

## Annual Activities (2020-2021)

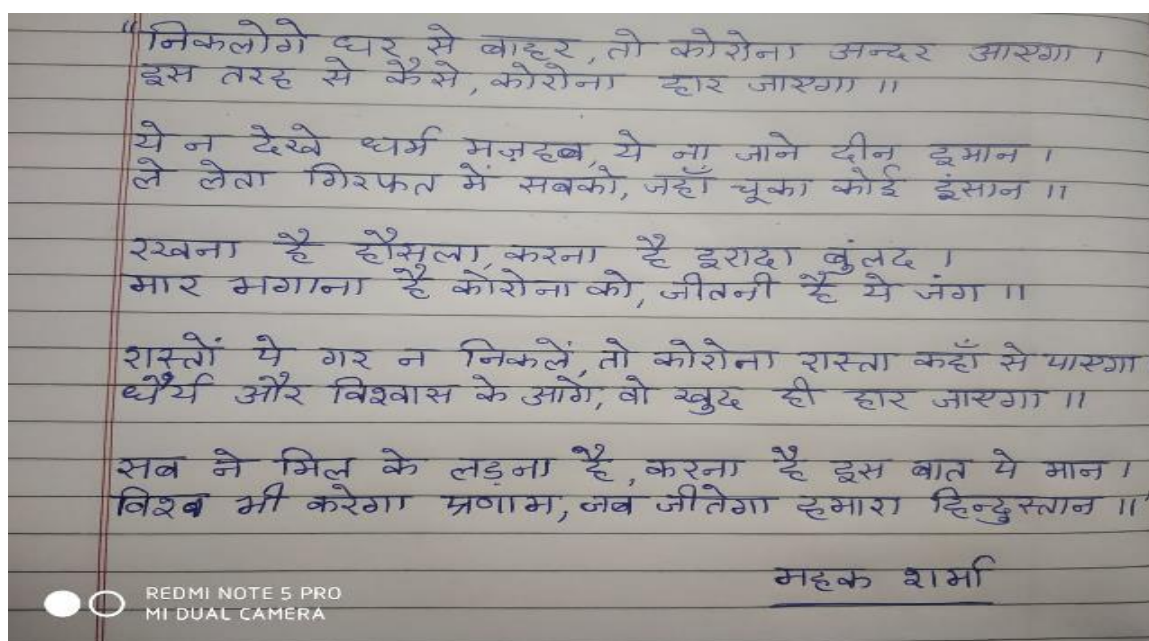
“The smallest act of kindness is worth more than the grandest intentions”.

The **National Service Scheme (NSS)** is an Indian Government-sponsored flagship Programme for public service. This academic year NSS unit conducted various activities through online mode due to covid-19 pandemic.

### Covid awareness Campaign

On 19<sup>th</sup> April, 2020, the NSS unit of our college, started the COVID awareness campaign against this pandemic during lockdown. NSS volunteers and faculty members performed the following duties:

1. Everyone registered themselves in Arogya Setu and iGOT app.
2. NSS volunteers prepared charts, posters and videos highlighting the causes and precautions for Covid – 19.
3. Prepared videos, wrote poems on covid -19 awareness
4. Prepared masks and distributed in their surrounding
5. Actively participated in different campaigns like Mera gaon, Atmnirbhar Gaon, Vocal for local and each one care aged one scheme.
6. Contribution in chief minister fund from april 2020 to june 2020 under Each one , one hundred one scheme









## International Yoga Day Celebration

The international yoga day was celebrated on June 21. To mark the importance of Yoga in our life during this pandemic period, NSS volunteers performed various yoga asanas at home and uploaded their pictures .





### **Independence Day Celebration and Tree Plantation Drive**

On 15<sup>th</sup> August NSS unit celebrated Independence Day commemorating our nation's independence. Ms. Nandini Pathania hoisted the flag and around 15 volunteers participated in the flag hoisting ceremony.



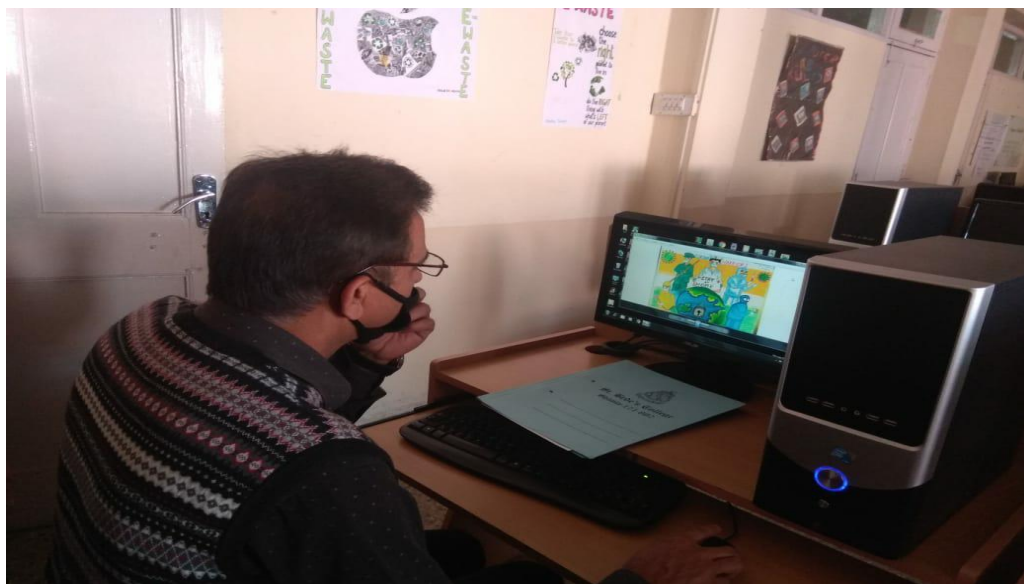


On the same day NSS Unit planted tree saplings in the college premises. The volunteers who couldnot join this event plant also planted saplings in their surrounding and uploaded the pictures of the same.



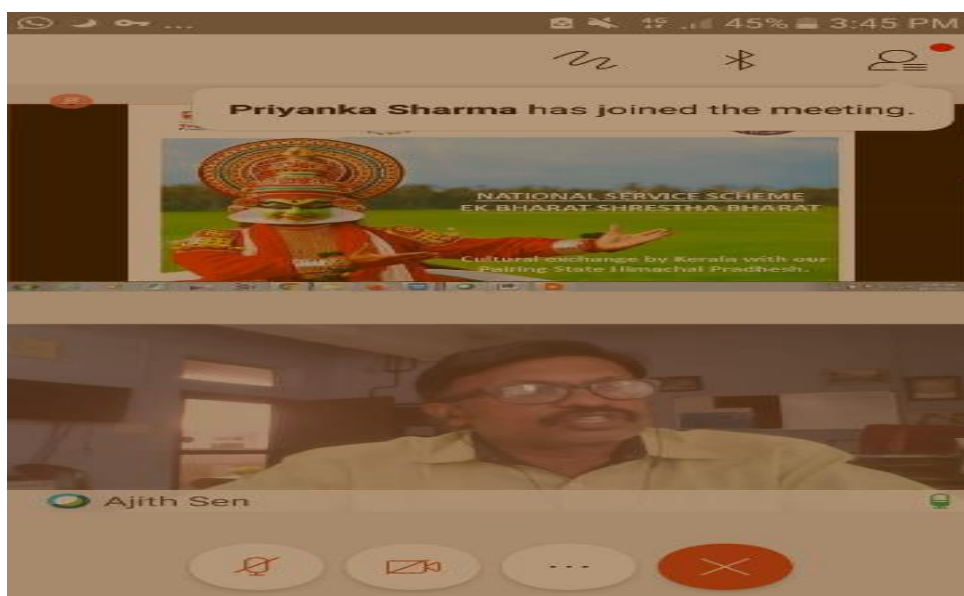
## Gandhi Jayanti Celebration

To mark the birth anniversary of Mahatma Gandhi NSS unit organized various activities like poem, essay writing and painting competitions and NSS volunteers actively participated in all the activities. All activities were evaluated online due to covid-19 pandemic.



## Ek Bharat Shreshtha Bharat Activity

NSS volunteers attended a online activity under EBSB Club of the college. “Ek bharat shresth Bharat” is a govt. of Indian initiative which aims to improve cultural connections across various states of India. Mr. Manu Mahajan, EBSB Coordinator has given a power point presentation on the folk songs and instruments of H.P.to our counterpart Kerala under EBSB in an online meet.







### Covid Appropriate Behaviour Pledge

On oct8,2020 , a Jan andolan for covid-19 appropriate bahaviour pledge was run by Government of India . The NSS volunteers of the unit took an online pledge on covid appropriate behaviour on mygov.in website and submitted their record.



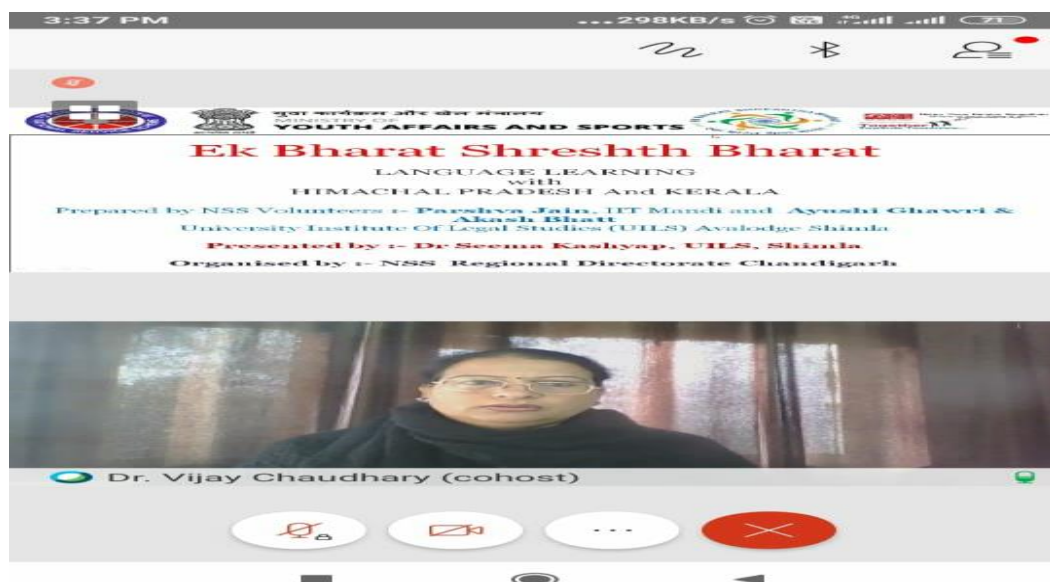
### Pre-Republic Day Camp

On 9<sup>th</sup> of November Pre Republic day camp was held at Government College of Excellence, Sanjauli, Shimla. Two NSS volunteers of our college Himani Sharma from Bsc. and Naina from B.com attended the camp.



### EBSB Interstate Activity

On 19<sup>th</sup> of November, NSS volunteers of our college attended an online session 'Language learning' with H.P and Kerala which was organized by NSS Regional Directorate Chandigarh.



### Youth Parliament

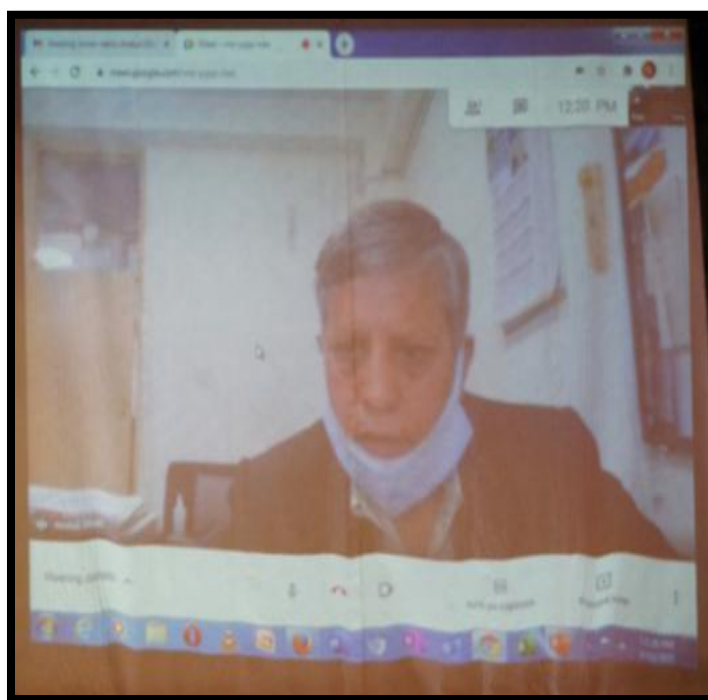
On 29<sup>th</sup> December, NSS volunteers participated in a mock parliament. Our two NSS volunteers Diksha Vashisht and Mehak Khakhta actively participated for the youth parliament.





### **Annual NSS Camp (16<sup>th</sup> March to 22<sup>nd</sup> March 2021)**

The NSS Camp was started on 16<sup>th</sup> march with 60 NSS Volunteers. The event was graced by Ms. Nandini Pathania and sister Magdalene. The day started with prayer dance by Samriti Rohal. A Power point presentation was on NSS and its Activity Report,2020 was also given by Srishti Pandit and Tanvi Sharma, Vice President NSS, respectively. The chief guest of the day was Prof. Arvind Bhatt, Dean Planning, HPU. He joined us in an online session where he motivated volunteers and talked about various startups being supported by biotechnology incubator of university .





On 17<sup>th</sup> of March the chief guest for the day was DR. Manish Gupta, who is currently a professor and Department Head at Cancer hospital, Shimla. Everyday the NSS volunteers performed morning prayers before the beginning of the sessions. After that, the speaker of the day gave a presentation on corona virus and highlighted its effects.





On 18<sup>th</sup> of March the speaker of day was Mr. Rohan Preet. He joined online and delivered a presentation on "Future Business Leaders". Later NSS volunteers cleaned the college campus and helped in sorting books and magazines in college library.



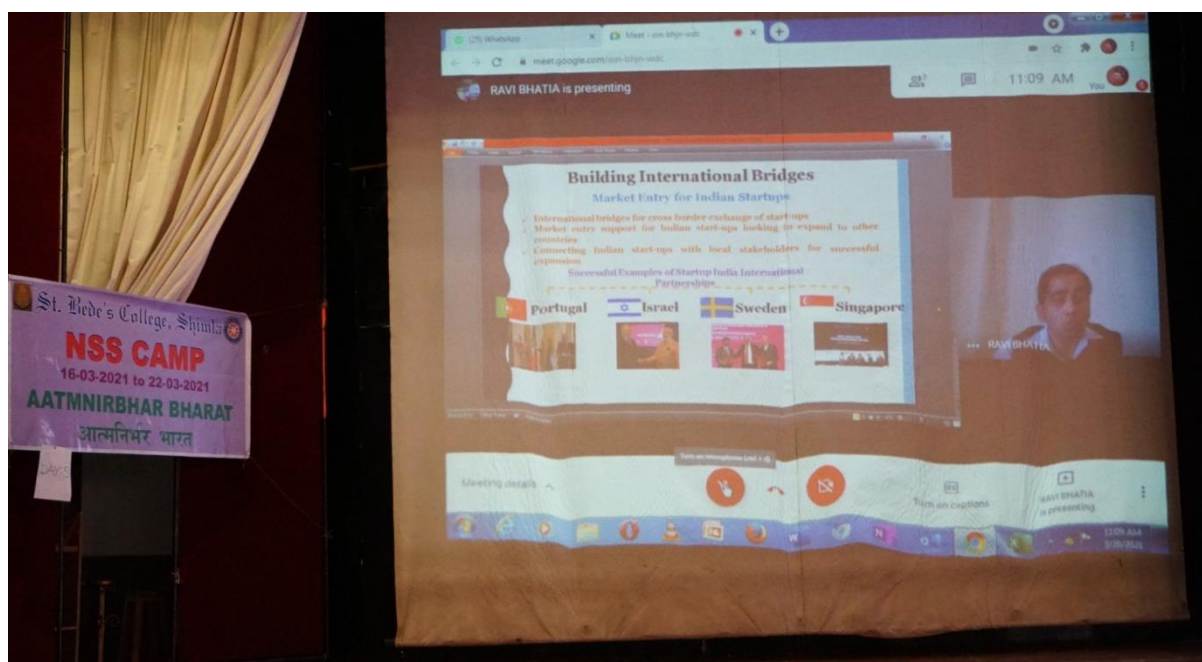
On 19<sup>th</sup> of March, the day commenced with various yoga asans performed by NSS volunteers. The speaker of the day was Miss Neelam Bali, a behavioural counsellor. She gave tips regarding how to solve individual problems, to make realistic decisions and to improve their abilities and skills. It was very informative and motivating session for the students. She enlightened the students with her words of wisdom.



The 5<sup>th</sup> day started with zumba dance guided by NSS volunteers. The speaker of morning session was Dr. Ravi Bhatia who is a manager at Biotechnology Incubation centre. He gave information about Aatmanirbhar Bharat Scheme and the various other Government Policies on startup.







NSS volunteers also had a session with Principal Ms Nandini Pathania on life skills after lunch. She enlightened the students on how to be considerate about the little things that are usually taken for granted by giving real life examples. NSS volunteers enjoyed interacting with and participated actively during the session.

On 21<sup>st</sup> March the speaker of the day was Mrs. Neelanshi Bhatnagar a counsellor in Himachal Pradesh women state commission. She had a session with volunteers on women empowerment and domestic

violence. Volunteers discussed their different issues with her and the ways to solve them at their individual level.



On the last day of the camp, the NSS volunteers participated in the inauguration function of the college pavement under Smart City Project. It was followed by a cultural programme which was an agglomeration of performances by NSS volunteers. All events reflected the heart and soul put in by the volunteers.







