



**SUPPORTING DOCUMENT
FOR**

2.3.1

**EXPERIENTIAL LEARNING, PARTICIPATIVE LEARNING AND
PROBLEM-SOLVING METHODOLOGIES**



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EXPERIENTIAL LEARNING

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Industrial Visits/ Field Visits



The Visit to the Himalayan Forest Research Institute Panthaghatti, Shimla by Department of Zoology: September 3, 2024



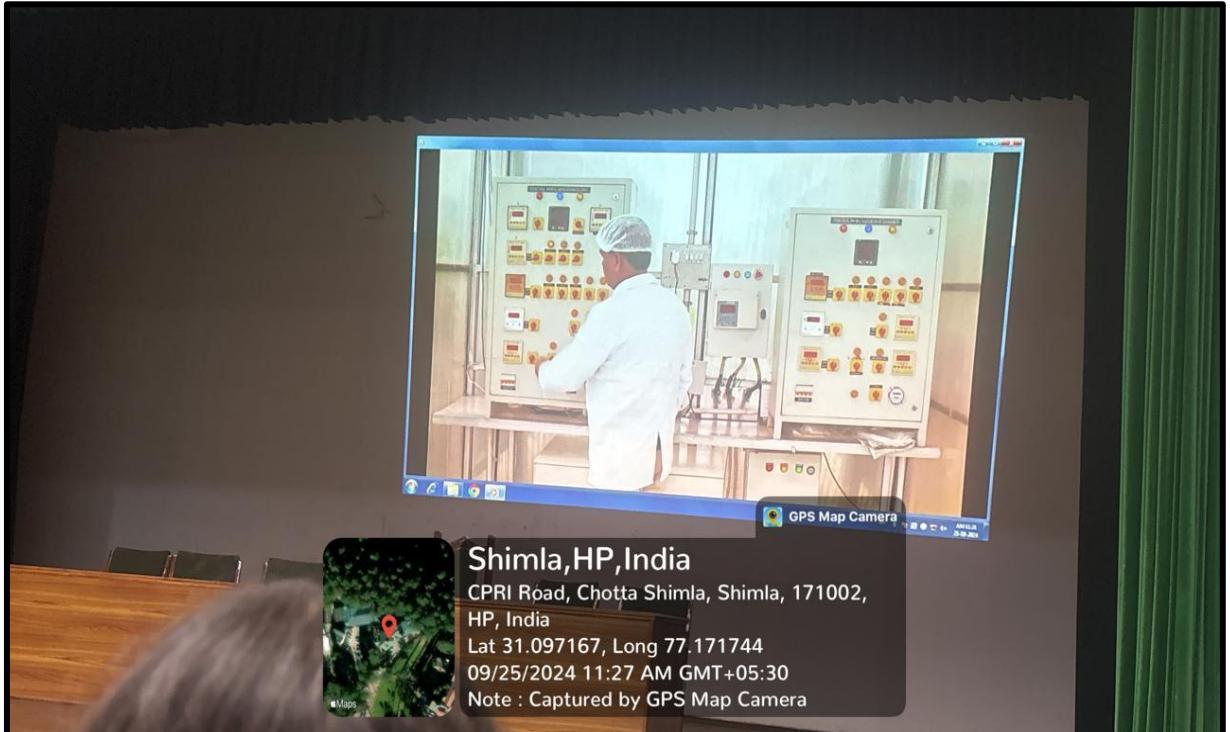
Field Survey at Amritsar by Department of Geography: October 1-6, 2024



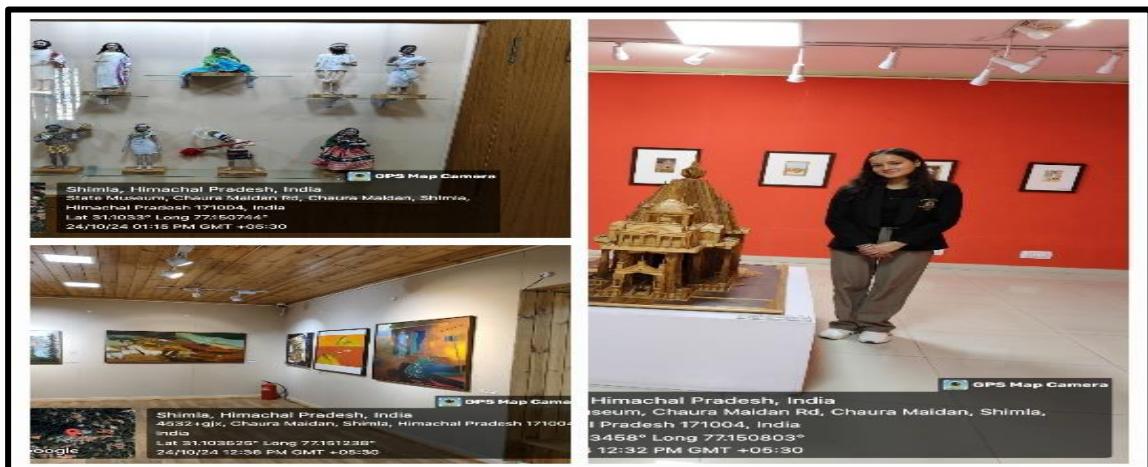
Field Survey at Amritsar by Department of Geography: October 1-6, 2024



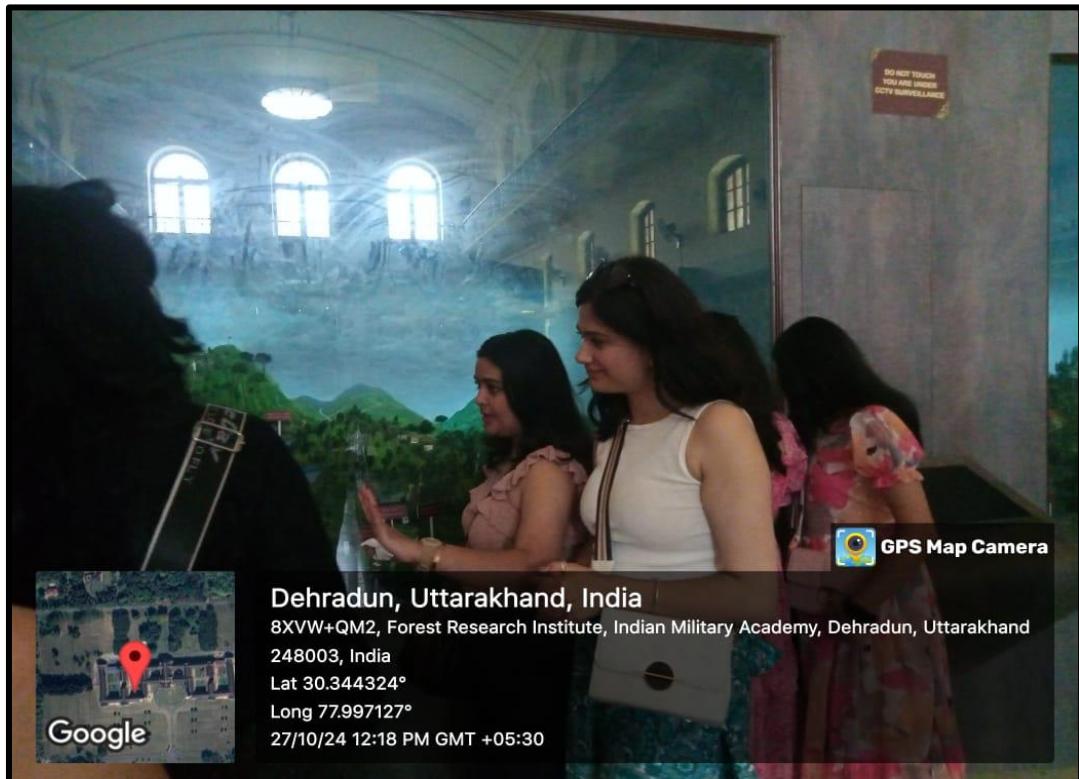
Visit to Anganwadi Kendra Vihar Sanjauli Shimla by Department of Nutrition and Health Education: September 9, 2024



Educational Visit to Central Potato Research Institute (CPRI), Shimla by Department of Botany and Physics: September 25, 2024



Educational Visit to State Museum by Department of History: October 24, 2024



Educational Trip to Forest Research Institute, Dehradun, Botany Department: October 25-29, 2024



Industrial Visit to ITC Manpur, Baddi ,Department of Commerce and Management:November 30,2024



Visit to Udyan Utsav (Flower Festival) at Rashtrapati Niwas, Mashobra, Shimla, Botany Department: April 29, 2025



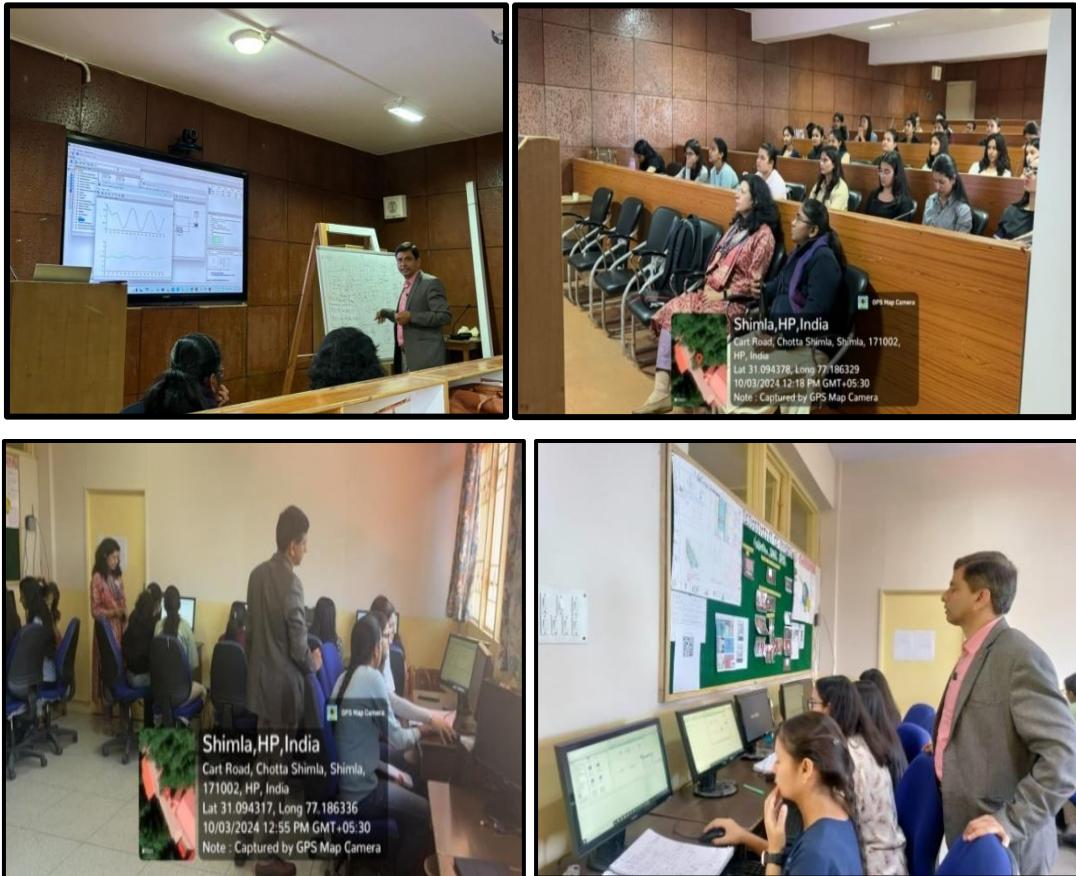
Workshops



Workshop on Stock Market Organised by Department of Commerce and Management: August 8, 2024



Workshop on “Basic Word Processing Tools” at Sanatan Dharam Senior Secondary School, Ganj Bazaar, Shimla Organized by Department of Computer Science: September 20, 2024



A Workshop on Xcos: A Simulating Tool; Organised by Department of Physics: October 3, 2024



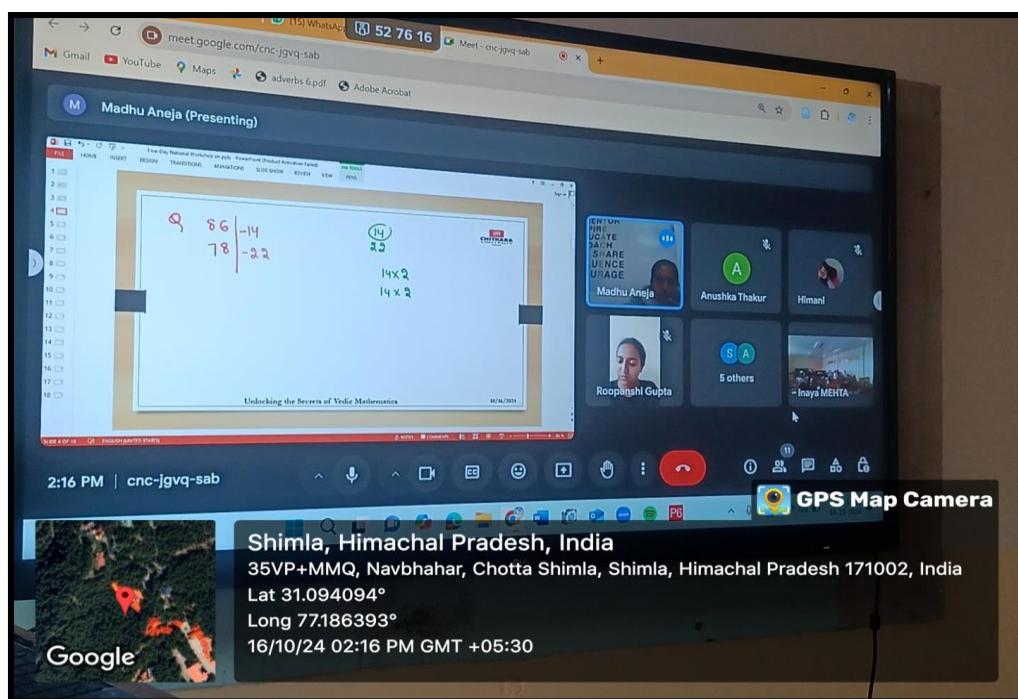
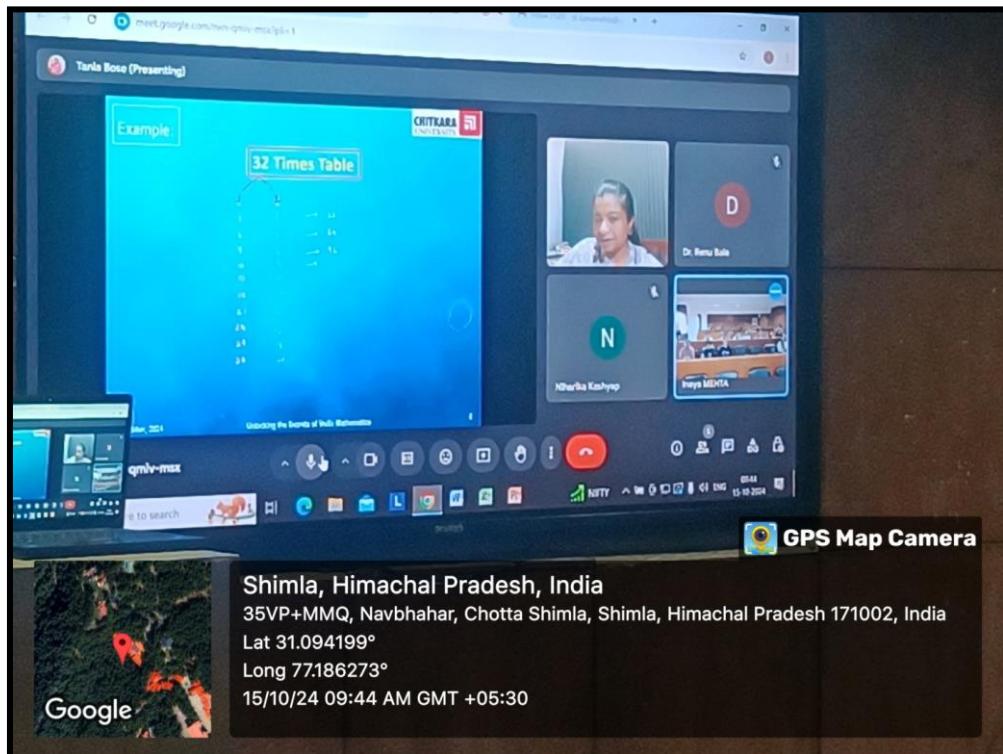
Two Days Workshop on 'Skill Development for Young Budding Entrepreneurs'
Organized by the Department of Biotechnology at St Bede's College in Partnership with the Biotechnology Incubation Centre of the Department of Biotechnology at HPU Shimla: October 4-5, 2024



Workshop on Creative Writing in Mass Media Organized by Department of English: October 5, 2024



A Workshop on "AI and Cyber Security: Empowering Entrepreneurs for Digital Future" Organised by the Department of Computer Science under the Aegis of IQAC: October 15, 2024.



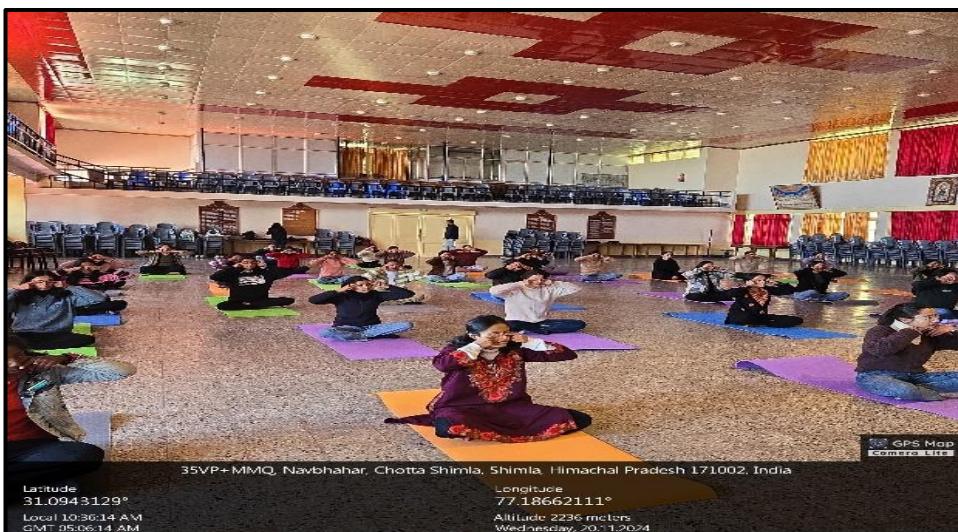
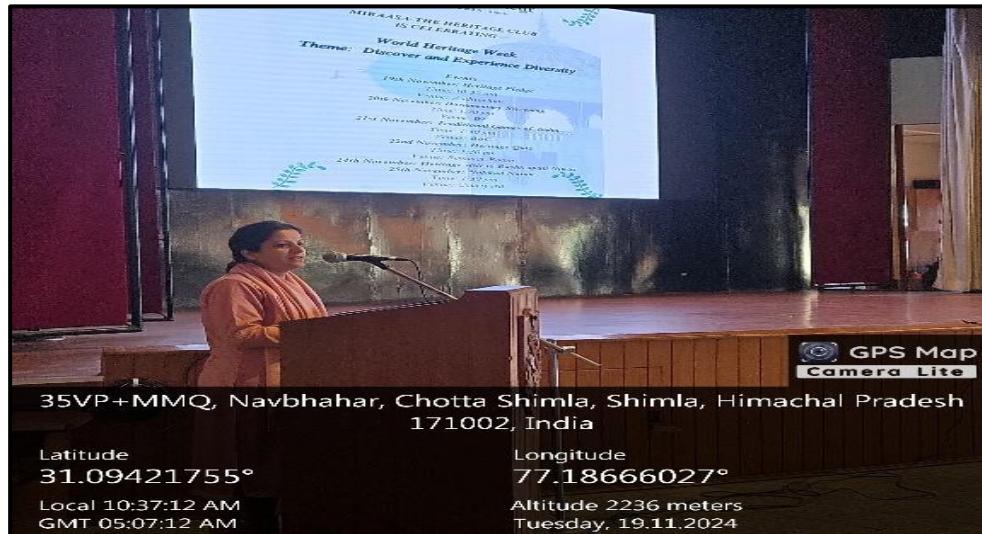
5 Days Workshop on “Unlocking the Secrets of Vedic Mathematics” Organized by Department of Mathematics: October 15- 19, 2024



Students of History Department Attended the Workshop on “Stone Tools and Techniques” at State Museum : November 19- 21,2024



Students Being Awarded the Certificates

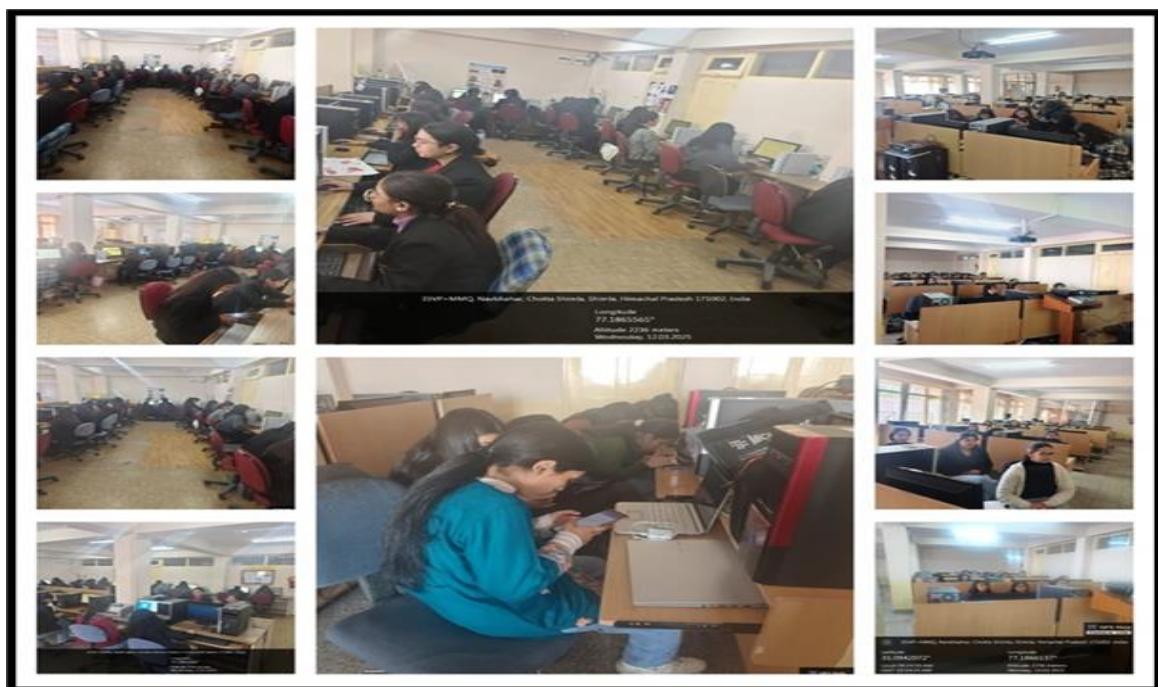


Yoga Workshop Organised by Department of History to Promote Indian Knowledge System (IKS) : November 19-23, 2024

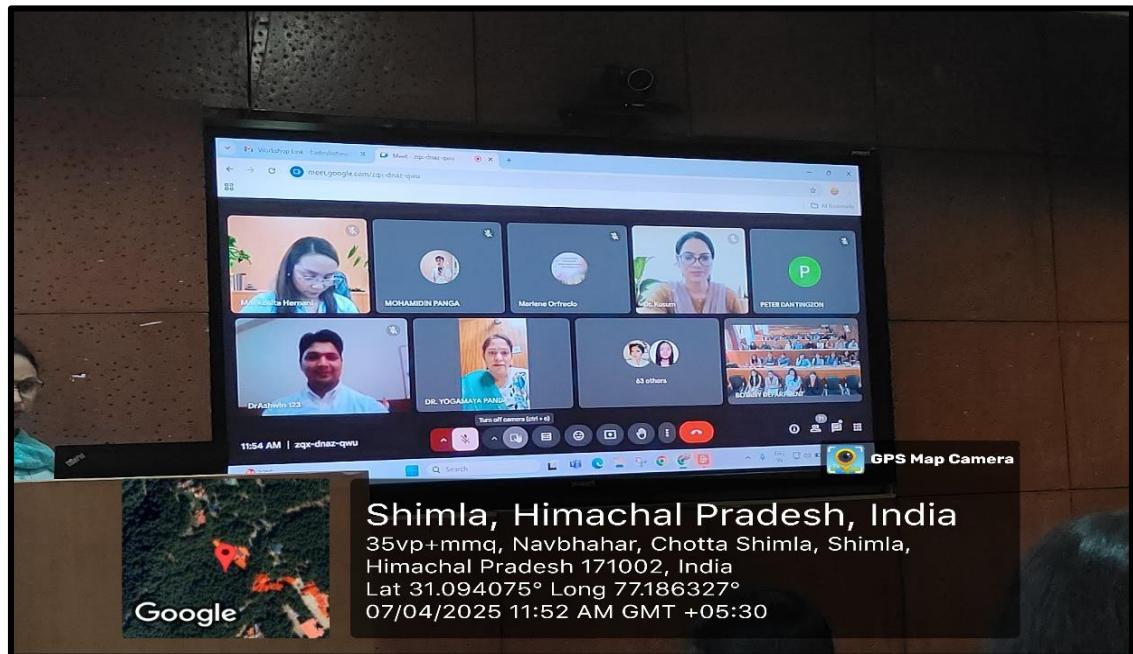


Workshop on BMI Conducted by Department of Nutrition and Health Education for NSS Students:

February 21, 2025



3 Days Workshop on “Basics of Python” Organised by Department of Computer Science: March 10-12, 2025



Three-Day Online International Workshop on Research Methodology for M.Sc. Botany Students:

April 7- 9, 2025



Internships/Training Programs

Students Undergo Internships and Training Programs

List of Students Department of Biotechnology

Sr. No.	Name	Class	Internship	Year
1.	Mamta Mehra	B.Sc Biotechnology Honours 2 nd Year	Skill Dunia/E- Cell IIT Hyderabad	May-July, 2025

Department of Psychology

Sr. No.	Name	Class	Internship	Year
1.	Prabhnoor Kaur	B.A. I Pass Course	NextZenAcademy	2 Month, 24 th February, 2025
2.	Medhavi Sharma	B.A. I Honours	HT City	11 th January to 24 th January, 2025
3.	Astha Kanwar	B.A. III Honours	HHMH&Reb	7 th June to 6 th July, 2024
4.	Bhumika Verma	B.A. III Pass Course	HHMH&Reb	1 st January to 31 st January, 2024
5.	Mahima Thakur	B.A. II Honours	HHMH&Reb	5 th May to 28 th June, 2025
6.	Shaili Kalyani	B.A. III Honours	HHMH&Reb	7 th June to 6 th July, 2024
7.	Mannat Sharma	B.A. I Honours	IGMC, Shimla	19 th May to 18 th June, 2025
8.	Saisha Khanna	B.A. I Honours	IGMC, Shimla	19 th May to 18 th June, 2025
9.	Kunjal Dhiman	B.A. I Honours	HHMH&Reb	5 th May to 28 th June, 2025
10.	Mehak Sharma	B.A. II Honours	HHMH&Reb	5 th May to 4 th June, 2025
11.	Sukriti Sharma	B.A. III Honours	HHMH&Reb	5 th May to 4 th June, 2025
12.	Mannat Kapoor	B.A. II Honours	KGNMT	1 st January to 31 st January, 2025
13.	Kajal	B.A. II Honours	Dr. SS Tantia Medical College	25 th May to 25 th June, 2024
14.	Sonal Pazta	B.A. II Honours	KGNMT	1 st January to



				31 st January, 2025
15.	Tashi Thakur	B.A. II Honours	The Blissful Mind	1 st January to 30 th January, 2025
16.	Srishti	B.A. II Honours	HHMH&Reb	5 th May to 4 th June, 2025
17.	Venus Chauhan	B.A. III Pass Course	HHMH&Reb	1 st Janauary to 31 st January, 2024
18.	Sheetal Thakur	B.A. II Honours	Shimla Psychiatric Hospital	6 th May to 12 th June, 2025
19.	Harmanpreet Kaur	B.A. II Honours	Shimla Psychiatric Hospital	6 th May to 14 th June, 2025
20.	Himani Verma	B.A. II Honours	Shimla Psychiatric Hospital	6 th May to 7 th June, 2025
21.	Harshita Jassal	B.A. II Honours	Shimla Psychiatric Hospital	6 th May to 12 th June, 2025
22.	Aastha Grover	B.A. II Honours	Shimla Psychiatric Hospital	6 th May to 14 th June, 2025
23.	Ankita Sajwan	B.A. II Honours	Dhanak Welfare Society	20 th May to 11 th June, 2025
24.	Arambhika Aliza	B.A. II Pass Course	Arogya Niketan	16 th May to 28 th May 2025
25.	Harshya Mehta	B.A. II Honours	Dhanak Welfare Society	20 th May to 11 th June, 2025



CBPL/2025/109

A DSIR Certified in-house R&D

CERTIFICATE

Certified that Mr./Ms. Mamta Mehra..... has successfully

Completed the Industrial/Research/Training Program on Advanced Biotechnology
& Immunology..... as a requirement for B.Sc. (Biotechnology) Hons. Course from
the College / University St. Bede's College, Shimla.....

..... The training program was conducted by Codon Biotech Private Limited, Noida
during the period 21st May 2025 - 21st June 2025

gesal

Dr. O.P.Lal

Director, Codon Biotech
Ex-Head, Div. of Entomology
Indian Agricultural Research Institute
New Delhi

Tripti Bhatnagar
Dr. Tripti Bhatnagar

Managing Director
Codon Biotech Pvt. Ltd.
Noida

Ms. Mamta Mehra; Department of Biotechnology



E-Cell
IIT Hyderabad

Course Completion **CERTIFICATE**

This is to certify that

Mamta Mehra

has successfully completed *3 months Internship* program on
Medical coding from May to July 2025

from Skill Dunia in association with **E - Cell IIT Hyderabad**, We found you to
be hardworking and dedicated throughout your tenure

6/30/2025
Date of Issuance


Authorised by
THEJO SAMUEL
GENERAL MANAGER - HR

Certificate ID : SDCERTC16309

Reg under MCA , Govt of India as PECA EDUCATION OPC PRIVATE LIMITED with U85499TS2023OPC171207

Ms. Mamta Mehra; Department of Biotechnology



Certificate of appreciation

This certificate is awarded to

Prabhnoor Kaur

in recognition of successful completion of our
2 Month Certification Course on Counseling Psychology

Your hard work & dedication is sincerely appreciated!

24th February 2025

Date



NextZenAcademy

Ms. Prabhnoor Kaur; Department of Psychology



No. Health/Him/Hosp/MH/ 10.07.2024
Office of the Sr. Medical Supdt,
Himachal Hospital of Mental Health &
Rehabilitation, Shimla.

It is certified that Ms. Shaili Kalyani has completed one month clinical observer ship from 7th June 2024 to 6th July 2024 at Himachal Hospital of Mental Health and Reb. Bouilganj, Shimla -05 H.P.

She is a keen Observer with pleasant bedside manners.

Jmm
Medical Officer I/e
Medical Officer I/C
Me tal Hospital, Shimla-8
HHMH&Reb. Bouilganj
Shimla-5 H.P.

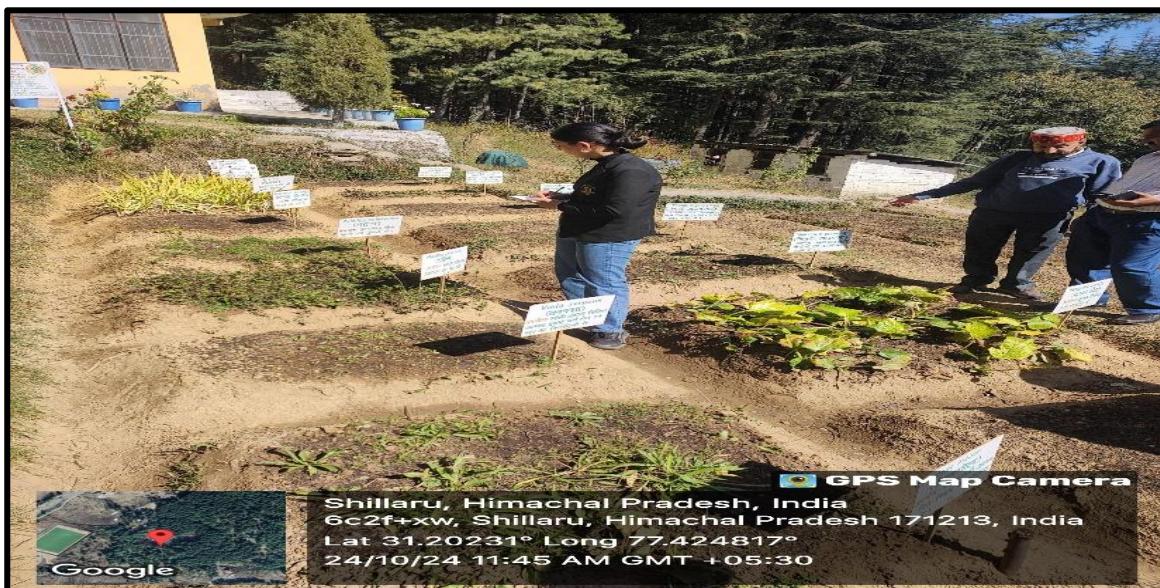
Ms. Shalini Kalyani; Department of Psychology



Hands- on Training in Beekeeping for the SEC Students of Department of Zoology at Y. S. Parmar University of Horticulture and Forestry Nauni, Solan; October 23, 2024



3 days Training Program Attended by 6 students of Botany on Application of Biofertilizers and Biopesticides in Forestry Practices; September 25-27, 2024



The 3-day Training Program on “Seed, Nursery and Plantation Techniques of Oak Species” for M.Sc. Botany students at ICFRE-Himalayan Forest Research Institute (HFRI), Shimla; October 23-25, 2024



Sample Certificates of Training Program on “Seed, Nursery and Plantation Techniques of Oak Species” for other Stakeholders.”



Exhibitions (Sample)



Herbal Plant Donation Drive cum Exhibition Organised by Department of Botany; November 18, 2024



Presentation of Beauty and Wellness Products Synthesized in the Chemistry Laboratory



Artistic Creativity by the Students



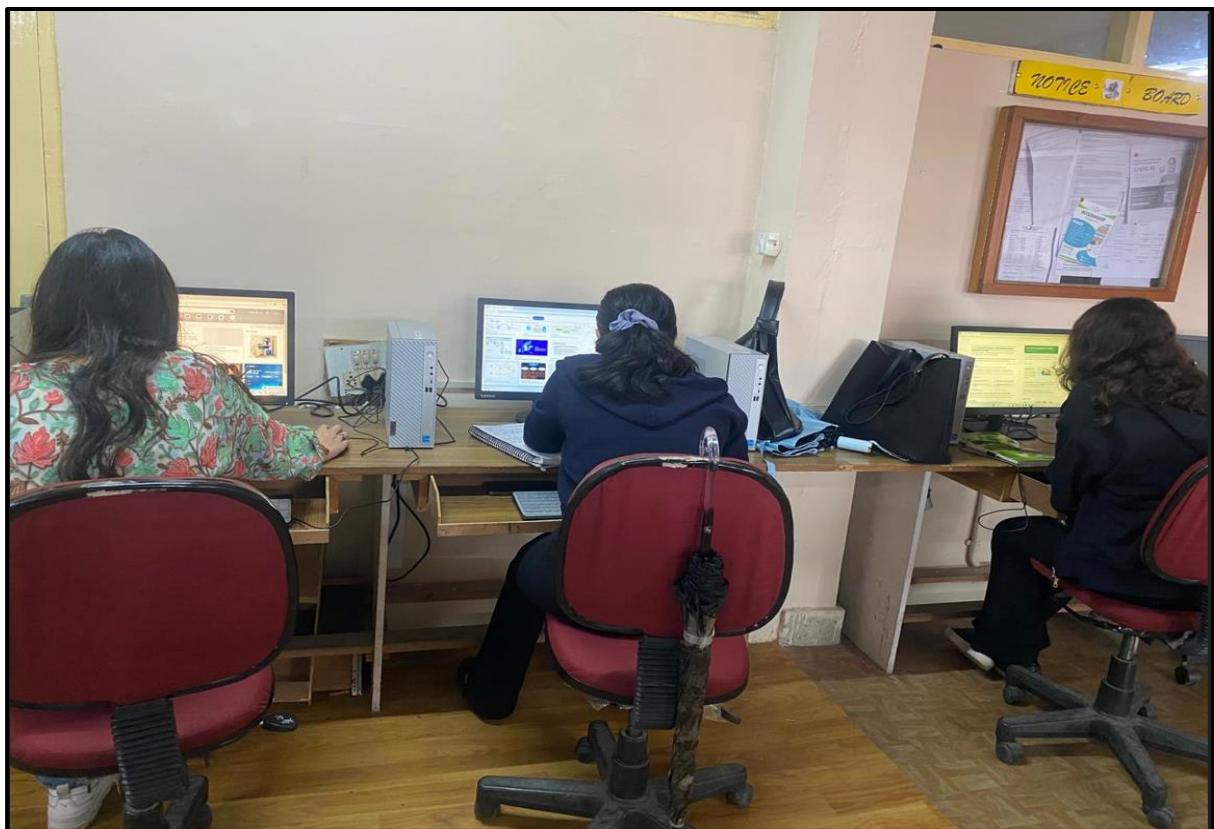
Learning in Laboratories



Students of Physics Department Performing the Experiment in the Laboratory using Stewart and Gee's Tangent Galvanometer, to find out Variation of Magnetic Field with Distance



Students Performing Purification of Organic Compound in Chemistry Laboratory



Students Working on Page Making in Computer Laboratory



Students of Biotechnology Department Performing Bacteria Cloning



Section Cutting of Plants Specimen in Botany Laboratory



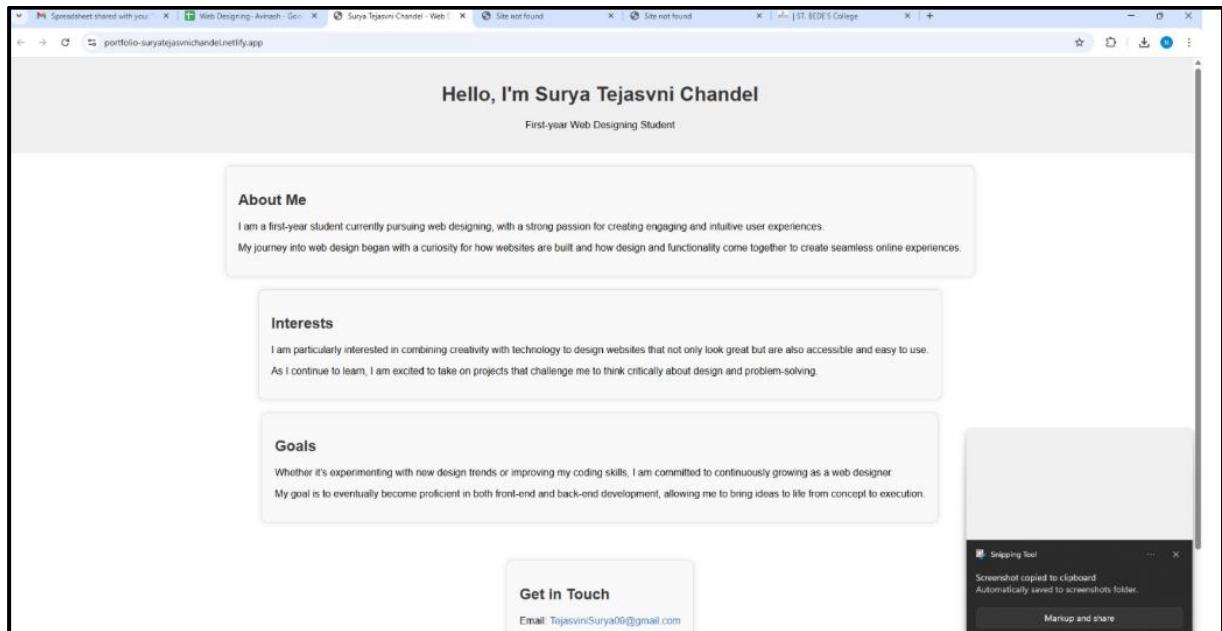
Students Performing Different tests for Qualitative Analysis in Physiology and Biochemistry in Zoology Laboratory



Students Performing Hindi Pronunciation in Language Laboratory



Website Designing



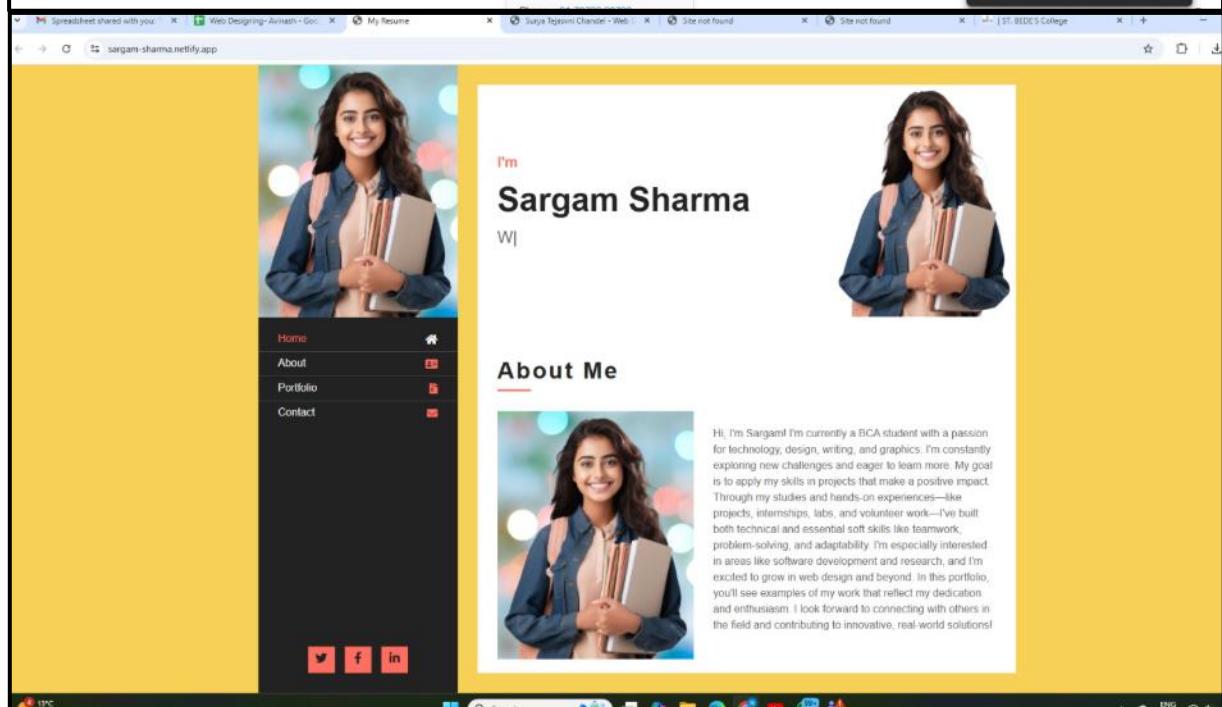
Hello, I'm Surya Tejasvi Chandel
First-year Web Designing Student

About Me
I am a first-year student currently pursuing web designing, with a strong passion for creating engaging and intuitive user experiences. My journey into web design began with a curiosity for how websites are built and how design and functionality come together to create seamless online experiences.

Interests
I am particularly interested in combining creativity with technology to design websites that not only look great but are also accessible and easy to use. As I continue to learn, I am excited to take on projects that challenge me to think critically about design and problem-solving.

Goals
Whether it's experimenting with new design trends or improving my coding skills, I am committed to continuously growing as a web designer. My goal is to eventually become proficient in both front-end and back-end development, allowing me to bring ideas to life from concept to execution.

Get In Touch
Email: TejasviSurya09@gmail.com



I'm
Sargam Sharma
W|

About Me

Hi, I'm Sargam! I'm currently a BCA student with a passion for technology, design, writing, and graphics. I'm constantly exploring new challenges and eager to learn more. My goal is to apply my skills in projects that make a positive impact. Through my studies and hands-on experiences—like projects, internships, labs, and volunteer work—I've built both technical and essential soft skills like teamwork, problem-solving, and adaptability. I'm especially interested in areas like software development and research, and I'm excited to grow in web design and beyond. In this portfolio, you'll see examples of my work that reflect my dedication and enthusiasm. I look forward to connecting with others in the field and contributing to innovative, real-world solutions!

Computer Science Department



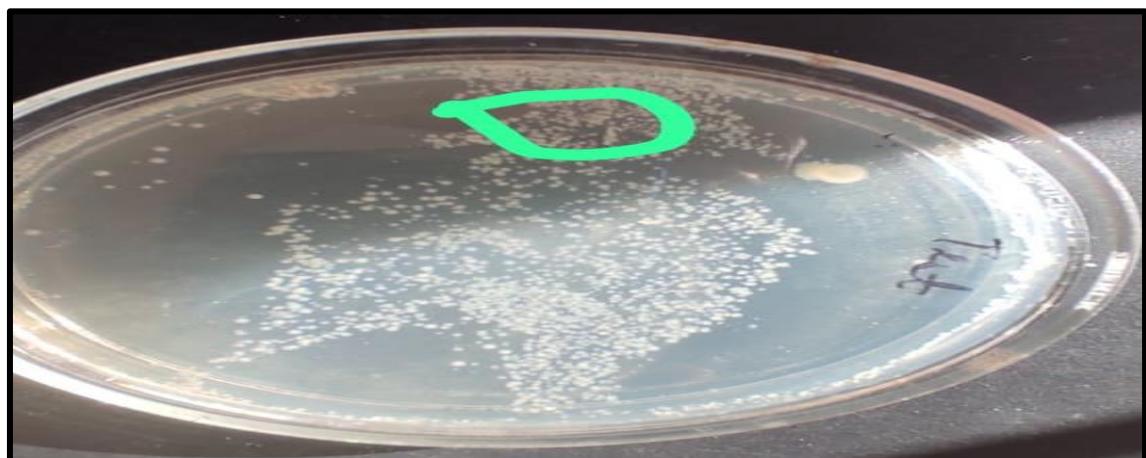
Hands-on Learning



Products Made by the Students of FLIC

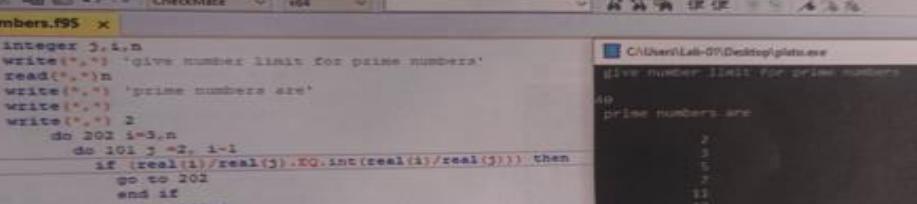


Hands-on Training of Geography Students at Punjab Agricultural University Ludhiana; October 1, 2024



Hands- on Training on 'Gene Cloning' Organized by Department of Biotechnology





The screenshot shows a PASCAL IDE interface with a code editor and a terminal window. The code editor contains a program named 'prime numbers.pas' with the following content:

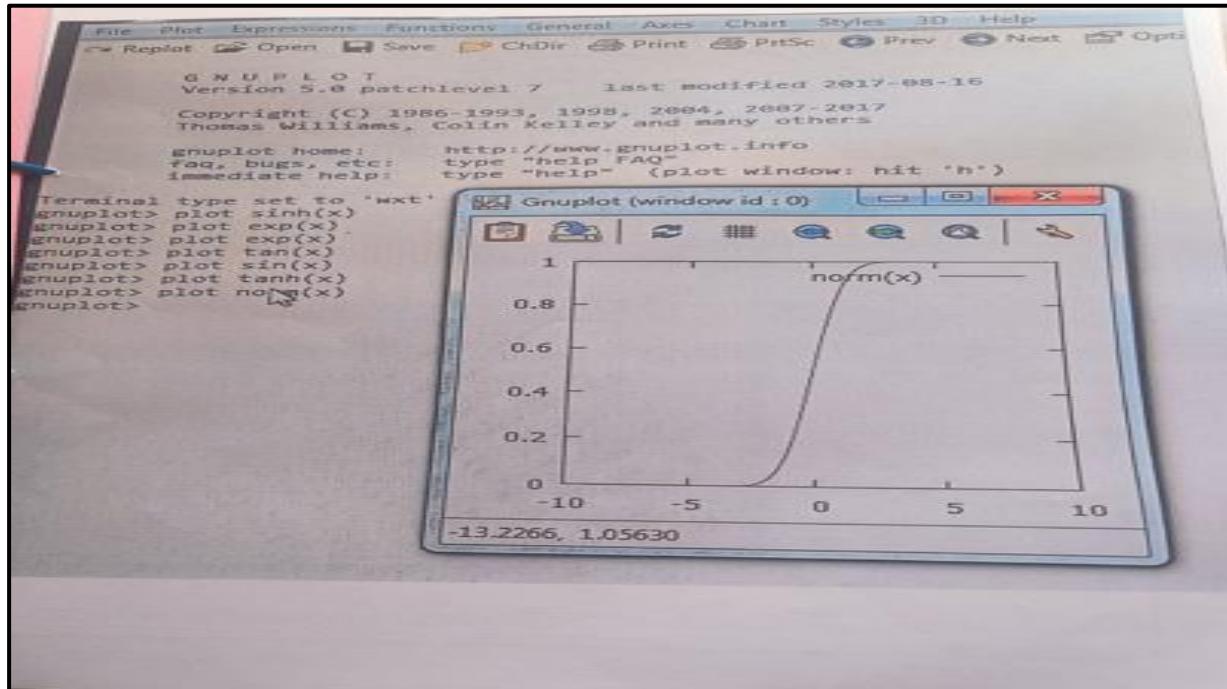
```
integer i,n
write('i:'); 'give number limit for prime numbers'
read(i);
write('n:'); 'prime numbers are'
write('i:');
write('n:');
do 202 i=3,n
  do 101 j=2, i-1
    if (real(i)/real(j)) .EQ. int(real(i)/real(j)) then
      go to 202
    end if
    continue
  write('i:');
  continue
  stop
end
```

The terminal window shows the output of the program, which lists prime numbers from 2 to 37. The output is as follows:

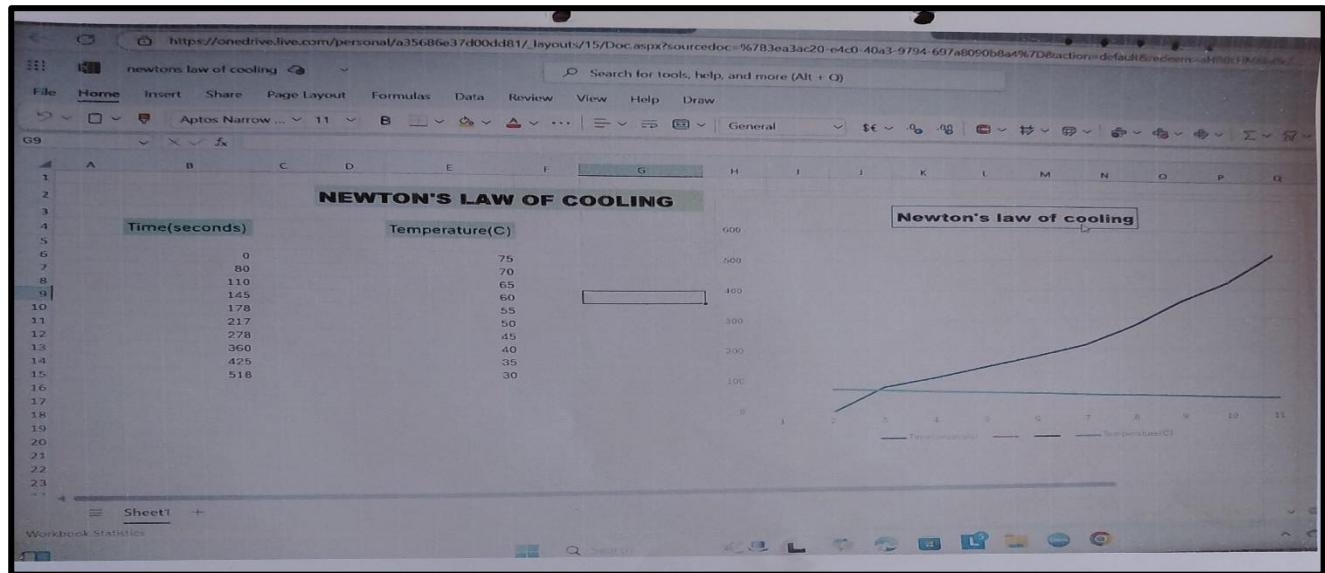
```
give number limit for prime numbers
prime numbers are
2
3
5
7
11
13
17
19
23
29
31
37
```

At the bottom of the terminal window, there is a message: "press RETURN to close window...".

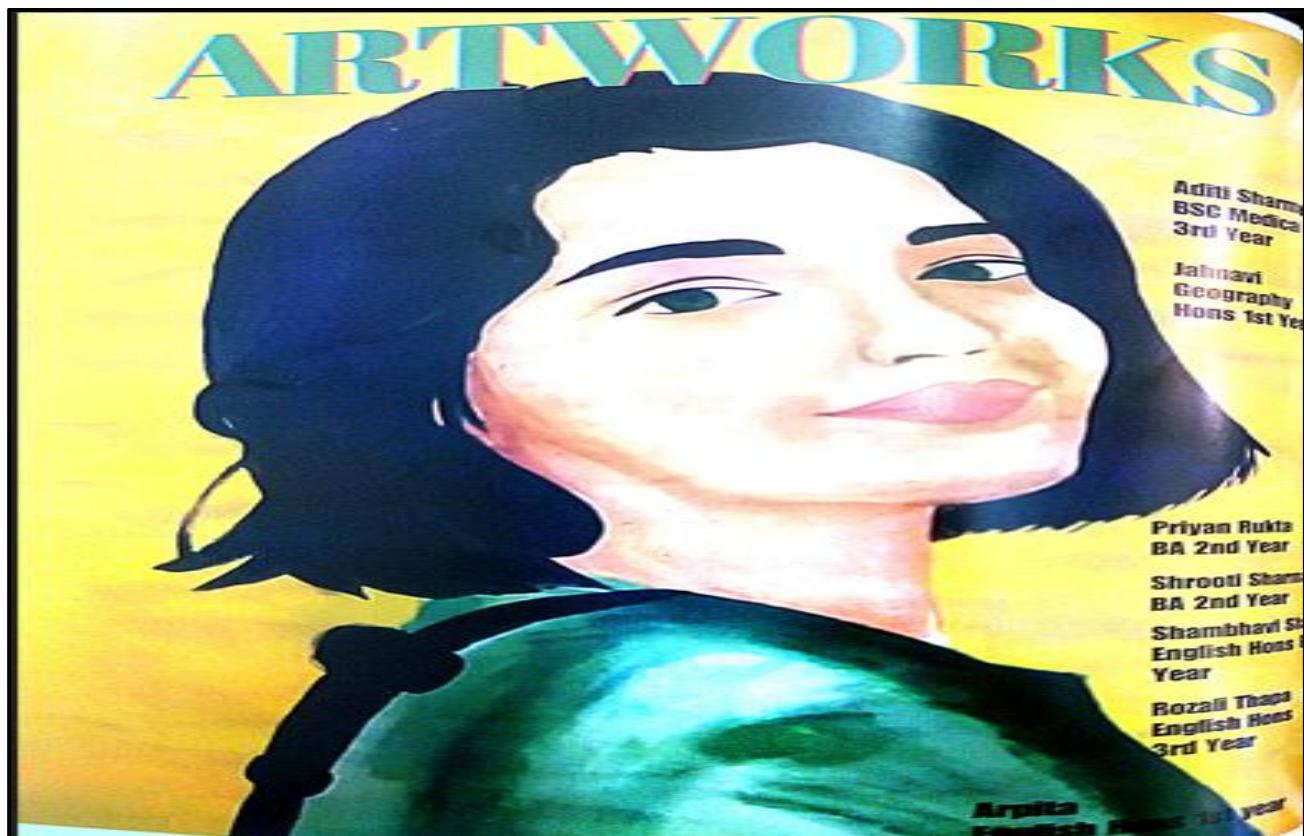
Learning Fortran; Physics Department



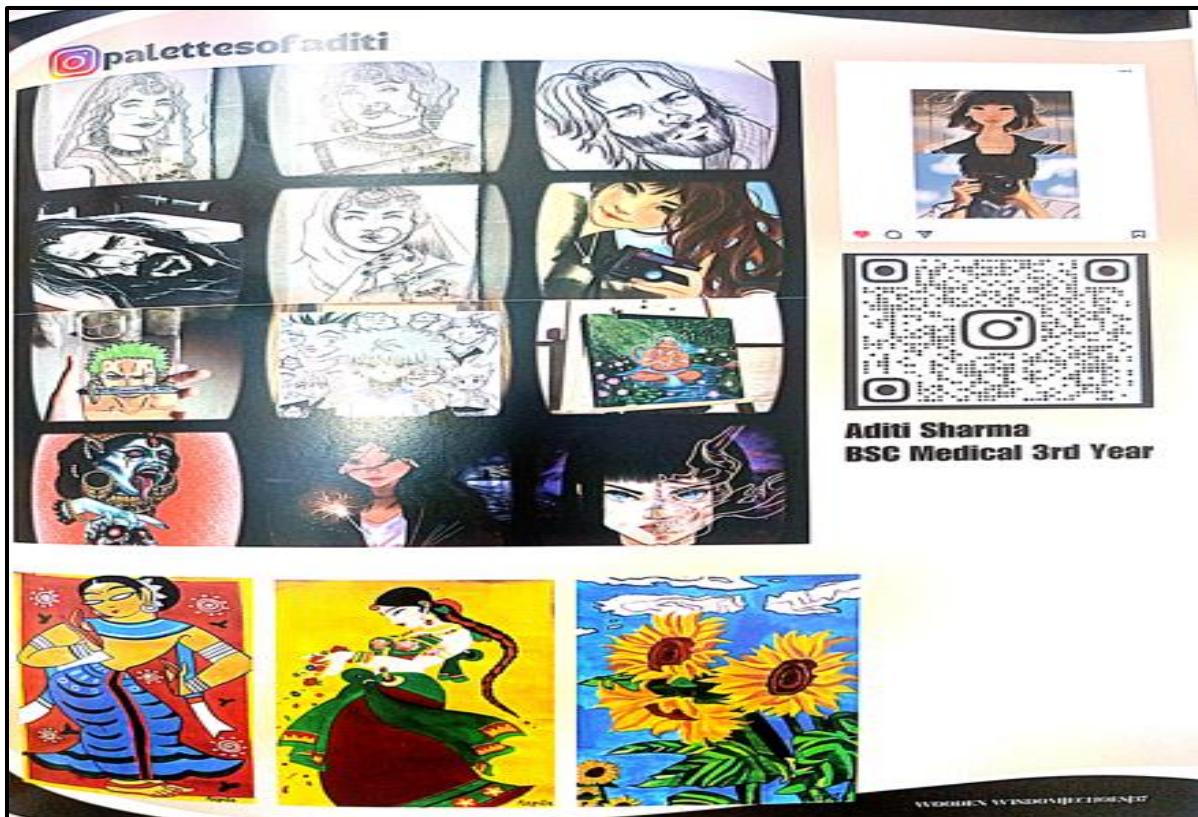
Gnu Plot; Physics Department



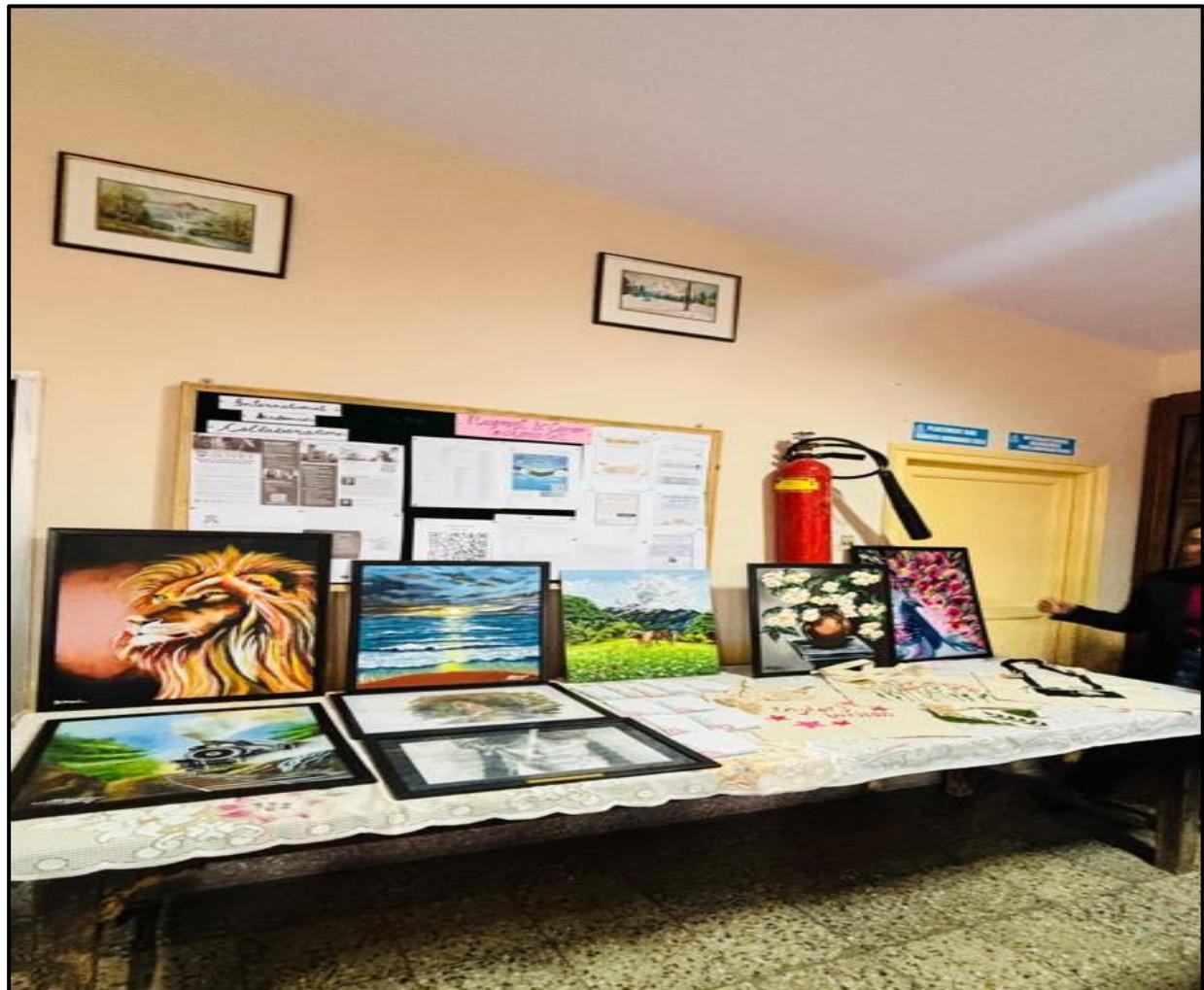
Graph Showing Newton's Law of Cooling on Excel; Physics Department



Art Work by the Students



Art Work by the Students



Art Work by the Students



Art Work by the Students



Experiential Learning Through Indian Culture



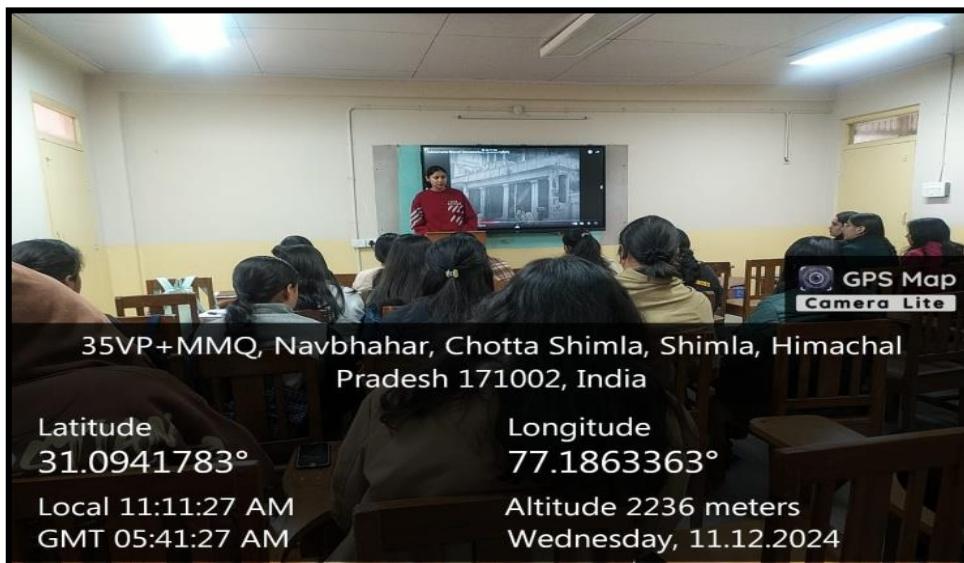
Food Heritage Cooking Competition; History Department



Movie Screening and Review



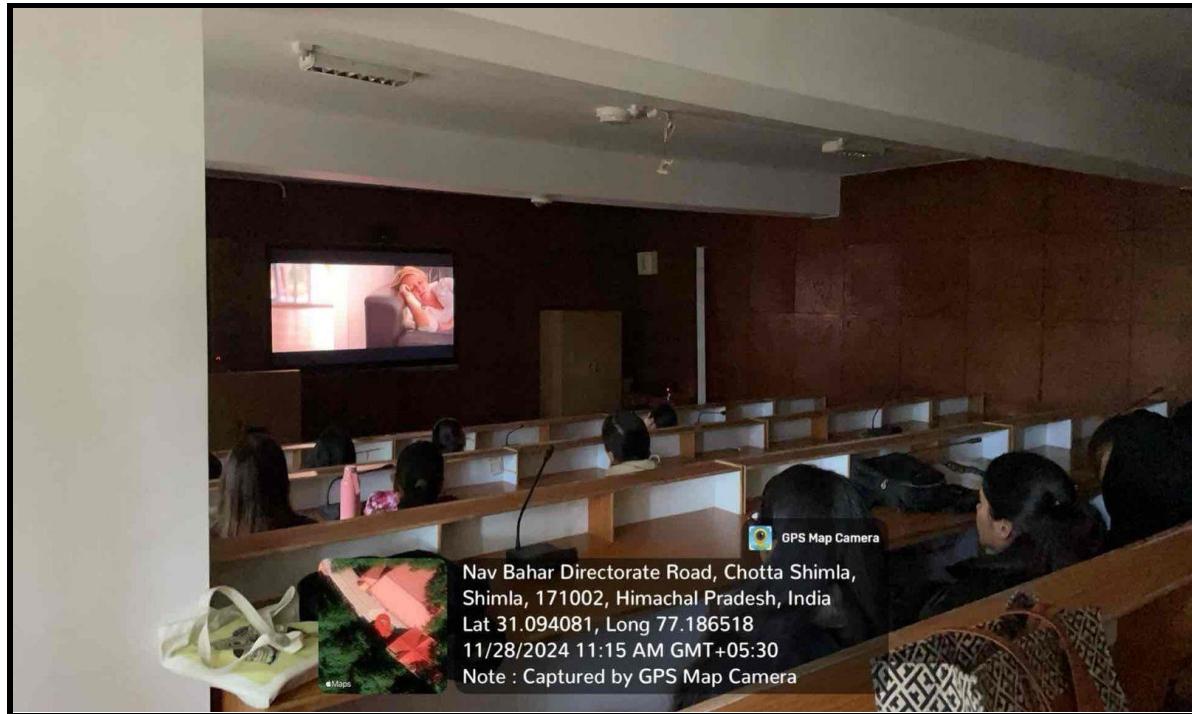
The Documentary Showcased Inspiring Journey of a 17-year-old Boy with Big Dreams but Limited Resources who Managed to Build a 2000 crore Dairy Business Despite the Fiercely Competitive Market Conditions Organized by the Economics Department ; September 6, 2024



*Documentary Screening on Mahakavi Bharti Organised by Hindi Department;
September 11, 2024*



Movie Review Competition on Short Film "The Silent Child" Organized by Economics Department; September 27, 2024



**Movie Screening on Domestic Violence Act, 2005 Organized by Department of Political Science;
November 28; 2024**



**Movie Screening of Lapata Ladies on the Occasion of International Women Day Organized by
Hindi Department; March 8, 2025**



Book and Film Reviews Every Friday Organized by Department of English



Role Play (Sample)



Role Play on 'Idgah' (Short Story) Enacted by College Student on Hindi Diwas



Street Play



Department of Psychology Celebrates World Mental Health Day with a Captivating Street Play



Community Outreach



Department of Computer Science Students giving Presentation on “Basic Word Processing Tools” at Sanatan Dharam Senior Secondary School, Ganj Bazaar, Shimla; September 20, 2024



Skit on Waste Management at Govt. School, Sanjauli; Department of Botany



Empowering Young Minds Through Mindfulness: A Celebration of Mental Health at GSSS, Sanjauli; Department of Psychology



Workshop on Vedic Mathematics to the Students of City Public School, Bhattakufer by Mathematics Students



PARTICIPATIVE LEARNING

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Peer Teaching (Sample)



Peer Teaching by M.Sc. Students of Department of Botany Department on Biology and Diversity of Gymnosperms



Student Explaining the Structure of Pila to Her Peer; Department of Zoology



Peer Teaching by Students of History on Megalithic Culture



Group Discussion (Sample)



Group Discussion by Mathematics Students on LU Decomposition Method; October 24, 2024



Group Discussion on Devanagari and Indian Knowledge Tradition; Hindi Department



Presentations by the Students



Presentation by Student of Hindi Department on Letter Writing



Presentation on International Day of Mathematics (π - Day)



Shimla, Himachal Pradesh, India
35vp+mmq, Navbhar, Chotta Shimla, Shimla,
Himachal Pradesh 171002, India
Lat 31.094227° Long 77.186338°
25/02/2025 09:16 AM GMT +05:30

Presentation on Schizophrenia; Department of Zoology



Presentation on Disaster Management by Student of Geography Student



Small Group Instruction



Instruction on Order of a Group; Mathematics



Small Group Instruction Explaining the Structure of Animals; Zoology



Quizizz



Students Participating in Online Quizizz Organised by Department of Zoology; November 21, 2024

Student	Completion Status	Score	Actions
Shweta Thakur (Shweta Thakur)	Completed (75%)	3630	Evaluate
shweta thakur (Niharika)	Completed (63%)	4010	Evaluate
Shagun Shagun (Shagun Shagun)	Completed (63%)	3080	Evaluate
Ananya Sisodia (Ananya Sisodia)	Completed (50%)	2690	Evaluate
Prithvi Rajput (Prithvi Rajput)	Completed (50%)	2990	Evaluate
suhana verma (suhana verma)	Completed (50%)	2400	Evaluate
Alka Parihar (Alka Parihar)	Completed (38%)	2020	Evaluate

Final Score Card of the Quizizz



Debates

St. Bede's College
Heritage Status

Inter-Ship Debate Competition

ORGANISED BY
DEBATES & DRAMATICS SOCIETY

Topic - Latest amendments pertaining to women : boon or bane for their career aspirations

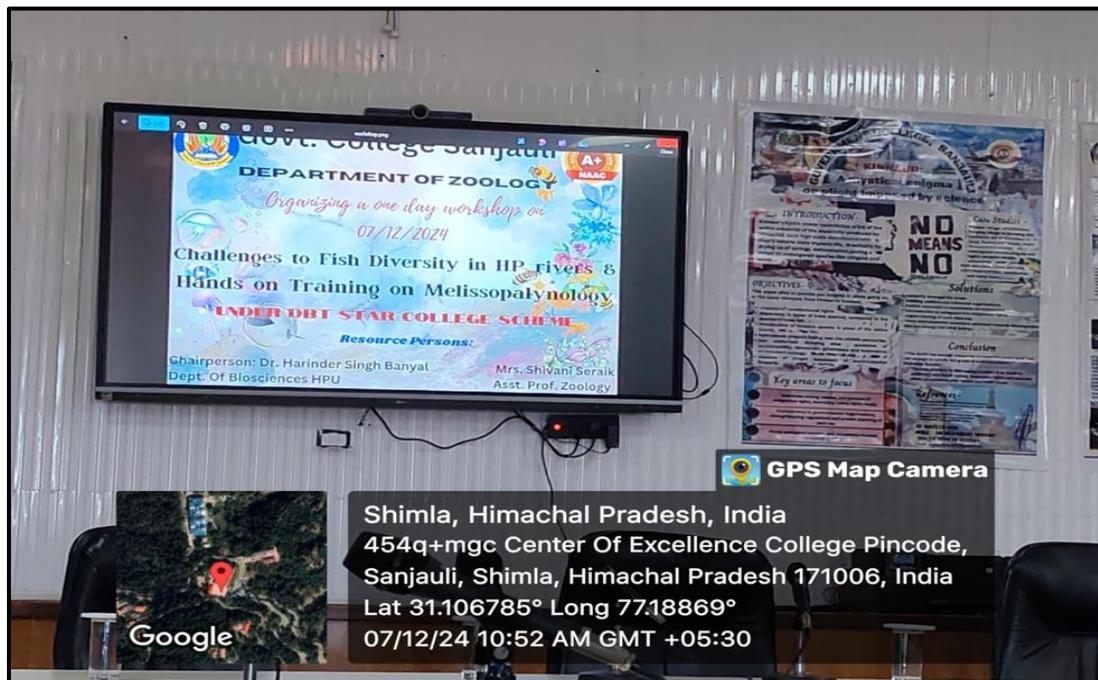
Date : September 19, 2024
Time : 12:30 p.m.
Venue: Auditorium



Debate Competition



Intercollegiate Participative Collaborative Learning



Students Attended One Day Workshop at COE Govt. College Sanjauli



Hands- on Training on Melissopalynology at COE Govt. College, Sanjauli



Celebrating World Mental Health Week with an Engaging Inter-College Quiz Competition, Where Knowledge Meets Awareness; October 7, 2024



Intercollege Economics Literacy Meet; March 18, 2025



Special Lectures



A Lecture Cum Workshop Delivered by the Computer Science Students on “Basic Word Processing Tools” at Sanatan Dharam Senior Secondary School, Ganj Bazaar, Shimla ; September 20, 2024



Lecture Cum Workshop by Mathematics Students at City Public School, Bhattakuffer; March 13, 2025



Seminars



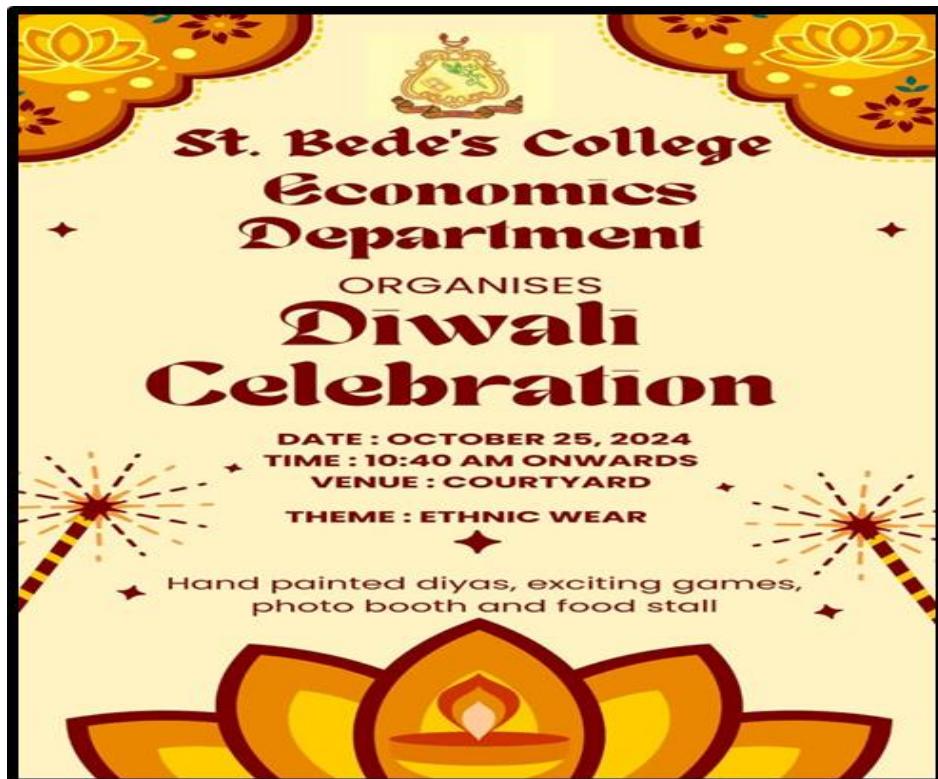
**One-Day Seminar on 'Mind Mastery: Achieving Excellence And Personal Growth Through Psychology,'
Featuring Expert Insights on Mental Health, Personal Development, And the Impact of Psychological
Techniques in Cyber Security; December 9, 2024**



Awareness Session on Special Rights Under "Bhartiya Nagrik Suraksha Sanhita 2023"



Learning Through Cultural Forums (Sample)



Department of Economics



Versification

Self Composed Poetry by the Students in English and Hindi

Write- Ups in English and Hindi by the Students



केंद्रीय छालाके की लोक कथा

हिंगाचल प्रदेश के शिखना जिले में केंद्रीय रियासत अपनी उत्तिहासिक विरासत और लोक कथाओं के लिए प्रसिद्ध है। यह शैत काशी पुक स्वतंत्र रियासत था, जहां स्थानीय राजाओं ने शासन था। यहां की लोक कथाएं यहां की संस्कृति, रहस्यमयी घटनाओं और देवी-देवों की कहानियों से भरपूर हैं।

मृत समय महले, केंद्रीय रियासत यर पुक न्यायप्रिय और सरोपकारी राजा शासन करता था। राजा का नाम शीर बंद्रेन था। वह अपनी मजा से बहुत प्रेरण देता था और हमेरा उनकी शालाई के लिए कार्य करता था। लैकिन राजा को पुक चिंता की उमड़ी कीई संतान नहीं थी, जिससे राज्य का उत्तराधिकारी नहीं था।

राजा ने कई जनियों में युजा की, तमस्तियों से आशीर्वाद लिया, लैकिन कोई समाधान नहीं निकला। पुक दिन, पुक दिव्य तंत्र उसके गहल में आए। उन्होंने राजा से कहा, "राजन, तुम्हारी संतान प्राप्ति तभी संभव होगी जब तुम अपने राज्य में स्थित रहिए। मैं तपस्या करोगे और वहां पुक विशेष बलिदान देऊं।"

राजा ने संत के बचों को गर्भीरता से लिया और अपने विश्वसनीय दूतावारों के साथ मुकुा की ओर चल मढ़ा। वह मुकुा के पास पहुंचा और वहां चोर तपस्या की। कई दिनों तक राजा ने बिना शोजन मानी के देवी की उपासना की। अंततः देवी प्रनाम हुई और उन्होंने राजा को दर्शन दिए।

देवी ने राजा ने कहा, "हे राजन! तुम्हें पुक पुत्र रहन की ग्राही होगी, लैकिन पुक शर्त है – यह बालक अठारह वर्ष का होता ही राजन छोड़कर पुक योगी बनेगा।" राजा ने संतान प्राप्ति की खुशी में यह शर्त स्वीकार कर ली। कुछ दम्भ बाद, योगी ने पुक सुनें पुत्र को जन्म दिया, जिसका नाम अर्जुनसेन रखा गया।

राजकुमार अर्जुनसेन बड़ा होकर पुक बहापुर, बुद्धिमान और दयालु युवक बना। जब वह अठारह वर्ष का हुआ, वो गहल में जारी बटनाम पहने लगी। कभी राजकुमार को जांगलों में अकेले चलते हुए देखा जाता, कभी वह चंदों तक किसी से बात किए जिना ध्यान नहीं रहता।

पिर पुक दिन, जब राज्य में पुक बड़ा उत्सव मनाया जा रहा था, अर्जुनसेन अचानक अदृश्य हो गया। लोगों ने उसे बहुत लोग, लैकिन उचका कोई पता नहीं चला। कुछ दृढ़ लोग कहते हैं कि उन्होंने उसी मुकुा की ओर जाते देखा था। जब राजा ने बहां जाकर देखा, तो मुकुा के अंदर पुक दिव्य प्रकाश था और उचके केंद्र में अर्जुनसेन ध्यान में लीन था।

कहा जाता है कि अर्जुनसेन ने बहीं ध्यान लगातार योगी का रूप धारण कर लिया और अंततः स्वर्गलोक चला गया। इस घटना के बाद, केंद्रीय रियासत में कई वर्षों तक शांति और समृद्धि बनी रही।

यह कथा केंद्रीय लोक की उत्तिहासिक और आध्यात्मिक विरासत की दर्शाती है। यह हमें बताती है कि कुछ लोग जन्म से ही पिरेव उद्देश्यों के लिए होते हैं और उनके जीवन का मार्ग नियाति द्वारा निर्धारित होता है। आज भी, केंद्रीय लोक के कुछ हिस्सों में अर्जुनसेन की गाथाएं सुनाई जाती हैं और पुक दिव्य आत्मा के रूप में पूजे जाते हैं।

दुर्मी प्रियांशु ठाकुर
पृष्ठ प्रयत्नवर्ष

05

Folk Tales by the Students



PROBLEM SOLVING METHODOLOGY

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Projects

**FLORISTIC DIVERSITY OF NARKANDA
TEHSIL KUMARSAIN, DISTRICT SHIMLA,
HIMACHAL PRADESH**

A PROJECT
Submitted in partial fulfillment of the degree of
M.Sc. Botany
2025

... a study on the floristic diversity of Narkanda, a small town in the northern part of Himachal Pradesh, India. The project aims to document the plant life of the area, including its distribution, abundance, and diversity. The results will be used to develop a better understanding of the local ecosystem and its conservation needs.

St. Bede's College

ANUJA

**DEPARTMENT OF BOTANY
ST. BEDE'S COLLEGE, SHIMLA
NAAC ACCREDITED 'A' GRADE
AFFILIATED TO HIMACHAL PRADESH UNIVERSITY**

Department of Botany



OPEN READING FRAMES

Project On Lactobacillus sp. 59DCEP01MX 16S



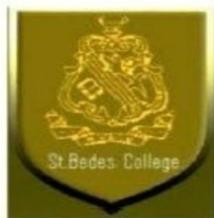
Submitted To - Dr. Navdeep Thakur
Submitted By - Aastha Nresht
BSC. Biotechnology Honours
2024-2025

Department of Biotechnology



A
PROJECT REPORT ON
BUYING BEHAVIOUR TOWARDS NIKE

SUBMITTED TO
ST. BEDE'S COLLEGE, SHIMLA



IN PARTIAL FULFILMENT OF UNDER GRADUATE DEGREE IN
BACHELOR OF BUSINESS ADMINISTRATION
SESSION 2022-2025

SUPERVISED BY:
DR. RAMAN BASSI

SUBMITTED BY:
DHUN DUBEY
ROLL NO. 5220830017

Department of Commerce and Management



St. Bede's College

NAAC Re-Accredited 'A' Grade

A PROJECT REPORT

on

ANALYSING WATER SUPPLY PATTERN IN SHIMLA: CONSUMPTION, QUALITY AND CONSERVATION PRACTICES



ST. BEDE'S COLLEGE, SHIMLA
DEPARTMENT OF ECONOMICS

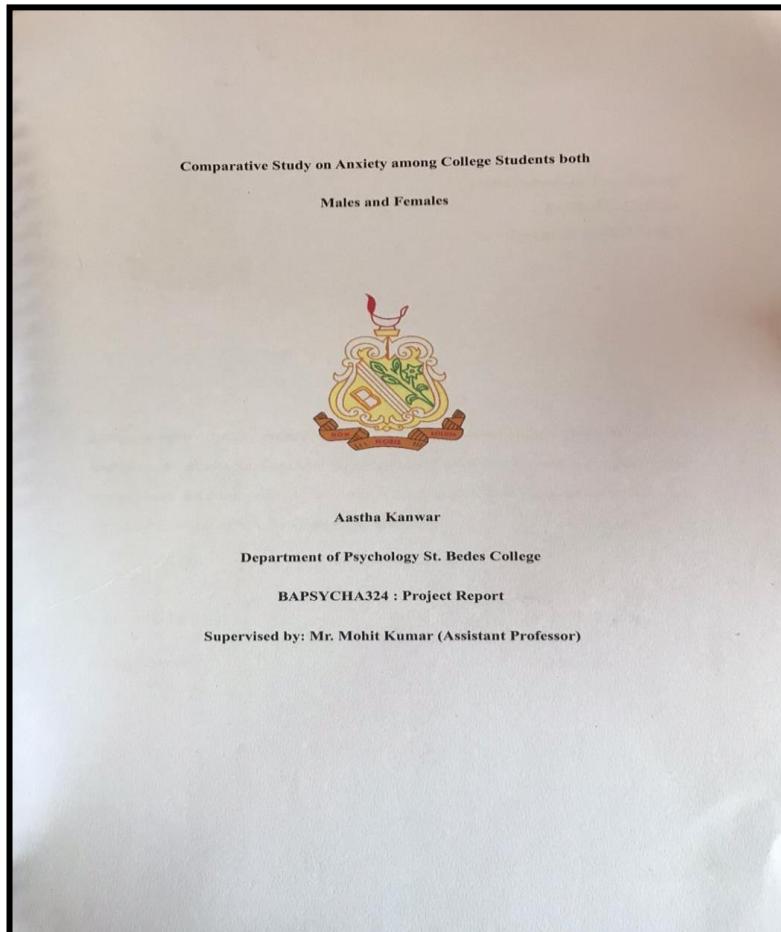
Submitted to:

Dr. Anupama Tandon
Associate Professor
Head, Department of Economics

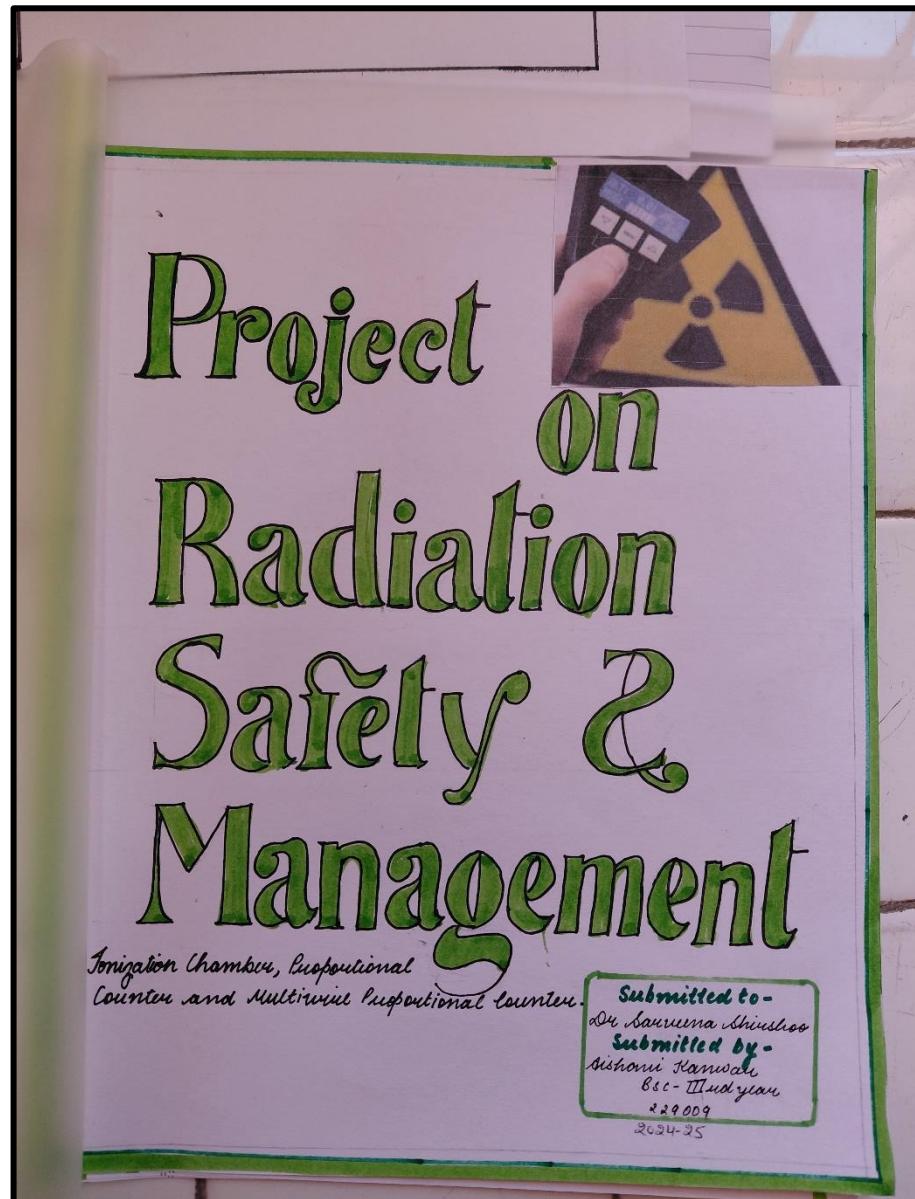
Submitted by:

Ms. Diksha Uniyal
BA III Economics Honours

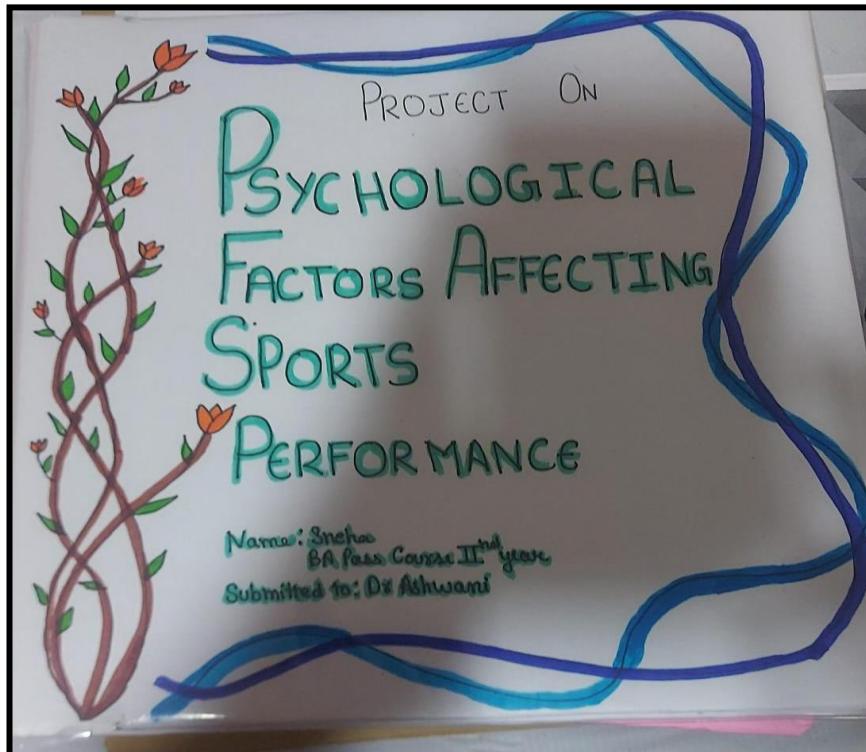
Department of Economics



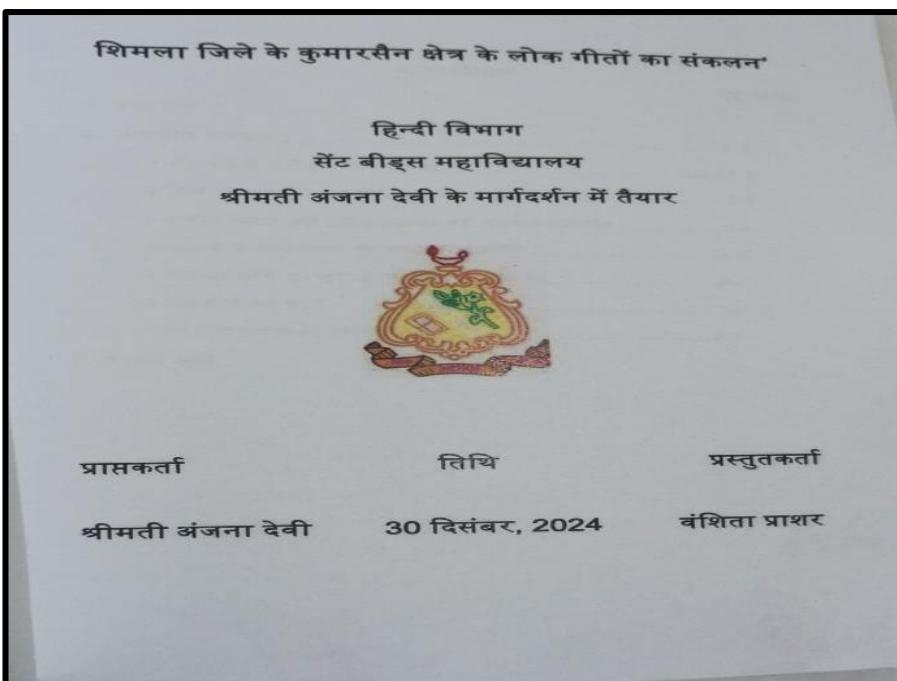
Department of Psychology



Department of Physics



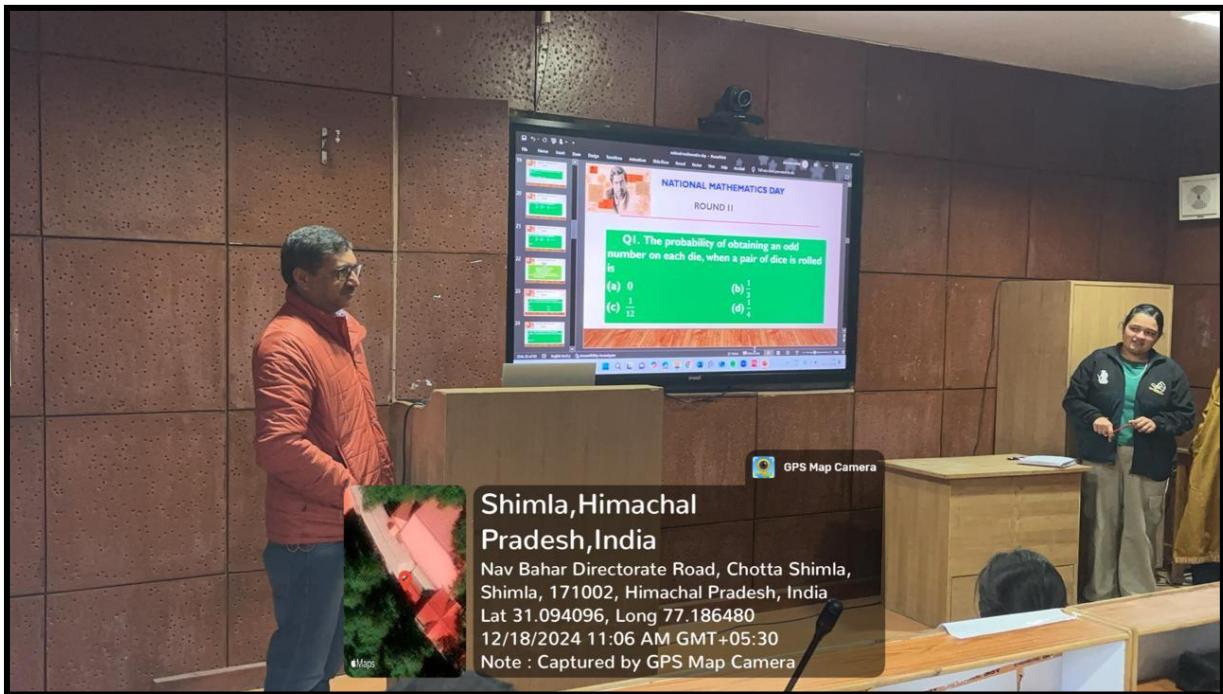
Department of Physical Education



Department of Hindi



Quiz



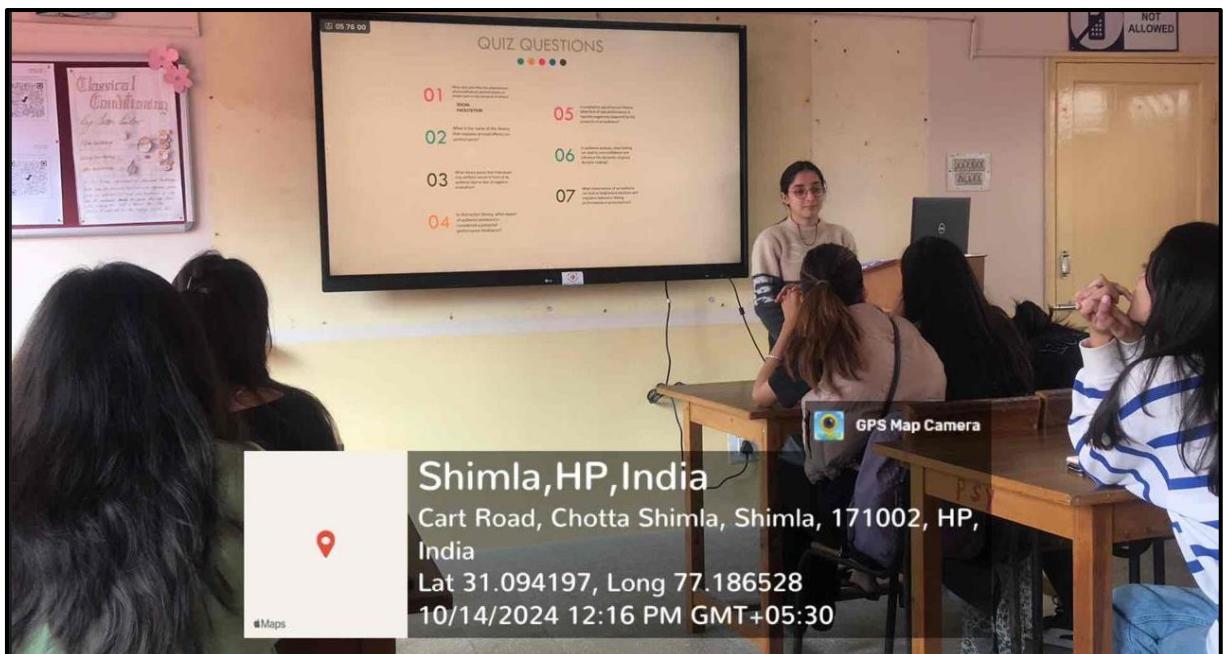
Department of Mathematics on Occasion of National Mathematics Day



Inter College Quiz Competition on World Mental Health Day Organized by Department of Psychology



Quiz Organized by Department of Commerce and Management



Quiz Organized by Psychology Department



Open Book Test



Department of Biotechnology (Sample)



Case Study

THE ROLE OF WOMEN IN RURAL DEVELOPMENT, A CASE STUDY OF AMRITSAR, PUNJAB A FIELD PROJECT

Submitted to

Department of Geography, St. Bede's College

[Session: 2024 to 2025]

Under the Supervision / Guidance of

[Dr. Pankaj Aashish, Head of Department]

St. Bede's College

By

Arpita Verma

(B.A GEOGRAPHY HONOURS 2nd YEAR, STUDENT)

Roll No. 12231350014



ST. BEDE'S COLLEGE

(Himachal Pradesh University)

SHIMLA

2024

Department of Geography



ST. BEDE'S COLLEGE
PUBLIC OPINION AND SURVEY
RESEARCH PROJECT

TOPIC : CURRENT GOVERNMENT SATISFACTION AMONG
DIFFERENT AGE GROUPS.



BY :
SHROOTI SHARMA
ANNANDITA SHARMA
MUSKAN TEGWAN
DIVIJA JUSTA
GUNJAN CHAUHAN
KRITIKA VERMA

SUBMITTED TO :
MRS. KOMAL SHARMA

Shrawan 24/03/2021

Department of Political Science

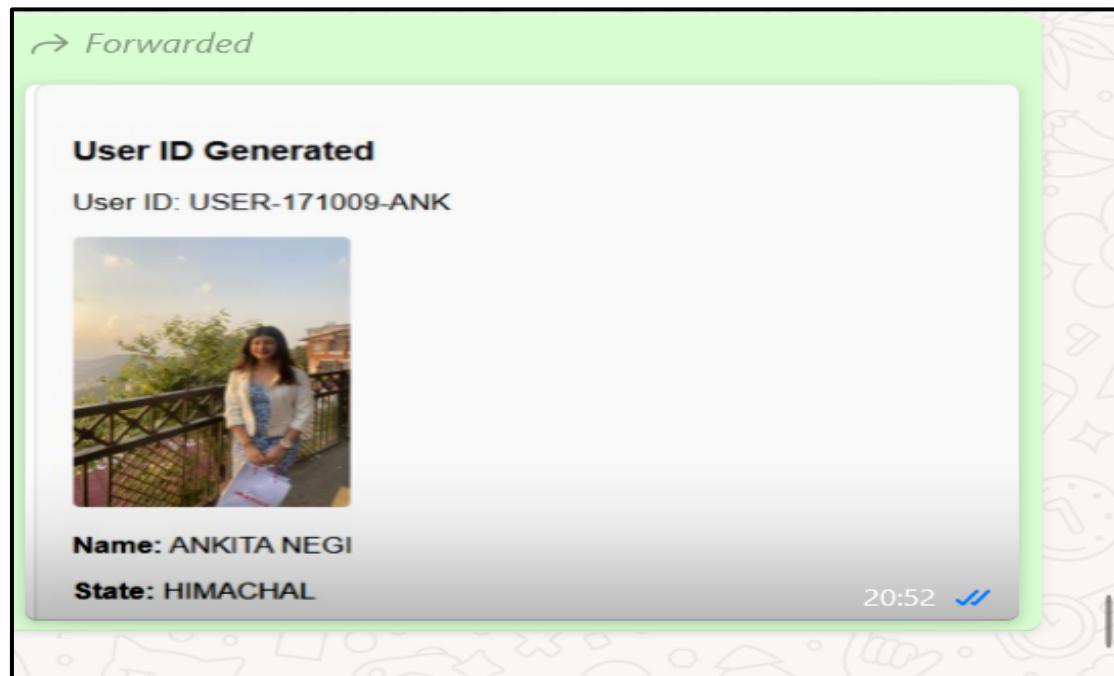


Critical Thinking/Brainstorming session

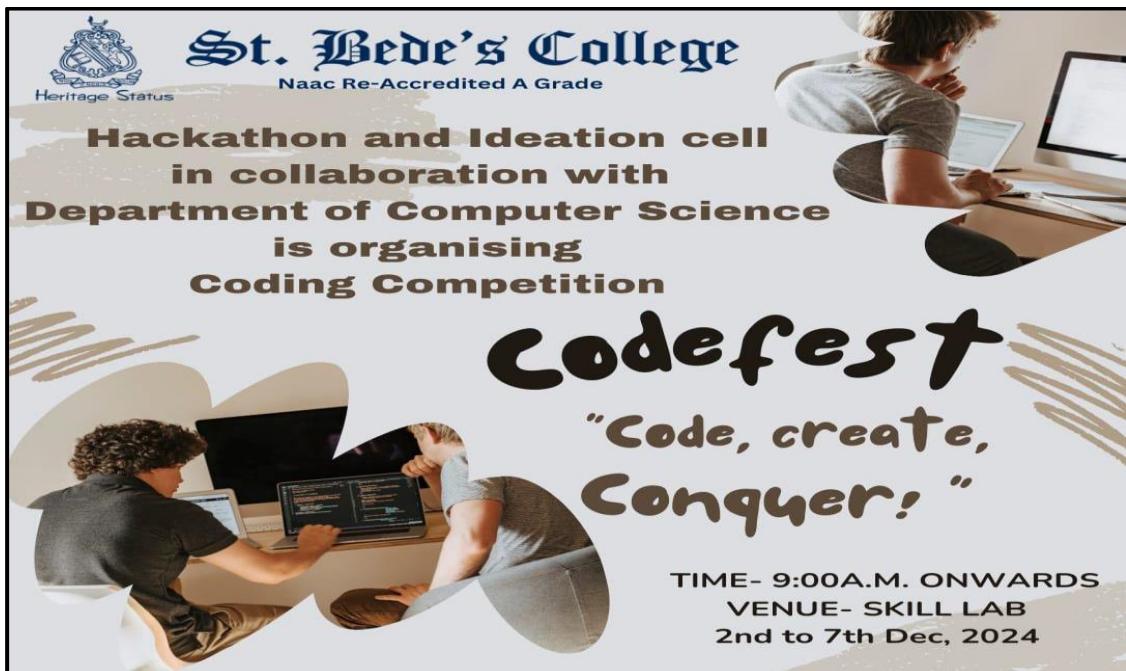


Critical Thinking Through Inquiry-Based Learning: Examining Internal Structure of Pila; Zoology Department

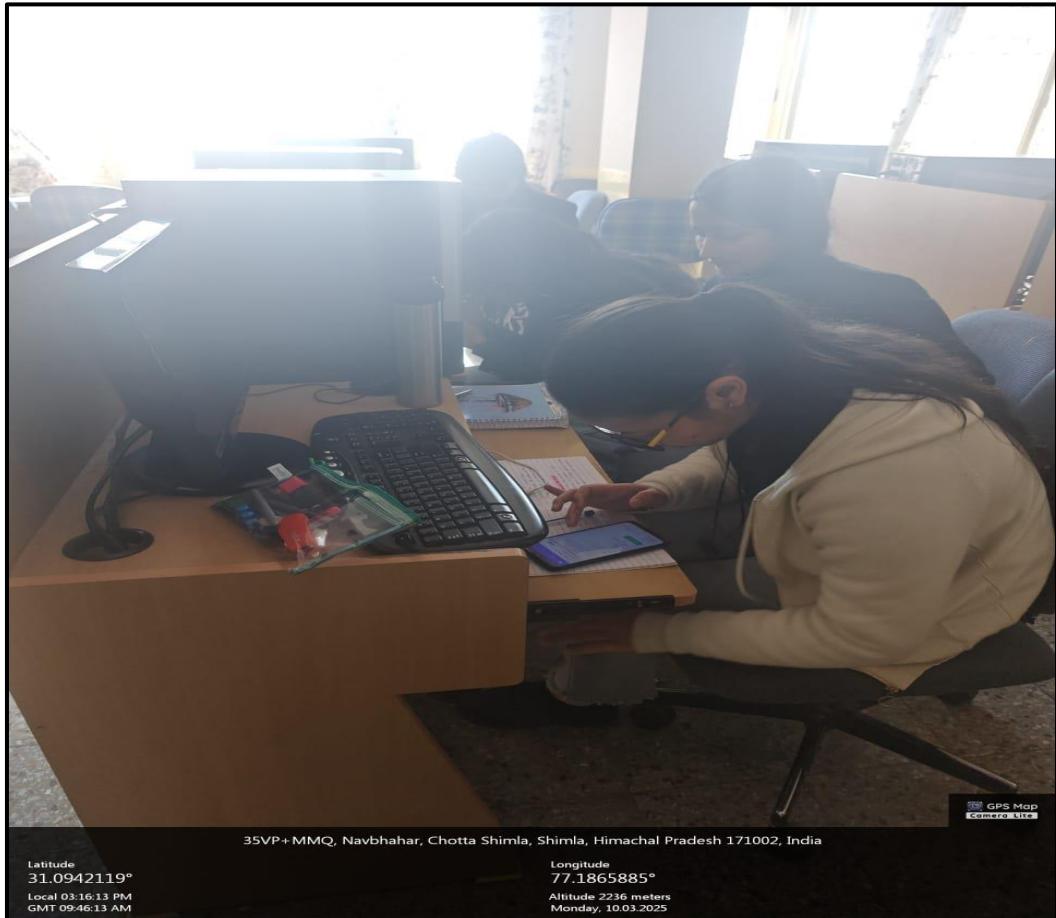
Critical Thinking Through Designing College Registration Form; Computer Science Department



Generation of ID Cards Using Registration Form ; Computers Science Department

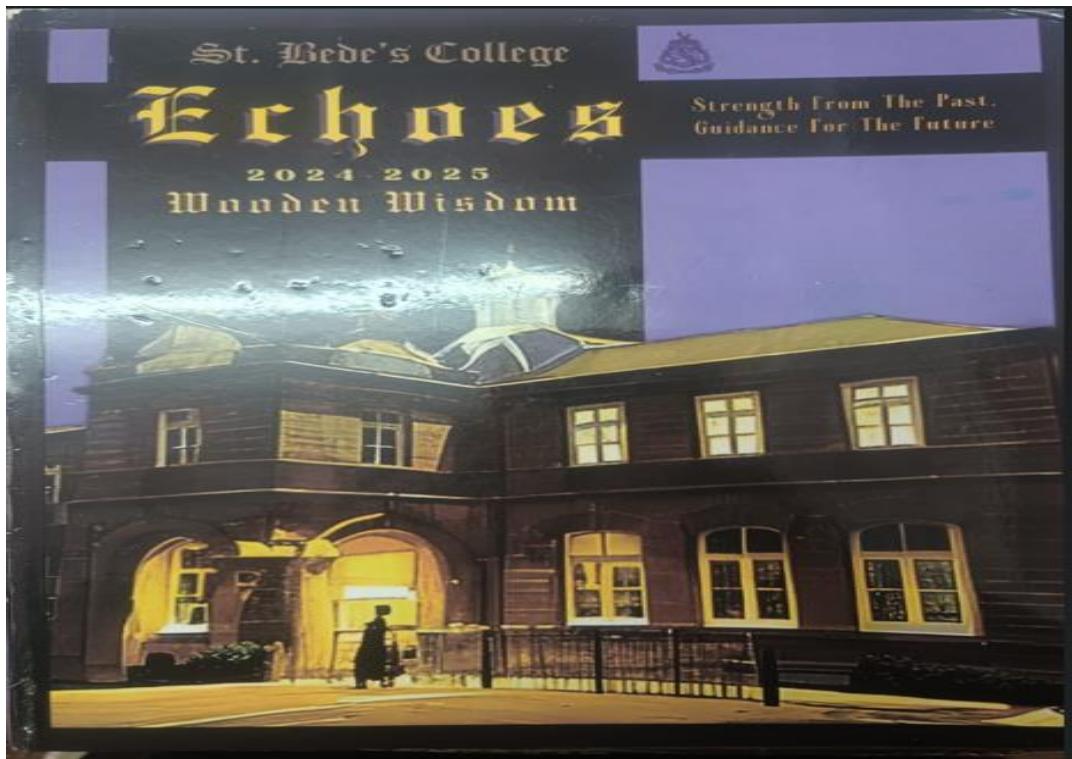


Coding Competition

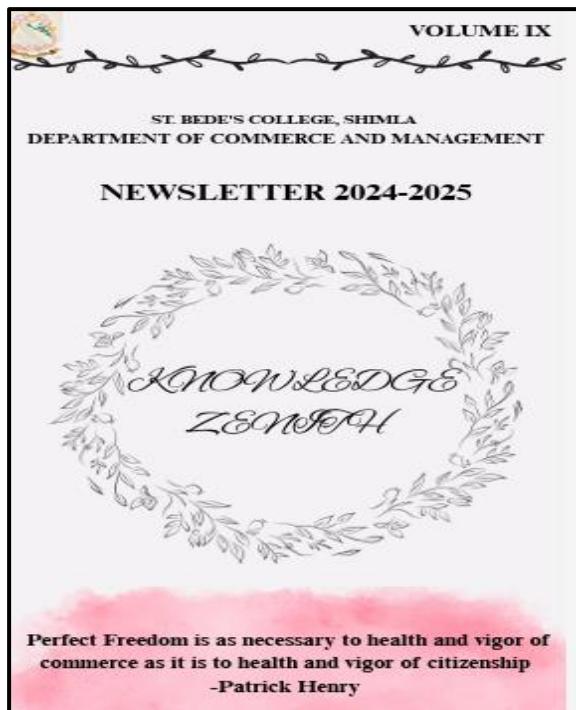




Creative Designing



College Magazine; Echoes



Newsletter;
Department of Commerce and Management



Newsletter;
Department of Computer Science



NEWSLETTER 2024-25 | VOL. XI

BEDEnomics

ST. BEDE'S COLLEGE, SHIMLA
DEPARTMENT OF ECONOMICS

THE ECONOMY OF HARAPPAN CIVILIZATION: A LEGACY OF TRADE AND INNOVATION

Ever since the existence of civilizations, humans have been trading to facilitate exchange. But trading can happen without coins also, by recording debt. It is debt that played an essential role in the creation of one of the earliest civilizations. The Harappan Civilization, also known as the Indus Valley Civilization (2600-1900 BCE), was one of the world's earliest urban cultures. This civilization was built on a strong economic foundation driven by trade, agriculture, and craftsmanship. Archaeological evidence reveals a sophisticated economic system that influenced regional and long-distance commerce. The Harappans were highly skilled artisans, producing high-quality goods that fueled their economy. Some notable industries included pottery and ceramics, bead-making, metallurgy, and textile production. These industries not only met local demand but also

sites, indicating a centralised system of trade and taxation. The presence of granaries suggests surplus food storage, possible for redistribution or trade purposes. The standardization of city layouts, including grid-patterned streets and advanced drainage systems, suggests economic planning and administrative control. Around 1900 BCE, the Harappan Civilization declined due to a combination of factors, including environmental changes, shifting river courses, and possibly declining trade with Mesopotamia. As agriculture suffered, urban centers were abandoned, leading to economic collapse. The Harappan Civilization's economy was an intricate system of agriculture, trade, industry, and governance. Its sophisticated trade networks and urban planning reflect an advanced economic model that influenced later civilizations. The archaeological remains of Harappa and Mohenjo-Daro provide valuable insights into one of the earliest examples of an organized economic system in human history.

Newsletter; Department of Economics

VOLUME III

ST. BEDE'S COLLEGE

E-NEWSLETTER BY THE DEPARTMENT OF POLITICAL SCIENCE
2024-2025

SATIRE AND THE STATE
Where politics meets punchlines, satire holds a mirror to power, reflecting the absurd and challenging the ordinary. In India's vibrant democracy, satire is the voice that dares to question, critique, and provoke.

THE SUPREME COURT OF INDIA

Newsletter; Department of Political science

Zoology Buzz
Department of zoology
St. Bede's College

Zoology Highlights

THE DISCOVERY OF 866 NEW MARINE SPECIES

The Nippon Foundation-Nelson Ocean Census, the world's largest collaborative effort to accelerate the discovery of marine life, today announced the discovery of 866 new marine species. This is a significant milestone in the Census' mission to identify the last frontier of life on Earth, with discoveries expected to grow as the programme continues.

The identification and official registration of a new species can take up to 13.5 years—meaning some species may go extinct before they are even discovered. The Nippon Foundation-Nelson Ocean Census has recently launched the Ocean Census in April 2023 to transform species discovery, accelerating the identification of marine life to close critical knowledge gaps before it's too late.

TURRIDRUPA MAGNIFICA – GASTROPOD

A marine gastropod discovered at 200–500m depths off New Caledonia and Vanuatu by Dr. Peter Stahlschmidt (University of Landau, Germany).

NEW OCTOCORAL

Found in the Maldives by Aishath Sarah Hashim & Aminath Nasath Shafeeq (Maldives Marine Research Institute) and Asako K. Matsumoto (Otsuka Institute of Technology; The University of Tokyo, Museum, the University of Tokyo). There are only 5 known species of this genus.

RIDHIMA KASHYAP
BSC III YR

Newsletter; Department of Zoology

Volume: III
Issue: III
2024-2025

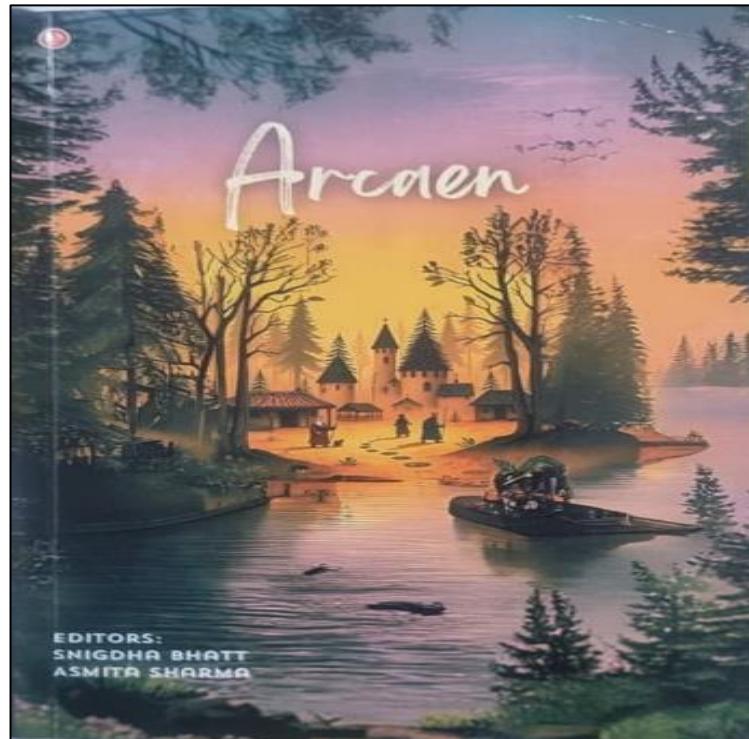
NEWSLETTER
BEDE'S SPORTS PULSE

Highlights-

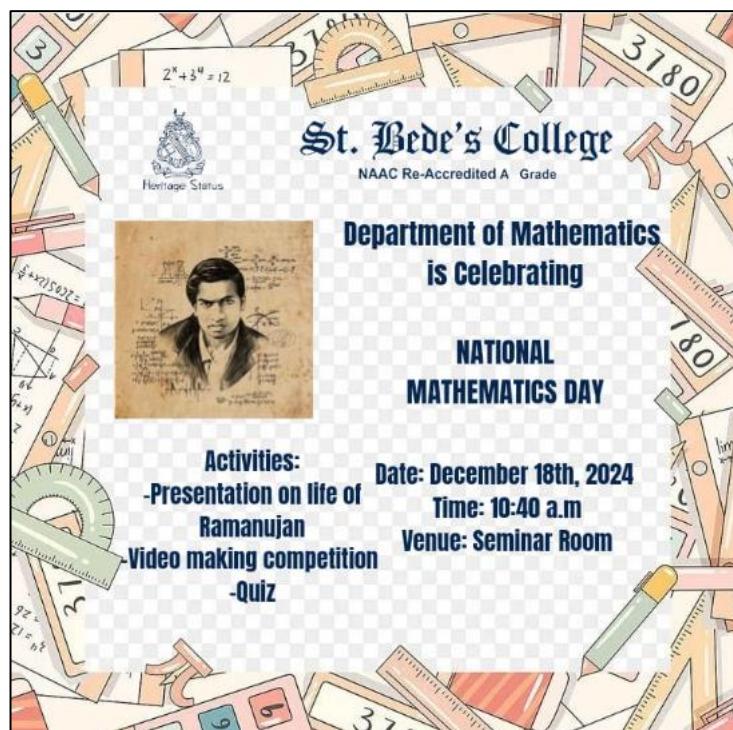
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CITIUS, ALTIUS, FORTIUS
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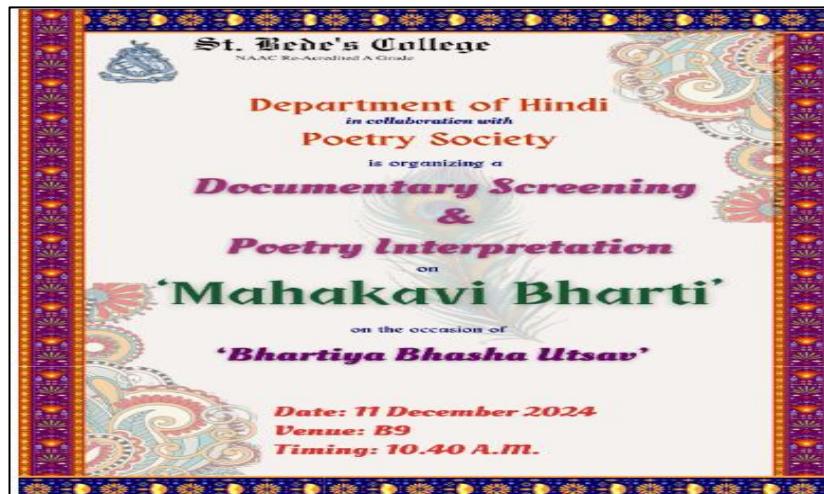
Newsletter; Department of Physical Education



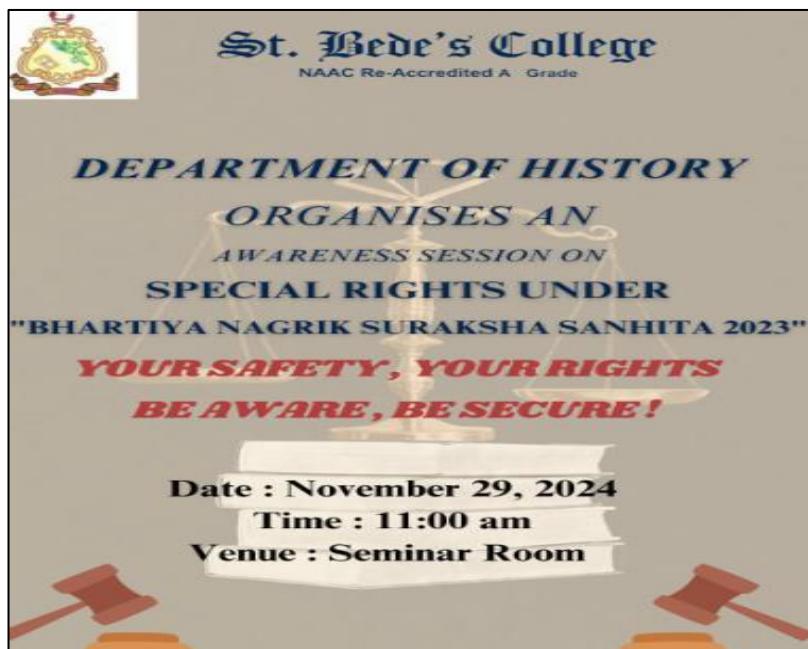
Book; English Department



Brochure; Department of Mathematics



Brochure; Department of Hindi



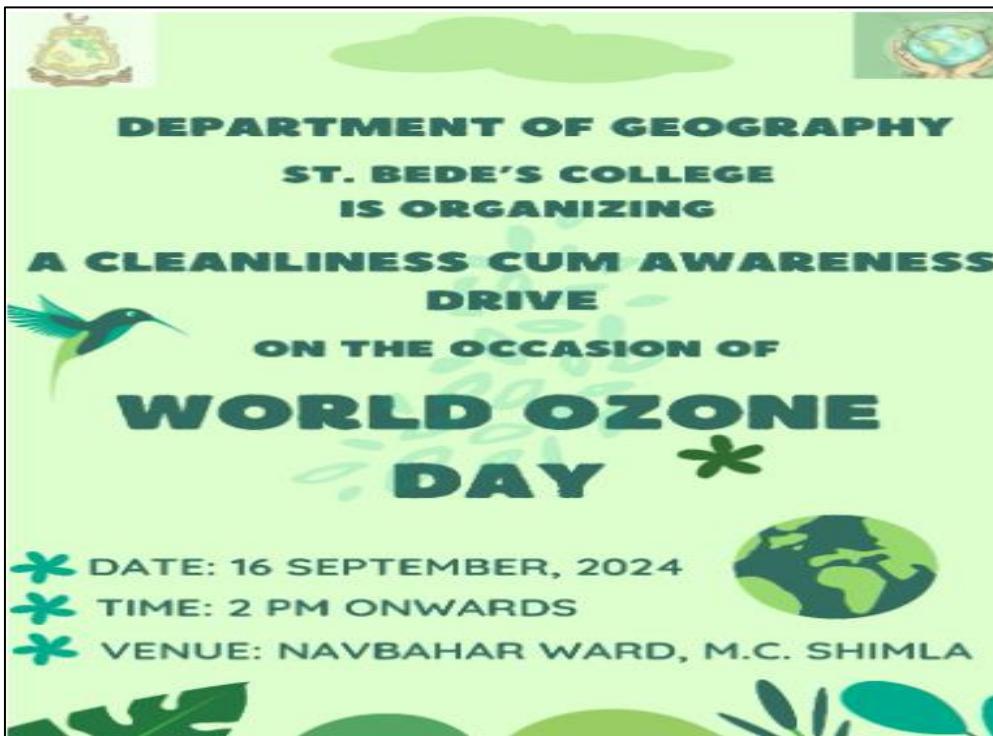
Brochure; Department of History



Brochure; Department of Political Science



Brochure; Department of Botany



Brochure; Department of Geography



Creative Writing

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Documentation of Folklores in the Form of Short Stories by the Students of English Department, Later Published in the Form of Book



केओथल रुलाके की लोक कथा

हिंगाचल प्रदेश के शिशला जिले में केओथल रियासत अपनी ऐतिहासिक विरासत और लोक कलाओं के लिए प्रसिद्ध है। यह शैत बाजी पुक स्वरंत्र रियासत था, जहाँ राजनीय राजाओं का नामान था। यहाँ की लोक कलाओं में बहुत कम्भ महल, केओथल रियासत पुक न्यायप्रिय और योगकारी राजा शासन करता था। राजा का नाम शैत चंद्रलेन था। वह अपनी प्रजा से बहुत मेंग करता था और हमेरा उन्होंने गुलाई के लिए कार्य करता था। लैकिन राजा की पुक जिता से उनकी कोई संतान नहीं थी, जिससे राज्य का उत्तराधिकारी तब नहीं था। राजा ने कई मंदिरों में दूजा की, तपस्कियों से आशीर्वाद लिया, लैकिन कोई समाधान नहीं निकला। उक दिन, पुक दिव्य वंत उसके गहल में आए। उन्होंने राजा से कहा, "राजन, तुम्हारी संतान प्राप्ति की संभव होनी जब तुम अपने राज्य में विद्युत विनापन में तबस्या करोगे और वहां पुक विशेष बलिदान दोगे।" राजा ने चंत के बचों की बंधीरत से जिम्मा और अपने प्रजा के लिए दिव्य दरबारियों के साथ गुका की ओर चल पड़ा। वह गुका के बह घुण्डा और बहां घों तबस्या की। कई दिनों तक राजा ने जिम्मा और जागराती के देवी की उपाधान की। अंततः देवी प्रवक्ष द्वारा उन्होंने राजा की दर्शन दिए। देवी ने कहा, "हे राजन! तुम्हें पुक युवरतन की प्राप्ति होगी, लैकिन पुक शर्त है – यह बालक अठारह वर्ष का होता ही राज्य छोड़कर पुक दोनों बनेगा।" राजा ने चंतान प्राप्ति की तुरंती में यह शर्त स्वीकार कर ली। कुछ दिन बाद, राजी ने पुक युवरु को जन्म दिया, जिसका नाम अर्जुनदेव रक्षा गया। राजकुमार अर्जुनदेव बड़ा होकर पुक बहानुर, तुम्हानान और दयालु सुवक्तु बना। जब वह अठारह वर्ष का हुआ, तो गहल में अंतर अर्जुनदेव ने वहीं व्यान लगातार योगी का रूप धारण कर लिया और अंततः स्वर्गलोक चला गया। इस गह आता है कि अर्जुनदेव ने वहीं व्यान लगातार योगी का रूप धारण कर लिया और अंततः स्वर्गलोक चला गया। इस व्यान के बाद, केओथल रियासत में कई वर्षों तक शांति और समृद्धि हो गया। लोगों ने उचे बहुत सोला, लैकिन उचका कोई यता नहीं चला। कुछ बुद्ध लोग कहते हैं कि उन्होंने उसी गुका की ओर जाते देखा था। जब राजा ने बहु काकर देखा, तो गुका के अंदर पुक दिव्य प्रकाश था और उसके कैंद्र में अर्जुनदेव व्यान में लीन था। यह कथा केओथल की प्रेतिहासिक और आध्यात्मिक विराचत की दर्शाती है। यह हमें बताती है कि कुछ लोग जन्म से ही ये विशेष उद्देश्यों के लिए होते हैं और उनके जीवन का गार्भ नियति द्वारा निश्चिरित होता है। आज भी, केओथल के कुछ हिस्सों में अर्जुनदेव की गाथाएं सुनाई जाती हैं और पुक दिव्य आत्मा के रूप में पूजे जाते हैं।

दूस्री प्रियांशी ठाकुर
के.उ.प्रथम वर्ष

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Folk Tales by the Students



MEN WITHOUT WOMEN
-HARUKI MURAKAMI

As the title suggests, this book follows stories of men in their longgosses and loneliness. This is a collection of stories about separation and missing love. It follows a man as they struggle to get their love back after their love has departed. It follows men trying to find their love again while experiencing much in a time of disconnection. This is a collection of stories about every love one's heartbeats the strongest than they are currently at. For this is a hit on the real part of the spectrum. This book is like a book that follows and highlights the human world, struggles of the human spirit and separability of the human spirit. We have this man, Saito, who lost his wife, 10 years ago after a short illness being caused by his human disease and didn't even know from the performance about his past especially the affairs of his late wife and eventually selling women above his status of becoming a father after when he thought had an affair with his wife a few years ago, Saito, asking his friend to save his girlfriend because he thinks that he is a good man, a regular romantic example. The "Vocal" with a strange face of looking up with a confused look in many relationships but somehow arrangements had, what eventually fell in love with a married woman who can't love her looks, a man who received his third phone call about another ex-girlfriend who died by committing suicide a young man, Ichiba, is influenced with previous sexual pleasures from his grandmother, who after their conversation past with a man, Ichiba, who separated in her other life with his wife and being suddenly visited by her and makes such a crazy who died himself transferred feelings back to a human. People having different backgrounds and issues, that follow these characters in this book, all of these can have a missing piece in their hearts.

After reading quite a few of his books, I am now realizing that Murakami has a knack of being observant. He was able to convey those feelings in his books and he was able to make me feel those emotions with him. I believe that's the main reason why I enjoyed this book. Standard readers just become part of the story by letting you be like a bystander in a certain story, a part of the book, a guest in a room. With all the books that I read of his, there's an feeling of disconnection. With this book being a short story collection, the connection between stories was obviously close and it is as if like I were still reading the previous story. Not wanting to move forward, unconnected responses to like unconnected love and choosing to stand in the gaps of love are the themes prevalent in this collection.

Through this collection, aesthetically, this, I see positivity in the sense, it's a good story about how different people cope with love and life and how they should be understood. There's a lot to be discovered about the book's main protagonist. You'll question their associations behind their actions. Each story is distinct. There's the other but each story values the importance of communication, which is a way a person presents him and to another. Most of people may view this as something to be enjoyed and that's what keeps them moving, but others find value within their own private selves, in their souls. So in the end, maybe that's the challenge to look inside your own heart, as perspectives and emotions on your own, and to make peace with who you had there. If we hope to truly see another person, we have to start by looking within ourselves."

Book Review by the Students



Additional Problem Solving Techniques

Question Bank

प्रश्न बैंक

विषय - लोक साहित्य - DSC-1A[HIND-305]

प्रश्न: 1 लोक साहित्य से आपका क्या अभिप्राय है? लोक साहित्य को परिभाषित करते हुए उसका स्वरूप स्पष्ट

प्रश्न: 2 लोक साहित्य के महत्व पर प्रकाश डालिए।

प्रश्न: 3 लोक साहित्य के विशिष्ट अध्येताओं का परिचय दीजिए।

प्रश्न: 4 लोक संस्कृति क्या है? लोक संस्कृति की अवधारणा को विस्तार से स्पष्ट कीजिए।

प्रश्न: 5 लोक संस्कृति व लोक साहित्य में अंतर बताइए।

प्रश्न: 6 लोक साहित्य के अध्ययन की प्रक्रिया पर प्रकाश डालिए।

प्रश्न: 7 लोक साहित्य के संकलनकर्ता में कौन-कौन से गुण अपेक्षित है? विस्तार से लिखिए।

प्रश्न: 8 लोक साहित्य के प्रमुख रूप लोकगीत का विस्तारपूर्वक विवेचन कीजिए।

प्रश्न: 9 लोक नाट्य से आपका क्या अभिप्राय है? लोक नाटकों के प्रकार एवं विशेषताओं पर प्रकाश डालिए।

प्रश्न: 10 लोककथा से आप क्या समझते हैं? लोक कथा की विशेषताएँ बताइए।

प्रश्न: 11 संस्कार गीतों से क्या अभिप्राय है? संस्कार गीतों का विस्तार से परिचय दीजिए।

प्रश्न: 12 भारतीय लोकनाट्य परंपरा का विस्तार से परिचय दीजिए।

प्रश्न: 13 हिंदी लोक नाट्य के विभिन्न रूपों का परिचय दीजिए।

प्रश्न: 14 लोकनाट्य के रूप में 'रामलीला' एवं उसके रंगमंच के विषय में विस्तार से लिखिए।

Department of Hindi

Ms. Preeti Kaundal 18-04 01:25 pm

Dear students , I hope these objective type questions will help in your exam preparations.

Objective Type Questions- Biotechnology

1. The plasmid of the ____ bacteria was utilized to create the first recombinant DNA.

- (a) *Escherichia coli*
- (b) *Escherichia*
- (c) *Escherichia typhimurium*
- (d) *Escherichia coli*

Answer: ***Escherichia coli***

2. The term Biotechnology was coined by?

- (a) Herbert Kornberg
- (b) Seiji Tomog
- (c) K. L. Wilson
- (d) William Hess

Objective Type Questions for Economic Botany

1) _____ is known as a king of species?
Ans: Black pepper

2) _____ is known as a Queen of species?
Ans: Cardamom

3) _____ is known as a Queen of herbs?
Ans: Tulsi

4) Inflorescence of wheat is known as?
Ans: Spike

5) Inflorescence of rice is known as?
Ans: Panicle

6) What types of tea are fully fermented?

Objective Type ... **Objective Type ...**

Department of Botany



Question Bank

(Department of Biotechnology)

Recombinant DNA Technology (RDT)

1. Which of the following is commonly used as a vector for introducing a DNA fragment in human lymphocytes?

- (a) X phage
- (b) Retrovirus
- (c) Ti plasmid
- (d) PBR 322

Answer: B

2. Which kind of therapy was given in 1990 to a four year old girl with Adenosine Deaminase deficiency (ADA)?

- (a) Gene therapy
- (b) Chemo therapy
- (c) Immunotherapy
- (d) Radiation therapy

Answer: A

3. The two polypeptides of human insulin are linked together by_____

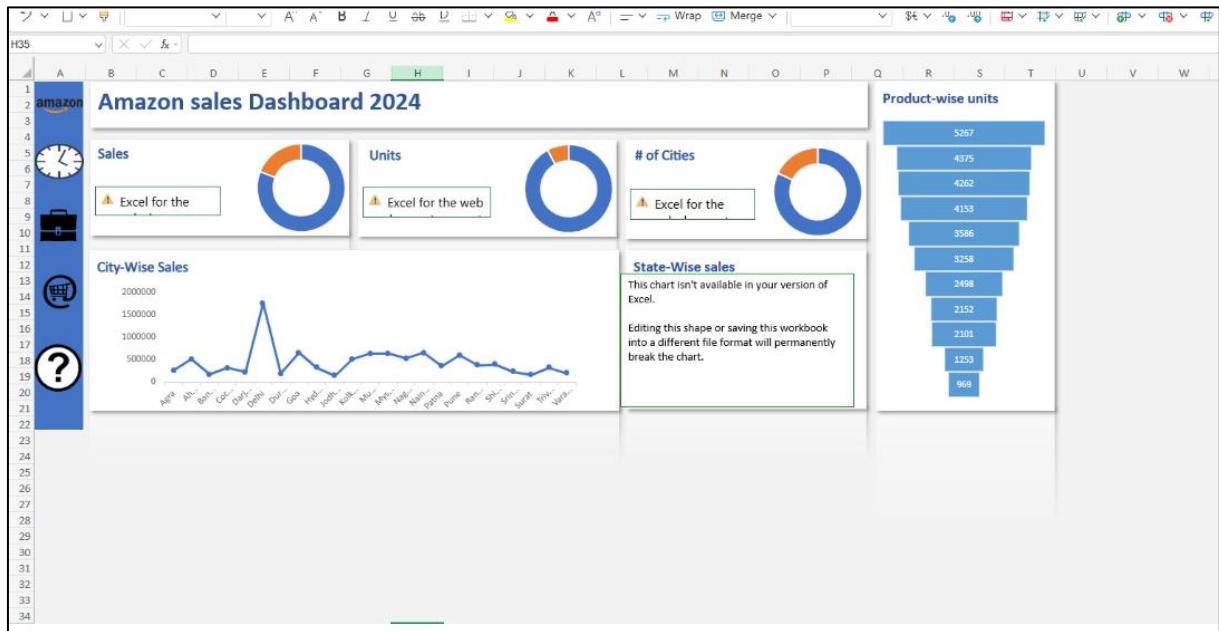
- (a) Phosphodiester bond
- (b) Covalent bond
- (c) Disulphide bridges
- (d) Hydrogen bonds

Answer: C

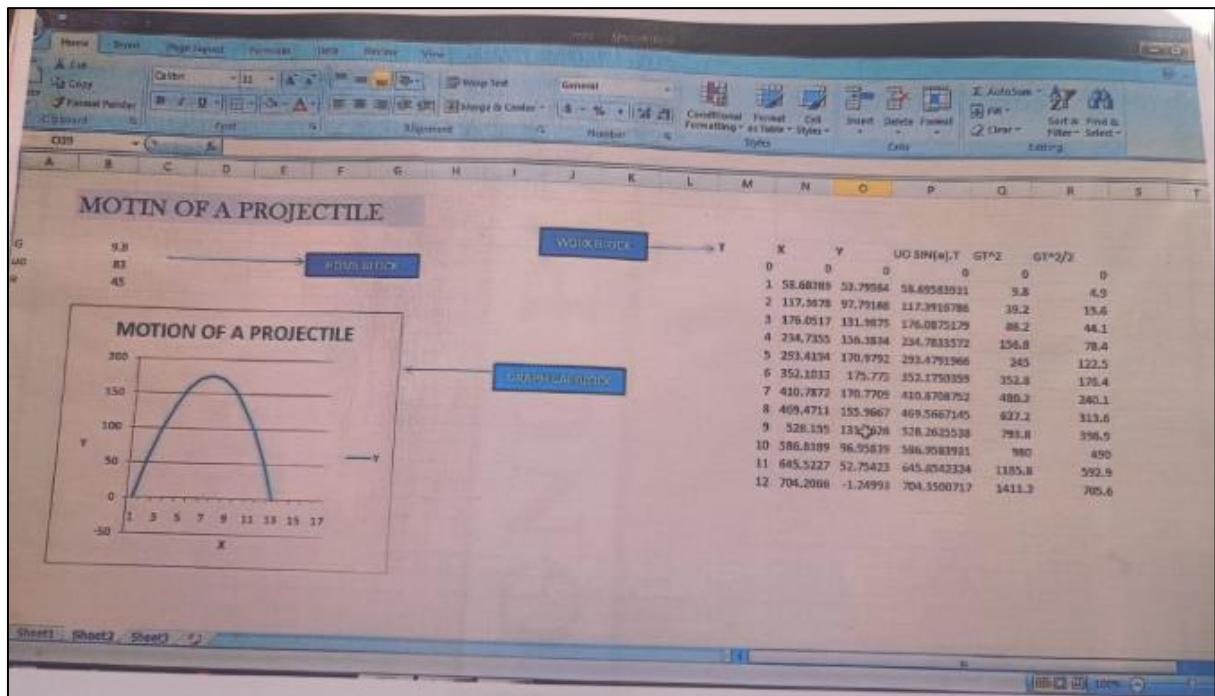
Department of Biotechnology



Problem Solving Through In Silico And In Vitro Experimentation; Department of Biotechnology



Charts Prepared by the Students about Amazon Sale in Excel; Computer Science Department



Students of Physics Department Showing Motion of Projectile in Excel



Transportation Problem Using Solver						
	D1	D2	D3	D4	Supply	
S1	19	30	50	10	7	
S2	70	30	40	60	9	
S3	40	8	70	20	18	
Demand	5	8	7	14	34	
	D1	D2	D3	D4	Out	Supply
S1	5	0	0	2	7	7
S2	0	2	7	0	9	9
S3	0	6	0	12	18	18
In	5	8	7	14	Total Cost	743
Demand	5	8	7	14	Total Cost	743

Solving Transportation Problem Using Excel; Department of Mathematics