



Department of Physical Education
St. Bede's College, Shimla

ACTIVITIES FOR THE SESSION 2021-2222

BASKETBALL TRIALS

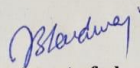
A basketball trial for the upcoming inter-college competition was organised in the basketball court on October 27, 2021, in which about 50 students participated and 12 were selected for the inter college competition.

Notice

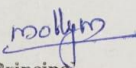
Dated: - 22/10/2021

*It is to inform to all the college students that the Deptt. Of physical education is organizing **basketball trial** for the inter college competition which shall be held on **27 October 2021 (1:45 pm)** at college basketball ground.*

Those students who are interested to participate should reach the venue in proper kit with college identity card. Kit is a must, failing the same participation will not be allowed.



Department of physical education
St. Bede's college Shimla



Principal
St. Bede's college Shimla




Inter-College Basket Ball Trials





Department of Physical Education
St. Bede's College, Shimla


INTERSHIP BASKET BALL COMPETITION

An Intership Basket Ball competition was organised in the college basket ball court on November 29, 2021, in which students from four ships viz. INS Himmat, INS Vikrant, INS Chirag and INS Vikas participated. After three exciting matches, INS Himmat won the championship defeating INS Vikrant.



 **St. Bede's College**
NSO
is organising an
Intership Basketball Competition
|| Closing Ceremony ||
on 29th November, 2021 at 2.30 p.m.
at Basketball Court


Chief Guest
Sr. (Dr.) Molly Abraham
Principal


Guest of Honour
Dr. Sharmja Munjal
Associate Professor & HOD
Department of Botany

For details contact: Dr. Vikrant Bhardwaj, President NSO, Vanshika Bagga, VP, Nancy Beniwal, Secretary - 8209994556



Champions of the Basket Ball Competition



*Department of Physical Education
St. Bede's College, Shimla*

AN ONLINE WEBINAR

The department of Physical Education in collaboration with the NSS unit of the college organised an online webinar entitled “ Academic Excellence Through Physical Activities: Journey or Destination” on February 25, 2022. The speaker of the event Dr. Anshul singh Thapa (Asst. Prof. P. G. College, Chandigarh) made the students aware about the importance of physical activities in our daily lives.

St. Bede's College, Shimla
Department of Physical Education
& NSS Unit

ORGANIZES WEBINAR ON
**ACADEMIC EXCELLENCE THROUGH
PHYSICAL ACTIVITY : JOURNEY OR
DESTINATION**

FEBRUARY 25, 2022 | 5:00-6:00 PM

Sr. (Dr.) Molly Abraham
Principal
St. Bede's College
Shimla

Dr. Anshul Singh Thapa
Speaker
Postgraduate Govt. College
Sec-II Chandigarh

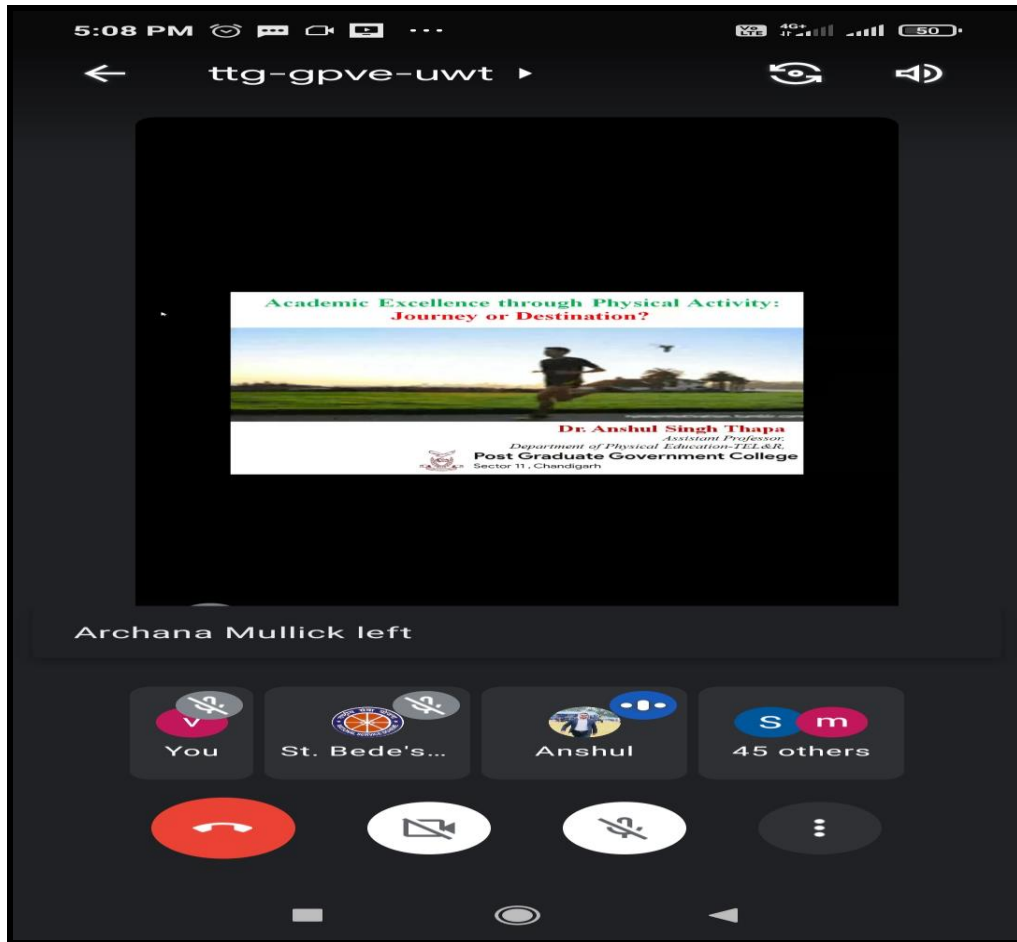
Dr. Vikrant Bhardwaj
Deptt. Of Physical Education
(9418029697)

NSS Incharge:
Susheel Kumar
Reena Thakur

Poster of the Webinar



*Department of Physical Education
St. Bede's College, Shimla*



Screenshot of the Webinar