

The page features four decorative line-art illustrations: a leafy branch in the top-left, a large flower in the top-right, a large flower in the bottom-left, and a leafy branch in the bottom-right. A vertical blue line and a horizontal red line intersect in the top-left corner, with a vertical red line extending down the left margin.

parakrāl

 *A memoir of the past year*



June 5, 2021

WORLD ENVIRONMENT DAY

5th of June is widely recognized as World Environment Day. As the climate change crisis worsens, ecosystems stand destroyed and our cities get polluted, it is necessary to observe this day to spread awareness amidst the global population.

In order to contribute our bit to the same, Army as well Naval Wing cadets of St. Bede's College came together and performed various activities for the Environment Day.

Mixing up the essence of being an NCC Cadet and love towards nature, the cadets came up with the theme- 'Khaki and Prakriti'.



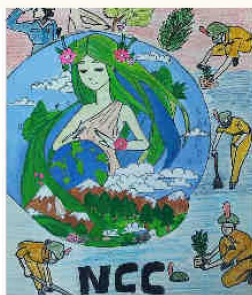
Brochure for the activities conducted on Environment Day

As a part of the program, three activities were held - Poster making, Poetry Writing, and Video-Making. All of these three activities were in form of competitions. The evaluators for the same were Prof. Subhash Gupta and Ms. Monika Bhatnagar.

Poster-making Competition:

As a way to express our concern towards the environment, we created posters on the theme 'Khakhi and Prakriti'.

YouTube video link- <https://www.youtube.com/watch?v=6yt7PbEz5IA>



Cdt Maanika Sethi
stood first



PO Cdt Isha Seli stood 2nd and shared the position with
Cdt Aishna Rahi



Cdt Anika came third

Poetry-Writing Competition:

There is no doubt that words are powerful but when put into poetry they morph into an elegant beauty. The NCC cadets at St. Bede's College have put forth their disposition on the protection of the environment in form of poems presented below-

YouTube video link - <https://www.youtube.com/watch?v=CLeNAwSfzLg>

खाकी और प्रकृति

धैर्य धरा से लेता वह ,
अग्नि से ज्वलंतता ,
पर्वत से लेता शौर्य ,
गंगा से पाता शीतलता ।
विशाल आकाश आलिंगन लिए
पंचतत्व से रचा बसा,
प्रकृति के रंग में रंगा ,
देखो वो एक वीर खड़ा ।
निशब्द मौन प्रकृति अपार ,
कहती वीर अब मुझको सवार ,
मैं भी तेरी जिम्मेदारी,
खाकी पर हूं मैं भी वारी,
चल मिलकर अब साथ चलें ,
एक दूजे का रक्षण करें,
आज बहुत है संकट आए,
माना मैंने कुछ कोहराम मचाए,
पर तेरा भी है दोष बढ़ा,
मुझे छोड़ तू आगे बढ़ा,
मैं तो माँ हूँ मैंने यह एहसास किया,
अब तुझसे रक्षण मांग रही हूँ,
सुन ध्यान से!!
तेर रक्षण मांग रही हूँ,
जो हुआ उसको जाने दे,
मुझे मेरे स्वरूप में वापस आने दे,
चल फिर मिलकर साथ चले ,
रक्षण एक दूजे का करें ,
क्योंकि मैं ही तो हूँ शान तेरी,
मैं ही हूँ पहचान तेरी।

Cadet Gati Singh

खाकी और प्रकृति

यूही बढ़ता रहा अगर
पर्यावरण का विनाश,
तोह हो जायेगा धरा से, जीवन
का सर्वनाश ।
आओ संकल्प उठाये पर्यावरण
को नष्ट होने से बचाय।
कितनी मनोरम है ये धरती,
प्रकृति और ये पर्यावरण
कल कल बहते पानी के झरने
हरी भरी सी धरती और इसके
इंद्रधनुष नज़ारे।
माटी सा भूरा मात्र यह नहीं रंग
है खाकी
साधारण सी वर्दी मत माने इससे
बाकी,
अपनी माटी के लिए कुछ भी
कर जाते है
इसलिए तोह ये खाकी वर्दी वाले
कहलाते है।
सोच बदलो, देश बदलो
पर्यावरण को संरक्षित करलो।
The Earth is ours to
enjoy, for every little girl
and boy.
We must never ever
abuse, our sweet Earth
that's our to use.....

Cadet Ayushi Panwar

Role of NCC towards sustainable development

Come it's time to payback to
the Earth, our home,
Whose rainforests are
crying, Whose oceans are
dying,
Yes, our actions were so
terrifying.

Payback to the Earth,our
planet,
Whose precious gifts you
robbed,
Now look at you, how you
sob,
And pray to the almighty
God!

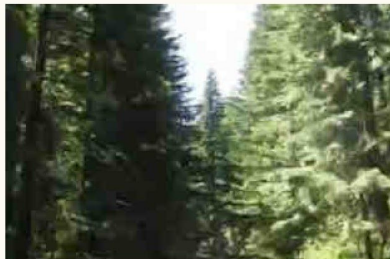
Maybe it's not too late!

Payback to the Earth,our
mother,
Who has erased life before,
showed us it's flaming hot
face,
Undo what's done wrong or
the last thing you see would
be the human race!

Cadet Jaisal Shekhawat

Video-making competition:

To put our message for the day on the table, video-making was used by the cadets to convey their views on the theme to the viewers.



Cdt Nikita Chauhan bagged the first position



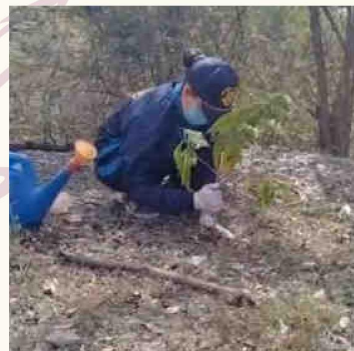
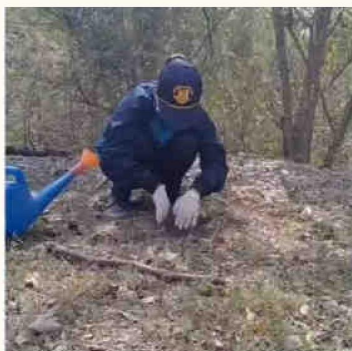
Cdt Ananya Singh came second



Cdt Anouska Moses stood third in the competition

Planting trees:

This Environment Day the cadets took a pledge to gift a sapling to every cadet on their birthday. This is an initiative to play our part in reforestation.



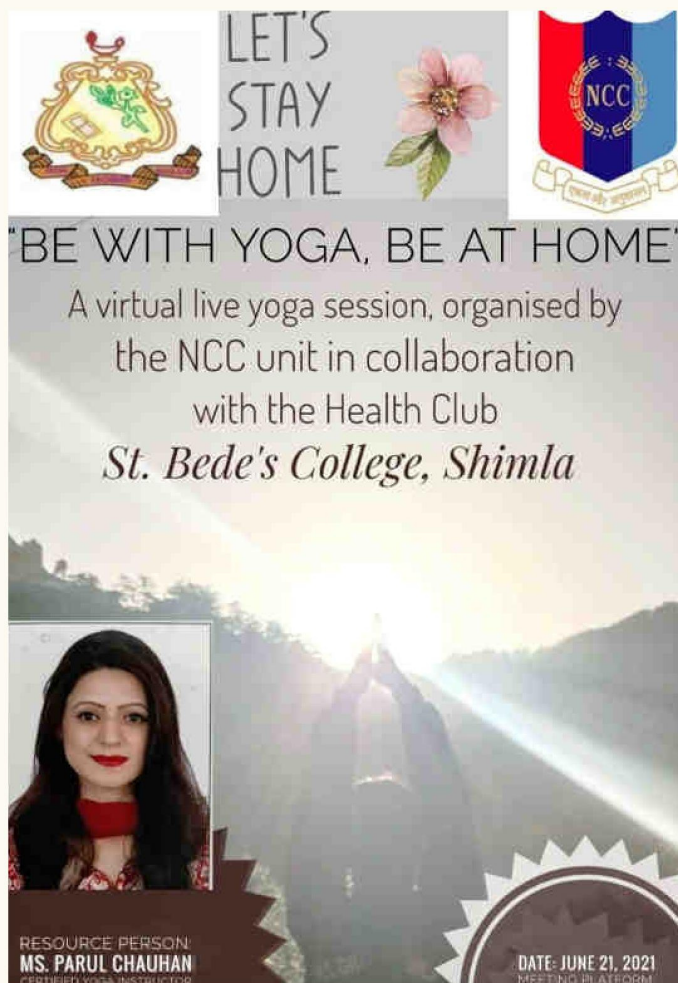
Cdt Nikita Chauhan planting saplings

June 21, 2021

The day 21st of June has a short but impactful history behind it.

Since 2015, this day has been recognized as the International Day of Yoga. Carrying the spirit of Yoga within, an online session of Yoga was arranged by the NCC cadets of St. Bede's College.

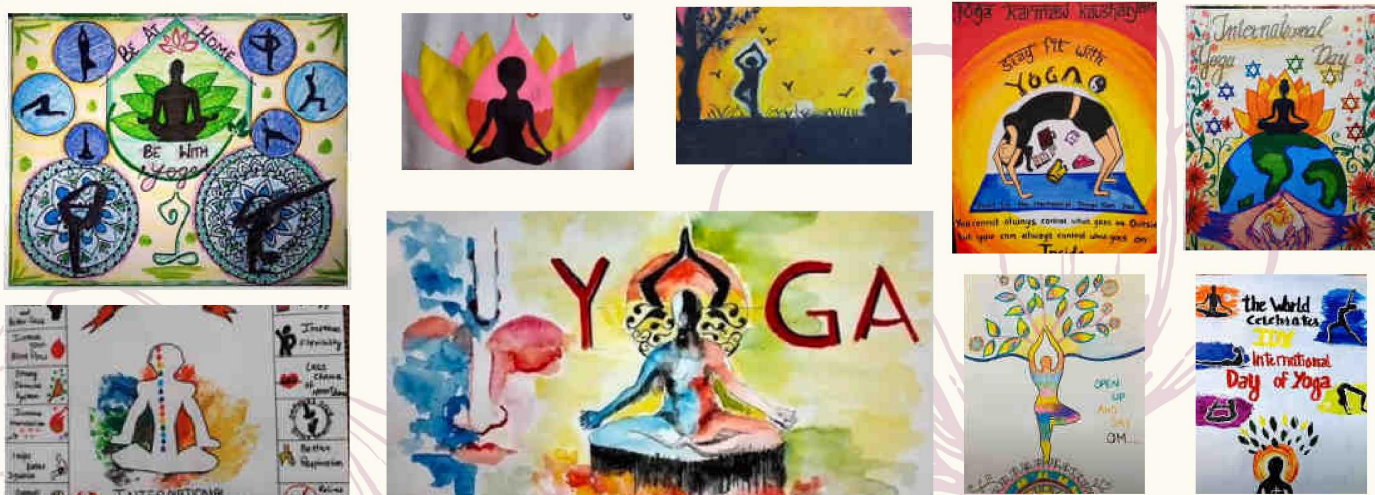
The cadets have been working to integrate yoga into their lives. Yoga is not to be done only for one day but is to be lived with. From waking up early in the morning to getting the yoga postures right, it has been a memorable journey. The Resource Person for the day was Ms. Parul Chauhan, a certified Yoga Instructor.



The brochure for the online Yoga Session on the International of Yoga

Posters for the International Day of Yoga

The cadets made use of their artistic skills to showcase connection of yoga with physical, mental and spiritual realm of the man.



The posters painted by the cadets for the International Day of Yoga

Performing Yoga

The cadets performed various Yoga Asanas and also took part in spreading awareness regarding the same. They did so with a hope to motivate others to make Yoga a part of their daily lives.

YouTube video link- <https://www.youtube.com/watch?v=npOxnpA5VQU>



*Cdt Devshree Hada performing
Virabhadranana I*



*Cdt Riya Verma performing Yoga
during the online Yoga session*

Jingles

To spread the message of Yoga further, the cadets also made use of music. They did so in form of jingles. Jingles refer to small catchy tunes that are made to promote a service, product, and in our case, Yoga.

Roll out your mats and begin
your yoga journey
If you do Yoga in the morning
You stay happy and healthy
till the evening

Stress will go away do yoga
Take a time to breath to
connect completely
Take a time to foster to love
freely
Yoga keeps you fit, happy and
healthy too
So practice yoga it has
enormous benefits for going
through.

-Cdt Priyanga Dhalta

योग रखे सबको तंदुरुस्त और
खूबसूरत

भुजंगासनः सर्वांगासनः
हलासनः काकासनः
धनुरासनः पद्मासनः
विभद्रासनः त्रिलोकासनः

योग रखे सबको तंदुरुस्त और
खूबसूरत
योग रखे सबको तंदुरुस्त और
खूबसूरत

-Cdt Pronatti Wylie

It is a wonder how a simple
stretch deepens the breath
And an elegantly held pose
grows to touch the whole of
me.

There's nobody better at
imitating a tree
And I've never seen anyone
touch their nose to the knee.
I'm so impressed by yoga
skills
That I need to confess in this
little chat,
My favourite part of yoga is
When you get to sleep on the
mat.

Capt Cdt Chavi Tewari

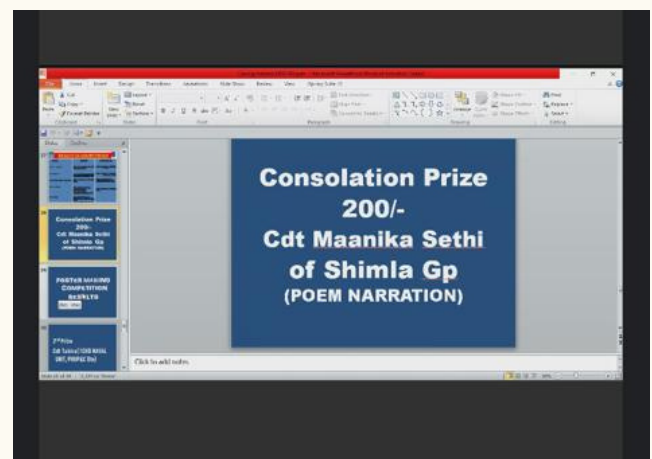
EBSB PHASE VIII CAMP

July 19, 2021

EBSB, or Ek Bharat Shreshta Bharat, is an initiative by the Indian Government to promote national integration. Every year, NCC conducts this camp for a form on cultural exchange between the cadets.

In the month of July, online EBSB camp phase 8 was held wherein Cadet Maanika Sethi participated. The host directorate was the Odisha Directorate and on behalf of the Shimla group, the cuisine and culture of Himachal were presented in the form of a video.

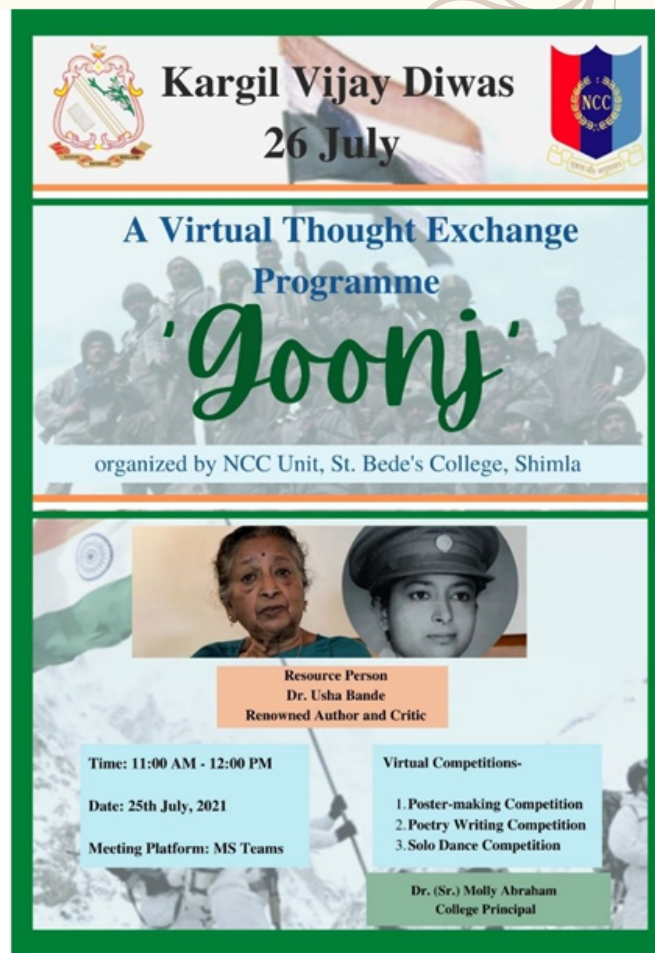
Cadet Maanika Sethi also received an award for appreciation for poetry recitation along with a sum of Rs.250.



KARGIL VIJAY DIWAS

July 25, 2021

On 25th July 2021, a webinar was organized by the NCC unit, St. Bede's College Shimla, on the occasion of the 22nd Kargil Vijay Diwas. To pay homage to our brave warriors, a virtual thought exchange program was organized wherein Dr. Usha Bande, a renowned author and critic, was the resource person. Ma'am was also an NCC officer during her time. The day also marked the presence of the commanding officer, Col Suneet Shankta. Videos were played of various activities which had been conducted by the cadets for the same. A small video was also prepared as a tribute to the soldiers. In the end, ma'am Usha Bande and Col Shankta motivated the cadets for their work and wished them success.



Group photograph with the attendees



Dr. Usha Bande during the session

•Poetry Composition Competition

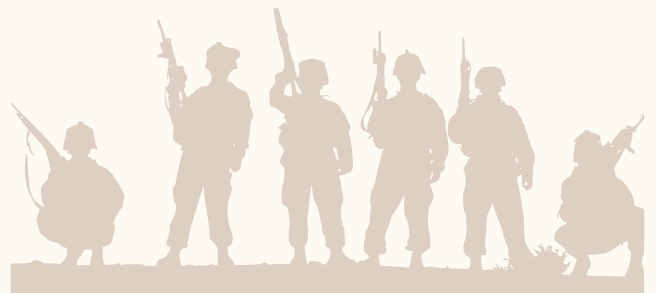
1st: Cadet Sasha Seli and Cadet Ananya Singh
2nd: Cadet Aishna Rahi and Cadet Vanshika Malhotra
3rd: Cadet Maanika Sethi

•Poster-Making Competition

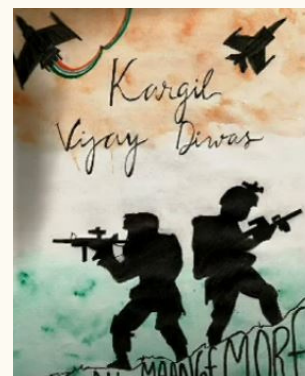
1st: Cadet Jaisal Shekhawat
2nd: Cadet Ananya Singh
3rd: Cadet Gati Singh

•Dance

1st- Cadet Maanika Sethi
2nd- Cadet Nikita Chauhan
3rd- Cadet Gati Singh



Poster-Making Competition



Some Poster Entries for the competition

Poetry-Writing Competition -

To Keep the honour of their motherland
2 months 3 weeks and 2 days of Kargil
war

There was a massive spread of uneasiness
everywhere!

Families were startled yet hopeful while
our soldiers were protecting our
motherland

When each day their families shed the
tears of hope that their sons, brothers,
fathers and husbands will return.

They never failed in their gallant
endeavours

They sacrificed their lives to protect the
holy sand!

To give a strong answer, they jumped into
jaws of death,

They fought till the last breath

Your courage Is admired

Your sacrifice is honoured by each soul
that's undoubtedly Inspired!

Unmatched bravery can never be taught

Even the mountains of Kargil stumbled
when

the terror there rumbled.

The sound of "Dil maange more" is
reverberated even today in each of our
heart They are the real heroes

They never failed in their gallant
endeavours!

Jai Hind! Jai Bharat

-Cadet Sasha Seli

गूँज रहा है धरती पर अम्बर पर उसका नाम ,
नज़र उठा कर देख इस सरहद को, दे देंगे तेरी
साँसों को विराम ।

तुझे खतम करने के लिए काफी है भारत का
एक ही जवान ,

तू जलता रहा हनरहनारी तरक्की से, हम
आगव बढ़ते रहे, अविराम ।

कुछ नहीं बिगड़ा अभी भी, थम जा, दे अपने
आतंकी इरादों को लगाम ,

वार्ना विश्व मानचित्र हट जायेगा तू, हो जायेगा
तेरा काम तमाम ।

माँ है हमारी वो, जिसे तुम देश कहते हो,

माँ पर एक भी ज़ख्म हमें गवारा नहीं, सुनले यु
ऐ शैतान ।

कारगिल की वो शिखस्त भूल गया तू?

शेरशाह की वो गूँज भूल गया तू? ऊँची चोटी
पर बैठ कर भी मुँह की खाई थी ,

क्या तब भी तुझे शर्म न आई थी ?

हर सपूत माँ का तैयार है, अपना लहू बहाने
को,

माँ के प्रति अपना कर्तव्य निभाने को ।

गूँज रहा है धरती पर , अम्बर पर इसका नाम ,
यह देश नहीं है, यह तो है भगवान् का अतुल्य
वरदान ।

माँ है हमारी जिसे तुम देश कहते हो, माँ है
हमारी जिसे तुम देश कहते हो ।

-Cadet Maanika Sethi



कल कागज़ों के पन्ने पलटते-पलटते एककिस्सा कारगिल
का खुला,
उसे पढ़ते-पढ़तेमन कहीं खोसा गया, सोचनेलगा कि
कैसीज़मी है येमेरे भारत की
जिसने जन्मे ये वीरजो तिरंगे कोटाइगर हिल परलहराने के
लिए
खुद उसमे लिपट करवापस आ गए।

माँ मैं जानती हूँ तेरा मन रोया था,
जब उन दिनकैप्टेन विक्रम बत्रा जैसेवीर तुझे छोड़गए थे
पर माँ मैये भी जानतीहूँ कितेरा सर सूरजसा ऊँचा
उठगया था
जब उन दिन तेरेबेटो ने पूरीकायनात को बहादुरीऔर
सच्चाई कामतलब सिखाया था।

आवाज़ें तो काफी गूँजीथी उस समय,
कुछ गोलिओ की,कुछ दर्द की,और कुछ बहादुरीकी ।
पर किसी नेबताया नहीं किये रक्त कीनदियाँ और
जंगनक्शे तो बदलतीही है,
पर साथ साथहमारे वीरो कोहमसे छीन करसितारों सा
बिखेरदेती है ।

इन्ही वीरों कोसलाम करते मैपूरी दुनिया सेकहूँ,
कितसवीरें तो मैंनेसारे जहाँ कीदेखी है और
रूस और अमेरिकाके ये आधुनिकशहर चमकते हैतारों
सामान,
पर मैं वापसमुड़कर भारत कोदेखूँ क्योंकि मेरातो घर हैये
हिंदुस्तान ।

और इस देश कीकारगिल की येकहानी एक गूँजसी बन
गयीहै,
जो आने वालीसारी पीढ़ियों कोबताये की रत्नतो बहुत
हैविश्व में परहमारे वीरों जैसेकहाँ ।
ये गूँज दीपावलीके पहले दीएजैसी बन गयीहै जो
सबकोसही राह दिखाए,
और दुनिया कोभारत के इनअमर बेटों केकिस्से सुनाए ।

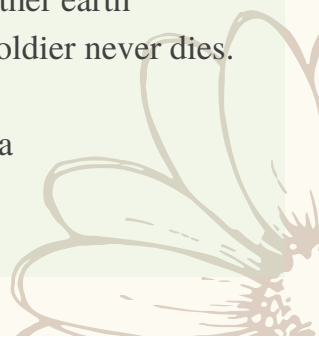
-Cadet Ananya Singh

The sun has risen again
The flowers are in full bloom Time has
passed
But the past isn't forgotten.
The Castle that is Kargil
Protected by the soldier, the civilian,
The martyr, the victim
Stands with pride of its victory.
Standing in the wake of devastation
Waiting on the edge of the unknown
They were there,
However not alone
The fight is done The war is won.
But the country lost Many loved ones.

-Cadet Aishna Rahi

The sun was shedding its warm rays
The cold breeze was kissing my face
My companions were fighting our foes
No matter how brutal it goes.
Today is the 60th day of our dispute
I saw my flag raised and gave a salute
It was time for us to celebrate our gain
Soon I realised my chest was in pain
I got three bullets in my chest
Looked like life had begun my test
My heart was throbbing fast, face got pale,
felt the blood
My whole life came in front of my life
Tears were flowing like flood
Everything just turned back
I got martyred for my mother earth
Though I lost my life, a soldier never dies.

-Cadet Vanshika Malhotra



Dance Competition



Links to related YouTube videos:

·Kargil Vijay Diwas

https://www.youtube.com/watch?v=X3_8V1ltjNU

·Poster making competition on Kargil Vijay Diwas

<https://www.youtube.com/watch?v=GbrpRPDjJAw>

·Dance competition on Kargil Vijay Diwas

<https://www.youtube.com/watch?v=l86U5RItTXo>

·Self-composed poems for Kargil Vijay Diwas

<https://www.youtube.com/watch?v=VUasMvu6Jr8>

<https://www.youtube.com/watch?v=YhWyPssAFC4>

https://www.youtube.com/shorts/gG_lnBo67mE

KARGIL VIJAY DIWAS

July 26, 2021

On July 26, 2021 a Webinar was organised by the PHHP&C Directorate, under the chairmanship of ADG Major General J.S Sandhu. Cadet Maanika Sethi, represented the Shimla group in the poetry recitation competition and stood first and won a cash prize of Rs 3000.

AIEEA(UG) exam will be held on September 7, 8 and 13, while the AIEEA (PG) and AICE-JRF/SRF (PhD) test will be held on September 17.

STUDENT SHINES IN POETRY RECITATION

Cadet Maanika Sethi of St Bede's College, under 7HP (I) Coy NCC Shimla, has brought laurels by bagging the first position in a self-composed poetry recitation competition. The competition was organised by the Punjab, Haryana, Himachal Pradesh and Chandigarh Directorate under the chairmanship of ADG Maj Gen JS Sandhu and has won a cash prize of Rs 3,000.

News article on the cadet's achievement

FIT INDIA CAMPAIGN

August 12, 2021

On August 12, 2021, 7HP (I) Coy NCC Shimla cadets participated in the Fit India Campaign virtually and performed various asanas and pranayamas.

A video of handmade greeting cards made by the cadets on the occasion of the 75th Independence Day was uploaded online.

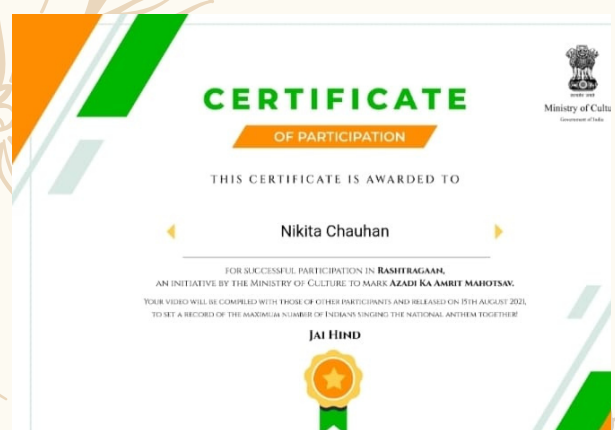
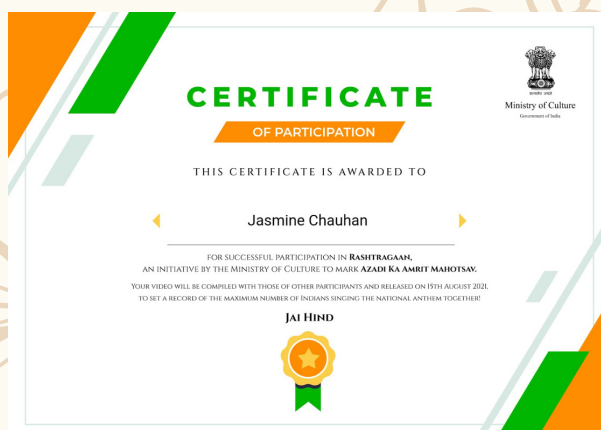
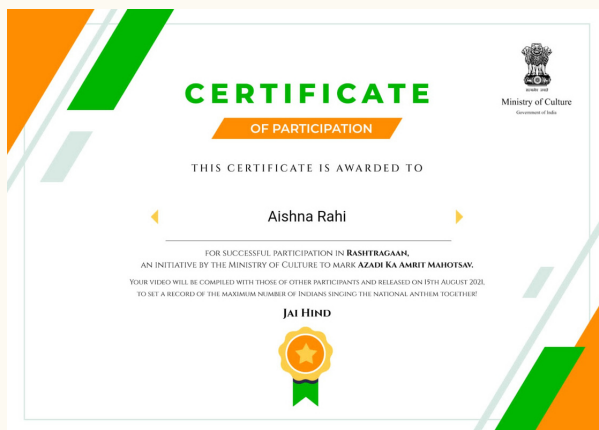


- KEEPS MIND CALM AND STABLE
- HELPS RELIEVING KNEE PAINS
 - HELPS RELIEVING BACK ACHES
 - STRENGTHENS THIGH MUSCLES

RASHTRAGAAN INITIATIVE

August 13, 2021

On 13th august, the cadets participated in a programme "rashtragan.in" launched by the ministry of culture under the guidance of our Prime Minister Shri Narendra Modi on the occasion of the celebration of India's 75th year of independence, wherein they recorded the national anthem on the site mentioned and received certificates of appreciation.

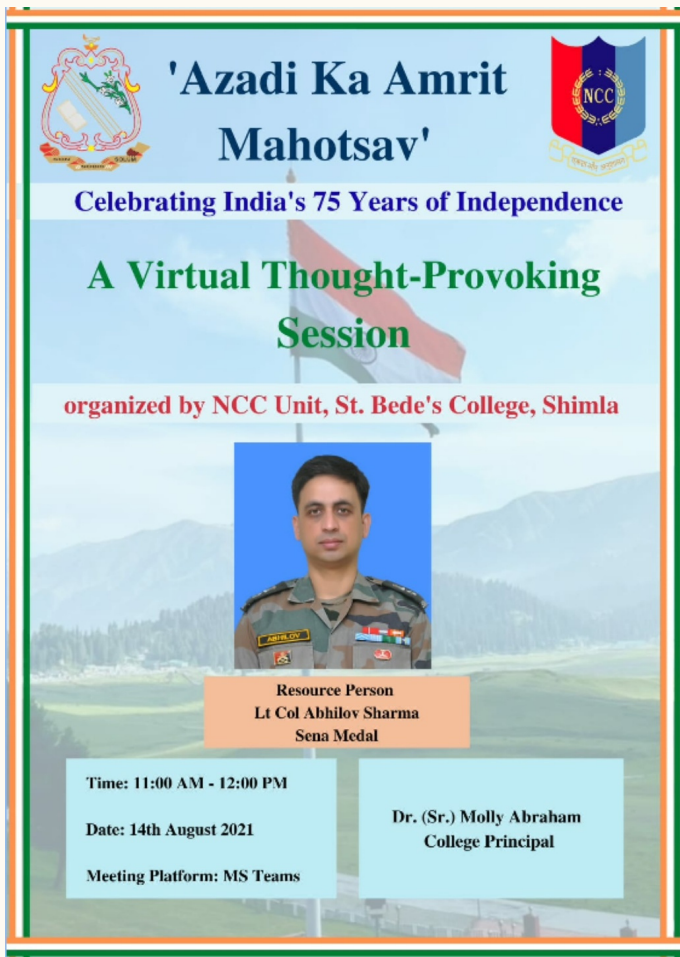


Certificates of the cadets for participating

INDEPENDANCE DAY

August 14,2021

On 14th August, 2021, a Virtual Thought Provoking Session was organized by the NCC unit of St. Bede's College, Shimla to celebrate 75 glorious years of India's Independence under the theme, “Azaadi ka Amrit Mahotsav”, wherein the true meaning of Independence was highlighted. The resource person for the day was Lt Col Abhilov Sharma (SM). He shared, four key measures to lead a meaningful life. Videos were also presented to mark the celebration.



Resource Person Lt Col Abhilov Sharma



Group Photograph with the attendees

DCATC CAMP

September 16, 2021

In the month of September and November, the DCATC camps for the selection, and preparation of IGC: 2021-2022 and RDC 2022 were held. Sgt Rutuja Kulkarni and Cadet Maanika Sethi were selected for the camp.



Cadets during the camp

ESSAY WRITING COMPETITION

September 18, 2021

On September 18, 2021, the NCC Unit at St. Bede's College under 7HP (I) Coy NCC, Shimla organized an essay writing competition on the theme "Azadi ka Amrit Mahotsav". The entries were accepted in two languages- English and Hindi. The judges for the event were Dr. Vandana Thakur and Ms. Snigdha Bhatt. The first position was bagged by Cadet Anoushka Moses, and Cadet Mehak Khakta stood second, and Cadet Roopali Dilta stood third.

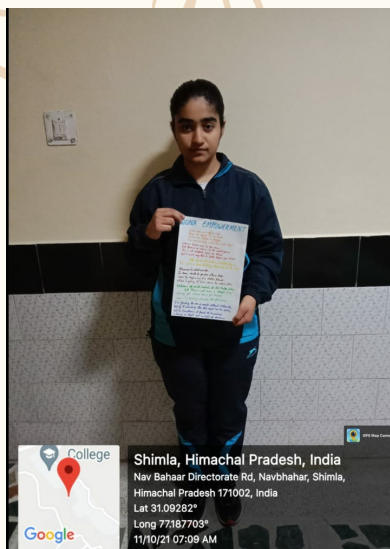


Cadet receiving certificate for the competition

INTERNATIONAL DAY OF THE GIRL CHILD

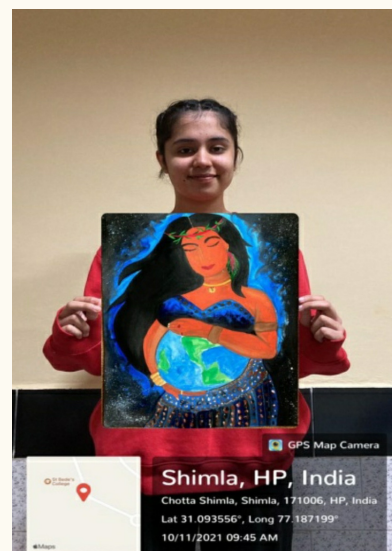
October 10, 2021

On October 10, 2021, the International Girl Child Day was celebrated by the NCC Cadets. The theme was “Women Empowerment” which was organised under the banner ‘Azaadi ka Amrut Mahotsav’. Various competitions representing the culture of India were organized for the cadets.



The results of the event were:-

- 1st- Angelina Tej
- 2nd- Ruhani Mepawat
- 3rd- Suhani Singh



EBSB PHASE XI

October 18, 2021

From October 18-23, 2021, an online EBSB Phase XI with Karnataka and Goa directorate as hosts was organised on behalf of the Shimla group. The geography of Himachal was presented in the form of a video and Cadet Ananya Singh presented a song, representing Himachal's culture, and participated in ‘Truth O Mania’ and Poetry Recitation Competition.



SWARNIM VIJAY VARSH MASHAL

October 21, 2021

On October 21, 2021, Swarnim Vijay Varsh Mashal was brought to St. Edward's School, Shimla, to honour India's victory in the 1971 war. Cadet Riya Verma participated in the Mashal Ceremony and Cadet Maanika Sethi participated in the cultural programme and recited a poem on the theme "Swarnim Vijay Varsh".



Cadets during the event



Cadet reciting a poem for the ceremony

Link to related YouTube video:

Celebrating 50 years of India's Victory over Pakistan in the 1971 war:

<https://www.youtube.com/watch?v=VVhhVJy4aoA&t=4s>

RANK PROMOTION CEREMONY

November 1, 2021

On November 1, 2021, the rank promotion ceremony for the NCC army wing was conducted, wherein Col Suneet Shankta, OC 7HP (I) Coy, NCC Shimla was the chief guest.

Some of the cadets were promoted to higher ranks for their hard-work, and dedication towards the organisation. Sgt Rutuja Kulkarni was promoted to the rank of an UO.

Cadet Ananya Singh, Cadet Riya Verma, and Cadet Maanika Sethi were promoted to the rank of Sergeant.

Cadet Devshree Hada, Cadet Anoushka Moses, Cadet Sakina Malik, Cadet Gati Singh, and Cadet Nikita Chauhan were promoted to rank of Corporal.

Cadet Manisha Sharma, Cadet Ayushi Panwar, Cadet Priyangna Dhalta, Cadet Vidhi Sood, and Cadet Chinmay Sharma were promoted to the rank of Lance Corporal.



Commanding Officer Col Suneet Shankta with CTO Dr. Shweta Thakur and the piloting cadets



Commanding Officer Col Suneet Shankta with Principal Dr. (Sr.) Molly Abraham and CTO Dr. Shweta Thakur



Cpl Gati Singh reciting a poem

November 15-24, 2021

From November 15-24, 2021, the cadets attended a Compulsory Annual Training Camp (CATC-223) for the very first time. They participated in various activities like shooting, sports, drill, and cultural programme and received participation certificates. The camp helped the cadets in preparing for their upcoming BEE Certificate Exam.



Cadets during the Camp



Cadets receiving medals for their participation in the cultural programme.



Cadets practicing firing

RALLY AGAINST DRUG ABUSE

November 20, 2021

On November 20, 2021, a rally on Drug Abuse was initiated by the first year cadets of St. Bede's College, Shimla. The rally started from the college, and ended at The Ridge, Shimla.



Cadets during the Rally



Group Photograph of the participating cadets

NCC DAY CELEBRATION

November 29, 2021

On November 29, 2021, the NCC Day was celebrated at the Shimla group headquarters, wherein a guard of honour was given to Group Commander, Brig Manoj Khandurie. Sgt Maanika Sethi, Sgt Ananya Singh, and Cpl Anoushka Moses got an opportunity to be a part of the celebration.



Photograph of the cadets with Group Commander Brig Manoj Khandurie

NCC DAY AND INDIAN NAVY DAY

November 29, 2021

On December 2, 2021, NCC Day and Indian Navy Day were celebrated at St. Bede's College, Shimla. A talk session was organized on the theme "Pollution: A hazard" on the National Pollution Prevention Day under the banner of Azadi ka Amrut Mahotsav.

A poem was recited by Cpl Gati Singh and a Nukkad Natak was performed by the cadets. The guest speaker for the event was Dr. Pawan Rana, Scientist-E at Himalayan Forest Research Institute, Shimla.



Photos from the event

TRIBUTE TO GEN. BIPIN RAWAT

December 10, 2021

On the ill fated day of December 8, 2021, the CDS Gen Bipin Rawat and thirteen others lost their lives in a helicopter crash near Coonoor, TN. The cadets of St. Bede's College Shimla paid tribute to the departed souls on December 10, 2021.



College Principal Dr. (Sr.) Molly Abraham paying tribute

ANTI-POLLUTION RALLY

December 24, 2021

On December 24, 2021, under the theme "Anti Pollution Drive" the cadets participated in Synergy, Swachhta, Statue cleaning, and Foot policing activities.



Photos from the rally

NATIONAL YOUTH FESTIVAL

January 11, 2022

On January 11, 2022, PM Narendra Modi inaugurated the 25th National Youth Festival under which various activities were organised for a period of four days, including Yoga and Cultural exchange. The cadets participated in all the activities and helped in spreading awareness regarding the importance of the National Youth Festival.



Poster by the cadets



A presentation on indigenous sports of India



Rangoli by the Cadets



Dance by the cadets to portray Himachali Culture

Link to YouTube video:

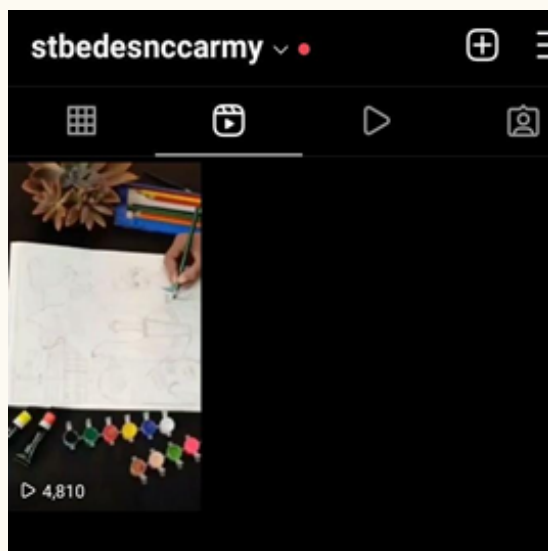
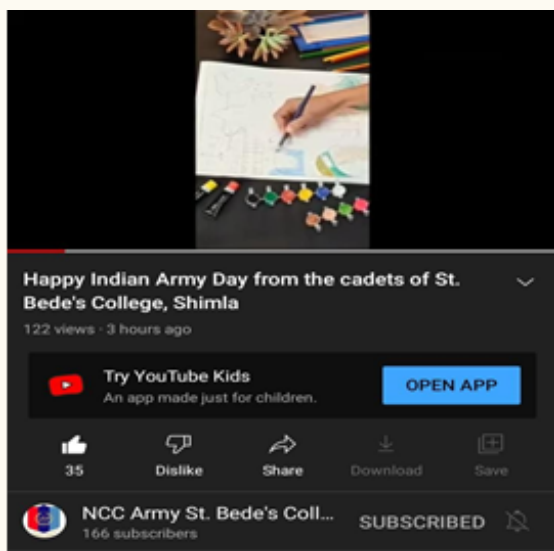
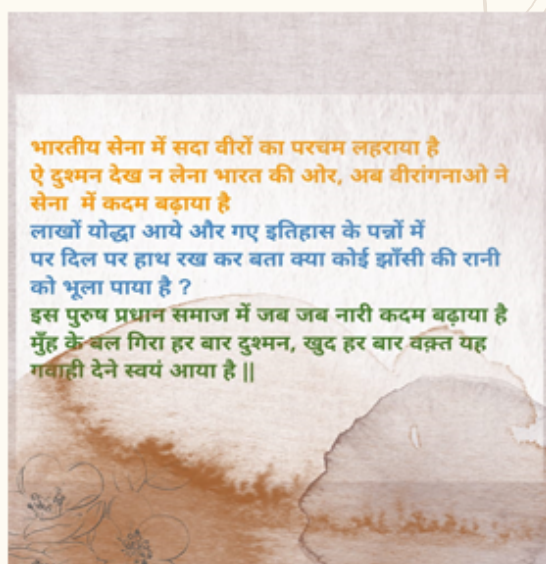
National Youth Festival Phase-4

<https://www.youtube.com/watch?v=sLhH8qGth4c>

INDIAN ARMY DAY

January 15, 2022

On January 15, 2022, the NCC cadets from St. Bede's College, Shimla, presented a little show online to spread their message on Indian Army Day. This day was celebrated under 'Azadi ka Amrit Mahotsav.' To highlight the service of the Indian Army for our nation, the cadets created posters. Some cadets also wrote poems to put forth their views on women empowerment in the armed forces. The cadets shared their activities through social media such as: Youtube, Twitter, and Instagram. A short video was also created to be circulated over the internet. The motto of the video was to showcase the contribution of women in the armed forces. A poem was narrated with a time-lapse poster painted by a cadet which was viewed over five thousand times on the internet in less than eight hours.



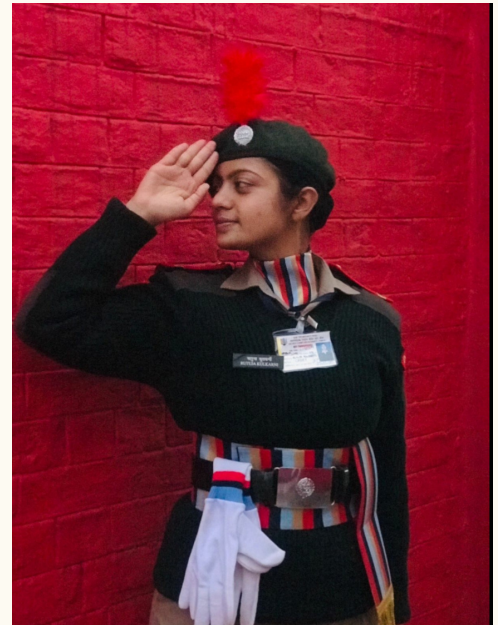
Painting and poem by the cadets uploaded online

Link to YouTube video: <https://www.youtube.com/watch?v=3KK3YiNbTzc>

REPUBLIC DAY PARADE

January 26, 2022

UO Rutuja Kulkarni attended the RDC 2022 at Delhi where she represented PHHP&C Directorate in the Best Cadet (SW Army) Competition. She was a part of PM Rally and briefed the Defence Minister and the DGNCC at the Hall of Fame.



UO Rutuja Kulkarni



LCpl Ayushi Panwar

LCpl Ayushi Panwar was a part of the State Republic Day Parade and was a part of the contingent that marched on the Mall Road, Shimla on the Republic Day.

· YouTube Links for 73rd Republic Day Azadi Ka Amrit Mahotsav

<https://www.youtube.com/watch?v=uqvoCSJ30Rc>

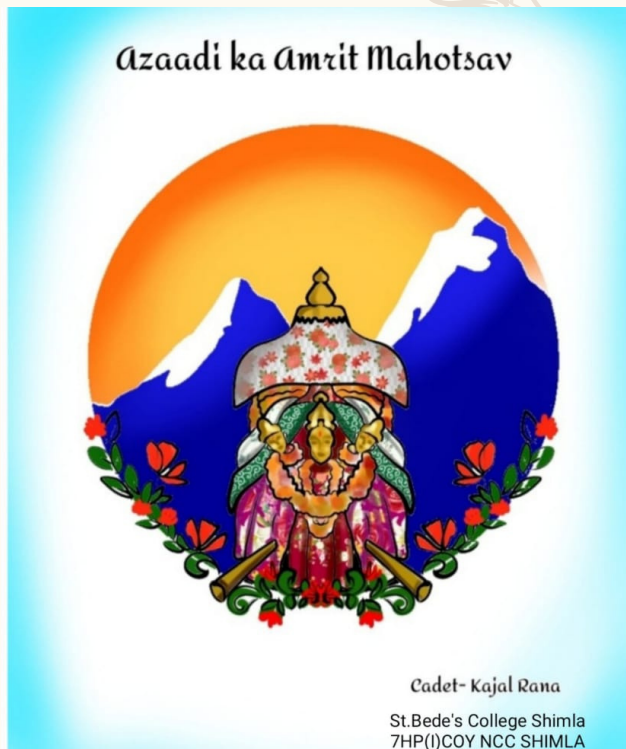
https://www.youtube.com/watch?v=_N0UREeadAY

<https://www.youtube.com/watch?v=4bmeIXwwSL0>

DIRECTORATE LEVEL COMPETITIONS

January 31, 2022

On 31st Jan, 2022, the cadets participated in various activities like Desh Bhakti geet writing, Rangoli making and patriotic Lori writing, under the theme Azaadi ka Amrit Mahotsav.



Few of the entries for Rangoli competition

DIRECTORATE LEVEL COMPETITIONS

ऐ मेरे वतन तू शान है मेरी

ऐ मेरे वतन तुझसे शान है मेरी
तेरी मिट्टी कि गोद से ये फूल जो खिले
तेरी मिट्टी कि गोद मे ये फूल जो खिले
ये फूल भी आज यूँ खिल खिला जाते हैं

इन मौसम बहारों में जो तूने रंग है घुले
इन मौसम बहारों में जो तूने रंग है घुले
इनमे नदिया पहाड़ भी उबार जाते हैं

तूने हम हमारी पहचान है बनी
तुझसे ही हमारी पहचान है बनी
तेरा एतर (झंडा) देख हम खिल जाते हैं

इन दरिया किनारों मैं तेहेल्ले हुए
एक दिन तेरी ही घर में समा जाएंगे
ऐ मेरे वतन तू शान है मेरी

तेरी शान शौकत के लिए हम चांद तारे भी अब
तोड़ लेंगे।

• अवनी शर्मा

My Great Country

India is a land of sages
Renowned for chivalry for ages
We hold our heads high
And look upto the limitless sky
For our ancestors gave us pride
So that we tread our enemy in stride.
This is the land of Indians - bold and free
This is the land of Indians- strong and
safe
My country is better than heavens
I behold my motherland with all my
reverence There are meandering
hallowed waters
There are fancy frozen boundaries
Let's envision that joyous day
When Indian policies the world shall
obey
Her designs for humanity will unfold
Even her mud will shine as bright as
gold.

By-Cadet Kajal Rana

Entries for the Lori-Writing Competition

BEE CERTIFICATE EXAMINATION

February 20, 2022

On 20th Feb, 2022, the 2nd year cadets of the NCC unit St. Bede's College, Shimla, reported at St. Edward's School Shimla for their BEE Certificate examination.



Cadets during the exam

CEE CERTIFICATE EXAMINATION

February 27, 2022

On 27th Feb, 2022, the 3rd year cadets of St. Bede's College, Shimla, reported at Solan for their CEE Certificate examination.



Cadets at the examination venue

INTERNATIONAL WOMEN'S DAY

March 8, 2022

On 8th March, 2022, the 1st and 2nd year cadets were invited to perform a Nukkad Natak on the event of International Women's Day at GDC, Kotshera.

The cadets presented a Nukkad Natak under the title "Blood donation- DOs and DON'Ts" and were presented with a "Momento of Honour for Stage Performance".



Cadets performing the Nukkad Natak

RAISING DAY

March 10, 2022

On March 10, 2022, the Second NCC Raising Day was celebrated at St. Bede's College. The chief guest for the event was Col DR Gargi, Commanding Officer 7HP (I) Coy, NCC Shimla.

The programme started with the drill followed by a short cultural programme, "The NIAP". The Cadets were felicitated for their hard work, and contribution towards NCC. UO Rutuja Kulkarni was promoted to the rank of a Senior Under Officer. The event ended with an NCC Carnival, organised by the cadets.

Link to the NIAP Presentation : <https://www.youtube.com/watch?v=U4J-hLE0Vsc&t=613s>



Lighting of the Panchdeep Lamp



Rank Promotion of SUO Rutuja Kulkarni



NIAP Programme



Photograph with the Chief Guest

RAISING DAY

For the NCC Carnival, the following stalls were set-up:

- Iced Tea
- Qahwah
- Momos
- Sandwiches
- Kurkure chat
- Cake
- Siddu
- Chocolates
- Kulcha Wrap
- Art and Craft



JALIAWALA BAGH MASSACRE

March 10, 2022

On April 13, 2022, the NCC Cadets of the college under 7HP (I) Coy, NCC Shimla paid homage to the martyrs of Jallianwala Bagh Massacre who lost their lives on this day, 103 years ago. The cadets participated in a Poster-Making competition under the theme “Azadi Ka Amrit Mahotsav”, in order to pay respect to those who lost their lives on April 13, 1919. The judge for the event was Ms. Punam Chauhan, Assistant Professor Department of History, St. Bede’s College, Shimla. She adjudged the paintings on the basis of creativity, relevance to the theme and artistic skills. Cadet Nandini Sharma was awarded the first position followed by Cadet Aishna Rahi and Cadet Anika stood second. To promulgate this on a larger platform a collage of all the poster entries was shared on the Instagram Page and the YouTube Channel of the NCC. The video received over 100 views on you tube and over 500 views on Instagram in the first four hours. These activities promoted a sense of patriotism, and deep reverence for the ones who sacrificed their lives, to make our nation flourishing. Even today, everybody mourns the lives that were lost in the massacre, and we salute the innocent people, who were mercilessly killed on April 13, 1919.



Link to the video:

https://www.instagram.com/tv/CcPF_Q1O9_9/?igshid=YmMyMTA2M2Y=

<https://youtu.be/RWjZvl3rNSM>

ACHIEVEMENTS OF THE CADETS

Promotions

Sgt Rutuja Kulkarni was promoted to the rank of Senior Under Officer.

Cdt Maanika Sethi, Cdt Riya Verma, and Cdt Ananya Singh were promoted to the rank of Sergeant.

Cdt Gati Singh, Cdt Nikita Chauhan, Cdt Anoushka Moses, Cdt Devshree Hada and Cdt Sakina Malik were promoted to the rank of Corporal.

Cdt Manisha Sharma, Cdt Vidhi Sood, Cdt Chinmay Sharma, Cdt Ayushi Panwar and Cdt Priyangana Dhalta were promoted to the rank of Lance Corporal.

Positions in the College (2021-22)

- Cdt Anjali Kaintla held the position of **College Admiral**.
- Cpl Sakina Malik held the position as the **Vice Captain of INS Chirag**.
- Cpl Gati Singh held the position of **Secretary in Debates and Dramatics Society**.
- LCpl Chinmay Sharma held the position of **Secretary in the Cultural Society**.
- Cdt Riya Sharma held the position of **Secretary in Placement Cell**.
- Cdt Vanshika Malhotra held the position of **Secretary in Community Outreach Cell**.
- Cdt Ojashwini held the position of **Secretary in Environment Cell**.



ACHIEVEMENTS OF THE CADETS

Other Achievements

SUO Rutuja Kulkarni attended the **Republic Day Camp-2022**. There she was a part of the **PM Rally** and the **All-India Best Cadet's Competition**. She did the briefing for our Hon'ble **Defense Minister Rajnath Singh** and also briefed the **DGNCC** at the Hall of Fame as well.

Sgt Maanika Sethi too was a part of pre-RDC Camps and was awarded as the **best SW in cultural in Shimla Group**.

Cdt Aishna Rahi and Cdt Riya Sharma are part of the **core editing team** for the college magazine **Echoes** (2021-22).

Cpl Anoushka Moses had her work published in a book.

Sgt Maanika Sethi stood **first** overall in Psychology Hons. 1st year (session of 2020-21)



Patron:

Sr. Molly Abraham
Principal
St. Bede's College, Shimla

Staff Editor:

Dr. Shweta Thakur

Student Editor:

Sergeant Ananya Singh
Cadet Arushi Awasthi

Designed by:

Sergeant Ananya Singh