



## **NCC ACTIVITIES 2020-2021**

### **NCC UNIT, ST. BEDE'S COLLEGE UNDER 1HP NAVAL UNIT BILASPUR**

#### **Tree Plantation**

15<sup>th</sup> July 2020:

No. of Cadets Participated: 20

A tree plantation drive was conducted. The cadets planted several saplings in their nearby areas keeping in mind the COVID-19 norms. A total of 40 saplings were planted.



BLACK CHERRY TREE (PRUNUS SEROTINA)



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*St. Bede's College, Shimla*

**Be Vocal about Local Activity: Boycott Chinese Products**

4<sup>th</sup> -13<sup>th</sup> August 2020:

No. of Cadets Participated: 20

The cadets of St. Bede's college under 1 HP Naval Unit, NCC Bilaspur performed various activities in order to spread awareness about, "Be Vocal about Local." The cadets performed activities like writing poems, making e-posters, videos, writing slogans, mass awareness, social media awareness, etc for boycotting Chinese products.





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**Some alternative that can be used instead of Chinese Apps**

**Chinese Mobile Apps**

Share with your Friends and Relatives

Chinese Apps	Alternative Mobile Apps	
✗ UC Browser	✓ Jio Browser	✓ Firefox
✗ Shareit, Xender	✓ Jio Switch	✓ Files by Google
✗ Zoom App	✓ Say Namaste	✓ Microsoft Team
✗ Cam Scanner	✓ Adobe Scan	✓ Microsoft Lens
✗ Club Factory	✓ Flipkart	✓ Tata Cliq
✗ TikTok, Hello, Like	✓ Roposo	✓ Mitron
✗ U-Dictionary	✓ English Hindi Dictionary	✓ YouTube/Insta
✗ Parallel Space	✓ App Cloner	✓ Clone App - App Cloner & Dual App
✗ Viva Video	✓ Photo Video King Maker	✓ Power Director
✗ Beauty Plus	✓ Light Photo Editor	✓ Beauty & Filter Camera

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**Best Alternatives**

#makeinindia  
#aatmanirbharbharat



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## Yoga Awareness

20<sup>th</sup>- 27<sup>th</sup> August 2020:

No. of Cadets Participated: 12

The Cadets of St. Bede's college under 1 HP Naval Unit, NCC Bilaspur performed various activities under the Fit India movement. Activities like making yoga asanas tutorial video, performing various yoga asanas and explaining the importance of the same to family and friends, making e-posters, social media awareness, mass awareness, performing various house chores, etc were carried out by the Cadets.



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## **Freedom Run**

22<sup>nd</sup> August-2<sup>nd</sup> October 2020:

No. of Cadets Participated: 12

"Freedom Run Movement" was conducted by the cadets of St. Bede's College and took part in their hometowns.





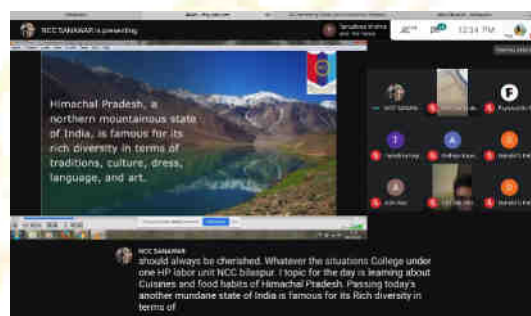
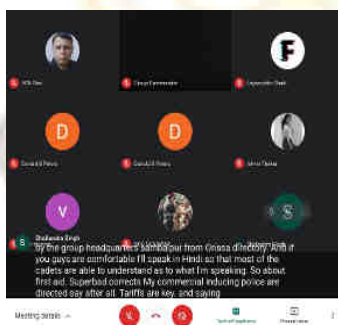
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### Ek Bharat Shrestha Bharat

1<sup>st</sup> – 6<sup>th</sup> October 2020:

PO Cdt Chavi Tewari attended the online EBSB camp. She also participated in the quiz competition and also made a PPT on, “Food and Cuisine Habits of Himachal Pradesh”.



### DGNCC Activities

1<sup>st</sup> – 15<sup>th</sup> October 2020:



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No. of Cadets Participated: 12

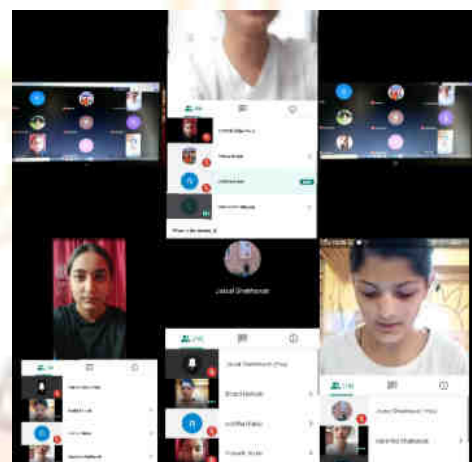
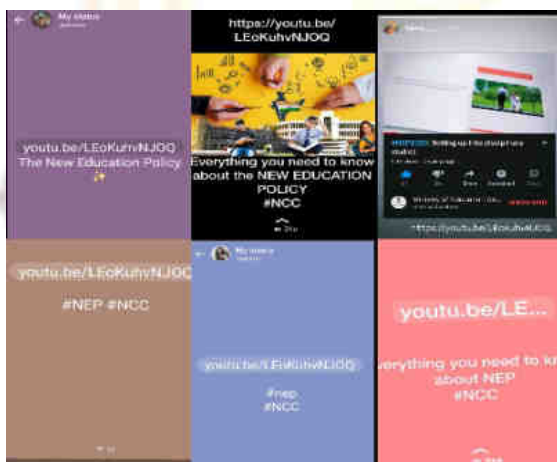
The cadets made posters, filled up the feedback forms and wrote the articles for DGNCC.



## NEP Awareness

2<sup>nd</sup>– 23<sup>rd</sup> October 2020:

The Cadets of St. Bede's College conducted of webinars, participated in mass awareness programmes, made e-posters, video clips and posted on the YouTube channel in order to spread awareness about the NEP.







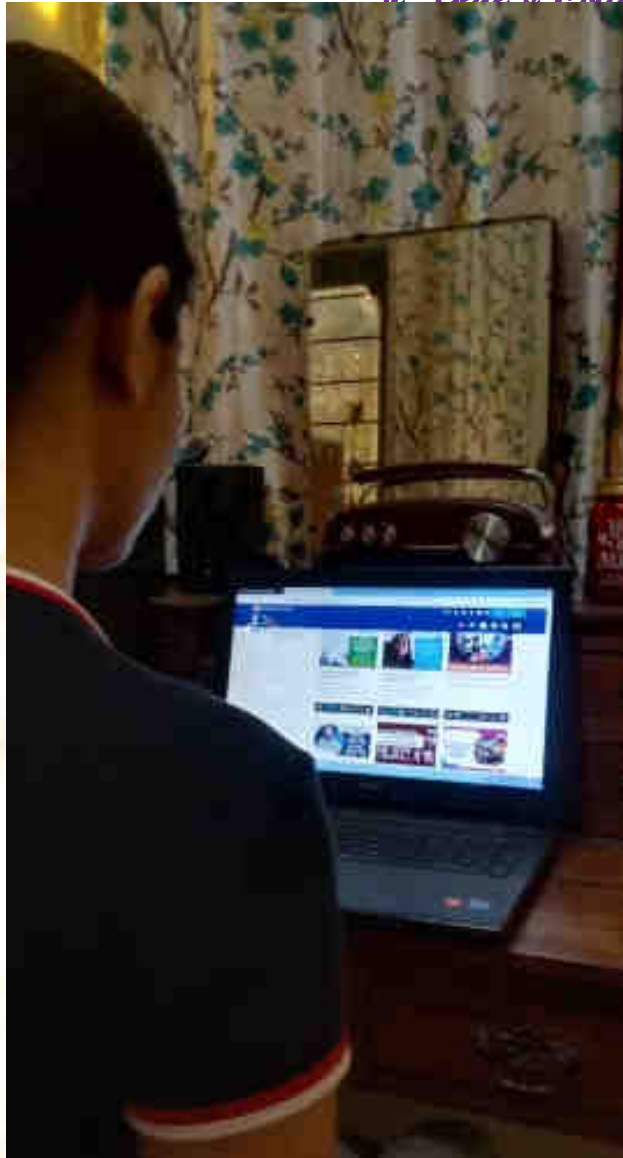
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## **Constitution Day Celebration**

23<sup>rd</sup> October 2020:

The cadets of St. Bede's college wrote articles and poems on 15 different topics like Constitution day, Ek Bharat Shreshth Bharat, Jal Shakti, Fit India, etc.





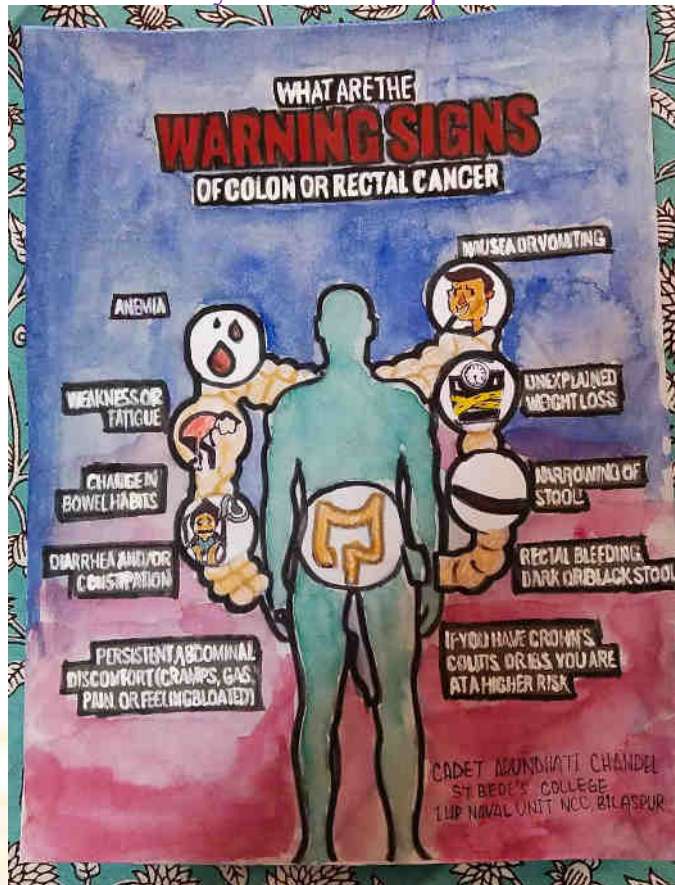
## **Cancer Awareness Program**

7<sup>th</sup> November 2020:

On the National Cancer day, the cadets of St. Bede's college wrote articles on 12 different types of cancers explaining their symptoms, precautions, causes,



prevention, treatment. They also made e-posters and a video on the same.





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**Breast cancer**

Breast cancer is cancer that forms in the cells of

**Early detection saves lives**

"Don't let breast cancer take away the motivation to achieve your dreams."

**What can I do to reduce risk of breast cancer?**

- Limit alcohol.
- Don't smoke.
- Control your weight.
- Be physically active.
- Breast-feed.
- Limit dose and duration of hormone therapy.
- Avoid exposure to radiation and environmental pollution.

Fight for your life because you're better than cancer.

Breast cancer is the most common cancer found in women, regardless of race or ethnicity.

One in eight women are diagnosed with breast cancer during their lifetime.

Although more prevalent in women, breast cancer can also affect men.

**Cadet. Ankita Jamwal  
St. Bede's college, Shimla  
1 HP Naval Unit NCC,  
Bilaspur.**

## Plantation Drive

25<sup>th</sup> November 2020:

A tree Plantation drive was conducted by the cadets under which they planted various saplings in their nearby areas.

No. of Cadets Participated: 12



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### Constitution Day Campaign

17<sup>th</sup> November- 13<sup>th</sup> December 2020:

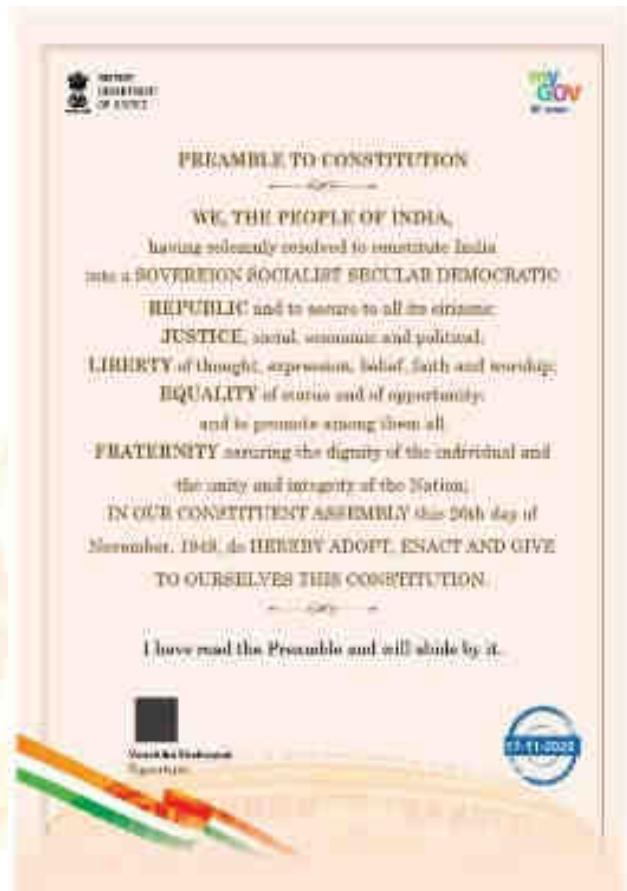
No. of Cadets Participated: 12

The cadets performed the following activities under the Constitution day campaign. Constitution day, pledge taking, making handmade poster, e-posters, social media awareness, mass awareness, etc.





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## Earth Conservation Awareness

14<sup>th</sup> December 2020:

The cadets made E-posters on the topic “THE EARTH IS WHAT WE ALL HAVE IN COMMON, LETS KEEP IT CLEAN.” Essays were also written on cleanliness.





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## Swachhta Campaign

31<sup>st</sup> December 2020:

The cadets performed various activities under Swachhta Campaign keeping into account COVID-19 protocol. The activities performed by the cadets were: Statue Cleaning, Mass Awareness on Cleanliness, Poster Making.



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Cleaning of Indira Gandhi Statue.



Interactive awareness about Cleanliness



Holding Cleanliness Posters/Banners.

## Swachhta Activities

1<sup>st</sup>-7<sup>th</sup> January 2021:

The cadets of St. Bede's College, Shimla under 1 HP Naval Unit NCC Bilaspur performed the following activities under the Swachhta campaign keeping in mind all the COVID-19 norms. The cadets made sure to wear proper masks while performing all the activities. The activities that the cadets performed are as follows:

- Cleaning of public statues
- Poster making
- Interactive awareness





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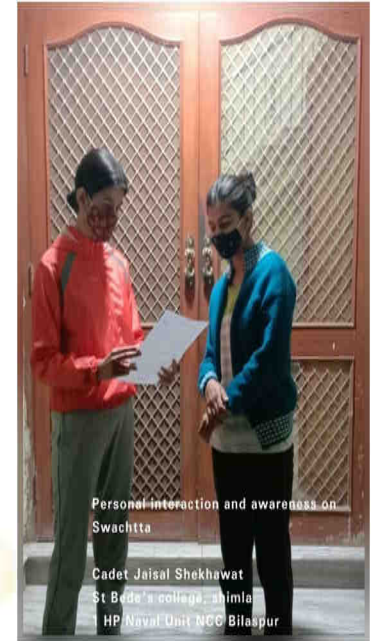


Statue Cleaning of  
Shaeed Lt. Shri  
Madan Lal Dhingra  
Panipat, Haryana

Cadet Ananya  
Dhingra  
St Bede's  
College, Shimla  
1 HP Naval Unit  
NCC Bilaspur



Holding cleanliness  
banner / poster



Personal interaction and awareness on  
Swachhta

Cadet Jaisal Shekhawat  
St Bede's college, Shimla  
1 HP Naval Unit NCC Bilaspur

## Swachhta Activities

8<sup>th</sup>-14<sup>th</sup> January:

The Cadets of St. Bede's college under 1 HP Naval Unit NCC, Bilaspur performed various activities under the Swachhta Campaign following all COVID-19 norms. The activities performed were cleaning of public statues, making posters and banners depicting cleanliness and its importance and interactive awareness.



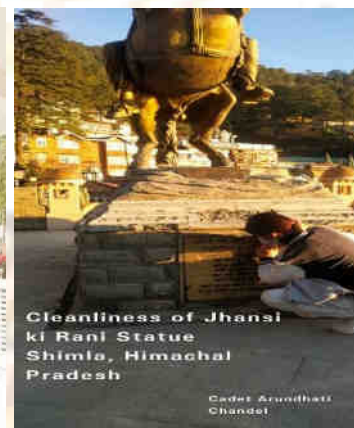
Holding  
cleanliness  
banners/posters

Cadet Vasishtha  
Shekhawat



Interactive  
awareness

Cadet Divyanshu  
Bhat



Cleanliness of Jhansi  
ki Rani Statue  
Shimla, Himachal  
Pradesh

Cadet Arundhati  
Chandel



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## **NCC Training Camp**

1<sup>st</sup>-4<sup>th</sup> February:

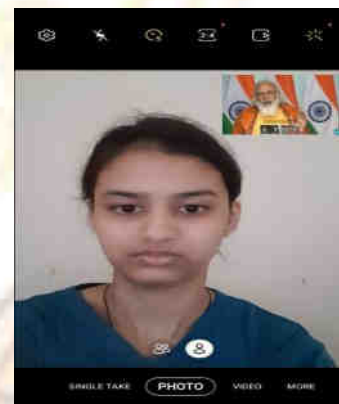
11 Cadets attended the Annual Training Camp held at GPGC Bilaspur. They participated in boat pulling and shooting.



## **Youth Parliament Festival**

12<sup>th</sup> January 2021:

The cadets of St. Bede's College, Shimla attended an online Youth Parliament Festival in which Honourable Prime Minister shared his ideas on 'Youth the voice of India,,'





## Cleanliness Drive

6<sup>th</sup>-12<sup>th</sup> March 2021:

The cadets of St Bede's College under 1 HP Naval Unit NCC Bilaspur participated in an online Webinar conducted on Swachhata convened by Captain Cadet Chavi and PO Cadet Arundhati.



## Raising Day Celebration

10<sup>th</sup> March 2021:

Raising Day of a new sub-unit of the Army Wing at St. Bede's college was organised in which Brig. Rajeev Thakur along with Col. Shankta, CO of 7HP(I) Coy were the chief guests.



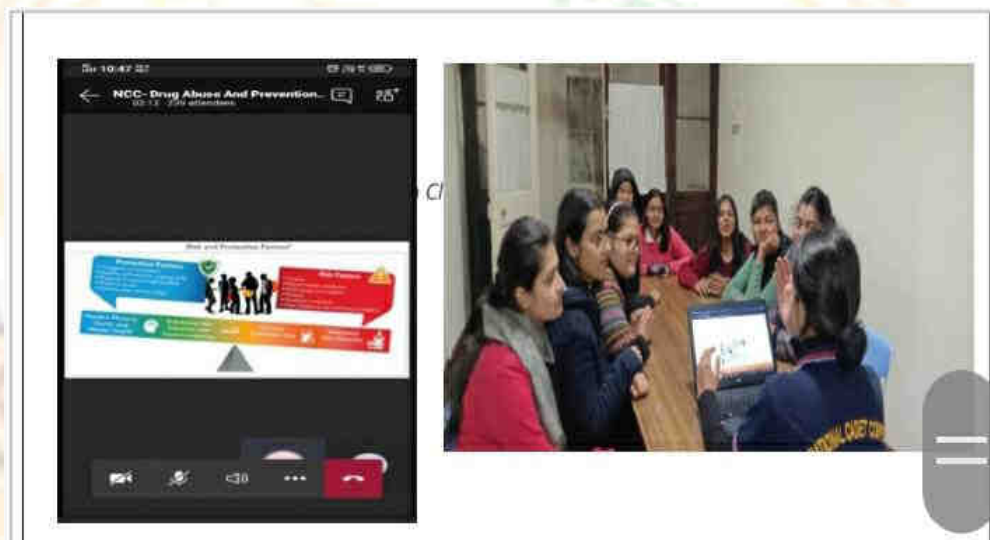
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### **Foot Policing**

12<sup>th</sup>-13<sup>th</sup> March 2021:

The cadets of St. Bede's College Shimla under 1 HP Naval Unit NCC Bilaspur conducted a webinar was conducted on the topic Drug abuse and preventions. A small group seminar was also conducted in the college on the topic 'Water Conservation'.





## Tree Plantation Drive

21<sup>st</sup> March 2021:

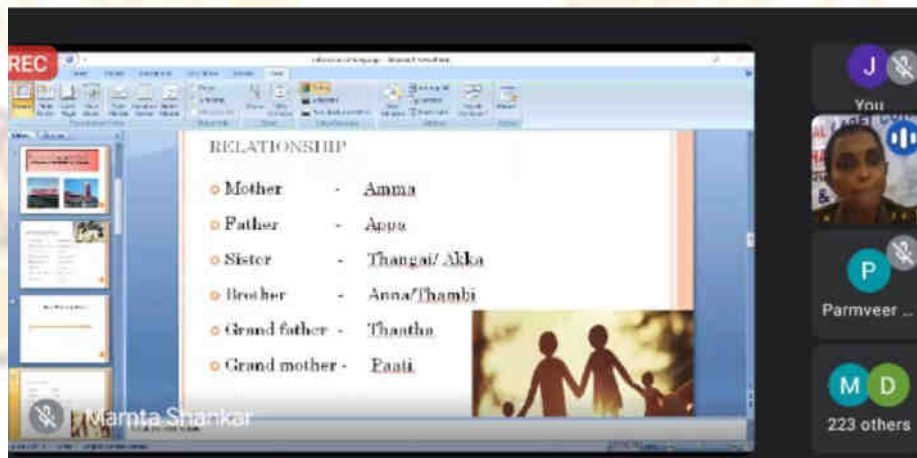
The cadets of St. Bede's College Shimla under 1 HP Naval Unit NCC Bilaspur participated in a 'Tree Plantation' drive during which 22 saplings were planted.



## EBSE Camp

22<sup>nd</sup>-27<sup>th</sup> March 2021:

Cadet Jaisal Shekhawat attended the online EBSE camp.

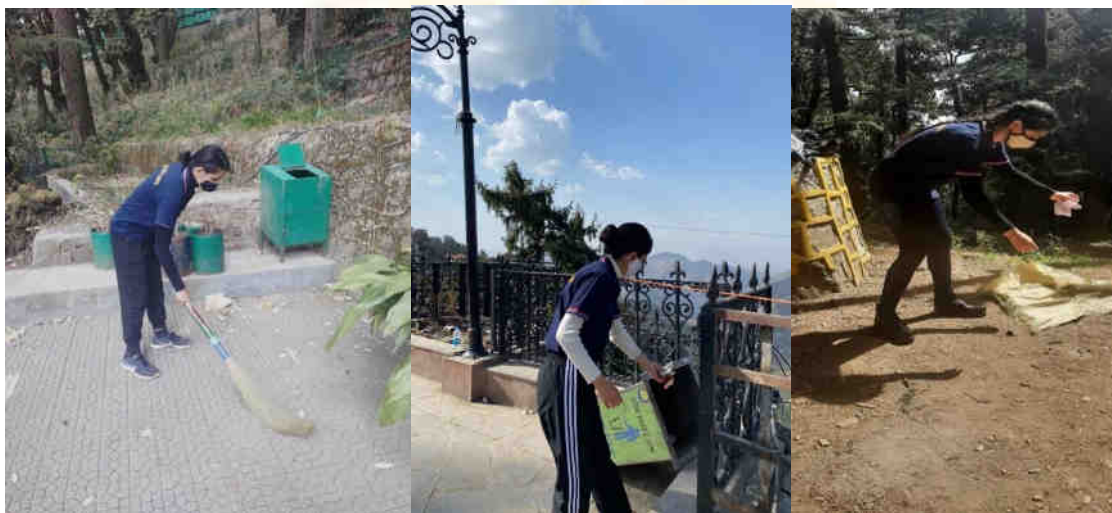




## **Cleanliness Drive**

25<sup>th</sup> March- 1<sup>st</sup> April 2021:

The cadets performed the cleanliness drives at the college campus public parks public statues. They also conducted a webinar on cleanliness and segregation of waste.



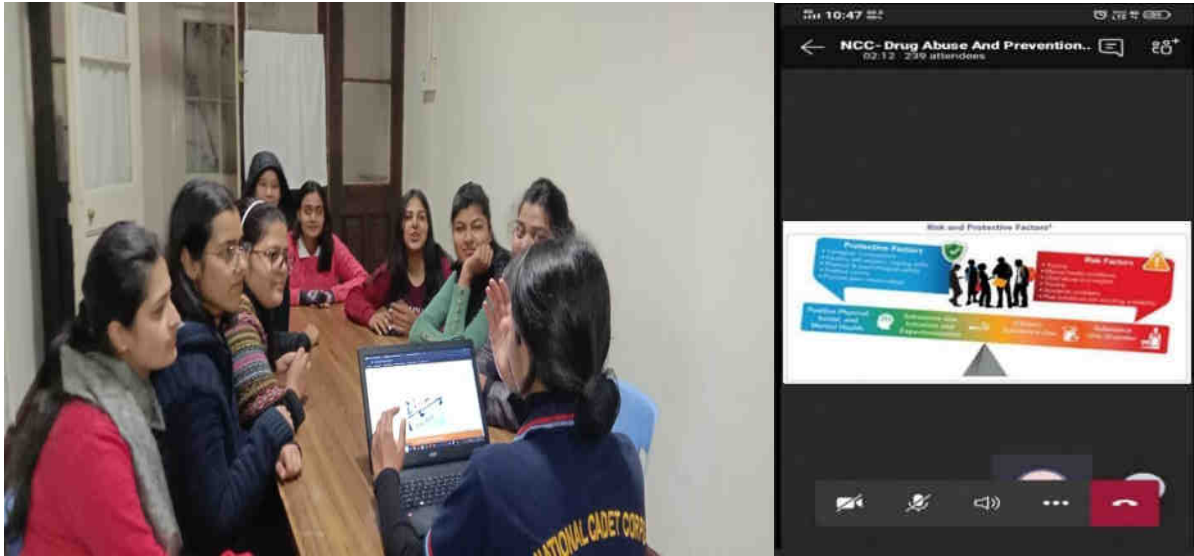
## **Webinar on Drug Abuse**

30<sup>th</sup>-31<sup>st</sup> March 2021:

A webinar was conducted by PO Cadet Arundhati, PO Cadet Isha, Cadet Ankita on Water Conservation and Drug Abuse and Prevention. More than 200 people joined the webinar.



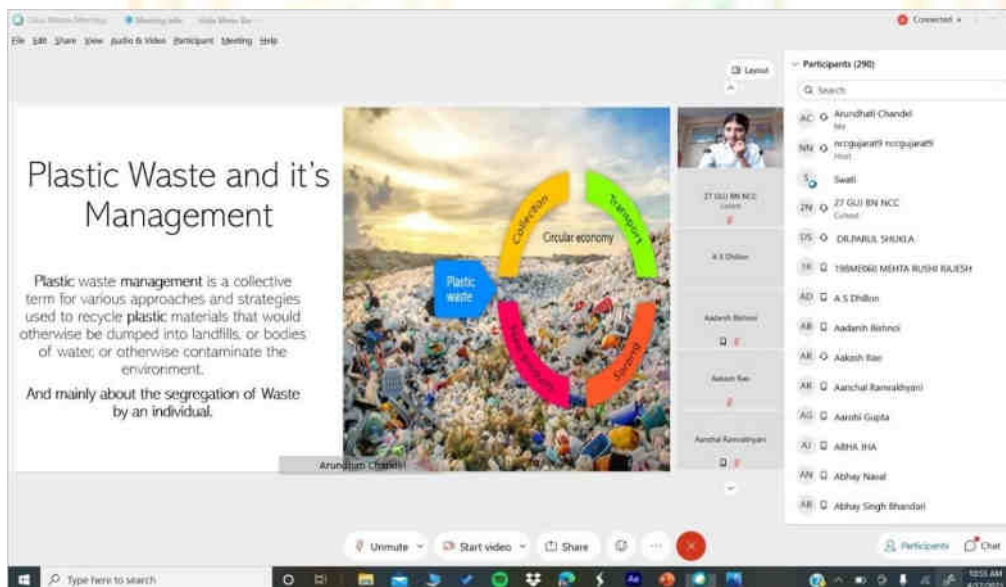
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### EBSB Camp

12<sup>th</sup>-17<sup>th</sup> April 2021:

PO Cadet Arundhati Chandel attended the online EBSB camp that was held between PHHPC and Gujarat directorate. She presented and delivered a PPT on the topic 'Ban single use plastic'. She also participated in the quiz competition and scored 38th rank in the competition.





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## COVID-19 Training

20<sup>th</sup> April 2021:

All the cadets took the COVID-19 training under the Diksha application and learnt about the precautions to be taken under this COVID situation and how to help people in difficult times.



## Plastic Hazard Awareness

8<sup>th</sup> May 2021:

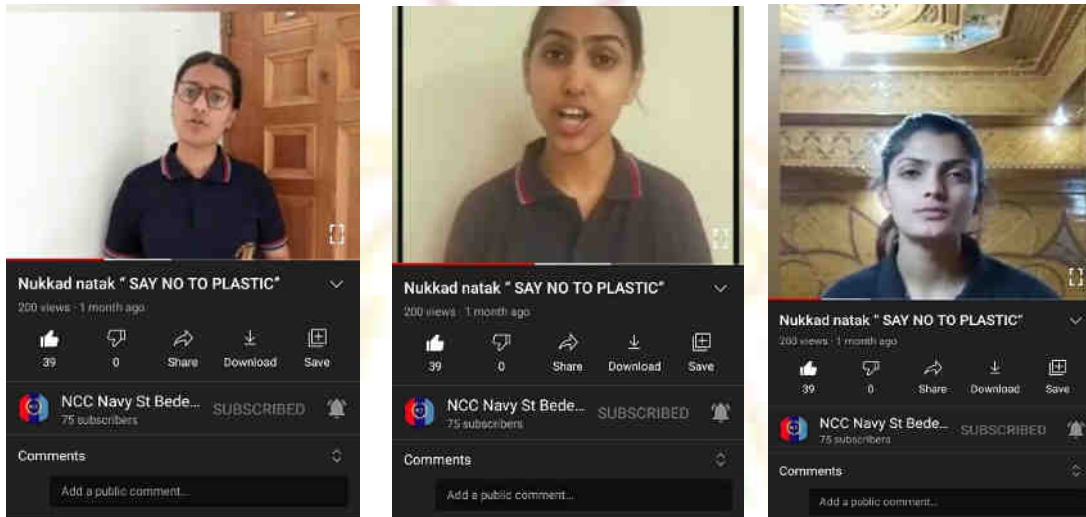
The cadets of St. Bede's College Shimla under 1 HP Naval Unit NCC Bilaspur prepared a Nukkad Natak on the topic 'Say no to single use plastic'. This





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Nukkad Natak was prepared online from their homes. They uploaded it on the NCC Navy YouTube channel which was viewed by more than 190 people.



## Revolt of 1857

10<sup>th</sup> May 2021:

To remember the war heroes of revolt of 1857 in India the cadets prepared an informative video on the first war of Independence of India. The video highlighted the political, economic, military, religions and social causes of the Indian Revolt 1857.





## **Inspirational Video and Poster Making**

14<sup>th</sup> May 2021:

The cadets utilized their time constructively and prepared an inspirational video on COVID-19 through poster making, motivational couplets and poems. The video was circulated in social media and YouTube channel. The video has more than 120 viewers.

