



*National Cadet Corps
St. Bede's College, Shimla*

NCC ACTIVITIES 2021-2022

NCC UNIT, ST. BEDE'S COLLEGE UNDER 7HP (I) COY NCC SHIMLA

WORLD ENVIRONMENT DAY

On June 5, 2021 the NCC unit (Army and Navy wing) of St. Bede's College, Shimla, organized various competitions to celebrate the World Environment day. Poster making, poem writing and awareness video competitions were organized virtually on the theme "Khaki and Prakriti".

The winners for the event were as follows-

- **Poster-Making Competition**

First- Cadet Maanika Sethi
Second- Cadet Aishna Rahi
PO Cadet Isha Seli
Third- Cadet Anika

- **Poem Writing Competition**

First- Cadet Chinmay Sharma
Second- Cadet Jaisal Shekhawat
Third- Cadet Gati Singh

- **Awareness Video Competition**

First- Cadet Nikita Chauhan
Second- Cadet Ananya Singh
Third- Cadet Anoushka Moses



*National Cadet Corps
St. Bede's College, Shimla*

**WORLD ENVIRONMENT DAY
JUNE 5**

KHAKHI & PRAKRITI

VIRTUAL COMPETITION ORGANIZED BY
NCC UNIT (ARMY AND NAVY WING)
IN COLLABORATION WITH THE
ENVIRONMENT AWARENESS CELL
ST. BEDE'S COLLEGE, SHIMLA

ACTIVITIES

- 1). POSTER MAKING COMPETITION
- 2). POEM WRITING COMPETITION
- 3). AWARENESS VIDEO COMPETITION

We, the cadets, on this Environment Day
pledge, to gift a sapling to
every cadet, on their birthday.

LET US TOGETHER, REJUVENATE
OUR MOTHER EARTH

**SPREADING
AWARENESS ABOUT
PLASTIC USE**

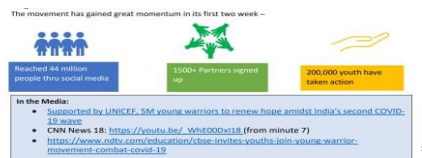
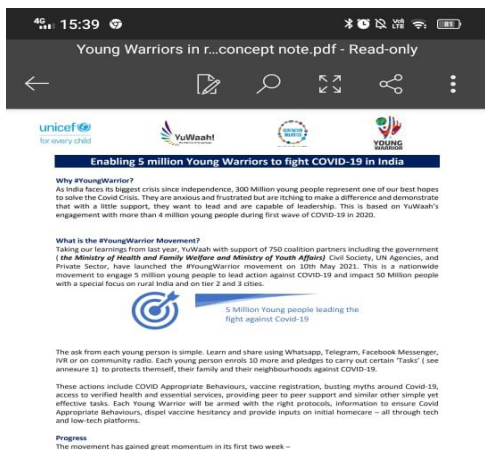
St. Bede's College, Shimla
7HP(I) Coy NCC Shimla



National Cadet Corps St. Bede's College, Shimla

UNICEF YOUNG WARRIOR

On June 7, 2021 the cadets registered and became a part of the Young warrior is a nationwide movement of making the youth aware about COVID-19 initiated by the UNICEF in partnership with the Ministry of Health and Family Welfare and the Ministry of Youth Affairs.



INTERNATIONAL DAY OF YOGA

On June 21, 2021 a series of activities for the International Day of Yoga, 2021 were conducted by the cadets under 7HP (I) Coy, NCC Shimla to mark the International Yoga week. The theme was “Be with Yoga, Be at Home”. The following activities were organised:

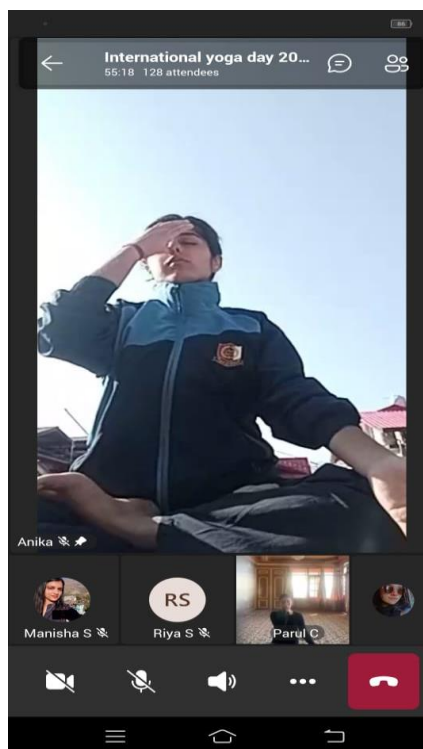
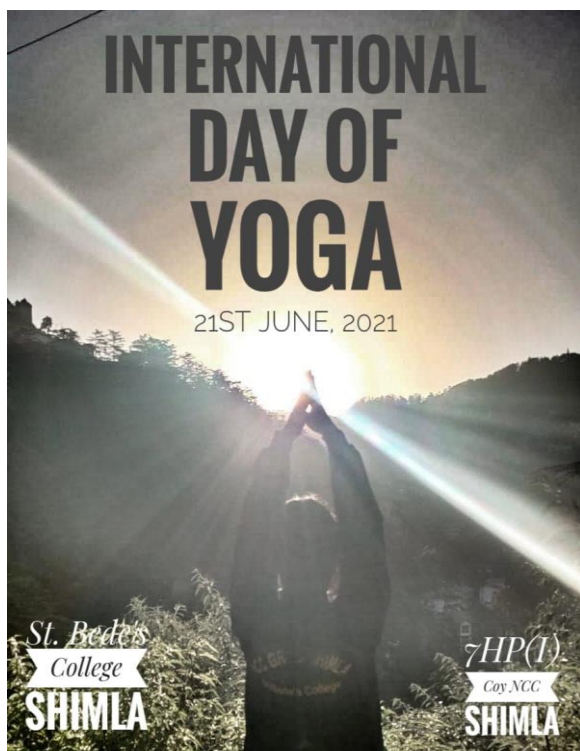
- 1) Prananyama- A video was compiled where a few cadets performed different types of Pranayamas discussing the benefits of the same.
- 2) Pledge- The cadets pledged to practise meditation every day, to mark the day.
- 3) Poster Making- Cadets made posters depicting the benefits of yoga and meditation.
- 4) Jingle Composition- Jingles were composed by the cadets to mark the occasion and importance of yoga.
- 5) Quiz- an open Virtual Quiz was conducted by the cadets.





National Cadet Corps St. Bede's College, Shimla

On June 21, 2021, a live virtual Yoga session was organized by the cadets of the NCC unit of St. Bede's College, Shimla in which Ms. Parul Chauhan, a certified yoga instructor virtually taught various asanas, the vinyasa flow and the benefits of meditation.



EBSB PHASE VIII CAMP

From July 19-27, 2021 an online EBSB camp phase 8 was held with Odisha Directorate, wherein Cadet Maanika Sethi participated and discussed the cuisine and culture of Himachal through a video. She also recited a poem for which she received a certificate and a cash prize.





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KARGIL VIJAY DIWAS

On July 25, 2021, on the occasion of the 22nd Kargil Vijay Diwas a virtual thought exchange programme “Goonj” was organized by the NCC unit, St. Bede's College Shimla, to pay homage to our brave warriors. Dr. Usha Bande, an ex NCC officer and a renowned author and critic, was the resource person. Commanding officer, Col. Suneet Shankta was also present for the occasion. After a power point presentation showcasing the various activities conducted by the cadets in the session, a small video was also played paying tribute to the soldiers.

The results for the activities were:-

- Poetry Composition Competition

1st: Cadet Sasha Seli and Cadet Ananya Singh

2nd: Cadet Aishna Rahi and Cadet Vanshika Malhotra

3rd: Cadet Maanika Sethi

- Poster-Making Competition

1st: Cadet Jaisal Shekhawat

2nd: Cadet Ananya Singh

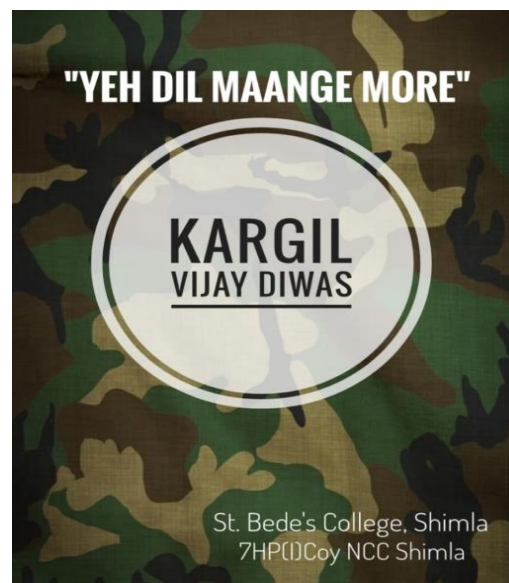
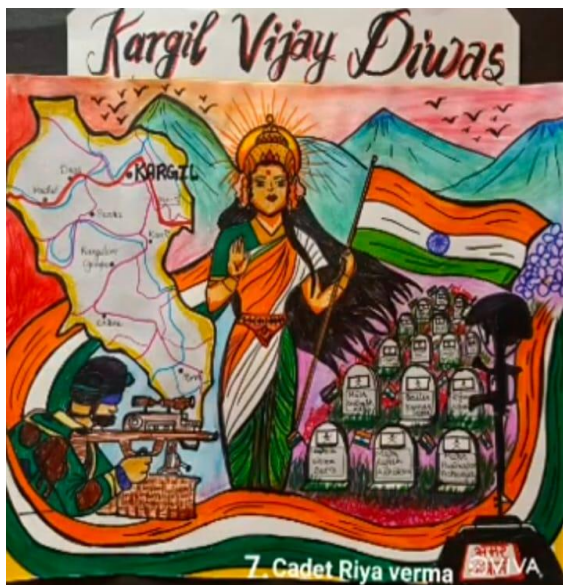
3rd: Cadet Gati Singh

- Dance

1st- Cadet Maanika Sethi

2nd- Cadet Nikita Chauhan

3rd- Cadet Gati Singh





National Cadet Corps St. Bede's College, Shimla

Kargil Vijay Diwas
26 July

A Virtual Thought Exchange Programme
'Goonj'
organized by NCC Unit, St. Bede's College, Shimla

Resource Person
Dr. Usha Bande
Renowned Author and Critic

Time: 11:00 AM - 12:00 PM
Date: 25th July, 2021
Meeting Platform: MS Teams

Virtual Competitions-
1. Poster-making Competition
2. Poetry Writing Competition
3. Solo Dance Competition

Dr. (Sr.) Molly Abraham
College Principal

KARGIL VIJAY DIWAS COMPETITION

On July 26, 2021 a Webinar was organised by the PHHP&C Directorate, under the chairmanship of ADG Major General J.S Sandhu. Cadet Maanika Sethi, represented the Shimla group in the poetry recitation competition and stood first and won a cash prize of Rs 3000.

they are required to fill the online application form of the university. The AIEEA (UG) exam will be held on September 7, 8 and 13, while the AIEEA (PG) and AICE-JRF/SRF (PhD) test will be held on September 17.

STUDENT SHINES IN POETRY RECITATION

Cadet Maanika Sethi of St Bede's College, under 7HP (I) Coy NCC Shimla, has brought laurels by bagging the first position in a self-composed poetry recitation competition. The competition was organised by the Punjab, Haryana, Himachal Pradesh and Chandigarh Directorate under the chairmanship of ADG Maj Gen JS Sandhu and has won a cash prize of Rs 3,000.

GLOBAL CONFERENCE AT APG VARSITY



National Cadet Corps St. Bede's College, Shimla

FIT INDIA CAMPAIGN UNDER AZADI KA AMRIT MAHOTSAV

On August 12, 2021, 7HP (I) Coy NCC Shimla cadets participated in the Fit India Campaign virtually and performed various asanas and pranayamas.

A video of handmade greeting cards made by the cadets on the occasion of the 75th Independence Day was uploaded online.



RASTRAGAN INITIATIVE

On August 13, 2021 the cadets participated in a programme “Rashtragan.in”, launched by the Ministry of Culture under the guidance of our PM Shri Narendra Modi, on the occasion of the celebration of India's 75th year of Independence, wherein they recorded the national anthem on the site mentioned and received certificates of appreciation.

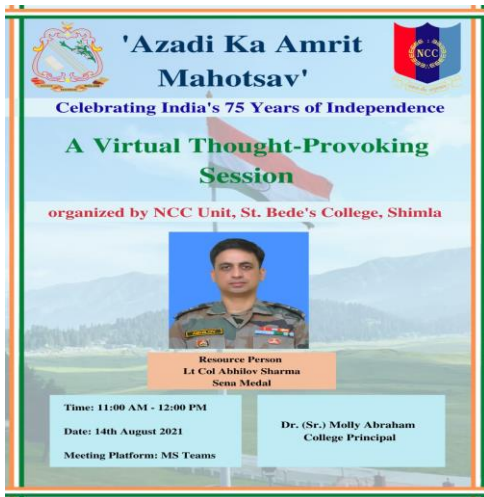




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INDEPENDENCE DAY CELEBRATION

On 14th August, 2021, a Virtual Thought Provoking Session was organized by the NCC unit of St. Bede's College, Shimla to celebrate 75 glorious years of India's Independence under the theme, "Azaadi ka Amrit Mahotsav", wherein the true meaning of Independence was highlighted. The resource person for the day was Lt Col Abhilov Sharma (SM). He shared, four key measures to lead a meaningful life. Videos were also presented to mark the celebration.



DCATC CAMP

September 16, 2021

In the month of September and November, the DCATC camps for the selection, and preparation of IGC: 2021-2022 and RDC 2022 were held. Sgt Rutuja Kulkarni and Cadet Maanika Sethi were selected for the camp.





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ESSAY WRITING COMPETITION

On September 18, 2021, the NCC Unit at St. Bede's College under 7HP (I) Coy NCC, Shimla organized an essay writing competition on the theme "Azadi ka Amrit Mahotsav". The entries were accepted in two languages- English and Hindi. The judges for the event were Dr. Vandana Thakur and Ms. Snigdha Bhatt.

The first position was bagged by Cadet Anoushka Moses, and Cadet Mehak Khakta stood second, and Cadet Roopali Dilta stood third.

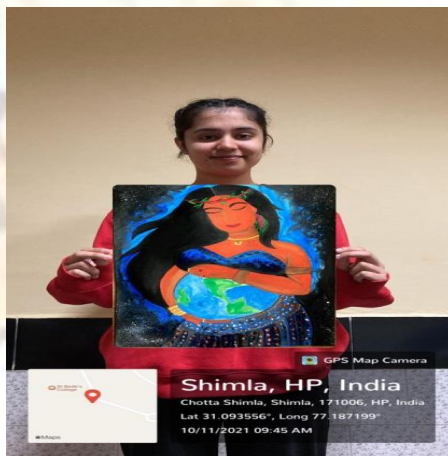


INTERNATIONAL DAY OF THE GIRL CHILD

On October 10, 2021, the International Girl Child Day was celebrated by the NCC Cadets. The theme was "Women Empowerment" which was organised under the banner 'Azaadi ka Amrut Mahotsav'. Various competitions representing the culture of India were organized for the cadets.

The results of the event were:-

- 1st- Angelina Tej
- 2nd- Ruhani Mepawat
- 3rd- Suhani Singh





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EBSB PHASE XI

From October 18-23, 2021, an online EBSB Phase XI with Karnataka and Goa directorate as hosts was organised on behalf of the Shimla group. The geography of Himachal was presented in the form of a video and Cadet Ananya Singh presented a song, representing Himachal's culture, and participated in 'Truth O Mania' and Poetry Recitation Competition.



SWARNIM VIJAY VARSH MASHAL

On October 21, 2021, Swarnim Vijay Varsh Mashal was brought to St. Edward's School, Shimla, to honour India's victory in the 1971 war.

Cadet Riya Verma participated in the Mashal Ceremony and Cadet Maanika Sethi participated in the cultural programme and recited a poem on the theme "Swarnim Vijay Varsh".





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RANK PROMOTION CEREMONY

On November 1, 2021, the rank promotion ceremony for the NCC army wing was conducted, wherein Col. Suneet Shankta, OC 7HP (I) Coy, NCC Shimla was the chief guest.

Some of the cadets were promoted to higher ranks for their hard-work, and dedication towards the organisation.

Sgt Rutuja Kulkarni was promoted to the rank of an UO.

Cadet Ananya Singh, Cadet Riya Verma, and Cadet Maanika Sethi were promoted to the rank of Sergeant.

Cadet Devshree Hada, Cadet Anoushka Moses, Cadet Sakina Malik, Cadet Gati Singh, and Cadet Nikita Chauhan were promoted to rank of Corporal.

Cadet Manisha Sharma, Cadet Ayushi Panwar, Cadet Priyangna Dhalta, Cadet Vidhi Sood, and Cadet Chinmay Sharma were promoted to the rank of Lance Corporal.





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CATC-223

From November 15-24, 2021, the cadets attended a Compulsory Annual Training Camp (CATC-223) for the very first time. They participated in various activities like shooting, sports, drill, and cultural programme and received participation certificates. The camp helped the cadets in preparing for their upcoming BEE Certificate Exam.





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RALLY AGAINST DRUG ABUSE

On November 20, 2021, a rally on Drug Abuse was initiated by the first year cadets of St. Bede's College, Shimla. The rally started from the college, and ended at The Ridge, Shimla.





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NCC DAY CELEBRATION

On November 29, 2021, the NCC Day was celebrated at the Shimla group headquarters, wherein a guard of honour was given to Group Commander, Brig Manoj Khandurie. Sgt Maanika Sethi, Sgt Ananya Singh, and Cpl Anoushka Moses got an opportunity to be a part of the celebration.



CELEBRATION OF NCC DAY AND INDIAN NAVY DAY

On December 2, 2021, NCC Day and Indian Navy Day were celebrated at St. Bede's College, Shimla. A talk session was organized on the theme "Pollution: A hazard" on the National Pollution Prevention Day under the banner of Azadi ka Amrut Mahotsav.

A poem was recited by Cpl Gati Singh and a Nukkad Natak was performed by the cadets. The guest speaker for the event was Dr. Pawan Rana, Scientist-E at Himalayan Forest Research Institute, Shimla.



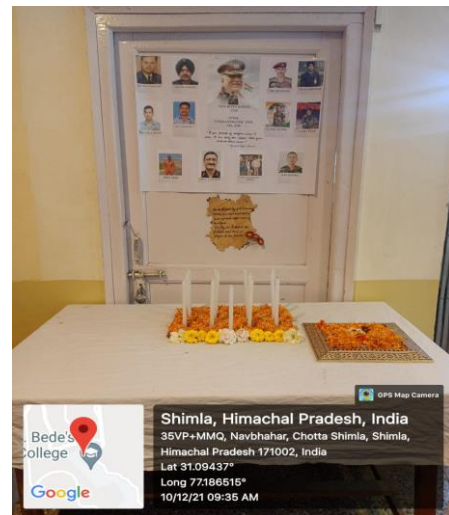


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TRIBUTE TO GEN BIPIN RAWAT

On the ill fated day of December 8, 2021, the CDS Gen Bipin Rawat and thirteen others lost their lives in a helicopter crash near Coonoor, TN. The cadets of St. Bede's College Shimla paid tribute to the departed souls on December 10, 2021.





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ANTI POLLUTION RALLY

On December 24, 2021, under the theme "Anti Pollution Drive" the cadets participated in Synergy, Swachhta, Statue cleaning, and Foot policing activities.



NATIONAL YOUTH FESTIVAL

On January 11, 2022, PM Narendra Modi inaugurated the 25th National Youth Festival under which various activities were organised for a period of four days, including Yoga and Cultural exchange. The cadets participated in all the activities and helped in spreading awareness regarding the importance of the National Youth Festival.

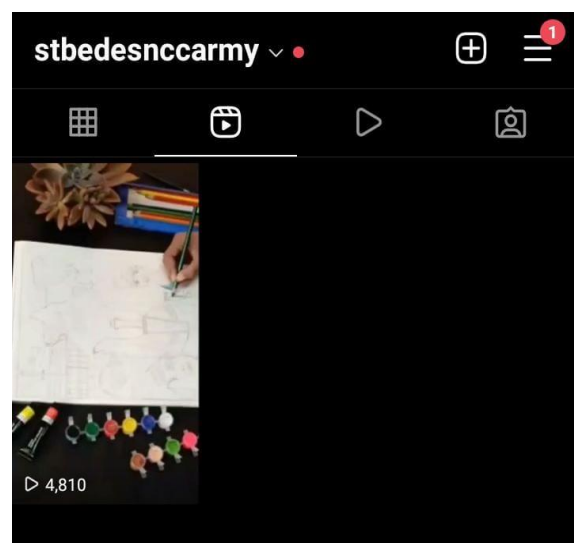
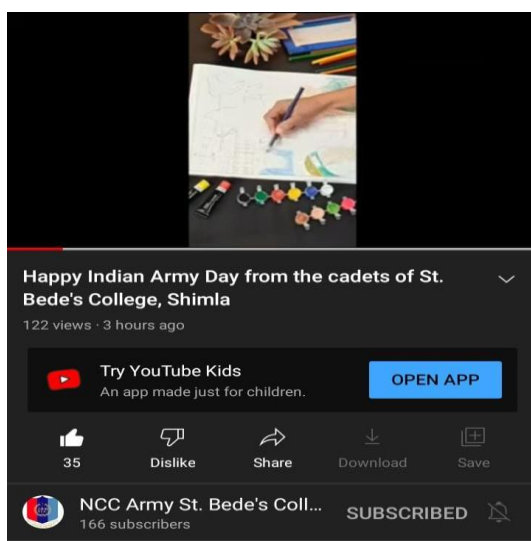
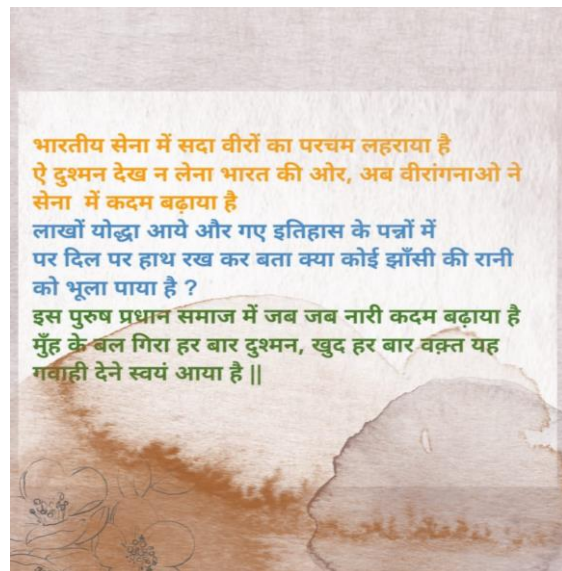




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INDIAN ARMY DAY

On January 15, 2022, the NCC cadets from St. Bede's College, Shimla, presented a little show online to spread their message on Indian Army Day. This day was celebrated under 'Azadi ka Amrit Mahotsav.' To highlight the service of the Indian Army for our nation, the cadets created posters. Some cadets also wrote poems to put forth their views on women empowerment in the armed forces. The cadets shared their activities through social media such as: Youtube, Twitter, and Instagram. A short video was also created to be circulated over the internet. The motto of the video was to showcase the contribution of women in the armed forces. A poem was narrated with a time-lapse poster painted by a cadet which was viewed over five thousand times on the internet in less than eight hours.



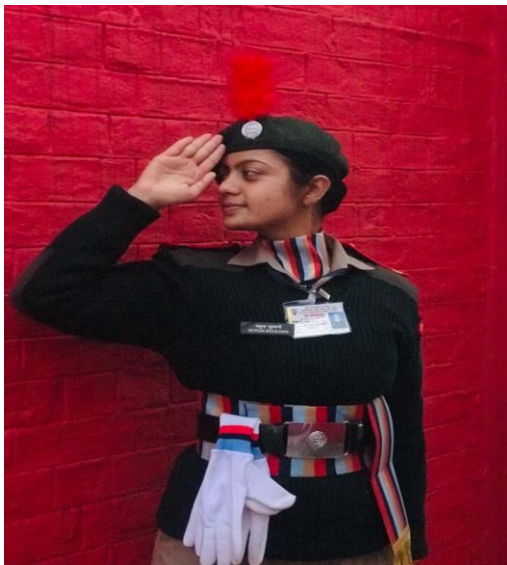


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REPUBLIC DAY PARADE

On January 26, 2022, UO Rutuja Kulkarni, attended the RDC 2022 at Delhi where she represented PHHP&C Directorate in the Best Cadet (SW Army) Competition. She was a part of the PM Rally where she briefed the Defence Minister and the DGNCC at the Hall of Fame.

LCpl Ayushi Panwar participated in the State Republic Day Parade on the Mall Road, Shimla on the Republic Day making the college proud.





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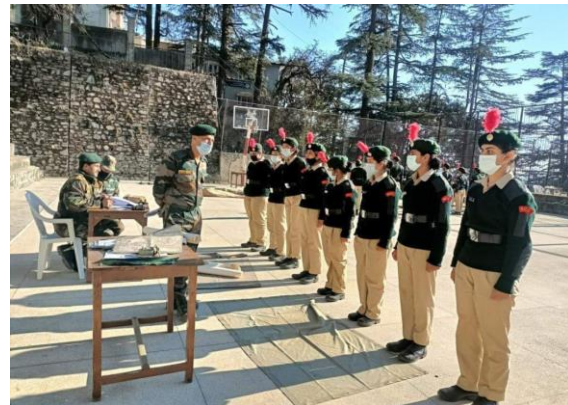
DIRECTORATE LEVEL COMPETITIONS

On January 31, 2022, the cadets participated in various activities like Desh Bhakti Geet Writing, Rangoli Making, and Patriotic Lori Writing, under the theme “Azaadi ka Amrit Mahotsav” conducted by the Ministry of Culture nationwide.



BEE CERTIFICATE EXAMINATION

On February 20, 2022, the second year cadets of the NCC unit St. Bede's College, Shimla, reported at St. Edward's School, Shimla, for their BEE Certificate examination.



CEE CERTIFICATE EXAMINATION

On February 27, 2022, the third year cadets of St. Bede's College, Shimla, reported at Solan for their CEE Certificate examination.



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INTERNATIONAL WOMEN'S DAY

On March 8, 2022, the first and second year cadets were invited to perform a Nukkad Natak on the event of International Women's Day at GDC, Kotshera. The cadets presented a Nukkad Natak under the theme "Blood donation- DOs and DON'Ts" and were presented a 'Memento of Honour for Stage Performance'.





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RAISING DAY

On March 10, 2022, the Second NCC Raising Day was celebrated at St. Bede's College. The chief guest for the event was Col DR Gargi, Commanding Officer 7HP (I) Coy, NCC Shimla.

The programme started with the drill followed by a short cultural programme, "The NIAP". The Cadets were felicitated for their hard work, and contribution towards NCC. UO Rutuja Kulkarni was promoted to the rank of a Senior Under Officer. The event ended with an NCC Carnival, organised by the cadets.



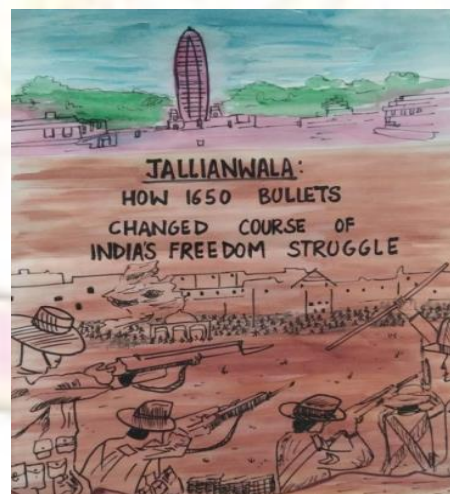
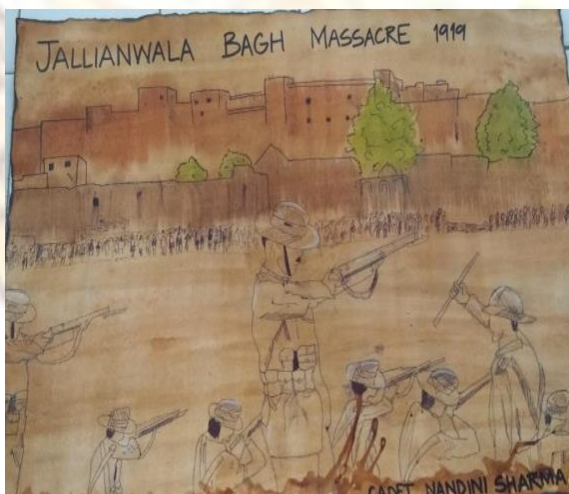


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JALLIANWALA BAGH MASSACRE

On April 13, 2022, the NCC Cadets of the college under 7HP (I) Coy, NCC Shimla paid homage to the martyrs of Jallianwala Bagh Massacre who lost their lives on this day, 103 years ago. The cadets participated in a Poster-Making competition under the theme “Azadi Ka Amrit Mahotsav”, in order to pay respect to those who lost their lives on April 13, 1919. The judge for the event was Ms. Punam Chauhan, Assistant Professor Department of History, St. Bede's College, Shimla. She adjudged the paintings on the basis of creativity, relevance to the theme and artistic skills. Cadet Nandini Sharma was awarded the first position followed by Cadet Aishna Rahi and Cadet Anika stood second. To promulgate this on a larger platform a collage of all the poster entries was shared on the Instagram Page and the YouTube Channel of the NCC. The video received over 100 views on you tube and over 500 views on Instagram in the first four hours. These activities promoted a sense of patriotism, and deep reverence for the ones who sacrificed their lives, to make our nation flourishing. Even today, everybody mourns the lives that were lost in the massacre, and we salute the innocent people, who were mercilessly killed on April 13, 1919.





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Links of the activities uploaded on YouTube:

- About DGNCC app:
<https://www.youtube.com/watch?v=mouBpVBAM2Q>
- *Kudrat* By the cadets of St. Bede's College Shimla under 7HP(I) COY NCC Shimla:
<https://www.youtube.com/watch?v=8MU14Aq1fSI>
- "Motivating Mankind"
https://www.youtube.com/watch?v=81uO_uCITRE
- "Make the connection"
<https://www.youtube.com/watch?v=GFAiY8gA6Gk>
- "Role of NCC in Sustainable Development"
<https://www.youtube.com/watch?v=fQNdKacQ700>
- Posters made by the cadets on World Environment Day
<https://www.youtube.com/watch?v=6yt7PbEz5IA&t=57s>



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- Poetry competition for World Environment Day
<https://www.youtube.com/watch?v=CLeNAwSfzLg>
- “A Timeline of COVID-19 from stone to an Empire”
<https://www.youtube.com/watch?v=6iBn4KvYXlG>
- International Yoga Day “Be with yoga be at home”
<https://www.youtube.com/watch?v=2NRkIh5cpIE>
- https://www.youtube.com/watch?v=vi3Is3_pQms
- <https://www.youtube.com/watch?v=npOxnpA5VQU>
- INTERNATIONAL YOGA DAY
<https://www.youtube.com/watch?v=c-vsYV4adYM>
https://www.youtube.com/watch?v=TYDF8L_iq1Q
- Nukkad Natak on “No use of plastic”
<https://www.youtube.com/watch?v=KcplQnw5Jfo>
- Kargil Vijay Diwas
https://www.youtube.com/watch?v=X3_8V1ltjNU
- Poster making competition on Kargil Vijay Diwas
<https://www.youtube.com/watch?v=GbrpRPDjJAw>
- Dance competition on Kargil Vijay Diwas
<https://www.youtube.com/watch?v=l86U5RItTXo>
- Self composed poems for Kargil Vijay Diwas
<https://www.youtube.com/watch?v=VUasMvu6Jr8>
<https://www.youtube.com/watch?v=YhWyPssAFC4>
https://www.youtube.com/shorts/gG_lnBo67mE
- “Say no to plastic use”
<https://www.youtube.com/watch?v=e1nGAis-Cq8>
- “Azadi ka Amrit Mahotsav” Greeting card competition
<https://www.youtube.com/watch?v=FfCxFP4wJrQ>
- “Swarnim Vijay Varsh Mashal” Celebrating 50 years of India’s Victory over Pakistan in the 1971 war
<https://www.youtube.com/watch?v=VVhhVJy4aoA&t=4s>
- National Youth Festival Phase-4
<https://www.youtube.com/watch?v=sLhH8qGth4c>



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- Army Day
<https://www.youtube.com/watch?v=3KK3YiNbTzc>
- 73rd Republic Day Azadi Ka Amrit Mahotsav
<https://www.youtube.com/watch?v=uqvoCSJ30Rc>
<https://www.youtube.com/watch?v=N0UREeadAY>
<https://www.youtube.com/watch?v=4bmeIXwwSL0>
- Jallianwala Bagh Massacre
https://www.instagram.com/tv/CcPF_Q1O9_9/?igshid=YmMyMTA2M2Y=
<https://youtu.be/RWjZvI3rNSM>