



SUPPORTING DOCUMENTS

3.5.1

**NUMBER OF COLLABORATIVE ACTIVITIES FOR RESEARCH,
FACULTY EXCHANGE, STUDENT EXCHANGE DURING THE YEAR**



St. Bede's College
Shimla-171002
(UGC-NAAC "A" Grade Re-Accredited)
College with Potential for Excellence
Phone: 0177-2842304, Fax:- 0177-2842498
www.stbedescollege.in, E-mail- bedescollege@gmail.com

I, hereby confirm that a total of 14, collaborative activities for student exchange/internship were conducted during the year 2023-2024. The information of the total number is accurate to the best of my knowledge.

mallym
11/08/24
Principal
St. Bede's College
Shimla



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E-COPIES (LETTER OF CONFIRMATION FOR INTERNSHIPS)

1. Name of the participant: **Ms. Anushka Dhalta**
Department: Psychology (B.A. III Honours)
Name of the Activity: Internship
Name of the collaborating agency: MY Hospital
Year: 2023-24
Duration: 8 January- 2 February, 2024



Certificate of Internship



2. Name of the participant: **Ms. Vasundhara Sharma**

Department: Psychology (B.A. III Honours)

Name of the Activity: Internship

Name of the collaborating agency: MY Hospital

Year: 2023-24

Duration: 8 January- 2 February, 2024



Certificate of Internship



3. Name of the participant: **Ms. Bhumika Verma**

Department: B.A. (B.A. II Year)

Name of the Activity: Observership

Name of the collaborating agency: Dept. of Psychiatry IGMC, Shimla

Year: 2023-24

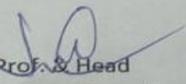
Duration: 4 June- 3 July, 2024

DEPTT OF PSYCHIATRY I.G. MEDICAL COLLEGE, SHIMLA-171001
No. MC/ PSY/2024/- 246 Dated:-04.07.2024

EXPERIENCE CERTIFICATE

This is to certify that Miss. Bhumika Verma D/O Sh. Aman Verma, student of Psychology from St. Bede's College Shimla has successfully completed one month of her observership in the Deptt. of Psychiatry IGMC, Shimla w.e.f 04.06.2024 to 03.07.2024

I wish all success in her life.


Prof. & Head
Deptt. of Psychiatry
IGMC, Shimla.
PROF. & HEAD
DEPTT. OF PSYCHIATRY
IGMC SHIMLA

Certificate of Observership



4. Name of the participant: **Ms. Raima Singh**

Department: Psychology (B.A. III Honours)

Name of the Activity: Observership

Name of the collaborating agency: Dept. of Psychiatry IGMC, Shimla

Year: 2023-24

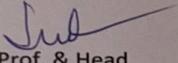
Duration: 4 January- 3 February, 2024

DEPTT OF PSYCHIATRY I.G. MEDICAL COLLEGE, SHIMLA-171001
No. MC/ PSY/2024/- 53 Dated:-12.02.2024

EXPERIENCE CERTIFICATE

This is to certify that Miss. Raima Singh D|O Sh. Ranjeet Singh, student of Psychology from St. Bede's College Shimla has successfully completed one month of her observership in the Deptt. of Psychiatry IGMC, Shimla w.e.f 04.01.2024 to 03.02.2024.

I wish all success in her life.


Prof. & Head
Deptt. of Psychiatry
IGMC, Shimla.
PROF. & HEAD
DEPTT. OF PSYCHIATRY
IGMC SHIMLA

Certificate of Experience



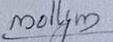
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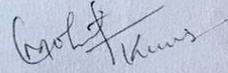
LETTER OF RECOMMENDATION

This is to certify that Ms...RAIMA...SINGH..... is a regular student of this college pursuing her graduation in BA.PSYCHOLOGY.HONS - III year

She is a diligent, resilient, and hardworking student who has demonstrated her dedication by continuously striving for academic achievement. Also, she bears a good moral character.

The college has no objection if she undergoes Observership/Internship/On Job Training in your institution of her own commencing from 1 JANUARY 2024.... till 31 JANUARY 2024


(PRINCIPAL)
Principal
St. Bede's College
Shimla


Mohit Kumar
Assistant Professor & HOD
Department of Psychology
E-mail ID: mkjangaan@gmail.com

Letter of Recommendation, Raima Singh



5. Name of the participant: **Ms. Aastha Grover**

Department: Psychology (B.A. I Honours)

Name of the Activity: Training Program

Name of the collaborating agency: Start a Fresh, Drug Counseling & Rehabilitation Centre, Shimla

Year: 2023-24

Duration: 9 May- 6 June, 2024



Certificate of Experience



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LETTER OF RECOMMENDATION

This is to certify that Ms. Aastha Grover is a regular student of this college pursuing her graduation in BA Psychology Honours. She is a diligent, resilient, and hardworking student who has demonstrated her dedication by continuously striving for academic achievement. Also, she bears a good moral character.

The college has no objection if she undergoes Observership/Internship/On Job Training in your institution of her own commencing from 13-05-2024 till 13-06-2024.

Sapna Sharma
for (PRINCIPAL)
Officiating Principal
St. Bede's College
Shimla - 2

Mohit Kumar
Mohit Kumar
Assistant Professor & HOD
Department of Psychology
E-mail ID: mkjangaan@gmail.com

Letter of Recommendation, Aastha Grover



6. Name of the participant: **Ms. Simran Jhaglaik**

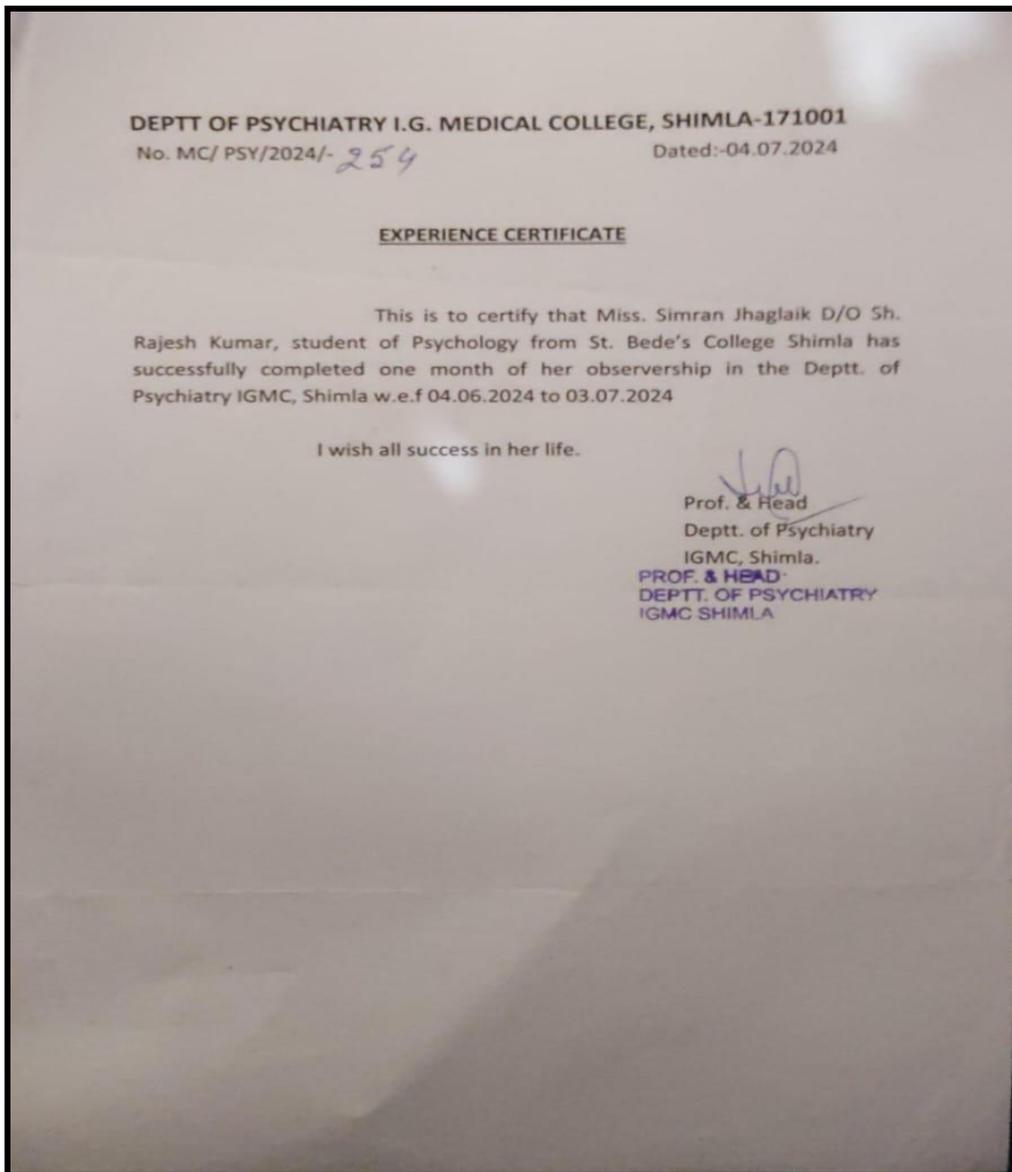
Department: B.A. (II Year)

Name of the Activity: Observership

Name of the collaborating agency: Dept. of Psychiatry IGMC, Shimla

Year: 2023-24

Duration: 4 June- 3 July, 2024



Certificate of Experience



7. Name of the participant: **Ms. Ishita Bhardwaj**

Department: Psychology (II Honours)

Name of the Activity: Training Program

Name of the collaborating agency: Regional Hospital Una H.P.

Year: 2023-24

Duration: 13 May- 19 June, 2024

OFFICE OF THE MEDICAL SUPERINTENDENT
REGIONAL HOSPITAL UNA DISTRICT UNA H.P.

No. HFW-MS RH Una (B)12/2024/ Dated

CERTIFICATE

It is certified that Ms. Ishita Bhardwaj student of BA. Psychology (Hons) in St. Beds College, Shimla has completed her training at Regional Hospital Una w.e.f. 13.05.2024 to 19.06.2024.

Endst. No. As above/2024 *347B-81* Medical Superintendent
RH Una District Una H.P.
Dated *19/06/2024*

Copy to:-

1. The Director Health Services, Shimla (HP) for information please.
2. The Director Ayush, Himachal Pradesh, Shimla-9 for information please.
3. ✓ The Principal, St. Beds College Shimla for information please.
4. Ms. Ms. Ishita Bhardwaj student of BA. Psychology (Hons) in St. Beds College, Shimla for information and necessary compliance.

Medical Superintendent
RH Una District Una H.P.

Certificate of Experience



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LETTER OF RECOMMENDATION

This is to certify that Ms. Ishita Bhandari..... is a regular student of this college pursuing her graduation inBA(Hons). Psychology

She is a diligent, resilient, and hardworking student who has demonstrated her dedication by continuously striving for academic achievement. Also, she bears a good moral character.

The college has no objection if she undergoes Observership/Internship/On Job Training in your institution of her own commencing from May 13, 2024 till June 13, 2024

(PRINCIPAL)

Mohit Kumar
Assistant Professor & HOD
Department of Psychology
E-mail ID: mkjangaan@gmail.com

Letter of Recommendation, Ishita Bhandari



8. Name of the participant: **Ms. Venus Chauhan**

Department: B.A. (III Year)

Name of the Activity: Internship

Name of the collaborating agency: Dept. of Psychiatry IGMC, Shimla

Year: 2023-24

Duration: 02 January- 31 January, 2024

DEPTT OF PSYCHIATRY I.G. MEDICAL COLLEGE, SHIMLA-171001
No. MC/ PSY/2024/- 68 Dated:-15.02.2024

EXPERIENCE CERTIFICATE

This is to certify that Miss. Venus Chauhan D|O Sh. Dinesh Chauhan, student of Psychology from St. Bede's College Shimla has successfully completed one month of her observeship in the Deptt. of Psychiatry IGMC, Shimla w.e.f 02.01.2024 to 31.01.2024.

I wish all success in her life.


Prof. & Head
Deptt. of Psychiatry
IGMC, Shimla.
PROF. & HEAD
DEPTT. OF PSYCHIATRY
IGMC SHIMLA

Certificate of Observership



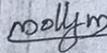
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LETTER OF RECOMMENDATION

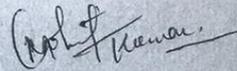
This is to certify that Ms. Venus Chauhan..... is a regular student of this college pursuing her graduation in B.A. 2nd Year.....

She is a diligent, resilient, and hardworking student who has demonstrated her dedication by continuously striving for academic achievement. Also, she bears a good moral character.

The college has no objection if she undergoes Observership/Internship/On Job Training in your institution of her own commencing from 1 Jan. 2024..... till 30 Jan. 2024



(PRINCIPAL)
Principal
St. Bede's College
Shimla



Mohit Kumar
Assistant Professor & HOD
Department of Psychology
E-mail ID: mkjangan@gmail.com

Letter of Recommendation, Venus Chauhan



9. Name of the participant: **Ms. Arshita Chauhan**

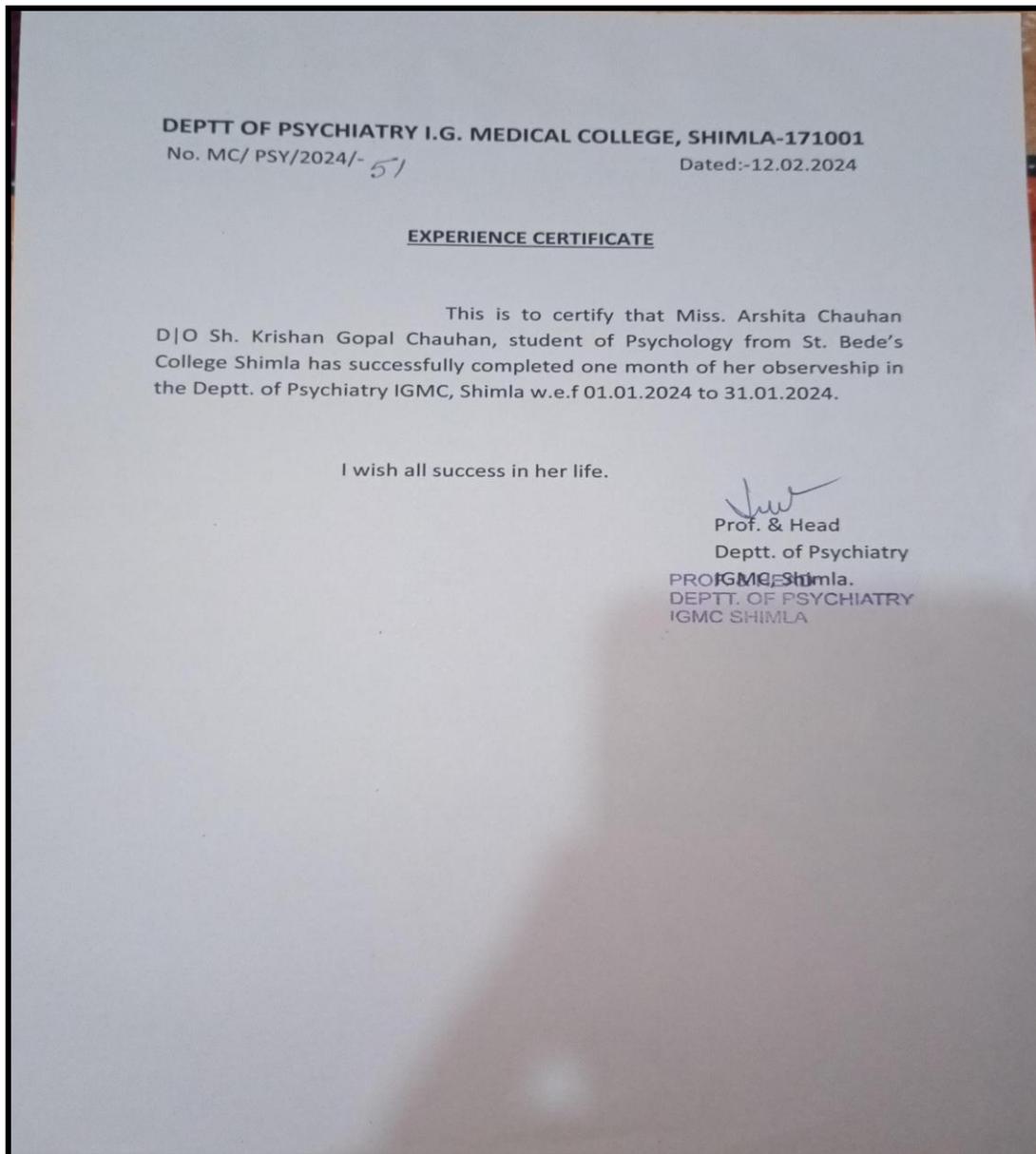
Department: Psychology (III Honours)

Name of the Activity: Observership

Name of the collaborating agency: Dept. of Psychiatry IGMC, Shimla

Year: 2023-24

Duration: 02 January- 31 January, 2024



Certificate of Experience



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LETTER OF RECOMMENDATION

This is to certify that Ms. *Arshita Chauhan* is a regular student of this college pursuing her graduation in *BA Psychology Hons III year*. She is a diligent, resilient, and hardworking student who has demonstrated her dedication by continuously striving for academic achievement. Also, she bears a good moral character.

The college has no objection if she undergoes Observership/Internship/On Job Training in your institution of her own commencing from *1st JANUARY 2024* till *31st JANUARY 2024*.

Molly
(PRINCIPAL)
Principal
St. Bede's College
Shimla

Mohit Kumar
Mohit Kumar
Assistant Professor & HOD
Department of Psychology
E-mail ID: mkjangaan@gmail.com

Letter of Recommendation, Arshita Chauhan



10. Name of the participant: **Ms. Sneh Bansal**

Department: Psychology (III Honours)

Name of the Activity: Internship

Name of the collaborating agency: Dept. of Psychiatry IGMC, Shimla

Year: 2023-24

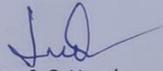
Duration: 02 January- 31 January, 2024

DEPTT OF PSYCHIATRY I.G. MEDICAL COLLEGE, SHIMLA-171001
No. MC/ PSY/2024/- 47 Dated:-12.02.2024

EXPERIENCE CERTIFICATE

This is to certify that Miss. Sneh Bansal D|O Sh. Khem Raj Bansal, student of Psychology from St. Bede's College Shimla has successfully completed one month of her observeship in the Deptt. of Psychiatry IGMC, Shimla w.e.f 01.01.2024 to 31.01.2024.

I wish all success in her life.


Prof. & Head
Deptt. of Psychiatry
IGMC Shimla
PROF. & HEAD
DEPTT. OF PSYCHIATRY
IGMC SHIMLA

TRY

Certificate of Experience



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LETTER OF RECOMMENDATION

This is to certify that Ms. Sneh Bansal is a regular student of this college pursuing her graduation in BA Psychology.. Honors III year. She is a diligent, resilient, and hardworking student who has demonstrated her dedication by continuously striving for academic achievement. Also, she bears a good moral character.

The college has no objection if she undergoes Observership/Internship/On Job Training in your institution of her own commencing from 1 January 2024 till 31 January 2024.

Mollym
(PRINCIPAL)
Principal
St. Bede's College
Shimla

Mohit Kumar
Mohit Kumar
Assistant Professor & HOD
Department of Psychology
E-mail ID: mkjangan@gmail.com

Letter of Recommendation, Sneh Bansal



11. Name of the participant: Ms. Aishna Mittal

Department: Psychology (II Honours)

Name of the Activity: Observership

Name of the collaborating agency: American Wellness Centre, Dubai UAE

Year: 2023-24

Duration: 03 June- 26 June, 2024



Certificate of Observership



12. Name of the participant: **Ms. Mitali Pathania**

Department: B. Sc. Biotechnology (Honours)

Name of the Activity: Internship

Name of the collaborating agency: Central Potato Institute (CPRI), Shimla

Year: 2023-24

Duration: 15 May- 30 June, 2023

<p>INTERSHIP/TRAINING AT CPRI SHIMLA LAB REPORT 2023</p> <p>CPRI CENTRAL POTATO RESEARCH INSTITUTE</p>  <p>SUBMITTED BY- MITALI PATHANIA</p>	<p> भा.कृ.अ.प. - केंद्रीय आलू अनुसंधान संस्थान शिमला-171001, हि.प्र. (भारत) ICAR-Central Potato Research Institute (Indian Council of Agricultural Research) SHIMLA 171 001, HP</p> <p></p> <p>Phone: 0177-2625073 (O), Fax: 0177-2624460 ISO 9001:2015 E-mail- directorcpri@gmail.com Website : http://cpri.icar.gov.in</p> <p>Dr. Som Dutt Incharge, PME Cell</p> <p>No.F.PME/4-50/2023 Dated: 03.07.2023</p> <p>TRAINING CERTIFICATE</p> <p>This is to certify that Ms. Mitali Pathania, B.Sc (Hons.) Biotechnology, St. Bede's College, Shimla has undergone training in the Division of Crop Improvement and Seed Technology, w.e.f. 15th May, 2023 to 30th June, 2023 at ICAR - Central Potato Research Institute, Shimla.</p> <p>Dated: 03rd July, 2023</p> <p> 3.7.2023 (Som Dutt)</p> <p>प्रभारी, पी.एम.ई. सेल In - Charge P.M.E. Cell केंद्रीय आलू अनुसंधान संस्थान Central Potato Research Institute शिमला / Shimla - 171001 (H.P.)</p>
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Certificate of Internship



13. Name of the participant: **Ms. Harshita Jassal**

Department: B. A. II (Honours)

Name of the Activity: Internship

Name of the collaborating agency: Start a Fresh Rehabilitation and Counselling Centre

Year: 2023-24

Duration: 09 May- 21 June, 2024

Reg. No. HPSMHA-27

START A FRESH
DRUG COUNSELING & REHABILITATION CENTER
Vill. Badesh, P.O. A.G. Shimla, Distt. Shimla-171003
Mobile : 9816306637

Experience Certificate

This is to certify that Harshita Jassal D/O Sandeep Jassal
_____ has undergone training from Start A
Fresh Rehabilitation and Counselling Center from 9-5-2024
to 21-6-2024. She is disciplined, obedient and hard working
girl. I wish her successful carrier.

Anshu Kumar
START A FRESH
DRUG COUNSELING & REHABILITATION CENTER
Vill. Badesh, P.O. A.G. Shimla-171003

Certificate of Internship



14. Name of the participant: **Ms. Yashika**

Department: B. A. III (Honours)

Name of the Activity: Internship

Name of the collaborating agency: IGMC, Shimla

Year: 2023-24

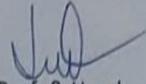
Duration: 01-31st January, 2024

DEPTT OF PSYCHIATRY I.G. MEDICAL COLLEGE, SHIMLA-171001
No. MC/ PSY/2024/- 49 Dated:-12.02.2024

EXPERIENCE CERTIFICATE

This is to certify that Miss. Yashika Sharma D|O Sh. Ved Prakash Sharma, student of Psychology from St. Bede's College Shimla has successfully completed one month of her observership in the Deptt. of Psychiatry IGMC, Shimla w.e.f 01.01.2024 to 31.01.2024.

I wish all success in her life.


Prof. & Head
Deptt. of Psychiatry
IGMC Shimla.
DEPTT. OF PSYCHIATRY
IGMC SHIMLA

Certificate of Observership