2019-2020 Activities

• On 25th September 2019, the women cell of St. Bede's college organized a presentation on Gender Mainstreaming. The chief guest of the function was Prof. Aparna Negi, the Chairperson of Department of Economics and Institute of Tribal Studies in Himachal Pradesh University. She made the students aware about the difference between gender and sex. She also stressed about how empowerment does not only mean the empowerment of women but also of the LGBTQ.





- On 20th September 2019, poetry competition was organised which was judged by the President of the Women Cell, Dr. Gitanjali Mahendra.
- On 9th March 2020, a small assembly was conducted to spread awareness on 'I am Generation Equality: Realising Women's Rights'.



2018-2019 Activities:

• The Armed Forces Flag Day was celebrated on 7th December, 2018. An interactive session with Miss Shilpa Sood, on the topic 'Women Empowerment' was held the same day.

2017-2018 Activities

• International Women's Day was celebrated by highlighting the achievements of women in different areas of work. A lecture was delivered by Ms. Kalpana, a social activist on March 8, 2018. The students were made aware about the symptoms of breast cancer and how self examination and regular tests can help its detection at an early stage. She motivated the students to spread awareness and encourage women to take their health seriously. This was followed by a group discussion among the students in which they discussed various ways to spread awareness regarding this issue.





2016-2017 Activities:

 Various competitions were held throughout the session. The judges for the various activities were Mrs. Anuja Sharma, Dr. Sangeeta Sarswat, Mrs. Anjali Wadhwan and Mrs. Ruchi Azad.

The winners of the activities were:

1. Essay Writing:

Ist: Simran Chauhan of B.Com, Semester IV

IInd: Saisha Verma of B.A, English Major, Semester IV

2. Hindi Writing:

Ist: Taru Mehta, of B.Com, Semester IV

3. Slogan Writing:

Ist: Himani Sharma of BSc., Zoology Major, Semester VI

IInd: Vaishali Kashyap of BSc, Physics Major, Semester IV

4. Poster making:

Ist: Shivani Thaku of B.Com, Semester IV

Pragya Singh of BSc. Microbiology, Semester IV

IInd: Deepika Rawat of B.Com, Semester IV

IIIrd: Kunika Kanwar of B.Com, Semester IV

• The International Women's Day was celebrated in the College on March 8, 2017. Ms. Shalini Agnihotri, SP Narcotics was the Resource person. She gave a power point presentation on 'Cyber Crime and Latest Trends with reference to the protection of women'. She discussed various poignant issues like hacking of accounts, stalking, cyber bullying, digital virtual foot print etc. She cautioned the students against sharing personal details on-line, ATM usage etc.







• Dr. Anjali Dewan and Dr. Sangeeta Sarswat were honoured by the Centre for Women's Studies & Development, Himachal Pradesh University, Shimla with Women Achiever's Award, 2017.