



**SUPPORTING DOCUMENT
FOR**

2.3.1

**EXPERIENTIAL LEARNING, PARTICIPATIVE LEARNING AND
PROBLEM-SOLVING METHODOLOGIES**



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EXPERIENTIAL LEARNING

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Industrial visits/ Field visits



Visit to Kamla Nehru Hospital by Department of Health and Nutrition and Health Education; August 5, 2023



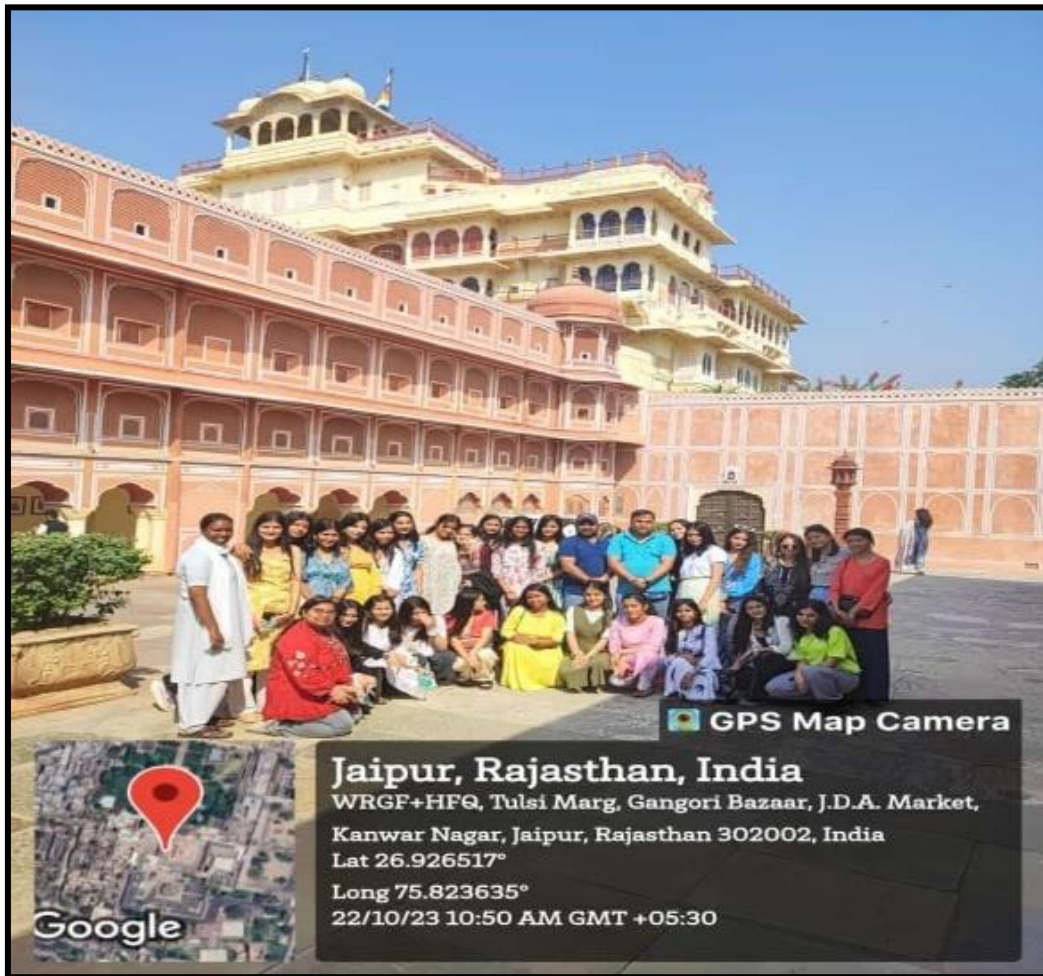
Department of Physics Visited Archive Section of College Library; August 29, 2023



Field Visit to Explore Local Flora (Jakhu Hills) for M.Sc. Students by Department of Botany; September, 25 2023



Field Visit to Explore Local Flora (Jakhu Hills) for M.Sc. Students by Department of Botany; September, 25 2023



Field Survey of Department of Geography at Pushkar City, Brahma Temple and Ajmer Sharif Dargah; October 18-23, 2023



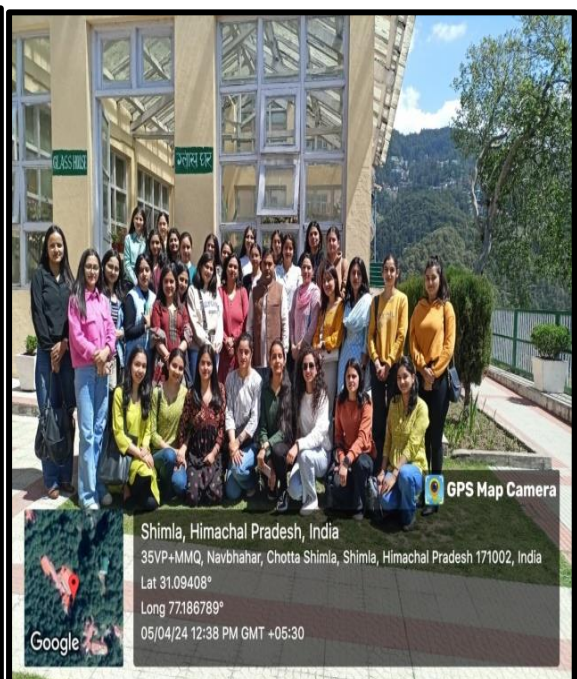
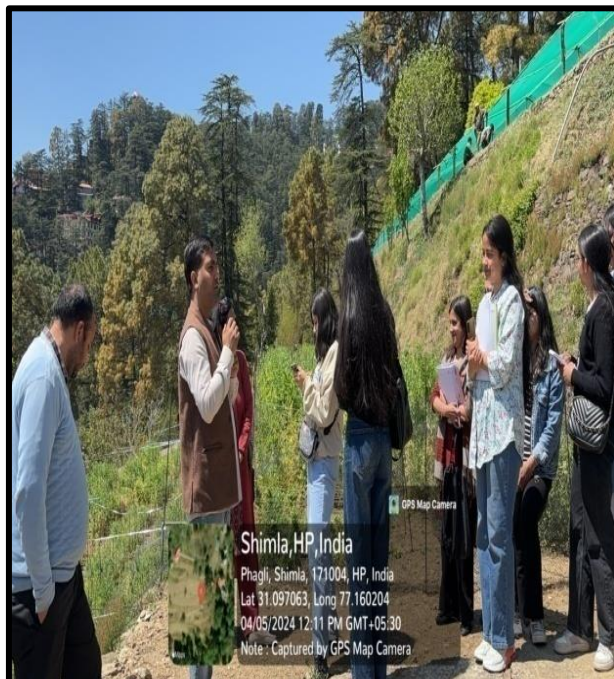
Educational Visit to Panjab University, Chandigarh for M.Sc. Botany Students; November 8, 2023



*Visit to Anganwadi Kendra Vihar Sanjauli Shimla, by Department of Nutrition and Health;
November, 21 2023*



Department of Computer Science Organised an IT visit to CS Soft Solutions (I) Pvt. Ltd., Mohali (SAS Nagar), Punjab; March 6, 2024.



Educational Visit to NBPGR (National Bureau of Plant Genetic Resource) Regional Station, Phagli, Shimla and Flora Exploration by M.Sc. Botany Students; April 5, 2024



Industrial Visit to ITC Ltd. Manpura, Baddi, by Department of Commerce and Management; April 6, 2024



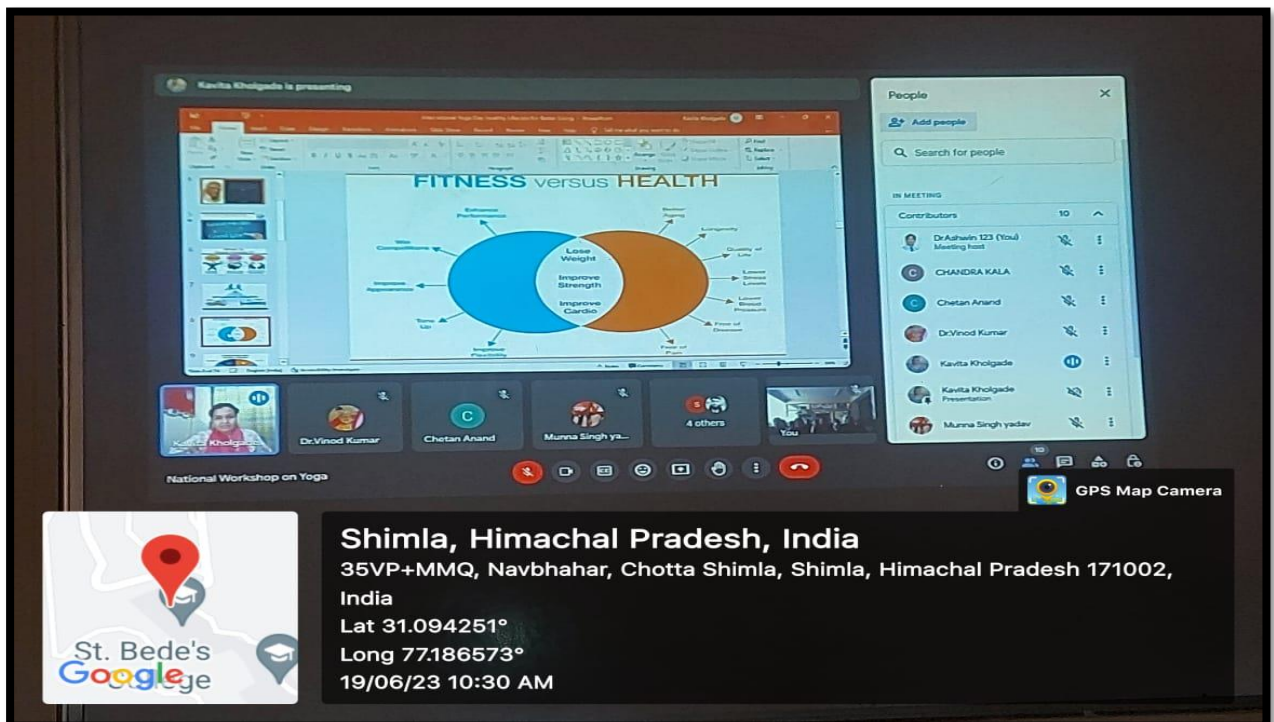
Industrial Visit to ITC Ltd. Manpura, Baddi, by Department of Commerce and Management; April 6, 2024



Workshops



Workshop on Exploring Creativity of Students: Moving Beyond the Known, Organised by Department of Zoology; November 8, 2023



Three-Day National Workshop on International Yoga Day by Department of Physical Education; June, 19 to 21, 2023



Three-Day National Workshop on International Yoga Day by Department of Physical Education; June, 19-21, 2023



International Workshop on the International Olympic Day by Department of Physical Education; June 26, 2023



Workshop on “Quantum Physics Simulations” Organized by Department of Physics; September 29, 2023



Workshop on “HTML & CSS with VS CODE” for School Students by Students of Department of Computer Science at Government Girls Senior Secondary School, Lakkar Bazar, Shimla; September 30, 2023



*Workshop on 'Hands on Training in Molecular Biology and Bioinformatics'
by Department of Biotechnology and Microbiology; December 7, 2023*



*Workshop on 'Hands on Training in Molecular Biology and Bioinformatics'
 by Department of Biotechnology and Microbiology; December 7, 2023*



A Skill Development Workshop on Geospatial Technology, by Department of Geography, December 12 to 16, 2023



A Skill Development Workshop on Geospatial Technology, by Department of geography, December 12 to 16, 2023

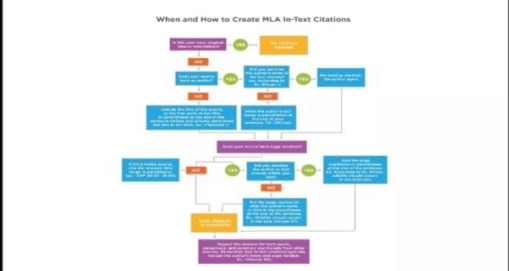


Department of Computer Science in Association with Women Cell on the Occasion of International Women's Day Organized One Day Workshop on the Topic "Graphic Design"; March 4, 2024




Workshop on the Basics of MLA Format for MA Students by Department of English; March 4, 2024





Annette J ...



Annette J

AKSHI C

VEDANSHI S

ARTI

J

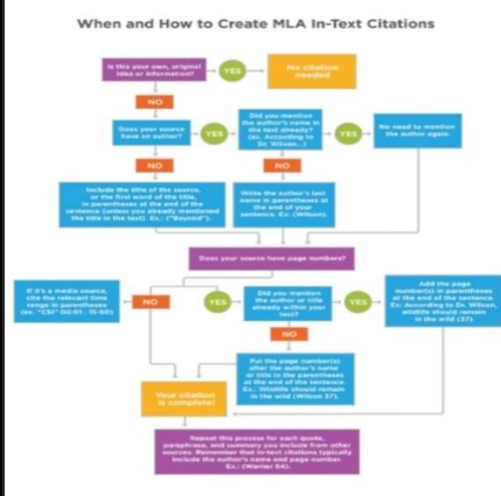
MLA Citations.pptx - PowerPoint

Show Record Review View Help Tell me what you want to do

Monitor: Automatic

☒ Use Presenter View

Monitors



Annette J ...

VEDANSHI S

ARTI

Annette J

J

Workshop on “Citations, Referencing and Plagiarism” by Department of English for MA Students; March 13, 2024



Workshop on “Basics of Phonetics” by Department of English for MA Students; April 24, 2024



Internships/Training Programs

Students undergone internships/training programs. Some of the samples are:

Sr. No.	Name	Class	Internship	Duration
1.	Anushka Dhalta	B.A. III Honours	M.Y. Hospital	08-01-2024 to 02-02-2024
2.	Vasundhara	B.A. III Honours	M.Y. Hospital	08-01-2024 to 02-02-2024
3.	Raima Singh	B.A. III Honours	IGMC, Shimla	04-01-2024 to 03-02-2024
4.	Arshita Chauhan	B.A. III Honours	IGMC, Shimla	01-01-2024 to 31-01-2024
5.	Sneh Bansal	B.A. III Honours	IGMC, Shimla	01-01-2024 to 31-01-2024
6.	Venus Chauhan	B.A. III Pass Course	IGMC, Shimla	02-01-2024 to 31-01-2024
7.	Ishita Bhardwaj	B.A. II Honours	Regional Hospital, Una	13-05-2024 to 19-06-2024
8.	Aishna Mittal	B.A. II Honours	American Wellness Centre	03-06-2024 to 26-06-2024
9.	Bhumika Verma	B.A. II Pass Course	IGMC, Shimla	04-06-2024 to 03-07-2024
10.	Simran Jhaglaik	B.A. II Pass Course	IGMC, Shimla	04-06-2024 to 03-07-2024
11.	Aastha Grover	B.A. I Honours	Start A Fresh	09-05-2024 to 21-06-2024
12.	Harshita Jassal	B.A. II Honours	Start A Fresh	09-05-2024 to 21-06-2024
13.	Yashika Sharma	B.A. III Honours	IGMC, Shimla	01-01-2024 to 31-01-2024



DEPTT OF PSYCHIATRY I.G. MEDICAL COLLEGE, SHIMLA-171001

No. MC/ PSY/2024/- 49

Dated:-12.02.2024

EXPERIENCE CERTIFICATE

This is to certify that Miss. Yashika Sharma D|O Sh. Ved Prakash Sharma, student of Psychology from St. Bede's College Shimla has successfully completed one month of her observeship in the Deptt. of Psychiatry IGM, Shimla w.e.f 01.01.2024 to 31.01.2024.

I wish all success in her life.

Prof. & Head

Deptt. of Psychiatry

PROF. IGM, Shimla.
DEPTT. OF PSYCHIATRY
IGMC SHIMLA

Miss. Yashika; Department of Psychology (Sample)



 **START A FRESH**  Reg. No. HP/SMHA-22

DRUG COUNSELING & REHABILITATION CENTER

Vill. Badesh, P.O. A.G. Shimla, Distt. Shimla-171003
Mobile : 9816306637

Experience Certificate

This is to certify that Harshita Jassal D/O Bandeep Jassal

_____ has undergone training from Start A

Fresh Rehabilitation and Counselling Center from 9-5-2024

to 21-6-2024. She is disciplined, obedient and hard working

girl. I wish her successful carrier.



START A FRESH
DRUG COUNSELING & REHABILITATION CENTER
Vill. Badesh, P.O. A.G. Shimla-171003

Miss. Harshita; Department of Psychology (Sample)



**INTERSHIP/TRAINING AT CPRI
SHIMLA LAB REPORT 2023**

**CPRI
CENTRAL POTATO RESEARCH
INSTITUTE**



SUBMITTED BY- MITALI PATHANIA

Miss Mitali; Department of Biotechnology (Sample)



भा.कृ.अ.प. - केन्द्रीय आनुवंशिक संस्थान
शिमला-171001, हि.प्र. (भारत)
ICAR-Central Potato Research Institute
(Indian Council of Agricultural Research)
SHIMLA 171 001, HP



Dr. Som Dutt
Incharge, PME Cell

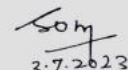
Phone: 0177-2625073 (O), Fax: 0177-2624460 ISO 9001:2015
E-mail- directorcpri@gmail.com Website : <http://cpri.icar.gov.in>

No.F.PME/4-50/2023
Dated: 03.07.2023

TRAINING CERTIFICATE

This is to certify that Ms. Mitali Pathania, B.Sc (Hons.)
Biotechnology, St. Bede's College, Shimla has undergone training in the
Division of Crop Improvement and Seed Technology, w.e.f. 15th May,
2023 to 30th June, 2023 at ICAR - Central Potato Research Institute,
Shimla.

Dated: 03rd July, 2023


3.7.2023
(Som Dutt)

प्रभारी, पी.एम.ई. सेल
In - Charge P.M.E. Cell
केन्द्रीय आनुवंशिक संस्थान
Central Potato Research Institute
शिमला / Shimla - 171001 (H.P)

Ms Mitali Pathania; Department of Biotechnology (Sample)



Models and Exhibition/ Laboratories



Understanding Human Physiology through Working Models, Department of Zoology; February 24, 2024



Experiment Performed in Plant Physiology, Department of Botany; November 7, 2023



Model Display of Types of Functions by Department of Mathematics; February 28, 2024



Models Display of Biodiesel by Department of Chemistry, February 28, 2024



Models of Sustainable Plant Products by Department of Botany; February 28,2024



Models Display on Techniques of Genetic Engineering by Department of Biotechnology; February 28, 2024



Students Performing Practical on Photoelectric Effect in Physics Laboratory



Practicals Performed on Graphic Designing by Computer Science Students

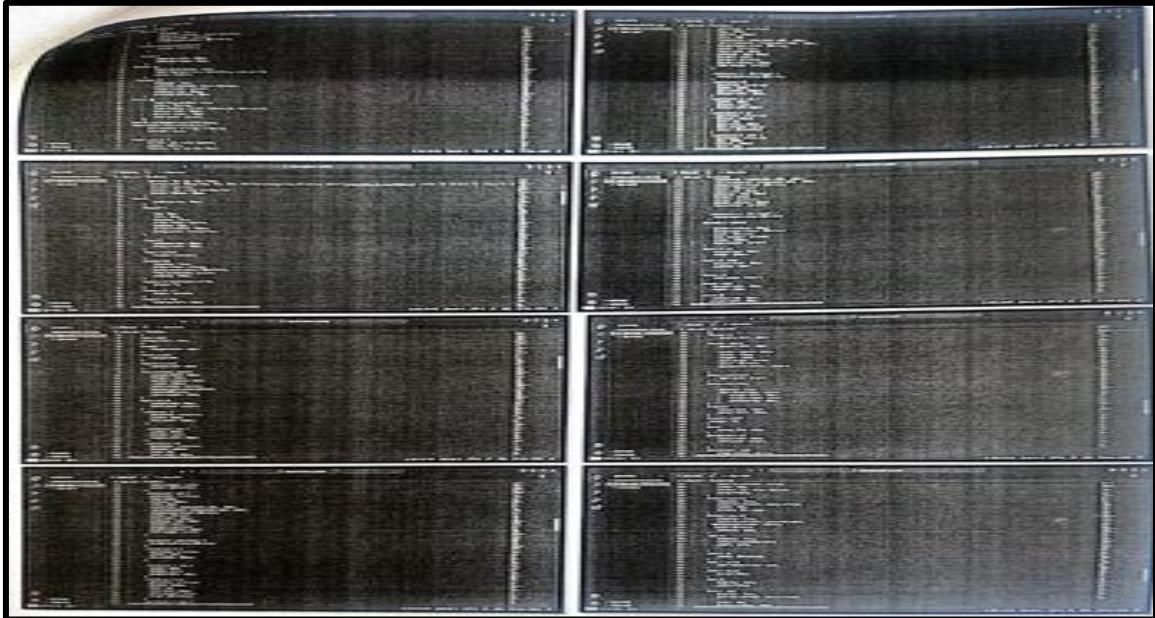


Website Designing

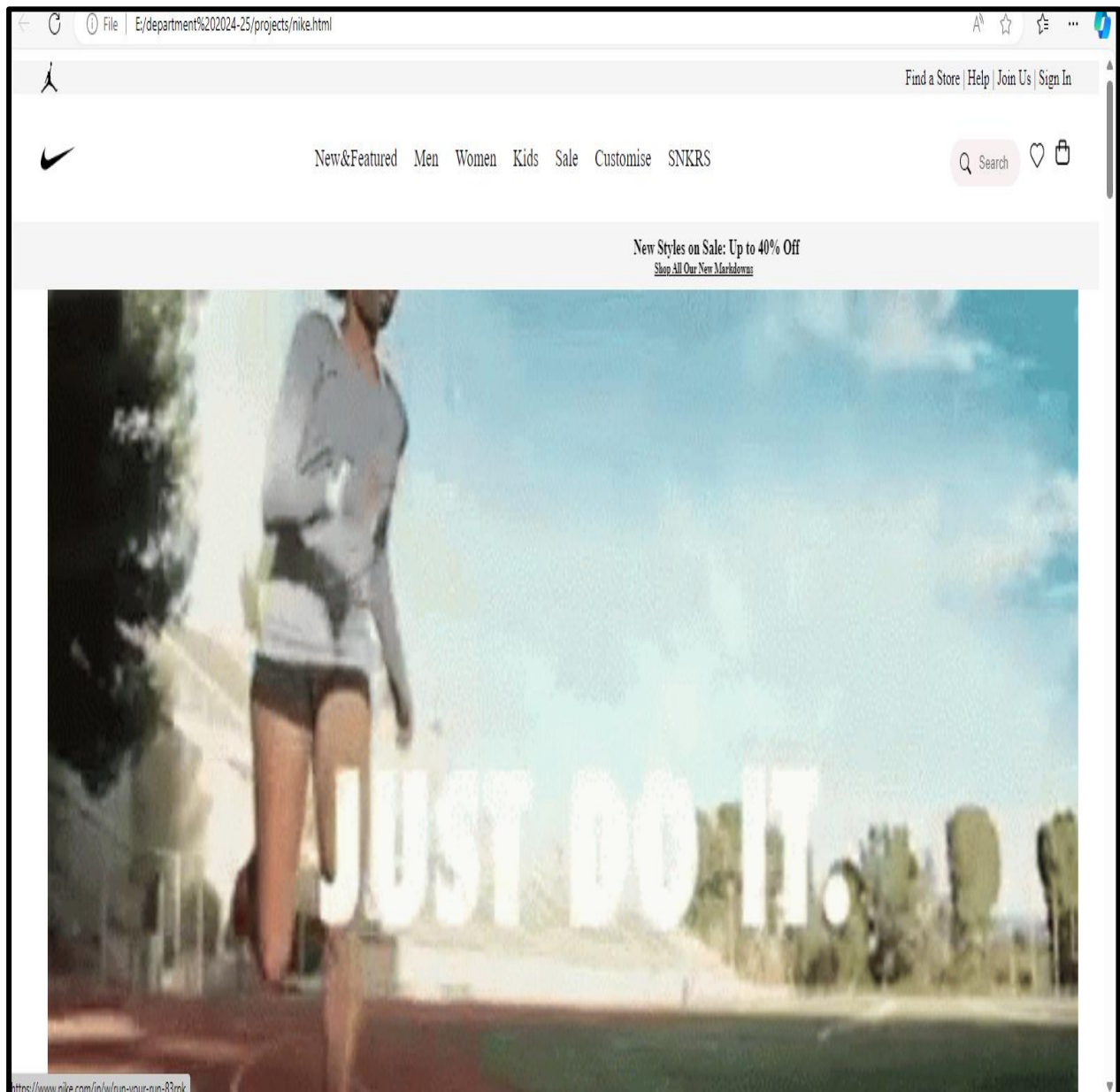
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niko.css
File Edit View

#navber-1{
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  justify-content: space-between;
  align-items: center;
  background-color: #f5f5f5;
}
.jordan, #nikelogo: hover{
  cursor: pointer;
}

.margin{
  padding-left: 40px;
  padding-right: 40px;
}
#links a{
  text-decoration: none;
  color: #111;
}
#navber-2{
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  align-items: center;
  padding-top: 10px;
  padding-bottom: 10px;
}
#list a{
  text-decoration: none;
  color: #111;
  margin-left: 10px;
  margin-right: 10px;
  font-size: larger;
}
search bar[type="search"]:focus,
input[type="search"]:focus {
  box-shadow: 0 0 3px 0 gray;
  outline: none;
}
input.search {
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  width: 100.5;
}
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Website Designing; Department of Computer Science



Website Designing; Department of Computer Science



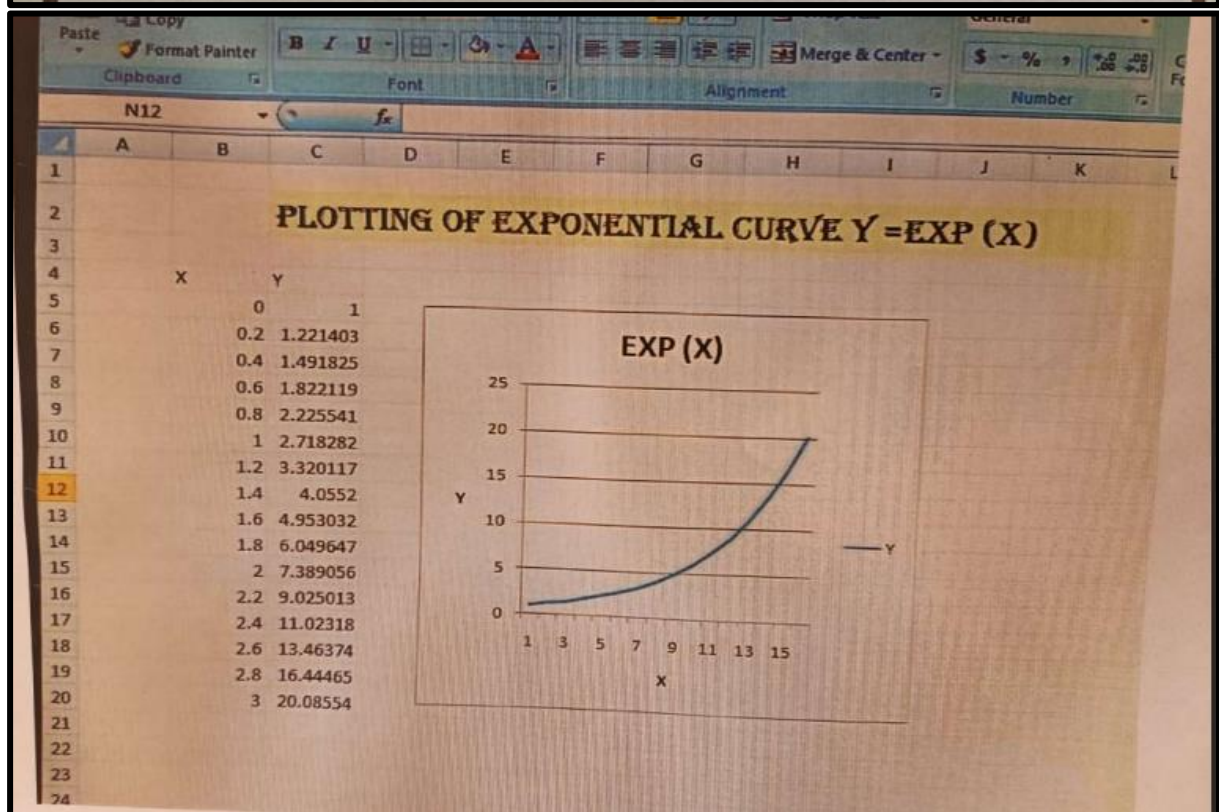
Hands on learning



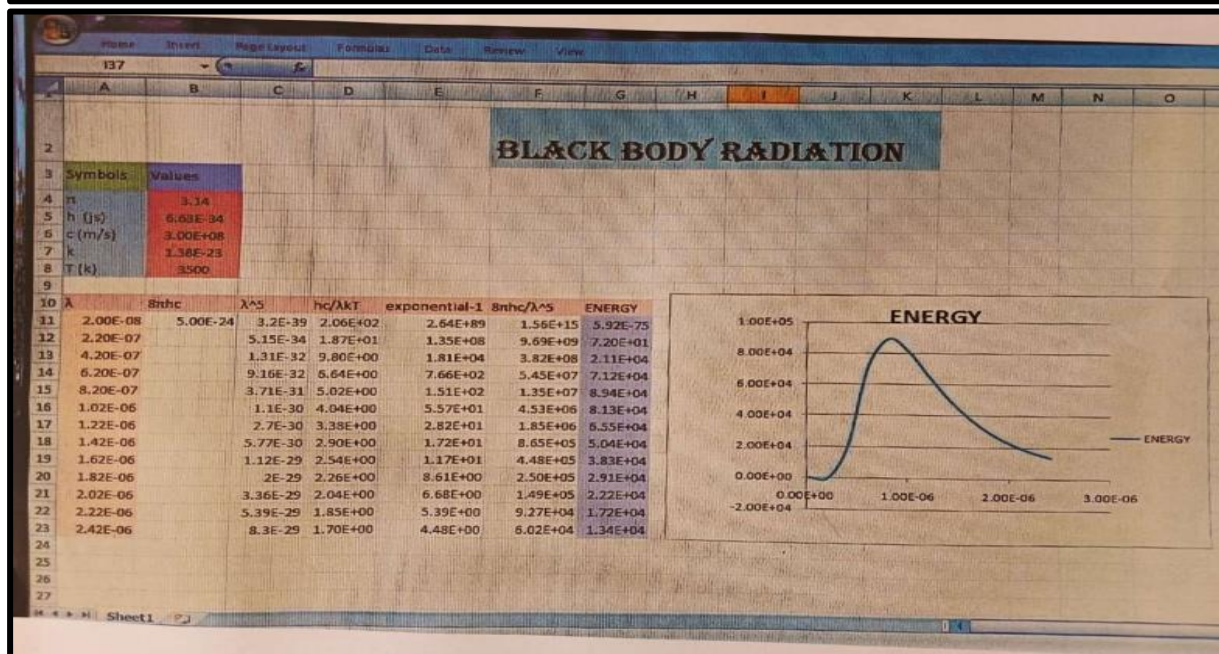
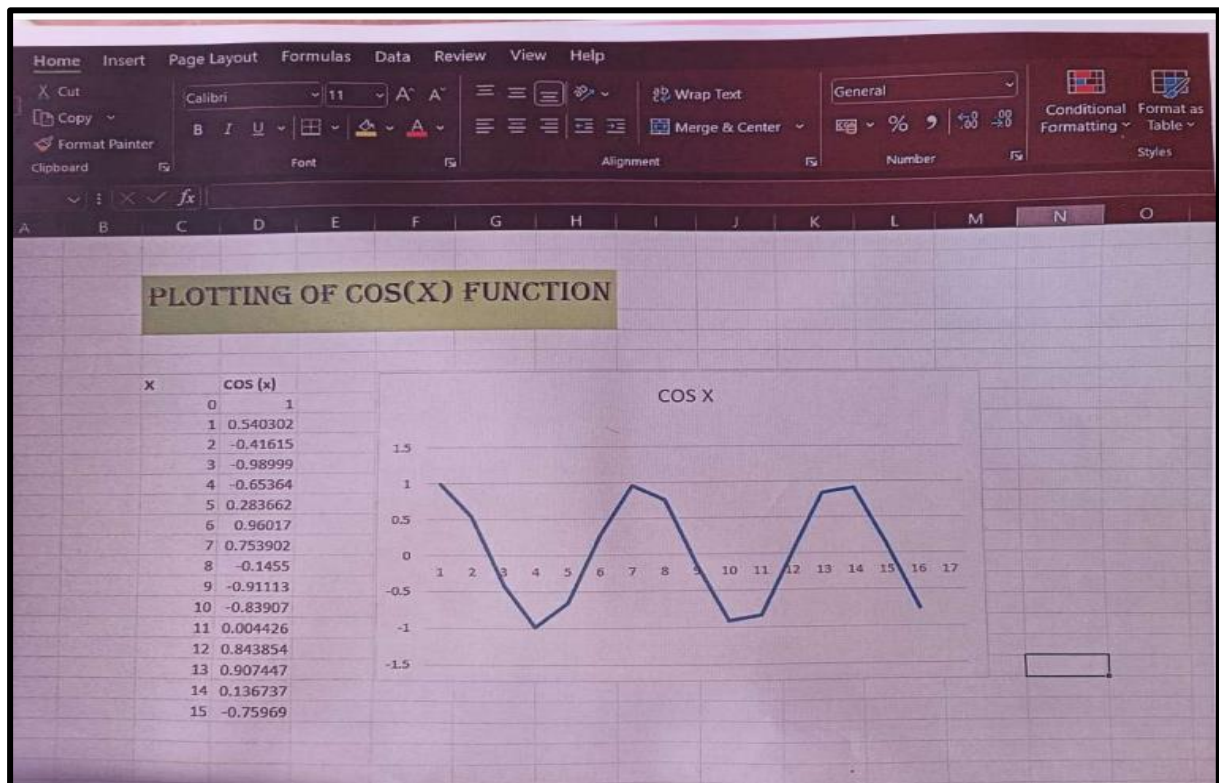
‘Hands on Training in Molecular Biology and Bioinformatics’ by Department of Biotechnology and Microbiology; December 7, 2023



SPREAD SHEET



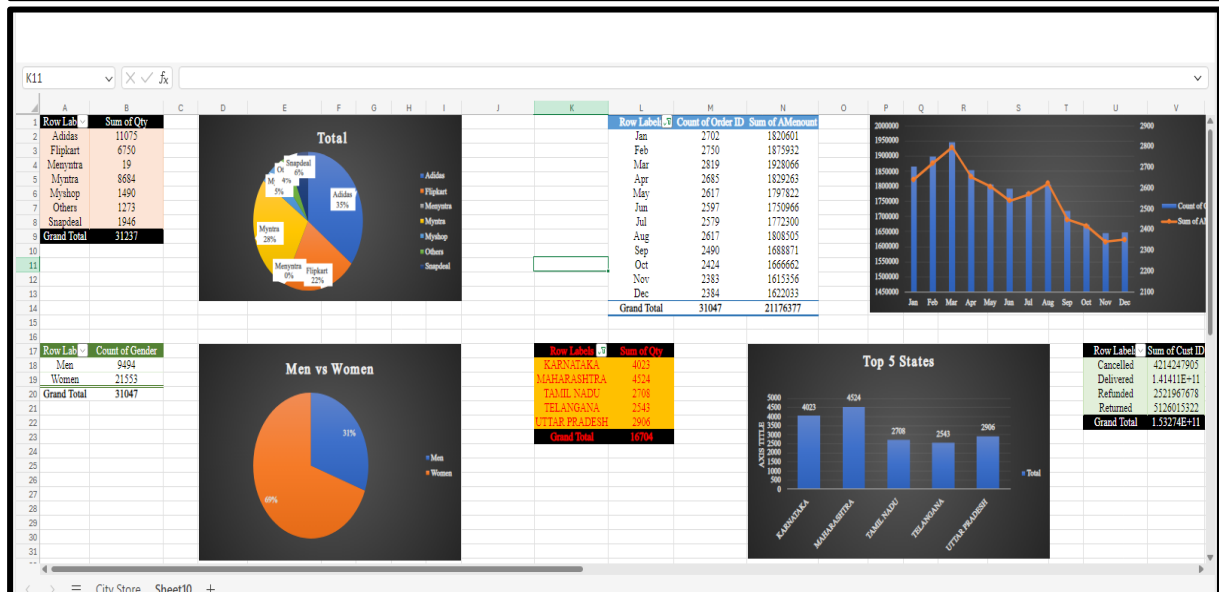
Plotting Curves in Spreadsheets; Department of Physics



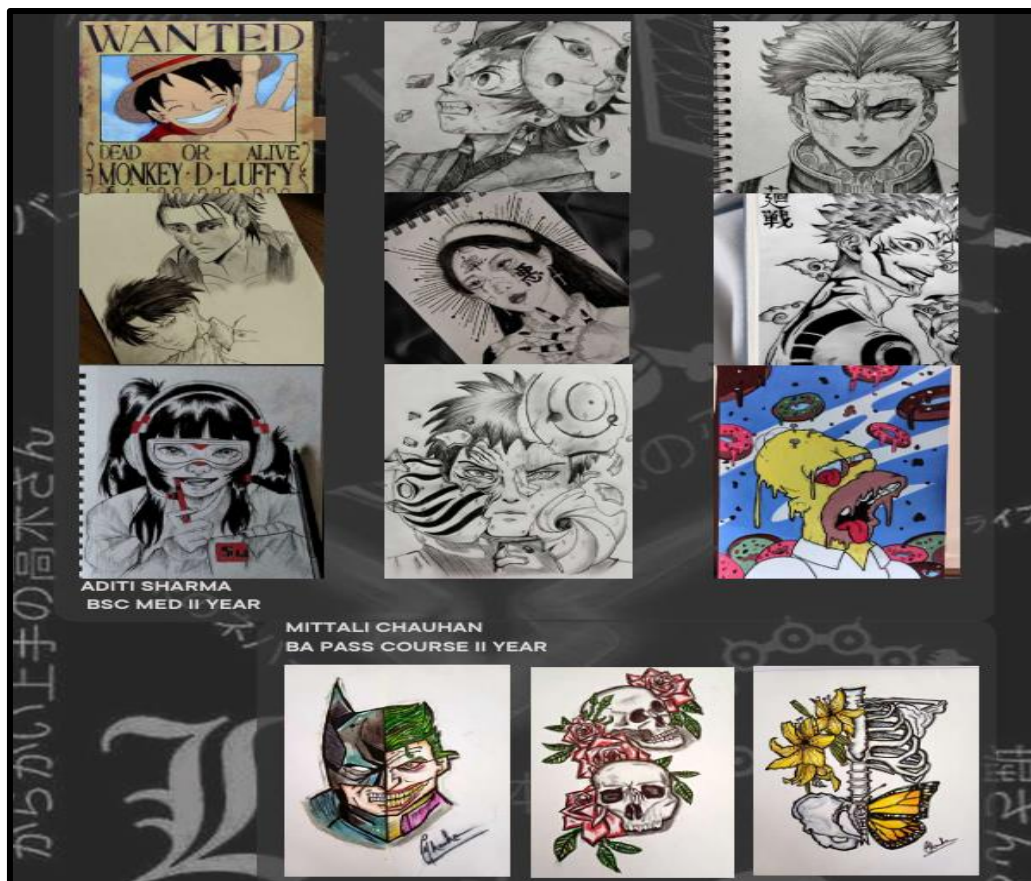
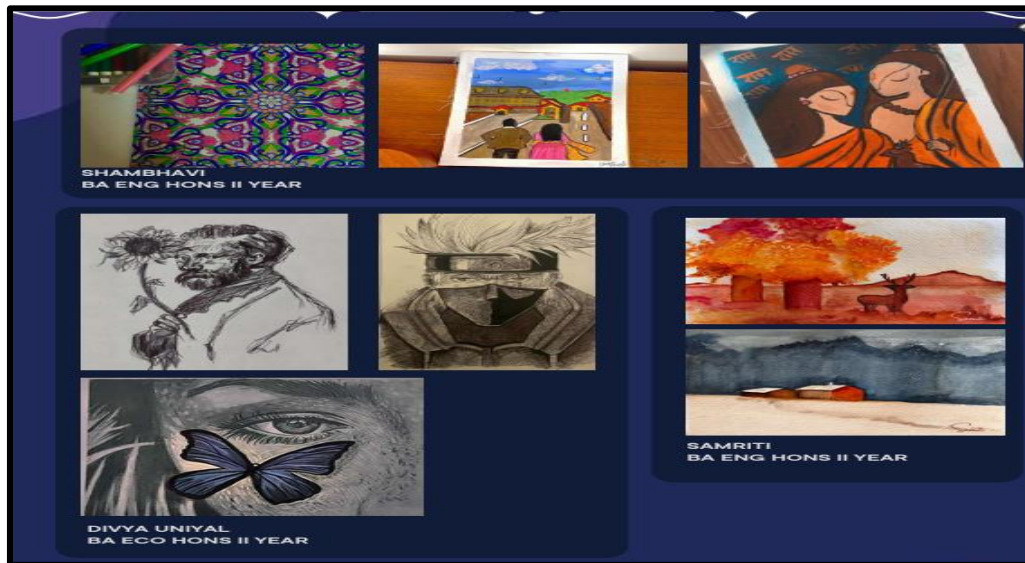
Plotting in Excel; Department of Physics



Month	Status	Channel	SKU	Category	Size	Qty	currency	AMount	ship-city	ship-state	ship-postal-code	ship-countr	B2B
Dec	Delivered	Myntra	JNE1233-BLUE-KR-031-XXL	kurta	XXL	1	INR	376	MOHALI	PUNJAB	140301	IN	FAI
Dec	Delivered	Snapdeal	SET414-KR-NP-L	Set	L	1	INR	1449	GURUGRAM	HARYANA	122002	IN	FAI
Dec	Delivered	Myntra	SET261-KR-PP-S	Set	S	1	INR	453	KOLKATA	WEST BENGAL	700029	IN	FAI
Dec	Delivered	Adidas	SET110-KR-PP-M	Set	M	1	INR	729	THANJAVUR	TAMIL NADU	613007	IN	FAI
Dec	Delivered	Myntra	JNE2294-KR-A-XXL	kurta	XXL	1	INR	544	GURUGRAM	HARYANA	122001	IN	FAI
Dec	Delivered	Flipkart	JNE3797-KR-XXL	Western Dress	XXL	1	INR	735	SANGLI MIRAJ KUPWAD	MAHARASHTRA	416436	IN	FAI
Dec	Delivered	Myntra	JNE3801-KR-XXL	kurta	XXL	1	INR	735	BENGALURU	KARNATAKA	560029	IN	FAI
Dec	Delivered	Others	JNE3405-KR-M	kurta	M	1	INR	435	GURUGRAM	HARYANA	122001	IN	FAI
Dec	Delivered	Adidas	JNE3474-KR-E-XL	kurta	XL	1	INR	385	BENGALURU	KARNATAKA	562149	IN	FAI
Dec	Delivered	Myntra	JNE3466-KR-L	kurta	L	1	INR	771	VIJAYAWomenADA	ANDHRA PRADESH	520002	IN	FAI
Dec	Delivered	Adidas	JNE3795-KR-S	kurta	S	1	INR	517	THIRUVANANTHAPURAM	KERALA	695018	IN	FAI
Dec	Delivered	Myntra	JO181-TP-M	Top	M	1	INR	399	ARAKONAM	TAMIL NADU	631003	IN	FAI
Dec	Delivered	Adidas	SET217-KR-PP-XL	Set	XL	1	INR	786	GUVAHATI	ASSAM	781017	IN	FAI
Dec	Delivered	Myntra	SET185-KR-NP-M	Set	M	1	INR	911	BENGALURU	KARNATAKA	562125	IN	FAI
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Dec	Delivered	Myntra	SET304-KR-DPT-XL	Set	XL	1	INR	1115	Bhubaneswar	ODISHA	751022	IN	FAI
Dec	Delivered	Others	SET184-KR-PP-XS	Set	XS	1	INR	563	SIROHI	RAJASTHAN	307001	IN	FAI
Dec	Delivered	Myntra	JO161-DR-XXL	Western Dress	XXL	1	INR	473	MUMBAI	MAHARASHTRA	400097	IN	FAI
Dec	Delivered	Adidas	SET233-KR-PP-M	Set	M	1	INR	545	AMRITSAR	PUNJAB	143001	IN	FAI
Dec	Delivered	Myshop	JO231-SKD-XXXL	Set	3XL	1	INR	1164	LUCKNOW	UTTAR PRADESH	226024	IN	FAI
Dec	Refunded	Myntra	JO339-DR-XXL	Western Dress	XXL	1	INR	743	NEW DELHI	DELHI	110087	IN	FAI
Dec	Delivered	Myntra	SET210-KR-PP-XXXL	Set	3XL	1	INR	575	MADURAI	TAMIL NADU	625014	IN	FAI



Charts Prepared in Excel; Department of Computer Science



Art and Photography by the Students



Wild life Photography by Ridhima Gupta



Artwork by the Students



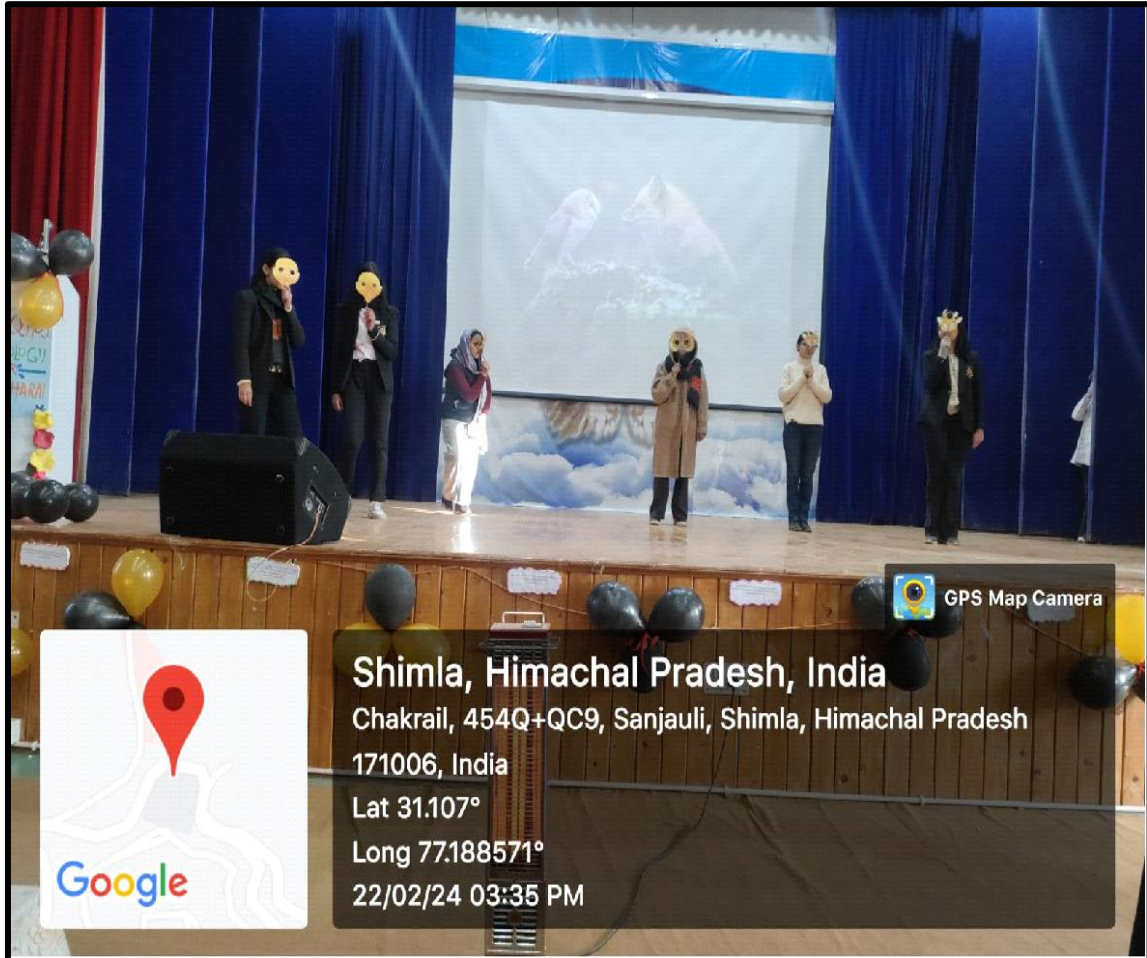
Experiencing Indian Culture (Sample)

	
35VP+MMQ, Navbhar, Chotta Shimla, Shimla, Himachal Pradesh 171002, India	35VP+MMQ, Navbhar, Chotta Shimla, Shimla, Himachal Pradesh 171002, India
Latitude 31.0941885°	Latitude 31.0941669°
Longitude 77.1865999°	Longitude 77.1866147°
Local 03:17:34 PM GMT 09:47:34 AM	Local 03:13:38 PM GMT 09:43:38 AM
Altitude 2236 meters Thursday, 12.10.2023	Altitude 2236 meters Thursday, 12.10.2023

Folk Singing Competition Organised by History Department



Role Play (Sample)



Role Play Depicting Theories of Evolution, Department of Zoology; February 22, 2024



PARTICIPATIVE LEARNING

Sr. No.	Content	Page Number
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9	Certificate course on English language	77-79
10	Versification	80-81



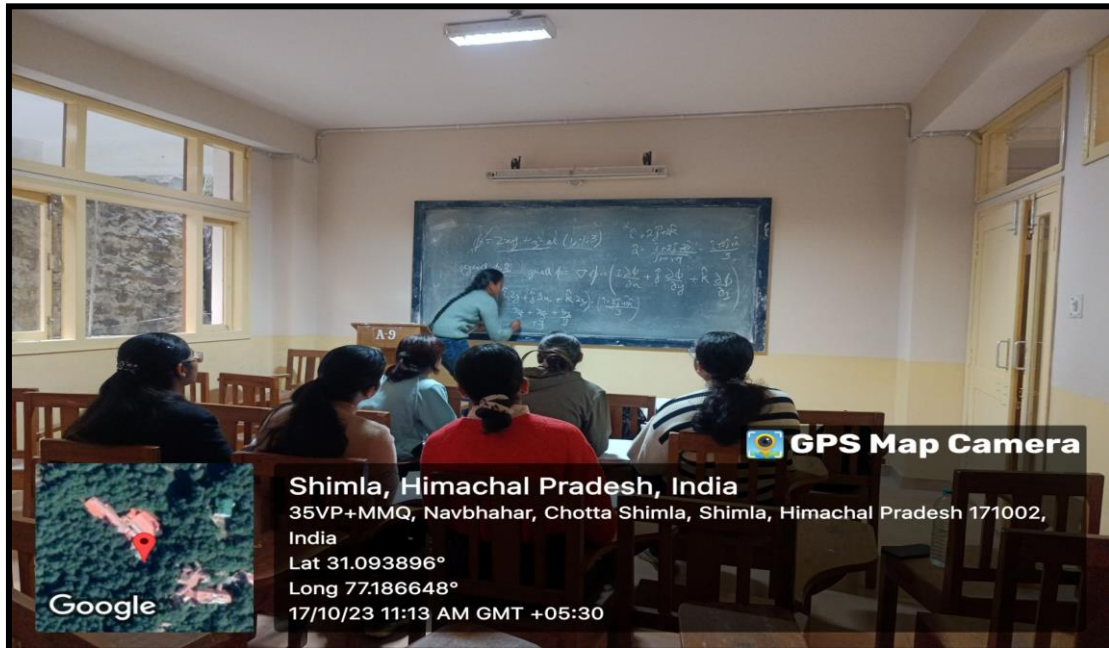
Peer Teaching (Sample)



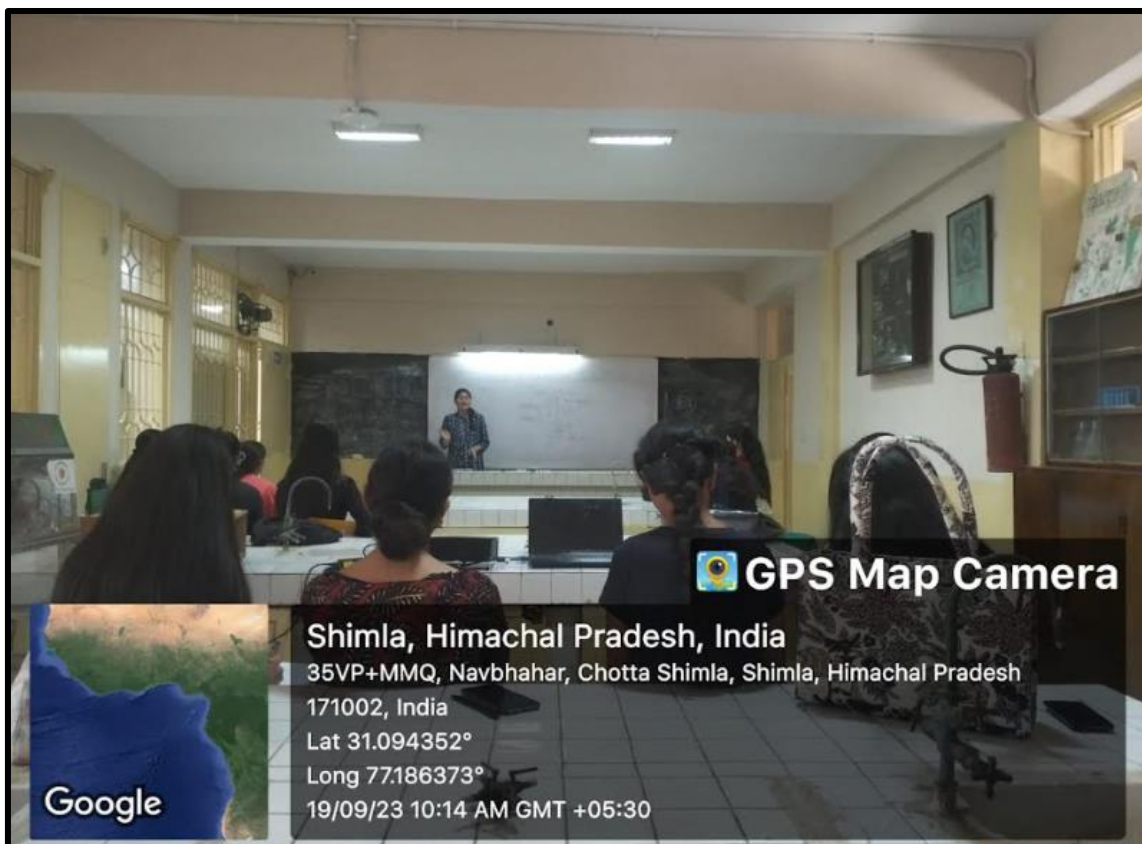
Advanced Learners Guide Peers on Cryopreservation Techniques, Department of Zoology; November 22, 2023



Peer Teaching on Masrur Temple, Department of History; December 14, 2023



Peer Teaching on the Topic “Vectors”, Department of Mathematics; October 17, 2023



Peer Teaching on Plant Anatomy, Department of Botany; September 9, 2023



Peer Teaching on Analysis of Demand and Supply, Department of Economics; March 11, 2024



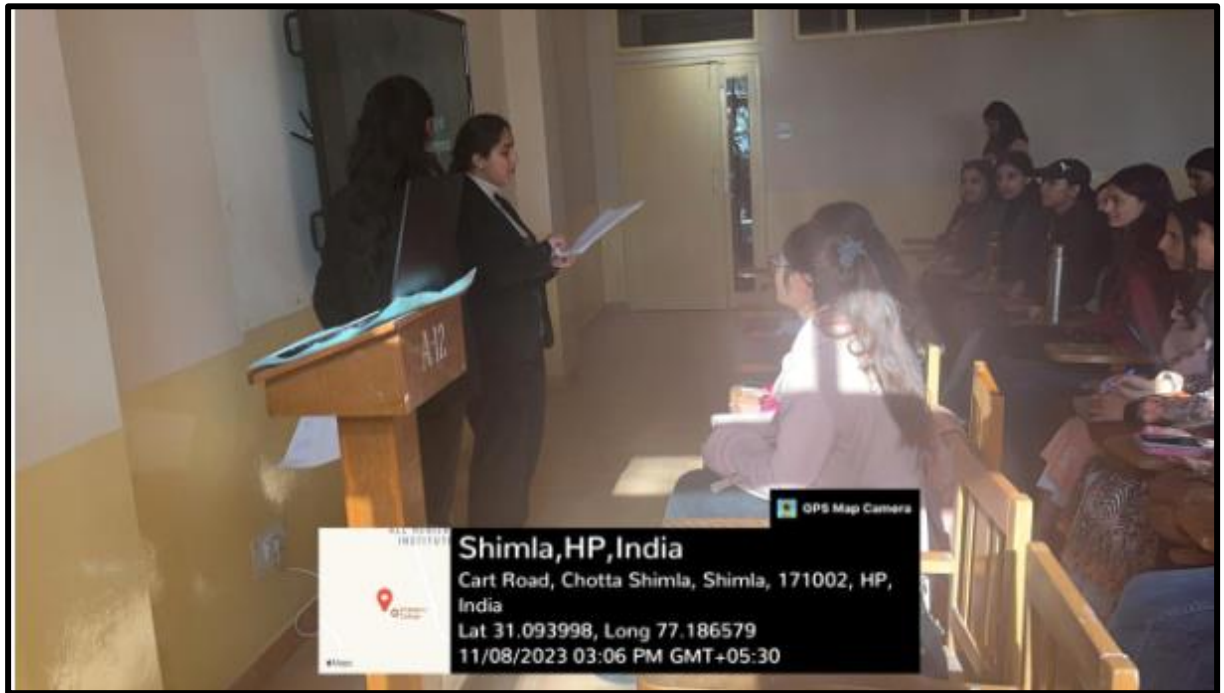
Group Discussion (Sample)



Group Discussion on Wronskian by the Students of Mathematics of BSc 1st year; November 07, 2023



Group Discussion by Students of Economics Department on Cost; September 25, 2023



Group Discussion on Epidemiology of Typhoid by Zoology Department; August 11, 2023



Group Discussion on Political Parties and their Ideologies by Political Science Department



Presentations/Assignments (Sample)



Black Board Presentation by the Students of B. Com 1st year on Matrices; September 28, 2023



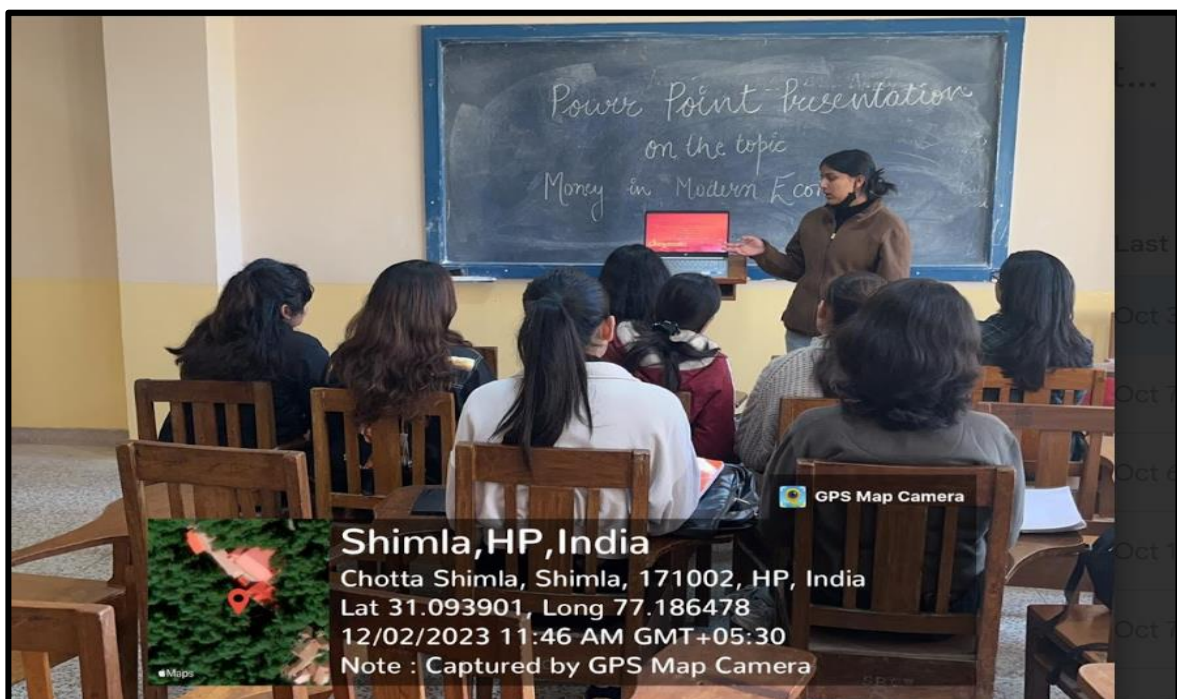
Presentation on Innovative Leadership; March 27,2024



Black Board Presentation by the Students of BBA on Network Analysis; September 09, 2023



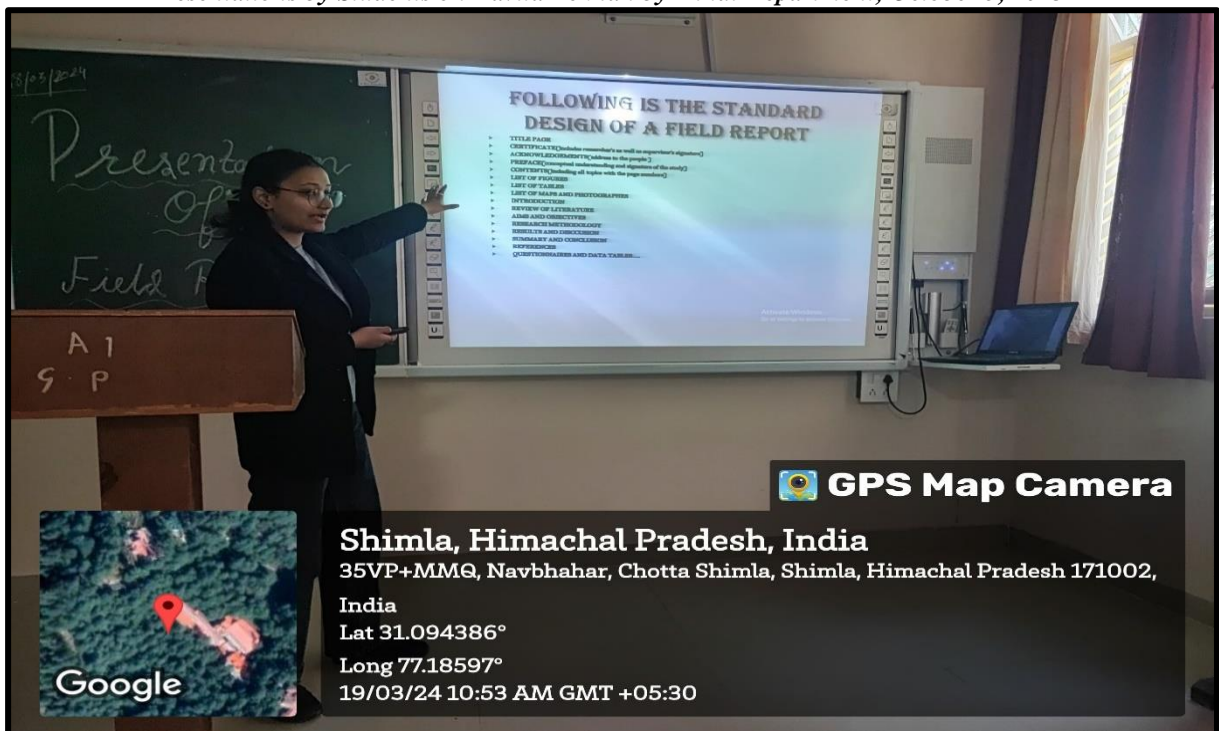
Presentation by the Students of Mathematics on International Day of Mathematics; March 14, 2024



Presentation on Money in Modern Economy by Students of Department of Economics; December 2, 2023



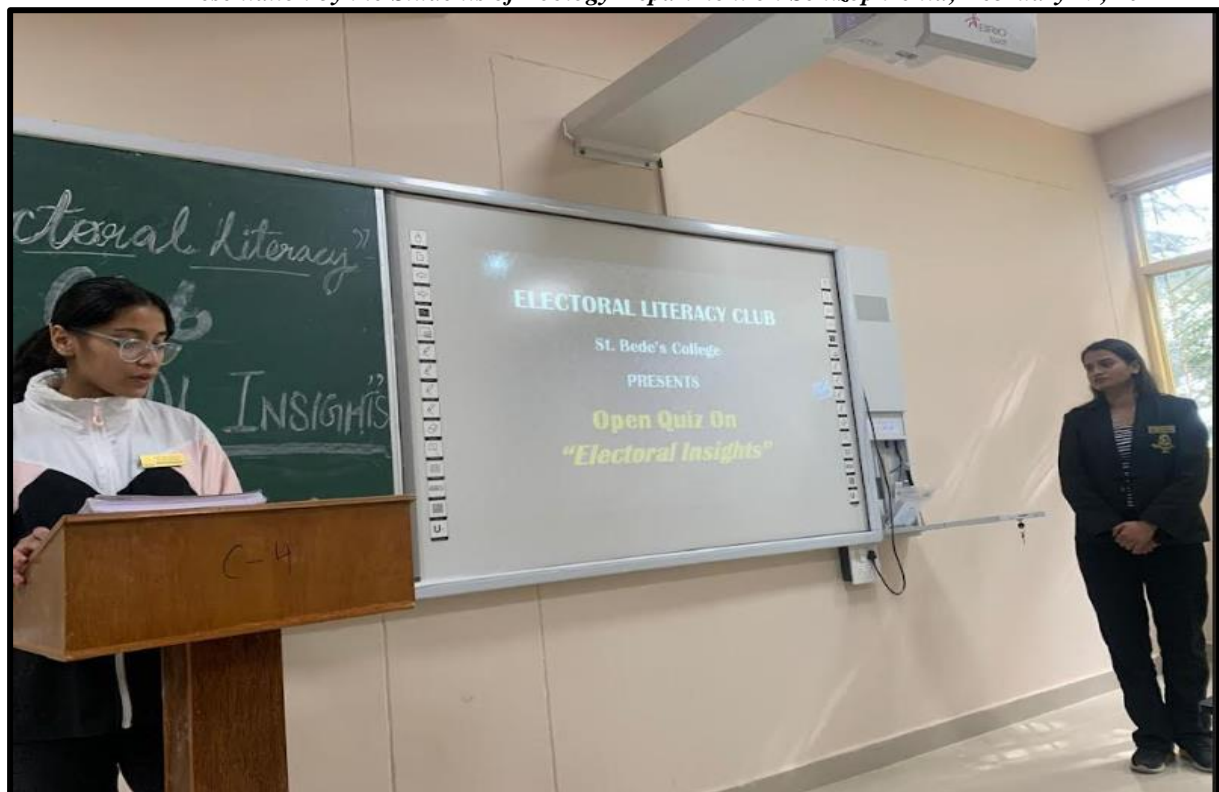
Presentations by Students on Kavita Lekhan by Hindi Department; October 5, 2023



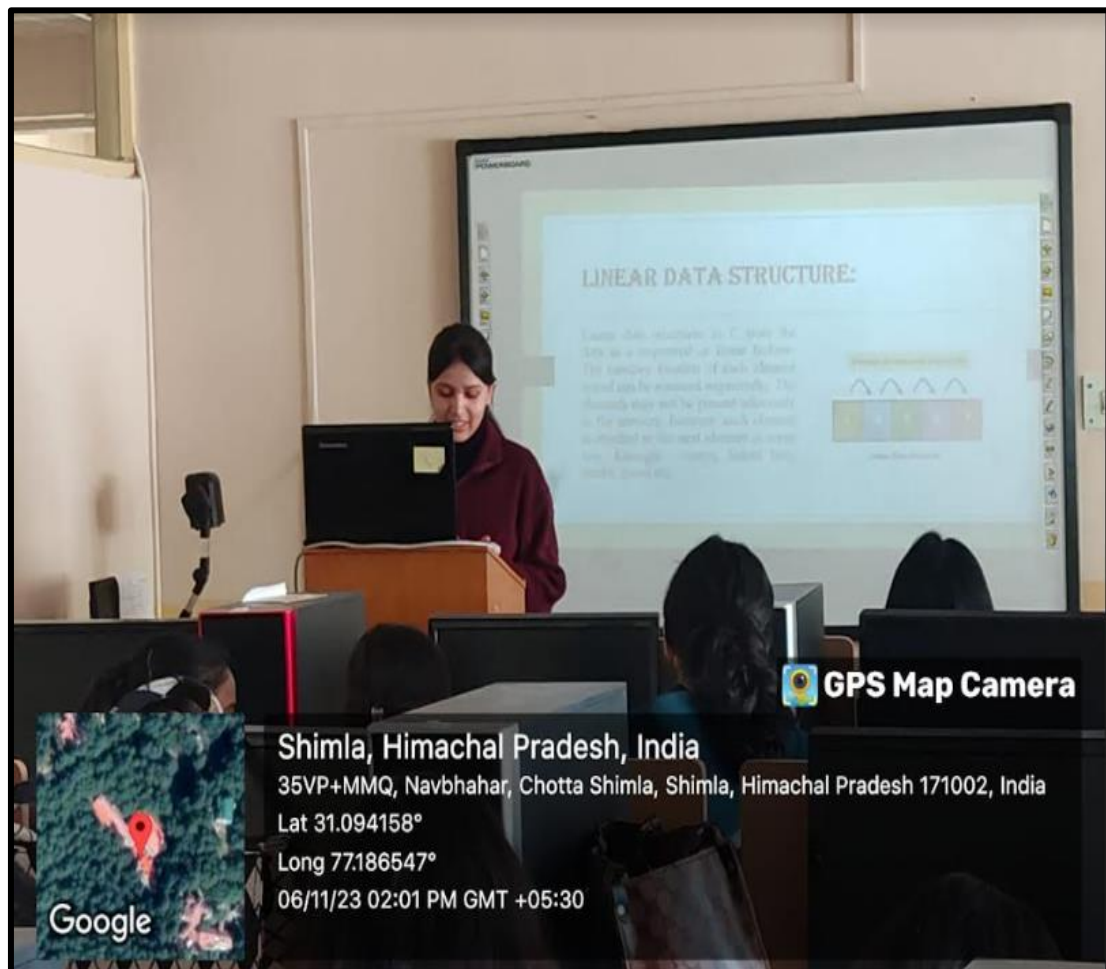
Presentation by the Students of Geography Department on Methodology for Writing a Field Report



Presentation by the Students of Zoology Department on Schizophrenia; February 29, 2024



Presentation on Voter Awareness by the Students of Political Science Department



Presentation on Linear Data Structure by the Students of Computer Science; November 6, 2023



Impact of Cold War

Cuban Crisis / Cuban Missile Crisis

In April 1961, the leaders of the U.S. were worried that the U.S. would lose its influence in the Western Hemisphere. They decided to overthrow Fidel Castro, the president of Cuba. Cuba was an ally of the Soviet Union and received both economic and financial aid from it. Nikita Khrushchev, the leader of the Soviet Union, decided to send Cuba into a nuclear base.

In 1962, as the nuclear missiles were installed in Cuba, the U.S. was in a difficult position. For the first time, the U.S. was in a position where it was surrounded by nuclear missiles.

History

Chandragupta

Chandragupta is known as the founder of the Maurya Empire. He played a crucial role in the expansion of the Maurya Empire.

Coin and Monuments

Mauryan coins, such as the Ashoka Lion Capital, are important monuments of the Maurya Empire.

Chandragupta is the author of the famous 'Arthashastra' and 'Kautilya's Arthashastra'. He is also known for his achievements in the field of agriculture and trade.

He is known for his title 'Maharaja' and his title 'Maharaja'.

He is known for his title 'Maharaja' and his title 'Maharaja'.

ST. BEDE COLLEGE

History Assignment

Name - Palk Shree
Class - B.A. III
Roll No. - 211156
Subject Code - HIST (A)
Submitted to - Ms. P. V. M.

TOMAR AS INDEPENDENT RULER (10th-12th Century)

Tomar literature refers to the dynasty and reign of the Tomars. According to the Tomar literature, the Tomars were a powerful dynasty that ruled over a large part of the region.

Tomar I, the founder of the Tomar dynasty, was a powerful ruler who ruled over a large part of the region. He was a powerful ruler who ruled over a large part of the region.

Tomar I was one of the founders of the Tomar dynasty. He was a powerful ruler who ruled over a large part of the region.

By the 10th century, Tomar had established a powerful independent ruler. Tomar had established a powerful independent ruler.

Tomar I was one of the founders of the Tomar dynasty. He was a powerful ruler who ruled over a large part of the region.

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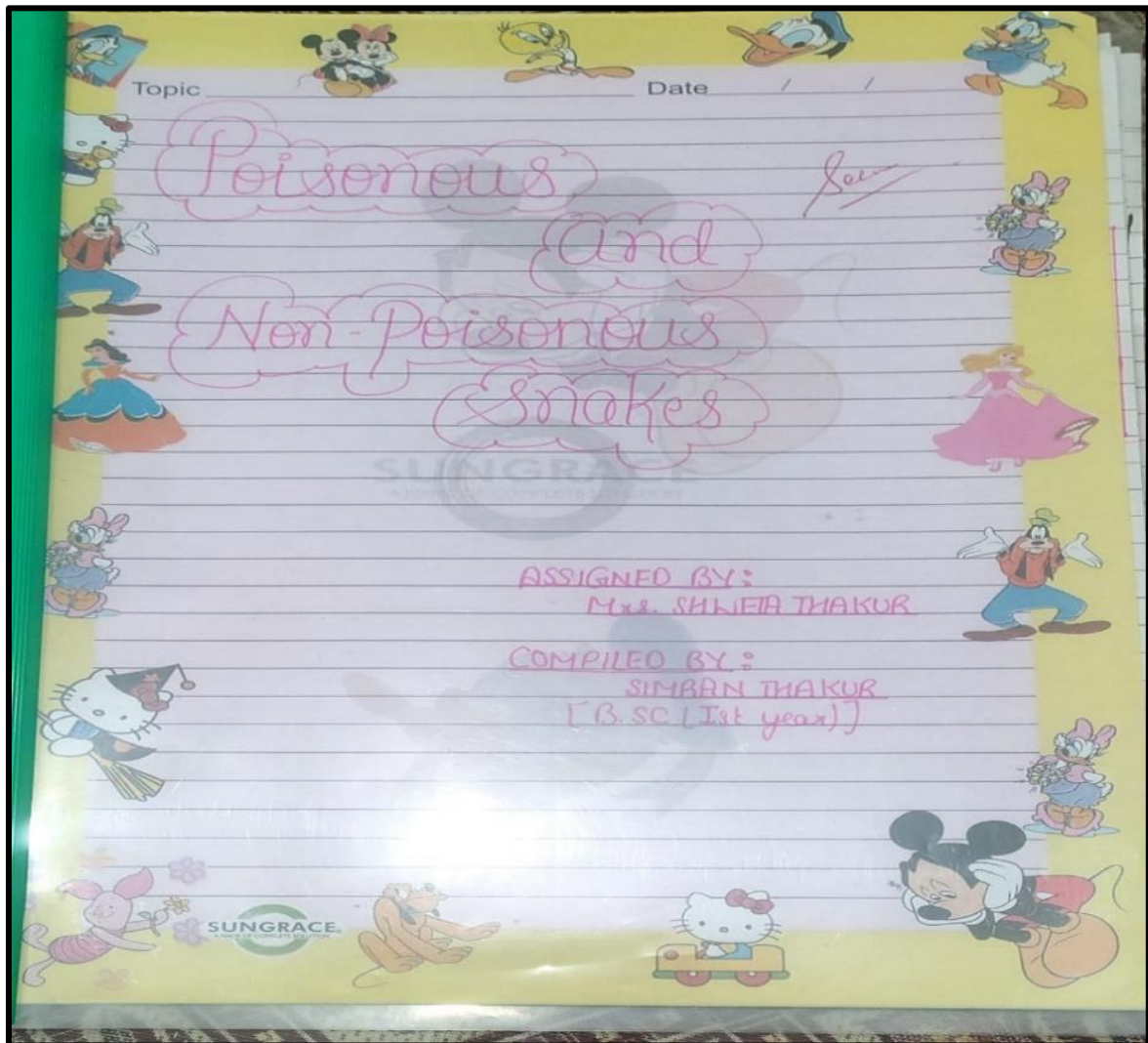
Tomar I, the founder of the Tomar dynasty, was a powerful ruler who ruled over a large part of the region. He was a powerful ruler who ruled over a large part of the region.

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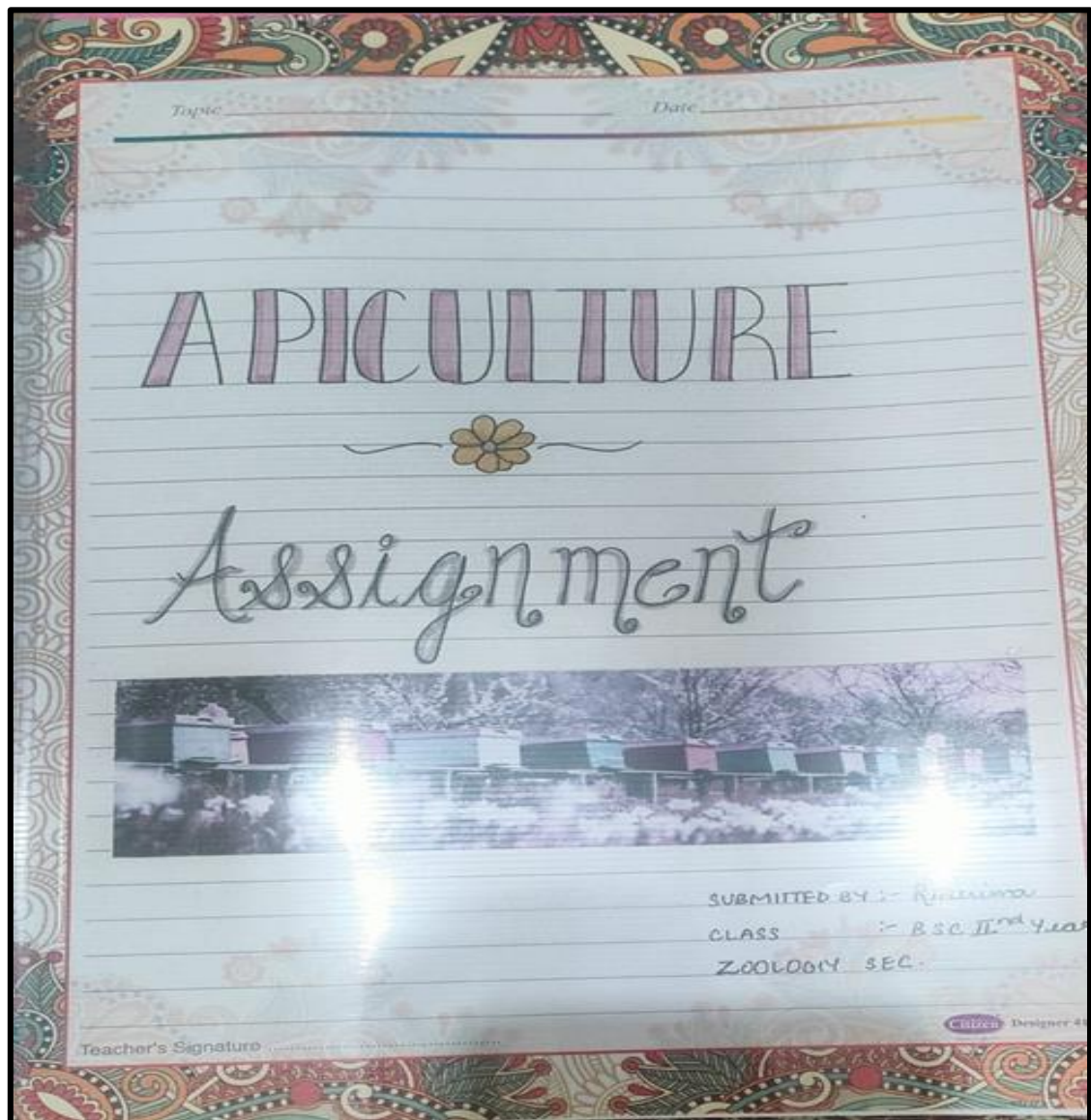
By the 10th century, Tomar had established a powerful independent ruler. Tomar had established a powerful independent ruler.

Tomar I was one of the founders of the Tomar dynasty. He was a powerful ruler who ruled over a large part of the region.

Assignment Prepared by the Students of History Department



Assignment Submitted by the Students of Zoology Department on Poisonous and Non- Poisonous Snake



Assignment Prepared by the Students of Zoology Department on Apiculture



Small Group Instructions (Sample)



Laboratory Instruments' Instruction, Department of Botany; November 7, 2023



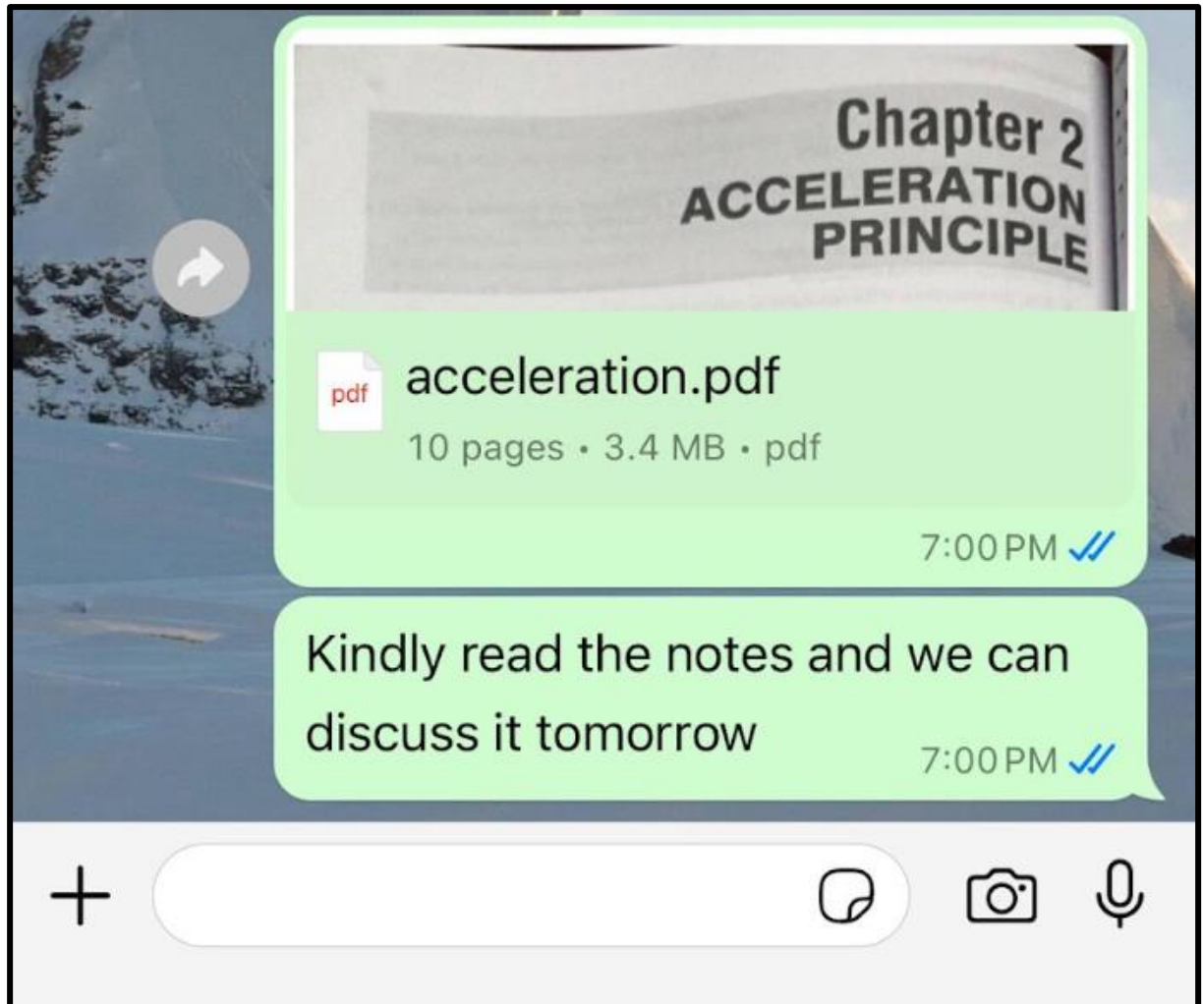
Instruction on Kavita Writing, Department of Hindi



Instruction on Usage of E-resources; November 29, 2023



Flipped Classroom (Sample)



Acceleration Principle; Department of Economics



*Flipped Classroom Activity on Topic “Modern Contraceptive Methods”, Department of Zoology;
February 15, 2024*



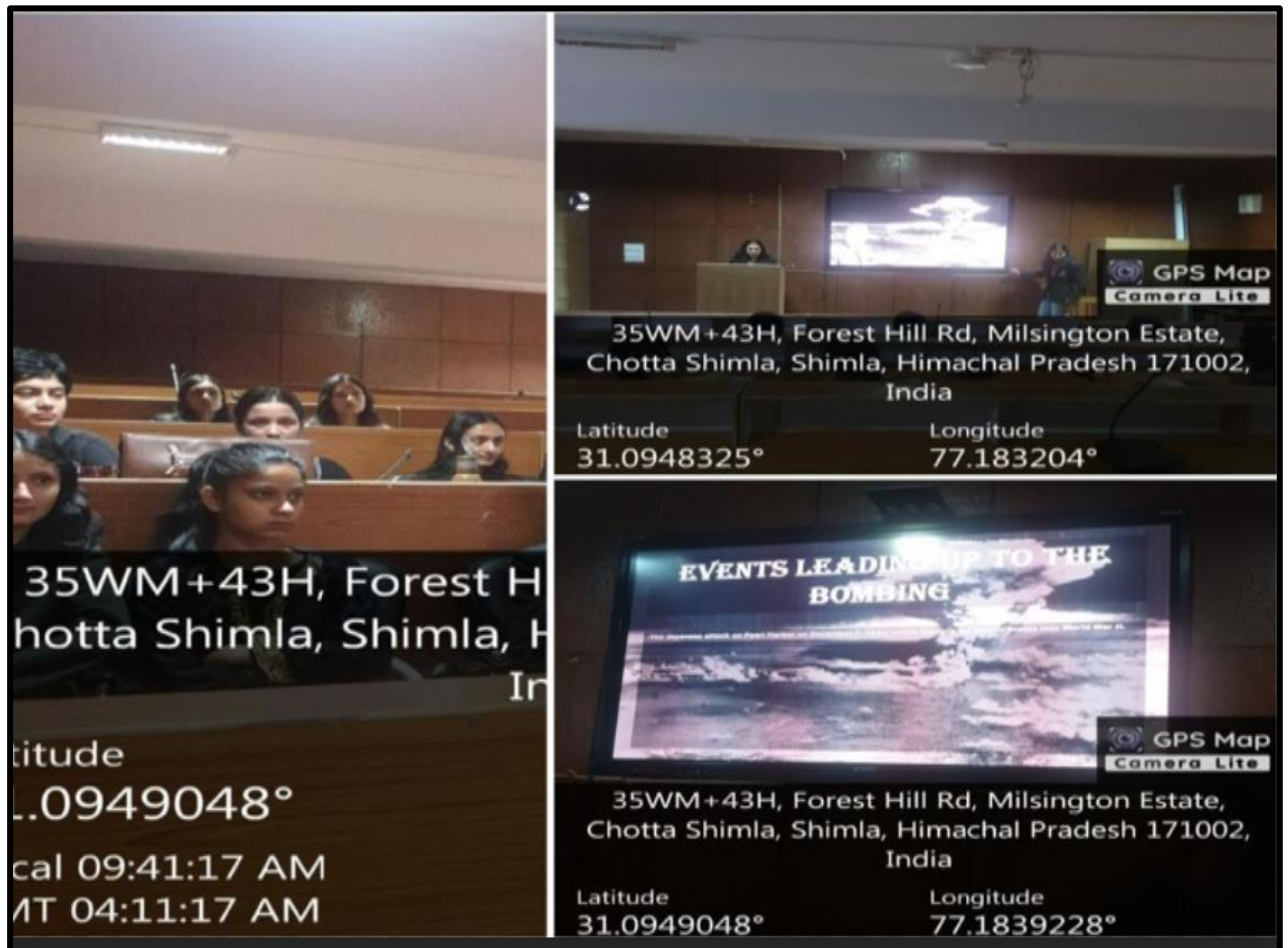
Flip- Flop Session by Political Science Department on Democracy



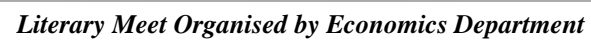
Movie Screening and Review



Movie Screening and Review of Hunger by Department of Economics; October 10, 2023



Screening of Documentary on Hiroshima Day; Department of History





Science Drama Presentation at COE Sanjauli (February 22-28, 2024)



Inter College Science Quiz Competition; February 27, 2024



Science Models Demonstration; February 22-28; 2024
Participation in National Science Week Celebration at COE Govt. College Sanjauli



Nutrition and Health Education, Rashtriya Poshan Maah/ National Nutrition Week
Inter College Poster Making Competition; September 27, 2023



*Nutrition and Health Education, Rashtriya Poshan Maah/ National Nutrition Week
Inter College Poster Making Competition; September 27, 2023*



Debates

St. Bede's College

**DEBATES AND
DRAMATICS CELL**

Organises

**Inter - Ship Debate
Competition**

Theme : Right To Dissent

**Representation in
contemporary cinema**

DATE : 27/09/2023
Venue: Auditorium
Time: 2:50pm - 3:40pm



Team INS Himmat



Team INS Vikas



Participants performing on the stage



Judges for the Event

Internship Debate Competition on Right to Dissent



Certificate Course in English language

St. Bede's College, Shimla, has embarked on an exciting collaboration with Newlimits Learning and the esteemed LSI Portsmouth, the number one ranked English Language Training Institute in the UK. This collaboration aims to provide students with a unique opportunity to enhance their English language skills through an innovative and engaging online self-study course offered by Sensation English.

The significance of this partnership was highlighted on November 28, 2022, when Mr. Gagan Aggarwal, India Associate of NPTC Group of Colleges, and Mr. James Llewellyn, Head of International Operations at NPTC Group of Colleges, interacted with the first and final year students at St. Bede's College. They introduced the students to the wide range of courses available at LSI Portsmouth, tailored to suit their individual abilities, needs, and ambitions.

Inspired by the prospects presented by LSI Portsmouth, a remarkable 69 students at St. Bede's College enthusiastically enrolled in the online English language course offered by LSI and Sensations English, the Online English Training Provider Partner. This initiative promises to empower the students of St. Bede's College with comprehensive English language training, enabling them to consolidate their existing skills and further develop their linguistic proficiency.

Through this collaboration, St. Bede's College demonstrates its commitment to providing students with access to world-class educational resources and opportunities. By joining forces with LSI Portsmouth and Sensations English, the college is fostering a conducive environment for language learning and empowering students to achieve their academic and career goals. This partnership opens new horizons for the students of St. Bede's College, equipping them with the language skills necessary to excel in an increasingly globalized world.

Certificate Course of English language



Sensations Indi...ailed Report.pdf - Read-only

←
📄
☁️
🔍
🔄
🔗
⋮

Results

● Poor(0-50%)
 ● Good(50%-70%)
 ● Excellent(70+%)

Date ▾
By best score ▾
By worst score ▾

Filter
All

Date	Level	Games & report	Attempted Ques / No of Ques	Score / Total Score	Result
May 17, 2023 1:29 PM	A2	What's the word you hear? • Listening ■ Thailand's democracy moves forward	2 / 10	1 / 10	10 % ●
May 17, 2023 1:27 PM	A2	Sentence muddle • Reading ■ Thailand's democracy moves forward	2 / 4	2 / 16	13 % ●
Jan 7, 2023 12:44 PM	A2	Sentence muddle • Reading ■ Swiss musical forest falling silent	1 / 4	0 / 16	0 % ●
Jan 7, 2023 12:43 PM	A2	What's the word you hear? • Listening ■ Swiss musical forest falling silent	1 / 10	0 / 10	0 % ●
Jan 7, 2023 12:42 PM	A2	What's the word you hear? • Listening ■ Swiss musical forest falling silent	1 / 10	0 / 10	0 % ●

Umang Taank

taankumang3@gmail.com

Listening

82%

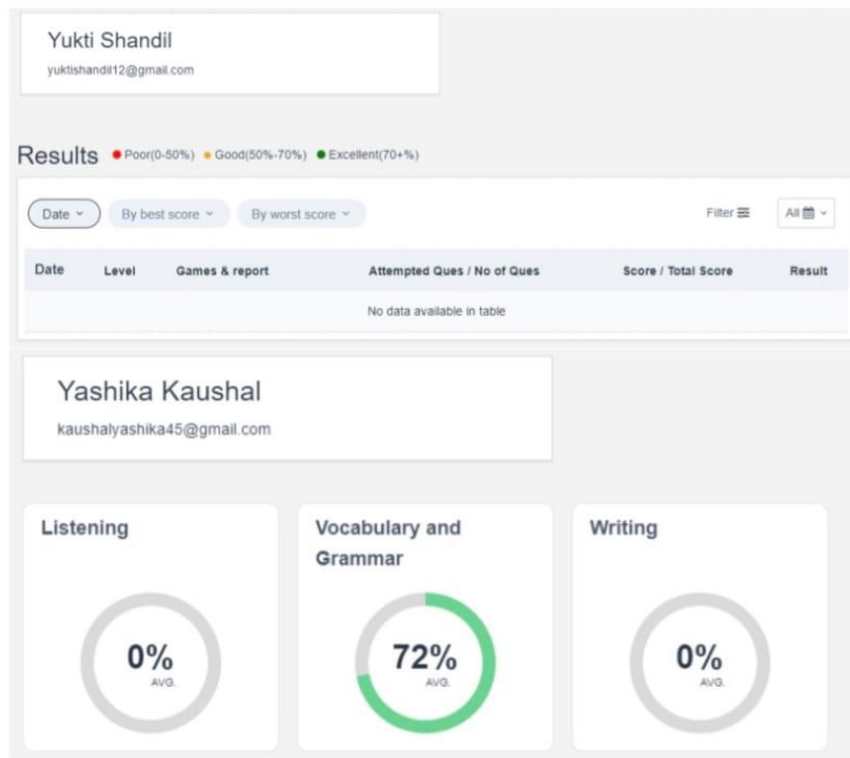
AVG.

Reading

25%

AVG.

Certificate Course of English language



Certificate Course of English language



Versification (Sample)

मन के झरोखे से

आइना

गुलशन मेहरा जानता हूँ,
कुछ है पहचानता हूँ।
अदृशियत दिखाता खासियत है मेरी—
आइना मैं कहलाता हूँ।
मेरे सामने खड़े होकर,
कभी हसकर, कभी रोकर,
तुम को जो तुम दिखाते हो,
लौकिक सच कबो छिपाते हो?
तुम में ही तुम भेदों पर खुशी दिखाते हो
तुम में ही तुम अपना दिल बहलाते हो।
कभी करते बातें, कभी गुनगुनाते हो,
कभी खुद से ही तुम शर्मोते हो।
स्त्री? कभी लोचता हूँ—
तुम तुम खुद से सपने बुनते हो,
तुम को असल दुनते हो।
तुम्हें दुनिया भर की बातें क्यों सुनते हो ?
क्या खुद पर कोई विश्वास नहीं?
अच्छे लोकों से डर लगता है?
तुम्हें जड़ों का साहस नहीं?
हीरो मैं ही हूँ, जो तुम्हें उड़ता देखता हूँ।
हीरो मैं ही हूँ, जो तुम्हें गिरता देखता हूँ।
जीवके अन्त — खुशी के आँसू देखते हैं।
हीरो मैं आइना, तुम से ही तुमको देखता हूँ!!

सुश्री मृति शर्मा
बी.ए. प्रथम वर्ष

जग वाला मेला

जग वाला मेला ओ लोको धोड़ी देर दा ।
हंस देया रात मूक गयी पता नी सवेर दा ।
आजकल दे बछिया ने फैशन बना लिया
अमीर दिवान रोहिया छड़ के विजडा अपना लेया।
तुम पूछ के पिडा अपना लेया।
खेला वै गैरान छड़ के कोन अपना लेया।
आज कल दे पुत्र ने जुन कमा लेया।
स्वाथमी नू वंग करके घरा ते निकाल दिया
आजकल मी बहूआ ने बहना वै बना लिया।
घरा देया कामा छड़ के मनरेगा ला लेया।
पढाईयाँ दा भी देखा लोको नया दौर आ गया,
गुरुआँ भी लोड घट गयी, ऑनलाइन आ गया।
ऑन नम जग ते जे ता पार लगना
स्वाथमी की कर के कर जे जे ता पार लगना
गुरुआँ दा कहना मान ले जे ता पार लगना ॥

सुश्री मीनाक्षी शर्मा
बी.ए. तृतीय वर्ष

प्रकृति सन्देश

पर्वत कहता है—शीश उठाकर, तुम भी ऊँचे बन जाओ।
सागर कहता है जहरक—नम की गहराई लाओ।
समझ रहे हो क्या कहती है
उड़-उड़ फिर फिर लखे लग ?
भरलो, भरलो अपने दिल में सीटी—सीटी मुदुल उमंग!
मुन्ही कहती—घेरे न छोड़ो!
कितना भी हो फिर पर भार, नम कहता है—चँको हटना, एक
ले तुम सारा संसार।

सुश्री आनुषी मेहता
बी.ए. प्रथम वर्ष

A DAWN OF WANDER

*The time passes me by,
as here I stand, with the soft mountain wind splashing
against my tresses,
wondering, about the reality of it all!*

*The dreadful events past me that have profoundly scared
me, the uncomtemplable fancies I hold for the
incomprehensible future
and the spectrum of anxious actions that I indulge myself
in during the present.*

*Pounding over all this,
a profane torment lingers in my veins.
My hazel eyes can hardly reflect upon the inscriptions of
Godly splendour;
when memory has stamped on it, the witnesses to bare-
bellies starving for a touch of affection!*

*All through sleepless nights, death-like, I lay awake,
listening to the empty laughter of riches taunted by the
playful screeching of penniless happiness.
I wonder, if the matter of impartiality have any
implications in the natural order of survival.*

Samridh
B.A. English honours II year
RETIRED FOR TEACHERS

Self composed Poetry in Hindi and English by the Students

Articles

and

Special writeups

The Torn Fabric Of
Verses By Ridhima

Russia-Ukraine War
By Dipti

Breaking Barriers
by Saizal

Israel-Hamas War
By Nikita

Pradhan Pati System
By Akshita

World of K-Drama
By Neesa Negi

Articles by the Students



सपनों की उड़ान

देवी 70 साल की आम स्त्री हैं, जो अपने बेटे के साथ प्रयाग में रहती हैं। जब वे 25 साल की थीं, उनके पति का देहांत हो गया था। तब से उन्होंने अकेले ही अपने बच्चों को पाला। उनके बेटा—बहु सरकारी नौकर हैं, तो वे सुबह ही कार्यालय निकल जाते हैं। वे उनके लिए खाना बनाती हैं, पोते को तैयार करती हैं। उनका पोता अरमान उनसे बहुत प्यार करता है, उसके बचपन कोई भी प्रशंसा नहीं करता है। इस स्नेह ने उसे आलसी बना दिया था। सारा घर दादी पर ही निर्भर होने लगा। दादी पूरे दिन काम करती हैं। वे दिन—प्रतिदिन दुबली होती जा रही थीं। लेकिन अपने कामों में व्यस्त होने के कारण वे अपने पड़ना ही बहुत कठिन हैं, और अब हमें कविता भी लिखनी होगी—

यह सुनकर दादी बोली—“इसमें क्या कठिन है? लाओ मैं लिखती हूँ।”

लिखते—लिखते दादी को एहसास हुआ कि वे तो स्वयं ही सब कुछ भूल गयी हैं। वे सोचने लगीं—“कोई भला कितना ही कुशल क्यों न हो, अभ्यास न करे तो यह किसी काम का नहीं।”

अरमान तो दादी के बोलने पर चला जाता है लेकिन कल फिर हिंदी पढ़ने के लिए आता है। इस प्रकार वह रोज करता है और देखते ही देखते दादी की दिलचस्पी भी बढ़ती जाती है। एक दिन यह पूछता है—“दादी आपने पढ़ना क्यों छोड़ दिया?” तो लिखती थीं जो छपती भी थीं। उनके पति को लगता था कि वे लेखिका बन जाएंगी लेकिन उनकी मृत्यु के बाद उन्हें सब आप पढ़ना शुरू क्यों नहीं करती? “दादी ने मजाक में कहा—“हो पड़ लूंगी। तू जा!”

कुछ दिनों बाद दादी की तबियत खराब होने लगी थी। उनकी बेटी उन्हें अपने पास ले गयी। वे पूरे दिन बिस्तर पर पड़ी रहतीं। जब उठतीं तो उनका दामाद उन्हें देखकर परेशान हो जाता। दादी बेटी के घर से जाने की जिद करके वापस चली गयीं जहाँ उन्हें किसी के ताने सुनने को न मिले। कुछ दिन बाद तबियत बेहतर होने पर वे अपना जीवन अपने तरीके से जीने लगीं। वे बुढ़ापे में किसी के ऊपर निर्भर नहीं होना चाहती थीं। किन्तु अब ना वे खेती—बाड़ी कर सकती थीं ना सिलाई। गीप के लोग सहायक थे, घास के बदले कभी उन्हें दूध, घी, दाल दे जाते और उन्हें अकेला महसूस नहीं होने देते। उनका घर काफ़ी पुराना हो चुका था, उसे मरम्मत की आवश्यकता थी, कहीं से पानी टपकता तो कहीं से सैलाब की बंदू आती। दादी उसे ठीक करवाना चाहती थीं लेकिन एक सच तो यह था कि उनकी मृत्यु के पश्चात उस घर में कोई भी नहीं रहने वाला था। पर और पैसे के बारे में सोच के वे चिंतित हो उठतीं, वे सोचती कि उन्होंने अपने जीवन में कुछ भी हासिल नहीं किया और दूसरी तरफ इस उम्र में अब अकेले वे क्या ही कर पाएंगी?

इसी बीच छुट्टियों में उनका पोता और बहु घर आये, मानो घर में बहार आ गयी हो। वे तारा देवी की मदद करते, धूमले, नदी में गहने जाते। अरमान को खुश देख दादी भी खुश थीं।

अरमान दादी के लिए स्मार्ट फोन लाया। दादी धीरे—धीरे स्मार्ट फोन चलाना सीख गयीं। वे कहानियाँ लिखतीं और अपने पोते को भेजतीं। उनके पोते को उनके अंदर के कलाकार की पहचान हो गयी थी। अरमान ने दादी का ब्लॉग शुरू किया जिसपर दादी कहानियाँ लिखतीं।

सोमों को भी उनकी कहानियाँ बेहद दिलचस्प लगतीं। दादी लगातार लिखती रहीं और उन्हें इससे पैसे भी मिलने लगे। शहर के कुछ लोग उनके काम से प्रभावित होकर उनके साथ काम करने के लिए आये। इसके बाद वे खूब मशहूर हुईं। उनकी सफलता की कहानी अखबारों में छपने लगी।

तारा देवी हम सभी के लिए प्रेरणा स्रोत हैं। ऐसे लोग, जो किसी कारणवस पढ़ नहीं पाए या जीवन में आयी चुनौतियों के कारण अपने सपने पूरे नहीं कर पाए।

कारण अपने सपने पूरे नहीं कर पाए।

सब कुछ कर जाने की ताकत होती है। अगर हम में इच्छा—शक्ति हो तो हम आसानी से यदि हम दृढ़ संकल्प लें तो हम में सब कुछ कर जाने की ताकत कदम—कदम पर स्वयं ईश्वर हमें देते हैं।

सफलता पा सकते हैं। हमारे सपने पूरे करने की ताकत कदम—कदम पर स्वयं ईश्वर हमें देते हैं।

सूत्री हिमानी वर्मा
बी ए द्वितीय वर्ष

Short Story by Student of Hindi

Breaking Barriers: Women Leading the Way

Women empowerment, a term we all are familiar with, but do we exactly know what is women empowerment? Is it a concept confined only to big offices and political arenas? The answer is complex and brimming with potential. Women empowerment is about more than just equal rights, it's about realizing and unleashing the full potential of half of the world's population. It's about challenging outdated norms, dismantling barriers and providing the opportunities for women to thrive. But why is it important? What happens when women are empowered? According to the World Bank women make up nearly 40% of the global workforce, yet they earn on average 23% less than men. UNESCO reports that more than 130 million girls worldwide are out of school, highlighting the persistent barriers to education that many girls face. So when we empower women we witness the dismantling of these outdated stereotypes, the rise of new role models. When we envision a world where women are empowered, we see a future teeming with possibility, we see a world where every girl grows up believing in her potential, where every woman has the opportunity she deserves and where prosperity and progress knows no gender.

Our own country, India is home to numerous inspiring women who have made significant contributions in various fields serving as role models for empowerment and change. For example, Chanda Kochhar, she was the managing director and CEO of ICICI Bank, one of the largest private sector banks in India. Her leadership and success in the banking sector have been an example for women in the corporate world, demonstrating that women can excel in traditionally male-dominated industries. Mary Kom, also known as "Magnificent Mary," is a renowned Indian boxer and Olympic bronze medalist. She has paved the way for many aspiring female athletes in India.

The music industry and music itself also plays a crucial role in women empowerment. In a world where women's stories are often overshadowed or dismissed Taylor Swift's music has served as a powerful amplifier of women's voices. Her music isn't just about catchy hooks and toe tapping beats. For instance in her song "The Man" she addresses gender inequality and challenges double standards while in "Shake it off" she encourages self confidence and resilience in the face of criticism. Beyond her music, Taylor Swift has used her platform to support and uplift other women, speaking out on issues such as gender equality, body positivity, and the importance of women's voices being heard. So, the next time you find yourself screaming out "Shake it off" or strutting down the street to the beat of "The Man" remember that you're not just listening to music, you're embracing a message of empowerment and resilience.

— Saizal

BA Pass Course 1st year

Write-ups by the Student




PROBLEM SOLVING METHODOLOGY

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5	Critical thinking/ Brainstorming session	94-95
6	Creative designing	96-100
7	Creative writing	101-108
8	Additional Problem-Solving Techniques	109-117



Project Based Learning (Mini Projects and Dissertation)

Project Report
Single slit diffraction




Submitted to Physics Department.
Submitted by:

- Aishani Kanwar
- Sujal Sharma
- Roopanshi Gupta
- Anushka Thakur
- Varunika
- Payal

Department of Physics

A CASE STUDY
On
“POVERTY IN ETHIOPIA”



(Session : 2023-2024)

Submitted by:
Anushka
BA 3rd year
1210830027

Submitted to:
Komal ma'am
Assistant Professor
Political Science dept.

Department of Political Science

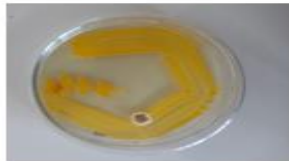


Department of Microbiology

Minor Project

Session: 2023-24

Title: Extraction of pigment from pigment-producing bacterial cell.



Submitted by:

Neetika Mehta

Umang Verma

Department of Microbiology

**Studies on the life cycle of
Callosobruchus maculatus (Pulse
beetle) a major pest of pulses**



Submitted by:

BSc 3rd year
(2023-2024)

Khushboo, Samriti, Priyanka, Mohini, Yamini
Vanshika, Tanisha, sonali

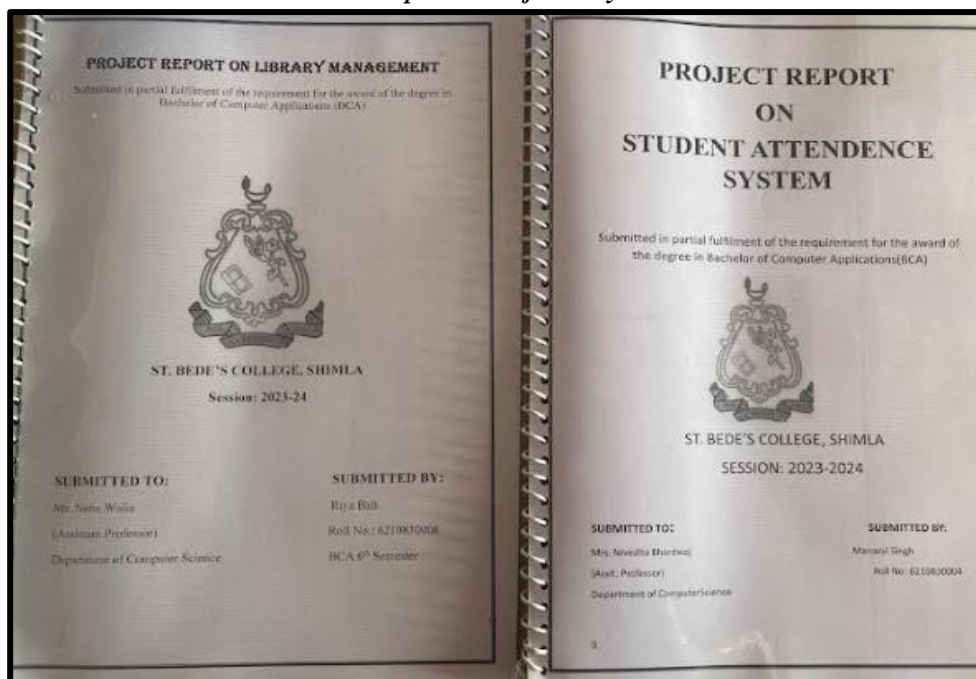
Submitted to:

Dr. Jyotika Brari

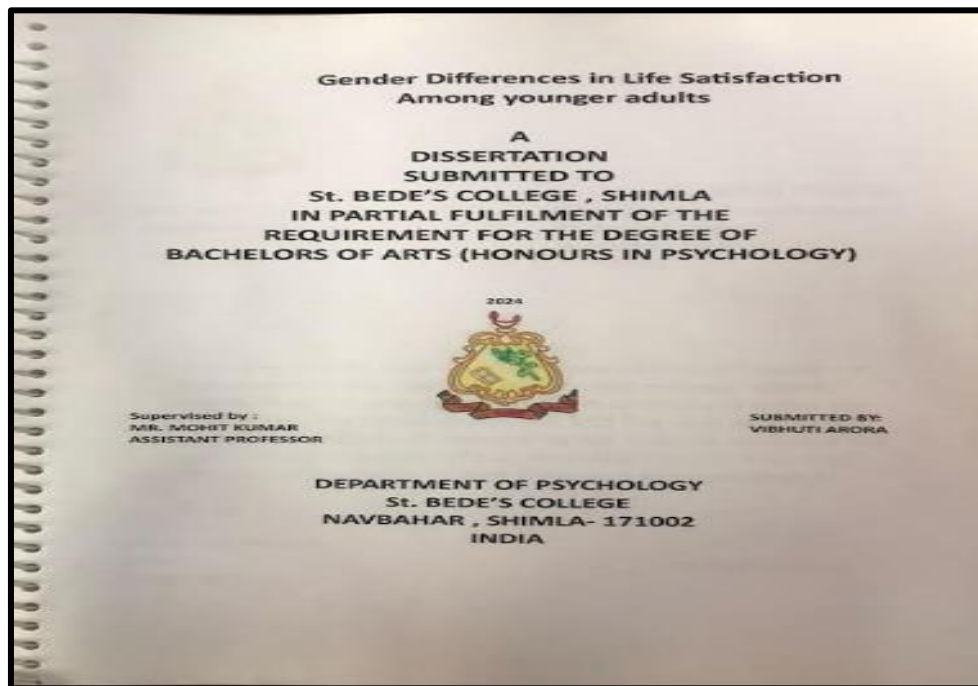
Department of Zoology



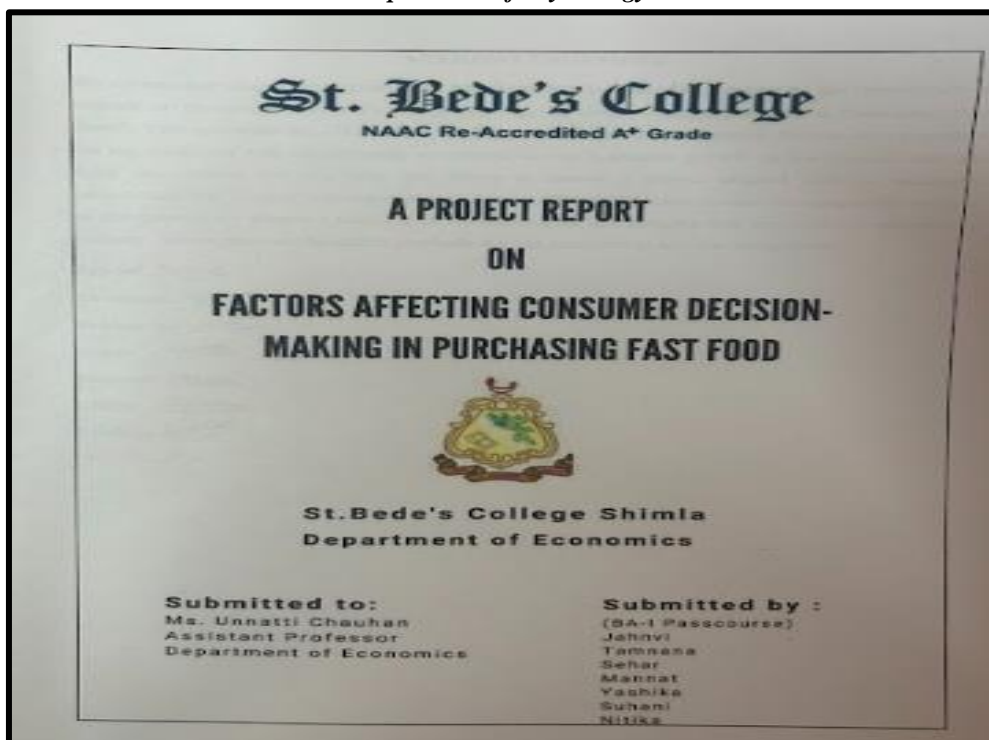
Department of Botany



Department of Computer Science



Department of Psychology



Department of Economics



Quiz



Online Quiz on Transportation and Game Theory Organized by Department of Mathematics on November 30, 2023.



Intradepartmental Quiz Organized by Department of Botany on World Habitat Day; October 3, 2023



Quiz Organized by Department of Mathematics on National Mathematics Day; December 22, 2024



Quiz on National Science Day; February 28, 2024



Quiz on Electoral Insights by Political Science Department



Quiz Organized by Department of Biotechnology on World CRISPR Day; October 20, 2023



Quiz Organized on National Constitution Day by Political Science Department; November 11, 2023



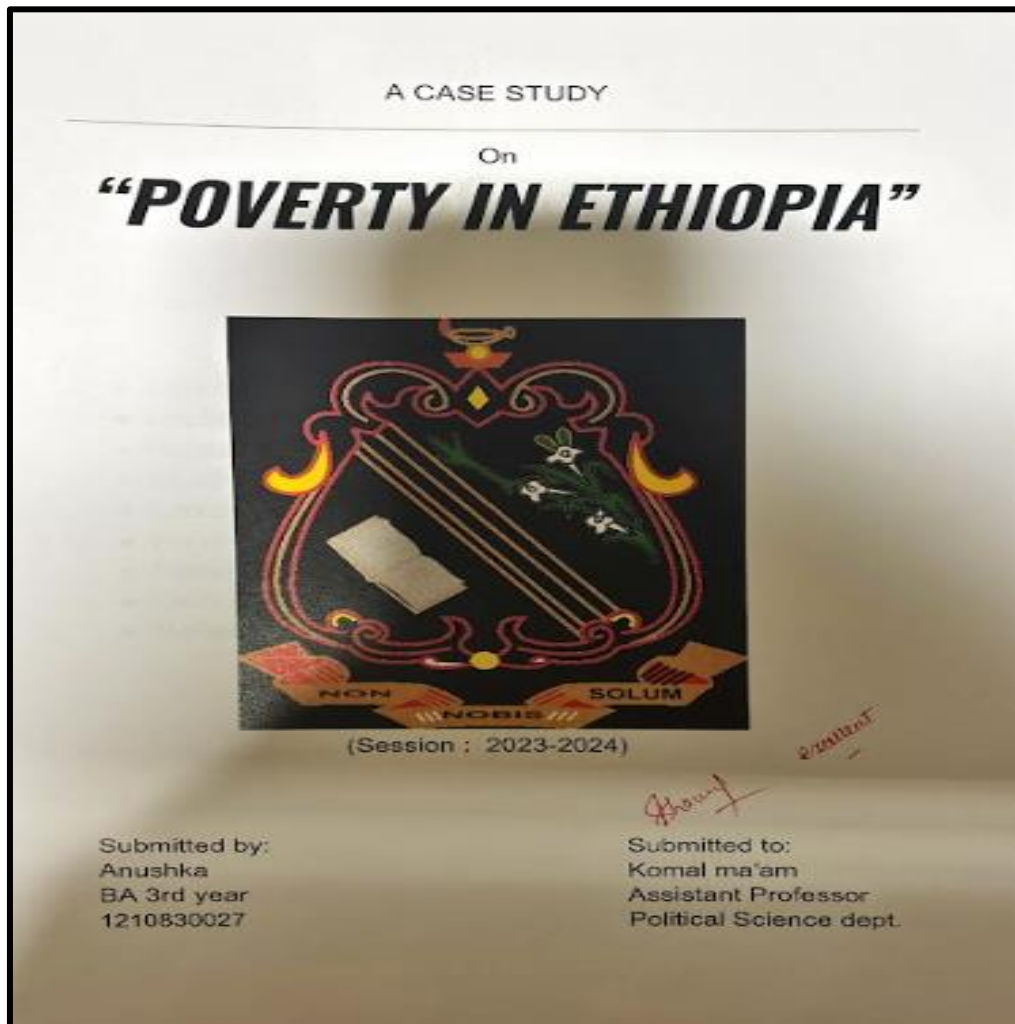
Open Book Test (Sample)



Open Book Test on Animal Diversity, Department of Zoology; September 9, 2023



Case Study (Sample)



Case Study on Poverty in Ethiopia; Department of Political Science



Critical Thinking/ BrainStroming (Sample)



Critical Thinking through Inquiry-Based Learning by Department of Zoology; September 30, 2023



Critical Thinking Session by Political Science Department



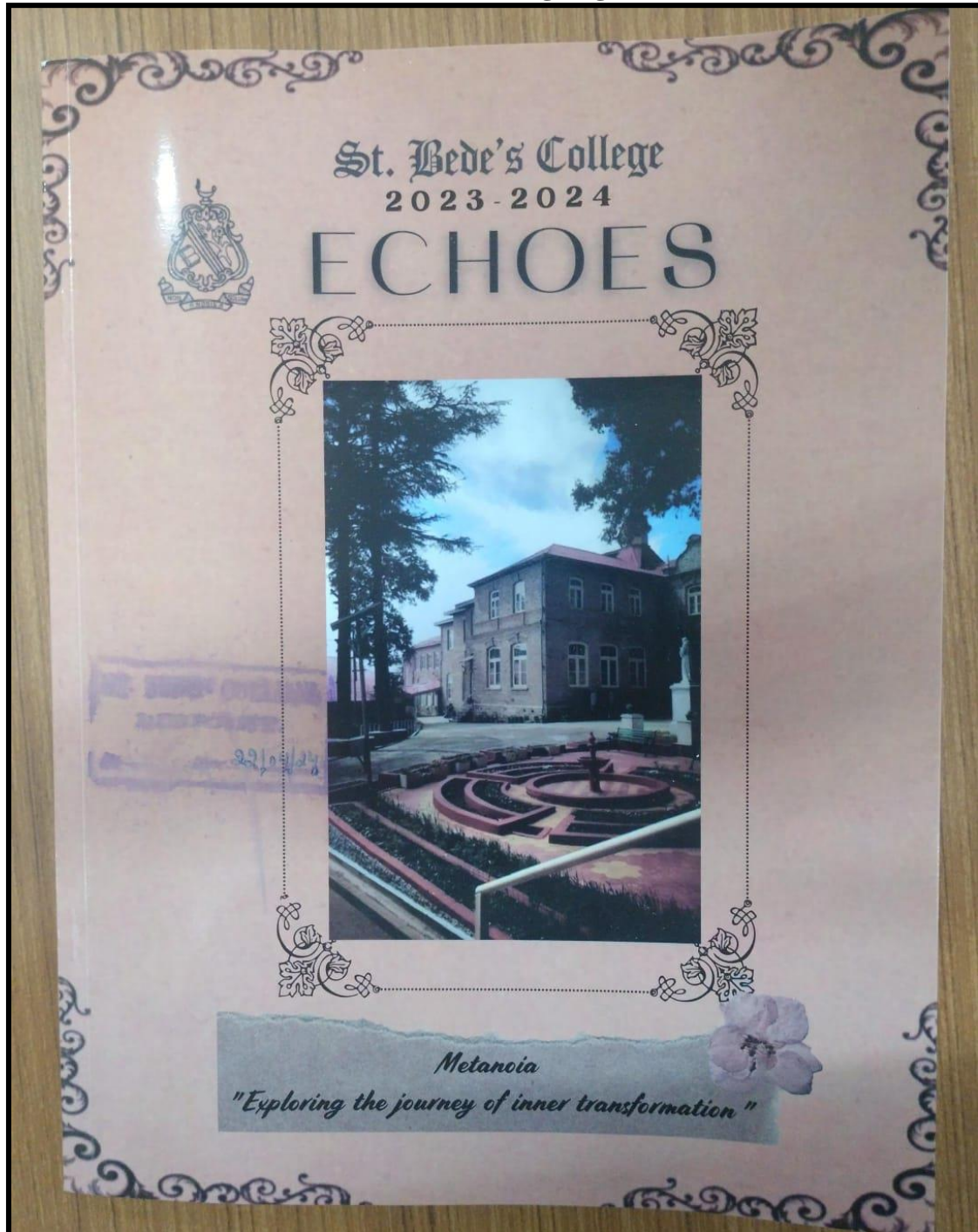
Basic and Critical Aspect of Molecular Biology Organised by Biotechnology Department; December 7, 2023



Critical Thinking through Book Review by Department of English; September 28, 2023



Creative Designing



College Magazine; Echoes



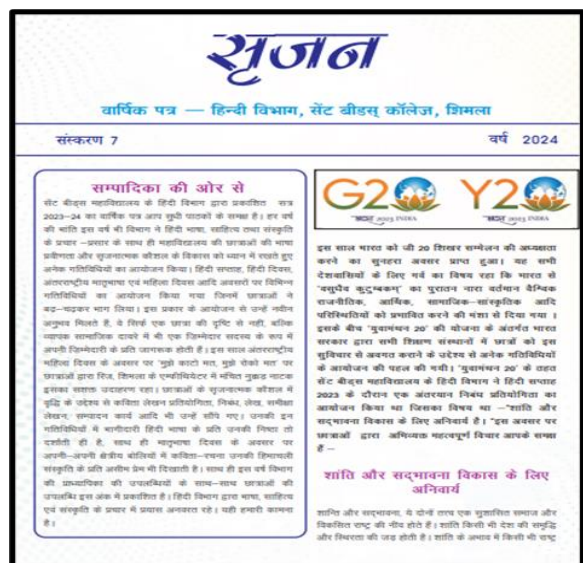
Newsletter; Department of Commerce and Management



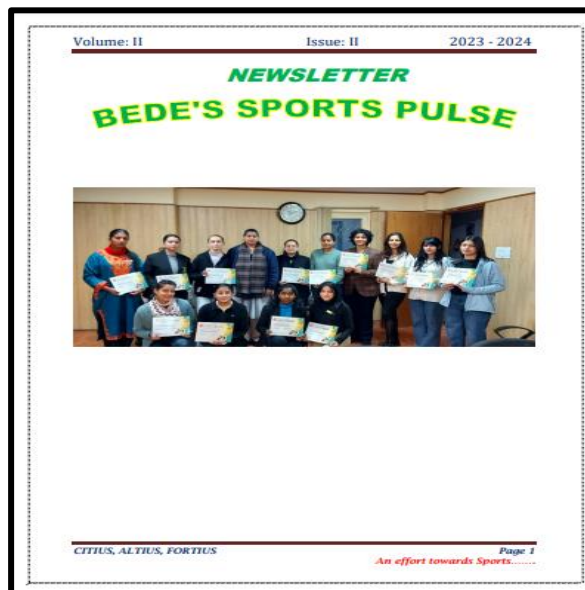
Newsletter; Department of Computer Science



Newsletter; Department of Economics



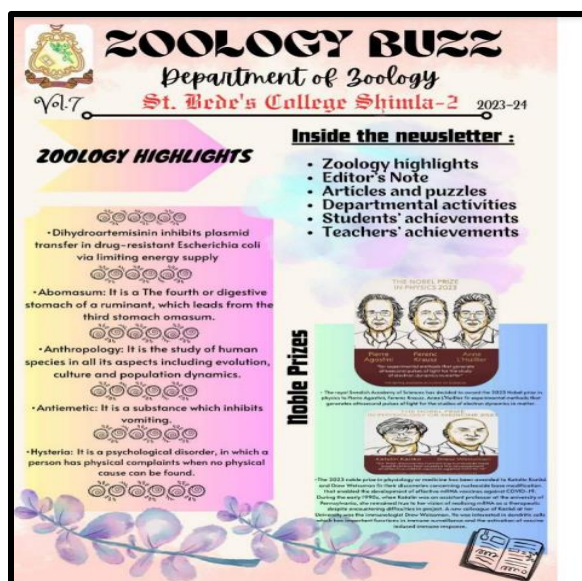
Newsletter; Department of Hindi



Newsletter; Department of Physical Education



Newsletter; Department of Political Science



Newsletter; Department of Zoology




Department of Physics
St. Bede's College, Shimla
(NAAC Re-Accredited A⁺ Grade)

is
Organising

One day Hands-on Workshop
On

1 **Quantum Physics Simulations**
2 **using Spreadsheets**

3 **Speaker**

4 

5 **Prof. O. S. K. S. Sastri**
(Professor of Physics)
6 Central University of Himachal Pradesh
7 on

Date: September 29, 2023
Time: 10:20 AM-1:20 PM
Venue: Department of Physics (C-5)

Email: anilkhachi1990.com
Phone: 70188 16976

Scilab

Brochure; Department of Physics

St. Bede's College
Heritage Status NAAC Re-Accredited A⁺ Grade Heritage Status


Department of Botany is celebrating
World Food day

EAT RIGHT FOR A FUTURE THAT'S BRIGHT ✨

Activity:
!! Exhibition cum sale of nutritious food !!

Date: 17th October 2023

Venue : courtyard/auditorium
Time: 10:40am onwards



Brochure; Department of Botany


St. Bede's College
NAAC Re-Accredited A⁺ Grade

**DEPARTMENT OF COMPUTER
SCIENCE AND MATHEMATICS**

IS
ORGANISING A

GUEST LECTURE

TOPIC :-
PROBABILITY AND STATISTICS IN COMPUTER
SCIENCE AND ENGINEERING



**NOVEMBER 8, 2023
SEMINAR ROOM
2:00-3:00PM**

RESOURCE PERSON :- DR. PAWAN SHARMA
ASSOCIATE PROFESSOR, NIT, HAMIRPUR

Brochure; Department of Computers and Mathematics

Department of Biotechnology
of
St. Bede's College

is organizing a
Thought Provoking Session
on the occasion of
International Girl Child Day

**Theme: Invest in Girls' Rights: Our Leadership,
Our Well-being**

Date: October 11, 2023
Time: 2:50-3:00 PM
Venue: Laboratory C4



Brochure; Department of Biotechnology



St. Bede's College
NAAC Re-Accredited A+ Grade

CTET ONLINE MOCK TEST
THE EXAM GURU

Department of Commerce & Management is Organizing a 'MOCK TEST' in Collaboration with ICFAI Business School

Resource Person:
Mr. Ajinkiya,
Branch Manager, IBS Information

Date: December 5, 2023
Time: 10:30am
Venue: Room no. D6

Brochure; Department of Commerce and Management

G20 **भारत 2023 INDIA** **Y20**

St. Bede's College

Zoology Department is organising an activity on Exploring Creativity of Students Moving Beyond the Known

DATE : November 8, 2023
TIME : 2:50 pm
VENUE : A12

Brochure; Department of Zoology

St. Bede's College
NAAC Re-Accredited A+ Grade

Department of Economics
cordially invites the First Year Students to an Interactive Session on
"College Catalyst: Igniting Your Journey to Excellence"

Venue : Seminar Room, St. Bedes College
Date : August 12, 2023
Time: 10:40 AM

GUEST SPEAKER

Vamika Darhel
Research Fellow,
Agro- Economic Research Centre

Brochure; Department of Economics

G20 **भारत 2023 INDIA** **Y20**

St. Bede's College
DEPARTMENT OF POLITICAL SCIENCE AND HISTORY
are organizing
a session on anecdote narration
to observe
INTERNATIONAL DAY OF PEACE
THEME - "END RACISM. BUILD PEACE"

Date: September 21, 2023
Venue: Seminar Room
Time: 02:50 P.M.

Brochure; Department of Political Science and History



Creative Writing

मन के झरोखे से

आइना

कुहरा चेहरा जानता हूँ,
उन्हें मैं पहचानता हूँ।
अस्तित्व दिखाना खासियत है मेरी—
आइना मैं कहलाता हूँ।
मेरे सामने खड़े होकर,
कभी हँसकर, कभी रोकर,
खुद को जो तुम दिखाते हो,
लेकिन सच क्यों छिपाते हो?
तुझ में ही तुम चेहरे पर खुशी दिखाते हो
तुझ में ही तुम अपना दिल बहलाते हो।
कभी करते बातें, कभी गुनगुनाते हो,
कभी खुद से ही तुम शर्माते हो।
क्यों? कभी सोचता हूँ —
जब तुम खुद से सपने बुनते हो,
खुद को अलग बुनते हो,
तो दुनिया भर की बातें क्यों सुनते हो ?
क्या खुद पर कोई विश्वास नहीं?
कहाँ ठीकसे से डर लगता है?
या लड़ने का साहस नहीं?
ही यो मैं ही हूँ, जो तुम्हें उड़ता देखता हूँ।
ही यो मैं ही हूँ, जो तुम्हें गिरता देखता हूँ।
जीतके आना — खुशी के आँसू देखने हैं।
ही मैं आइना, तुम से ही तुमको देखता हूँ।

सुश्री वृषि शर्मा
बी.ए. प्रथम वर्ष

जग वाला मेला

जग वाला मेला ओ लोको थोड़ी देर दा।
हंस देया रात मूक गयी पता नी सबेर दा।
आजकल दे बच्चेया ने केशन बना लिया,
अम्मी दियान रोदिया छड के पिजजा अपना लेया,
दूध प्यू छड के बिड़ा अपना लेया।
खेलां दे मैदान छड के फोन अपना लेया,
आज कल दे पुत्रां ने जुलूम कमा लेया
स्याण्यो नू तग करके घरा ते निकाल दिया
आजकल भी बहुआ ने बहाना ये बना लिया,
घरा देया कामा छड के मनरेगा ला लेया।
पढाइयो दा भी देखो लोकों नया दौर आ गया,
गुरूओ दी लोड घट गयी, ऑनलाइन आ गया।
ओम् नाम जप ले जे ता पार लगना
स्याण्यो दी कदर कर ले जे ता पार लगना
गुरूआ दा कहना मान ले जे ता पार लगना ।।

सुश्री मीनाक्षी शर्मा
बी.ए. तृतीय वर्ष

प्रकृति सन्देश

पर्वत कहता है—शीश उठाकर, तुम भी ऊँचे बन जाओ।
सागर कहता है लहराकर—मन की गहराई लाओ।
समझ रहे हो क्या कहती हैं,
उठ-उठ गिर-गिर तरल तरंग ?
भरलो, भरलो अपने दिल में मीठी—मीठी मृदुल उमंग!
पृथ्वी कहती— धैर्य न छोड़ो!
कितना भी हो सिर पर भार, नम कहता है—फैलो इतना, डक
लो तुम सारा संसार।

सुश्री आयुषी मेहता
बी.ए. प्रथम वर्ष

नया समय

आज समय की मॉग पर आगाज इक नया होगा।
निरंतर योग्यता के आधार पर,
परिणाम का आकलन होगा।
परिवर्तन नियम जीवन का, नियम अब नया बनेगा।
अब परिणामों के भय से, नहीं बालक कोई डरेगा।
निरंतर योग्यता के आधार पर,
परिणाम का आकलन होगा।
बदले शिक्षा का स्वरूप, खिले नयी आशा की धूप।
अब किसी के मन पर न कोई भोझ होगा।
निरंतर योग्यता के आधार पर
परिणाम का अब आकलन होगा।
नयी राह पर चलकर मंजिल को हमें पाना है,
इस नए प्रयास को हमें सफल बनाना है।
बेहतर शिक्षा से बदले देश,
बस आगे बढ़ते जाए देश,
बस आगे बढ़ते जाए देश।

सुश्री श्रिया
बी.ए. प्रथम वर्ष

बचपन

एक बचपन का जमाना था,
जिसमें खुशियों का खजाना था।
ब्राह्म खींद को पाने की थी,
पर दिल तितली का दीवाना था।
खबर न थी सुबह की, ना शाम का कुछ ठिकाना था।
थक कर आना स्कूल से, पर खेलने भी जाना था।
माँ की कहानी थी, परियों का फसाना था,
बारिश में कागज की नाव थी, हर मौसम सुहाना था।
हर खेल में साथी थे, हर रिश्ता निमाना था,
न कोई हँसने का बहाना था।
क्यों हो गए हम इतने बड़े ?इससे अच्छा तो वो बचपन
का जमाना था,
वो बचपन का जमाना था...।

सुश्री यशिका नरेंट
बी.ए. प्रथम वर्ष

बारिश के अलफाज

एक शाम बैठकर,
बारिश के अलफाज सुन रही थी।
उन अल्फाजों में अपने लिए,
छुपे हुए राज ढूँढ रही थी।
कहानी थी उसकी और मेरी जानी पहचानी,
दूर का सफर तय करके आयी थी मैं, और वो भी
अनजानी।
आसमान से उतरकर आना न था उसके लिए आस
पर बिना डरे लिया था उसने भी ठान —
'खुद को करके न्योछावर, बसाऊँगी औरों का जहाँ'
आसमान से गिरकर, धरती से मिलकर, महकाऊँगी
औरों के लिए समा।
उगाऊँगी सब के दिलों में उम्मीदों की फसल,
बनूँगी औरों के लिए खुशियों की मेहर।
खुद के लिए जीना भी कोई जीना होता है भला?
दूसरे के लिए जो जीए, जिन्दगी वही तो है!
सही मायने में खुदा का सबसे प्यारा नमीना वही तो
सब में नहीं होता हुनर, खुद को त्यागकर दूसरों को
आबाद करने का,
बारिश जैसा आत्मत्यागी बनना भी कहाँ आसान होता
है?

सुश्री लावण

मुझे सीखना है

रोज उठकर एक नई उमंग के साथ अपनी आदतों को
सीखना है,
मुझे सीखना है।
बोली बात मुलाकर, उन वेदनाओं को छिपाकर,
अपने सफर को एक नई उड़ान से सीखना है,
मुझे सीखना है।
इस प्रयास में असफल हूँ,
पर सब मानो — मैं इन असफलताओं से ही एक कदम
अग्रसर हूँ।
प्रतिस्पर्धियों से एतराज न जताकर, उनसे प्रेरणा लेकर,
मुझे सीखना है।
संत कबीर कह गए — 'चिता ऐसी डाकिनी, काट कलेजा
खाये।
वेद विचारा क्या करें, कहीं तक दवा लगाए।'
अर्थात्— सफलता— असफलता की चिता न करते हुए
मुझे सीखना है...।

सुश्री आरुषि कौशल
बी.ए. प्रथम वर्ष

Self Composed Poems by the Students



विश्व एक घर और विश्व बंधुत्व हमारा धर्म

एक ही घरा पर खेलकर,
बड़े हुए हैं हम।
नादानी में हंसकर — लड़कर भी
साथ खिले फूल हैं हम।
एक ही पेड़ की छाया पर आश्रित हुए हैं हम।
भिन्न हैं रंग—रूप सबके,
फिर भी एक ही बगीचे के पौधे हैं हम।
मासूमियत को होता नहीं
दुनिया के जंजालों से मतलब,
बिछाए जाल क्षीण हैं,
बच्चों की मासूमियत के आगे,
फिर ज्यों बड़े पेड़ हम बने,
जड़ों से न जाने क्यों कटने हम लगे?
औखों में रुखापन आ गया,
प्रेम भी समुद्र का समतल लींच गया,
मूलकर हम यथार्थ, पदों में केंद्र कहीं हो गए...।
धिराग हम तराशते—तराशते
अन्धकार में ही कहीं खूब गए,
हम भूल गए—
मिट्टी से बने, मिट्टी ही तो फिर बन गए!
इतिहास प्रेम का रचने की घड़ी अब आई है,
माथे की उलझनों से हो रिहा!
नफरत के धुएँ से बाहर निकल!
आबाद अब होने का समय आया है।
मंदिर हो, चाहे हो मस्जिद,
उदारता हर धर्म की धरोहर है।
बीटना क्यों धर्म के नाम पर
जब विश्वबन्धुत्व का धिराग दिशा दिखा रही है...!
तुम बोली हिंदी, मैं लिखूँ चाहे उर्दू,
भाषाएँ हो भिन्न भले ही,
भाषाओं से ही प्रेम की माला
अब पिरोने की घड़ी आई है...।

सुश्री श्रुति
बी.ए. प्रथम वर्ष

मेरो हिमाचल

शोभी का शोभलो मारो देश स,
बांक्ज हिमाचल पोरदेश सस
होरे भोरे हो सीओ रे बाकीचे
नाशपाती नारोगी सस
खोरी शांगती, काकडी मोठी
चीजए रोगवा रोगी सस
शोभी का शोभलो मारो देश।
बांक्ज हिमाचल पोरदेश सस
धूसी आए अस्सा देश विदेश
कुती नहीं मिलीया ऐसा भेस सस
जीतू जाना जाओ, खूब कमाओ
भूली ना अपना हिमाचल प्रदेश ।।
शोभी का शोभलो मारो देश।
बांक्ज हिमाचल पोरदेश सस

कामांडे दी धाम कने, हमीरपुर दा
बेसन
चायल लगे जिया कश्मीर आला केसर सस
चाय पतिया दे बाग, तुआ दिखने पालमपुर
दिखने बर्फीले नजारे ओ ।।
शोभी का शोभलो मारो देश।
बांक्ज हिमाचल पोरदेश सस

भोले दे दर्शन कुती मानी मिलने
जय मानी होना उत्तरांचल ओ ।।
जीतू जाना जाओ, खूब कमाओ
भूली ना अपना हिमाचल प्रदेश ।।
शोभी का शोभलो मारो देश।
बांक्ज हिमाचल पोरदेश सस

सहर शर्मा
बी.ए. द्वितीय वर्ष

किस्सागोई

गरीब

मैं थक गई थी, गरीब के प्रति स्कूल की टीचर का भाषण सुन-सुन कर। घर में माता हो या पिता? हर एक का वही भाषण गरीब का मतलब होता है, बहुत कम या बिल्कुल भी धन न होना। स्कूल की टीचर तो गरीब के पर्यायवाची भी बता देती थीं। निखारी, बेसहारा, 'दीन-हीन', निर्धन, 'दरिद्र', 'जरूरतमंद', 'गरीबी से त्रस्त'....।
यूँ तो मैंने कृष्ण और सुदामा की कहानी भी पढ़ रखी थी कहीं। सुदामा और कृष्ण की कहानी प्रेम और मित्रता के बारे में है। हालाँकि, उनका सीख देती है। सुदामा का जन्म एक निम्न आय वाले परिवार में हुआ। दूसरी ओर, कृष्ण राज घराने से थे। हालाँकि, उनकी स्थिति के बीच का अंतर, उनकी सच्ची दोस्ती या बंधन में बाधा नहीं बना। यह एक अलग बात है कि कृष्ण तो अवतारी पुरुष थे, लेकिन सुदामा तो आम आदमी ही थे और गरीब भी थे। खैर, उन दोनों की कथा किसी अन्य देशकाल की। हमारी दुनिया उससे बिल्कुल अलग है।
अब मैं कॉलेज में पढ़ने लगी हूँ। कहने को तो अमीर घर की लड़कियाँ ही इस कॉलेज में दाखिला लेती हैं, लेकिन एक बार कॉन्फ्रेंस हॉल में एक पाठ पढ़ाया गया कि 'सामान्यतः गरीबी से आशय लोगों के जीवन निर्वाह—स्तर से लगाया जाता है। जीवन निर्वाह की न्यूनतम आवश्यकताओं के पूरा न होने से व्यक्ति का जीवन कष्टमय हो जाता है। उसके स्वास्थ्य तथा कार्यकुशलता को हानि पहुँचती है, जिससे उत्पादन में वृद्धि करना तथा निर्धनता से छुटकारा पाना कठिन हो जाता है। मुझे याद है उस दिन, जब कॉलेज की हिंदी टीचर उस कार्यक्रम का संचालन कर रही थीं। दरअसल हिंदी दिवस के अवसर पर कक्षा में आयोजित डिबेट के दौरान एक छात्रा बता रही थी कि 'बीपीएल' का फुल फॉर्म होता है 'बिलो पावर्टी लाइन' जिसे हिंदी में गरीबी रेखा से नीचे जीवन यापन करना बताया जाता है। टीचर बता रही थी कि गरीब व्यक्ति वह व्यक्ति होता है, जिसके पास जीवन की न्यूनतम अनिवार्य आवश्यकताओं को पूरा करने के लिए वित्तीय क्षमता नहीं होती है। एक दूसरी छात्रा अपनी डिबेट में बोल रही थी कि 'एपीएल' का फुल फॉर्म 'एबल पावर्टी लाइन' होता है। हिंदी में 'एपीएल' का फुल फॉर्म गरीबी रेखा से ऊपर होता है। कार्यक्रम के अध्यक्ष अपने अध्यक्षीय भाषण में कह रहे थे कि बीपीएल एक बेंचमार्क है जिसका उपयोग भारत सरकार द्वारा किया जाता है ताकि उन परिवारों को चिह्नित कर आर्थिक मदद पहुँचाई जा सके जो रोजगार के क्षेत्र में पिछड़े रह जाते हैं या फिर जिनकी आय उनके दैनिक आर्थिक जरूरतों को पूरा नहीं कर पाती। अन्य लाभों के अलावा सरकार की ओर से उन्हें राशन कार्ड भी मिलता है जिसके आधार पर उन्हें न्यूनतम दामों में राशन सामग्री उपलब्ध कराई जाती है। यह सब सुनकर मैंने मानो एक नयी दुनिया का अन्वेषण किया। मुझे ये सभी जानकारियाँ अद्भुत लग रही थीं। इससे पहले मैं कहीं थी? अपने समाज का एक बहुत बड़ा हिस्सा आर्थिक तंगी से इस प्रकार जूझता है, लेकिन मुझे इस बात से कोई परेशानी क्यों नहीं हुई? ऐसे बहुत सारे सवाल थे जो छुट्टियों के दिनों में मैं अपने मन में दबाए घर वापस गयी।
घर की दुनिया अलग थी। मेरे पिता जी हीरे के व्यापारी थे। मकान दो मंजिला, था यानि डुप्लेक्स। एक दिन, सीड़ियों पर बैठी, मैं अपने घर को गौर से देखने लगी। नीचे ड्राइंग रूम था, ऊपर बेड—रूम। ड्राइंग—रूम में एक बड़ी सी स्मार्ट टी.वी. लगी हुई थी। मेरा एक भाई भी था, जो ऑस्ट्रेलिया में पढ़ता था। पढ़ाई के लिए पिता जी उसे हर महीने दो लाख रुपए भेजते थे।

Short Story by the Students



एक विचार यह भी

कालकूट: एक अंधेरे समाज में सच्चाई की रौशनी

पौराणिक कथा के अनुसार अमृत पाने की होड़ में देवताओं और असुरों के बीच झड़ के रूप में सागर मंथन हुआ, जिससे विष निकला था। विष को 'कालकूट' कहा जाता है। इस विष की तरह ही हमारे समाज में भी कई ऐसी कुरीतियाँ और बुराइयाँ फैली हुई हैं, जो हमारे समाज की जड़ों को खोखला कर रही हैं। इन बुराइयों का सामना करने और उन्हें दूर करने के लिए एक कल्याणकारी सोच की जरूरत होती है, जो सच्चाई की रौशनी फैलाकर हमें अंधेरे समय से उबारे। हाल ही में 'अियो सिनेमा' पर रिलीज हुई वेब सीरीज 'कालकूट' ऐसी ही एक कहानी है, जो एक साधारण सब इस्पेक्टर, रवि शंकर त्रिपाठी के सघर्ष के बीच सच्चाई की उसकी तलाश को बयान करती है।

रवि शंकर त्रिपाठी (विजय वर्मा) उत्तर प्रदेश के थाना सरसी शहर में एक सब इस्पेक्टर हैं। वह अपनी नौकरी से थक चुका है और उसे छोड़ने की तैयारी में है। लेकिन इसी बीच किसी युवती पर एसिड अटैक का केस उसे सौंप दिया जाता है। यह केस पारुल (श्वेता त्रिपाठी) का है, जो एक पढ़ी-लिखी, महत्वाकांक्षी लड़की है, जिसका बेहरा शादी के चंद दिनों पहले ही एसिड से बिगाड़ दिया जाता है।

रवि शंकर इस केस की जीव अविच्छा से शुरू करता है, लेकिन जैसे-जैसे वह जांच में गहराई तक जाता है, उसकी जिंदगी का मकसद बदलने लगता है। वह पितृसत्तात्मक समाज में स्त्री के प्रति संकुचित सोच, उसे प्रायवेट प्रॉपर्टी की तरह समझने और उसकी स्वतंत्रता पर रोक लगाकर रखने वाली कुरीति को गहराई में समझने लगता है, स्त्री के प्रति उत्पीड़न के प्रति ज्यादा से ज्यादा संवेदनशील होने लगता है। वह सामाजिक बुराइयों से लड़ने और सच्चाई को सामने लाने के लिए प्रतिबद्ध हो जाता है। लेकिन यह रास्ता उसके लिए आसान नहीं होता क्योंकि उसे कई बार विभाग के लोगों के भ्रष्टाचार और रसूख से लड़ना पड़ता है। साथ ही उसे अपने पारिवारिक जीवन और पैसे के बीच भी संतुलन बनाना पड़ता है।

'कालकूट' कहानी हमें यह बताती है कि कैसे भ्रष्टाचार, रसूख और अंधविश्वास हमारे समाज में जड़ जमा चुके हैं और इन बुराइयों के कारण निर्दोष लोगों को कितना कष्ट उठाना पड़ता है। लेकिन यह सीरीज यह भी बताती है कि सच्चाई की ताकत कितनी ज्यादा होती है और एक व्यक्ति की निजी लड़ाई भी कैसे समाज में बड़ा बदलाव ला सकती है।

इस्पेक्टर से लेकर एक साहसी और सत्यनिष्ठ पुलिसकर्मी तक के रोल को बखूबी निभाया है। उन्होंने एक साधारण और थके हुए सब किरदार में जान फूंक दी है। उन्होंने एक ऐसी लड़की की पीड़ा और संघर्ष को बखूबी निभाया है। श्वेता त्रिपाठी ने भी पारुल के चाहती ही, लेकिन स्टैरियोटाइप उसके रास्ते में बाधा बन जाती है।

'कालकूट' एक ऐसी वेब सीरीज है, जिसे हर किसी को देखना चाहिए। यह हमें बताती है कि हमें अपने समाज की बुराइयों के खिलाफ खड़े होना चाहिए। यह सीरीज हमें यह भी सीख देती है कि हमारी जिंदगी में सबसे ज्यादा अहमियत, सच्चाई और न्याय की है।

सुश्री मिताली चौहान
बी.ए. द्वितीय वर्ष

Review of Web Series by B.A. Students

हंसी के बुलबुले

1. कल सैलून वाले की दुकान पर एक स्लोगन पड़ा—
"हम दिल का बोझ तो नहीं, पर शिर का बोझ जरूर हलका कर सकते हैं।"
2. भाय के होटल वाले ने कार्टर पर लिखवाया —
"मैं भले ही साधारण हूँ, पर भाय स्पेशल बनाता हूँ।"
3. एक रेस्तराँ ने सबसे अलग स्लोगन लिखवाया —
"यहाँ घर जैसा खाना नहीं मिलता, आप निर्जित होकर अंदर पधारें!"
4. इलेक्ट्रॉनिक दुकान पर स्लोगन पड़ा तो मैं भाव विभोर हो गयी —
"अगर आपका कोई फ़ोन नहीं है तो यहाँ से ले जाइए!"

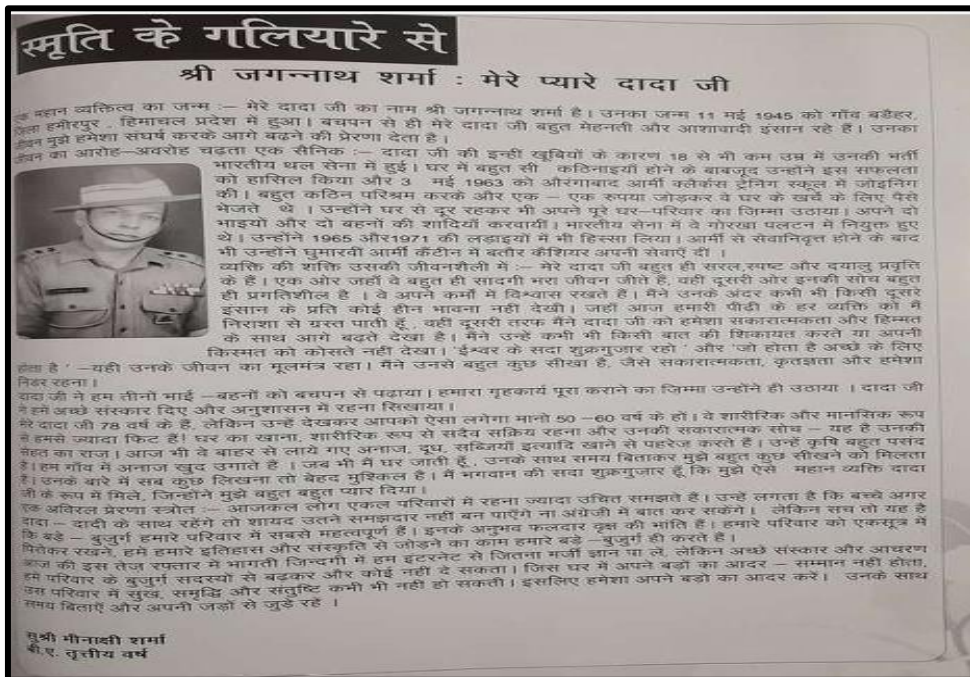
आप जैसे अभी हल्का सा मुस्करा रहे हैं,
हँसते रहे, हँसाते रहे!
जबस्त रहे लेकिन स्वस्थ रहें!

सुश्री आकृति भारद्वाज
बी. ए. द्वितीय वर्ष

हमारे महाविद्यालय की 'इकोज' पत्रिका के हिंदी अनुभाग की सह-सम्पादिका के रूप में काम करते हुए मैंने बहुत कुछ सीखा। आपके समक्ष प्रस्तुत इस वर्ष की पत्रिका में महाविद्यालय की छात्राओं की वैचारिकता भली-भाँति झलकती है। इसे आप तक पहुँचाने का काम भले ही चुनौतीपूर्ण रहा, लेकिन अनुभव बेहद सुखद भी रहा। हिंदी विभाग की अध्यक्ष, डॉ. देविना अक्षयवर और छात्र सम्पादिका सुश्री मिनाक्षी शर्मा के सहयोग में मेरी कार्य-कुशलता और भी बढ़ गयी है। उन्हें मेरा आभार। आशा है कि पत्रिका में संकलित कविताओं, लेखों और कहानियों से आपके मनोरंजन के साथ-साथ ज्ञान-वृद्धि भी होगी।

विनीता
सुश्री आकृति भारद्वाज
बी. ए. द्वितीय वर्ष

Self Composed Jokes by the Students



A DAWN OF WANDER

*The time passes me by,
as here I stand, with the soft mountain wind splashing
against my tresses,
wondering, about the reality of it all!*

*The dreadful events past me that have profoundly scared
me, the uncontemplable fancies I hold for the
incomprehensible future
and the spectrum of anxious actions that I indulge myself
in during the present.*

*Pounding over all this,
a profane torment lingers in my veins.
My hazel eyes can hardly reflect upon the inscriptions of
Godly splendour;
when memory has stamped on it, the witnesses to bare-
bellies starving for a touch of affection!*

*All through sleepless nights, death-like, I lay awake,
listening to the empty laughter of riches taunted by the
playful screeching of penniless happiness.*

*I wonder, if the matter of impartiality have any
implications in the natural order of survival.*

Samridi
BA English hons II year

DETAILED FOR ECHOES'20

104



The Awakening

*Far was the distance between us,
As is the sun from the Earth
So crestfallen was I
Until I was blessed.
Like a dry, pale leaf of a tree,
I fell, not once,
Over and over
Before we met.*

*Fraild by the pain of longingness
Broke down, I became soil,
Yet your life-giving light,
Made me rejoice,
You embraced me each dawn.
I bloomed like a bashful woman.*

*After yearning for years
I sensed sense in disguise,
Since your rays suffused me with life
I gushed with meaning and voice.*

*Is fall akin to death?
A fallen leaf
Dead and Decayed
Gifted a new life.*

*Eager to stand and pose
Like the sun you shined,
Like a sunflower, I bloomed.
Silently drinking your warmth and shine,
I became an albedo
Of your goodness
You showered me with light,
I bowed before you every twilight.*

*I sought and found
A message so deep,
Like a sunflower is inane
Without the Sun,
Such is my connection with you,*

*Your eternal love,
Remains embedded
In my heart and soul,
Nourishing me each day, each moment
In the subtle yet vivid paradigm of life,
With your every caress, I Rise.
Drinking ecstasy from your serene eyes.*

Shruti
BA Pass course III year

PRETAKRA FOR ECHOES II

a visitor

*Smeared prayers on all four walls,
Still it crept its way inside,*

*The prayers didn't work in forbidding his arrival,
And there he saw her, wreathed in dust,
Drowning in the bed,
Her frail body still didn't respond,*

*One step he took forward,
His presence filled the void, the room had preserved all this
time,
Sauntered his way to her just to get a glimpse of her pale face,
Decrepit with age or loneliness, he wandered,*

*In search of her soul with his desperate eyes,
All there was a mere room with frayed walls
Conscious of his own touch, he amassed all the courage to caress
her head,
Only to realise how lifeless the body was,*

*He too drowned beside her,
The prayers once written on these walls,
Failed to keep her alive,
But something in them kept her in the same place,*

*The prayers whose effect was fading with the exhausted walls,
Didn't hesitate to greet a visitor after all these years.*

Harshita Thakur
BA English Hons II Year

PRETAKRA FOR ECHOES II

Self Composed Poems



The Woman Within

—Nitya Ravi (A PSYCHOLOGICAL THRILLER)

Fiction is beautiful because it allows you to escape to a place where everything isn't exactly as it is in your current life .When you read fiction you're able to escape from where you are without ever leaving your couch and that's pretty spectacular. "Reality has a place in fiction." You tend to see the world from a broader perspective and somehow it manages to leave you awestruck.

I love getting lost in a story and live it as if it's happening in front of me and this is exactly what happened to me while reading "The Women Within."

From the beginning, it gets you entangled in its plot. There are many shocking moments and cliffhangers that are nail biting. The plot twist and the ending will leave you as surprised as it has left me .A book that kept me on the edge right from the page 1 and didn't allow me to lend my thought to anything else but its story. I just couldn't stay sane until I reached the end and absorbed the truth .It is an incredible thriller that exposes us to the darker shades of grief and trauma .The sinister plot coupled with the psychological impact of trauma and brings us a story that leaves us confused,shocked ,and maybe a bit heart broken .

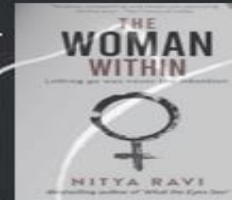
The brilliant narrative has got the support of equally amazing narration that shook us and gives us goosebumps.The writing is lucid and the overall appeal of this thriller is too good to miss.

If you are a reader looking for some dark gripping plot that plays with your mind ,do pick this one up!

This piece by "Nitya Ravi" keeps you guessing ,manages to creep you out and give you goosebumps, this has it all- thrill, a hint of romance ,the ability to scare you and increase your curiosity to read more and also leaves you emotional for a while. It has it all that you'd never expect it to have and for sure can never disappoint you .

The instances of trauma and its subsequent impacts might not fit well to some.

" IT IS NOT EASY TO LET GO,THIS BOOK SHOWS YOU HOW!"



Shambhavi Sharma
BA English Hons II year

HETAOVA FOR ECHOES.13

And There Were None

"From now on, it is our task to suspect each and everyone amongst us. Forewarned is forearmed. Take no risks and be alert to danger. That is all."

This is one of many mysterious quotes found in Agatha Christie's best selling novel, "And Then There Were None"

Born in Torquay in 1890, Agatha Christie became and still remains the best selling novelist of all time. Best known for her 66 detective novels and 14 short story collection, as well as world's longest running play- The Mousetrap.

The novel revolves around the stories of ten strangers, all with wide variety of occupation and backstories but all these ten characters have one thing in common i.e. they were invited to an isolated island and following their arrival, people began to die one by one and one thing is very clear that the killer is one among them.

It became my favorite mystery novel of all time. I consider myself to be an avid mystery novel fanatic and this novel made me view mystery from an another dimension. Christie has the ability to trick you into guessing and guessing again, until you feel who the killer is but then comes the plot twist. I have read this novel three times, nonetheless each twist and turn still gives me chills.

One of the lines from her book is "One of us in this very room is in fact the murderer."

She did an great job differentiating and developing each character with the perfect amount of depth. I don't think Christie's intent was for us to particularly like any of characters but to understand each of them piece by piece.

Overall, "And Then There Were None" is a must read for any mystery book fanatic.



Aadrija Chaudhury
BA English Hons I Year

HETAOVA FOR ECHOES.14

Articles and Special Write ups



RUSSIA - UKRAINE WAR

The Russian invasion of Ukraine on February 2022 shocked the world and sparked the largest military conflict in Europe since World War II. Over the past year, this war has brought devastation to Ukraine, altered European security, strained global food and energy markets, and pitted Western powers firmly against Russia.

As the war stretched into its second year in 2023, much was still in flux. Russia has illegally annexed four partially-occupied regions of Ukraine, but has lost significant territory after failing to capture the capital Kyiv. Ukraine continues pursuing counter offensives aided by Western weapons. Neither side appears close to military victory or compromise at the negotiating table.

To get a clear hold over this international matter of vitality, we need to adopt a neutral stance where factors like national interest, security, and nationality become key players. Based on past rifts, and present circumstances it is possible to critically assess possible future trajectories and wider impacts moving forward. As in any complex geopolitical crisis, the truth does not fit neatly into binary narratives of heroes and villains. Rather, a clear-eyed view requires acknowledging difficult realities on all sides.

Path to War: History and Geopolitical Tensions :

Contemporary tensions between Russia and Ukraine trace back centuries, amplified since Ukraine gained independence in 1991. Ukraine has since suffered between pro-Western and pro-Russian governments, pulled between linguistic and cultural ties with Russia and a desire for self-determination outside Russia's shadow.

Russia views Ukraine as part of its sphere of influence, closely linked due to linguistic, familial, and economic connections. Moscow saw Ukraine's potential integration with Western institutions like NATO as threatening its security and regional dominance. This sparked Russia's armed support for separatists in eastern Ukraine's Donbas after the 2014 Maidan revolution overthrew Ukraine's pro-Russian leader.

That year marked a major inflection point, with Russia's annexation of Crimea rupturing its relationship with Kyiv irrevocably. It also spurred NATO to boost Eastern European defenses, feeding Russian fears of encirclement. Over 14,000 died in eight years of grinding war in the Donbas preceding 2022.

Moscow's stance: Preventing NATO expansion:

The Kremlin claims NATO expansion towards its borders drove its 2022 invasion. Russia demands Ukraine pledge neutrality and recognize Crimea and the Donbas as Russian lands. It sees toppling Ukraine's pro-Western government as necessary to prevent NATO bases on its doorstep, framing this as an existential security threat.

Russia also claims legitimacy via Eastern Ukraine's large ethnic Russian population. President Vladimir Putin promoted an irredentist nationalism aiming to regain territories once held by the Russian Empire and Soviet Union. Putin denies Ukraine's nationhood, once claiming "Ukraine never had a tradition of genuine statehood."

Kyiv's stance: Defending sovereignty

Ukraine refutes arguments that it is not a distinct nation or that it poses a threat to Russia. Kyiv insists it has the right as an independent state to chart its foreign policy course, including potentially joining NATO one day. Ukraine sees Russia's demands to bar NATO membership, recognize breakaway republics, and relinquish claims to Crimea as violating its territorial integrity. Complying would forfeit Ukraine's hard-fought sovereignty to Moscow.

Kyiv also frames the invasion as blatant imperialist aggression from a former colonial power, not self-defense against NATO. Officials claim giving Russia concessions would only encourage further expansionism.

FILE PHOTO FOR EDUCATION

Breaking Barriers: Women Leading the Way

Women empowerment, a term we all are familiar with, but do we exactly know what is women empowerment? Is it a concept confined only to big offices and political arenas? The answer is complex and brimming with potential. Women empowerment is about more than just equal rights. It's about realizing and unleashing the full potential of half of the world's population. It's about challenging outdated norms, dismantling barriers and providing the opportunities for women to thrive. But why is it important? What happens when women are empowered? According to the World Bank women make up nearly 40% of the global workforce, yet they earn on average 23% less than men. UNESCO reports that more than 150 million girls worldwide are out of school, highlighting the persistent barriers to education that many girls face. So when we empower women we witness the dismantling of these outdated stereotypes, the rise of new role models. When we envision a world where women are empowered, we see a future teeming with possibility, we see a world where every girl grows up believing in her potential, where every woman has the opportunity she deserves and where prosperity and progress knows no gender.

Our own country, India is home to numerous inspiring women who have made significant contributions in various fields serving as role models for empowerment and change. For example, Chanda Kochhar, she was the managing director and CEO of ICICI Bank, one of the largest private sector banks in India. Her leadership and success in the banking sector have been an example for women in the corporate world, demonstrating that women can excel in traditionally male-dominated industries. Mary Kom, also known as "Magnificent Mary," is a renowned Indian boxer and Olympic bronze medalist. She has paved the way for many aspiring female athletes in India.

The music industry and music itself also plays a crucial role in women empowerment. In a world where women's stories are often overshadowed or dismissed Taylor Swift's music has served as a powerful amplifier of women's voices. Her music isn't just about catchy hooks and toe tapping beats. For instance in her song "The Man" she addresses gender inequality and challenges double standards while in "Shake it off" she encourages self confidence and resilience in the face of criticism. Beyond her music, Taylor Swift has used her platform to support and uplift other women, speaking out on issues such as gender equality, body positivity, and the importance of women's voices being heard. So, the next time you find yourself screaming out "Shake it off" or strutting down the street to the beat of "The Man" remember that you're not just listening to music, you're embracing a message of empowerment and resilience.

— Saizal

BA Pass Course 1st year

FILE PHOTO FOR EDUCATION

Article by the Students



PRADHAN PATI SYSTEM

The Sarpanch is the elected head of a Gram Panchayat in India, that's the primary unit of local self-authorities in rural regions. The Gram Panchayat is a village-stage administrative body that performs a crucial function in neighborhood governance.

When a "woman" is elected as a Sarpanch, it is considered a large step towards women's empowerment and gender equality in neighborhood governance. The woman Sarpanch plays a vital function in selection-making, improvement making plans, and addressing the wishes of the village community. Her leadership contributes to breaking gender stereotypes and promoting inclusivity within the political landscape at the grassroots stage.

However, challenges may additionally rise up because of prevailing gender biases or resistance to exchange in certain areas. Some groups may additionally absolutely guide and appreciate the leadership of a girl Sarpanch, even as others may also take time to alter to the concept of girls retaining prominent positions in local governance.

Sarpanch-patism is a time period used to explain the situation in which men act as "sarpanch-pati, pradhan-pati" and many others. Even as wielding the real political and choice-making strength at the back of ladies who are elected as sarpanchs or pradhans inside the panchayat device.

It undermines the spirit and reason of girls's reservation in panchayats, which turned into introduced by means of the 73rd Constitutional Amendment Act, 1992 to empower women on the grassroots degree and enhance their socio-monetary conditions via representative democracy. This also violates the constitutional rights and dignity of women, who are decreased to "faceless other halves and daughters-in-regulation" in grassroots of politics.

This can be because of the resistance based at the diversity of cultural and social attitudes across one of a kind areas in India. The attractiveness and fulfillment of a woman Sarpanch regularly depend upon her management abilities, the community's openness to gender equality, and the potential to cope with neighborhood troubles efficiently.

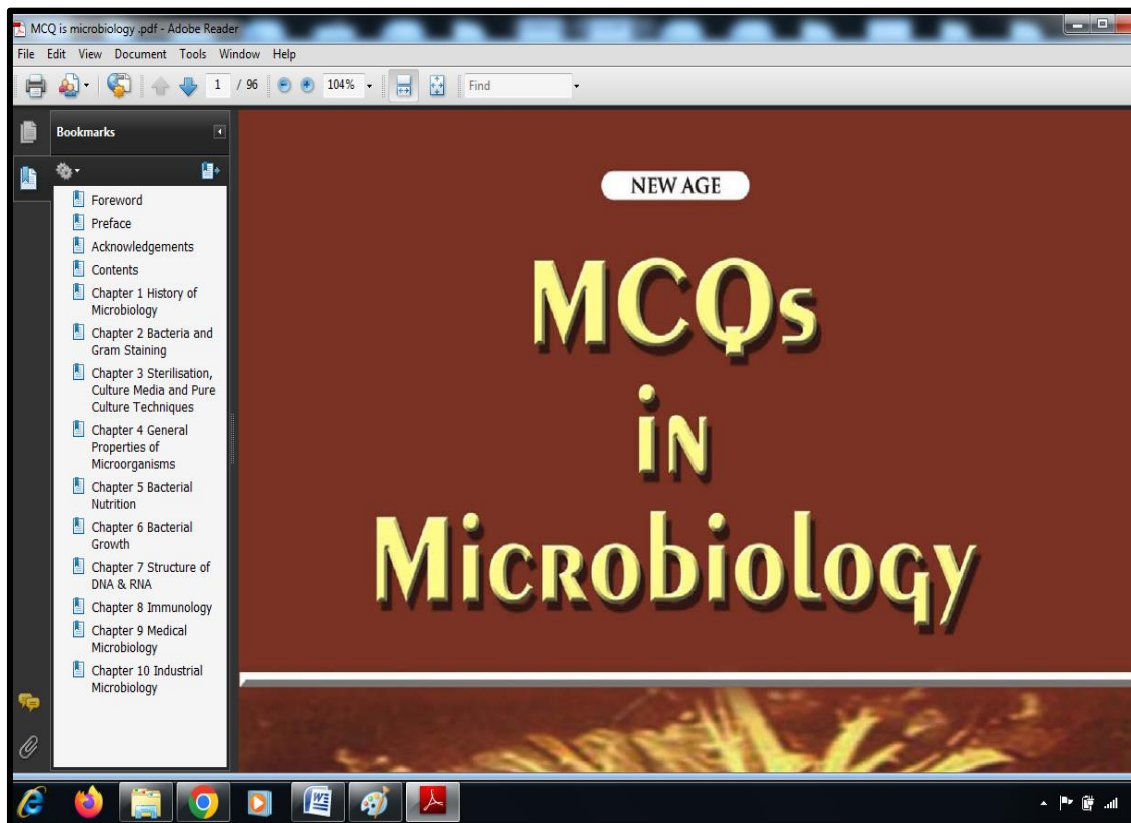
Akshita Chauhan
BA English Hons II year

REVISION FOR EXAM 2024

Write ups



Additional Problem Solving Techniques (Sample)



Question Bank; Department of Microbiology



Question Bank Zoology

2023-24

DIGESTION

1. If digestion occurs within a cell, then it is called
 - 1) Intracellular digestion 2) Extracellular digestion
 - 3) Partial digestion 4) Complete digestion
2. Rugae are the folds of
 - 1) Tongue 2) Stomach 3) Small intestine 4) Large intestine
3. The boneless tongue is made up of
 - 1) Smooth muscles 2) Cardiac muscle
 - 3) Skeletal muscles 4) Longitudinal muscles.
4. Which of the following organs is called the 'metabolic mill' of the body?

 Accessibility: Good to go

Question Bank; Department of Zoology



QUESTION BANK

BA I (Pass Course)

DSC PAPER I HIST (A) 101

Short Questions

1. Name the oldest Vedas? How many hymns does it contain?
2. Who is the author of *Rigveda*?
3. What is the most plausible theory for the origin of Aryans. Who propounded it?
4. What are Four noble Truths?
5. What do you mean by *Dharmachakra Pravartana*?
6. What are *Triratnas* in Jainism?
7. What are *Triratnas*?
8. What were the contemporary civilizations of Indus Valley?
9. Name the only Indus site where the remains of a horse have actually been found.
10. What do you about the burial practices of Indus Valley people?
11. What is the importance of the *X Mendel* of Rigveda?
12. Give two important sources for knowing the history of *Maurya*.
13. What was Ashoka's Dhamma?
14. Name the two Tamil Epics.
15. How Ashoka was responsible for the decline of Mauryan Empire.
16. Who composed "*Sanghata*"?
17. Give any two features of Gandhara School of Art.

Long Questions

- Q1. Give account of the sources of Ancient Indian History.
- Q2. Discuss the contribution of the Nationalist writers in studying the Ancient Indian History.
- Q3. Discuss the main features of the Mesolithic Culture.
- Q4. Write an essay on the Rock-Art of pre-historic period in India.

- Q8. Give a detailed account of the social and political condition of the Early Vedic Aryans.
- Q9. Examine the religious and economic life of Later Vedic Aryans.
- Q10. Write a detailed note on Megalithic Culture in India.
- Q11. Explain the causes for the rise of Magadha.
- Q12. Give a brief account of the life and teachings of Buddha. What were the causes of his popularity?
- Q13. What are main doctrines of Jainism?
- Q14. Describe the main principles of Ashoka's Dhamma & what steps did were taken for its spread?
- Q15. Discuss briefly the main causes of the disintegration of Mauryan Empire. How far Ashoka can be held responsible for it.
- Q16. Give an account of the life and achievements of *Gautamiputra Satakarni*.
- Q17. Discuss the contribution of Kanishka towards the promotion of Religion, Art & literature.
- Q18. Discuss the Social Life of people in Sangam Age.

DSC PAPER II (HIST (A)102)

Short Questions

- Q1. Give any four sources for the Gupta Age.
- Q2. Who is known as the Indian Napoleon and Why?
- Q3. Give any four works of Kalidas.
- Q4. What do you know about the origin of Guptas?
- Q5. Who was *Harsena*?
- Q6. What are the different theories for the origin of *Pallavas*?
- Q7. What do you know about local administration under *Pallavas*?
- Q8. Give any four works of Harila Vardhana.
- Q9. Name the two famous scholars at the Pallava court.
- Q10. Give any two achievements of *Pallava* II.

3. Describe the military exploits or achievements of Samudragupta. Why is he known as the Indian Napoleon?
4. Describe the achievements of *Vikramaditya* in the field of religion, art and literature.
5. Briefly discuss the *Pallavas*. Assess their contribution in the field of Art & administration.
6. Discuss the social, economic and cultural life under the *Chalukyas* of Badami.
7. Describe the tripartite struggle for the control of *Kannauj* by the *Pratihara*, the *Pala* and the *Rashtrakutas*.
8. Give a brief account of the administration of Harsha.
9. Describe the main features of the Chola administration.
10. Give an estimate of the achievements of Raja I and Rajendra I.
11. Why did *Rajputs* fail in establishing a permanent empire in India.
12. Discuss the main features of Rajput civilization.
13. Discuss the causes, agents and effects of the Arab invasion of Sindh.
14. Critically examine the effects of the Ghaznavi invasions on the political social and economic life of North India.
15. Give an account of the character and achievements of Muhammad Ghori.
16. Critically examine the causes for the defeat of *Rajputs* or the success of Turks in India.

BA II (DSC III - HIST (A) 203)

Short Questions

1. Who laid the foundation of Delhi Sultanate and *qutub*?
2. Who was known as "Lakh Baksh" and why?
3. What was *Iqbal* System. Who introduced it?
4. Which two Persian traditions were stated by Balban in India?
5. Which new taxes were introduced by Ala-ud-din *Khalji*?
6. Who is known as the "wisest fool of the *muhammadan world*"?
7. Who laid the foundation of *Vijayanagara* Empire?
8. When and by whom *jajir* was abolished?

Question Bank; Department of History



**QUESTION BANK
OF
PUBLIC FINANCE**

Very short answer type questions

(1 mark each)

Q.1 Public economics scope is wider than public finance. (True/False)

Q.2 Fiscal and monetary policies are now the most important macroeconomic policy instrument. (True/False)

Fill in the blanks

Q.3 The practice by Governments in which government spends more money than it receives as revenue is referred to as _____

Q.4 Redeemable debt is also called _____ loans.

Q.5 The Securities and Exchange Board of India (SEBI) was established under _____

Q.6 The Finance Commission of India is appointed by _____

Q.7 Business activity in an economy is usually characterized by fluctuations of a nature:

- a) Regular
- b) Cyclical
- c) Irregular
- d) Basic

Page 1 / 3



Question Bank; Department of Economics



Department of Political Science

St. Bede's College, Shimla

**Question Bank
Indian Government and Politics
B.A. I**

Short Questions

1. What is Secularism.
2. India is a Secular state. Explain.
3. What are Fundamental Rights?
4. How many Schedules and Parts in Indian Constitution?
5. When was Indian Constitution Adopted?
6. What are DPSP?
7. Who appoints the Prime Minister?
8. What is the theory of class struggle of Karl Marx?
9. What are Political Parties?
10. What are Pressure Groups?
11. What is Feminist Movement?
12. What is Planned Development?

Question Bank; Political Science Department



इकाई -1

1. समाचार का अर्थ स्पष्ट करते हुए, समाचार के तत्वों, विशेषताओं पर प्रकाश डालिए।
2. समाचार के विभिन्न स्त्रोतों का विवरणात्मक परिचय दीजिए।
3. समाचार मूल्य पर विस्तृत चर्चा कीजिए।
4. समाचार संकलन क्या है? समाचार 'संग्रह पद्धति' पर प्रकाश डालिए।
5. समाचार लेखन की प्रक्रिया का विवेचन कीजिए।
6. समाचार लेखन में विकासशील और जनरुचि की दृष्टियों पर प्रकाश डालिए।

इकाई -2

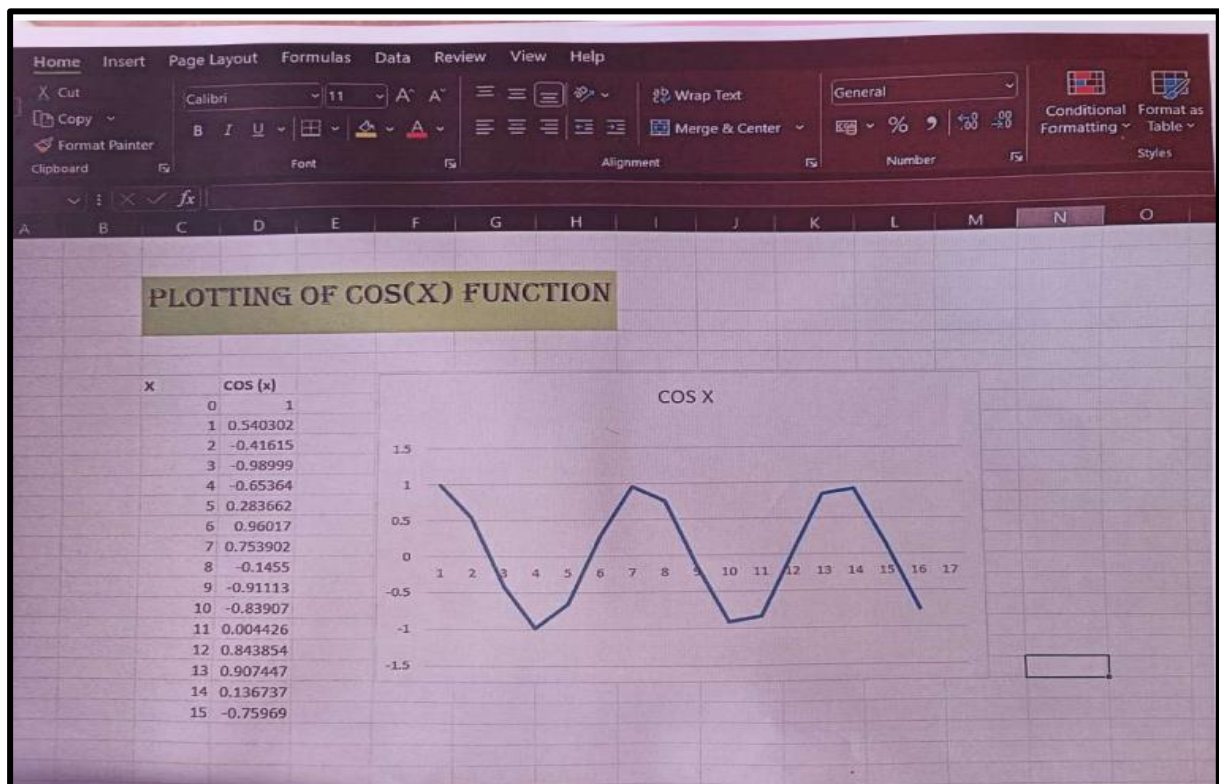
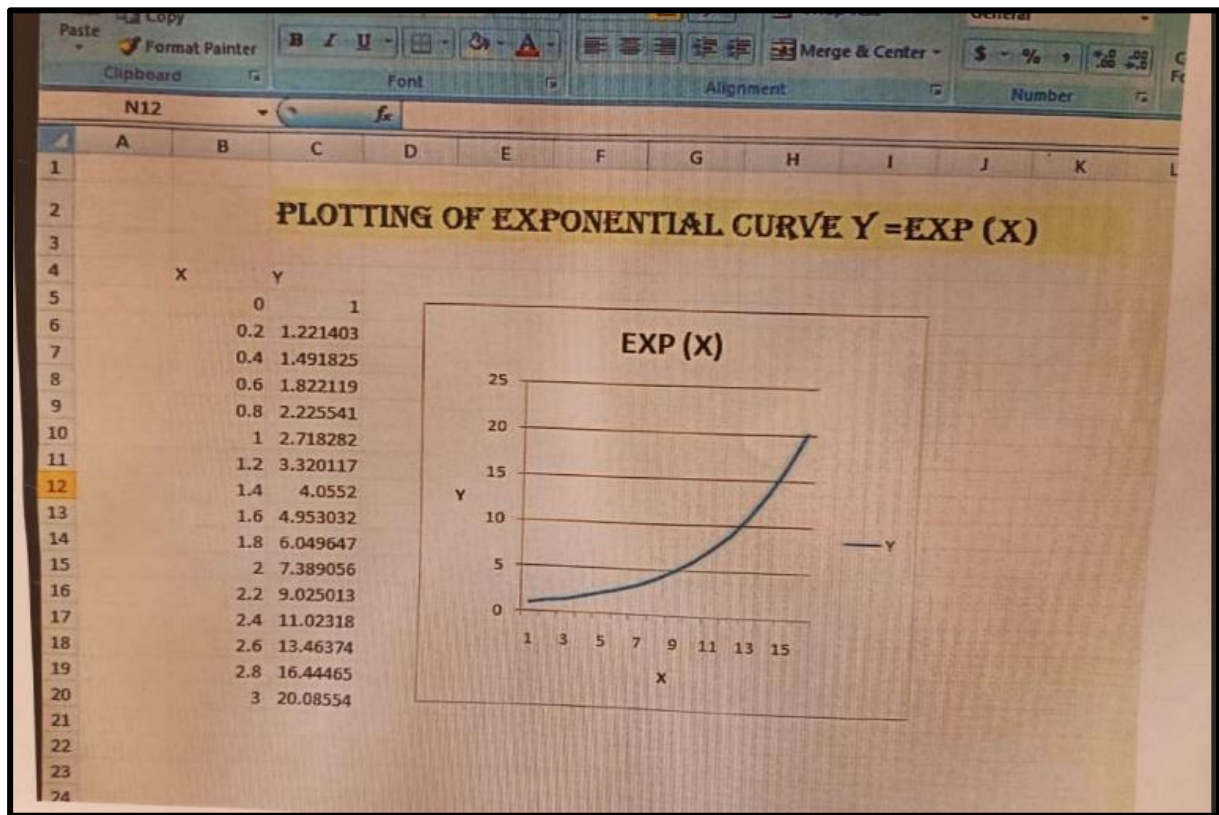
1. समाचार संकलन में संवाददाता की भूमिका, अर्हताएं, श्रेणियां और प्रकार्यों पर प्रकाश डालिए।
2. रिपोर्टिंग क्या है ? रिपोर्टिंग के विभिन्न प्रकारों की चर्चा कीजिए।
3. राजनीति पत्रकारिता का आशय स्पष्ट कीजिये। एक राजनीति पत्रकार में किन गुणों का समावेश होना चाहिए ?

4. लेखक का सतत चर्चित एक संश्लेष में सतत चर्चित

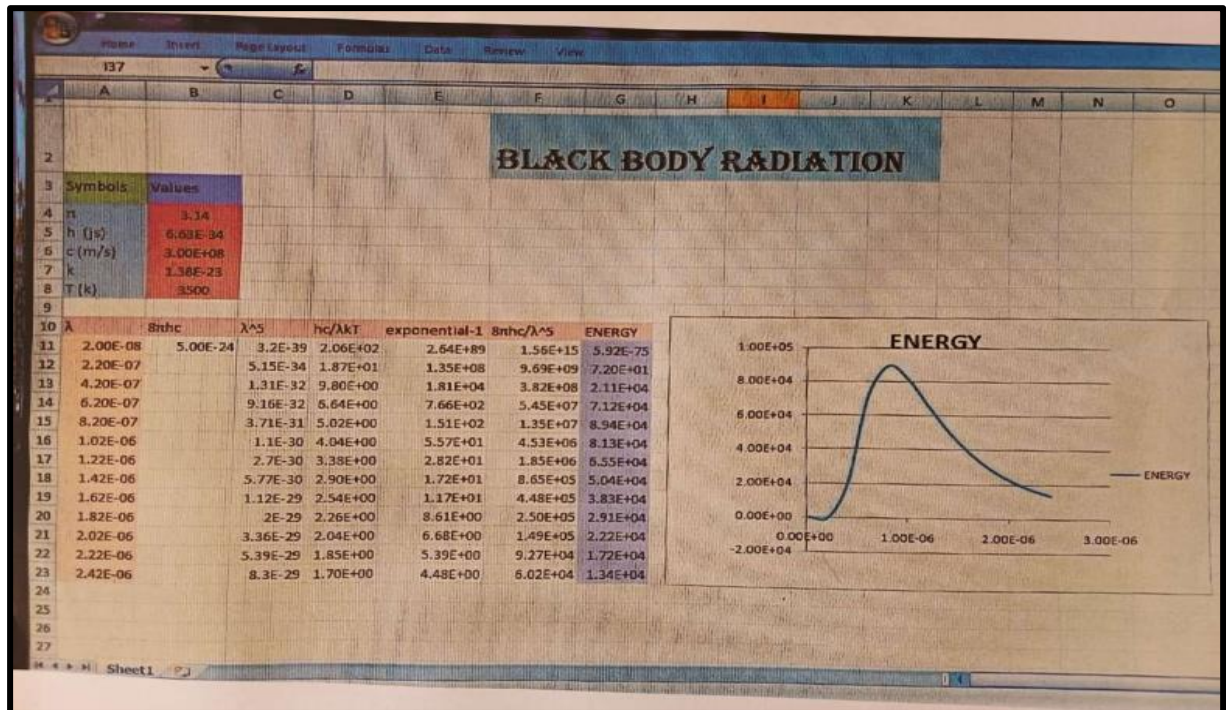
Question Bank; Department of Hindi



Students of Biotechnology Labeling the Diagram



Students of Department of Physics Plotted the Exponential graph



Students Plotting in Excel; Department of Physics



Charts Prepared by the Students of Computer Science