

**REVISED SYLLABUS FOR BA PSYCHOLOGY HONOURS CBCS
ANNUAL TO BE IMPLEMENTED FROM THE SESSION 2018-2019
ONWARDS**

BA PSYCHOLOGY HONOURS- IST YEAR

ABILITY ENHANCEMENT COMPULSORY COURSES

Nature of Core Courses	Courses offered	Course Code	Award Type	Credits	Marks	
					Min.	Max.
AECC-1	(English/Hindi/MIL/Communications) Environmental Science	Common for all Students				
AECC-2	Environmental Science(English/Hindi/MIL Communications)	Common for all Students				

DISCIPLINE SPECIFIC CORE COURSES

DSC-1	Introduction to Psychology	BAPSYCHA101TH	Theory	3	20	50
		BAPSYCHA101PR	Practical	1	8	20
		BAPSYCHA101IA	CCA	2	12	30
DSC-2	Psychology of Individual differences	BAPSYCHA102TH	Theory	4	28	70
		BAPSYCHA102IA	CCA	2	12	30
DSC-3	Psychological Research	BAPSYCHA103TH	Theory	4	28	70
		BAPSYCHA103IA	CCA	2	12	30
DSC-4	Introduction to Social Psychology	BAPSYCHA104TH	Theory	4	28	70
		BAPSYCHA104IA	CCA	2	12	30

GENERIC ELECTIVE COURSES (For students other than psychology honours)

GE-1	Foundation of Psychology	BAPSYCHA105TH	Theory	4	28	70
		BAPSYCHA105IA	CCA	2	12	30
GE-2	Introduction to Social Psychology	BAPSYCHA 106TH	Theory	3	20	50
		BAPSYCHA 106PR	Practical	1	8	20
		BAPSYCHA 106IA	CCA	2	12	30

BA-PSYCHOLOGY HONOURS-2ND YEAR						
Nature of Core Courses	Courses offered	Course Code	Award Type	Credits	Marks	
					Min.	Max.
DISCIPLINE SPECIFIC CORE COURSES						
DSC-5	Bio-Psychology	BAPSYCHA207TH	Theory	4	28	70
		BAPSYCHA207IA	CCA	2	12	30
DSC-6	Statistical Methods for Psychological Research-I	BAPSYCHA208TH	Theory	4	28	70
		BAPSYCHA208IA	CCA	2	12	30
DSC-7	Developmental Psychology	BAPSYCHA209TH	Theory	4	28	70
		BAPSYCHA209 IA	CCA	2	12	30
DSC-8	Understanding Psychological Disorders	BAPSYCHA210 TH	Theory	3	20	50
		BAPSYCHA210 PR	Practical	1	8	20
		BAPSYCHA210 IA	CCA	2	12	30
DSC-9	Applied Social Psychology	BAPSYCHA211TH	Theory	4	28	70
		BAPSYCHA211IA	CCA	2	12	30
DSC-10	Counseling Psychology	BAPSYCHA212TH	Theory	4	28	70
		BAPSYCHA212 IA	CCA	2	12	30
SEC						
SEC-1	Stress Management	BAPSYCHA213 TH	Theory	3	28	70
		BAPSYCHA213 IA	CCA	1	12	30
SEC-2	Effective Decision Making	BAPSYCHA214TH	Theory	3	28	70
		BAPSYCHA214 IA	CCA	1	12	30
GENERIC ELECTIVE(For students other than psychology honours)						
GE-3	Psychopathology	BAPSYCHA215TH	Theory	3	20	50
		BAPSYCHA215PR	Practical	1	8	20
		BAPSYCHA215 IA	CCA	2	12	30
GE-4	Statistical Methods	BAPSYCHA216TH	Theory	4	28	70
		BAPSYCHA216 IA	CCA	2	12	30

BA-PSYCHOLOGY HONOURS-3RD YEAR						
DISCIPLINE SPECIFIC CORE COURSES						
DSC-11	Health Psychology	BAPSYCHA317TH	Theory	3	20	50
		BAPSYCHA317PR	Practical	1	8	20
		BAPSYCHA317IA	CCA	2	12	30
DSC-12	Organizational Behaviour	BAPSYCHA318TH	Theory	4	28	70
		BAPSYCHA318IA	CCA	2	12	30
DSC-13	Understanding and dealing with psychological Disorders	BAPSYCHA319TH	Theory	4	28	70
		BAPSYCHA319IA	CCA	2	12	30
DSC-14	Community Psychology	BAPSYCHA320TH	Theory	4	28	70
		BAPSYCHA320IA	CCA	2	12	30
DISCIPLINE SPECIFIC ELECTIVE COURSES						
DSE-1	Psychology at Work	BAPSYCHA321 TH	Theory	4	28	70
		BAPSYCHA321 IA	CCA	2	12	30
DSE-2	Inter Group Relations	BAPSYCHA322TH	Theory	4	28	70
		BAPSYCHA322 IA	CCA	2	12	30
DSE-3	Emotional Intelligence	BAPSYCHA323TH	Theory	4	28	70
		BAPSYCHA323IA	CCA	2	12	30
DSE-4	Project Report	BAPSYCHA324TH	Report Writing	6	40	100

BA-I PSYCHOLOGY HONOURS (DSC-1)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19 onwards.

COURSE: INTRODUCTION TO PSYCHOLOGY (BAPSYCHA101TH/PR)

Course Code	BAPSYCHA101TH/PR		
Credits-4	L	T	P
	60	15	15
Course Type	Core		
Lectures to be Delivered	90		

INTRODUCTION TO PSYCHOLOGY (BAPSYCHA101IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

INTRODUCTION TO PSYCHOLOGY (BAPSYCHA101TH/PR)

Annual Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	50	20	3.00 Hrs
Practical	20	8	3.00 Hrs
CCA	30	12	
Total	100	40	

INTRODUCTION TO PSYCHOLOGY (BAPSYCHA101TH/PR)

Unit	Allotted Time Hours		
	L	T	P
I.	15	4	3
II.	15	3	4
III.	15	4	4
IV.	15	4	4
	60	15	15

L-Lecture, T-Tutorial and P-Practical

INTRODUCTION TO PSYCHOLOGY (BAPSYCHA101TH/PR)

Paper Setting schemes for Psychology (Theory) Annual Examination

Parts	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Total Marks
A	9	Complete	Objective Type (MCQ)	9(1 mark each)	9
B	4	Complete	Short answer type (100-150 words)	3(2 marks each)	6
C	2	Complete	Medium answer type (300 words)	2(5 marks each)	10
D	2	Complete	Long answer type 500 words	1(10 mark each)	10
E	2	Complete	Very Long answer type 800 words	1(15 mark each)	15
Total					50

SYLLABUS (DSC-1)

INTRODUCTION TO PSYCHOLOGY (BAPSYCHA101TH/PR)

Unit-1: Introduction: What is psychology? Perspectives on behavior; Methods of psychology (special emphasis on experimentation); subfields of psychology; Psychology in modern India.

Unit-2 : Perception: Perceptual processing, Role of attention in perception, Perceptual organization, Perceptual sets, Perceptual constancies, depth perception, distance and movement; Illusions.

Unit-3: Learning: Principles and applications of Classical conditioning, operant conditioning, and observational learning; Learning strategies;

Unit-4: Memory: Models of memory: Levels of processing, Parallel Distributed Processing model, and Information processing, Forgetting, Improving memory. Emotions: Components, theories

READINGS:

Baron, R. & Misra. G. (2013). Psychology. Pearson.

Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle

Chauhan, R. R. (2001). Asamanaya Manovigyan. Kurukshetra: Azad Publications.

Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi:

Dixit, Nirupama (2010). Adhunik Asamanaya Manovigyan. Agra: Aggrawal Pub.

Jain, Shashi (2007). Introduction to psychology (4th Ed.).New Delhi: Kalyani.

Learning, New Delhi.

Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling.

Mangal, S. K. (2013). General psychology. New Delhi: Sterling Publisher Pvt. Ltd.

New Delhi: Tata McGraw-Hill.

Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour.

Pearson Education.

Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publication.

Singh, R. N. (2010). Mool manoviganik prakriyaen. Agra: Aggarwal Publication

Smith, E. E., Atkinson, R.L. & Hilgard, E. R. (2003). Atkinson and Hilgard Introduction to psychology. USA: Thompson Learning.

Srivastava, A. (2010). Manovikriti vigyan. Agra: Aggrawal Pub.

Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan . Agra: Aggrawal Publication.

Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

BA-I PSYCHOLOGY HONOURS (DSC-2)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19 onwards.

COURSE: PSYCHOLOGY OF INDIVIDUAL DIFFERENCES (BAPSYCHA102TH)

Course Code	BAPSYCHA102TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

PSYCHOLOGY OF INDIVIDUAL DIFFERENCES (BAPSYCHA102IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

PSYCHOLOGY OF INDIVIDUAL DIFFERENCES (BAPSYCHA102TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

PSYCHOLOGY OF INDIVIDUAL DIFFERENCES (BAPSYCHA102TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

PSYCHOLOGY OF INDIVIDUAL DIFFERENCES (BAPSYCHA102TH)

Paper Setting Scheme for psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70

SYLLABUS (DSC-2)

PSYCHOLOGY OF INDIVIDUAL DIFFERENCES (BAPSYCHA102TH)

Unit-1: Personality: Nature of personality; Biological foundations of personality; Culture, gender and personality.

Unit-2: Intelligence: Factors. Heredity, environment and intelligence; Group differences in intelligence; Extremes of intelligence.

Unit-3: Enhancing individual's potential: Motivation: Intrinsic motivation and Self determination, theory

Unit-4: Enhancing cognitive potential, Self regulation and self-enhancement; Fostering creativity.

Readings:

Carr, A. (2011): Positive psychology. Routledge.

Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle

Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi:

Cornelissen, R.M.M., Misra, G. & Varma, S. (2011). Foundations of Indian
Ed.). New Delhi: Pearson Education.

Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4th

Jain, Shashi (2007). Introduction to psychology (4th Ed.).New Delhi: Kalyani.

Learning, New Delhi.

Mangal, S. K. (2013). General psychology. New Delhi: Sterling Publisher Pvt. Ltd.

Mentis, M., Dunn-Bernstein, M., Mentis, M., & Skuy, M. (2009). Bridging learning:
New Delhi: Tata McGraw-Hill.

Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour.
Pearson Education.

Psychology, Vol 1. Pearson.

Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publication.

Singh, R. N. (2010). Mool manoviganik prakriyaen. Agra: Aggarwal Publication

Srivastava, A. (2010). Manovikriti vigyan. Agra: Aggrawal Pub.

Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan . Agra: Aggrawal
Publication.

Unlocking cognitive potential in and out of the classroom. Corwin.

Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and
Distributors.

BA-I PSYCHOLOGY HONOURS (DSC-3)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

COURSE: PSYCHOLOGICAL RESEARCH (BAPSYCHA103TH)

Course Code	BAPSYCHA103TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

PSYCHOLOGICAL RESEARCH (BAPSYCHA103IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for Annual examination.

PSYCHOLOGICAL RESEARCH (BAPSYCHA103TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

PSYCHOLOGICAL RESEARCH (BAPSYCHA103TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

PSYCHOLOGICAL RESEARCH (BAPSYCHA103TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS (DSC-3)

PSYCHOLOGICAL RESEARCH (BAPSYCHA103TH)

UNIT- 1: Basics of Research in Psychology, What is Psychological Research? The Goals of Psychological Research; Principles of Good Research; Ethics in Psychological Research. Research Traditions , Quantitative and Qualitative Orientations towards Research and their Steps.

UNIT 2: Experimental Method, Introduction to Experimental and Quasi-experimental Methods.

UNIT-3: Methods of Data Collection, Sampling; Probability Sampling Methods and Non Probability Sampling Methods.

UNIT 4: Non Experimental Methods (I); Case Study; Observation; Surveys, Focus Group Discussion, Interviews.

READING LIST:

Chadha, N.K. (2009) Applied Psychometry. Sage Pub: New Delhi.

Dyer, C. (2001) Research in Psychology: A Practical Guide to Research Methodology and Statistics (2nd Ed.) Oxford: Blackwell Publishers

Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4th Ed.). New Delhi: Pearson Education.

Murphy, K.R. & Davidshofer, C. O. (2004). Psychological Testing: Principles & Applications (6th Ed.) New Jersey: Prentice Hall.

Neuman, W.L. (2006). Social Research Methods: Qualitative and Quantitative Approaches (6th Ed.) Boston: Pearson Education.

Willig, C. (2001). Introducing qualitative research in psychology: Adventures in theory and method. Philadelphia : Open University Press.

Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.

Zinta, R. L. (2018). Psychology: Cannon for budding brain. New Delhi: Indu Book Services.

BA-I PSYCHOLOGY HONOURS (DSC-4)

COURSE: INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA104TH)

Course Code	BAPSYCHA104TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA104IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA104TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA104TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA104TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS (DSC-4)

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA104TH)

Unit I: Psychology of the Social: The meaning of ‘social’; Key assumptions and approaches to social psychology; Overview of the history of social psychology (including India); Relationship with sociology and anthropology; Areas of application: Health, Law, Workplace. Social psychology and sustainable future.

Unit II: Understanding and evaluating the social world. Social identity and its functions. Social Cognition, Social perception, Attitudes, Attitude-behaviour link.

Unit III: Social interaction and Influence: Interpersonal attraction, Pro-Social Behaviour, Aggression, Social influence.

Unit IV: Group Dynamics. Nature of groups, Consequences of belonging - performance, decision making, cooperation and conflict.

Readings:

- Baron, R.A., Byrne, D. & Bhardwaj, G (2010). Social Psychology (12th Ed). New Delhi: Pearson.
- Chadha, N. K. (2012). Social Psychology. New Delhi: MacMillan.
- Chadha, N.K. (2012). Social Psychology. MacMillan: New Delhi
- Deaux, K & Wrightsman, L. (2001). Social Psychology. California: Cole Publishing
- Developments (ICSSR survey of advances in research). New Delhi: Pearson.
- Kassin, S., Fein, S., & Markus, H.R. (2008). Social psychology. New York: Houghton
- Mathur, S. S. (Revised). Social Psychology. Agra Aggrawal Pub.
- Miffin.
- Misra, G. (2009). Psychology in India, Volume 4: Theoretical and Methodological
- Mohanty, Girishbala (2008). Social Psychology. New Delhi: Kalyani Publishers.
- Mthur, S. S. (2009). Samaj manovigyan. Agra: Mudrak B. P. Printers.
- Myers, D.G. (2008). Social psychology New Delhi: Tata McGraw-Hill.
- Pearson.
- Singh, R. N. (2009). Adhunik samajik Manovigyan. Agra: Aggarwal Publications.
- Srivastava, D. N. (2011). Adhunik samajik manovigyan. Agra: Aggarwal Publications.
- Srivastava, D. N., Singh, R. & Pandey, J. (1991). Adhunik samaj manovigyan. Agra: Bhargava
- Taylor, S.E., Peplau, L.A. & Sears, D.O. (2006). Social Psychology (12th Ed). New Delhi:
- Zinta, R. L. & Kumari, S. (2016). Psychology of marriage. New Delhi: Indu Book Services.
- Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
- Zinta, R. L. (2018). Psychology: Cannon for Budding brain. New Delhi: Indu Book Services.

BA-I PSYCHOLOGY GENERIC ELCTIVE COURSES (GE-1)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

COURSE: FOUNDATION OF PSYCHOLOGY (BAPSYCHA105TH)

Course Code	BAPSYCHA105TH		
Credits-4	L	T	P
	60	30	0
Course Type	GE		
Lectures to be Delivered	90		

FOUNDATION OF PSYCHOLOGY (BAPSYCHA105IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

FOUNDATION OF PSYCHOLOGY (BAPSYCHA105TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

FOUNDATION OF PSYCHOLOGY (BAPSYCHA105TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

FOUNDATION OF PSYCHOLOGY (BAPSYCHA105TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS (GE-1)

FOUNDATION OF PSYCHOLOGY (BAPSYCHA105TH)

Unit 1: Introduction:

Psychology: Historical perspective. Nature and Scope. Methods: Experimental and Observational.

Unit 2: Cognitive processes:

Perception: nature of perception, laws of perceptual organization, learning: conditioning, observational learning.

Unit 3: Motivation and Emotion:

Motives: biogenic and sociogenic motives.
Emotions: Nature of emotions, key emotions.

Unit 4: Personality and Intelligence:

Personality: nature, determinants
Intelligence: nature, determinants

Readings:

Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., & Hilgard, E.R. (1990). Introduction to Psychology (10th ed.). New York: Harcourt Brace Jovanovich.

Baron, R. A. (2005). Psychology (5th Ed.). New Delhi: Sanat Printers.

Benjamin, Jr. L. T.(1988). A history of psychology: Original sources and contemporary research. London: McGraw Hill.

Chadha, N.K. & Seth, S. (2014). *The Psychological Realm: An Introduction*. Pinnacle

Ciccarelli , S. K & Meyer, G.E (2008). *Psychology (South Asian Edition)*. New

Ciccarelli, S. K. & Meyer, G. E. (2007). Psychology. New Delhi: Pushpati Printers.

Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.

Eysenck, H. J. (2009). Fundamental of Psychology. New York: Psychology Press Taylor and Francis.

Feldman.S.R.(2009).*Essentials of understanding psychology (7th Ed.)* New Delhi :

Glassman,W.E.(2000). Approaches to Psychology(3rd Ed.). Buckingham: Open

Jain, Shashi (2007). Introduction to Psychology (4th Ed.).New Delhi: Kalyani Publishers.

- Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Mangal, S. K. (2013). *General psychology*. New Delhi: Sterling Publisher Pvt. Ltd.
- Marx, M. H. & Cronan-Hillix, W. a. (1987). Systems and theories of psychology (4th Ed.). New York: McGraw Hill.
- Matthijs Corne, R. M. (2010). Foundatiuon of Indian Psychoogy vol. I. Pearson.
- Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
- Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
- Singh, A. and Singh, U. (1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.
- Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Singh, R. N. (2010). *Mool manoviganik prakriyaen*. Agra: Aggarwal Publication
- Singh, R. N. (2010). *Adhunik Samanya Manovigyan*. Agra: Aggrawal Publication.
- Singh, R. N. (2010). Mool Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Smith, E. E., Atkinson, R. L. & Hilgard, E. R. (2003). *Atkinson and Hilgard Introduction to psychology*. USA: Thompson Learning.
- Smith, E.E. , Atkinson, R. L. & Hilgard, E. R. (2003). Atkinson and Hilgards introductions to Psychology. USA: Thompson Learning.
- Srivastava, D. N. & Verma, P. (2009). *Adhunik Samanya Manovigyan* . Agra: Aggrawal Publication.
- Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Srivastava, D. N. (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
- Taylor, Z. (2013). Fundamental of Psychology. Salon.com.
- Tiwari, Ramkalap (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
- Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.
- Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

BA-I PSYCHOLOGY GENERIC ELCTIVE COURSES (GE-2)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA106TH/PR)

COURSE: INTRODUCTIION TO SOCIAL PSYCHOLOGY (BAPSYCHA106TH/PR)

Course Code	BAPSYCHA106TH /PR		
Credits-4	L	T	P
	60	15	15
Course Type	GE		
Lectures to be Delivered	90		

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA106IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA106TH/PR)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	50	20	3.00 Hrs
Practical	20	8	3.00 Hrs
CCA	30	12	
Total	100	40	

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA106TH/PR)

Unit	Allotted Time Hours		
	L	T	P
I.	15	4	3
II.	15	3	4
III.	15	4	4
IV.	15	4	4
	60	15	15

L-Lecture, T-Tutorial and P-Practical

INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCHA106TH/PR)

Paper Setting Scheme for psychology (Theory) Annual Examination

Parts	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Total Marks
A	9	Complete	Objective Type (MCQ)	9(1 mark each)	9
B	4	Complete	Short answer type (100-150 words)	3(2 marks each)	6
C	2	Complete	Medium answer type (300 words)	2(5 marks each)	10
D	2	Complete	Long answer type 500 words	1(10 mark each)	10
E	2	Complete	Very Long answer type 800 words	1(15 mark each)	15
Total					50

SYLLABUS (GE-2)
INTRODUCTION TO SOCIAL PSYCHOLOGY
(BAPSYCHA106TH/PR)

Unit 1: Introduction:

Concept of social psychology; Scope of social Psychology.
Methods of social Psychology: Sociometry and Questionnaire.

Unit 2: Individual level processes:

Person perception: Concept and nature.
Attitude: formation and change

Unit 3: Interpersonal processes:

Interpersonal attraction; concept and determinants.

Unit 4: Group dynamics:

Key aspects of groups: Social influence: conformity and obedience.

Readings:

- Baron, R. A., Byrne, d. & Bhardwaj, G. (2010). Social Psychology (12 th Ed.). New Delhi: Pearson.
- Chadha, N. K. (2012). Social Psychology. New Delhi: MacMillan.
- Mathur, S. S. (Revised). Social Psychology. Agra Aggarwal Pub.
- Mohanty, Girishbala (2008). Social Psychology. New Delhi: Kalyani Publishers.
- Mthur, S. S. (2009). Samaj manovigyan. Agra: Mudrak B. P. Printers.
- Myers, D. G. (2008). Social Psychology. New Delhi: Tata McGraw Hill.
- Singh, R. N. (2009). Adhunik samajik Manovigyan. Agra: Aggarwal Publications.
- Srivastava, D. N. (2011). Adhunik samajik manovigyan. Agra: Aggarwal Publications.
- Srivastava, D. N., Singh, R. & Pandey, J. (1991). Adhunik samaj manovigyan. Agra: Bhargava
- Zinta, R. L. & Kanwar, S. (2017). Psychology of jealousy and suspiciousness. New Delhi: Indu Book Services.
- Zinta, R. L. & Kaundal, S. (2016). HIV-AIDS Pandemics: Threats and concerns. Delhi: Indu Book Services.
- Zinta, R. L. & Kaur, G. J. (2013). Military Personnel Psychology. New Delhi: Neha Publisher and Distributors.
- Zinta, R. L. & Kumari, S. (2016). Psychology of marriage. New Delhi: Indu Book Services.
- Zinta, R. L. & Kwatra, A. K. (2018). Cyberpsychology: Arsenal for Growing Mind. Delhi: Indu Book Services.
- Zinta, R. L. & Nadda, K. (2016). Displacement and Rehabilitation Psychology. Delhi: Indu Book Services.

- Zinta, R. L. & Negi, D. (2016). Religious Psychology: Conflicts reconciliation through possession of local deities. Delhi: Indu Book Services.
- Zinta, R. L. & Negi, S. (2013). Wellbeing: A case study on polyandrous and monogamous tribal people. New Delhi: Neha Publication.
- Zinta, R. L. & Thakur, R. (2017). Psychology of Poverty. Delhi: Indu Book Services.
- Zinta, R. L. & Verma, L. K. (2018). Squatter and slum stacks: Resources for the Development. Delhi: Indu Book Services.
- Zinta, R. L. (2008). Psychology manual. New Delhi: HG Publications.
- Zinta, R. L. (2010) HIV-AIDS Pandemics: Threats and concerns. New Delhi : Indu Publishers and Distributors.
- Zinta, R. L. (2019). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

B. A. PSYCHOLOGY HONOURS-2ND YEAR

BA-II PSYCHOLOGY (HONOURS) DSC-5

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19 onwards.

COURSE: BIO-PSYCHOLOGY (BAPSYCHA207TH)

Course Code	BAPSYCHA207TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

BIO-PSYCHOLOGY (BAPSYCHA207IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

BIO-PSYCHOLOGY (BAPSYCHA207TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

BIO-PSYCHOLOGY (BAPSYCHA207TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

BIO-PSYCHOLOGY (BAPSYCHA207TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS (DSC-5)

BIO-PSYCHOLOGY (BAPSYCHA207TH)

Unit 1: Introduction to biopsychology: Nature and scope; Methods and ethics in biopsychology; Divisions of biopsychology.

Unit 2: The Functioning brain: Structure, and functions of neurons; Neural conduction and synaptic transmission.

Unit 3: Organization of nervous systems: CNS & PNS: Structure and functions. Functional abnormalities of neurotransmitters: dopamine and serotonin hypothesis.

Unit 4: Endocrine System: Structure, functions and abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal.

READINGS:

- Breedlove, S. M., Rosenzweig, M. R., & Watson, N. V. (2007) *Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience*, 5th Edition. Sinauer
- Carlson, N. R. (2009) *Foundations of Physiological Psychology*, 6th Edition. Pearson
- Chauhan, R. R. (2001). *Asamanya Manovigyan*. Kurukshetra: Azad Publications.
- Dixit, Nirupama (2010). *Adhunik Asamanya Manovigyan*. Agra: Aggrawal Pub. Education, New Delhi.
- Jain, Shashi (2007). *Introduction to psychology* (4th Ed.). New Delhi: Kalyani.
- Levinthal, C. F. (1983). *Introduction to Physiological Psychology*. New Delhi: PHI.
- Mangal, S. K. (2008). *Abnormal Psychology*. New Delhi: Sterling.
- Mangal, S. K. (2013). *General psychology*. New Delhi: Sterling Publisher Pvt. Ltd.
- Pinel, J. P. J. (2011) *Biopsychology*, 8th Edition. Pearson Education, New Delhi.
- Rozenweig, M. H. (1989). *Physiological Psychology*. New York: Random
- Singh, R. N. (2010). *Adhunik Samanya Manovigyan*. Agra: Aggrawal Publication.
- Singh, R. N. (2010). *Mool manoviganik prakriyaen*. Agra: Aggarwal Publication
- Smith, E. E., Atkinson, R.L. & Hilgard, E. R. (2003). *Atkinson and Hilgard Introduction to psychology*. USA: Thompson Learning.
- Srivastava, A. (2010). *Manovikriti vigyan*. Agra: Aggrawal Pub.
- Srivastava, D. N. & Verma, P. (2009). *Adhunik Samanya Manovigyan* . Agra: Aggrawal Publication.
- Zinta, R. L. (2010). *Psychology Manual*. New Delhi: HG Publications.
- Zinta, R. L. (2019). *Psychology: Cannon for Budding Brain*. New Delhi : Indu Publishers and Distributors.

BA-II PSYCHOLOGY HONOURS (DSC-6)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

COURSE: STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-1 (BAPSYCHA208TH)

Course Code	BAPSYCHA208TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-1 (BAPSYCHA208IA) Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-1 (BAPSYCHA208TH) Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

**STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-I
(BAPSYCHA208TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH -I(BAPSYCHA208TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS DSC-6

STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-I (BAPSYCHA208TH)

UNIT 1: Introduction: Psychological Research & Statistics; Descriptive and Inferential Statistics; Variables and Constants; Measurements Scales. Frequency Distributions, Percentiles, and Percentile Ranks, Organizing Qualitative Data; Constructing a grouped frequency distribution, a relative frequency distribution and a cumulative frequency distribution; Computation of Percentiles and Percentile Ranks.

UNIT 2: Graphic Representation of Data Basic procedures; The Histogram; The Frequency Polygon; The Bar Diagram; The Pie Chart; The Copulative Frequency Graph; Factors Affecting the Shape of Graphs. Measures of Central Tendency; The Mode; The Median; The Mean; Properties and Relative Advantages and Disadvantages of the Mode, the Median and the Mean; Central Tendency Measures in Normal and Skewed Distributions.

UNIT 3: Measures of Variability and Standard (z) Scores, The Range; The Interquartile and the Semi-Interquartile Range; The Average Deviation; The Variance; The Standard Deviation; Calculation of Standard Deviation from Raw Scores and Grouped Scores; Properties and Comparison of Measures of Variability; The Effect of Linear Transformation of Variability Measures; Standard Scores (z-score). The Normal Distribution: The Nature and Properties of the Normal Probability Distribution; Standard Scores, and the Normal Curve.

UNIT 4: Correlation: The Meaning of Correlation; Historical Perspective; The Scatter plot of Bivariate; Distributions; Correlation: A Matter of Degree; The Coefficient of Correlation; Calculating Pearson's Correlation Coefficient from Deviation Scores; Calculating Pearson's Correlation Coefficient from Raw Scores; Spearman's Rank-Order Correlation Coefficient; Correlation and Causation.

READINGS

Aron, A., Aron, E.N., & Coups, E.J. (2007). Statistics for Psychology. (4thEd.) India: Pearson Education, Prentice Hall.

Chadha, N.K. (1991) Statistics for Behavioral and Social Sciences. Reliance Pub. House New Delhi.

Coolican, H. (2006) Introduction to Research Methodology in Psychology. London: Hodder Arnold.

Howell, D. (2009) Statistical methods for Psychology.

King, B.M. & Minium.E.W,(2007) Statistical Reasoning in the Behavioral Sciences USA: John Wiley & Sons.

Mangal, S.K. (2012) Statistics in Psychology & Education 2nd Edition, New Delhi: PHI learning Pvt. Ltd.

Garrett, H.E. (1979). Statistics in Psychology and Education Bombay: Vakils Feffer& Simons Ltd.

Garret, H.E. (2007). Shikha aur manovigyan mein sankhyaki ka prayog. New Delhi: Kalyani Publishers.

BA-II PSYCHOLOGY HONOURS (DSC-7)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

COURSE: DEVELOPMENTAL PSYCHOLOGY (BAPSYCHA209TH)

Course Code	BAPSYCHA209TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

DEVELOPMENTAL PSYCHOLOGY (BAPSYCHA209IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

DEVELOPMENTAL PSYCHOLOGY (BAPSYCHA209TH)

Annual Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

DEVELOPMENTAL PSYCHOLOGY (BAPSYCHA209 TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

DEVELOPMENTAL PSYCHOLOGY (BAPSYCHA209TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS DSC-7

DEVELOPMENTAL PSYCHOLOGY (BAPSYCHA209TH)

UNIT 1: Introduction: Concept of Human Development, themes and research designs

UNIT 2: Periods of Life Span Development: Prenatal development; Birth and Infancy; Childhood, Adolescence, Adulthood

UNIT 3: Domains of Human Development: Cognitive development, Language development, Physical development, Emotional development, Moral development, Personality development

UNIT 4: Socio-Cultural Contexts for Human Development: Family, Peers, Media and Schooling.

Reading List:

Berk, L. E. (2010). Child Development (9th Ed.). New Delhi: Prentice Hall.

Mitchell, P. and Ziegler, F. (2007). Fundamentals of development: The Psychology of Childhood. New York: Psychology Press.

Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). Human development (9th Ed.). New Delhi: McGraw Hill.

Santrock, J. W. (2011). Child Development (13th Ed.). New Delhi: McGraw Hill.

Santrock, J.W. (2012). Life Span Development (13th ed) New Delhi: McGraw Hill.

Saraswathi, T.S. (2003). Cross-cultural perspectives in Human Development: Theory, Research and Applications. New Delhi: Sage Publications.

Srivastava, A.K. (1997). Child Development: An Indian Perspective. New Delhi.

Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.

Zinta, R. L. & Kumari, S. (2010). Psychology of marriage. New Delhi: Indu Book services.

Zinta, R. L. & Negi, S. (2013). Wellbeing: A case study on Polyandrous and monogamous tribal people.

Zinta, R. L. (2019). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

BA-II PSYCHOLOGY HONOURS (DSC-8)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

COURSE: UNDERSTANDING PSYCHOLOGICAL DISORDERS (BAPSYCHA210TH/PR)

Course Code	BAPSYCHA210TH/PR		
Credits-4	L	T	P
	60	15	15
Course Type	Core		
Lectures to be Delivered	90		

UNDERSTANDING PSYCHOLOGICAL DISORDERS (BAPSYCHA210IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

UNDERSTANDING PSYCHOLOGICAL DISORDERS (BAPSYCHA210TH/PR)

Unit	Allotted Time Hours		
	L	T	P
I.	15	4	3
II.	15	3	4
III.	15	4	4
IV.	15	4	4
	60	15	15

L-Lecture, T-Tutorial and P-Practical

UNDERSTANDING PSYCHOLOGICAL DISORDERS (BAPSYCHA210TH/PR)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	50	20	3.00 Hrs
Practical	20	8	3.00 Hrs
CCA	30	12	

UNDERSTANDING PSYCHOLOGICAL DISORDERS (BAPSYCHA210TH/PR)

Paper Setting schemes for Psychology (Theory) Annual Examination

Parts	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Total Marks
A	9	Complete	Objective Type (MCQ)	9(1 mark each)	9
B	4	Complete	Short answer type (100-150 words)	3(2 marks each)	6
C	2	Complete	Medium answer type (300 words)	2(5 marks each)	10
D	2	Complete	Long answer type 500 words	1(10 mark each)	10
E	2	Complete	Very Long answer type 800 words	1(15 mark each)	15
Total					50

SYLLABUS DSC-8
UNDERSTANDING PSYCHOLOGICAL DISORDERS
(BAPSYCHA210TH/PR)

UNIT -1 : Understanding abnormality, Definition and criteria of abnormality, classification (latest edition of DSM & ICD), Clinical Assessment, Diathesis Stress Model

UNIT- 2 : Clinical States: (a) Anxiety disorders – Phobias, Obsessive Compulsive Disorder, Generalized Anxiety Disorder (Clinical Picture and Dynamics of anxiety disorders); Conversion Disorder (Clinical Picture and Dynamics); Dissociative Identity Disorder (Clinical Picture and Dynamics)

UNIT- 3: Developmental Disorders (Clinical Picture and Dynamics); Mental Retardation, Autism, ADHD, and Learning Disabilities;

UNIT -4: Substance related disorders and eating disorders; Substance-Related Disorder: Alcohol abuse and Drug abuse (clinical picture and causes); Eating disorder: Anorexia Nervosa and Bulimia Nervosa

Readings:

Barlow D.H. and Durand V.M. (2005). *Abnormal Psychology: An Integrated Approach* (4th Ed.). Wadsworth: New York.

Bennett, P. (2006). *Abnormal and Clinical Psychology: An introductory textbook*. New York: Open University Press.

Brewer, K. (2001). *Clinical Psychology*. Oxford : Heinemann Educational Publishers

Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2008). *Abnormal Psychology*. New Delhi: Pearson.

Kearney, C. A. & Trull, T. J. (2012). *Abnormal Psychology and Life: A dimensional approach*. New Delhi : Cengage learning.

Kring, A.M., Johnson, S.L., Davison G.C. & Neale J.M. (2010). *Abnormal Psychology* (11th Ed.). NY: John Wiley.

Zinta, R. L. & Kumar, D. (2013). *Psychological vulnerabilities among the jail inmates*. New Delhi: Neha Publications.

Zinta, R. L. & Thakur, P. (2013). *Frailness among elderly people: A psychological study*. New Delhi: Neha Publications.

Zinta, R. L. & Thakur, R. (2016). *Psychology of poverty*. New Delhi: Indu Book Services.

Zinta, R. L. & Kaundal, S. (2016). *HIV-AIDS Pandemics*. New Delhi: HG Publications.

Zinta, R. L. (2018). *Psychology: Cannon for Budding Brain*. New Delhi : Indu Publishers and Distributors.

BA-II PSYCHOLOGY HONOURS (DSC-9)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

COURSE: APPLIED SOCIALPSYCHOLOGY (BAPSYCHA211TH)

Course Code	BAPSYCHA211TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

APPLIED SOCIALPSYCHOLOGY (BAPSYCHA211IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

APPLIED SOCIALPSYCHOLOGY (BAPSYCHA211TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

APPLIED SOCIALPSYCHOLOGY (BAPSYCHA211TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

APPLIED SOCIALPSYCHOLOGY (BAPSYCHA211TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS(DSC-9)

APPLIED SOCIAL PSYCHOLOGY (BAPSYCHA211TH)

Unit-1: Introduction: Nature of applied Social Psychology, Social influences on behaviour, Levels of analysis, Methodological approaches – Participatory Action and Learning research techniques.

Unit-2: Applying Social Psychology-I: Environment, population, diversity

Unit-3: Applying Social Psychology-II: work, health, legal system

Unit-4: Intervention and Evaluation: Impact analysis; Process of intervention; need for evaluation for effective programme. Case studies in Indian context.

Readings

Kloos, B., Hill, j., Thomas, E., Wandersman, Elias, M. J., & Dalton, J.H. (2012). Community psychology: Linking individuals and communities. Wadsworth, Cengage.

Mikkelson, B. (1995). Methods for development work and research: A guide for practioners. New Delhi: Sage publications.

Schneider, F.W., Gruman, A., Coultts, L .M. (Eds.). (2012). Applied social psychology: Across cultures. New Delhi: Sage Publication.

Smith, P.B., Bond, M.H., & Kagitcibasi, C. (2006). Understanding social psychology
Understanding and addressing social and practical problems. New Delhi: Sage

Zinta, R. L. & Kaur, G. J. (2013). Military personnel psychology. New Delhi: Neha Publisher.

Zinta, R. L. & Kumar, D. (2013). Psychological vulnerabilities among jail inmates. New Delhi: Neha Publications.

Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors

**BA-II PSYCHOLOGY HONOURS (DSC-10)
COUNSELING PSYCHOLOGY (BAPSYCHA212TH)**

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19 onwards.

COURSE: COUNSELING PSYCHOLOGY (BAPSYCHA212TH)

Course Code	BAPSYCHA212TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

**COUNSELING PSYCHOLOGY (BAPSYCHA212IA)
Continuous Comprehensive Assessment (CCA) Pattern in Psychology**

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

COUNSELING PSYCHOLOGY (BAPSYCHA212TH)

Annual Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

COUNSELLING PSYCHOLOGY (BAPSYCHA212TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

COUNSELLING PSYCHOLOGY (BAPSYCHA212 TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS (DSC-10)
COUNSELLING PSYCHOLOGY (BAPSYCHA 212TH)

UNIT -1: Introduction: Meaning and goals, Counselling as a profession: training, skills and ethics, The effective counsellor: personality and self of the counselor, Counselling process and relationship.

UNIT -2: Techniques of Counselling: Psychoanalytic techniques, Humanistic approaches, Behavioral techniques, Cognitive techniques,

UNIT -3: Counselling Applications: Child Counselling, Family Counselling, Career Counselling.

UNIT- 4: Crisis intervention: suicide, grief and sexual abuse.

READINGS:

Aguilera, D.C. (1998). Crisis Intervention: Theory and Methodology (8thEd.)

Philadelphia: Mosby

Belkin, G. S. (1998). Introduction to Counselling (3rd Ed.) Iowa: W. C. Brown

Burnard, P. (2009). Counseling Skills Training: Book of activities. Viva Books, New Delhi.

Capuzzi, D. & Gross, D. R. (2007). Counselling and Psychotherapy: Theories and Interventions (4th Ed.) New Delhi. Pearson.

Corey, G. (2009) Counselling and Psychotherapy; Theory and Practice. (7th Ed.) New Delhi: Cengage Learning.

Friedlander, M.L. & Diamond, G.M. (2012). Couple and Family Therapy. In E. M. Altmaier and J.C. Hansen (Eds.) The Oxford Handbook of Counselling Psychology. New York: Oxford University Press.

Geldard, K. & Geldard, D. (2011). Counselling Children: A Practical Introduction (3rd Ed.) New Delhi: Sage

Gibson, R. L. & Mitchell, M. H. (2012). Introduction to Counselling and Guidance (7th

Ed.) New Delhi: Pearson

Gladding, S. T. (2012). *Counselling: A Comprehensive Profession*. (7th Ed) New Delhi. Pearson.

Hackney, H.L. (2012). *The Professional Counselor: A process guide to helping*. Pearson

Hansen, J.C. (2012). *Contemporary Counselling Psychology*. In E. M. Altmaier and J.C.

Hansen (Eds) *The Oxford Handbook of Counselling Psychology*. New York: Oxford University Press.

Nelson-Jones, Richard. (2008). *Basic Counseling Skills: A helper's manual*, Second Edition, Sage, South Asia Edition

Rao, K. (2010). *Psychological Interventions: From Theory to Practice*. In G. Misra (Ed): *Psychology in India. Volume 3: Clinical and Health Psychology*. New Delhi. ICSSR/ Pearson.

Rao, S.N. & Sahajpal, P. (2013) *Counselling and Guidance*. New Delhi: Tata McGraw Hill.

Seligman, L. & Reichenberg, L.W. (2010). *Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills*. 3rd Ed. Indian reprint: Pearson.

Sharf, R. S. (2012). *Theories of Psychotherapy & Counselling: Concepts and Cases* (5th Ed). Brooks/ Cole Cengage Learning

Udapa, K. N. (1985). *Stress and its Management by Yoga*. Delhi: Motilal Banarsidas.

Zinta, R. L. (2010). *Psychology manual*. New Delhi: HG Publications.

Zinta, R. L. (2018). *Psychology: Cannon for Budding Brain*. New Delhi : Indu Publishers and Distributors.

BA-II PSYCHOLOGY HONOURS (SEC-1)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19 onwards.

COURSE: STRESS MANAGEMENT (BAPSYCHA213TH)

Course Code	BAPSYCHA213TH		
Credits-4	L	T	P
	60	30	0
Course Type	SEC		
Lectures to be Delivered	90		

STRESS MANAGEMENT (BAPSYCHA213IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

STRESS MANAGEMENT (BAPSYCHA213TH)

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

STRESS MANAGEMENT (BAPSYCHA213TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

STRESS MANAGEMENT (BAPSYCHA213TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS (SEC-1)

STRESS MANAGEMENT (BAPSYCHA213TH)

Unit -1: Stress: Introduction, Nature, symptoms, sources of stress: environmental, social, physiological and psychological.

Unit -2: Stress and health: effects of stress on health, eustress

Unit -3: Managing stress-I: Methods - yoga, meditation, relaxation techniques.

Unit- 4: Managing stress-II: Problem focused and emotion focused approaches.

READINGS:

Carr, A. (2004). Positive Psychology: The science of happiness and human strength. UK:

Chauhan, R. R. (2001). Asamanaya Manovigyan. Kurukshetra: Azad Publications.

Chauhan, R. R. (2001). Asamanaya Manovigyan. Kurukshetra: Azad Publications.

DiMatteo, M.R. & Martin, L.R.(2002). Health psychology. New Delhi: Pearson

Dixit, Nirupama (2010). Adhunik Asamanaya Manovigyan. Agra: Aggrawal Pub.

Dixit, Nirupama (2010). Adhunik Asamanaya Manovigyan. Agra: Aggrawal Pub.

Jain, Shashi (2007). Introduction to psychology (4th Ed.).New Delhi: Kalyani.

Jain, Shashi (2007). Introduction to psychology (4th Ed.).New Delhi: Kalyani.

Learning.

Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling.

Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling.

Mohanty, G. (2004). A text book of abnormal psychology. New Delhi: Kalyani.

Neiten, W. & Lloyd, M.A (2007). Psychology applied to Modern life. Thomson Detmar

Routledge.

Sarafino, E.P. (2002). Health psychology: Bio psychosocial interactions (4th Ed.).NY: Wiley.

Singh, L. & Tiwari, G. (2008). Asamanaya Manovigyan. Agra: Vinok Pustak mandir.

Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publication.

Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publication.

Singh, R. N. (2010). Mool manoviganik prakriyaen. Agra: Aggarwal Publication

Singh, R. N. (2010). Mool manoviganik prakriyaen. Agra: Aggarwal Publication

Srivastava, A. (2010). Manovikriti vigyan. Agra: Aggrawal Pub.

Srivastava, A. (2010). Manovikriti vigyan. Agra: Aggrawal Pub.

Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.

Zinta, R. L. (2019). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

BA-II (HONOURS) PSYCHOLOGY (SEC-2)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19 onwards

COURSE: EFFECTIVE DECISION MAKING (BAPSYCHA214TH)

Course Code	BAPSYCHA214TH		
Credits-4	L	T	P
	60	30	0
Course Type	SEC		
Lectures to be Delivered	90		

EFFECTIVE DECISION MAKING (BAPSYCHA214IA) Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

EFFECTIVE DECISION MAKING (BAPSYCHA214TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

EFFECTIVE DECISION MAKING (BAPSYCHA214TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

EFFECTIVE DECISION MAKING (BAPSYCHA214TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS (SEC-2)

EFFECTIVE DECISION MAKING (BAPSYCHA214TH)

UNIT- 1: Introduction: What is decision making? Importance of making good decisions.

UNIT -2: Decisions regarding career. Process of vocational choices/career.

UNIT- 3: Decision making in interpersonal context: Learning about conflict management in interpersonal relations; negotiation in interpersonal conflict, handling difficult people and finding solutions.

UNIT -4: Decision making at the workplace: developing competencies and skills required for effective decision making.

READINGS:

Adler, R.B & Proctor, R.F (2009). Communication Goals and Approaches. Wadsworth Cengage

Chadha, N.K. & Bhatia, H. (2014). Career Development-different voices, different choices. The Education, India.

Learning, India

Readers Paradise: New Delhi.

Sherfield, R.M., Montgomery, R.J., & Moody, P.G. (2009). Developing soft skills. Pearson

Zinta, R. L. & Kumari, S. (2016). Psychology of marriage. New Delhi: Indu Book Services.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

BA-II PSYCHOLOGY GENERIC ELECTIVE COURSES (GE-3)

COURSE: PSYCHOPATHOLOGY (BAPSYCHA215TH/PR)

Course Code	BAPSYCHA215TH/PR		
Credits-4	L	T	P
	60	15	15
Course Type	GE		
Lectures to be Delivered	90		

PSYCHOPATHOLOGY (BAPSYCHA215IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology:

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

PSYCHOPATHOLOGY (BAPSYCHA215TH/PR)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	50	20	3.00 Hrs
Practical	20	8	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

PSYCHOPATHOLOGY (BAPSYCHA215TH/PR)

Unit	Allotted Time Hours		
	L	T	P
I.	15	4	3
II.	15	3	4
III.	15	4	4
IV.	15	4	4
	60	15	15

L-Lecture, T-Tutorial and P-Practical

PSYCHOPATHOLOGY (BAPSYCHA215TH/PR)

Paper Setting Scheme for psychology (Theory Paper) Annual Examination

Parts	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Total Marks
A	9	Complete	Objective Type (MCQ)	9(1 mark each)	9
B	4	Complete	Short answer type (100-150 words)	3(2 marks each)	6
C	2	Complete	Medium answer type (300 words)	2(5 marks each)	10
D	2	Complete	Long answer type 500 words	1(10 mark each)	10
E	2	Complete	Very Long answer type 800 words	1(15 mark each)	15
Total					50

SYLLABUS (GE-3)

PSYCHOPATHOLOGY (BAPSYCHA215TH/PR)

Unit 1: Basic Concepts: Definition and criteria of abnormality; Difference between Normal and Abnormal.

Unit 2: Theoretical perspectives:
Behavioral and psychodynamic.

Unit 3: Clinical status:
Concept of Anxiety disorders-Obsessive compulsive disorder, mood disorders-Unipolar, Bipolar; schizophrenia: Paranoid and Catatonic.

Unit 4: Treatment of disorders:
a) Biological treatment: Electroconvulsive therapy.
b) Psychological treatment: Psychoanalytic therapy and Behaviour therapy.

Readings:

Approach (4th Ed.).Wadsworth: New York.

Barlow D.H. & Durand, V.M. (2005). Abnormal Psychology: An Integrated

Carson,R.C., Butcher, J. N., Mineka, S. & Hooley,J. M. (2008). Abnormal Psychology.

Chauhan, R. R. (2001). Asamanaya Manovigyan. Kurukshetra: Azad Publications.

Davison, G. C. & Neale, J. M. (1998). Abnormal Psychology (7th Ed.). New York: John Wiley.

Dixit, Nirupama (2010). Adhunik Asamanaya Manovigyan. Agra: Aggrawal Pub.

Frude, N. (1998). Understanding abnormal psychology. Oxford: Blackwell

Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling.

Mohanty, G. (2004). A text book of abnormal psychology. New Delhi: Kalyani.

New Delhi: Pearson.

Publishers.

Sarason, I. G. , & Sarason. B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.

Singh, L. & Tiwari, G. (2008). Asamanaya Manovigyan. Agra: Vinok Pustak mandir.

Singh, R. N. (2009). Adhunik Asamanaya Manovigyan. Agra: Aggrawal Pub.

Srivastava, A. (2010). Manovikriti vigyan. Agra: Aggrawal Pub.

Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

BA-II PSYCHOLOGY GENERIC ELECTIVE COURSES (GE-4)

COURSE: STATISTICAL METHODS (BAPSYCHA216TH)

Course Code	BAPSYCHA216TH		
Credits-4	L	T	P
	60	30	0
Course Type	GE		
Lectures to be Delivered	90		

Continuous Comprehensive Assessment (CCA) Pattern in psychology: COURSE: STATISTICAL METHODS (BAPSYCHA216IA)

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

COURSE: STATISTICAL METHODS (BAPSYCHA216TH)

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

STATISTICAL METHODS (BAPSYCHA216TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

STATISTICAL METHODS (BAPSYCHA216TH)

Paper Setting Scheme for psychology (Theory Paper) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70

SYLLABUS (GE-4)
STATISTICAL METHODS (BAPSYCHA216TH)

Unit 1: Measures of central tendency: Mean, Mode and Median for grouped data by any one method.

Unit 2: Standard deviation computation.

Unit 3: Correlation: Types, computation by Pearson method.

Unit 4: Qualitative methods: Interview, observation, case study.

Readings:

Chadha, N.K. (1991). Statistics for Behavioral and Social Sciences. Reliance Pub.

House: New Delhi.

Garrett, H.E. & Woodworth, R.S. (1987). Statistics in Psychology and Education.

Mumbai: Vakils, Feffer & Simons Pvt. Ltd.

Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4th Ed.). New Delhi: Pearson Education.

King, B.M. & Minium, E.W, (2007). Statistical Reasoning in the behavioral Sciences USA: John Wiley & Sons.

Garrett, H. E. (2007). Shiksha aur manovigyan mein sankhyaki ka prayog. New Delhi: Kalyani.

Guilford, J. P. (1954). Psychometric methods. Bombay: Tata McGraw Hill Pub. Co. Ltd.

Jain, Shashi (2007). Introduction to psychology (4th Ed.).New Delhi: Kalyani.

Singh, R. N. (2009). Adhunik samajik Manovigyan. Agra: Aggarwal Publications.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

B. A. PSYCHOLOGY HONOURS-3RD YEAR

BA-III PSYCHOLOGY HONOURS (DSC-11)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19 onwards.

COURSE: HEALTH PSYCHOLOGY (BAPSYCHA317 TH/PR)

Course Code	BAPSYCHA317TH/PR		
Credits-4	L	T	P
	60	15	15
Course Type	Core		
Lectures to be Delivered	90		

HEALTH PSYCHOLOGY (BAPSYCHA317 IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

HEALTH PSYCHOLOGY (BAPSYCHA317 TH/PR)

Annual Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	50	20	3.00 Hrs
Practical	20	8	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

HEALTH PSYCHOLOGY (BAPSYCHA317 TH/PR)

Unit	Allotted Time Hours		
	L	T	P
I.	15	4	3
II.	15	3	4
III.	15	4	4
IV.	15	4	4
	60	15	15

L-Lecture, T-Tutorial and P-Practical

HEALTH PSYCHOLOGY (BAPSYCHA317 TH/PR)

Paper Setting Scheme for psychology (Theory) Annual Examination

Parts	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Total Marks
A	9	Complete	Objective Type (MCQ)	9(1 mark each)	9
B	4	Complete	Short answer type (100-150 words)	3(2 marks each)	6
C	2	Complete	Medium answer type (300 words)	2(5 marks each)	10
D	2	Complete	Long answer type 500 words	1(10 mark each)	10
E	2	Complete	Very Long answer type 800 words	1(15 mark each)	15
Total					50

SYLLABUS (DSC-11)

HEALTH PSYCHOLOGY (BAPSYCHA317TH/PR)

UNIT -1: Introduction to Health Psychology: components of health, relationship between health and psychology, mind and body relationship, goals of health psychology.

UNIT -2: Well-Being: components of well-being: life satisfaction, affect.

UNIT -3: Stress: causes, consequences and coping with stress.

UNIT -4: Health enhancing behaviors: Implications for well-being: psychological factors: resilience, hope, optimism; exercise, safety, nutrition.

Practicum: Students are required to carry out any 1 practical based on the syllabus.

Reading List:

DiMatteo, M.R. and Martin, L.R.(2002). Health psychology. New Delhi: Pearson.

Sarafino, E.P. (2002). Health psychology: Bio psychosocial interactions (4th Ed.).NY: Wiley.

Snyder, C.R., & Lopez, S. J.(2007).Positive psychology :The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.

Taylor, S.E. (2006). Health Psychology (6th Ed.). New York: Tata McGraw Hill.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

BA-III PSYCHOLOGY HONOURS (DSC-12)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19 onwards.

COURSE: ORGANIZATIONAL BEHAVIOUR (BAPSYCHA318TH)

Course Code	BAPSYCHA318TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

ORGANIZATIONAL BEHAVIOUR (BAPSYCHA318IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

ORGANIZATIONAL BEHAVIOUR (BAPSYCHA318TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

ORGANIZATIONAL BEHAVIOUR (BAPSYCHA318TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

ORGANIZATIONAL BEHAVIOUR (BAPSYCHA318TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS DSC-12
ORGANIZATIONAL BEHAVIOUR (BAPSYCHA318TH)

Unit- 1: Introduction: Historical antecedents of Organizational Behaviour; Contemporary Trends and Challenges; Organizational Behavior: Challenges in the Indian Setting;

Unit- 2: Individual level processes; Employee attitudes: Job satisfaction: concept, nature and factors. Work Motivation: Maslow, McClelland, and Two factor theories.

Unit- 3: Dynamics of Organizational Behavior, Organizational Culture: concept, nature and factors.

Unit -4: Leadership: Basic approaches: Trait theories, Behavioral theories, Contingency theories; Contemporary Issues: Inspirational approaches to leadership, Contemporary leadership roles, Challenges to the leadership construct; Indian perspective

Readings:

Chadha, N.K. (2007). Organizational Behavior. Galgotia Publishers: New Delhi. Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley.

Griffin, R.W. & Moorhead, G. (2009). Organizational Behavior: Managing People & Organizations. New Delhi : Biztantra publishers.

Landy, F.J. & Conte, J.M. (2007) Work in the 21st Century: An Introduction to Industrial and Organizational Psychology. New York : Wiley Blackwell.

Luthans, F. (2009). Organizational behavior. New Delhi: McGraw Hill.

Pareek, U. (2010). Understanding organizational behaviour. Oxford: Oxford University Press.

Prakash, A. (2011). Organizational behavior in India: An indigenous perspective. In G. Misra (Ed.), Handbook of Psychology. New Delhi: Oxford University Press.

Robbins, S. P. & Judge, T.A. (2007) Organizational Behavior(12th Ed). New Delhi: Prentice Hall of India.

Schermerhorn, J.R. , Hunt, J.G. & Osborn, R.N. (2008) Organizational Behavior (10th Ed.) New Delhi: Wiley India Pvt. Ltd. Singh, K. (2010). Organizational Behavior: Texts & Cases. India: Dorling Kindersley

Sinha, J.B.P. (2008). Culture and Organizational Behavior

Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.

Zinta, R. L. & Kaur, G. J. (2013). Military personnel psychology. New Delhi: Neha Publications.

BA-III PSYCHOLOGY HONOURS (DSC-13)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

COURSE: UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS (BAPSYCHA319TH)

Course Code	BAPSYCHA319TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS (BAPSYCHA319IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS (BAPSYCHA319TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

**UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS
(BAPSYCHA319TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

**UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS
(BAPSYCHA319TH)**

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70

SYLLABUS DSC-13

UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS (BAPSYCHA319TH)

UNIT-1: Schizophrenia: Clinical Picture, causal factors and subtypes

UNIT-2: Mood Disorders: Clinical Picture, causal factors and subtypes; suicide

UNIT-3: Personality Disorders (Clinical Picture and Dynamics): Antisocial Personality; Disorder and Borderline Personality Disorder; Sexual Disorders (Clinical Picture): Gender Identity Disorder.

UNIT4-: Treatment of disorders: Biological treatment: Pharmacotherapy and Electroconvulsive therapy; Psychological treatment: Psychoanalytic therapy, Behavior therapy and cognitive Behavior therapy.

READINGS:

Barlow D.H. and Durand V.M. (2005). *Abnormal Psychology: An Integrated Approach* (4th Ed.). Wadsworth: New York.

Bennett, P. (2006). *Abnormal and Clinical Psychology: An introductory textbook*. New York: Open University Press.

Brewer, K. (2001). *Clinical Psychology*. Oxford : Heinemann Educational Publishers

Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2008). *Abnormal Psychology*. New Delhi: Pearson.

Kearney, C. A. & Trull, T. J. (2012). *Abnormal Psychology and Life: A dimensional approach*. New Delhi : Cengage learning.

Kring, A.M., Johnson, S.L., Davison G.C. & Neale J.M. (2010). *Abnormal Psychology* (11th Ed.). NY: John Wiley.

Plante, T.G. () *Contemporary Clinical Psychology* John Wiley & Sons.

Riskind, J.H., Manos, M.J. and Alloy, L.B. (2004) *Abnormal Psychology : Current Perspectives*. McGraw Hill

Zinta, R. L. & Kataik, U. (2013). *Fear of success, religiosity and wellbeing*. New Delhi: Neha Publications and Distributors.

BA-III PSYCHOLOGY HONOURS (DSC-14)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2017-18 onwards.

COURSE: COMMUNITY PSYCHOLOGY (BAPSYCHA320TH)

Course Code	BAPSYCHA320TH		
Credits-4	L	T	P
	60	30	0
Course Type	DSC		
Lectures to be Delivered	90		

COMMUNITY PSYCHOLOGY (BAPSYCHA320IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

COMMUNITY PSYCHOLOGY (BAPSYCHA320TH)

Annual Examination System

Components	Maximum Allotted Marks	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

COMMUNITY PSYCHOLOGY (BAPSYCHA320TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

COMMUNITY PSYCHOLOGY (BAPSYCHA320TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS (DSC-14)

COMMUNITY PSYCHOLOGY (BAPSYCHA320TH)

UNIT-1: Introduction: Definition of community psychology; types of communities; models.

UNIT-2: Core values: Individual and family wellness; sense of community; respect for human diversity; social justice; empowerment and citizen participation; collaboration and community strengths.

UNIT-3: Health promotion: process of community organization for health promotion, importance. Community program for: child and maternal health, physical challenged and old age in the Indian context.

UNIT-4: Interventions: community development and empowerment; case studies in Indian context.

READINGS:

Banerjee, A., Banerji, R., Duflo, E., Gleneske, R., & Khenani, S. (2006). Can Information Campaign start local participation and improve outcomes? A study of primary education in Uttar Delhi : Sage Publication.

Fetterman, D.M., Kaftarian, S.J. & Wandersman, A (Eds)(1996) Empowerment Evaluation, New Kindersley (India) Pvt Ltd. Pearson Education.

Kloos B. Hill, J Thomas, Wandersman A, Elias M.J. & Dalton J.H. (2012). Community and Practice. Sage Publication, New Delhi.

McKenzie, J. F. Pinger, R. R. & Kotecki, J. E. (2005). An introduction to community health.

Misra, G. (Ed). (2010) Psychology in India. Indian Council of Social Science Research. Dorling

Poland, B. D., Green, L.W. & Rootman, I.(2000) Setting for Health Promotion: Linking Theory Pradesh, India, World Bank Policy Research, Working Paper No.3967

Psychology: Linking Individuals and Communities, Wadsworth Cengage Learning.

United States: Jones and Bartlett Publishers.

Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publications.

Zinta, R. L. (2019). Psychology: Cannon for budding brain. New Delhi: Indu Book Services.

BA III PSYCHOLOGY HONOURS(DSE-1)

COURSE: PSYCHOLOGY AT WORK (BAPSYCHA321TH)

Course Code	BAPSYCHA321 TH		
Credits-4	L	T	P
	60	30	0
Course Type	DSE		
Lectures to be Delivered	90		

Continuous Comprehensive Assessment (CCA) Pattern in Psychology: PSYCHOLOGY AT WORK (BAPSYCHA321IA)

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

PSYCHOLOGY AT WORK (BAPSYCHA321TH)

Components	Maximum Marks Allotted	Minimum Marks	Pass	Time Allotted
Theory	70	28		3.00 Hrs
CCA	30	12		3.00 Hrs
Total	100	40		

PSYCHOLOGY AT WORK (BAPSYCHA321TH)

Allotted Time

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

PSYCHOLOGY AT WORK (BAPSYCHA321TH)

Paper setting scheme for Psychology (theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70

SYLLABUS-DSE-1 PSYCHOLOGY AT WORK (BAPSYCHA321TH)

Unit -1: Introduction to I/O Psychology: Definition, Brief History, Contemporary Trends and Challenges, I/O Psychology in India.

Unit -2: Work Motivation: Concept, Factors and Outcomes.

Unit-3: Communication in Organizations: Communication process, purpose of communication in organizations, communication networks, barriers to effective communication, managing communication.

Unit-4: Leadership: The meaning of leadership, early approaches to leadership, contemporary approaches to leadership-Transformational & Transactional Leadership; Leadership in a Globalized World, Indian perspective on leadership.

READING LIST:

Adler, N.J. (1997). Global Leaders; A Dialogue with future history, *Journal of International Management*, 2, 21-33.

Adler, N.J. (1997). Global Leadership: Women Leaders. *Management International Review*, Vol. 37, *International Human Resources and Cross Cultural Management*, 171-196.

Chadha, N.K. (2007). *Organizational Behavior*. Galgotia Publishers: New Delhi.

Greenberg, J. & Baron, R.A. (2007). *Behaviour in Organizations* (9th Ed.). India: Dorling Kindersley

Griffin, R.W. & Moorhead, G. (2009). *Organizational Behavior: Managing People & Organizations*. Biztantra publishers

Robbins, S. P. & Judge, T.A. (2007). *Organizational Behavior*. 12th Edition. New Delhi: Prentice Hall of India.

Robbins, S. P. & Judge, T.A. (2008). *Essentials of Organizational Behavior*. 9th Edition. New Delhi: Prentice Hall of India.

Singh, K. (2010). *Organizational Behavior: Texts & Cases*. India: Dorling Kindersley

Zinta, R. L. (2010). *Psychology manual*. New Delhi: HG Publication.

Zinta, R. L. & Kaur, G. J. (2013). *Military Personnel Psychology*. New Delhi: Neha Publications.

Zinta, R. L. (2018). *Psychology: Cannon for Budding Brain*. New Delhi : Indu Publishers and Distributors.

BA-III PSYCHOLOGY HONOURS (DSE-2)

COURSE: INTER GROUP RELATIONS (BAPSYCHA322TH)

Course Code	BAPSYCHA322 TH		
Credits-4	L	T	P
	60	30	0
Course Type	DSE		
Lectures to be Delivered	90		

Continuous Comprehensive Assessment (CCA) Pattern in Psychology: INTER GROUP RELATIONS (BAPSYCHA322IA)

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

INTER GROUP RELATIONS (BAPSYCHA322TH)

Components	Maximum Marks Allotted	Minimum Marks	Pass	Time Allotted
Theory	70	28		3.00 Hrs
CCA	30	12		3.00 Hrs
Total	100	40		

INTER GROUP RELATIONS (BAPSYCHA322TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

INTER GROUP RELATIONS (BAPSYCHA322TH)

Paper setting scheme for psychology (theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS DSE-2

INTER GROUP RELATIONS (BAPSYCHA322TH)

UNIT-1. Nature of intergroup relations: Cooperation vs. competition; Classical study of Robbers cave experiment; Realistic conflict theory.

Unit-2. Social categorization and conflict: In-group vs. out-group; Consequences of social categorization: Cognitive biases & stereotypes, conflict and social categorization.

Unit-3. Cultural aspects of intergroup relations: Social identity, Stereotypes, case studies in the Indian context.

Unit-4. Resolving intergroup conflict: Intergroup contact; Promoting intergroup cooperation; Conflict management strategies.

READINGS:

Baron, R.A., Branscombe, N.R. Byrne, D & Bhardwaj, G. (2009) Social Psychology New Delhi: Pearson.

Keyton, J.(2006) Communicating group-building relationship in group effectiveness. New York: Oxford University Press.

Smith, P.B. Bond, M.H. & Kagitchibasi, C. (2006) Understanding social psychology across culture. New Delhi: Sage Publications.

Zorsyth, D.R. (2009) Group dynamics Broke/Cole: Wadsworth.

BA-III PSYCHOLOGY HONOURS (DSE-3)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

COURSE: EMOTIONAL INTELLIGENCE (BAPSYCHA323TH)

Course Code	BAPSYCHA323TH		
Credits-4	L	T	P
	60	30	0
Course Type	DSE		
Lectures to be Delivered	90		

EMOTIONAL INTELLIGENCE (BAPSYCHA323IA)

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the Annual examination.

EMOTIONAL INTELLIGENCE (BAPSYCHA323TH)

Annual Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	3.00 Hrs
Total	100	40	

EMOTIONAL INTELLIGENCE (BAPSYCHA323TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

EMOTIONAL INTELLIGENCE (BAPSYCHA323TH)

Paper Setting schemes for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

SYLLABUS DSE-3

EMOTIONAL INTELLIGENCE (BAPSYCHA323TH)

Unit -1: INTRODUCTION: Emotional Intelligence, Models of Emotional Intelligence, EQ competencies: self-awareness, self-regulation, motivation, empathy, and interpersonal skills, Importance of Emotional Intelligence

Unit -2: KNOWING ONE'S AND OTHERS' EMOTIONS: Levels of emotional awareness: Recognizing emotions in oneself, The universality of emotional expression, Perceiving emotions accurately in others

Unit -3: MANAGING EMOTIONS: The relationship between emotions, thought and behavior,

UNIT- 4: Techniques to manage emotions at family, peer groups and Workplace.

READINGS:

Bar-On, R., & Parker, J.D.A.(Eds.) (2000). The handbook of emotional intelligence. San Francisco, California: Jossey Bros.

Goleman, D. (1995). Emotional Intelligence. New York: Bantam Book.

Goleman, D. (1998). Working with Emotional Intelligence. New York: Bantam Books.

Singh, D. (2003). Emotional intelligence at work (2 nd ed.) New Delhi: Response Books.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

DSE-4

PROJECT REPORT (BAPSYCHA320)

NOTE: THE STUDENTS HAVE TO WRITE THE PROJECT REPORT FROM ANY OF THE TOPIC STUDIED IN BA HONOURS PSYCHOLOGY. THE PROJECT REPORT WILL BE OF 100 MARKS WITH 6 CREDITS AND THE MINIMUM QUALIFYING MARKS FOR THE SAID REPORT WILL BE OF 40.