

## NCC ACTIVITIES 2019-2020:

### 13<sup>th</sup> July 2019:

A total number of 8 cadets participated in the “Mega Population Awareness Pakwada” a great success. The activities included were:

A debate on Mega Population.

A Nukkad Natak on the same theme.

The program ended with the quote, *“It starts with one earth, with one awakening, with one person, with one choice, with one action with one initiative, with one community and with one mind.”*



### 23<sup>rd</sup> July 2019:

A tree plantation was done by the cadets of St. Bede’s College at Bhattakufar, Shimla. Two types of trees were planted by the cadets namely BLUE PINE (*Pinus wallichiana*) and HORSE CHESNUT (*Aesculus Indica*). At an average each cadet planted 4-5 trees in the given 1 hour. This event was carried out effectively in association with the NSS unit of St. Bede’s College and the Forest Department of Shimla, H.P.



### 26<sup>th</sup> July 2019:

20th Kargil Vijay Divas was celebrated at St. Bede’s College. It was commemorated to honor the martyrdom and valor shown by the Indian Army during the Kargil War of 1999.

The college Principal was escorted by Cadet. Pooja Singh and Cadet. Pallavi Sharma.

There was a special ppt presentation by Cadet Anushka Tomar.

The 1st year students volunteered to perform a skit on Capt. Vikram Batra. They depicted the capturing of Point 4875.

Vote of thanks was given by PO Cadet Zeenat Brar.



### **3<sup>rd</sup> July 2020:**

An entrance exam was conducted for the college students by the NCC unit. A total of about 50 students appeared for the exam. Further, 30 students were shortlisted.



### **1<sup>st</sup> August 2019:**

The Co. Monica Singh had visited the college in order to interview and further cut select 12 candidates out of 30. the candidates first had to write a 15 marks exam followed by a physical test. Later, 20 students were selected to be interviewed by Co. Monica Singh, out of which only 12 were finally selected.



### **3<sup>rd</sup> August 2019:**

Under Swachh Bharat Internship Summer four activities were performed within a span of 50 hours.

Promotion of Compost Pit

Plastic Free Zone

Door to door Campaign

Awareness Campaign on Waste Management



### **23<sup>rd</sup> August 2019:**

A tree plantation was done by the Cadets of St. Bede's College in Navbahar, Shimla. Only one type of tree was planted by the Cadets namely Kaner (Nerium sp). About 10 trees were planted by the Cadets in the given 1 hour. This event was carried out effectively in association with the NSS Unit of St. Bede's College and the Forest Department of Shimla.



### **26<sup>th</sup> August 2019:**

The Cadets of St. Bede's college, gave a presentation on HIV/AIDS in two schools, Portmore and Bharadi Govt. schools. A total of 7 Cadets participated in this activity. The first presentation was given by Cdt.Sasha Seli, Cdt. Pronatti Wylie and Cdt.Bhakti Nehraik while the second presentation was given by Cdt.Chavi Tewari, Cdt. Arundhati Chandel, Cdt.Isha Seli and Cdt.Ankita Jamwal. The presentation was appreciated by the teachers as well as the students. Lastly, questionnaires were distributed and were filled up by the students in order to check the effectiveness of the campaign.



### **11<sup>th</sup> September 2019:**

20 Cadets of St. Bede's college started an activity to promote the harmful effects of plastic disposal and around. So, they decided to collect plastic wrappers inside plastic bottles which will help in making the retaining wall. 5 Cadets went for representing 1HPNUNCC Bilaspur at MC, Shimla. The health department of MC, Shimla acknowledged the efforts of the Cadets and entitled them as, "PIONEERS OF THIS GOVERNMENT INITIATIVE." The Chief Health Officer and the Commissioner (MC) highly appreciated the Cadets and also proposed an invitation to the Cadets at the House on 2nd October, 2019.



**12<sup>th</sup> September 2019:**

A training class was conducted by Mr. Puneet Kumar training officer 1HP Naval Unit NCC Bilaspur. It was attended by 18 NCC cadets of St. Bede's College Navbahar.



**13<sup>th</sup> September 2019:**

The CO. Lt.Col. D.S Thakur had visited the campus for a routine inspection and in order to meet the newly enrolled cadets. He motivated the Cadets and also gave them a piece of advice.



**17<sup>th</sup> September 2019:**

Inaugural ceremony and Mass pledge

The NCC Unit of 1 HP Naval Unit, Bilaspur inaugurated a Swachhta Pakhwada at St Bede's college for 14 days. The cadets presented a presentation illustrating the role of cleanliness in one's life. The cadets inaugurated the cleanliness drive by removing posters, pamphlets and bills sticking on the fence of the college and also picked the litter lying outside and inside the college

premises. A mass pledge was also taken where the entire college students and teachers participated in making the city plastic free. The pledge that was taken was in Hindi.



### **18<sup>th</sup> September 2019:**

Mass awareness rally. Phase I

An awareness rally related to swachhta was conducted at Halog, Dhama by the NCC cadets in which NCC cadets were accompanied by children of Dhama Public school. A village has been adopted by St. Bedes College at Dhama. A total of 13 cadets participated in this rally. Various slogans were spoken along with the posters related to Swachh Bharat. Our mission was to create awareness. Thus, the more the issue of swachhta is talked about, accurately, the more people will support the change that is needed. A small change by each one of us can encourage a lot many and make a huge difference in the country.



### **19<sup>th</sup> September 2019:**

Mass mobilization including MC

The cadets of St. Bedes College in collaboration with Municipal Corporation, Shimla engaged and motivated a wide range of partners and allies at national and local levels to raise awareness of and demand for a particular development objective through face-to-face dialogue. The cadets presented a Nukkad natak emphasizing the new initiatives taken by MC, Shimla to keep Shimla green and clean. It was performed at Town Hall Shimla and The Rigde.



### **20<sup>th</sup> September 2019:**

A lecture was delivered on the topic Swachhta in which CTO Dr. Shweta Thakur emphasized the role of cleanliness under Swachh Bharat Abhiyan. She also talked about the hazardous effect of polythene on ecosystem as it never gets degraded. She also explained how the plastic waste can be made into some resourceful products. On the same day, a competition was held where cadets made some useful items from plastic. The theme was “Best out of waste”. It was a competition which was judged by the Principal of the college. Three best cadets were shortlisted, and they shall be rewarded on the NCC day.



### **21<sup>st</sup> September 2019:**

Nuked Natal Phase I at St. Bede’s College, Bharara Government school and Govt. Model Senior Secondary Portmore School (Shimla). The Cadets performed a Nuked Natal on Cleanliness depicting the role of an individual under Swachh Bharat Mission. The nuked was enacted at Bharara Government school and Govt. Model Senior Secondary Portmore School (Shimla). The theme of Nuked was Cleanliness, an individual’s responsibility.





**Govt. Sr.Secondary School, Portmore**



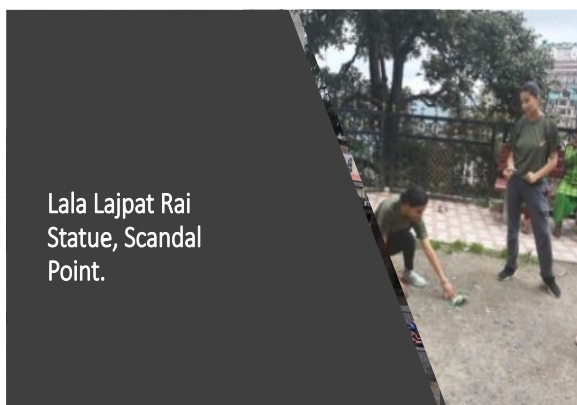
**Govt School Bhrari.**

**23<sup>rd</sup> September 2019:**

Cleaning of Statues, Public parks and Historical monument

Various public parks like Old Age Park (IGMC road), Children park (Anjali), Open gym park (Navbar), Rani Jhansi park (Mall Road) and Daulat Singh Park (The Ridge) were cleaned by picking up the plastic bottles, wrappers and chip packets.

Public statues like Indira Gandhi Statue, Ridge, Mahatma Gandhi Statue, *Lala Lajpat Rai (Scandal Point)*, Rani Jhansi Statue (Mall Road) Dr *Yashwant Singh Parmar statue (Daulat Singh Park the Ridge)*. The areas in and around Heritage monument Christ Church was cleaned by the cadets.



Lala Lajpat Rai Statue, Scandal Point.



Rani Jhansi park, Mall Road.

### **24<sup>th</sup> September 2019:**

Mass awareness rally. Phase II

An awareness campaign was performed. The theme of this campaign was Segregation of waste into the biodegradable and non-biodegradable category. Under this campaign Door to Door Campaign was performed at North Oak (Anjali), Rocky Knob (Upper Sangit area) and Forest Road, Navbar (Shimla). The door to door campaign was done to spread awareness about Swachh Bharat Abhiyan, waste management, segregation of waste. A total of 13 cadets participated in this activity. The residents were asked to fill the questionnaires which consisted of 20 questions. The Cadets made the people aware about the five R's i.e. Refuse, Reduce, Reuse, Recycle, Rot, waste segregation into biodegradable and non-biodegradable category.



### **25<sup>th</sup> September 2019:**

Quiz competition at St. Bede's College

The Quiz competition was conducted on Swachh Bamiyan in the college auditorium, in which all the teachers and students actively participated. A total of thirty questions were asked by Cadet Anushka Tomer and the volunteers who answered the questions were felicitated by a token of appreciation. This quiz was organized in order to aware everyone about Swachh Bharat Mission and the role of an individual towards this mission.



### **26<sup>th</sup> September 2019:**

Cleaning of local PHC at Dham.

The cadets made people of Genichi, Dham aware about cleanliness of their Tarangambadi centers. The cadets along with the villagers cleaned the Tarangambadi centers at Dham. The cadets also helped the manganate workers in immunization programmed.





प्रमाणित किया जाता है कि सेंट बिडेज कोलेज की एन.सी.यू. की छात्र कुमारी छुट्टी सिविली अपने तीन भायियों के साथ हमारे आगमन बाइल में आई और हमारे मदद करने का प्रस्ताव रखा उसे हमारी पुर्ण रूप से मदद श्री करी।

Dhanya  
A. W. Halog Thani.

**27<sup>th</sup> September 2019:**

**Nukkad Natal Phase II at Ridge and Town Hall.**

The Cadets performed a Nuked Natal on Cleanliness depicting the role of an individual under Swachh Bharat Mission. The nuked was enacted at Amphitheatre (The Ridge) and Town Hall, Shimla. The theme of Nuked was Segregation of Waste into different color dustbins.



**28<sup>th</sup> September 2019:**

**Cleaning of St. Bede's College Campus**

NCC cadets of St. Bede's College started an activity to promote the harmful effects of plastic disposal in and around, so they decided to collect plastic from the college campus in plastic bottles which will help in making the retaining wall. The activities initiated for cleaning the college campus is Vermicompost unit. The vermicompost is being prepared from the organic waste collected from the hostel and college canteen of compost pit. The cadets inspected the college canteen and hostel mess and asked them to restrict the use of plastics and make the college campus plastic free.



**30<sup>th</sup> September 2019:**

Keeping the mind, the hazardous effect of plastics, NCC cadets of St. Bede's College started an activity where they decided to collect plastic in plastic bottles which shall be used in making the retaining wall, tarring of roads and fuel. All 20 cadets participated in this activity by collecting the plastics in plastic bottles and 5 Cadets went to represent NCC cadets of Steads College at DC,

Office. The health department of Municipal Corporation Shimla acknowledged their efforts and termed them as the Pioneers of this Government initiative. The Chief Health Officer and the Commissioner (MC) showered the team with great appreciation and also proposed an invitation to them at the House on 2nd October.



**2<sup>nd</sup> October 2019:**

**Grand Finale at Ridge**

THE NCC UNIT OF 1HP NAVAL UNIT NCC BILASPUR with CTO Dr. Shweta Thakur were invited to the State Event commemorating the 150th Birthday of Mohandas Karamchand Gandhi. An initiative recently taken by MC Shimla in which the masses were asked to collect all used plastic in plastic bottles and thereby they will be given Rs. 75 for every 1 KG i.e. known as the Poly Brick Initiative. The cadets actively participated in the activity under the supervision of their CTO and were successful in being the Pioneers of this Initiative, also they presented a Nuked Natal on the Swachh Bharat Abhiyan in and around the city. They got felicitated for their efforts by the Hon'ble Chief Minister of HP - Shri Jairam Thakur.





Cadets being felicitated by Hon'ble Chief Minister of HP - Shri Jairam Thakur.

### **11<sup>th</sup> October 2019:**

The NCC students were invited for a seminar organized by the MC Shimla on disaster Management. The NCC students along with some other students from various schools and colleges started with a rally from DC office towards the Gaiety Theatre where the seminar was to be given.

After the seminar there was also a workshop carried out on hands on safety by the Himachal Pradesh disaster management authority itself followed by refreshments provided to the schools and colleges who attended the seminar.



### **20<sup>th</sup> October 2019:**

4 cadets of 1HP NCC unit Bilaspur of St Bedes College went to Dhami Public School to conduct a poster making competition on the topic "Clean India of my dreams ", the topic was explained to the students and they were asked to make poster's using their imagination on the same .The competition was open to students of class 1 to 10 .The students were given 2 hours to make their posters and their enthusiasm was commendable . The first three winners of the competition were acknowledged with gifts while the 4th 5th and 6th position holders were given chocolates.



### **6<sup>th</sup> November 2019:**

NCC day was celebrated at St. Bede's College, Shimla in two phases. A drill was conducted by the Cadets. The commander of the drill was Cadet Pallavi Sharma. The drill was inspected by the college principal Ms. Nandini Pathania.



### **7<sup>th</sup> November 2019:**

The felicitation of the cadets and college students was done . The chief guest for this event was Mr. V.K. Sanoria, Associate Professor, St. Bede's College. A patriotic song was presented by the cadets . An annual report of NCC activities was presented by Cadet Anushka Sharma and Cadet Chavi Tewari. CTO Dr. Shweta Thakur, Ms. Anuja Sharma, Dr. Shramja Munjal congratulated the cadets for the event.

### **21<sup>st</sup> November 2019:**

A poster making competition was conducted on the topic "Clean India of my dreams ", the topic was explained to the students and they were asked to make poster's using their imagination on the same .The competition was open to all the students. The enthusiasm of the students was commendable.



### **13<sup>th</sup> December 2019:**

A cleanliness drive was inaugurated with the theme, “Mera Shehar Saaf Ho Isme Sabka Haath Ho”. They cleaned the in and around the college area. Each cadet did the task properly and with utmost sincerity.

They cleaned the areas in and around and also tried to spread awareness about the same. The main focus of the drive was on ONE INDIVIDUAL MAKING A DIFFERENCE.

### **15<sup>th</sup> December 2019:**

A talk was conducted, where they elucidated the importance of first keeping our city clean. The theme for the talk was “Green City, Clean City My Dream City.” The students of the College also interacted with the cadets with great enthusiasm and gave their positive suggestions for the same.

### **9<sup>th</sup> January 2020:**

In January 2020, two cadets namely PO Cadet Zeenat Brar and Cadet Gargi Sud of St. Bede's College attended AIATC which was held in Kerala. The camp was conducted at the Indian Naval Academy, Ezhimala, Kannur, Kerala from 9<sup>th</sup> Jan 2020 to 20 Jan 2020. Commander MP Ramesh was the camp commandant for this camp.

There were various activities in which the cadets took part.

PO Cadet Zeenat Brar took part in group dance, boat pulling and drill.

Cadet Gargi Sud took part in group dance, group song, drill and tug of war and also participated in the final cultural program that took place in INA Ramanujan auditorium.

Cadets also visited various places in Kerala and were privileged to visit the Indian Naval Academy as well.



**9<sup>th</sup> February 2020:**

The 12 Cadets cleaned the areas in and around IGMC Hospital, Shimla and also tried to spread awareness about the same. The main focus of the drive was on ONE INDIVIDUAL MAKING A DIFFERENCE.

**10<sup>th</sup> February 2020:**

A Cleanliness drive was conducted for the cleaning of 3 parks namely The Old Age park, IGMC; Children park, Sanjauli, Gym park, Sanjauli. 12 Cadets actively participated in this drive. The Cadets were divided into 3 group of 4 Cadets each.

**13<sup>th</sup> February 2020:**

The cadets of St. Bede's college, Shimla went for the mass awareness cleanliness rally. The cadets spread the awareness regarding the hazards of litter in the ecosystem and how it is affecting our water ecosystem. Some measure to conserve water was also spread around. The cadets distributed pamphlets to the people in order to spread awareness regarding cleanliness and hygiene.



**14<sup>th</sup> February 2020:**

A talk was conducted, where cadets elucidated the importance of first keeping our city clean. The theme for the talk was “Save the environment by preserving our water resources.” The

students of the College also interacted with the cadets with great enthusiasm and gave their positive suggestions for the same.

**20<sup>th</sup> March 2020:**

Made people aware about the janta curfew through various social media platforms.



**21<sup>st</sup> April 2020:**

All the 20 cadets of St. Bede's college downloaded the Aarogya Setu app and encouraged others to do so too.

**5<sup>th</sup> June 2020:**

All the 20 Cadets completed their training of Covid-19 for NCC Cadets on Diksha app.



**21<sup>st</sup> June 2020:**

All the 20 cadets of St. Bede's college performed various yoga asanas and posted their photos on social media, motivating others to practice yoga on the International Yoga Day.

