

parakram

 *A voyage into the past year*



OUTCOMES OF COVID-19 PANDEMIC

The past year has been a rough ride for people all over the globe. In such a time, every small act of helpfulness and kindness makes a difference. Finding oneself in the middle of an adversity can be heart wrenching, and while there are many reasons to slip in and give up, one only needs a ray of hope to get back up again and continue the battle.

The NCC Cadets at St. Bede's College stepped up to help the affected and provide relief in every possible way to reassure those around that even amidst the chaos of the world, some hope can be found.

Right after the very first lockdown was imposed, the cadets of the college volunteered under NCC Yogdan to provide aid in the hard-hit areas. Sgt Rutuja Kulkarni volunteered in Theog as a part of NCC Yogdan during the pandemic to provide relief.



The college students also took the initiative of distribution of masks at local schools and talking to the students about preventive measures that they can take to stop the spread of the virus.

The NCC Cadets have also been working as one of the frontline workers to provide relief. When the oxygen cylinders and medicine availability hit a low, Cdt Maanika Sethi joined the COVID-19 Support Group in Shimla wherein they provided people with the required resources. Alongside, if an infected person could not cook for themselves, they were provided with two home-cooked meals a day.

Throughout the pandemic and the lockdowns, we made use of technology to continue conducting extra-curricular activities that are beneficial for the overall development of the cadets. The students also worked all year round to make sure that other activities such as statue cleaning, cleanliness drives, plogging, and awareness about social causes and the environment crisis were not neglected either.

A JOURNEY WITH NCC

My NCC journey began at the young age of 13 when I represented the Unit Group and Directorate in the Republic Day Camp in 2015 as a Junior Wing Cadet. Since then this organization has had a special place in my heart and I have grown through it.

NCC being a volunteer organization has given me a plethora of opportunities and has shaped me into who I am today. NCC teaches the lessons of honesty, discipline, leadership, and nation-building to lakhs of students every year and to be a part of this family is a matter of prestige for all of us.

Even during the pandemic, the NCC Cadets all over India have proved themselves to be servants of this nation through their selfless service. As the saying goes-

"When the going gets tough, the tough get going."

Being in NCC teaches one to take up challenges that come up along the way in life's path and tackle them. With its focus on national integration, it has given us opportunities to interact with people who come from different cultures, states, and backgrounds. This helps us gain an insight into the real world that goes beyond our books. All of us might come from different backgrounds but at the end of the day, we unite in the name of India.

The lessons that one learns through NCC are the lessons to live life by which is why all my years spent with NCC have enriched my life even more. I have been instilled with confidence to face the largest of crowds with calm and composure and perform all my duties with honesty. The spirit of serving society and indulging oneself in voluntary work is fostered very well in NCC and this is what makes the cadets stand out from other students as well.

With all my years spent with NCC, I believe that I have been brought closer to the roots of my country and the very pillars that this nation stands for. I am also certain there are many who feel the same way as I do. Whoever walks this path knows that this journey is a little different than the others but that is what makes it precious and a memorable one.

-Sergeant Rutuja Kulkarni

INTERNATIONAL DAY OF THE GIRL CHILD

October 11, 2020

The International Girl Child Day is celebrated every year on the 11th of October to make the world free from gender bias, harmful practices and to make this world a better place for the present and future of mankind. In recognition of this propitious day the cadets of 7HP (I) Coy, NCC Shimla and 1 HP Naval Unit, NCC Bilaspur under St. Bede's College, Shimla organized various competitions which were open to all the college students.

The theme chosen by the cadets for this day was "JAI HIND MADAM-SIR". The theme suggests how a woman is treated not as a woman or a man in the armed forces but as a regular soldier who marches shoulder to shoulder with her male counterparts.



Activities relating to representation of one's culture were performed



The cadets also performed drill

The Competitions-

- **Folk-Dance Competition:** Cadet Riya Verma came first, while Cadet Chinmay Sharma bagged the second position.
- **Story-Writing Competition:** Cadet Ananya Singh stood first followed by Cadet Anoushka Moses.
- **Poster-Making Competition:** Cadet Mehak Khakta came first and Cadet Priyangana Dhalta came second.

Three cadets were also awarded for their exceptional performances.

Cdt Gati Singh was awarded for being the **Most Sincere Cadet**.

Cdt Devshree Hada was announced as the **Most Inventive Cadet**.

Cdt Maanika Sethi was awarded for being the **Most Diligent Cadet**.

Sergeant Rutuja Kulkarni was also awarded for **Excellence in Leadership** towards NCC.

Cdt Avni Sharma also wrote a poem on the theme- 'Women in Armed Forces'

सुन ले मेरी यह बात,
न हूँ तेरे बेटो से कम
तेरी ही रक्षा करूँगी जब तक है दम।

जब भी आएगी मैदान से आवाज़
"How's the Josh?"
मुख से हमेशा निकलेगा
"High Sir!"।

वर्दी कहे तुम आस्मां
छूने से न रुकना
तुम अपने को कभी
किसी से कम न समझना
एँ. सी. सी. एक सीढ़ी है
जो हमे पहुंचा देगी अपने सपने तक
एँ. सी. सी. एक जूनून है
जिससे पीछा न हटेंगे हम।

Cdt Mehak Khakta's poem on Women Empowerment

Like the birds fly in the open sky
One day girls will also fly

Making ourselves free from every fear
We dare to demand freedom, equality, and
care
'Why did you go alone?'
'Why were you out at night?'
Why for making her own decisions she has
to fight?

One day she will change everyone's
mentality
She will fight against the norms

She will achieve what she deserves in
reality
She will show the world that she is
strong

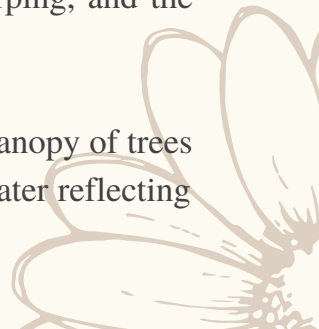
One day no one will be able to stop
her
No one will be able to scare her

Like the birds fly in the open sky
One day girls will also fly

A short story by Cdt Anoushka Moses

Walking alone, along a deer trail in the forest, a little girl was looking at the trees, the grass, the moss, the shrubs that covered every inch of the glen. The birds were chirping, and the steady humming of the cicadas was hypnotic.

It had drizzled slightly, and now the sun rays that infiltrated through the thick canopy of trees bathed everything in a warm golden glow. The vegetation, slick with the rainwater reflecting off the light, looked like a scattered harmony of golden fireflies.



She wondered how much longer she'd be able to stay there before she had to leave. She didn't want to leave, ever. But her poor soul hadn't a clue that not even three years from then, the trail would cease to exist, the wild beauty of the valley, now replaced by cold, grey buildings, sad potted plants replacing the lush greenery that once thrived there.

A short story by Cdt Ananya Singh

A good fragment of my life dwells in these hills, which is why even after moving to other side of the country I come back here to meet old friends. It was around last June that I ran into a classmate from school. I had remembered him to be a boy full of youth hence seeing him with wrinkles, white hair, and smelling of tobacco felt strange at first.

“You should have dinner at my house today for old time's sake!” he proposed.

I saw no harm in visiting an old friend's home, after all, I saw him after fifteen years. All my joyful plans faded like spirit when I saw the fate of his wife.

She was thin like a stick with lifeless eyes which feared to commit a mistake in the vicinity of her husband. He cursed her when she went out to feed a black cat; yelling at her and telling her about how black cats are bad luck.

He sternly demanded her to bring us dinner and scolded her about a thing or two during my stay. He continued to drink like the devil and while he laid drunk, I noticed some bruises on his wife's arms. This alarmed me; I decided to leave his house immediately.

When I returned back home, I narrated the entire story to my wife and to my surprise, she seemed rather concerned. She insisted on informing the police but the police seemed like too much of a hassle to get into, so I just called my friend instead.

After getting him immersed in talks, I casually asked him about his wife. To this, he replied with almost no remorse-

“She is no more. Collapsed and died. I am sure it is because of the black cat.”

I could just think about these words: Neutrality helps the oppressor, not the victim. Silence encourages the tormentor, never the tormented.

My wife silently left the room, leaving me to my own company.

I gravely put the phone down and whispered sarcastically-

“Of course it was the black cat.”



BLOOD DONATION CAMP

November 22, 2020

Donating blood is one simple act that all of us can indulge in and save many lives. Currently, the world needs to come together more than ever before and do all we can to help each other out in these tough times.

On November 22, 2020, a blood donation camp was held on at the Ridge in Shimla. The theme for the day was very well-fitting as well- 'Rakht daan jeevan daan'.

Our cadets participated in blood donation there and also propagated the message to others of doing the same.



Captain Cadet Chavi Tewari and Cadet Maanika Sethi donated blood at the blood donation camp.

SWACHHATA PAKHWADA

November 27, 2020

One of the core qualities of a cadet is to take care of their environment and ensure that their surroundings are clean and hygienic for everyone to be used.

Swachhata Pakhwada activities were initiated by the Central Government under 'Swachh Bharat Abhiyan'. 'Swachh Bharat Abhiyan' is a campaign that was launched by the government with the motive to improve the condition of sanitation and waste management in India. The cadets participated enthusiastically in order to spread awareness on 'Swachhata'.

YouTube links- https://www.youtube.com/watch?v=81uO_uClTRE
<https://www.youtube.com/watch?v=8MU14Aq1fSI>
https://www.youtube.com/watch?v=qY_pD2dYdVw



Our statues represent an integral part of our history and culture. For their maintenance, the cadets voluntarily cleaned public statues.



As much as we enjoy our walk in parks, it is our duty to ensure that they remain clean and green. Our cadets ensured this by cleaning their local parks.



The role of water in our life needs no explanation. It is important to keep water bodies clean to ensure overall good community health.



Plogging is a combination of jogging with picking up litter. Following this idea, our cadets took note of cleaning their surroundings when on their morning jog.

December 4, 2020

NUKKAD NATAK

It is important to not let the ongoing pandemic stop one's flow of creativity and self-expression. Our cadets took an opportunity to make use of their talents and put forth a Nukkad Natak. The theme behind it was 'Segregation of Waste'.

What made this Nukkad Natak a little different than the others was that it was prepared fully online and was later performed online as well.

Link to YouTube video- <https://www.youtube.com/watch?v=k6r2krqC-fY>



The cadets performing Nukkad Natak on the topic 'Segregation of Waste' online

December 6, 2020

MAINTAINING PERSONAL HYGIENE

Hygiene forms an integral part of living a healthy life. Cadets participated in an activity wherein the cadets presented three different ways towards maintaining good personal hygiene and the steps to follow the same.

Link to YouTube video- <https://www.youtube.com/watch?v=ySNjpnODXr8>



The cadets demonstrating ways in which a good personal hygiene can be maintained.

December 13, 2020

SEMINAR ON PLASTIC MANAGEMENT

Every day India produces more than 1.50 lakh metric tonnes of waste. While some of this waste is biodegradable, a huge chunk of it is not. It is important for this waste to be treated carefully and appropriately because its mismanagement can have disastrous consequences.

Realizing the seriousness of the issue, the cadets aimed to improve their knowledge of the subject by participating in the seminar '**Plastic waste management-A way ahead**' wherein they conducted a seminar on Microsoft teams in order to spread awareness.



Maintaining clean surroundings

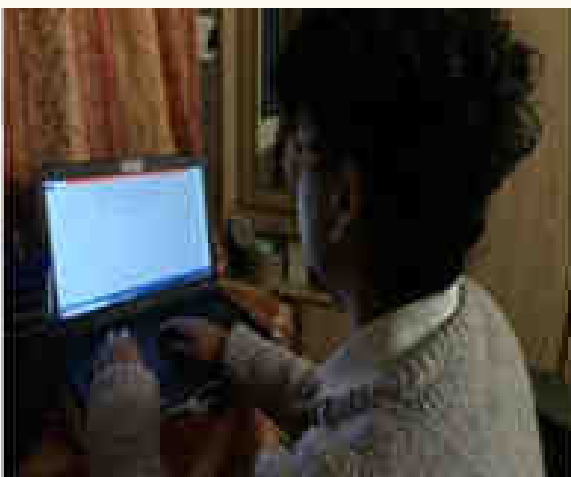


Segregation of waste

December 14, 2020

PAINTING AND ESSAY WRITING COMPETITION ON SWACHHATA

The cadets presented their thoughts and ideas on 'Swachhta' through their paintings and essays.



Cdt Anoushka Moses participating in essay writing competition



Cdt Riya Verma creating a poster for painting competition

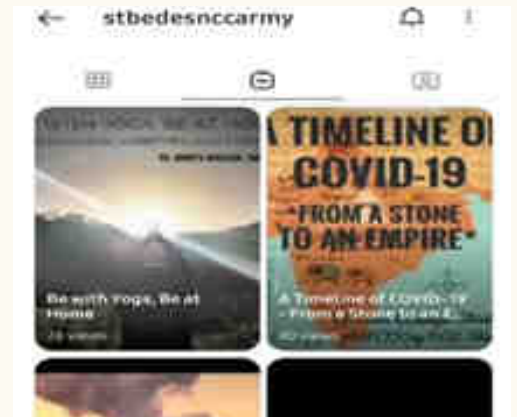
SPREADING AWARENESS ONLINE

December 20, 2020

Today, we are a part of two worlds- a real one and a virtual one. Amidst the current surge of COVID-19, it is undeniable that our online world is of great importance as well. We've taken the initiative to maintain our presence in the online world to create more impact.

INSTAGRAM PAGE

We have been using Instagram to share our cherished moments as well as our messages with the world. We go by the name @stbedesnccarmy and have been consistently posting since the page started.



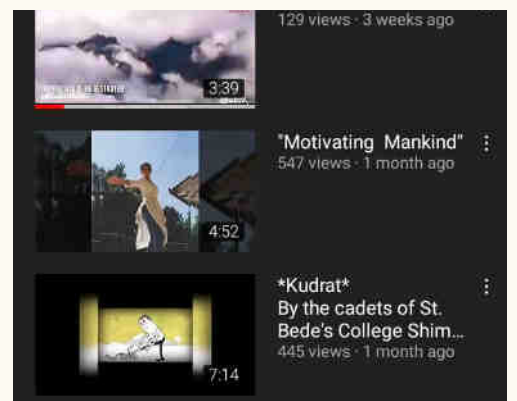
Video uploads on Instagram

YOUTUBE

We all are familiar with this video-sharing website and app. We believe that this is a great platform to spread awareness about any topic and maintain a presence there. Our videos have reached out to hundreds of people with meaningful messages.

The youtube channel-

<https://www.youtube.com/channel/UCRyVrGV9Lqg2cWHaHB F5g3Q>



Youtube uploads on the channel

TWITTER

To spread our word, we also make use of Twitter to share our work through tweets. Our outreach has also been acknowledged by the Directorate's Twitter handle.



Our work being retweeted on Twitter

January 26, 2021

REPUBLIC DAY

This day is widely celebrated throughout the country as Republic Day. It marks the day India's constitution finally came into force and the country became a sovereign republic. This day is a reminder of not only the struggles of our Freedom Fighters but also of the expectations that are on us as the youth of this nation to carry this light forward.

Being locked indoors, it was certain that this Republic Day would be a little different. The cadets decided to celebrate the day virtually and spread a message of motivation and optimism to the world.

Youtube link to the video- https://www.youtube.com/watch?v=l_jUZCuYkz8



Cadets of St. Bede's college celebrated republic day with enthusiasm and expressed their gratitude towards our freedom fighters through their speech. This video crossed over 100 views and reached till 132 views in 4 months.

February 20, 2021

STATUE CLEANING

The cadets were responsible for cleaning many public statues in their localities.



Cleaning the statue of St. Bede's in College



Cleaning the statue of Rani of Jhansi



Cleaning the statue of Late Atal Bihari Vajpayee

RAISING DAY

March 10, 2021

10th of March marked a new beginning for all of us this year as it was our Raising Day. The college was given an NCC Unit of its own and this meant that from now on every year many students of the college could be a part of NCC. Currently, we have cadets from 1HP Naval Unit NCC Bilaspur and 7HP (I) Coy NCC Shimla.



The event was organized with all COVID-19 protocols and a short cultural program was held as well to pay tribute to the Indian Armed Forces.

It was amazing to see how all of us fit in together like pieces of a puzzle and work in unison to complete the picture. We all learn from each other every day, online or offline.



Rangoli of NCC Flag created by the cadets



Our NCC choir

We were more than privileged to have Group Commander Brigadier Rajeev Thakur and Commanding Officer Colonel Suneet Shankta amidst us for the day.

We are proud and grateful to be a part of the National Cadet Corps. Our story has just begun and we aim to work hard to make this story an adventurous yet fruitful one. The challenges await us and we are ready.



A group photo with Chief Guest Brigadier Rajeev Thakur

April 6, 2021

HIMACHAL DAY PARADE

11 cadets volunteered for the Himachal Day parade. The practices were held at the Government school, near Advanced Studies. Out of 11 cadets, 7 were selected to be a part of the final contingent on 15th April 2021 for Himachal Day.

It was an experience of great exposure to all the participating cadets.



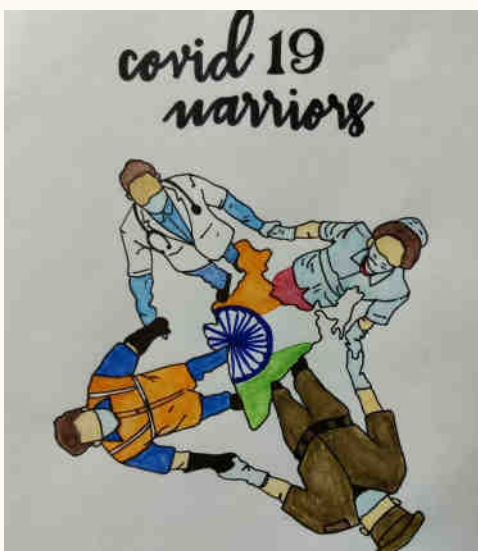
During the Himachal Day Parade practices

May 4, 2021

COVID-19 AWARENESS ACTIVITIES

After battling with COVID-19 for over a year, the war still isn't over. It is important to make people aware of the fact that even though coronavirus has now been around for a while, precautions need to be taken seriously.

The cadets tried to draw the attention of the society to this by taking part in various activities with the aim of creating awareness about the virus.



Cdt Aishna Rahi's poster to show gratitude towards COVID-19 warriors

हवाओं में ये कैसी बेरुखी समायी है,
लगता है कुदरत मौत बांटने आयी है
दौर रफ़्तार ऐ ज़िन्दगी आज सिमटने
पर आयी है,
कुदरत आज इंसान की औकात पर
मुस्कराई है।

A short poem by Cdt Gati Singh on the impact of COVID-19



A poem by Cdt Avni Sharma



A poster for raising awareness about hand washing and hand sanitizers

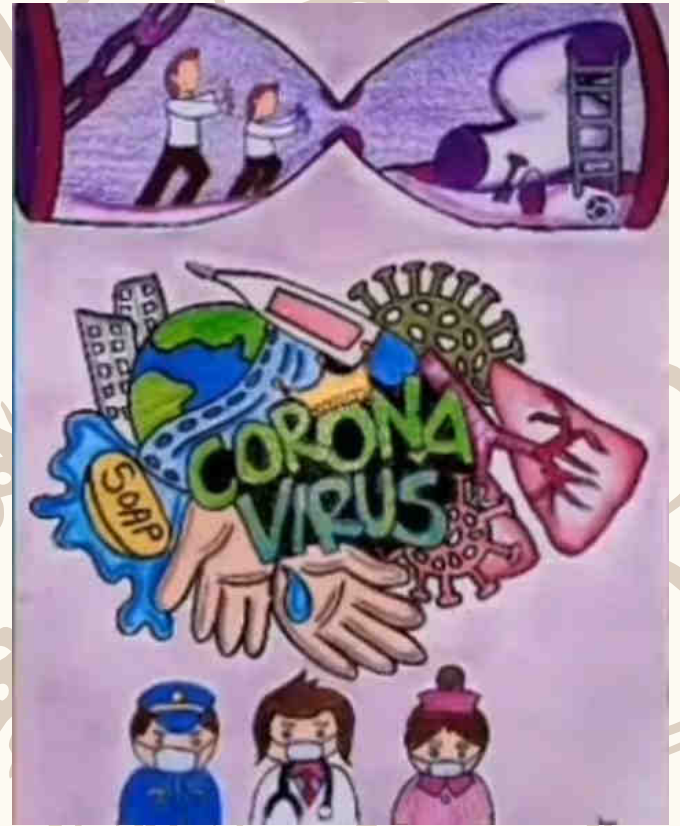
एक सुबह होगी

जब दिलो से खौफ की रिहाई होगी।
अपने से दूर ये जुदाई होगी।
मुस्कुराहटों से पर्दे हटेंगे।
गम के बादल भी गगन से छटेंगे।

एक सुबह होगी।
जब ज़िन्दगी फिर से चहचहाएगी।
और अपनों से मिलने की घड़ी लौट आएगी।

जब सूरज फिर उगेगा।
चिड़ियाँ नगमें गाएंगी।
एक ऐसी सुबह कभी तो होगी।
एक ऐसी सुबह होगी।

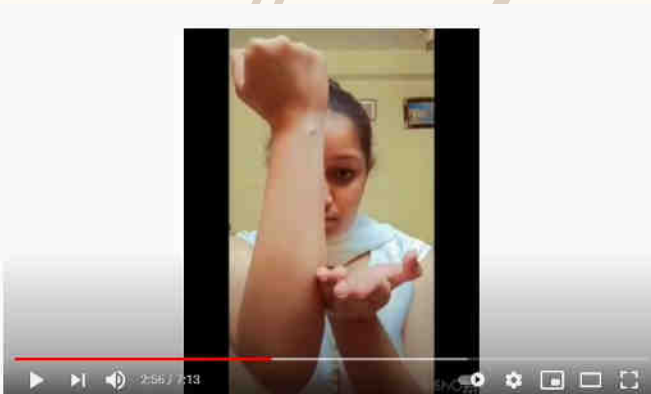
-Cdt Aishna Rahi



कुदरत

आज देश भर में ऑक्सीजन की जो कमी आयी है
हर इंसान की आँखों में जो नमी आयी है
अगर यही नमी पेड़ों को काटते समय आती
तो शायद आज अपनों की जान नहीं जाती
आज देश भर में जो मुश्किल आयी है
कुदरत आज इंसान की औकात पर मुस्कुरायी है

-Cdt Aashi Rathaur



Kudrat By the cadets of St. Bede's College Shimla under 7HP (I) COY NCC Shimla.

446 views · May 15, 2021

👍 59 🗨️ 2 ➡️ SHARE 📌 SAVE

WORLD ENVIRONMENT DAY: "खाखी और प्रकृति"

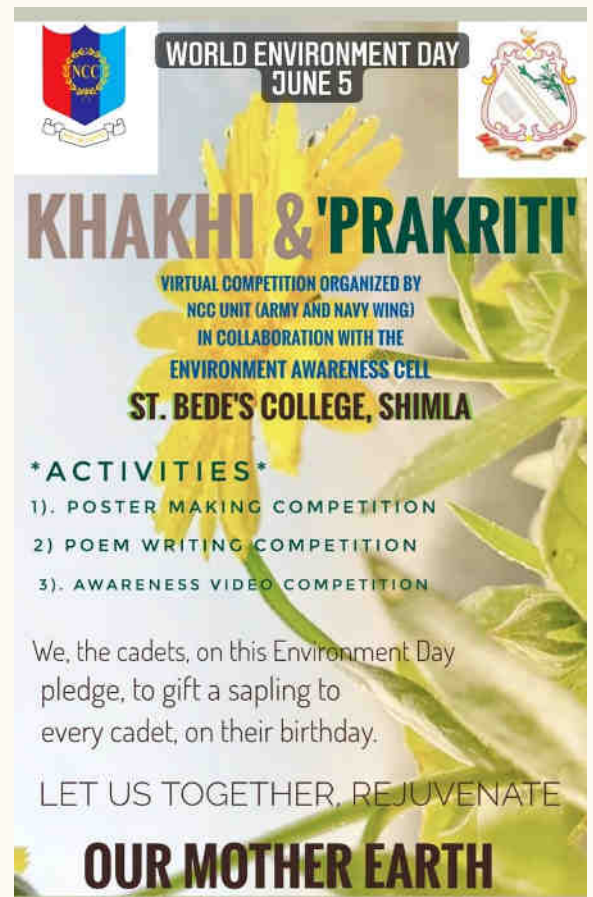
June 5, 2021

WORLD ENVIRONMENT DAY

5th of June is widely recognized as World Environment Day. As the climate change crisis worsens, ecosystems stand destroyed and our cities get polluted, it is necessary to observe this day to spread awareness amidst the global population.

In order to contribute our bit to the same, Army as well Naval Wing cadets of St. Bede's College came together and performed various activities for the Environment Day.

Mixing up the essence of being an NCC Cadet and love towards nature, the cadets came up with the theme-'Khaki and Prakriti'.



Brochure for the activities conducted on Environment Day

As a part of the program, three activities were held - Poster making, Poetry Writing, and Video-Making. All of these three activities were in form of competitions. The evaluators for the same were Prof. Subhash Gupta and Ms. Monika Bhatnagar.

Poster-making Competition:

As a way to express our concern towards the environment, we created posters on the theme 'Khakhi and Prakriti'.

YouTube video link- <https://www.youtube.com/watch?v=6yt7PbEz5IA>



Cdt Maanika Sethi stood first



PO Cdt Isha Seli stood 2nd and shared the position with Cdt Aishna Rahi



Cdt Anika came third

Poetry-Writing Competition:

There is no doubt that words are powerful but when put into poetry they morph into an elegant beauty. The NCC cadets at St. Bede's College have put forth their disposition on the protection of the environment in form of poems presented below-

YouTube video link- <https://www.youtube.com/watch?v=CLeNAwSfzLg>

खाकी और प्रकृति

धैर्य धरा से लेता वह ,
अग्नि से ज्वलंतता ,
पर्वत से लेता शौर्य ,
गंगा से पाता शीतलता ।
विशाल आकाश आलिंगन लिए
पंचतत्व से रचा बसा,
प्रकृति के रंग में रंगा ,
देखो वो एक वीर खड़ा ।
निशब्द मौन प्रकृति अपार ,
कहती वीर अब मुझको सवार ,
मैं भी तेरी जिम्मेदारी,
खाकी पर हूं मैं भी वारी,
चल मिलकर अब साथ चलें ,
एक दूजे का रक्षण करें,
आज बहुत है संकट आए,
माना मैंने कुछ कोहराम मचाए,
पर तेरा भी है दोष बड़ा,
मुझे छोड़ तू आगे बढ़ा,
मैं तो माँ हूँ मैंने यह एहसास किया,
अब तुझसे रक्षण मांग रही हूँ,
सुन ध्यान से!!
तेर रक्षण मांग रही हूँ,
जो हुआ उसको जाने दे,
मुझे मेरे स्वरूप में वापस आने दे,
चल फिर मिलकर साथ चले ,
रक्षण एक दूजे का करें ,
क्योंकि मैं ही तो हूँ शान तेरी,
मैं ही हूँ पहचान तेरी।

Cadet Gati Singh

खाकी और प्रकृति

यूही बढ़ता रहा अगर
पर्यावरण का विनाश,
तोह हो जायेगा धरा से, जीवन
का सर्वनाश ।
आओ संकल्प उठाये पर्यावरण
को नष्ट होने से बचाय।
कितनी मनोरम है ये धरती,
प्रकृति और ये पर्यावरण
कल कल बहते पानी के झरने
हरी भरी सी धरती और इसके
इंद्रधनुष नज़ारे।
माटी सा भूरा मात्र यह नहीं रंग
है खाकी
साधारण सी वर्दी मत माने इससे
बाकी,
अपनी माटी के लिए कुछ भी
कर जाते है
इसलिए तोह ये खाकी वर्दी वाले
कहलाते है।
सोच बदलो, देश बदलो
पर्यावरण को संरक्षित करलो।
The Earth is ours to
enjoy, for every little girl
and boy.
We must never ever
abuse, our sweet Earth
that's our to use.....

Cadet Ayushi Panwar

Role of NCC towards sustainable development

Come it's time to payback to
the Earth, our home,
Whose rainforests are
crying, Whose oceans are
dying,
Yes, our actions were so
terrifying.

Payback to the Earth,our
planet,
Whose preciousgifts you
robbed,
Now look at you, how you
sob,
And pray to the almighty
God!

Maybe it's not too late!

Payback to the Earth,our
mother,
Who has erased life before,
showed us it's flaming hot
face,
Undo what's done wrong or
the last thing you see would
be the human race!

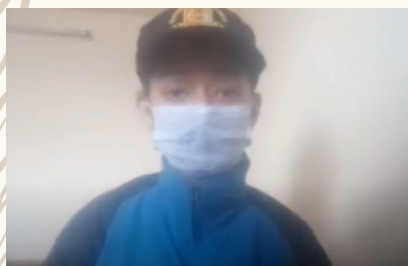
Cadet Jaisal Shekhawat

Video-making competition:

To put our message for the day on the table, video-making was used by the cadets to convey their views on the theme to the viewers.



Cdt Nikita Chauhan bagged the first position



Cdt Ananya Singh came second



Cdt Anouska Moses stood third in the competition

Planting trees:

This Environment Day the cadets took a pledge to gift a sapling to every cadet on their birthday. This is an initiative to play our part in reforestation.



Cdt Nikita Chauhan planting saplings

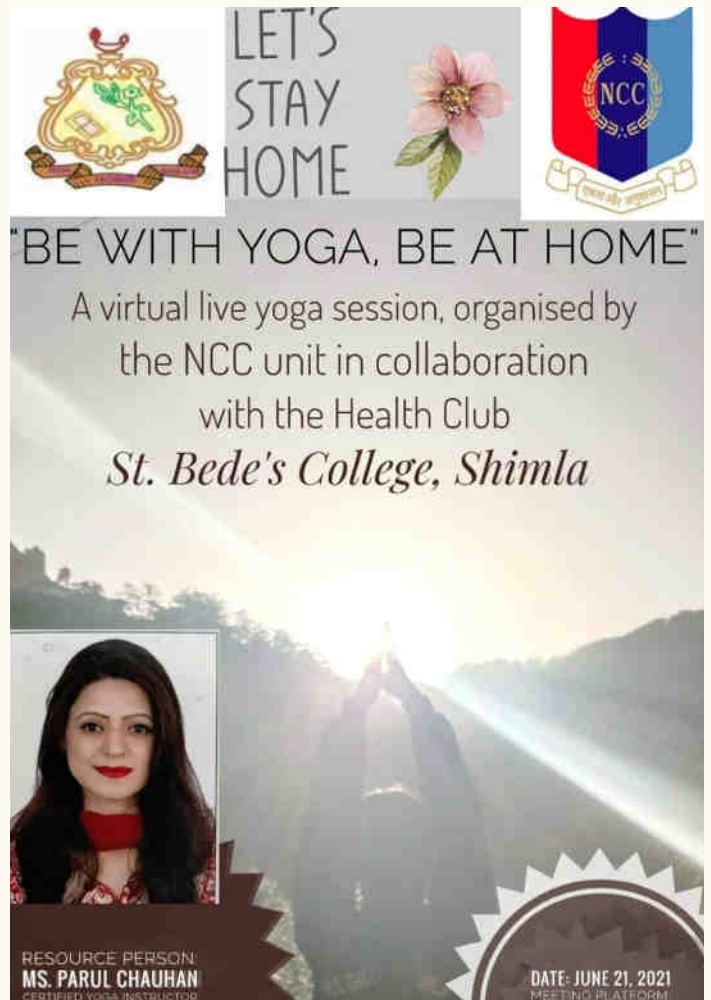
INTERNATIONAL DAY OF YOGA

June 21, 2021

The day 21st of June has a short but impactful history behind it.

Since 2015, this day has been recognized as the International Day of Yoga. Carrying the spirit of Yoga within, an online session of Yoga was arranged by the NCC cadets of St. Bede's College.

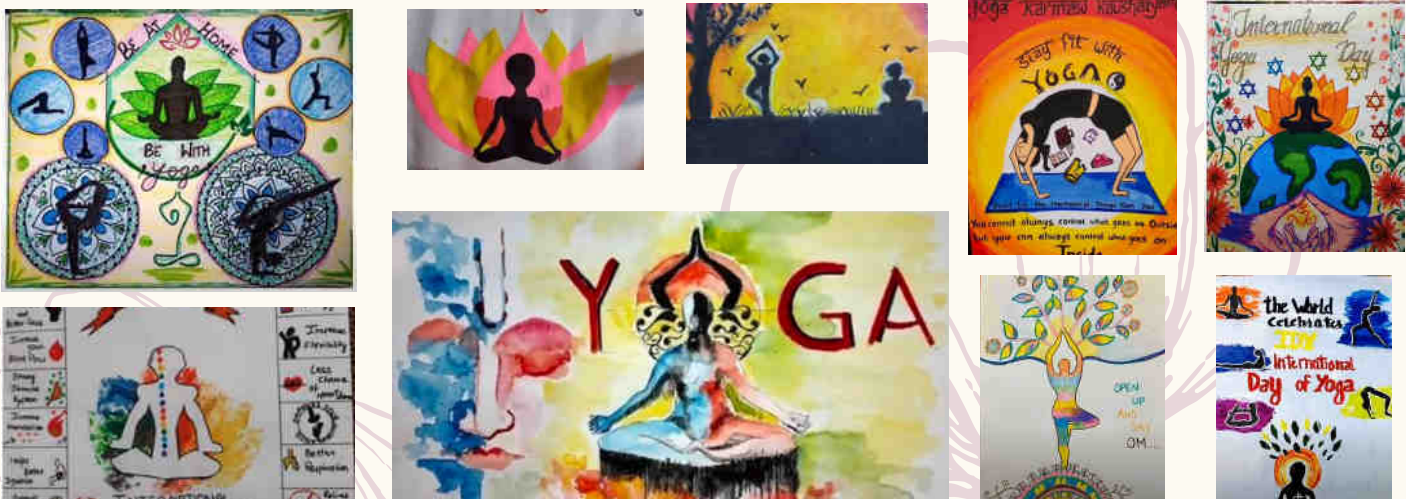
The cadets have been working to integrate yoga into their lives. Yoga is not to be done only for one day but is to be lived with. From waking up early in the morning to getting the yoga postures right, it has been a memorable journey. The Resource Person for the day was Ms. Parul Chauhan, a certified Yoga Instructor.



The brochure for the online Yoga Session on the International of Yoga

Posters for the International Day of Yoga

The cadets made use of their artistic skills to showcase connection of yoga with physical, mental and spiritual realm of the man.



The posters painted by the cadets for the International Day of Yoga

Performing Yoga

The cadets performed various Yoga Asanas and also took part in spreading awareness regarding the same. They did so with a hope to motivate others to make Yoga a part of their daily lives.

YouTube video link- <https://www.youtube.com/watch?v=npOxnpA5VQU>



*Cdt Devshree Hada performing
Virabhadranana I*



*Cdt Riya Verma performing Yoga
during the online Yoga session*

Jingles

To spread the message of Yoga further, the cadets also made use of music. They did so in form of jingles. Jingles refer to small catchy tunes that are made to promote a service, product, and in our case, Yoga.

Roll out your mats and begin
your yoga journey
If you do Yoga in the morning
You stay happy and healthy
till the evening

Stress will go away do yoga
Take a time to breath to
connect completely
Take a time to foster to love
freely
Yoga keeps you fit, happy and
healthy too
So practice yoga it has
enormous benefits for going
through.

-Cdt Priyangaana Dhalta

योग रखे सबको तंदुरुस्त और
खूबसूरत

भुजंगासन: सर्वांगासन:
हलासन: काकासन:
धनुरासन: पद्मासन:
विभद्रासन: त्रिलोकासन:

योग रखे सबको तंदुरुस्त और
खूबसूरत
योग रखे सबको तंदुरुस्त और
खूबसूरत

-Cdt Pronatti Wylie

It is a wonder how a simple
stretch deepens the breath
And an elegantly held pose
grows to touch the whole of
me.
There's nobody better at
imitating a tree
And I've never seen anyone
touch their nose to the knee.
I'm so impressed by yoga
skills
That I need to confess in this
little chat,
My favourite part of yoga is
When you get to sleep on the
mat.

Capt Cdt Chavi Tewari

NCC BEING INTRODUCED AS AN ELECTIVE SUBJECT

Ever since NCC came into being in 1948, it has been introduced to us as an extra-curricular activity. This recently came to a change when UGC announced that NCC would now be offered to students as an elective subject. To gain more insight, we asked our cadets about their views on the same.

NCC as an elective subject gives every student/cadet an edge because NCC will now be a part of the curriculum and syllabus which is undoubtedly an easier and more effective method.

It will be beneficial to a large extent.

Cadet Maanika Sethi, 7HP (I) Coy NCC Shimla.

Through NCC, I have received the golden opportunity to give back by reaching out and keep the spirits of the civilians high despite the dreadful situation of the pandemic. NCC as an elective would allow many other students to do the same.

Cadet Aishna Rahi, 7HP (I) Coy NCC Shimla.

Having NCC as an elective subject would help the students to focus equally on NCC activities as well as other academic activities and also provide a wide and concrete platform for the aspiring cadets.

Introduction to NCC as an elective subject would also help the students to learn about the subject matters of NCC in detail and with precision.

Cadet Bhakti Nehraik, 1 HP Naval Unit NCC Bilaspur

Making NCC an elective subject is a great opportunity for aspiring cadets.

By making NCC a part of the curriculum, more students would be exposed to the organization which will hopefully stimulate nation-building and motivate more students to become a part of the organization. The students can also earn credits that would contribute to their degree.

Cadet Ananya Singh, 7HP (I) Coy NCC Shimla

The idea of keeping the National Cadet Corps as an elective subject is wonderful and beneficial for the upcoming generation.

It'll provide vast knowledge about NCC, our Nation, our defense forces. Keeping NCC as an elective subject will intrigue more students to join the defense forces. Not only this but they'll learn and experience about the adventure camps, social outlook, how unity is important, discipline and many more.

PO Cadet Isha Seli, 1 HP Naval Unit NCC Bilaspur

I stand strongly in favour of introducing NCC as an elective subject in colleges because this organization not only lets you know more about the Indian Armed Forces but also moulds the untrained youth into trained, responsible and productive citizens of the society.

It delivers priceless gems of

- time management,
 - problem-solving skills,
 - personality development skills
- into a student's life.

Cadet Gati Singh, 7HP (I) Coy NCC Shimla

ACHIEVEMENTS OF CADETS

Throughout the year, we all have learned to work together as a team. Each one of us excels at something or the other which is why it often appears that we are like small pieces that put together a bigger picture when in unison. Below are some of the achievements that our cadets accomplished this year.

Promotions

Cadet Rutuja Kulkarni from 7HP(I) Coy was promoted to the rank of **Sergeant**.

PO Cadet Chavi Tewari from 1HP Naval Unit NCC Bilaspur was promoted to the rank of **Captain Cadet**.

Cadet Ananya Dhingra, Cadet Isha Seli, and Cadet Arundhati Chandel from 1HP Naval Unit NCC Bilaspur were all promoted to the rank of **PO Cadet**.

Other Achievements

Cdt Avni Sharma, Cdt Nikita Chauhan, Cdt Aashi Rathaur, and Cdt Mehak Khakta won a consolation prize in a short film competition on HIV AIDS conducted by **HP State AIDS Control Society (HPSACS)**.

Sgt Rutuja Kulkarni volunteered to teach the underprivileged children online with **Indian Centre for Development and Rights**. She also volunteered to teach students with special needs.

Cdt Maanika Sethi stood first in an Inter-College Debate Competition hosted by St. Bede's College. She also volunteered under a COVID -19 relief group in Shimla. She also stood first in **Lok Nritya**.

Cdt Mehak Khakta participated in **National Youth Parliament** at a District Level.

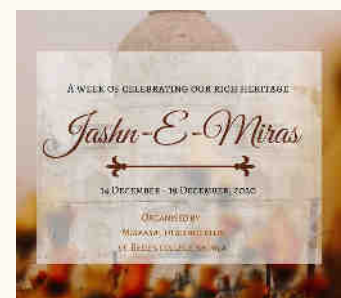
Cdt Gati Singh bagged the 1st position in **Talentia** rap/singing competition by InAmiogs Foundation. She also received appreciation for the best content of the poem in Online Inter college Poetry Competition.

Cdt Anjali Kainthla showed academic excellence and topped in Geography and came second in Economics.

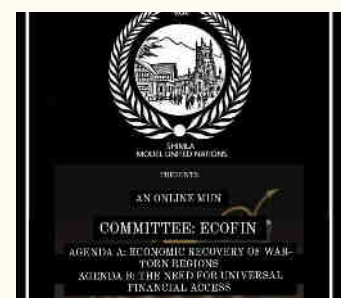
Cdt Gati Singh and **Cdt Maanika Sethi** participated in the 4th edition of **Shimla Model United Nations (SMUN)** and bagged the third position.



Short Film Competition



*Lok Nritya from Jashn-e-Miras
(Celebrating Heritage Week)*



*Shimla Model United Nations
(SMUN)*

A FEW MEMORIES



Cdt Anika in COVID-19 Awareness video



Cdt Sakina Malik distributing masks at a local school



Cdt Devshree Hada in the awareness video 'this too shall pass'



Sgt Rutuja Kulkarni during the Raising Day



Cadets during the Raising Day



Cdt Anika performing Yoga

Patron:

Sr. Molly Abraham
Principal
St. Bede's College, Shimla

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