



SUPPORTING DOCUMENTS

(3.4.1, 3.4.3 and 3.4.4)

EXTENSION ACTIVITIES ORGANISED BY VARIOUS DEPARTMENTS



EXTENSION ACTIVITIES ORGANISED BY VARIOUS DEPARTMENTS

S.No.	NAME OF DEPARTMENTS
1.	DEPARTMENT OF BOTANY
2.	DEPARTMENT OF ZOOLOGY
3.	DEPARTMENT OF GEOGRAPHY
4.	DEPARTMENT OF ECONOMICS
5.	DEPARTMENT OF HISTORY AND MUSIC
6.	DEPARTMENT OF HINDI
7.	DEPARTMENT OF ENGLISH
8.	DEPARTMENT OF POLITICAL SCIENCE
9.	DEPARTMENT OF PHYSICS AND MATHEMATICS
10.	DEPARTMENT OF BIOTECHNOLOGY
11.	DEPARTMENT OF MICROBIOLOGY
12.	DEPARTMENT OF COMMERCE AND MANAGEMENT
13.	DEPARTMENT OF NUTRITION AND HEALTH EDUCATION



DEPARTMENT OF BOTANY

WORLD ENVIRONMENT DAY

On the occasion of the World environment day on June 5, 2021 following activities were organized by the department:

- I. Students Activities on World Environment Day:** Students of 2nd and 4th Semester M.Sc. Botany celebrated World Environment Day through various activities. All the students of M.Sc. 4th Sem. sowed several species of fruit & timber yielding plants and ornamental flowers plants at their homes. Students of M.Sc. 2nd Sem. were involved tree plantation, garbage collection, and disposal and utilization of waste material at their homes.



World Environment Day on June 5, 2021

- II. Participation in Online Quiz:** Students of B.Sc. II, B.Sc. III (Medical) and M.Sc. IInd Sem. participated in online Inter-College Environment Quiz competition on **World Environment Day** organized by Department of Botany, RKMV, Shimla and won various prizes in the quiz competition.

CLEANING AND MAINTENANCE HERBAL GARDEN IN THE COLLEGE CAMPUS

To commemorate Azadi ka Amrut Mahotsav, the students of B.ScIIIrd Year participated in the following activities on September 7, 2021.

- i. Cataloguing of Herbarium
- ii. Maintenance and Cleaning of the College Herbal Garden.
- iii. Systematic arrangement of class models.

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Cataloguing of Herbarium on September 7, 2021



Maintenance and Cleaning of the College Herbal Garden on September 7, 2021

INTERNATIONAL MOUNTAIN DAY (ANTARRASHTRIYA PARAVAT DIVAS)

On December 11, 2021; International Mountain Day was celebrated at Potter hills, Shimla (Western Himalayan Arboretum). The teachers and students of M.Sc. Botany, St. Bede's College participated on the theme "Sustainable Mountain Tourism". The students from the department of Biosciences Himachal Pradesh University also participated in the event. The main speaker was IAS Shrinivas Joshi who explicitly talked about the beautiful mountain ranges like Dhauladhar range, Shali peak, Chansal peak and Hatu peak. He explained how sustainable tourism in mountain can contribute towards creating an additional and alternative livelihood options. He also talked about social inclusions as well as landscape and biodiversity conservation. After that a visit was made to Arboretum having more than 150 plants.

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International Mountain Day on December 11, 2021

EDUCATIONAL TRIP TO ICAR-DMR, CHAMBAGHAT, SOLAN

Department of Botany organized a one-day educational trip to ICAR-Directorate of Mushroom Research, Chambaghat, Solan for the students of B.Sc. II and III year on December 16, 2021. The team was guided by Dr. B.L. Attri - Principal Scientist Directorate. Students joined a webinar on "Natural farming" in the seminar hall of Research Centre which was addressed by the Prime Minister Narendra Modi. Dr. Attri addressed the students in person and enlightened them on the history and development of Mushroom cultivation throughout India, establishment of ICAR-DMR, types of mushrooms and their health benefits. During the field visit the students were familiarized with step-by-step techniques that are used for mushroom cultivation like preparation of spawn, creating compost and finally cultivation of mushrooms. The field trip enabled students to investigate all possible perspectives of the subject and helped them grasp the information for future reference.



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Educational Trip to ICAR-Directorate of Mushroom Research on December 16, 2021

FIELD VISIT TO JAKHU HILLS

The Department of Botany organized an excursion to Jakhu hills on December 16, 2021. The visit was a great learning experience as they were made aware about the flora of Shimla.



Excursion to Jakhu Hills on December 16, 2021

SCIENCE WEEK CELEBRATION AT CENTRE OF EXCELLENCE COLLEGE, SANJAULI

The students of B.Sc.I, II and III year visited Centre of Excellence College, Sanjauli on February 22, 2022 on the occasion of Science Week Celebration. The event was organized by Himachal Pradesh Council for Science, Technology and Environment (HIMCOSTE) in collaboration with Vigyan Prasar, Department of Science and Technology, celebrating “Vigyan Sarvatra Pujte”. Key highlights of the celebrations were theme base lectures, science quiz, science model exhibition, and documentary screening.

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The chief guest on the inaugural day was a Major General Atul Kaushik, Chairman of the Himachal Private Educational Institutions Regulatory Commission (HPPEIRC). He shared some of his experiences and encouraged today's youth to follow the path of their passion to create a magnificent future for India.

On the 2nd day of the celebration, there was a webinar on 'History of Science and Technology in India'. The spokesperson Dr. Sanjay Kumar, Director CSIR-IHBT, Palampur, talked about the roles played by CSIR and its contribution to Indian science and technology over the years. After the webinar there was an interaction with Mr. S.S. Randhawa, Principal Scientific Officer, HIMCOSTE. He talked about advancements in space technology and its applications. Then there was a poster exhibition, on the theme "Disaster management". The event was indeed very enlightening.



Science Week Celebration at Centre of Excellence College, Sanjauli on February 22, 2022

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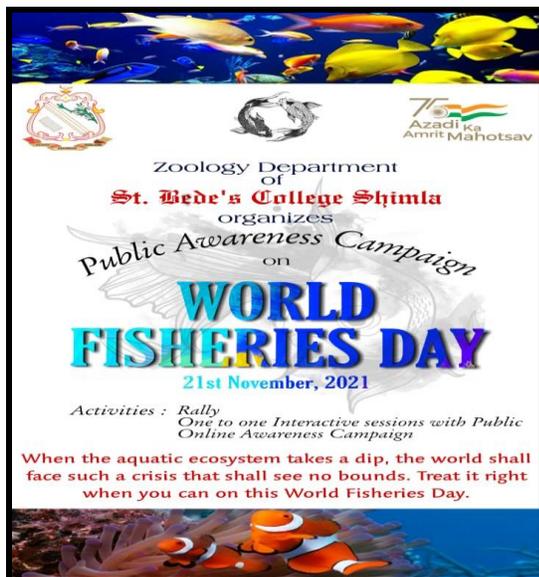
DEPARTMENT OF ZOOLOGY

WORLD FISHERIES DAY

Departmental Club of Zoology, ZOO QUEST, commemorated World Fisheries Day by holding three mass awareness programmes.

On November 20, 2021 the students from B.Sc. Zoology II and III year held a rally on the theme: “The Importance of Shimla's Rivers and Water Reservoirs and the Sustainable Development of the Fish Industry”. In the second activity the importance and the conservation of Shimla's river streams, namely Ashwani Khad Solan, Pabbar River Rohru, and the Tattapani water reservoir was discussed. The students were also informed about the Himalayan freshwater trout and carp. People showed curiosity on the unspoken benefits and issues of fish industry.

The third & final activity was an online awareness campaign in the form of a video representation. It was uploaded on Zoology Department YouTube channel “Everybody’s Zooing it” on November 21, 2021. The link for the video is <https://youtu.be/6MNU3jv7FUc>



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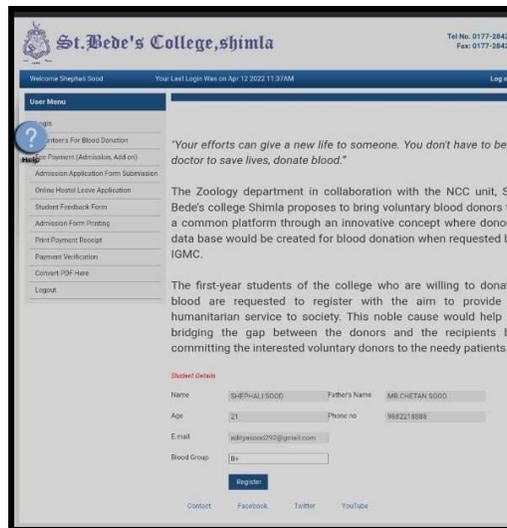
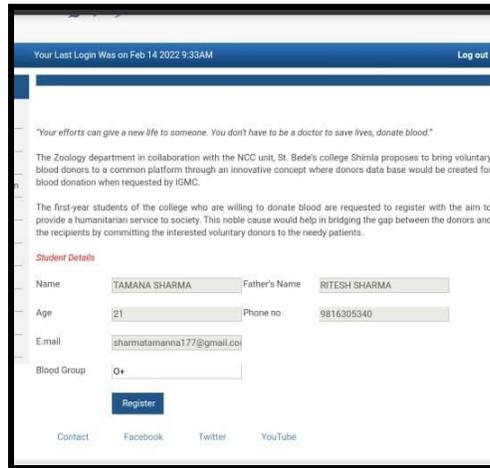
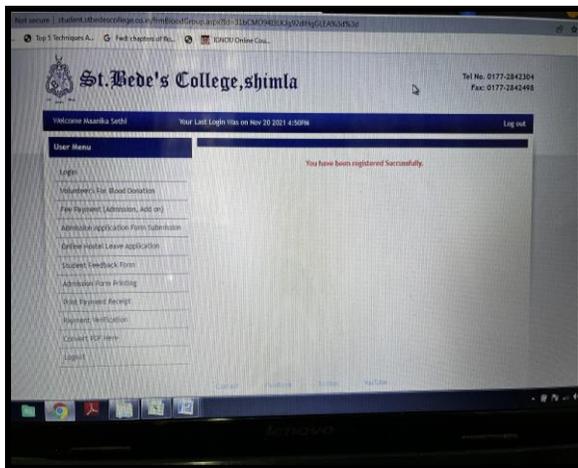
Public Awareness Campaign on World Fisheries Day on November 20, 2021

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VOLUNTEER BLOOD GROUP DATABASE

On March 10, 2022 the Zoology department of St. Bede's College Shimla, in collaboration with the NCC unit, proposes to attract volunteer blood donors to a common platform through an innovative concept in which a donor data base for IGMC Shimla would be created where students would donate blood providing a humanitarian service to the community. This activity started in the month of March.



Volunteer Blood Group Database on March 10, 2022

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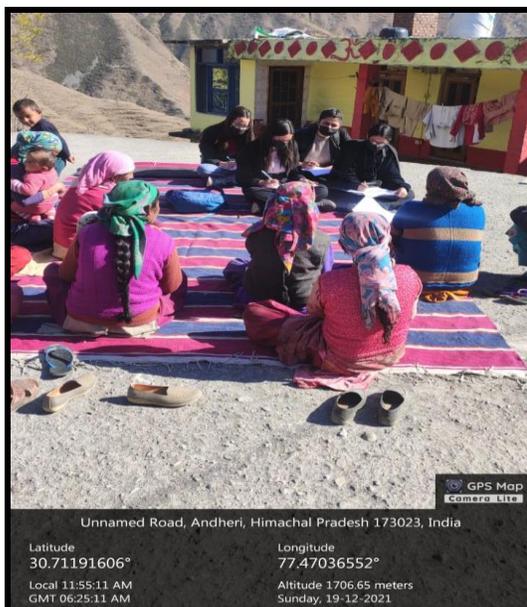


DEPARTMENT OF GEOGRAPHY

FIELD TRIP

The department of Geography St. Bede's College organized a Field Survey Tour to Renuka Valley (District Sirmaur) from December 18, 2021 to December 21, 2021. Renuka Lake is in the Sirmaur district of Himachal Pradesh in India and it is 672m above the sea level. This lake is named after goddess Renuka. The latitudinal and longitudinal extension of Renuka is 30° 36' 36" N 77° 27' 30" E.

Covering different villages the students collected data through different methods on various topics like physio-socio-economic, agricultural and horticultural development, impact of Covid on the education and health sector. The data was analysed after field work and reports were made by the students according to the assigned topics. Through this exercise students learnt the uses of instruments for primary data collection, methods of primary data collection, data collection and tabulation, report writing, questionnaire design etc.



Field Survey Tour to Renuka Valley from December 18, 2021 to December 21, 2021

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DEPARTMENT OF ECONOMICS

INTER -COLLEGE ECONOMICS LITERARY MEET

An Inter-college Economics Literary Meet was organised by the Department of Economics, St. Bede's College, Shimla on March 22, 2022. Various students from Government PG College for Centre of Excellence, Sanjauli, Rajkiya Kanya Maha Vidyalaya, University Institute for Legal Studies, Avalodge, Rajiv Gandhi Degree College, Kotshera participated in a number of activities.

*The Economics Department
Of
St. Bede's College, Shimla
presents*

**INTER COLLEGE
ECONOMICS LITERARY FEST
2022**

EVENTS :
1) DRAW'EM UP
2) TOONEY LOONS
3) DEBATE
4) STREET PLAY
5) AD MASTERS
6) ECO CROSSWORD
7) SHARK TANK

**So all the Economics enthusiasts
tighten your girdles and buck up because its
time for the biggest inter college fest!**

DATE : 22nd March, 2022
TIME : 10:00 am - 4:00 pm IST
VENUE: College Auditorium

Greetings ISLANDS

Inter-college Economics Literary Meet on March 22, 2022

The event began with the lighting of the lamp by our Principal Professor (Sr.) Molly Abraham, Dr. Ram Lal Sharma, Associate Professor, Government PG College for Centre of Excellence, Sanjauli, Shimla, Dr. Kavita Kumra, Assistant Professor, Department of Commerce, Rajiv Gandhi Degree College, Kotshera, Shimla, Dr. Anupama Tandon, HOD & Associate Professor, Department of Economics, St. Bede's College and Dr. Vishal Chauhan, Assistant Professor, Department of Economics, St. Bede's College, Shimla.

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Inter-college Economics Literary Meet on March 22, 2022

Several activities were organized throughout the day, the details of which are as follows:

1. Poster making Competition

Theme: Save India from the clutches of corruption

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Judges for the event were Dr. Ram Lal Sharma, Associate Professor, Government PG College for Centre of Excellence, Sanjauli, Shimla and Mr. Ashish Kashyap, Assistant Professor, Department of Commerce, St. Bede's College, Shimla.

The winners for the event were:

Position	Name of the winners	Name of the college
Gold Medal	Kapil Thakur	Rajiv Gandhi Degree College, Kotshera, Shimla
	Megha Verma	
Silver Medal	Isha	Rajkiya Kanya Maha Vidyalaya, Shimla
	Neelam Sharma	
Bronze Medal	Rajat Sharma	Government PG College for Centre of Excellence, Sanjauli, Shimla



Poster Making Competition on March 22, 2022

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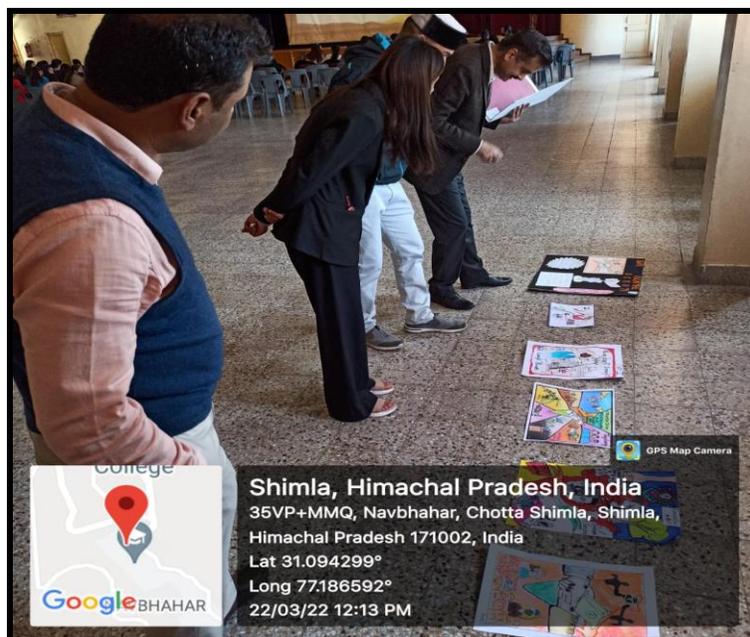
1. Cartoon Making Competition

Theme: Economic Crisis

Judges for the event were Dr. Ram Lal Sharma, Associate Professor, Department of Economics, Government PG College for Centre of Excellence, Sanjauli, Shimla and Mr. Ashish Kashyap, Assistant Professor, Department of Commerce, St. Bede's College, Shimla

The winners for the event were:

Position	Name of the winners	Name of the college
Gold Medal	Avantika Sharma	Government PG College for Centre of Excellence, Sanjauli, Shimla
Silver Medal	Muskaan Sood	St. Bede's College, Shimla
	Pallavi Khangta	



Cartoon Making Competition on March 22, 2022

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2. Debate Competition

Theme: China- A Threat to Indian Economy

Judges for the event were Dr. Deepti Pajni, Associate Professor, Department of English, St. Bede's College, Shimla and Dr. Kavita Kumra, Assistant Professor, Department of Commerce, Rajiv Gandhi Degree College, Kotshera, Shimla

The winners for the event were:

Position	Name of the winners	Name of the college
Gold Medal (Best Team)	Prachi	University Institute for Legal Studies, Avalodge, Shimla
	Shivansh	
Gold Medal (1 st Best Speaker)	Sargam Sharma	Government PG College for Centre of Excellence, Sanjauli, Shimla
Silver Medal (II nd Best Speaker)	Shree	St. Bede's College, Shimla



Debate Competition on March 22, 2022

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3. Shark Tank

Participants had to give a five-minute presentation on why an investor should invest in a company giving ideas, vision, team and market potential followed by a two-minute question and answer.

The judges for the event were Mr. Mohit Jangaan, Assistant Professor, Department of Psychology and Dr. Vishal Chauhan, Assistant Professor, Department of Economics, St. Bede's College, Shimla.

The winners for the event were:

Position	Name of the winners	Name of the college
Gold Medal	Yamini Sharma	Government PG College for Centre of Excellence, Sanjauli, Shimla
	Ishita Kashyap	
Silver Medal	Isha	St. Bede's College, Shimla
	Ojaswini	
Best Shark	Shree	St. Bede's College, Shimla



Shark Tank Competition on March 22, 2022

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4. Street Play

Theme: Vicious Circle of Poverty

The judges for the event were Mr. Manu Mahajan, Assistant Professor, Department of Commerce and Ms. Komal Sharma, Assistant Professor, Department of Political Science, St. Bede's College, Shimla.

Position	Name of the winners	Name of the college
Gold Medal (Best Team)	Pranshu Aditya, Kapil Thakur, Megha Verma, Rajat Sharma	Rajiv Gandhi Degree College, Kotshera, Shimla
Gold Medal (Best Actor)	Pranshu Aditya	Rajiv Gandhi Degree College, Kotshera, Shimla
Silver Medal (Second Best Actor)	Chahat Dhir	St. Bede's College, Shimla



Street Play Competition on March 22, 2022

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5. Crossword

The students were provided with a crossword which mostly consisted of words which we use in Economics on daily basis. The team had to complete the crossword within 10 minutes.

The crosswords were checked by Dr. Anupama Tandon, HOD & Associate Professor, Department of Economics, St. Bede's College, Shimla.

Position	Name of the winners	Name of the college
Gold Medal	Piyush	Government PG College for Centre of Excellence, Sanjauli, Shimla
	Sakshi Sharma	
Silver Medal	Nikita Verma	St. Bede's College, Shimla
	Asha Sood	
Bronze Medal	Irina Thakur	St. Bede's College, Shimla



Crossword Competition on March 22, 2022

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Few Special Bronze Medals were given to the students for showing their talent on the stage.

Position	Name of the winners	Name of the college
Bronze Medal	Pranshu Aditya	Rajiv Gandhi Degree College, Kotshera, Shimla
	Aaina	St. Bede's College, Shimla
	Sachin	Government PG College for Centre of Excellence, Sanjauli, Shimla

Prize Distribution



Prize Distribution

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Prize Distribution



Prize Distribution on March 22, 2022

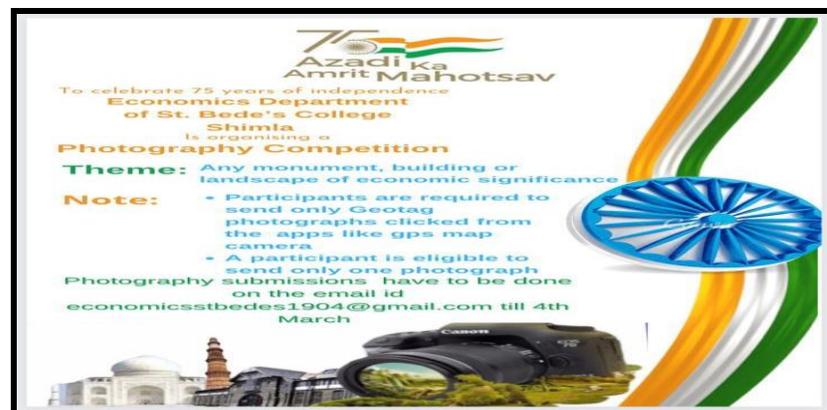
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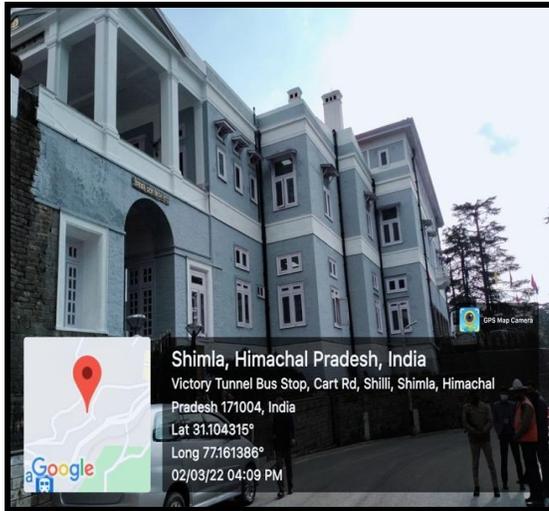
Group Photograph with the Students and Faculty Members of Various Colleges on March 22, 2022

PHOTOGRAPHY COMPETITION

- The department of Economics of St. Bede's College organised a 'Photography Competition' as a part of **Azadi Ka Amrit Mahotsav** celebration in the month of **March, 2022**. The entries were judged by Dr. Pankaj Ashish and Dr. Sanjeev. The first position was bagged by Ms. Shagun Thakur and Ms. Yamini stood second.



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Photography Competition in the Month of March, 2022.

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DEPARTMENT OF HISTORY AND MUSIC

SINGING COMPETITION THEME: PATRIOTIC SONGS”

On October 12, 2021 the Department of History collaborated with Music Department to organize a singing competition as a part of “Azadi Ka Amrut Mahotsav” at St. Bede’s College. The theme for the event was “Patriotic Songs”.

Results of the event :

1st Position -Ayushi Pundir (BA II Year)

2nd Position -MeghaZinta&Priyanka (BA III Year)

3rd Position -Khushi Sonker(BA II Year)



Singing Competition on October 12, 2021

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DEPARTMENT OF HINDI

ARTICLE WRITING COMPETITION THEME-“EK CHATRA KI DRISHTRI MAIN AZADI KA MAHOTAV”

‘आज़ादी का अमृत महोत्सव 2021-23’ के उपलक्ष्य में लेख प्रतियोगिता

अवधि : 18-21 अक्टूबर 2021

गतिविधि: ‘आज़ादी का अमृत महोत्सव 2021-23’ के उपलक्ष्य में 'एक छात्र की दृष्टि में आज़ादी का महत्त्व' विषय पर लेख प्रतियोगिता

विवरण: यह प्रतियोगिता बी.ए तथा बीकॉम प्रथम वर्ष की छात्राओं के लिए आयोजित की गयी।



4.1 लेख प्रतियोगिता की विजेता तथा प्रतिभागी छात्राएँ – विभूति, बी.ए प्रथम वर्ष तथा श्रुति पबोलटा, बीकॉम प्रथम वर्ष के साथ डॉ देविना अक्षयवर (हिंदी विभागाध्यक्षा) एवं सुश्री अंजना देवी (सहायक प्रोफ़ेसर) 18-21 अक्टूबर 2021

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DEPARTMENT OF ENGLISH

VOICES OF HIMACHAL

On October 29, 2021 under the aegis of “Azadi ka Amrit Mahotsav”, the Department of English, organised the event “Voices of Himachal”. The students delivered presentations on renowned authors of Himachal Pradesh, giving brief descriptions about their lives, and work.



Voices of Himachal on October 29, 2021

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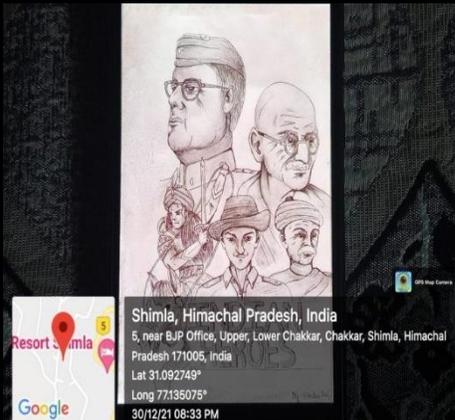
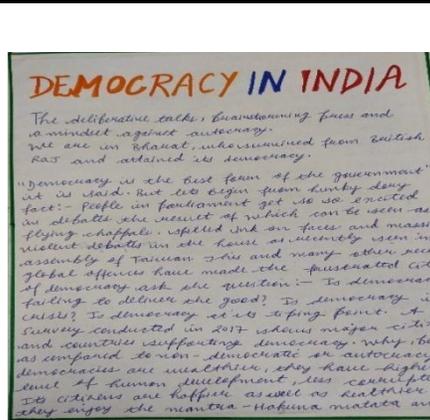


DEPARTMENT OF POLITICAL SCIENCE

POSTER MAKING COMPETITION-THEME: INDIAN FREEDOM FIGHTERS
SLOGAN WRITING COMPETITION-THEME: INDIAN FREEDOM FIGHTERS
POEM WRITING COMPETITION-THEME: DEMOCRACY

The Department of Political Science organized a series of activities to celebrate “Azadi Ka Amrut Mahotsav” from December 27 to 31, 2021.

ABOUT ACTIVITIES	The significance of 1857 is that unlike many a battle against the British earlier, for the first time, simultaneously there were rebellions in many regions, imparting an all-India character to the uprising. 1857 was remarkable not only due to its unprecedented scale, covering almost half of India, but also due to its impact on popular mind everywhere. It was a source of inspiration for the freedom struggle that followed.	
	PARTICIPATE in the activities and pay tribute to the freedom fighters and their struggle.	
		
"Inqilab Zindabad"	"Karo ya Maro"	"Tum Mujhe Khoon Do, Main Tumhe Azadi Dunon"
COMPETITIONS	ARTICLE WRITING Theme/ Topic: Democracy in India	POSTER MAKING Theme/ Topic: Indian Freedom Fighters
	SLOGAN WRITING Theme/ Topic: Indian Freedom Struggle	POEM WRITING Theme/ Topic: Democracy

	
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Poster Making Competition, Slogan Writing Competition and Poem Writing Competition from December 27 to 31, 2021

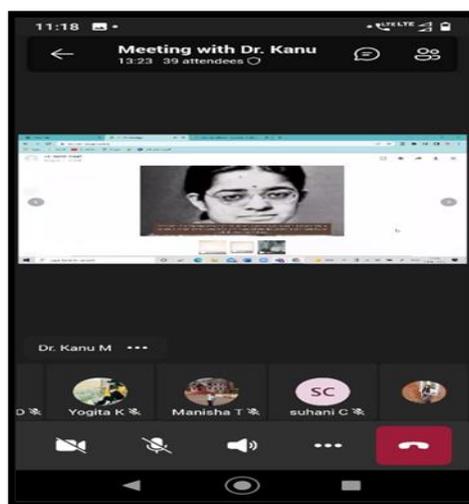
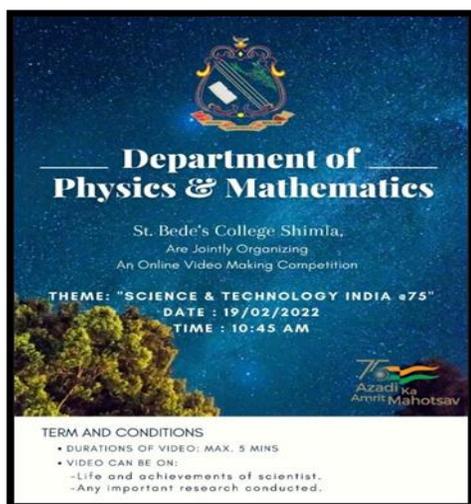
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DEPARTMENT OF PHYSICS AND MATHEMATICS

VIDEO MAKING COMPETITION THEME- “SCIENCE AND TECHNOLOGY: INDIA@75

On February 19, 2022 the Departments of Physics and Mathematics, jointly organized an event on Video Making Competition as a part of “Azadi ka Amrut Mahotsav” celebrations. The students of Physics and Mathematics presented the lives, and achievements of great scientists like Albert Einstein, C.V. Raman, Satyanandera Nath Bose, Meghnad Saha, and Srinivas Ramanujan through their creative videos. The videos threw insights on the entity of great scientists. These presentations were highly informative, highlighting the contribution of these scientists in the field of science, thereby motivating younger generations to strive for new ideas.



Video Making Competition on February 19, 2022

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DEPARTMENT OF BIOTECHNOLOGY

LECTURE ON “INTELLECTUAL PROPERTY RIGHTS”

On November 26, 2021 the Department of Biotechnology of St. Bede's College, organized a lecture on “Intellectual Property Rights”. The resource person for the lecture was Prof. Shamsher Singh Kanwar, from the Department of Biotechnology, HP University, Shimla.



Intellectual Property Rights on November 26, 2021

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DEPARTMENT OF MICROBIOLOGY

EXHIBITION THEME “ADVANCEMENTS IN MICROBIOLOGY”

On December 3, 2021, to commemorate seventy-five years of independence and as a part of Azadi Ka Amrit Mahotsav, the Department of Microbiology, St. Bede's College, Shimla organized an exhibition in the department on the theme “Advancements in Microbiology”.



Exhibition on the Theme “Advancements in Microbiology” on December 3, 2021

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DEPARTMENT OF COMMERCE AND MANAGEMENT

INTER COLLEGE ACTIVITY: QUIZ COMPETITION ON GST

The students of B.Com III Year took part in inter college activity “Quiz Competition on Goods and Services Tax (GST)” held at Centre of Excellence. Government Degree College, Sanjauli and bagged second position.

Class	Activity Place	Event Name	Name of the Participants	Position Bagged
B.Com 3rd Year	Quiz Competition held in Govt. College, Sanjauli	Quiz Competition on Goods and Services Tax (GST)	1. Shephali Sood 2. Yamini Bisht (Group)	2nd Position
B.Com 3rd Year	Quiz Competition held in Govt. College, Sanjauli	Quiz Competition on Goods and Services Tax (GST)	1. Ridhi Sood 2. Minalika	Participants



Quiz Competition on Goods and Services Tax on November 29, 2021

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INDUSTRIAL VISIT FOR M.COM STUDENTS

On December 27, 2021 an industrial visit for M.Com students was organized by the Commerce Department for M.Com accompanied by HoD Mr. Manu Mahajan and Assistant Professor Ms. Raman Bassi to the Directorate of Horticulture, Nav Bahar, Shimla. The visit was carried out for enhancing practical skills and industrial knowledge of the students.



Industrial visit to the Directorate of Horticulture, Navbahar, Shimla on December 27, 2021

INDUSTRIAL VISIT FOR M.COM STUDENTS

On May 4, 2022 an industrial visit to Horticulture department, Himachal Pradesh, Shimla for BBA and M.Com Students was organised by the Commerce and Management Department to enhance the practical skills and industrial knowledge of the students. The students visited various sections of the department and a technical expert from the Horticulture Department demonstrated the process of making pickles, squashes, jams and pickles. He also explained the process of preserving these in containers. The students also visited the green house maintained by the department and purchased various medicinal and ornamental plants.

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Industrial Visit to Horticulture Department, Himachal Pradesh on May 4, 2022

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DEPARTMENT OF NUTRITION AND HEALTH EDUCATION

VISIT TO KAMLA NEHRU HOSPITAL

On February 28, 2022 the students of B.A. III, visited Kamla Nehru Hospital, Shimla for nutritional survey of pregnant women. Nutritional assessment was done using anthropometric measurements and twenty-four-hour dietary recall method.



Visit to Kamla Nehru Hospital on February 28, 2022

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VISIT TO ANGANWADI

On March 10, 2022 students of B.A. III visited Anganwadi Kendra Vihar, Sanjauli Shimla, to assess the nutritional status of pre-school children.



Visit to Anganwadi Kendra Vihar, Sanjauli on March 10, 2022

INTER-CLASS QUIZ COMPETITION UNDER AZADI KA AMRIT MAHOTSAV CELEBRATIONS

On March 15, 2022 an inter-class quiz competition was held for the students of B.A. I, II and III to celebrate the “AZADI KA AMRIT MAHOTSAV”. The result of the quiz was:

1st position: B.A. 1st year (Fiza & Neha)

2nd position: B.A. 2nd year (Sapna & Gorisha)

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Inter-Class Quiz Competition on March 15, 2022

INTERDEPARTMENTAL ACTIVITY

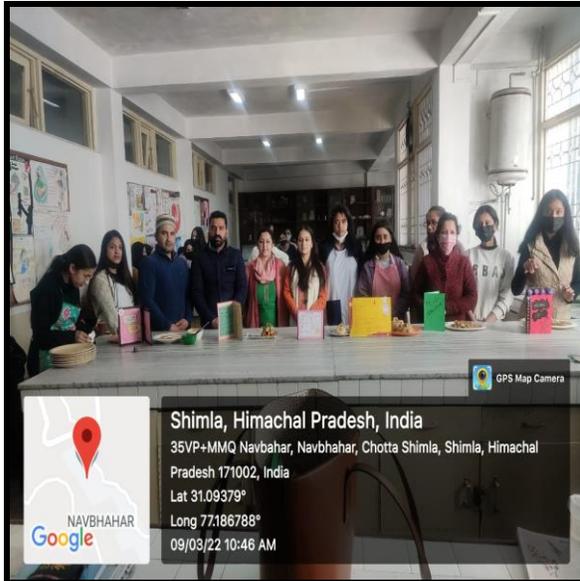
On March 9, 2022, an interdepartmental activity was organised jointly by Nutrition & Health Education Department and Health Club Society on the theme “Traditional Food and Their Health Benefits”. The students of geography and nutrition department participated in this event. The food was cooked by the students of geography department and the nutrients were calculated by the students of Nutrition & Health Education Department. The winners of the event were as follows.

1st prize: Ananya Garg

2nd prize: Harichandna

3rd prize: Darshleen Kaur

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Interdepartmental Activity on Traditional Food and Their Health Benefits on March 9, 2022

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