



*National Cadet Corps  
St. Bede's College, Shimla*

## NCC ACTIVITIES 2019-2020:

### 1HP Naval Unit NCC, Bilaspur

#### Mega Population Awareness Pakhwada

13<sup>th</sup> July 2019:

The cadets participated in the “Mega Population Awareness Pakhwada” and participated in:

- A debate on Mega Population.
- A Nukkad Natak on the same theme.

The program ended with the quote, “It starts with one earth, with one awakening, with one person, with one choice, with one action with one initiative, with one community and with one mind.”



*8 cadets participated in the “Mega Population Awareness Pakhwada”*



## Tree Plantation

23<sup>rd</sup> July 2019:

The cadets planted BLUE PINE (*Pinus wallichiana*) and HORSE CHESNUT (*Aesculus indica*) tree plants at Bhattakufar, Shimla in association with the NSS unit of St. Bede's College and the Forest Department of Shimla, H.P.



## Kargil Vijay Divas

26<sup>th</sup> July 2019:

The 20th Kargil Vijay Divas was celebrated at St. Bede's College to honour the martyrdom and valor shown by the Indian Army during the Kargil War of 1999. The College Principal was escorted by Cadet Pooja Singh and Cadet Pallavi Sharma and this was followed by a special power point presentation by Cadet Anushka Tomar. The 1st year students performed a skit on Capt. Vikram Batra depicting how he succeeded in capturing Point 4875. The function ended with vote of thanks by PO Cadet Zeenat Brar.



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**Entrance exam**

3<sup>rd</sup> July 2020:

An entrance exam was conducted for the college students by the NCC unit in which out of 50 students, 30 students were shortlisted.





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### **Interview by Commanding Officer**

1<sup>st</sup> August 2019:

The Commanding Officer Monica Singh visited the college for the final selections on the basis of written and physical tests and interviews. The candidates were given 15 marks written exam followed by a physical test. Out of 30 shortlisted students, 20 were selected and interviewed by the Commanding Officer Monica Singh. Out of 20 students 12 were finally selected.





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## Swachh Bharat Internship Summer

3<sup>rd</sup> August 2019:

Under Swachh Bharat Internship Summer four activities were performed within a span of 50 hours.

- Promotion of Compost Pit
- Plastic Free Zone
- Door to door Campaign
- Awareness Campaign on Waste Management





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## **Tree Plantation**

23<sup>rd</sup> August 2019:

During a tree plantation drive, the cadets planted Kaner (*Nerium* sp) at Navbahar, Shimla in association with the NSS Unit of St. Bede's College and the Forest Department of Shimla.





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**Awareness Raising Programme on HIV/AIDS**

26<sup>th</sup> August 2019:

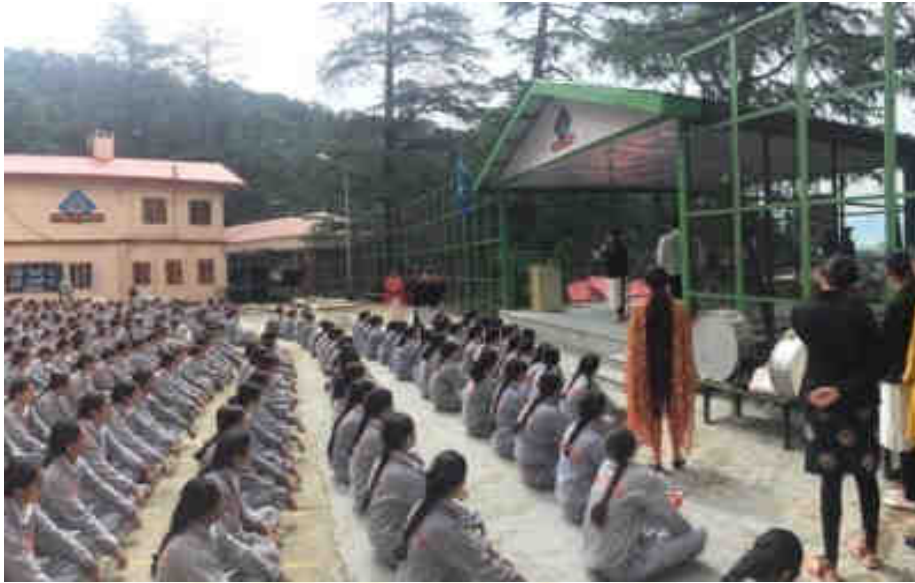
The Cadets of St. Bede's College, gave a presentation on HIV/AIDS in two schools, Portmore and Bharari Govt. schools. The first presentation was given by Cdt. Sasha Seli, Cdt. Pronatti Wylie and Cdt. Bhakti Nehraik while the second presentation was given by Cdt. Chavi Tewari, Cdt. Arundhati Chandel, Cdt. Isha Seli and Cdt. Ankita Jamwal. Lastly, questionnaires were distributed to the students to check the effectiveness of the campaign.



*Awareness Raising Programme on HIV/AIDS by 7 cadets at Bharari Govt. School*



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*Awareness Raising Programme on HIV/AIDS by 7 cadets at Portmore School*

## **Polybrick Initiative**

11<sup>th</sup> September 2019:

To promote the harmful effects of plastic disposal and around the cadets of St. Bede's college decided to collect plastic wrappers inside plastic bottles which could be used for making retaining walls. The Health Department and MC, Shimla acknowledged the efforts of the Cadets and entitled them as, "PIONEERS OF THIS GOVERNMENT INITIATIVE." The Chief Health Officer and the Commissioner (MC) highly appreciated the Cadets and invited them on 2nd October, 2019 at Ridge for felicitation.



*Polybrick Initiative Started by 20 Cadets in order to make Environment Clean*





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## **Training Class**

12<sup>th</sup> September 2019:

A training class was conducted by Mr. Puneet Kumar training officer 1HP Naval Unit NCC Bilaspur which was attended by the NCC cadets of the college.



## **Inspection by Commanding Officer**

13<sup>th</sup> September 2019:

The Commanding Officer Lt.Col. D.S Thakur visited the campus for a routine inspection where he interacted and motivated the newly enrolled cadets.



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## **Inaugural Ceremony and Mass Pledge**

17th September 2019:

The NCC Unit of 1 HP Naval Unit, Bilaspur inaugurated a Swachhta Pakhwada at St. Bede's College. The cadets removed the posters, pamphlets and bills sticking on the fence of the college and also picked the litter lying outside and inside the college premises. The students and teachers also took pledge to make Shimla plastic free.





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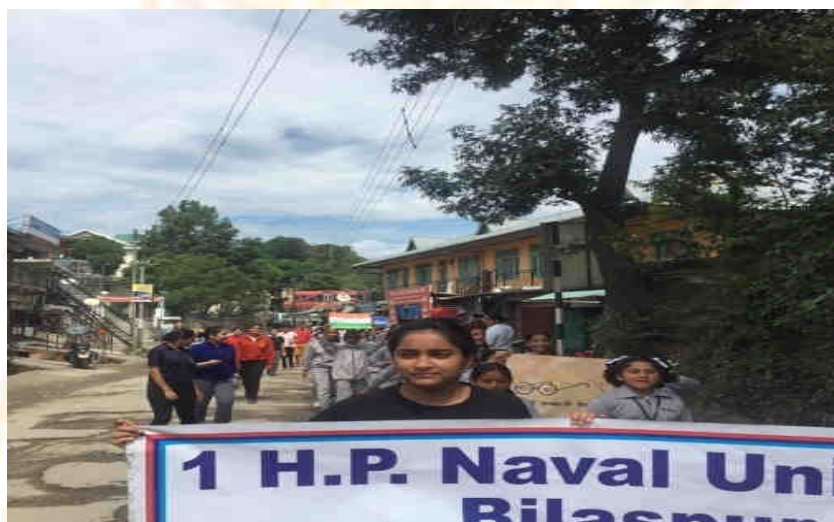
## Mass Awareness Rally Phase I

18<sup>th</sup> September 2019:

An awareness rally related to Swachhta was conducted at the adopted village Halog, Dhami in which NCC cadets took along the students of Dhami Public school and together they raised slogans of Swachh Bharat to create awareness.



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*13 Cadets Participated in an Awareness Rally related to Swachhta at Halog, Dhani*

## **Mass Mobilization Including MC**

19<sup>th</sup> September 2019:

The cadets of St. Bede's College in collaboration with Municipal Corporation, Shimla engaged and motivated a wide range of partners and allies at national and local levels to raise awareness through a Nukkad Natak emphasizing the new initiatives taken by MC, Shimla to keep Shimla green and clean.





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## Lecture on the Topic Swachhta

20<sup>th</sup> September 2019:

The CTO Dr. Shweta Thakur delivered lecture on 'hazardous effect of polythene on ecosystem' under Swachh Bharat Abhiyan. She also explained how the plastic waste can be made into some resourceful products. On the same day, a competition on the theme "Best out of waste" was held where cadets made useful items from plastic. Three best cadets were shortlisted to be rewarded on the NCC day.



**Nukkad Natak Phase I: Theme "Cleanliness, an Individual's Responsibility"**





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21<sup>st</sup> September 2019:

Nukkad Natak Phase I was performed at St. Bede's College, Bharari Government school and Govt. Model Senior Secondary Portmore School (Shimla). The Cadets performed a Nukkad Natak on Cleanliness, an individual's responsibility depicting the role of an individual under Swachh Bharat Mission.



**Govt. Sr.Secondary School, Portmore**



**Govt School Bhrari.**

## **Cleaning of Statues, Public Parks and Historical Monuments**

23<sup>rd</sup> September 2019:



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The cadets went on a cleaning spree and cleaned Old Age Park (IGMC road), Children park (Sanjauli), Open Gym Park (Navbahar), Rani Jhansi park (Mall Road) and Daulat Singh Park (The Ridge) Indira Gandhi Statue, Ridge, Mahatma Gandhi Statue, Lala Lajpat Rai (Scandal Point), Rani Jhansi Statue (Mall Road) Dr Yashwant Singh Parmar statue (Daulat Singh Park the Ridge) and the areas in and around Heritage monument Christ Church.







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## **Mass Awareness Rally Phase II**

24<sup>th</sup> September 2019:

A door to door campaign on Segregation of waste into biodegradable and non-biodegradable category was carried out by the NCC cadets at North Oak (Sanjauli), Rocky Knob (Upper Shangti area) and Forest Road, Navbahar (Shimla) under Swachh Bharat Abhiyan. The residents were asked to fill the questionnaires to find out whether they are aware of the five R's i.e. Refuse, Reduce, Reuse, Recycle, Rot, and waste segregation.



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*13 Cadets participated in Door to Door Campaign at different places of Shimla region*

### **Quiz Competition at St. Bede's College**

25<sup>th</sup> September 2019:

A Quiz competition on Swachh Bharat Mission and the role of an individual towards this mission was conducted in the college auditorium, in which all the teachers and students actively participated.





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### **Cleaning of Local PHC at Dhami.**

26<sup>th</sup> September 2019:

The cadets made people of Genichi, Dhami aware about cleanliness of their Anganwadi centers. The cadets along with the villagers cleaned the Anganwadi centers and PHC at Dhami. The cadets also helped in immunization programmes.



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प्रमाणित किया जाता है कि सेंट बिडस कोलेज की एन.सी.सी की छात्र कुमारी छुवी तिवारी अपने तीन साथियों के साथ हमारे आंगनवाड़ी में आई और हमारी मदद करने का प्रस्ताव रखा। इसे हमारी पूर्ण रूप से मदद भी करी।

*Shimla*  
A.W.W Halog Dhani.

## **Nukkad Natak Phase II at Ridge and Town Hall**

27<sup>th</sup> September 2019:

The Cadets performed a Nukkad Natak on Segregation of Waste at Amphitheatre (The Ridge) and Town Hall, Shimla under Swachh Bharat Mission.





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## Cleaning of St. Bede's College Campus

28<sup>th</sup> September 2019:

NCC cadets collected plastic from the college campus in plastic bottles which could be used for making retaining walls. The cadets inspected the college canteen and hostel mess and urged them to restrict the use of plastic and make the college campus plastic free.



## Plastic Free Campus

30<sup>th</sup> September 2019:

The cadets of St. Bede's College collected plastic, wrappers of chips and sweets in plastic bottles from the college campus area and deposited them in the office of Municipal Corporation. The bottles collected shall be used for making retaining walls by MC.





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*20 Cadets contributed towards making St. Bede's College Plastic Free*

## **Grand Finale at Ridge**

2<sup>nd</sup> October 2019:

THE NCC UNIT OF 1HP NAVAL UNIT NCC BILASPUR with CTO Dr. Shweta Thakur were invited to the State Event commemorating the 150th Birthday of Mohandas Karamchand Gandhi. The cadets were felicitated by the Hon'ble Chief Minister of HP - Shri Jairam Thakur for actively participated in the Poly Brick Initiative of MC Shimla in which the masses were asked to collect the used plastic in plastic bottles for which they would be given Rs. 75 for every 1 KG.



# National Cadet Corps St. Bede's College, Shimla

jairamthakurhimachal



774 likes

jairamthakurhimachal "गंदगी से घृणा करें, प्रण लें- न ही हम गंदगी फैलाएंगे और न ही किसी को गंदगी फैलाने देंगे" गांधी जयंती के... more

**Poly Brick Scheme**

An initiative recently taken by MC Shimla in which it has been made mandatory for all officers/officials working in the Corporation, is the "Poly Brick," whereby the used plastic bottles shall serve a reservoir for all used plastic bags/ wrappers/ packets etc. which would restrict the used plastic waste generated, thus preventing its widespread dispersal causing disfigurement of the environment. This initiative was also shared with the Education Department exhorting them to join hands with the Corporation and extend this drive to all educational institutions in MC Shimla, since it is expected that inculcation of these good practices amongst our juveniles would help in conserving environment and preserving the beauty of this hill town for the sake of future generations, besides protecting them against the health hazards of littered plastic waste.







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*Cadets being felicitated by Hon'ble Chief Minister of HP - Shri Jairam Thakur.*

### **Seminar Organized by the MC Shimla on Disaster Management.**

11<sup>th</sup> October 2019:

The NCC students were invited for a seminar organized by the MC Shimla on Disaster Management. They participated in a workshop organised by the Himachal Pradesh Disaster Management Authority.





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**Poster Making Competition on the topic "Clean India of My Dreams " at Dhami Public School**

20<sup>th</sup> October 2019:

The cadets of 1HP NCC unit Bilaspur of St. Bede's College went to Dhami Public School to conduct a poster making competition on the topic "Clean India of my dreams ", The first three winners of the competition were acknowledged with gifts while the 4th 5th and 6th position holders were given chocolates.



*Volunteer Services offered by 4 Cadets at Dhami Public School*





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## **NCC Day Celebration: Drill**

6<sup>th</sup> November 2019:

NCC day was celebrated at St. Bede's College, Shimla in two phases. A drill was conducted by the Cadets. The commander of the drill was Cadet Pallavi Sharma. The drill was inspected by the college principal Ms. Nandini Pathania.



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### **NCC Day Celebration: Felicitation of the Cadets**

7<sup>th</sup> November 2019:

During the NCC Day the cadets who had participated in various events conducted by NCC unit were felicitated by the chief guest Mr. V.K. Sanoria, Associate Professor, Physics, St. Bede's College. A patriotic song was presented by the cadets which was followed by presentation on NCC activities





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by Cadet Anushka Sharma and Cadet Chavi Tewari. CTO Dr. Shweta Thakur, Ms. Anuja Sharma, Dr. Shramja Munjal congratulated the cadets for the event.



**Poster Making Competition on the topic "Clean India of My Dreams " at St. Bede's College**

21<sup>st</sup> November 2019:



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A poster making competition was conducted on the topic "Clean India of my dreams ".The competition was open to all the students of St. Bede's College. The enthusiasm of the students was commendable.



**Cleanliness Drive: Theme, “Mera Shehar Saaf Ho Isme Sabka Haath Ho”**

13<sup>th</sup> December 2019:

A cleanliness drive was inaugurated with the theme, “Mera Shehar Saaf Ho Isme Sabka Haath Ho”. They cleaned the areas in and around the college. The main focus of the drive was on ONE INDIVIDUAL MAKING A DIFFERENCE.







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**Talk on “Green City, Clean City My Dream City at Dhami**

**15<sup>th</sup> December 2019:**

A talk on “Green City, Clean City My Dream City.” was conducted, at Dhami Public School, Shimla. The students of the school interacted with great enthusiasm and gave suggestions to keep the environment clean.





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**AIATC, Ezhimala, Kannur, Kerela**

9<sup>th</sup> January 2020:

In January 2020, two cadets PO Cadet Zeenat Brar and Cadet Gargi Sud of St. Bede's College attended AIATC held in Kerala. The camp was conducted at the Indian Naval Academy, Ezhimala, Kannur, Kerela from 9<sup>th</sup> Jan 2020 to 20 Jan 2020. Commander MP Ramesh was the camp commandant for this camp. The cadets participated in group dance, and tug of war, boat pulling and drill competitions. They also participated in the cultural program which was organised in INA Ramanujan auditorium. They visited the Indian Naval Academy as well.







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## **Awareness Raising Campaign at IGMC, Shimla**

9<sup>th</sup> February 2020:

The cadets cleaned the areas in and around IGMC Hospital under the theme 'ONE INDIVIDUAL MAKING A DIFFERENCE'.



*12 Cadets contributed their services towards Awareness Raising Campaign at IGMC, Shimla*

## **Mass Awareness Cleanliness and Hygiene Rally**

13<sup>th</sup> February 2020:

The cadets of St. Bede's college, Shimla went for the mass awareness cleanliness rally to spread awareness on the hazards of litter on our water ecosystem. The cadets distributed pamphlets in order to spread awareness regarding water conservation, water cleanliness and hygiene.



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# CLEANLINESS AND HYGINE

## - AWARENESS TIPS -

### • HEALTH IS EQUAL TO WEALTH:

A HOUSE WHICH IS CLEAN REPRESENTS THE GOOD HEALTH OF THE PEOPLE STAYING IN THAT HOUSE. KEEPING YOUR SURROUNDINGS CLEAN IS NOT ONLY BENEFICIAL FOR YOU BUT IT WILL ALSO HELP OTHERS TO BREATHE WELL AND IT WILL SET AN EXAMPLE FOR THEM TO HAVE A CLEAN SURROUNDING.

### • DIRTY SURROUNDINGS BRING OUT MANY DISEASES:

THE MAIN REASON OF CAUSING DISEASES ARE OUR DIRTY AND UNHEALTHY SURROUNDINGS - SUCH AS DRAINS AND IT IS ALSO SAID CLEANLINESS IS NEXT TO GODLINESS. THE DISEASES ALSO PASS FROM ONE PERSON TO ANOTHER THROUGH MOSQUITOES, THAT ARE SPREAD THROUGH DIRTY SURROUNDINGS.

### • CHANGE OF HABITS:

MAKE A POINT TO SET ASIDE 10 MINS. A DAY TO CLEANING AND TIDYING YOUR SURROUNDING AND HOUSE. WALK AROUND YOUR SOCIETY FOR FEW MINS. AND FOR SURE YOUR EYES WILL FALL ON SOMETHING THAT COULD BE CLEANER OR BETTER ARRANGED. THIS HABIT COULD BE CLEAN OR BETTER ON PURSUIT OF TIDYNESS.





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*12 Cadets participated in Mass Awareness Cleanliness Rally*

**Talk on “Save the environment by Preserving our Water Resources” at St. Bede’s College**

20<sup>th</sup> February 2020:

A talk was conducted, on the theme “Save the environment by preserving our water resources.” The students of the college also interacted with the cadets with great enthusiasm and gave their suggestions on preservation of water resources.





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### Curfew Awareness

20<sup>th</sup> March 2020:

Cadets made people aware about the Janta curfew through various social media platforms.



### AAROGYA SETU APP

21<sup>st</sup> April 2020:

All the cadets downloaded the Aarogya Setu app and encouraged others also.

