It makes the poor prosper  
While the rich can turn into rags  
Time changes a lot in a flash  
Who made this time, I wonder  
And whose command does it follow,  
That can swallow everything

*Poem by Cdt Devanshi Moudgil*



# ACHIEVEMENTS OF THE CADETS

## Promotions

Sgt Maanika Sethi was promoted to the rank of Senior Under Officer.

Sgt Ananya Singh was promoted to the rank of Under Officer.

Cdt Nikita Chauhan was promoted to the rank of Sergeant.

Cdt Arushi Awasthi was promoted to the rank of Corporal

Cdt Ivy Bhattan and Cdt Angelina Tej were promoted to the rank of Lance Corporal.

## Positions in the College (2021-22)

- SUO Maanika Sethi held the position of **College Vice Admiral**.
- Sgt Nikita Chauhan held the position of the **Captain of INS Vikas**.
- UO Ananya Singh held the position of **President of Music Club**.
- Cdt Riya Sharma held the position of **President of Placement Cell**.
- Cdt Aishna Rahi held the position of **President of Media Cell**.
- Cpl Arushi Awasthi held the position of **Secretary of Placement Cell**.



*Investiture Ceremony*

# ACHIEVEMENTS OF THE CADETS

**SUO Maanika Sethi** attended the **RDC 2023** and received the **DG Commendation, All India 2nd Best MC, and the Best SUO of 7HP(I) Coy, NCC Shimla, 2023**. She was also announced as the **Bedian Ring Holder 2023**.

**UO Ananya Singh** received the **All-Rounder Prize**.

**Sgt Nikita Chauhan** won the **First prize in compulsory Hindi, All-Rounder Prize from commerce and management, 45 Days Internship under Tommy Hilfiger as CRO, 3rd prize in the Treasure Hunt** Organised by BIAP in association with NSE

**Cdt Anika** stood **Second in Academics for Psychology Honours**.

**Cdt Roopali Dilta** stood **First in Botany (2nd year)** and received **Excellence Award and Scholarship in Botany**.

**Cdt Aishna Rahi** stood **First in English Honors (first year)** and received the prize for **Best User of Library**.

**Cdt Vidhi Sood** stood **First in BSc physics** and won **All-Rounder Student Award**

**Cdt Ojashwini** stood **First in Knowledge Mantra, Second in Money reels**, and in **Financial Freedom of Speech** organized by BIAP association with NSE



# ACHIEVEMENTS OF THE CADETS

**Cpl Arushi Awasthi** received an **Academic Excellence Award and Scholarship** in Hindi and completed a 45 Days **Internship under Calvin Klein** as **CRO**.

**LCpl Ivy Bhattan** attended the **BLC, ALC, and RDC 2023** and was a part of **PM's Rally**. She also held the **First position** in **BA English Honours (First Year)**.

**Lcpl Angelina Tej** commanded the **SW contingent** on the **75th Independence Day** on the Ridge, Shimla. She was also a part of the **Thal sanik Camp** held in July 2023 and also represented **Himachal as Best Cadet** in the **DCATC/IGC** and received a cash prize for the performance

**Cdt Picksy Janghu** stood **Second in B.A. English Pass Course** and participated in Cartooning in **Youth Festival Group 1**.

**Cdt Priyamvada Thakur** stood **First in BCA(First Year)** and received the prize for **Excellence in Computer Science**.

**Cdt Manasvi Singh** secured the **Second position in BCA(First Year)**

**Cdt Sudiksha Mehta** was a part of an **Internship in Psychology (Mindful Souls)**. Secured **First position in Internship Basketball competition**.

**Cdt Abhiramy Biju** stood **Second in BA Geography Hons (First Year)**

**Cdt Sharrin Verma** won the title of **Miss Glam India (2022)**. She also received prize for the **Fashion Icon**.

# GOOD PRACTICES OF NCC

“The meaning of life is to find your gift and the purpose of life is to give it away,” said Pablo Pascal, and this quote is something that the NCC cadets of St. Bede’s College take to heart. These cadets believe that some things in life are worth doing, and helping people in need is one of them.

One of the ways that the cadets of St. Bede’s College help is by donating their uniforms and accessories to their juniors who are not willing or can't afford to buy new uniforms .

Moreover, the cadets of St. Bede’s College celebrate festivals and other festive days with these children by visiting their schools and sharing and donating as much as they can. This not only brings joy to the children but also helps to spread kindness and compassion in the community.

In addition to these acts of kindness, the cadets also take part in teaching the children new skills, such as painting, knitting, and other crafts. These activities help the children to develop new skills and improve their overall well-being.

The cadets of St. Bede’s College Shimla are committed to continuing these practices and helping those in need. As one cadet shared, “It feels great to give back to the community, and we hope that our small efforts can make a difference in the lives of those we help.”

In conclusion, the cadets of St. Bede’s College are an inspiring example of how small acts of kindness and generosity can make a big impact on the lives of others. They understand the meaning of life and purpose and strive to give their gifts to those in need.

*Sgt Riya Verma*



# EXPERIENCE OF THIRD YEAR CADETS

The bond that I share with my fellow cadets and my buddy will remain forever. It will be NCC that i'll remember after graduation and even after years more than my college memories.

**-Cdt Anika**

NCC helped me in becoming a better person as it taught me teamwork, patience, sharing, and growing together. Given me so many memories experiences and moreover friends for life. Always grateful.

**-Sgt Nikita Chauhan**

These three years had made me stronger, smarter, more outspoken, and a learned person. I can say that there is much difference between before I joined NCC and now, after spending 3 beautiful years as a cadet. That learning is priceless.

**-Cdt Sonam Koundal**

It fills my heart with immense joy and pleasure of being a part of NCC for 3 years. NCC has taught be unity, sharing, discipline, and how to selflessly help one another. I will cherish each and every moment of it throughout my life.

**Cdt Priyangna Dhalta**

Being in NCC was the best experience for me. We enjoyed it a lot. We had so much fun with each other. There were many ups and downs in this journey but still, we all made it. NCC taught me a lot. I'll miss all the things

**-Cdt Ayushi Panwar**

My journey in NCC is one of the most enjoyable, and substantial, filled with hard work and a complete journey within itself.

There were hard days but to learn along with my comrades helped me to grow and succeed.

**-Cdt Avni Sharma**

NCC gives me a feeling of satisfaction and happiness. I learned many things here that will help me to achieve my goals. I wish good luck to all my comrades and juniors.

**-Cdt Mehak Khakta**

It was definitely the best time of my life. I have learned so much from NCC and I will do my best to implement it in my life forever.

**-Cdt Arshya Roach**



# EXPERIENCE OF THIRD YEAR CADETS

It was a great experience of being a part of this organisation . I am grateful for the sweet memories and will cherish every bit of it .

**-Sgt Riya Verma**

Being in NCC was like a Taylor Swift Album: I could never know what the next track would be and I was always left wonderstruck. It was a fun and demanding journey of three years.

**-UO Ananya Singh**

I being a proud NCC cadet will never ever forget this journey of 3 years. This journey taught me various things from Adjusting to compromising from leadership to sportsmanship. NCC taught me who I am and truly filled discipline and unity in me.

**-Cdt Manisha Sharma**

My three years of NCC were one of the best times of my life. As a science student, it was not easy for me to manage NCC with my studies but I really enjoyed my time at NCC. The camps taught me a lot and now I can deal with any situation that comes in my life.

**Cdt Aashi Rathaur**

NCC has made my otherwise mundane college life fulfilling. I met many capable people with countless skills and accomplishments. My world has opened for life-changing lessons and experiences that I would've missed out on if it weren't for NCC

**-Cdt Roopali Diltia**

In these 3 years, I've become a better person, better than I was yesterday, or 3 years back. Because of NCC I got to know my own culture, and my very own roots by participating in different cultural activities. it was worth taking NCC because it taught me a lot. And I'm glad of my decision of taking NCC.

**-Cdt Vidhi Sood**

NCC has taught me one thing people will pull you down with all their might. It is on you how you push yourself toward the stars, with all YOUR MIGHT. Believe in yourself.

**-SUO Maanika Sethi**

With my final month of college, I cannot help but reminisce about each day I spent working as an NCC cadet. It appears to be that my three years were far more fruitful with NCC. The people I met for the first time became my acquaintances, then friends and now family.

**Cdt Aishna Rahi**



# FUTURE PROSPECTS OF NCC

The National Cadet Corps (NCC) is a youth-building development with a sense of Duty, Commitment, Dedication, Discipline and values so that they become able leaders and useful citizens.

DEFENCE SERVICES are the most popular career option after NCC. There are many ways to join defense services. You can go to the three services comprising ARMY, NAVY, and AIRFORCE, and there are many others like **PARAMILITARY FORCE, POLICE FORCE, NDRF, CAPF, CYBER SECURITY EXPERT, etc.**

One can apply for various government jobs after NCC and there are many reserved seats also available for NCC Cadets like **CIVIL SERVICES EXAM, RAILWAY APPRENTICE EXAM, FOREST SERVICE EXAM, etc.** One can even appear for SELECTION COMMISSION EXAMS and become **STENOGRAPHER, JUNIOR ENGINEER, ACCOUNTANT, AUDITOR, TAX ASSISTANT, SUB INSPECTOR etc.**

In PRIVATE SECTOR there are many jobs available for soft skills personnel like teachers, **SPORTS TEACHER, etc**

## CONCESSION IN EMPLOYMENT

(a) Vacancies reserved for commission in Defence Forces for NCC 'C' Certificate are as follows: -

Army 64 per year - **Indian Military Academy (IMA), Dehradun** through UPSC and Service Selection Board (SSB) Interview. 100 per year - in **Officers Training Academy (OTA) , Chennai** for Short Service Commission Non- Technical no UPSC Exam, only SSB whereas there are only 'five' vacancies reserved for girls in each course under the **NCC Special Entry Scheme for C- certificate holders** out of which 'four' for General Category and 'one' for Wards of Battle Casualties of Indian Army personnel.

**Navy** - 6 per course. No UPSC Exam, only Naval SSB.

**IAF** - 10 percent in all courses including Flying Training courses. No UPSC Exam, only Air Force SSB.

- (b) For **ORs, Sailors, and Airmen** - 5 to 10 percent bonus marks are awarded for recruitment.
- (c) In **Para Military Forces** - 2 to 10 bonus marks are awarded for recruitment.
- (d) In **CRPF** - NCC Cadets holding third-division degrees are eligible for recruitment to the gazetted post.

NCC has many more career options and skills that enhance life and brings a positive attitude toward life. NCC is a guide in career options and jobs. It not only opens doors to many jobs but also teaches moral values and skills which help in day-to-day life.

-LCpl Ivy Bhattan



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